## Alcohol, Tobacco

\& Other Drug Abuse
Among Delaware Students

## 2005

## FINAL REPORT <br> To:

The Delaware Health Fund Advisory Committee and
The Division of Substance Abuse and Mental Health, Department of Health and Social Services

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# KEY STAFF ON THE 2005 DELAWARE SCHOOL SURVEY (In alphabetical order) 

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## AND A CAST OF 20-30 OTHERS WHO PITCHED IN TO GO TO SCHOOLS

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# KEY FINDINGS FROM THE 2005 SURVEY 

Drug Use

## Trends in Drug Use by County

$\rightarrow$ In general, current (past month) use of any of the drugs illegal for youth, including cigarettes and alcohol, did not differ significantly among the three Counties in Delaware. This pattern was true for each of the 5th, 8 th, and 11 th grade samples. In general, there is no evidence that illegal substance use by Delaware youth is, for example, an urban problem or a Northern Delaware problem; the problem of substance use is consistent and persistent across the state. However there were a few notable exceptions to this pattern when comparing the three Delaware counties. There remains greater use of smokeless tobacco and cigarette use by 11th graders in Sussex County. Alcohol use was also greater among 8th and 11th graders in Kent and Sussex in comparison to New Castle. In addition, cigarette use was greater among 8th grade Sussex students in comparison to New Castle.

## Trends in Tobacco Product Use

$\rightarrow$ Very few 5th graders were current (past month) users of any drugs, including cigarettes in 2005. Between 1989-2005, reports of monthly drug use by 5 th graders have remained low and stable within the margin of statistical error. There is no evidence of any real trend up or down, and the estimates remain small. One point of note is that the $1 \%$ of 5 th graders smoking in the past month matches the lowest level recorded since the Delaware School Survey was first conducted in 1989.
$\rightarrow$ Cigarette use by 8th and 11th graders has fluctuated greatly since 1989 with statistically significant increases in the early 1990s and significant declines since 1998. Compared to the high point of 1998, cigarette smoking for 11th graders has declined by almost $51 \%$, and for 8th graders cigarette smoking has declined by $60 \%$. The levels of past month cigarette smoking reported in 2005 for 8th graders (10\%) and 11th graders (16\%) were the lowest since the surveys began in 1989. The decrease in youth smoking since the late 1990s is one of the great public health success stories nationally. The declines have been even more dramatic in Delaware where smoking prevention efforts have been a priority of the State and schools.
$\rightarrow$ Cigars are much more prevalent among youth than either smokeless tobacco or bidis/kreteks. In 2005, 13\% of 8th graders have tried cigars, while only $5 \%$ have tried smokeless tobacco. For 11th graders, $23 \%$ have tried cigars and $9 \%$ have tried smokeless tobacco. The use of bidis/kreteks declined from 2001 to 2005. In 2001, 14\% of 8th graders had tried bidis/kreteks, while only $8 \%$ of 2005 8th graders have done so. Lifetime bidi/kretek use declined for the 11th graders as well, from $21 \%$ in 2001 to $7 \%$ in 2005.

## Trends in Alcohol Use

$\rightarrow$ Monthly alcohol use for 11th graders has been reported at high levels for the last sixteen years, ranging from $\mathbf{4 0 \%} \mathbf{- 5 0 \%}$. Past month alcohol use for 8th graders has also been quite high, about $23 \%-33 \%$. Yet it is encouraging that past month drinking in 2005 is as low as it has ever been since 1989. lin $200540 \%$ of $11^{\text {th }}$ graders and $23 \%$ of 8th graders reported having a drink in the past month.
$\rightarrow$ High levels of binge drinking (defined as 3 or more drinks at a time in the past 2 weeks) were reported by both 8th graders (11\%) and 11th graders: $\mathbf{2 3 \%}$. Still, these are declines from 2004, and for 11th graders, the decline is significant.
$\rightarrow$ Many students who reported having at least 1 drink in the past month also reported binge drinking in the past 2 weeks $-47 \%$ of 8 th graders and $59 \%$ of 11th graders who reported at least 1 drink in the past month were binge drinkers by this measure. This suggests that past month drinkers are likely having more than one at a time. Still, the percentage of past month drinkers who are binge drinkers has declined in recent years.

## Trends in Marijuana Use

$\rightarrow$ Since 1995, marijuana use has fluctuated up and down in a fairly tight range for both 8th and 11th graders. In 2005 there was little change. Eleventh grade self-reports of past month marijuana use remained at $23 \%$ for the second year. Eighth grade reports dropped slightly in 2005, with $12 \%$ of 8th graders reporting past month marijuana use.
$\rightarrow$ Both 8th and 11th graders are more likely to report past month marijuana use than past month cigarette use - not because marijuana use is up but because cigarette use is down.

## Trends in Ecstasy Use

$\rightarrow$ Use of ecstasy among Delaware 8th and 11th graders declined considerably from 2001 to 2005. Four percent of 8th graders and $8 \%$ of 11th graders reported past year use of ecstasy in 2001, while only $1 \%$ of 8 th
and 11th graders did so in 2005. Declines in ecstasy use seem also to be an example of the success of public health programs. Thee novelty and attraction of ecstasy seems to have declined as public knowledge of its dangers has increased.

## Trends in Prescription Drug Abuse

$\rightarrow$ Narcotic pain killers (Oxycontin, Codeine, Percocet and Tylenol 3) were first asked about in 2002. Reported use of pain killers by 11th graders was at its highest in 2003 at $12 \%$. It has dropped slightly since, with 10\% of 11th graders reporting past year pain killer use in 2005.
$\rightarrow$ Although use of pain killers declined slightly in 2005pain killers were the most commonly abused drugs in the past year for both 8th and 11th graders after cigarettes, alcohol, and marijuana.
$\rightarrow$ Pain killers were followed in the list of most abused "other illegal drugs" by psychoactive medications (Ritalin, Adderall, Cylert, and Concerta), downers, and uppers. These data support recent national findings that the illegal diversion of prescription medications is an emerging youth drug problem.
$\rightarrow$ Use of psychoactive medications was significantly associated with current cigarette, alcohol, marijuana, and other drug use for both 8th and 11th graders. In 2005, the survey asked about non-prescribed use of Ritalin and similar drugs "to get high." Two percent of 8th graders and 6\% of 11th graders reported use of Ritalin and like drugs to get high in the past year. The percentage of illegal use of these drugs by 11th graders is almost as high as reported prescribed use (7\%).

## OTHER RISK BEHAVIORS

## Driving Under the Influence

$\rightarrow$ Reported levels of drinking and driving remain very close to reported levels of driving under the influence of marijuana. In 2005 11th graders reported the same levels, $6 \%$, of 11 th graders driving after smoking marijuana and driving after drinking alcohol in the past month
$\rightarrow$ Students also put themselves at risk by association with others' risky behaviors. Twelve percent of 8th graders and $10 \%$ of 11 th graders reported riding in a car with a drinking driver in the past month. Nine percent of $8^{\text {th }}$
graders and $16 \%$ of 11 th graders reported riding in the car with a marijuanausing driver in the past month. These rates are about the same as in 2004, but they do represent significant declines since the questions were first asked in 1995.

## Delinquency

$\rightarrow$ Among both 8th and 11th graders, past month substance use whether cigarettes, alcohol, or marijuana - was highly correlated with other delinquent behaviors such as gang fights, stealing, illegal entry, and trouble with police.

## Gambling

$\rightarrow$ Past month gambling was rare for both 8th graders and 11th graders. Eighth grade reports of past month gambling decreased from $13 \%$ in 2004 to 11\% in 2005. However, gambling reports increased for 11th graders, with 10\% reporting past month gambling in 2004 and 12\% reporting gambling in 2005. These differences are not statistically significant. For those who did gamble, past month gambling was significantly associated with past month use of each of cigarettes, alcohol, marijuana, and other drugs for both 8th and 11th graders.

## Risk and Protective Factors

## Individual

## Grade

$\rightarrow$ In the 5th grade, most students have not yet experimented with drugs. Even the most common drug tried - alcohol -- has only been tried by $\mathbf{2 1 \%}$ of 5 th graders. Cigarettes and inhalants have been tried by one out of twelve and marijuana by one out of fifty. Fifth graders who have tried cigarettes declined from $18 \%$ in 1998 to $8 \%$ in 2005. In $20052 \%$ of 5th graders have tried a cigar and $2 \%$ have tried smokeless tobacco.

Gender
$\rightarrow$ 8th grade girls were slightly more likely to smoke cigarettes, drink alcohol and to use inhalants than 8th grade boys, though the differences are not statistically significant, except for alcohol. For 11th graders, cigarette and inhalant use was similar for girls and boys, but boys
were a little more likely to drink alcohol and were significantly more likely to binge drink..
$\rightarrow$ For 11th graders, boys were significantly more likely to use marijuana than were girls. Use of most other illegal drugs such as uppers, downers, hallucinogens, cocaine or heroin was relatively low for both 8th and 11th graders, and gender differences were not pronounced

## Ritalin by Prescription

$\rightarrow$ In 2005, 11\% of 5th graders, 10\% of 8th graders, and 7\% of 11th graders reported using prescribed psychoactive medications like Adderall and Ritalin to help them concentrate better at school. Rates of reported use were virtually identical to those reported each year since 2000 when the question was first asked. About twice as many boys as girls reported psychoactive medication use.

## Tobacco as a Gateway

$\rightarrow$ Cigarettes continue to be a gateway drug. For 5th, 8th, and 11th grade students, those who reported past month cigarette use, as compared to those who do not, were significantly more likely to be past month users of alcohol, marijuana, and other illegal drugs. In fact, if an 8th or 11th grader was a current cigarette smoker, there is a $54 \%$ or greater likelihood that she or he was also a current drinker and user of marijuana. To give an example: among 8th graders, $61 \%$ of current cigarette smokers were current marijuana users: only $7 \%$ of non-smokers were current marijuana users.

## Perceived Risk

$\rightarrow$ In 2005, there was a decrease among 8th and 11th graders who thought there was a "great risk" from smoking a pack of cigarettes a day while fifth grade reports of "great risk" stabilized. After a decline during the late 1990's of 5th graders who reported seeing a "great risk" in smoking a pack a day, perceived risk rose from $41 \%$ in 2001 to $61 \%$ in 2004 and remained at $61 \%$ for 2005 . Sixty-one percent is its highest level since the question was first asked in 1995. For 8th graders, perceptions of "great risk" decreased from $55 \%$ in 2004 to $52 \%$ in 2005. For 11th graders perceptions of great risk decreased from $71 \%$ in 2004 to $68 \%$ in 2005. This is a potentially troublesome change from the past few years when perceived risk from smoking was increasing.
$\rightarrow$ Reports of "great risk" from drinking every day remained relatively stable or increased for all grades. Eighth grade reports increased in 2003 to $29 \%$, slightly declined to $28 \%$ in 2004, but returned to $29 \%$ in 2005. Eleventh graders reports of "great risk" from drinking everyday increased from $29 \%$ in 2003 to $32 \%$ in 2005. Also, the 5 th graders showed a significant increase in the number seeing a "great risk", from $35 \%$ in 2002 , to $38 \%$ in 2003 to $45 \%$ in 2004. In 2005 this number remained at $45 \%$ for fifth graders. As with the cigarette data, this finding for 5th graders is encouraging after years of declining perception of "great risk."
$\rightarrow$ Most Delaware students do not think there is a "great risk" in trying marijuana - only $\mathbf{2 5 \%}$ of 8 th graders and $15 \%$ of 11th graders thought there was a "great risk" from trying marijuana. The 5th grade was again an encouraging exception, marking a significant increase from $30 \%$ seeing a "great risk" in 2002 to $38 \%$ in 2005.
$\rightarrow$ The 5th grade continued its upward trend in perceiving "great risk" from substance abuse with cocaine. The percent of 5th graders who thought there was "great risk" from trying cocaine increased from $32 \%$ in 2003 to $36 \%$ in 2004 to $37 \%$ in 2005. Still, these are very low numbers of 5th graders seeing a "great risk" in trying cocaine, and the percentages are even lower than 5th graders report for trying marijuana.
$\rightarrow$ The trend in the 5th grade, for ALL drug indicators significantly increased from 2001 to 2004 and has generally stabilized from 2004 to 2005 in perceived "great risk." The national "Monitoring the Future" Study has long seen the perceived "great risk" questions as harbingers of changes in behavior. This is an encouraging sign for declining substance abuse among this cohort as it moves into middle and high school.

## Peers

## Perceived Use

$\rightarrow$ For the fifth year in a row, 8th and 11th graders reported less use of cigarettes by their friends, and 5th grade reports remained the same from 2004 to 2005.

## Peers as a Source

$\rightarrow$ For all students who are current smokers, the most likely place they get cigarettes is from friends: about three-quarters of smokers get cigarettes from friends. Getting cigarettes from siblings and an unknowing parent are the next most common ways of getting cigarettes. Also of note is
the high percentage of 5th and 8th grade smokers who steal cigarettes from their parents without the parents knowing. Finally, laws about access to vending machines seem to have had an impact: only about $4 \%$ of 11 th graders report getting cigarettes from vending machines, much lower than in 1996 when it was $38 \%$.

## Family/Parents

## Family Relationships

$\rightarrow$ For all grades, the more students reported that they got along well with their parents, did not fight with their parents, and communicated well with their parents, the less likely they were to use drugs. Positive parental involvement seems to be a strong protective factor, and this is particularly true for middle school students.
$\rightarrow$ Students whose parents or siblings smoked cigarettes were more likely to smoke cigarettes and to use other drugs. Eighth graders whose parents smoke cigarettes were more than three times as likely to smoke cigarettes themselves ( $16 \%$ of these 8th graders smoked) than if no one in the household smoked ( $5 \%$ of these 8th graders smoked). Moreover, if parents smoked cigarettes, their 8th graders were twice as likely to drink alcohol and more than two times more likely to use marijuana than if no one in the household smoked cigarettes. The pattern was similar though less pronounced for 11th graders, but it is important to remember that some of the students who began substance use in or before the 8th grade may no longer be in school by the 11th grade.

## Schools

## Drug Education

$\rightarrow 83 \%$ of 8 th graders, and $90 \%$ of 11th graders reported "ever" having had drug education in school. Whereas $78 \%$ of 5 th graders reported receiving drug education in the past year, only $47 \%$ of 8 th graders and 21\% of 11th graders reported any drug education in the 2004-2005 school year. DARE is part of the 5th grade curriculum in some Districts but is no longer present statewide. This is reflected in the decline in 5th grade students reporting past year drug education - from $97 \%$ in 2000, $92 \%$ in $2002,83 \%$ in 2004, and now $78 \%$ in 2005. Although drug education is included in middle and high school curriculums, it is often part of health or social studies courses and not viewed by students as "drug education." It is
not making an impression on students that they have had drug education that year.

## School Environment

$\rightarrow$ In 2005, the number of 5th, 8th, and 11th graders who thought that fighting or violence was a problem at their school remained well below the high levels reported in 1998. Still, in 2005 the percentage of 5th graders reporting fighting at school as being a problem increased from 44\% in 2003 to $47 \%$ in 2005. Eighth grade reports of violence as a problem in school increased from $46 \%$ in 2003 to $50 \%$ in 2005. For 11th graders, $36 \%$ reported violence was a problem at school in both 2003 and 2005.
$\rightarrow$ The number of 8th and 11th grade students who reported students respect teachers "often or most of the time" has increased since 1998 from $\mathbf{1 9 \%}$ to $\mathbf{2 9 \%}$ for 8 th graders, and from $\mathbf{2 2 \%}$ to $\mathbf{2 9 \%}$ for 11th graders. For 5th graders, the number of students who reported most students in the school obey teachers increased, from $64 \%$ to $73 \%$. While there have been significant improvements since 1998, these percentages still remain very low for 8th and 11th graders.

## Student Perceptions of Peer Behavior

$\rightarrow$ Reports of students being well behaved in school "often or most of the time" have become quite stable in recent years with almost twothirds of 5th graders but only about one-third of 8th and 11th graders reporting students being well behaved at school.

## Student Perceptions of School Safety

$\rightarrow$ The percentage of students who feel safe in their school was up for 8th graders and remained steady for 5th and 11th graders in 2005. The percentage of 5th graders who felt safe in school was $91 \%$ in 2005, for 8th graders it was $78 \%$, and for 11th graders it was $81 \%$. The increased feeling of safety from 2002 to 2005 may reflect a post $9 / 11$ rebound in seeing schools as safe places.

## Wellness Centers

$\rightarrow$ Beginning in 2001, 11th graders were asked about use of the Wellness Center in their high school. There was very little change from 2001 to 2005, with $60 \%$ of 11th grade students reporting they had used the Wellness Center in their school. Most of those using did so for sports physicals, $6 \%$ report using it for counseling more than once, $5 \%$ for pregnancy and 3\% for STD testing. When one takes results from the 2005 Delaware Youth Risk Behavior Survey into account as well as these data, it
becomes apparent that Wellness Centers are providing services where there is a real need among Delaware high school students.

## Community

## Community Access

$\rightarrow$ Cigarettes, alcohol, marijuana, and cocaine were each less available to 5th graders in 2005 than in 2003, continuing a general decline since 1998. The declines in perceived "easy" availability from 1998 for all four substances were statistically significant from $17 \%$ in 1998 to $8 \%$ in 2005 for cigarettes, from $14 \%$ to $10 \%$ for alcohol, from $16 \%$ to $8 \%$ for marijuana, and from $12 \%$ in 1998 to $6 \%$ in 2005 for cocaine. Fifth graders reporting they knew where to "buy" cigarettes and alcohol remained the same as in 2004: $14 \%$ of 5th graders said they knew where to "buy" cigarettes and $10 \%$ where to "buy" alcohol.
$\rightarrow$ For 8th and 11th graders, $48 \%$ of the 8th graders and $68 \%$ of the 11th graders knew where to buy cigarettes. [These are significant increases from 2004, but due to a change in wording to the question to a new national format]. As in the past several years, students were significantly less likely to know where to buy alcohol than to buy cigarettes or marijuana. In fact, for both 8th and 11th graders, more students reported they knew where to buy marijuana than reported they knew where to buy either cigarettes or alcohol. A similar finding was reported in a national study by Columbia University last year. The availability of marijuana suggests that environmental approaches to reduce the supply of the "legal" drugs (cigarettes and alcohol) to youth may have limited impact on current use if there is not concurrent demand reduction.

## How Does Delaware Compare with Other States and the Nation?

$\rightarrow$ We have no 2005 data yet for any surrounding states, so we cannot make direct comparisons with the 2005 Delaware data. National data reported noticeable reductions in cigarette use between 1998 and 2005 and some indication that use of alcohol and marijuana has stabilized, similar results to those found in Delaware. It is a persistent finding that Delaware middle school students report more drinking and using marijuana than comparable national or regional estimates. Both the trends and the rates of drug use among Delaware high school students were comparable to those reported nationally in the past couple of years for cigarettes and alcohol, but marijuana use has been slightly higher in Delaware.

## DELAWARE SCHOOL SURVEYS OVERVIEW FOR 2005

This study is the Year 2005 continuation of a survey that was first administered to Delaware students in Spring, 1989. From 1989 through 1994, the survey was conducted for the Delaware Department of Education. From 1995 to 1998, the survey was supported by the Delaware Prevention Coalition (administered through the Office of Prevention in the Department of Services for Children, Youth and Their Families) and conducted by the Center for Drug and Alcohol Studies at the University of Delaware. From 1999 the 2003, the survey was a part of the Delaware State Incentive Grant (SIG) Cooperative Agreement from the Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Prevention (CSAP). The Delaware SIG was administered by Delaware Health and Social Services, Division of Substance Abuse and Mental Health. The 2004 and 2005 surveys were jointly sponsored by the Delaware Legislature through the Delaware Health Fund and by support from the Division of Substance Abuse and Mental Health through federal Prevention Block Grant funding.

The objectives of the Year 2005 Delaware School Survey study were:
A. To provide estimates of students' Alcohol, Tobacco and Other Drug Abuse (ATODA) attitudes as well as the incidence and prevalence of substance use as requested by CSAP for National Outcomes Measures (NOMS) reporting. Such information is required from federal sources at SAMHSA, CDC, and DOE and is also important for monitoring progress toward the Healthy Delaware 2010 goals;
B. To provide estimates of student ATODA incidence, prevalence, abuse, and dependence for other state assessment, planning, and funding purposes;
C. To provide ongoing trend data comparable with the PAUS surveys (Perspectives, Activities, and Use Surveys) of Delaware school children developed by Data Base, Inc. and used by the Department of Education from 1989 to 1994; and
D. To provide information for other state and local planning and assessment purposes - particularly to individual schools and districts.

Since 1999 the survey has expanded on the sample used in previous years and attempted to interview most $5^{\text {th }}, 8^{\text {th }}$, and $11^{\text {th }}$ graders in the Delaware public schools. The survey was conducted from January into June, 2005 as an anonymous classroom administration, using a form that could be completed in no more than one class period. Classroom administrations were conducted by University of Delaware personnel, rather than by teachers, to reduce teacher
burden and to help increase students' perceptions that the results were not seen by school personnel. Classroom administrations were coordinated with two other surveys administered in Delaware Schools asking about substance use: the Centers for Disease Control and Prevention (CDC)Youth Risk Behavior Survey (YRBS), which is administered in odd years and the CDC's Youth Tobacco Survey (YTS) which is administered in even years. This coordination ensures that no classroom has to complete more than one survey in any year. Parents were informed about the survey and given the opportunity to decide if their child should not participate. Students also got to choose whether to participate. Only a very small number of parents or students chose not to participate. All consent procedures were reviewed and approved by the University of Delaware's Institutional Review Board. The numbers of completed interviews, after excluding any students who reported using a fictitious drug (included as a question) or who otherwise obviously falsified their answers, were $5,23111^{\text {th }}$ graders, $7,8148^{\text {th }}$ graders, and $7,9925^{\text {th }}$ graders.

## SAMPLE DESCRIPTION -- DELAWARE SCHOOL SURVEY 2005

|  | FIFTH GRADE <br> $(\mathrm{N}=7,992)$ | EIGHTH GRADE <br> $(\mathrm{N}=7,814)$ | ELEVENTH GRADE <br> $(\mathrm{N}=5,231)$ |
| :--- | :---: | :---: | :---: |
| GENDER (\%) | 49 | 50 | 50 |
| Males | 51 | 50 | 50 |
| Females |  |  |  |
| ETHNICITY (\%) | 40 | 53 | 62 |
| White | 27 | 28 | 25 |
| Black | 8 | 5 |  |
| Latino | $25^{*}$ | 11 | 9 |
| Other |  |  |  |
| COUNTY (Ns) | 4,695 | 4,513 | 3,047 |
| New Castle | 1,862 | 1,762 | 1,208 |
| Kent | 1,435 | 1,539 | 976 |
| Sussex |  |  |  |

*This year a significant number of $5^{\text {th }}$ graders identified themselves as "other," while there was a corresponding decline in students identifying themselves as "white." School officials say it may result from new diversity training programs.
2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

Surveys were completed in all 19 school districts in the State and in 6 Charter Schools. The $5^{\text {th }}$ grade and $8^{\text {th }}$ grade samples were about $92 \%$ and $87 \%$ of the total enrollment, respectively. The $11^{\text {th }}$ grade sample was about $83 \%$. The $11^{\text {th }}$ grade sample was a lower percentage in 2005 because many $11^{\text {th }}$ graders completed the CDC's 2005 Youth Risk Behavior Survey instead of the School

Survey. Moreover, $11^{\text {th }}$ graders are more likely to be absent from school on a given day (for excused or unexcused reasons). Since our arrangements with the schools call for no classroom to have more than one survey administration, classrooms included in the CDC Youth Tobacco Survey were not asked to complete the School Survey. Still, the $11^{\text {th }}$ grade sample was chosen randomly, and, after checks for non response bias, it is representative of the state and counties. Each of our samples since 1999 allows for statewide and countywide estimates that have much greater reliability and smaller confidence intervals than what were available in previous years.

Since 1995, the cooperation and assistance of the schools and school district offices has been essential to completing the study, and we are very grateful for their help. In 2005, all the public schools in the State agreed to participate. The results have proved useful and important for the state agencies involved, for legislative initiatives, and for the communities statewide who are dealing with the problems of alcohol, tobacco, and other drug use among youth. We know that the expanded samples from 1999 to 2005 have proven even more useful than in previous years to schools, state agencies, and communities statewide that are dealing with the problems of alcohol, tobacco, and other drug use among youth. Reports to the Districts since 1999 have been based on significantly more reliable samples. Data from the 2005 survey are being used for Federal reporting requirements to the Department of Health and Humans Services, the Department of Education, and the CDC. Results from the surveys have also become a regular part of the Kids Count Reports in Delaware. The findings are being much more regularly used by schools and by school districts in their applications for competitive state and federal grants. Information has begun to be used as one means of measuring prevention program effectiveness for schools with special prevention programming. We hope to continue this collaboration between the schools, state agencies and the University of Delaware in subsequent years. The large surveys of virtually all $5^{\text {th }}, 8^{\text {th }}$, and $11^{\text {th }}$ graders will again be collected statewide for the Spring 2006 results. Continued statewide surveillance beyond 2006 will depend on securing new federal or state funding. We will be working with the Division of Substance Abuse and Mental Health, the Health Fund Advisory Committee, the Legislature, and the First State Prevention Coalition to continue the survey in 2006 and beyond.

# II. Trends in Monthly or Regular Drug Use in Delaware, 1989-2005 

Cigarette, Alcohol, and Marijuana Use Among 5th, 8th, 11th Graders

Inhalant, Hallucinogen, Stimulant, Cocaine, Heroin, Ecstasy, and Prescription Drug Use Among 8th Graders

Inhalant, Hallucinogen, Stimulant, Cocaine, Heroin, Ecstasy, and Prescription Drug Use Among 11th Graders
TRENDS IN DELAWARE STUDENTS' CIGARETTE USE BY GRADE

| $-\quad$ - 5 th Grade |
| :--- |
| $-\quad$ 8th Grade |
| - |

TRENDS IN DELAWARE STUDENTS' ALCOHOL USE BY GRADE

| $\begin{aligned} & \mathbb{D} \\ & \stackrel{0}{0} \\ & \stackrel{\pi}{0} \end{aligned}$ | $\begin{aligned} & \stackrel{0}{0} \\ & \stackrel{\pi}{0} \end{aligned}$ | $\begin{aligned} & \mathbb{0} \\ & \frac{\pi}{0} \\ & 0 \end{aligned}$ |
| :---: | :---: | :---: |
| 둔 | $\stackrel{f}{\ddagger}$ | $\underset{\square}{\text { ㄷ }}$ |


*Regular use is defined as reports of about once a month or more often; see note, page 20.

Note:
Source:
TRENDS IN DELAWARE STUDENTS' MARIJUANA USE BY GRADE

*Regular use is defined as reports of about once a month or more often; see note, page 20.
Source: Data Base/Diagnostics Plus (1989-1993); Department of Public Instruction, 1994; 1995-2005 Delaware School
Note: Survey. Center for Drug and Alcohol Studies, University of Delaware.
19891990199119921993199419951996199719981999200020012002200320042005

## Survey Year


TRENDS IN MONTHLY USE OF OTHER ILLEGAL DRUGS

| DRUG | YEAR |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1989 | 1990 | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | 2004 | 2005 |
| Inhalants ${ }^{\text {d }}$ | 2 | 2 | 2 | 1 | 2 | 2 | 9 | 6 | 9 | 8 | 5 | 6 | 5 | 5 | 6 | 6 | 2 |
| Hallucinogens | 1 | - | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | - | - | - | - |
| Stimulants | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 1 | 1 | 1 | 1 | 1 |
| Cocaine | 1 | - | 1 | - | - | 1 | 1 | - | 1 | 1 | 1 | 1 | - | - | - | - | - |
| Heroin ${ }^{\text {a }}$ | na | na | na | na | na | na | na | na | 1 | 1 | - | 1 | - | - | - | - | - |
| Designer Drugs/ Ecstasy ${ }^{\text {ab }}$ | na | na | na | na | na | na | - | 1 | 1 | - | - | 1 | 1 | - | - | - | - |
| Ritalin ${ }^{\text {ac }}$ | na | na | na | na | na | na | na | na | na | na | na | na | 2 | 1 | 1 | 1 | 1 |
| Painkillers ${ }^{\text {ac }}$ | na | na | na | na | na | na | na | na | na | na | na | na | na | 3 | 2 | 3 | 2 |

Note: (-) indicates less than one-half of one percent.

TRENDS IN MONTHLY USE OF OTHER ILLEGAL DRUGS
AMONG DELAWARE ELEVENTH GRADERS 1989-2005
(Percentages)

| DRUG | YEAR |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1989 | 1990 | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | 2004 | 2005 |
| Inhalants | 3 | 2 | 1 | 2 | 1 | 4 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 1 |
| Hallucinogens | 2 | 1 | 3 | 2 | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 1 | - | - | 1 |
| Stimulants | 3 | 2 | 3 | 3 | 3 | 4 | 2 | 2 | 4 | 3 | 2 | 3 | 2 | 1 | 2 | 1 | 1 |
| Cocaine | 3 | 2 | 1 | 1 | - | 1 | 1 | 2 | 2 | 2 | 1 | 1 | 1 | - | 1 | - | 1 |
| Heroin ${ }^{\text {a }}$ | 1 | - | 1 | - | - | na | 1 | 1 | 1 | 1 | - | - | - | - | - | - | - |
| Designer Drugs/ Ecstasy ${ }^{\text {ab }}$ | na | na | na | na | na | na | - | 1 | 1 | 1 | 1 | 3 | 2 | 1 | - | - | - |
| Ritalin ${ }^{\text {ac }}$ | na | na | na | na | na | na | na | na | na | na | na | na | 2 | 2 | 3 | 2 | 2 |
| Painkillers ${ }^{\text {ac }}$ | na | na | na | na | na | na | na | na | na | na | na | na | na | 4 | 4 | 4 | 4 |

Note: (-) indicates less than one-half of one percent. (na) indicates question was not asked that year.
 ${ }^{\text {c }}$ Ritalin question added 2001. Painkillers question added 2002

[^0]
## Important Footnote to the Trend Graphs and Tables of Delaware Students' Report of Monthly or Regular Use:

$\Rightarrow$ The data from the 1989-1994 PAUS Survey, administered for the Delaware
Department of Public Instruction (DPI), come from responses to the questions: "How often do you usually use (or have ever used) each of:

Cigarettes
Alcohol (beer, wine, liquor, coolers)
Marijuana (grass, pot, hash, weed)"
With response categories: (never), (once or twice before but not again), (about once or twice a year), (about once or twice a month), (about once or twice a week), and (almost every day). Responses of (about once or twice a month) or more often are considered monthly or regular use.
$\Rightarrow$ The data from the 1995-2005 University of Delaware Surveys for 5th graders come from responses to a question similar to that used in the PAUS survey. The data for 8th and 11th graders are different. They come from the questions used in the national Monitoring the Future Surveys (MTF):
"In the past month,
how many cigarettes have you smoked
how many times have you had a drink (not just a few sips) of alcohol (beer, wine, liquor, mixed drinks)
how many times have you smoked marijuana (grass, pot, hash, weed)
$\Rightarrow$ Responses of one full cigarette and one time or more are coded as regular use.

In both the PAUS and UD surveys, any student who reports use of a fictitious drug (in 2005 "dactyls") is excluded from the analysis.

Nationally, use of marijuana by youth escalated dramatically between 1993 and 1995. It increased even more dramatically in Delaware; however, the change in wording after 1995 may explain part of the increase in drug use shown in the figures from 1994 to 1995. This is particularly true for the 8th graders, if one assumes that past month use may be experimental and not indicative of what one "usually uses." This means the 1995-2005 question may be measuring past month use rather than past month regular use. And the Delaware estimates for 1989-1994 may actually underestimate past month use, as measured in the national MTF and National Household surveys. The question format has been consistent since 1995.
III. For Each of 5th, 8th, and 11th Graders:

2005 Estimates by Gender and County of Lifetime, Past Year, Past Month, and Recent Heavy Use of Tobacco, Alcohol, Inhalants, and Marijuana and Estimates of Perceived Harmfulness of Each Substance

Estimates by Gender and County of Use of Other Illegal Drugs

Relationship of Past Month Cigarette Use with Past Month Use of Other Drugs

## CIGARETTE USE AMONG 2005 DELAWARE FIFTH GRADERS

(percentages)

|  | LIFETIME USE | PAST YEAR USE | PAST MONTH USE | PERCEIVED GREAT RISK OF HARM FROM PACK OR MORE PER DAY |
| :---: | :---: | :---: | :---: | :---: |
| Statewide | 8 | 3 | 1 | 61 |
| Males | 9 | 3 | 1 | 58 |
| Females | 8 | 3 | 1 | 63 |
| New Castle | 7 | 2 | 1 | 60 |
| Males | 8 | 2 | 1 | 58 |
| Females | 7 | 2 | 1 | 62 |
| Kent | 11 | 5 | 2 | 64 |
| Males | 10 | 4 | 2 | 60 |
| Females | 11 | 5 | 2 | 68 |
| Sussex | 9 | 3 | 1 | 60 |
| Males | 10 | 3 | 1 | 59 |
| Females | 9 | 3 | 1 | 61 |

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
OTHER TOBACCO USE AMONG 2005 DELAWARE FIFTH GRADERS

| $\frac{\square}{\overline{<}}$ | $\leftharpoondown$ | $\sim$ | $\ulcorner$ | － | $\leftharpoondown$ | 1 | N | $\sim$ | $\cdots$ | $\checkmark$ | N | $\checkmark$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ＇ | 1 | ＇ | ＇ | 1 | 1 | ＇ | 1 | ＇ | ＇ | 1 | 1 |
| － | ＇ | 1 | ＇ | ＇ | 1 | 1 | ＇ | 1 | ＇ | ＇ | $\tau$ | 1 |
|  | ＇ | 1 | ＇ | ＇ | 1 | ＇ | ＇ | 1 | ＇ | ＇ | ＇ | 1 |
| $\frac{\square}{\frac{\sigma}{<}}$ | $m$ | $\downarrow$ | m | m | ल | N | ம | $\checkmark$ | $\bullet$ | $\checkmark$ | $\checkmark$ | m |
| $\mid$ | ＇ | ＇ | ＇ | ＇ | 1 | ＇ | ＇ | 1 | ＇ | ＇ | ＇ | ＇ |
| $\begin{aligned} & \overline{\bar{O}} \\ & \stackrel{O}{0} \end{aligned}$ | $\checkmark$ | $\checkmark$ | ＇ | 1 | － | 1 | $\checkmark$ | $\checkmark$ | $\leftharpoondown$ | $\checkmark$ | $\checkmark$ | ＇ |
|  | ＇ | $\ulcorner$ | ＇ | ＇ | ＇ | ＇ | $\ulcorner$ | $\checkmark$ | ＇ | $\checkmark$ | $\checkmark$ | ＇ |
| $\frac{\stackrel{1}{8}}{\frac{1}{4}}$ | 은 | $\stackrel{\square}{\sim}$ | の | の | F | $\infty$ | $\stackrel{\square}{\square}$ | $\stackrel{\square}{-}$ | $\sim$ | F | $\bigcirc$ | 은 |
|  | － | － | $\ulcorner$ | $\checkmark$ | $\leftharpoondown$ | $\ulcorner$ | $\checkmark$ | $\ulcorner$ | ＇ | $\ulcorner$ | － | $\ulcorner$ |
| $\begin{aligned} & \overline{0} \\ & \stackrel{\rightharpoonup}{0} \end{aligned}$ | N | m | $\ulcorner$ | $\sim$ | $\cdots$ | $\ulcorner$ | $\cdots$ | m | N | $\sim$ | m | $\checkmark$ |
|  | $N$ | m | $\ulcorner$ | N | $N$ | $\leftharpoondown$ | ल | － | N | $m$ | $\cdots$ | N |
|  | 0 <br> 0 <br> 0 <br> 0 <br> 0 <br> 0 <br> 0 | $\frac{\stackrel{0}{\pi}}{\substack{0}}$ |  | $\begin{aligned} & \stackrel{0}{\tilde{\omega}} \\ & \stackrel{\sim}{0} \\ & 0 \\ & 3 \\ & \underset{\sim}{Z} \end{aligned}$ | $\frac{\frac{0}{\pi}}{\sum \sum}$ | $\substack{0}$ <br> $\stackrel{1}{0}$ <br> $\stackrel{1}{4}$ | 䓂 | $\left.\frac{\otimes}{\sqrt{\pi}} \right\rvert\,$ | $\stackrel{\substack{0}}{\substack{0}}$ |  | $\frac{\frac{0}{\sqrt{0}}}{\sum \mid}$ |  |

Note：（－）indicates less than one－half of one percent．
Source： 2005 Delaware School Survey，Center for Drug and Alcohol Studies，University of Delaware．
ALCOHOL USE AMONG $\underset{\text { (percentages) }}{2005 \text { DELAWARE FIFTH GRADERS }}$

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware
INHALANT USE AMONG 2005 DELAWARE FIFTH GRADERS

|  | LIFETIME USE | PAST YEAR USE | PAST MONTH USE | PERCEIVED GREAT RISK OF HARM FROM: |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | TRYING | WEEKLY USE |
| Statewide | 8 | 4 | 2 | 25 | 53 |
| Males | 9 | 4 | 2 | 24 | 51 |
| Females | 8 | 4 | 1 | 26 | 55 |
| New Castle | 8 | 4 | 2 | 23 | 50 |
| Males | 9 | 4 | 2 | 22 | 48 |
| Females | 7 | 3 | 1 | 23 | 52 |
| Kent | 10 | 5 | 2 | 27 | 58 |
| Males | 10 | 4 | 2 | 25 | 54 |
| Females | 11 | 5 | 2 | 28 | 62 |
| Sussex | 7 | 3 | 1 | 28 | 55 |
| Males | 9 | 4 | 2 | 27 | 54 |
| Females | 7 | 3 | 1 | 30 | 55 |

MARIJUANA USE AMONG 2005 DELAWARE FIFTH GRADERS

|  | LIFETIMEUSE | PAST YEAR USE | PAST MONTH USE | PERCEIVED GREAT RISK OF HARM FROM: |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | TRYING | WEEKLY USE |
| Statewide | 2 | 1 | - | 38 | 63 |
| Males | 3 | 1 | 1 | 38 | 62 |
| Females | 2 | 1 | - | 37 | 63 |
| New Castle | 2 | 1 | - | 37 | 61 |
| Males | 3 | 1 | 1 | 37 | 61 |
| Females | 1 | 1 | - | 36 | 61 |
| Kent | 3 | 1 | 1 | 38 | 66 |
| Males | 3 | 1 | 1 | 38 | 63 |
| Females | 2 | 1 | - | 37 | 69 |
| Sussex | 3 | 1 | - | 41 | 62 |
| Males | 4 | 2 | 1 | 42 | 63 |
| Female | 2 | - | - | 39 | 61 |

Note: (-) indicates less than one-half of one percent.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

OTHER ILLEGAL DRUG ${ }^{\text {a }}$ USE AMONG 2005 DELAWARE FIFTH GRADERS
(percentages)

|  | LIFETIME | PAST YEAR | PAST MONTH |
| :---: | :---: | :---: | :---: |
| Statewide | 11 | 5 | 3 |
| Males | 11 | 6 | 3 |
| Females | 10 | 5 | 2 |
| New Castle | 10 | 5 | 3 |
| Males | 11 | 6 | 4 |
| Females | 9 | 4 | 2 |
| Kent | 13 | 6 | 3 |
| Males | 12 | 6 | 3 |
| Females | 13 | 6 | 3 |
| Sussex | 10 | 5 | 2 |
| Males | 10 | 6 | 3 |
| Females | 9 | 4 | 2 |

Note: ${ }^{\text {a }}$ Other illegal substances include prescription downers, prescription uppers, inhalant hallucinogens, ritalin ("to get high"), and cocaine.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## PAST YEAR USE OF OTHER ILLEGAL SUBSTANCES AMONG 2005 DELAWARE FIFTH GRADERS

(percentages)

|  | Stimulants | Downers | Hallucinogens | Ritalin $^{\mathbf{a}}$ | Cocaine |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Statewide | - | - | - | 1 | 1 |
| Males | - | 1 | - | 2 | 1 |
| $\underline{\text { Females }}$ | - | - | - | 1 | - |
| New Castle | - | - | - | 1 | 1 |
| $\underline{\text { Males }}$ | - | 1 | - | 2 | 1 |
| Females | - | - | - | 1 | - |
| Kent | - | - | - | 1 | - |
| $\underline{\text { Males }}$ | - | 1 | - | 2 | - |
| $\underline{\text { Females }}$ | - | - | - | 1 | - |
| $\underline{\text { Sussex }}$ | - | - | - | 1 | 1 |
| $\underline{\text { Males }}$ | - | - | - | 1 | - |
| $\underline{\text { Females }}$ | - | - | - | - | 1 |

Note: (-) Indicates less than one-half of one percent.
a'Includes Ritalin, Adderall, Cylert, and Concerta "to get high."
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

PAST MONTH ALCOHOL, MARIJUANA, AND OTHER ILLEGAL DRUG USE AMONG 2005 DELAWARE FIFTH GRADERS WHO SMOKED CIGARETTES IN THE PAST MONTH
(percentages)

|  | Past Month Cigarette Use |  |
| :---: | :---: | :---: |
|  | $\begin{gathered} \text { Yes } \\ \mathrm{n}=85(1 \%) \end{gathered}$ | $\begin{gathered} \text { No } \\ \mathrm{n}=7,689 \text { (99\%) } \end{gathered}$ |
| Past Month Alcohol Use*** |  |  |
| Yes | 52 | 1 |
| No | 48 | 99 |
| Past Month Marijuana Use*** |  |  |
| Yes | 19 | - |
| No | 82 | 100 |
| Past Month Other Illegal Drug Use*** |  |  |
| Yes | 61 | 2 |
| No | 39 | 98 |

Note: (-) indicates less than one-half of one percent.
*** $\mathrm{p}<.001$, corrected for continuity.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
Note: $\quad{ }^{\mathrm{a}}$ Heavy use is more than one-half pack per day in last thirty days.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
OTHER TOBACCO USE AMONG 2005 DELAWARE EIGHTH GRADERS

| LIFETIME USE |  |  |  |  |  | PAST YEAR |  |  | PAST MONTH |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Smoke -less | Cigar | Bidi/ Clove | All ${ }^{\text {a }}$ | Smoke -less | Cigar | Bidi/ Clove | All ${ }^{\text {a }}$ | Smoke -less | Cigar | Bidi/ Clove | All ${ }^{\text {a }}$ |
| Statewide | 5 | 13 | 8 | 31 | 2 | 7 | 4 | 20 | 1 | 3 | 2 | 12 |
| Male | 7 | 16 | 8 | 30 | 4 | 9 | 4 | 19 | 2 | 4 | 2 | 12 |
| Female | 3 | 10 | 8 | 31 | 1 | 5 | 4 | 21 | - | 2 | 1 | 12 |
| New Castle | 3 | 13 | 7 | 29 | 1 | 7 | 3 | 18 | 1 | 3 | 2 | 11 |
| Male | 4 | 16 | 7 | 29 | 2 | 8 | 4 | 17 | 1 | 4 | 2 | 10 |
| Female | 2 | 9 | 6 | 29 | 1 | 5 | 3 | 19 | - | 2 | 1 | 11 |
| Kent | 6 | 11 | 7 | 29 | 3 | 6 | 4 | 20 | 2 | 2 | 2 | 12 |
| Male | 10 | 15 | 6 | 30 | 5 | 8 | 3 | 20 | 3 | 4 | 1 | 13 |
| Female | 3 | 8 | 8 | 29 | 1 | 4 | 4 | 20 | - | 1 | 2 | 11 |
| Sussex | 9 | 16 | 11 | 37 | 5 | 8 | 6 | 26 | 2 | 3 | 3 | 15 |
| Male | 14 | 19 | 12 | 36 | 8 | 12 | 7 | 26 | 3 | 4 | 3 | 15 |
| Female | 5 | 14 | 10 | 38 | 2 | 5 | 5 | 27 | - | 2 | 2 | 14 |

[^1]ALCOHOL USE AMONG 2005 DELAWARE EIGHTH GRADERS

|  | LIFETIME USE | PAST YEAR USE | PAST MONTH USE | $\begin{aligned} & \text { BINGE } \\ & \text { USE }^{\mathrm{a}} \end{aligned}$ | PERCEIVED GREAT RISK OF HARM FROM: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | DAILY USE | BINGE USE |
| Statewide | 55 | 43 | 23 | 11 | 29 | 48 |
| Males | 53 | 41 | 21 | 10 | 25 | 46 |
| Females | 57 | 46 | 25 | 11 | 32 | 50 |
| New Castle | 54 | 43 | 21 | 9 | 30 | 49 |
| Males | 52 | 40 | 20 | 9 | 27 | 47 |
| Females | 56 | 46 | 23 | 10 | 33 | 52 |
| Kent | 54 | 42 | 24 | 11 | 30 | 49 |
| Males | 54 | 42 | 23 | 11 | 25 | 47 |
| Females | 55 | 42 | 26 | 11 | 34 | 51 |
| Sussex | 59 | 47 | 26 | 14 | 24 | 43 |
| Males | 57 | 44 | 25 | 14 | 21 | 41 |
| Females | 62 | 50 | 28 | 15 | 27 | 46 |

Note: $\quad{ }^{\text {a }}$ Binge use is defined as three drinks at a time in the last two weeks.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
INHALANT USE AMONG 2005 DELAWARE EIGHTH GRADERS

\begin{tabular}{|c|c|c|c|c|c|c|c|c|c|c|c|c|}
\hline  \& \(\stackrel{1}{0}\) \& 10 \& \(\bar{¢}\) \& \(\stackrel{\infty}{\circ}\) \& \(\pm\) \& ¢ \& \(\infty\) \& ก๊ \& § \& 10 \& \(\overline{5}\) \& 18 \\
\hline  \& \(\stackrel{m}{m}\) \& m \& ¢ \& ¢ \& \(\stackrel{\sim}{m}\) \& ¢ \& \(\stackrel{\ominus}{0}\) \& ल \& ¢ \& \(\stackrel{\sim}{\sim}\) \& \(\stackrel{\sim}{\sim}\) \& ¢ \\
\hline  \& \(\ulcorner\) \& \(\leftharpoondown\) \& \(\leftharpoondown\) \& \(\checkmark\) \& － \& \(\leftharpoondown\) \& \(\leftharpoondown\) \& ＇ \& \(\ulcorner\) \& \(\leftharpoondown\) \& \(\ulcorner\) \& \(\ulcorner\) \\
\hline  \& \(\sim\) \& N \& N \& N \& N \& N \& N \& \(\leftharpoondown\) \& \(\cdots\) \& \(m\) \& \(\sim\) \& m \\
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\end{tabular}

[^2]MARIJUANA USE AMONG 2005 DELAWARE EIGHTH GRADERS

Note: ${ }^{\text {a }}$ Heavy use indicates more than six times in the past month.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## OTHER ILLEGAL DRUG ${ }^{\text {a }}$ USE AMONG 2005 DELAWARE EIGHTH GRADERS

(percentages)

|  | LIFETIME | PAST YEAR | PAST MONTH |
| :---: | :---: | :---: | :---: |
| Statewide | 19 | 12 | 6 |
| Males | 19 | 12 | 6 |
| Females | 19 | 12 | 6 |
| New Castle | 18 | 11 | 5 |
| Males | 18 | 11 | 5 |
| Females | 18 | 10 | 5 |
| Kent | 17 | 11 | 5 |
| Males | 17 | 10 | 5 |
| Females | 18 | 11 | 6 |
| Sussex | 24 | 16 | 8 |
| Males | 24 | 16 | 8 |
| Females | 24 | 16 | 9 |

Note: ${ }^{\text {a }}$ Other illegal substances include prescription downers, prescription stimulants, inhalants, hallucinogens, crack, cocaine, heroin, ritalin, painkillers, and designer drugs.

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
PAST YEAR USE OF OTHER ILLEGAL SUBSTANCES
AMONG 2005 DELAWARE EIGHTH GRADERS
（percentages）

|  | N | N | $N$ | $\leftharpoondown$ | N | $\leftharpoondown$ | N | N | $\leftharpoondown$ | $\cdots$ | ツ | $\cdots$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\leftharpoondown$ | $\Gamma$ | $\leftharpoondown$ | $\leftharpoondown$ | $\Gamma$ | $\leftharpoondown$ | $\leftharpoondown$ | N | $\Gamma$ | $\leftharpoondown$ | $\leftharpoondown$ | N |
|  | N | N | $\cdots$ | の | N | $\cdots$ | N | N | N | N | N | N |
|  | $\leftharpoondown$ | N | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | N | $\leftharpoondown$ | N | N | N |
|  | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | N | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | N |
|  | 10 | $\nabla$ | $\bullet$ | 10 | $\nabla$ | 10 | ナ | 10 | $\nabla$ | $\infty$ | $N$ | $\infty$ |
|  | $\leftharpoondown$ | $\Gamma$ | $\leftharpoondown$ | N | $\leftharpoondown$ | N | $\leftharpoondown$ | $\leftharpoondown$ | 1 | N | N | N |
|  | N | N | N | N | $\leftharpoondown$ | N | $\leftharpoondown$ | $\leftharpoondown$ | $\leftharpoondown$ | $\cdots$ | ツ | $\nabla$ |
|  | 0 <br> 0 <br> 0 <br> 0 <br> 0 <br> 0 <br> 0 <br> 0 | 0 $\frac{0}{\alpha}$ $\sum 1$ |  | 0 $\pm 0$ 0 0 3 2 2 | d $\stackrel{0}{0}$ $\sum$ |  | ＋ | $\stackrel{\sim}{0}$ |  | $\times 1$ <br> 0 <br> 00 <br> 0 <br> 0 | $\frac{\stackrel{0}{d}}{\substack{\sim}}$ |  |

[^3]PAST MONTH ALCOHOL, MARIJUANA, AND OTHER ILLEGAL DRUG USE AMONG 2005 DELAWARE EIGHTH GRADERS WHO SMOKED CIGARETTES IN THE PAST MONTH

(percentages)

|  | Past Month Cigarette Use |  |
| :---: | :---: | :---: |
|  | $\begin{gathered} \text { Yes } \\ \mathrm{n}=774(10 \%) \end{gathered}$ | $\begin{gathered} \text { No } \\ \mathrm{n}=6712 \text { (89\%) } \end{gathered}$ |
| Past Month Alcohol Use*** |  |  |
| Yes | 72 | 17 |
| No | 28 | 83 |
| Past Month Marijuana Use ${ }^{* * *}$ |  |  |
| Yes | 61 | 7 |
| No | 39 | 93 |
| Past Month Other Illegal Drug Use ${ }^{* * *}$ |  |  |
| Yes | 22 | 4 |
| No | 78 | 96 |

Note: $\quad{ }^{* * *} p<.001$, corrected for continuity.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
CIGARETTE USE AMONG 2005 DELAWARE ELEVENTH GRADERS

|  | LIFETIME USE | PAST YEAR USE | PAST MONTH USE | $\begin{aligned} & \text { HEAVY } \\ & \text { USE }^{\mathrm{a}} \end{aligned}$ | PERCEIVED GREAT RISK OF HARM FROM PACK OR MORE PER DAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Statewide | 37 | 25 | 16 | 5 | 68 |
| Males | 36 | 24 | 17 | 5 | 64 |
| Females | 39 | 26 | 16 | 4 | 72 |
| New Castle | 34 | 23 | 15 | 3 | 71 |
| Males | 32 | 22 | 14 | 3 | 66 |
| Females | 37 | 24 | 15 | 4 | 75 |
| Kent | 40 | 27 | 17 | 6 | 65 |
| Males | 38 | 26 | 18 | 8 | 62 |
| Females | 40 | 27 | 15 | 5 | 68 |
| Sussex | 42 | 30 | 20 | 8 | 63 |
| Males | 42 | 30 | 22 | 10 | 59 |
| Females | 41 | 30 | 18 | 5 | 68 |

Note: $\quad{ }^{\mathrm{a}}$ Heavy use is more than one-half pack per day in the last thirty days.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
OTHER TOBACCO USE AMONG 2005 DELAWARE ELEVENTH GRADERS

|  | Smoke -less | Cigar | Bidi/ Clove | All ${ }^{\text {a }}$ | Smoke -less | Cigar | Bidi/ Clove | $\mathrm{All}^{\text {a }}$ | Smoke -less | Cigar | Bidi/ Clove | All $^{\text {a }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Statewide | 9 | 23 | 7 | 44 | 5 | 14 | 4 | 31 | 2 | 6 | 2 | 20 |
| Males | 14 | 33 | 9 | 46 | 8 | 22 | 6 | 34 | 4 | 10 | 2 | 23 |
| Females | 4 | 13 | 6 | 42 | 1 | 7 | 2 | 28 | - | 2 | 1 | 16 |
| New Castle | 5 | 21 | 7 | 41 | 2 | 13 | 4 | 28 | 1 | 5 | 1 | 17 |
| Males | 8 | 30 | 8 | 43 | 4 | 20 | 5 | 30 | 2 | 9 | 2 | 20 |
| Females | 2 | 13 | 5 | 40 | - | 6 | 2 | 26 | - | 1 | - | 15 |
| Kent | 12 | 23 | 8 | 46 | 6 | 13 | 4 | 32 | 3 | 6 | 2 | 21 |
| Males | 19 | 35 | 10 | 50 | 10 | 21 | 6 | 36 | 6 | 10 | 2 | 25 |
| Females | 5 | 13 | 7 | 42 | 2 | 6 | 3 | 28 | - | 2 | 2 | 17 |
| Sussex | 18 | 27 | 8 | 50 | 10 | 19 | 5 | 37 | 5 | 9 | 2 | 25 |
| Males | 28 | 37 | 11 | 54 | 17 | 28 | 6 | 41 | 8 | 15 | 3 | 30 |
| Females | 6 | 15 | 6 | 46 | 3 | 8 | 3 | 32 | 1 | 2 | 1 | 19 |

[^4]${ }^{\text {a }}$ All includes smokeless tobacco, cigars, bidis, cloves, and cigarettes.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
ALCOHOL USE AMONG 2005 DELAWARE ELEVENTH GRADERS

|  | LIFETIME USE | PAST YEAR USE | PAST MONTH USE | BINGE USE ${ }^{\text {a }}$ | PERCEIVED GREAT RISK OF HARM FROM: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | DAILY USE | BINGE USE |
| Statewide | 75 | 66 | 40 | 23 | 32 | 48 |
| Males | 73 | 65 | 42 | 27 | 26 | 42 |
| Females | 77 | 67 | 37 | 19 | 37 | 54 |
| New Castle | 73 | 64 | 37 | 21 | 34 | 50 |
| Males | 71 | 62 | 39 | 24 | 29 | 44 |
| Females | 75 | 66 | 35 | 18 | 38 | 55 |
| Kent | 76 | 67 | 44 | 26 | 30 | 47 |
| Males | 75 | 66 | 47 | 31 | 23 | 40 |
| Females | 77 | 68 | 42 | 22 | 37 | 54 |
| Sussex | 80 | 69 | 43 | 25 | 27 | 43 |
| Males | 79 | 70 | 47 | 30 | 22 | 37 |
| Females | 81 | 69 | 38 | 19 | 32 | 49 |

[^5]INHALANT USE AMONG 2005 DELAWARE ELEVENTH GRADERS

|  | LIFETIME USE | PAST YEAR USE | PAST MONTH USE | HEAVY USE ${ }^{\mathbf{a}}$ | PERCEIVED GREAT RISK OF HARM FROM: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | TRYING | WEEKLY USE |
| Statewide | 7 | 3 | 1 | - | 47 | 74 |
| Males | 8 | 3 | 1 | - | 46 | 71 |
| Females | 6 | 3 | 1 | - | 47 | 78 |
| New Castle | 7 | 3 | 1 | - | 48 | 75 |
| Males | 8 | 3 | 1 | - | 45 | 71 |
| Females | 6 | 3 | 1 | - | 51 | 80 |
| Kent | 7 | 2 | 1 | - | 48 | 74 |
| Males | 9 | 4 | - | - | 49 | 72 |
| Females | 6 | 2 | 1 | - | 46 | 77 |
| Sussex | 8 | 4 | - | - | 41 | 71 |
| Males | 9 | 4 | 1 | - | 45 | 69 |
| Females | 7 | 2 | - | - | 37 | 73 |

Note: (-) indicates less than one-half of one percent.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
MARIJUANA USE AMONG 2005 DELAWARE ELEVENTH GRADERS

|  | LIFETIME USE | PAST YEAR USE | PAST MONTH USE | $\begin{gathered} \text { HEAVY } \\ \text { USE }^{\mathrm{a}} \end{gathered}$ | PERCEIVED GREAT RISK OF HARM FROM: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | TRYING | WEEKLY USE |
| Statewide | 47 | 37 | 23 | 12 | 15 | 51 |
| Males | 49 | 40 | 28 | 16 | 14 | 42 |
| Females | 44 | 34 | 18 | 8 | 16 | 60 |
| New Castle | 47 | 36 | 22 | 11 | 14 | 50 |
| Males | 48 | 38 | 25 | 15 | 13 | 42 |
| Females | 46 | 34 | 19 | 8 | 15 | 58 |
| Kent | 44 | 35 | 21 | 11 | 18 | 53 |
| Males | 47 | 38 | 27 | 16 | 15 | 41 |
| Females | 40 | 33 | 16 | 6 | 21 | 63 |
| Sussex | 49 | 40 | 25 | 14 | 15 | 51 |
| Males | 53 | 44 | 31 | 19 | 14 | 44 |
| Females | 44 | 35 | 19 | 8 | 16 | 59 |

$\begin{array}{ll}\text { Note: } & { }^{\text {a }} \text { Heavy use indicates more than six times in the past month. } \\ \text { Source: } 2005 \text { Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware. }\end{array}$

## OTHER ILLEGAL DRUG ${ }^{\text {a }}$ USE AMONG 2005 DELAWARE ELEVENTH GRADERS

(percentages)

|  | LIFETIME | PAST YEAR | PAST MONTH |
| :---: | :---: | :---: | :---: |
| Statewide | 23 | 15 | 7 |
| Males | 25 | 17 | 8 |
| Females | 22 | 13 | 6 |
| New Castle | 23 | 14 | 6 |
| Males | 23 | 15 | 7 |
| Females | 22 | 13 | 6 |
| Kent | 23 | 15 | 7 |
| Males | 26 | 17 | 9 |
| Females | 21 | 13 | 5 |
| Sussex | 26 | 17 | 8 |
| Males | 30 | 22 | 10 |
| Females | 20 | 11 | 5 |

Note: $\quad{ }^{\text {a }}$ Other illegal substances include prescription downers, prescription stimulants, inhalants, hallucinogens, crack, cocaine, ritalin, pain killers, heroin, and designer drugs.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

|  | Uppers | Downers | Pain Killers ${ }^{\text {a }}$ | Ecstasy | Hallucinogens | Ritalin ${ }^{\text {b }}$ | Heroin | Crack/Cocaine |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Statewide | 2 | 4 | 10 | 1 | 3 | 6 | 1 | 2 |
| Males | 2 | 4 | 10 | 2 | 5 | 6 | 1 | 3 |
| Females | 2 | 3 | 9 | 1 | 2 | 5 | - | 2 |
| New Castle | 2 | 4 | 9 | 1 | 3 | 6 | - | 2 |
| Males | 2 | 4 | 9 | 1 | 4 | 6 | 1 | 2 |
| Females | 2 | 4 | 9 | 1 | 2 | 6 | - | 1 |
| Kent | 2 | 3 | 10 | 2 | 3 | 6 | 1 | 3 |
| Males | 2 | 4 | 12 | 2 | 5 | 7 | 1 | 4 |
| Females | 3 | 2 | 9 | 1 | 2 | 5 | 1 | 2 |
| Sussex | 2 | 2 | 12 | 2 | 4 | 4 | 1 | 4 |
| Males | 3 | 3 | 14 | 2 | 6 | 6 | 2 | 5 |
| Females | 1 | 1 | 8 | 2 | 2 | 2 | - | 2 |

[^6]
# PAST MONTH ALCOHOL, MARIJUANA, AND OTHER ILLEGAL DRUG USE AMONG DELAWARE 2005 ELEVENTH GRADERS WHO SMOKED CIGARETTES IN THE PAST MONTH 

(percentages)

|  | Past Month Cigarette Use |  |
| :---: | :---: | :---: |
|  | $\begin{gathered} \text { Yes } \\ n=826(16 \%) \end{gathered}$ | $\begin{gathered} \text { No } \\ n=4249(84 \%) \end{gathered}$ |
| Past Month Alcohol Use*** |  |  |
| Yes | 78 | 32 |
| No | 22 | 68 |
| Past Month Marijuana Use*** |  |  |
| Yes | 65 | 14 |
| No | 35 | 86 |
| Past Month Other Illegal Drug Use*** |  |  |
| Yes | 21 | 4 |
| No | 79 | 95 |

Note: $\quad{ }^{* * *} p<.001$, corrected for continuity.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## IV. Risk and Protective Factors for Drug Use

Availability of Cigarettes, Alcohol, and Other Drugs to Students

Past Participation in School-Based Drug Education

Substance Use by Peers at School and by Friends

Trends in Perceived Risk of Trying/Using Different Drugs 1995-2005

Comparison of Marijuana Perceptions Between 2005 11th Graders Who Report Having Ever or Never Used Marijuana
2005 DELAWARE FIFTH GRADERS
WHO SAY IT IS "EASY" TO GET DRUG


2005 DELAWARE FIFTH GRADERS WHO SAY IT IS EASY TO GET:
(percentages)

|  | Cigarettes | Alcohol | Marijuana | Cocaine |
| :---: | :---: | :---: | :---: | :---: |
| Statewide | 8 | 10 | 8 | 6 |
| Males | 9 | 11 | 8 | 6 |
| Females | 8 | 10 | 7 | 6 |
| New Castle | 9 | 10 | 9 | 7 |
| Males | 9 | 10 | 9 | 7 |
| Females | 8 | 10 | 9 | 7 |
| Kent | 8 | 11 | 7 | 5 |
| Males | 9 | 11 | 8 | 5 |
| Females | 8 | 11 | 6 | 5 |
| Sussex | 7 | 10 | 6 | 5 |
| Males | 9 | 11 | 7 | 5 |
| Females | 6 | 9 | 5 | 5 |

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

2005 DELAWARE FIFTH GRADERS WHO KNOW
WHERE TO BUY CIGARETTES AND ALCOHOL

| $\square$ Cigarettes |
| :--- |
| $\square$ Alcohol |


2005 DELAWARE EIGHTH GRADERS WHO KNOW
WHERE TO BUY CIGARETTES, ALCOHOL, AND MARIJUANA BY COUNTY
$\square$ Cigarettes
$\square$ Alcohol
$\square$ Marijuana

Note: Question revised in 2000 from 1999 and 2005 from 2004.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
$\square$ Cigarettes
$\square$ Alcohol
$\square$ Marijuana
WHERE TO BUY CIGARETTES, ALCOHOL, AND MARIJUANA BY COUNTY

Sussex

WHERE CURRENT SMOKERS GET THEIR CIGARETTES AMONG DELAWARE

Source: 2000, 2004 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
WHERE CURRENT SMOKERS GET THEIR CIGARETTES AMONG DELAWARE


Note: Current smoker is defined as reporting smoking in past month ( $\mathrm{n}=779$ ).
Source: 2000, 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
WHERE CURRENT SMOKERS GET THEIR CIGARETTES AMONG DELAWARE
ELEVENTH GRADERS, 2000 AND 2005

PERCENT OF 2005 DELAWARE STUDENTS REPORTING DRUG EDUCATION,
$\square$ Drug Education Ever
$\square$ Drug Education Past
Year



Data pertaining to drug education ever was unavailable for 2004 fifth graders.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware
SUBSTANCE USE BY PEERS REPORTED BY 2005 DELAWARE FIFTH GRADERS

|  | A lot of kids at school smoke cigarettes | A lot of kids at school drink alcohol | Any of your friends smoke cigarettes | Any of your friends drink alcohol | Any of your friends smoke marijuana |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Statewide | 4 | 4 | 12 | 7 | 4 |
| Males | 5 | 4 | 12 | 7 | 4 |
| Females | 4 | 4 | 12 | 7 | 3 |
| New Castle | 5 | 4 | 11 | 6 | 4 |
| Males | 4 | 4 | 11 | 6 | 4 |
| Females | 5 | 4 | 11 | 6 | 3 |
| Kent | 4 | 4 | 14 | 9 | 4 |
| Males | 5 | 5 | 13 | 11 | 4 |
| Females | 4 | 4 | 14 | 8 | 4 |
| Sussex | 4 | 5 | 11 | 8 | 3 |
| Males | 5 | 5 | 13 | 8 | 4 |
| Females | 4 | 4 | 10 | 8 | 2 |

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
SUBSTANCE USE BY PEERS REPORTED BY 2005 DELAWARE EIGHTH GRADERS

|  | Most or all of the kids at school smoke cigarettes | Most or all of the kids at school get drunk at least once a week | Some of your friends smoke cigarettes | Some of your friends get drunk at least once a week | Some of your friends smoke marijuana |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Statewide | 21 | 12 | 24 | 18 | 25 |
| Males | 17 | 9 | 22 | 17 | 24 |
| Females | 25 | 14 | 26 | 19 | 25 |
| New Castle | 22 | 12 | 23 | 18 | 26 |
| Males | 18 | 9 | 22 | 16 | 26 |
| Females | 25 | 14 | 25 | 19 | 27 |
| Kent | 19 | 12 | 22 | 18 | 19 |
| Males | 16 | 10 | 19 | 17 | 18 |
| Females | 22 | 13 | 25 | 18 | 20 |
| Sussex | 22 | 12 | 28 | 19 | 26 |
| Males | 16 | 9 | 25 | 18 | 27 |
| Females | 26 | 16 | 30 | 20 | 26 |


SUBSTANCE USE BY PEERS AMONG 2005 DELAWARE ELEVENTH GRADERS

|  | Most or all of the kids at school smoke cigarettes | Most or all of the kids at school get drunk at least once a week | Some of your friends smoke cigarettes | Some of your friends get drunk at least once a week | Some of your friends smoke marijuana |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Statewide | 39 | 40 | 35 | 41 | 44 |
| Males | 34 | 35 | 36 | 43 | 48 |
| Females | 44 | 44 | 34 | 39 | 41 |
| New Castle | 40 | 38 | 32 | 38 | 45 |
| Males | 33 | 33 | 33 | 40 | 48 |
| Females | 45 | 42 | 32 | 35 | 42 |
| Kent | 36 | 42 | 37 | 43 | 39 |
| Males | 32 | 37 | 38 | 43 | 42 |
| Females | 40 | 47 | 36 | 42 | 36 |
| Sussex | 43 | 42 | 43 | 49 | 48 |
| Males | 37 | 38 | 45 | 50 | 52 |
| Females | 47 | 46 | 41 | 46 | 43 |

Source: 2005 Delaware School Survey, Center for Drug and Alcohol, University of Delaware.
TRENDS IN DELAWARE FIFTH GRADERS' PERCEPTIONS

TRENDS IN DELAWARE EIGHTH GRADERS' PERCEPTIONS

TRENDS IN DELAWARE ELEVENTH GRADERS' PERCEPTIONS
OF "GREAT RISK" IN SUBSTANCE USE


## PERCEIVED RISK FOR MARIJUANA USE AMONG 2005 DELAWARE

 FIFTH GRADERS WHO HAVE NOT TRIED* MARIJUANA(percentages)

|  | No harm from trying marijuana once or twice | Any of your friends smoke marijuana? | If a friend gave you some would you smoke it? |
| :---: | :---: | :---: | :---: |
| Statewide | 17 | 3 | 1 |
| Males | 18 | 3 | 1 |
| Females | 16 | 2 | 1 |
| New Castle | 18 | 3 | 1 |
| Males | 19 | 3 | 1 |
| Females | 17 | 3 | 1 |
| Kent | 16 | 3 | 1 |
| Males | 18 | 3 | 2 |
| Females | 14 | 3 | 1 |
| Sussex | 18 | 2 | 1 |
| Males | 18 | 2 | 1 |
| Females | 18 | 2 | - |

Note: (-) indicates less than one-half of one percent.

* $\mathrm{N}=7,584$.

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
COMPARISON OF MARIJUANA PERCEPTIONS BETWEEN 2005 8TH GRADERS WHO REPORT HAVING EVER OR NEVER

|  | Perceived no or slight risk from trying marijuana once or twice |  | Some of your friends smoke marijuana |  | I consider marijuana use wrong/very wrong |  | My parents consider marijuana use wrong/very wrong |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Have Not Used Marijuana | Have Used Marijuana | Have Not Used Marijuana | Have Used Marijuana | Have Not Used Marijuana | Have Used Marijuana | Have Not Used Marijuana | Have Used Marijuana |
| Statewide | 34\% | 65\% | 11\% | 66\% | 95\% | 50\% | 98\% | 87\% |
| Males | 34\% | 63\% | 10\% | 64\% | 94\% | 51\% | 98\% | 88\% |
| Females | 34\% | 67\% | 12\% | 68\% | 96\% | 49\% | 98\% | 87\% |
| New Castle | 35\% | 67\% | 12\% | 68\% | 95\% | 52\% | 98\% | 88\% |
| Males | 36\% | 64\% | 11\% | 66\% | 95\% | 55\% | 98\% | 89\% |
| Females | 35\% | 69\% | 14\% | 69\% | 96\% | 50\% | 98\% | 88\% |
| Kent | 30\% | 60\% | 7\% | 64\% | 96\% | 51\% | 98\% | 86\% |
| Males | 30\% | 59\% | 7\% | 59\% | 95\% | 52\% | 97\% | 88\% |
| Females | 30\% | 63\% | 8\% | 69\% | 97\% | 49\% | 99\% | 85\% |
| Sussex | 35\% | 65\% | 11\% | 64\% | 93\% | 43\% | 96\% | 86\% |
| Males | 31\% | 62\% | 9\% | 63\% | 93\% | 41\% | 96\% | 84\% |
| Females | 37\% | 67\% | 12\% | 64\% | 94\% | 46\% | 97\% | 88\% |

[^7]COMPARISON OF MARIJUANA PERCEPTIONS BETWEEN 2005 11TH GRADERS WHO REPORT HAVING EVER OR NEVER USED MARIJUANA＊
（PERCENTAGES）

|  |  | $\begin{aligned} & \circ \\ & \infty \\ & \infty \\ & \infty \end{aligned}$ | ò | oㅇ | oㅇ | ò | ò | $\stackrel{\text { ®}}{\infty}$ | $\stackrel{\circ}{\infty}$ | $\stackrel{\circ}{\infty}$ | －0 | $\stackrel{\text { ৯ }}{\stackrel{-}{\infty}}$ | ¢0 |
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[^8]
## V. School Environment

# Estimates by Gender and County of School Violence, School Safety, and Student Comportment 

Trends in School Safety and Student Comportment 1997-2005

Use of Ritalin or Other Prescribed
Psychoactive Medications to Improve Concentration at School by 5th, 8th, and 11th Graders

Past Month Substance Use in Relation to Prescribed Use of Psychoactive Drugs

Wellness Center Use by Eleventh Graders

## SCHOOL FIGHTING REPORTED BY 2005 DELAWARE FIFTH GRADERS

(percentage responding "yes")

|  | Fighting is a problem at this school | I've been in a fight at school this year |
| :---: | :---: | :---: |
| Statewide | 47 | 20 |
| Males | 47 | 27 |
| Females | 47 | 12 |
| New Castle | 50 | 20 |
| Males | 49 | 28 |
| Females | 50 | 12 |
| Kent | 46 | 19 |
| Males | 47 | 27 |
| Females | 44 | 11 |
| Sussex | 40 | 17 |
| Males | 41 | 24 |
| Females | 39 | 10 |

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## SCHOOL FIGHTING REPORTED BY 2005 DELAWARE EIGHTH GRADERS

(percentage responding "often" or "most of the time")

|  | Student violence is a problem at this school "some of the time" or more often | I took some kind of weapon to school or a school event this year |
| :---: | :---: | :---: |
| Statewide | 50 | 5 |
| Males | 51 | 7 |
| Females | 49 | 3 |
| New Castle | 51 | 6 |
| Males | 52 | 8 |
| Females | 50 | 3 |
| Kent | 53 | 6 |
| Males | 54 | 8 |
| Females | 52 | 3 |
| Sussex | 44 | 4 |
| Males | 44 | 6 |
| Females | 43 | 3 |

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## SCHOOL FIGHTING REPORTED BY 2005 DELAWARE ELEVENTH GRADERS

(percentage responding "often" or "most of the time")

|  | Student violence is a problem at this school "some of the time" or more often | I took some kind of weapon to school or a school event this year |
| :---: | :---: | :---: |
| Statewide | 36 | 6 |
| Males | 34 | 10 |
| Females | 37 | 2 |
| New Castle | 40 | 7 |
| Males | 38 | 10 |
| Females | 42 | 3 |
| Kent | 28 | 5 |
| Males | 28 | 9 |
| Females | 28 | 1 |
| Sussex | 31 | 7 |
| Males | 30 | 10 |
| Females | 30 | 2 |

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## PERCEPTIONS OF SCHOOL SAFETY REPORTED BY 2005 DELAWARE FIFTH GRADERS <br> (percentage responding "yes")

|  | I feel safe in my school | I stay away from parts of school to avoid trouble | I worry about being attacked or robbed before or after school | Students feel safe on the school bus |
| :---: | :---: | :---: | :---: | :---: |
| Statewide | 91 | 67 | 17 | 82 |
| Males | 90 | 67 | 15 | 83 |
| Females | 93 | 68 | 18 | 82 |
| New Castle | 90 | 66 | 17 | 81 |
| Males | 89 | 65 | 15 | 81 |
| Females | 91 | 67 | 20 | 80 |
| Kent | 93 | 68 | 15 | 83 |
| Males | 91 | 70 | 15 | 82 |
| Females | 94 | 67 | 16 | 83 |
| Sussex | 94 | 71 | 16 | 87 |
| Males | 92 | 67 | 14 | 87 |
| Females | 95 | 74 | 17 | 88 |

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## PERCEPTIONS OF SCHOOL SAFETY REPORTED BY 2005 DELAWARE EIGHTH GRADERS <br> (percentage responding "often" or "most of the time"a)

|  | I feel safe in my school | I stay away from parts of school to avoid trouble | I worry about being attacked or robbed before or after school | Students feel safe on the school bus |
| :---: | :---: | :---: | :---: | :---: |
| Statewide | 78 | 34 | 7 | 60 |
| Males | 79 | 32 | 8 | 62 |
| Females | 78 | 35 | 6 | 58 |
| New Castle | 77 | 31 | 7 | 57 |
| Males | 78 | 30 | 8 | 59 |
| Females | 77 | 33 | 7 | 56 |
| Kent | 77 | 38 | 7 | 62 |
| Males | 78 | 35 | 8 | 65 |
| Females | 76 | 40 | 6 | 58 |
| Sussex | 84 | 36 | 7 | 65 |
| Males | 84 | 34 | 7 | 69 |
| Females | 84 | 37 | 6 | 62 |

Note: ${ }^{\text {a }}$ Response categories were: most of the time
often
some of the time not often never
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## PERCEPTIONS OF SCHOOL SAFETY REPORTED BY 2005 DELAWARE ELEVENTH GRADERS

(percentage responding "often" or "most of the time"a)

|  | I feel safe in my school | I stay away from parts of school to avoid trouble | I worry about being attacked or robbed before or after school | Students feel safe on the school bus |
| :---: | :---: | :---: | :---: | :---: |
| Statewide | 81 | 25 | 4 | 60 |
| Males | 83 | 20 | 4 | 62 |
| Females | 79 | 29 | 4 | 58 |
| New Castle | 79 | 23 | 4 | 58 |
| Males | 81 | 18 | 4 | 59 |
| Females | 77 | 27 | 4 | 56 |
| Kent | 85 | 26 | 4 | 64 |
| Males | 86 | 23 | 4 | 65 |
| Females | 83 | 28 | 4 | 63 |
| Sussex | 82 | 28 | 3 | 63 |
| Males | 84 | 22 | 3 | 68 |
| Females | 81 | 35 | 2 | 59 |

Note: $\quad{ }^{\text {a }}$ Response categories were: most of the time
often
some of the time
not often
never
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## PERCEIVED STUDENT BEHAVIOR REPORTED BY 2005 DELAWARE FIFTH GRADERS

(percentage responding "yes'")

|  | Most kids at this school obey the teachers | Most kids at this school are wellbehaved in class | Kids pick on other kids a lot when the teacher is not watching | Bad behavior of some kids at this school keep teachers from teaching kids who want to learn |
| :---: | :---: | :---: | :---: | :---: |
| Statewide | 73 | 66 | 55 | 75 |
| Males | 74 | 65 | 54 | 74 |
| Females | 73 | 66 | 57 | 75 |
| New Castle | 72 | 65 | 57 | 74 |
| Males | 72 | 64 | 55 | 74 |
| Females | 71 | 66 | 59 | 74 |
| Kent | 71 | 62 | 55 | 79 |
| Males | 72 | 63 | 54 | 77 |
| Females | 71 | 61 | 57 | 80 |
| Sussex | 80 | 73 | 50 | 71 |
| Males | 82 | 71 | 49 | 71 |
| Females | 79 | 75 | 51 | 72 |

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## PERCEIVED STUDENT BEHAVIOR REPORTED BY 2005 DELAWARE EIGHTH GRADERS <br> (percentage responding "often" or "most of the time"")

|  | Students treat teachers with respect | Students at this school are wellbehaved in public (classes, assemblies, cafeterias) | Students are bullied by other students when teachers not around | Misbehavior of some kids at this school keeps teachers from teaching kids who want to learn |
| :---: | :---: | :---: | :---: | :---: |
| Statewide | 29 | 29 | 36 | 42 |
| Males | 32 | 30 | 36 | 42 |
| Females | 26 | 28 | 36 | 42 |
| New Castle | 27 | 27 | 36 | 42 |
| Males | 29 | 27 | 36 | 42 |
| Females | 26 | 26 | 35 | 42 |
| Kent | 28 | 28 | 38 | 43 |
| Males | 32 | 30 | 38 | 44 |
| Females | 25 | 25 | 39 | 42 |
| Sussex | 36 | 38 | 33 | 40 |
| Males | 42 | 39 | 31 | 40 |
| Females | 30 | 36 | 34 | 41 |

Note: ${ }^{\text {a }}$ Response categories were: most of the time
often
some of the time
not often
never
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## PERCEIVED STUDENT BEHAVIOR REPORTED BY 2005 DELAWARE ELEVENTH GRADERS <br> (percentage responding "often" or "most of the time"a)

|  | Students treat teachers with respect | Students at this school are wellbehaved in public (classes, assemblies, cafeterias) | Students are bullied by other students when teachers not around | Misbehavior of some kids at this school keeps teachers from teaching kids who want to learn |
| :---: | :---: | :---: | :---: | :---: |
| Statewide | 29 | 32 | 20 | 32 |
| Males | 32 | 33 | 18 | 30 |
| Females | 26 | 31 | 22 | 32 |
| New Castle | 29 | 32 | 20 | 32 |
| Males | 32 | 33 | 19 | 31 |
| Females | 25 | 31 | 21 | 32 |
| Kent | 30 | 31 | 19 | 31 |
| Males | 33 | 33 | 15 | 29 |
| Females | 27 | 30 | 23 | 33 |
| Sussex | 29 | 34 | 21 | 31 |
| Males | 29 | 35 | 19 | 30 |
| Females | 28 | 33 | 22 | 32 |

Note: ${ }^{\text {a }}$ Response categories were: most of the time
often
some of the time
not often
never
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
TRENDS IN PERCEPTIONS OF STUDENT BEHAVIOR AMONG DELAWARE FIFTH

TRENDS IN PERCEPTIONS OF STUDENT BEHAVIOR AMONG
DELAWARE EIGHTH GRADERS 1997-2005


TRENDS IN PERCEPTIONS OF STUDENT BEHAVIOR AMONG
DELAWARE ELEVENTH GRADERS 1997-2005

Source: 1997-2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
TRENDS IN PERCEPTIONS OF SCHOOL SAFETY AMONG
DELAWARE FIFTH GRADERS 1997-2005

TRENDS IN PERCEPTION OF SCHOOL SAFETY AMONG DELAWARE

TRENDS IN PERCEPTIONS OF SCHOOL SAFETY AMONG
DELAWARE ELEVENTH GRADERS 1997-2005

Source: 1997-2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.


PERCENT OF 2005 DELAWARE FIFTH GRADERS REPORTING
CURRENT PRESCRIBED RITALIN OR PSYCHOACTIVE MEDICATION USE
BY STATE AND COUNTY

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
Statewide
New Castle
Kent
Sussex

CURRENT
STATE AND
ING
r
O
RADERS R
H G
COUNTY

STATE AND



|  |
| :--- |
| $\square$ Total |
| $\square$ Male |
| $\square$ Female |


Sussex
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
PERCENT OF 2005 DELAWARE ELEVENTH GRADERS REPORTING CURRENT

PRESCRIBED RITALIN OR PSYCHOACTIVE MEDICATION USE BY STATE AND | $\square$ Total |
| :--- |
| $\square$ Male |
| $\square$ Female |


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Ritalin/Psychoactive Medication and Other Drug Use Among 2005Delaware Eighth Graders

The table on the right shows that approximately ten percent of Delaware eighth graders reported using Ritalin or other psychoactive medication during 2005. As shown in the table below, Delaware eighth graders who report using Ritalin or other psychoactive medication are more likely to have used alcohol, tobacco, or other illegal drugs during the previous month. The difference between Ritalin users and non-users is statistically significant ( $p<.01$ ).

Percent of 2005 Delaware Eighth Graders Who Use and Do Not Use Ritalin or Other Psychoactive Medication


Past Month Substance Abuse Among 2005 Delaware Eighth Graders Who Use and Do Not Use Ritilan or Other Psychoactive Medication


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Ritalin/Psychoactive Medication and Other Drug Use Among 2005 Delaware Eleventh Graders

The table on the right shows that approximately seven percent of Delaware eleventh graders reported using Ritalin or other psychoactive medication during 2005. As shown in the table below, Delaware eleventh graders who report using Ritalin or other psychoactive medication are more likely to have used alcohol, tobacco, or other illegal drugs in the past month. The difference between Ritalin users and nonusers is statistically significant ( $p<.01$ ).

Percent of Delaware Eleventh Graders Who Use and Do Not Use Ritalin or Other Psychoactive Medication


Past Month Substance Abuse Among 2005 Delaware Eleventh Graders Who Use and Do Not Use Ritalin or Other Psychoactive Medication


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
PERCENTAGE OF DELAWARE ELEVENTH GRADERS REPORTING WELLNESS


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## VI. Other Risk Behaviors and Consequences

Estimates by Gender and County of Lifetime, Past Year, and Past Month Riding in a Car with a Driver Who Has Been Drinking or Using Marijuana, 2005 8th and 11th Graders

Trends over Time in Report of Past Month Drinking and Driving and of Past Month Marijuana Use and Driving, 1989-2005 11th Graders

Estimates by Gender and County of Lifetime, Past Year, and Past Month Drinking and Driving and Marijuana Use and Driving, 2005 11th Graders

Past Month Drug Use in Relation to Past Year Report of Delinquent Behaviors, 2005 8th and 11th Graders

Estimates of Gambling in Relation to Drug Use, 2005 8th and 11th Graders

1995 AND 2005 DELAWARE EIGHTH GRADERS' REPORTS OF RIDING IN A CAR WITH A DRINKING DRIVER
(percentages)

|  | IN LIFETIME |  | $\stackrel{\text { IN }}{\text { PAST YEAR }}$ |  | $\begin{gathered} \text { IN } \\ \text { PAST MONTH } \end{gathered}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1995 | 2005 | 1995 | 2005 | 1995 | 2005 |
| Statewide | 43 | 39 | 28 | 23 | 15 | 12 |
| Males | 44 | 39 | 29 | 23 | 15 | 12 |
| Females | 42 | 40 | 26 | 23 | 15 | 11 |
| New Castle | 40 | 39 | 26 | 23 | 13 | 11 |
| Males | 39 | 39 | 25 | 23 | 11 | 11 |
| Females | 42 | 39 | 26 | 24 | 14 | 11 |
| Kent | 47 | 38 | 31 | 22 | 19 | 12 |
| Males | 56 | 38 | 42 | 22 | 24 | 12 |
| Females | 39 | 37 | 21 | 21 | 15 | 11 |
| Sussex | 46 | 41 | 31 | 24 | 18 | 12 |
| Males | 46 | 40 | 30 | 23 | 17 | 12 |
| Females | 47 | 43 | 32 | 25 | 19 | 13 |

Source: 1995, 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## 1995 AND 2005 DELAWARE EIGHTH GRADERS' REPORTS OF RIDING IN A CAR WITH A MARIJUANA USING DRIVER

(percentages)

|  | IN LIFETIME |  | $\begin{gathered} \text { IN } \\ \text { PAST YEAR } \end{gathered}$ |  | $\begin{gathered} \text { IN } \\ \text { PAST MONTH } \end{gathered}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1995 | 2005 | 1995 | 2005 | 1995 | 2005 |
| Statewide | 25 | 24 | 19 | 16 | 12 | 9 |
| Males | 25 | 23 | 20 | 15 | 13 | 9 |
| Females | 26 | 24 | 18 | 16 | 10 | 9 |
| New Castle | 25 | 24 | 18 | 15 | 10 | 9 |
| Males | 25 | 23 | 19 | 15 | 11 | 9 |
| Females | 26 | 24 | 18 | 15 | 10 | 9 |
| Kent | 20 | 21 | 14 | 14 | 11 | 8 |
| Males | 25 | 22 | 20 | 14 | 14 | 9 |
| Females | 16 | 20 | 10 | 14 | 8 | 8 |
| Sussex | 30 | 26 | 24 | 18 | 15 | 10 |
| Males | 26 | 25 | 21 | 17 | 15 | 10 |
| Females | 35 | 27 | 26 | 18 | 15 | 10 |

Source: 1995, 2005 Delaware School Survey, Center for Drug Alcohol, University of Delaware.

1995 AND 2005 DELAWARE ELEVENTH GRADERS' REPORTS OF RIDING IN A CAR WITH A DRINKING DRIVER
(percentages)

|  | IN LIFETIME |  | $\stackrel{\text { IN }}{\text { PAST YEAR }}$ |  | $\begin{gathered} \text { IN } \\ \text { PAST MONTH } \end{gathered}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1995 | 2005 | 1995 | 2005 | 1995 | 2005 |
| Statewide | 43 | 44 | 30 | 27 | 14 | 10 |
| Males | 43 | 42 | 30 | 27 | 16 | 12 |
| Females | 43 | 44 | 30 | 27 | 12 | 8 |
| New Castle | 38 | 41 | 25 | 25 | 10 | 9 |
| Males | 37 | 40 | 25 | 25 | 12 | 10 |
| Females | 38 | 42 | 25 | 25 | 9 | 8 |
| Kent | 50 | 46 | 38 | 29 | 20 | 11 |
| Males | 50 | 46 | 36 | 30 | 20 | 15 |
| Females | 50 | 47 | 39 | 29 | 19 | 8 |
| Sussex | 49 | 47 | 35 | 30 | 16 | 11 |
| Males | 52 | 46 | 40 | 30 | 21 | 12 |
| Females | 46 | 47 | 31 | 28 | 13 | 9 |

Source: 1995, 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

1995 AND 2005 DELAWARE ELEVENTH GRADERS' REPORTS OF RIDING IN A CAR WITH A MARIJUANA USING DRIVER
(percentages)

|  | IN |  | IN |  | IN |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| LIFETIME | PAST YEAR |  | PAST MONTH |  |  |  |
|  | $\mathbf{1 9 9 5}$ | $\mathbf{2 0 0 5}$ | $\mathbf{1 9 9 5}$ | $\mathbf{2 0 0 5}$ | $\mathbf{1 9 9 5}$ | $\mathbf{2 0 0 5}$ |
| Statewide | 40 | 43 | 33 | 30 | 19 | 16 |
| Males | 46 | 44 | 37 | 32 | 24 | 19 |
| $\underline{\text { Females }}$ | 36 | 41 | 30 | 28 | 15 | 13 |
| New Castle | 42 | 43 | 35 | 30 | 20 | 16 |
| $\underline{\text { Males }}$ | 47 | 33 | 39 | 19 | 25 | 31 |
| $\underline{\text { Females }}$ | 38 | 43 | 32 | 29 | 15 | 14 |
| Kent | 41 | 40 | 33 | 28 | 20 | 14 |
| Males | 43 | 44 | 34 | 32 | 25 | 18 |
| Females | 39 | 36 | 32 | 25 | 18 | 11 |
| $\underline{\text { Sussex }}$ | 35 | 46 | 26 | 33 | 14 | 19 |
| $\underline{\text { Males }}$ | 44 | 47 | 33 | 36 | 20 | 23 |
| $\underline{\text { Females }}$ | 29 | 44 | 22 | 30 | 10 | 14 |

Source: 1995, 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
TRENDS IN DELAWARE ELEVENTH GRADERS' REPORT OF DRINKING AND
DRIVING AND REPORT OF SMOKING MARIJUANA AND DRIVING*, 1990-2005


1995 AND 2005 DELAWARE ELEVENTH GRADERS' REPORT OF DRINKING AND DRIVING
(percentages)

|  | IN <br> LIFETIME |  | $\begin{gathered} \text { IN } \\ \text { PAST YEAR } \end{gathered}$ |  | $\begin{gathered} \text { IN } \\ \text { PAST MONTH } \end{gathered}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1995 | 2005 | 1995 | 2005 | 1995 | 2005 |
| Statewide | 28 | 19 | 22 | 13 | 11 | 6 |
| Males | 34 | 22 | 28 | 16 | 14 | 7 |
| Females | 24 | 16 | 18 | 10 | 9 | 4 |
| New Castle | 26 | 16 | 20 | 11 | 10 | 4 |
| Males | 32 | 18 | 25 | 14 | 12 | 6 |
| Females | 22 | 14 | 17 | 9 | 9 | 3 |
| Kent | 32 | 22 | 27 | 15 | 16 | 8 |
| Males | 34 | 25 | 32 | 19 | 19 | 10 |
| Females | 31 | 19 | 24 | 12 | 13 | 6 |
| Sussex | 28 | 24 | 21 | 18 | 10 | 6 |
| Males | 42 | 29 | 31 | 22 | 14 | 8 |
| Females | 19 | 20 | 15 | 13 | 6 | 4 |

Source: 1995, 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

1995 AND 2005 DELAWARE ELEVENTH GRADERS' REPORT OF SMOKING MARIJUANA AND DRIVING
(percentages)

|  | IN LIFETIME |  | $\begin{gathered} \text { IN } \\ \text { PAST YEAR } \end{gathered}$ |  | $\begin{gathered} \text { IN } \\ \text { PAST MONTH } \end{gathered}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1995 | 2005 | 1995 | 2005 | 1995 | 2005 |
| Statewide | 20 | 15 | 16 | 11 | 8 | 6 |
| Males | 26 | 18 | 22 | 14 | 12 | 9 |
| Females | 16 | 11 | 12 | 8 | 5 | 3 |
| New Castle | 23 | 14 | 18 | 10 | 8 | 5 |
| Males | 30 | 17 | 24 | 14 | 12 | 8 |
| Females | 18 | 11 | 13 | 7 | 6 | 3 |
| Kent | 21 | 15 | 17 | 11 | 10 | 6 |
| Males | 24 | 19 | 21 | 14 | 16 | 9 |
| Females | 20 | 12 | 14 | 8 | 5 | 4 |
| Sussex | 12 | 18 | 9 | 14 | 6 | 8 |
| Males | 18 | 22 | 16 | 18 | 10 | 11 |
| Females | 9 | 13 | 5 | 9 | 3 | 4 |

Source: 1995, 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
2005 DELAWARE ELEVENTH GRADERS
WHO REPORT DRINKING AND DRIVING

| $\square$ Total |
| :--- |
| $\square$ Males |
| $\square$ Females |


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
2005 DELAWARE ELEVENTH GRADERS
WHO REPORT MARIJUANA USE AND DRIVING

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

Past Year Past Month
2005 DELAWARE ELEVENTH GRADERS
WHO REPORT PAST YEAR SUBSTANCE USE AND

| $\begin{aligned} & \overline{0} \\ & \frac{\bar{O}}{0} \\ & \frac{0}{4} \end{aligned}$ |  |
| :---: | :---: |


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
PAST YEAR DELINQUENT BEHAVIOR REPORTED BY
2005 DELAWARE EIGHTH AND ELEVENTH GRADERS

Note: *New 2003 Vandalism Measure Included.
** Wording for skip school measure altered in 2005

nolamaro
PAST MONTH CIGARETTE USE AMONG 2005 DELAWARE EIGHTH GRADERS BY PAST YEAR



Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.




Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
PAST MONTH ALCOHOL USE AMONG 2005 DELAWARE ELEVENTH GRADERS BY PAST

Source: 2005 Delaware School Survey,Center for Drug and Alcohol Studies, University of Delaware.

Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

GAMBLING ${ }^{\text {a }}$ AMONG 2005 DELAWARE EIGHTH GRADERS
(percentages)

|  | Lifetime | Past Year | Past Month | Weekly |
| :--- | :---: | :---: | :---: | :---: |
| Statewide | 45 | 29 | 11 | 5 |
| $\underline{\text { Males }}$ | 57 | 40 | 17 | 8 |
| $\underline{\text { Females }}$ | 34 | 19 | 6 | 2 |
| New Castle | 46 | 31 | 12 | 5 |
| $\underline{\text { Males }}$ | 59 | 42 | 18 | 8 |
| $\underline{\text { Females }}$ | 34 | 19 | 6 | 2 |
| $\frac{\text { Kent }}{\text { Males }}$ | 43 | 27 | 11 | 5 |
| Females | 34 | 35 | 17 | 7 |
| $\underline{\text { Sussex }}$ | 43 | 28 | 5 | 2 |
| $\underline{\text { Males }}$ | 53 | 38 | 15 | 5 |
| $\underline{\text { Females }}$ | 34 | 19 | 5 | 3 |

Note: $\quad$ aambling Defined as reporting how often student gambled (bet) for money or possessions. Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## GAMBLING AMONG 2005 DELAWARE ELEVENTH GRADERS

(percentages)

|  | Lifetime | Past Year | Past Month | Weekly |
| :---: | :---: | :---: | :---: | :---: |
| Statewide | 50 | 31 | 12 | 5 |
| Males | 64 | 48 | 21 | 9 |
| Females | 32 | 15 | 3 | 1 |
| New Castle | 49 | 32 | 13 | 5 |
| Males | 65 | 49 | 23 | 9 |
| Females | 33 | 16 | 4 | 1 |
| Kent | 46 | 28 | 10 | 4 |
| Males | 64 | 45 | 18 | 8 |
| Females | 30 | 13 | 3 | 1 |
| Sussex | 47 | 30 | 12 | 5 |
| Males | 63 | 48 | 21 | 9 |
| Females | 30 | 13 | 2 | - |

Note: (-) indicates less than one-half of one percent.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Gambling And Drug Abuse Among 2005 Delaware Eighth Graders

The table on the right shows that eleven percent of Delaware eighth graders report past month gambling. The table below shows that Delaware eighth graders who reported gambling in the past month are more likely to be past month substance abusers. The differences between gamblers and non-gamblers are statistically significant ( $p<.01$ ) for all substance abuse measures.

Percent of 2005 Delaware Eighth Graders Who Report Past Month Gambling


## Past Month Substance Abuse Among 2005 Delaware Eighth Graders Who Do and Do Not Gamble Regularly



Source: 2005 Delaware School Survey, Center for Drug and Alcohol studies, University of Delaware.

## Gambling and Drug Abuse Among 2005 Delaware Eleventh Graders

The table on the right shows that twelve percent of Delaware eleventh graders report past month gambling. The table below shows that Delaware eleventh graders who reported gambling in the past month are more likely to be past month substance abusers. The differences between gamblers and nongamblers are statistically significant ( $p<.01$ ) for all substance abuse measures except past month cigarette use.

Percent of 2005 Delaware Eleventh
Graders Who Report Past Month
Gambling


Past Month Substance Abuse Among 2005 Delaware Eleventh Graders Who Do and Do Not Gamble Regularly


Source: 2005 Delaware School Survey, Center for Drug and Alcohol studies, University of Delaware.

# VII. Parental Involvement and Students' Substance Use 

> Get Along with Parents, Argue with Parents, Talk to Parents, Parents Volunteer at School, and Students' Drug Use

## Household Members' Smoking and Students' Drug Use

## Past Month Substance Abuse Among 2005 Delaware Fifth Graders by Getting Along With Parents

The table on the right shows that ninety-six percent of 2005 Delaware Fifth graders report getting along with their parents. The table below shows that those who report getting along with their parents use substances less than those who report not getting along with their parents. The differences are significant ( $p<.01$ ) for all substance abuse measures.

Percent of 2005 Delaware Fifth Graders Who Get Along Well With Parents


Do Not Get Along

Past Month Substance Abuse Among 2005 Delaware Fifth Graders Reporting Getting Along Well With Parents


Note: *Less than one percent.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Past Month Substance Abuse Among 2005 Delaware Eighth Graders by Getting Along With Parents

The table on the right shows how often 2005 Delaware eighth graders report getting along well with parents. As shown in the table below, the more eighth graders report getting along well with parents, the less likely they are to use substances. The differences are significant ( $p<$ .01) for all substance use measures.

## How Often 2005 Delaware Eighth Graders Get Along Well With Parents



Past Month Substance Abuse Among 2005 Delaware Eighth Graders by Getting Along Well With Parents


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Past Month Substance Abuse Among 2005 Delaware Eighth Graders by Fighting/Arguing With Parents

How Often 2005 Delaware Eighth Graders Argue or Fight With Parents

The table on the right shows how often 2005 Delaware eighth graders report arguing or fighting with parents. The table below shows that those Eighth graders who argue with parents the least are less likely to report past month substance use. The differences are statistically significant ( $p<.01$ ) for all substance use measures.


Past Month Substance Abuse Among 2005 Delaware Eighth Graders by Arguing or Fighting With Parents


Source: University of Delaware Survey, 2003
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Past Month Substance Abuse Among 2005 Delaware Eighth Graders by Talking With Parents About School

The table on the right shows how often 2005 Delaware eighth graders report talking with their parents about school. The table below shows that those who report talking with parents about school the most use substances the least. The differences are statistically significant for all substance abuse measures (p < .01).

How Often 2005 Delaware Eighth Graders Talk With Parents About School


Past Month Substance Abuse Among 2005 Delaware Eighth Graders by Talking With Parent About School


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Past Month Substance Abuse Among 2005 Delaware Eighth Graders by Talking With Parents About Future Plans

The table on the right shows how often 2005 Delaware eighth graders report talking with their parents about future plans. The table below shows that those who report talking with parents about future plans the most use substances the least. The differences are statistically significant ( $p<.01$ ) for each substance abuse measure.

How Often 2005 Delaware Eighth Graders Talk With Parents About Future Plans


Past Month Substance Abuse Among 2005 Delaware Eighth Graders by Talking With Parents About Future Plans


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

# Past Month Substance Abuse Among 2005 Delaware Eighth Graders Reporting Parents Know Where They Are When Not In School 

The table on the right shows that eighty-four percent of 2005 Delaware eighth graders report that their parents know where they are most of the time or often when they are not in school. The table below reveals an increase in reports of past month substance use as students report less parental supervision. The steady increase in substance use is statistically significant ( $p<.001$ ) for each substance abuse measure.


Past Month Substance Abuse Among 2005 Delaware Eighth Graders Reporting Parents Know Where They Are They Are When They Are Not In School


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

# Past Month Substance Abuse Among 2005 Delaware Eleventh Graders Reporting Parents Know Where They Are When Not In School 

Percent of 2005 Delaw are Eleventh
Graders Reporting Parents Know Where They Are When Not In School

The table on the right shows that seventy-eight percent of 2005 Delaware eleventh graders report that their parents know where they are most of the time or often when they are not in school. The table below reveals the increase in reports of past month substance use as students report less parental supervision. The steady increase in substance use is statistically significant ( $p<.001$ ) for each substance abuse measure.


Past Month Substance Abuse Among 2005 Delaware Eighth Graders Reporting Parents Know Where They Are They Are When They Are Not In School


## Getting Along With Parents and Drug Use Among 2005 Delaware Eleventh Graders

The table on the right shows how often 2005 Delaware eleventh graders report getting along well with parents. The table below shows that the more eleventh graders report getting along well with parents, the less likely they are to use substances. The differences are significant ( $p<.01$ ) for all substance use measures.

How Often 2005 Delaware Eleventh Graders Get Along Well With Parents


Past Month Substance Abuse Among 2005 Delaware Eleventh Graders by Getting Along Well With Parents $\quad \square$ Never/Not Often


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Substance Abuse Among 2005 Delaware Eleventh Graders by Fighting/Arguing With Parents

The table on the right shows how often 2005 Delaware eleventh graders report arguing or fighting with parents. The table below shows that those who argue with parents the least are less likely to report past month substance use. The differences are statistically significant ( $p$ <.01) for all substance use measures.

How Often 2005 Delaware Eleventh Graders Argue or Fight With Parents


## Past Month Substance Abuse Among 2005 Delaware Eleventh Graders

 by Arguing or Fighting With ParentsFew Times in Past Year - 1 to 8 Times a Month $\square$ Almost Everyday


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Past Month Substance Abuse Among 2005 Delaware Eleventh Graders by Talking With Parents About School

## How Often 2005 Delaware Eleventh Graders Talk With Parents About School

The table on the right shows how often 2005 Delaware eleventh graders report talking with their parents about school. The table below shows that those who report talking with parents about school the most use substances the least. The differences are statistically significant for all substance abuse measures ( $p<.01$ ).


Past Month Substance Abuse Among 2005 Delaware Eleventh Graders by Talking With Parents About School


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Past Month Substance Abuse Among 2005 Delaware Eleventh Graders By Talking With Parents About Future Plans



Past Month Substance Abuse Among 2005 Delaware Eleventh Graders by Talking With Parents About Future Plans


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## Past Month Substance Abuse Among 2005 Delaware Eleventh

The table on the right shows that Ninety-five percent of 2005 Delaware eleventh graders report that their parents know where they are most/often to most of the time when they are not in school. The table below shows students whose parents know where they are when not in school are significantly ( $p<.01$ ) less likely to be past month cigarette, marijuana, or other illegal drug users.

Percent of 2005 Delaw are Eleventh Graders Reporting Parents Voluntereat School


Past Month Substance Abuse Among 2005 Delaware Eleventh Graders Reporting Parents Who Know Where They Are When Not In School


Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

PAST MONTH SUBSTANCE USE AMONG 2005 DELAWARE EIGHTH GRADERS BY HOUSEHOLD MEMBERS WHO SMOKE
(percentages)

|  | Who In Your Household Smokes? ${ }^{\text {a }}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { Parent } \\ \mathrm{n}=2951(38 \%) \end{gathered}$ | $\begin{gathered} \text { Sibling } \\ \mathrm{n}=801(10 \%) \end{gathered}$ | $\begin{gathered} \text { Other } \\ \mathrm{n}=656(8 \%) \end{gathered}$ | $\begin{gathered} \text { No One } \\ \mathrm{N}=4101(52 \%) \end{gathered}$ |
| Past Month Cigarette Use |  |  |  |  |
| Yes | 16 | 27 | 23 | 5 |
| No | 84 | 73 | 77 | 95 |
| Past Month Alcohol Use |  |  |  |  |
| Yes | 30 | 40 | 37 | 16 |
| No | 70 | 60 | 63 | 84 |
| Past Month Marijuana Use |  |  |  |  |
| Yes | 18 | 28 | 24 | 8 |
| No | 82 | 72 | 76 | 92 |

Note: ${ }^{\text {a }}$ Categories of household members who smoke are not mutually exclusive.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

## PAST MONTH SUBSTANCE USE AMONG 2005 DELAWARE ELEVENTH GRADERS BY HOUSEHOLD MEMBERS WHO SMOKE

(percentages)

|  | Who In Your Household Smokes? ${ }^{\text {a }}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { Parent } \\ \mathrm{n}=1866(36 \%) \end{gathered}$ | $\begin{gathered} \text { Sibling } \\ \mathrm{n}=546(10 \%) \end{gathered}$ | $\begin{gathered} \text { Other } \\ \mathrm{n}=330(6 \%) \end{gathered}$ | No One $\mathrm{n}=2906$ (56\%) |
| Past Month Cigarette Use |  |  |  |  |
| Yes | 23 | 33 | 34 | 10 |
| No | 77 | 67 | 66 | 90 |
| Past Month Alcohol Use |  |  |  |  |
| Yes | 47 | 56 | 49 | 33 |
| No | 53 | 44 | 51 | 67 |
| Past Month Marijuana Use |  |  |  |  |
| Yes | 29 | 40 | 30 | 17 |
| No | 71 | 60 | 70 | 83 |

Note: ${ }^{\text {a }}$ Categories of household members who smoke are not mutually exclusive.
Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

# VIII. How Does the Data for Delaware Compare With What is Happening Regionally and Nationally? 

COMPARISON OF RECENT NATIONAL AND DELAWARE ESTIMATES
OR CIGARETTES, ALCOHOL, AND MARIJUANA AMONG MIDDLE SCHOOL STUDENTS

|  | CIGARETTES |  | ALCOHOL |  | MARIJUANA |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\frac{\text { Past }}{\text { Year }^{*}}$ | Past Month | $\frac{\text { Past }}{\text { Year }^{*}}$ | Past <br> Month | $\frac{\text { Past }}{\text { Year }^{*}}$ | Past Month |
| $20058^{\text {th }}$ Grade MTF | * | 9 | 34 | 17 | 12 | 6 |
| $20038^{\text {th }}$ Grade New Jersey | 11 | 6 | 38 | 18 | 6 | 4 |
| $20048^{\text {th }}$ Grade Maryland | 10 | 6 | 27 | 16 | 10 | 6 |
| $20038^{\text {th }}$ Grade Pennsylvania | * | 11 | * | 17 | * | 5 |
| $20048^{\text {th }}$ Grade Delaware | 19 | 12 | 44 | 24 | 21 | 13 |
| $20058^{\text {th }}$ Grade Delaware | 17 | 10 | 43 | 23 | 20 | 12 |

[^9]Source: 2005 Monitoring the Future Study (MTF), University of Michigan; 2003 New Jersey Communities That Care Youth Survey, Department of Human Services; 2004 Maryland Adolescent Survey University of Maryland; 2003 Pennsylvania Youth Survey, Channing Bete Company, Inc.; 2004, 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
COMPARISON OF RECENT NATIONAL AND DELAWARE ESTIMATES
OR CIGARETTES, ALCOHOL, AND MARIJUANA AMONG HIGH SCHOOL STUDENTS
(Percentages)

|  | CIGARETTES |  | ALCOHOL |  | MARIJUANA |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\frac{\text { Past }}{\text { Year }^{*}}$ | Past <br> Month | $\frac{\text { Past }}{\text { Year }^{*}}$ | Past Month | $\frac{\text { Past }}{\text { Year }}$ | Past <br> Month |
| 2005 12 ${ }^{\text {th }}$ Grade MTF | * | 23 | 69 | 47 | 34 | 20 |
| $20039^{\text {th }}-12^{\text {th }}$ Grade YRBSNational | * | 22 | * | 45 | * | 22 |
| $20039^{\text {th }}-12^{\text {th }}$ Grade New Jersey | * | 21 | * | 45 | * | 19 |
| 2004 12 ${ }^{\text {th }}$ Grade Maryland | 27 | 20 | 63 | 44 | 35 | 22 |
| 2003 12 ${ }^{\text {th }}$ Grade Pennsylvania | * | 26 | * | 49 | * | 21 |
| 2004 11 ${ }^{\text {th }}$ Grade Delaware | 27 | 18 | 68 | 43 | 38 | 23 |
| 2005 11 ${ }^{\text {th }}$ Grade Delaware | 25 | 16 | 66 | 40 | 37 | 23 |
| $20059^{\text {th }}-12^{\text {th }}$ Grade YRBSDelaware | * | 24 | * | 46 | * | 25 |

Note: *Indicates that no estimate is available. ind Polling: 2004 Maryland Adolescent Survey, University of Maryland; 2003 Pennsylvania Youth Survey Changing Bete Company, Inc; 2004, 2005 Delaware Students Survey, Center for Drug and Alcohol Studies, University of Delaware.


[^0]:    Source: Data/Base Diagnostics Plus (1989-1993); Department of Public Instruction, 1994; 1995-2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.
    

[^1]:    Note: (-) indicates less than one-half of one percent.
    Note. áll includes smokes
    Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

[^2]:    Note：$\quad{ }^{\text {a }}$ Heavy Use indicates more than six times in the past month．
    Source： 2005 Delaware School Survey，Center for Drug and Alcohol Studies，University of Delaware．

[^3]:    Note：（－）indicates less than one－half of one percent．
    a Includes OxyContin，Codeine，Percocet，and Tylenol 3 ＂to get high．＂ ${ }^{\text {b }}$ Includes Ritalin，Adderall，Cylert，and Concerta＂to get high．＂

    Source： 2005 Delaware School Survey，Center for Drug and Alcohol Studies，University of Delaware．

[^4]:    Note: (-) indicates less than one-half of one percent.

[^5]:    Note: ${ }^{\mathrm{a}}$ Binge use is defined as three drinks at a time in the last two weeks.
    Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

[^6]:    Note: (-) Indicates less than one-half of one percent.
    ${ }^{\text {a }}$ Includes OxyContin, Codeine, Percocet, and Tylenol 3 "to get high."
    ${ }^{\text {b }}$ Includes Ritalin, Adderall, Cylert, and Concerta "to get high."
    Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

[^7]:    Note: *Twenty-six percent ( $n=1,927$ ) of $8^{\text {th }}$ graders report having ever used marijuana.
    Source: 2005 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

[^8]:    ＊Forty－seven percent（ $n=2,398$ ）of $11^{\text {th }}$ graders report having ever used marijuana．
    Source： 2005 Delaware School Survey，Center for Drug and Alcohol Studies，University of Delaware．

[^9]:    Note: * Indicates that no estimate is available.

