Alcohol, Tobacco & Other Drug Abuse Among Delaware Students 2009

FINAL REPORT To:

The Delaware Health Fund Advisory Committee and The Division of Substance Abuse and Mental Health, Department of Health and Social Services

October, 2009

Prepared by the Center for Drug & Alcohol Studies
University of Delaware

KEY STAFF ON THE 2009 DELAWARE SCHOOL SURVEY

JULIE ALICINO
NICK BAKKEN
RUTH BILBROUGH
JUDI BUCHANAN
ROBERTA GEALT
WHITNEY GUNTER
DEBORAH HARRINGTON
LINDA HUDSON
STEVE MARTIN
DIANE MURRAY
DAN O'CONNELL
RICHARD SACHER
CHRISTY VISHER
KATHY WARE

AND A CAST OF 20-30 OTHERS WHO PITCHED IN TO GO TO SCHOOLS

Center for Drug and Alcohol Studies
University of Delaware
Newark, DE 19716-2582
(Address all inquiries to Steven S. Martin)

This Study was supported by Delaware Health and Social Services, Division of Substance Abuse and Mental Health, through the Substance Abuse Prevention and Treatment Block Grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services. The Study also received substantial and critical support from the Delaware Legislature through the Delaware Health Fund. We wish to thank the members of the Delaware Health Fund Advisory Committee for their assistance. We also want to thank the Delaware Department of Education and the Delaware Drug Free School Coordinators in each school district for their help in conducting the study. The cooperation of all of the participating schools, teachers, and students is greatly appreciated and gratefully acknowledged. We would also like to thank Deborah Flad, webmaster for DSCYF, for her expert help in making the electronic versions of these reports available.

SAMPLE DESCRIPTION -- DELAWARE SCHOOL SURVEY

	FIFTH GRADE	EIGHTH GRADE	ELEVENTH GRADE
	(N= 8006)	(N= 6030)	(N= 5414)
GENDER (%)			
Males	51	50	47
Females	49	50	53
ETHNICITY (%)			
White Non-Hispanic	42	47	53
Black Non-Hispanic	27	27	27
Hispanic/Latino	15	15	10
Other	16	11	9
COUNTY (Ns)			
New Castle	4754	3889	3330
Kent	1915	1054	1205
Sussex	1337	1087	879

The survey included the Census version of race/ethnicity. In this format, race, and whether students consider themselves Hispanic are asked in two separate questions. Some students who would have previously identified themselves as white, African-American or "other" are now identified as Hispanics.

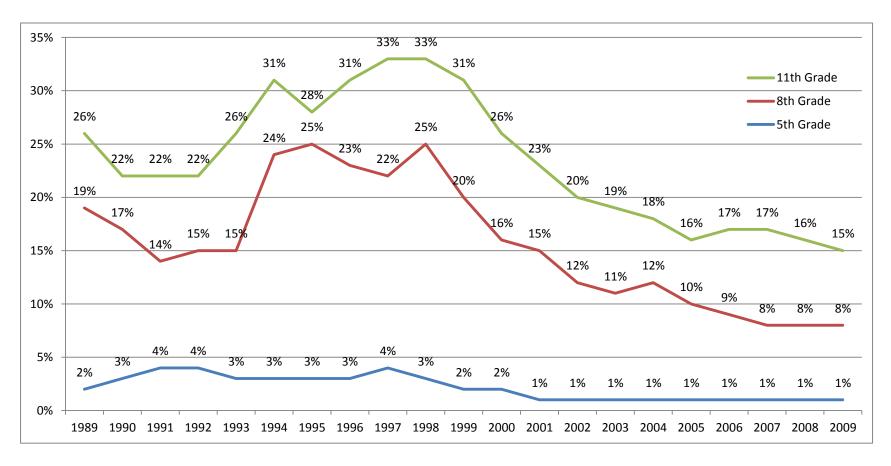
II. Trends in Monthly or Regular Drug Use in Delaware, 1989-Present

Cigarette, Alcohol, and Marijuana Use Among 5th, 8th, 11th Graders

Inhalant, Hallucinogen, Stimulant, Cocaine, Heroin, Ecstasy, and Prescription Drug Use Among 8th Graders

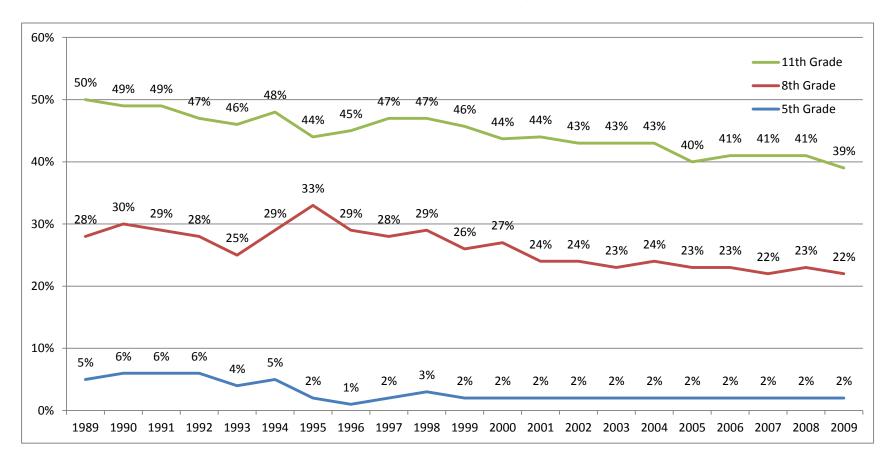
Inhalant, Hallucinogen, Stimulant, Cocaine, Heroin, Ecstasy, and Prescription Drug Use Among 11th Graders

TRENDS IN DELAWARE STUDENTS' CIGARETTE USE BY GRADE SELF-REPORTED REGULAR USE, 1989 - Present



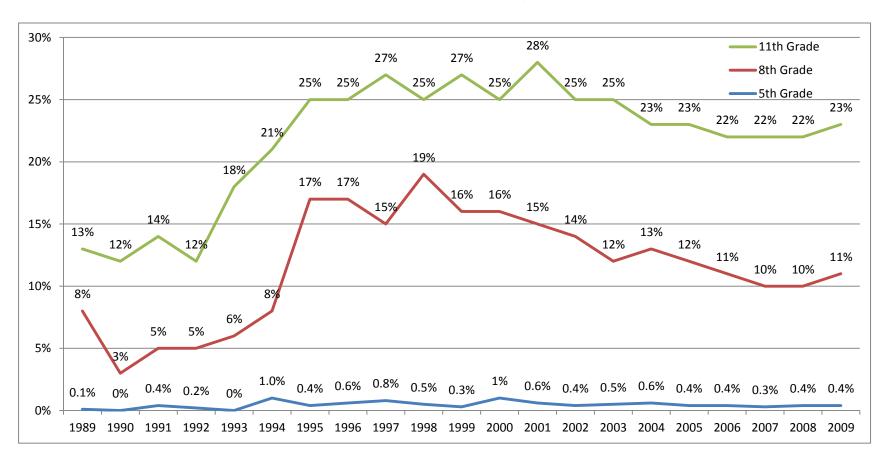
Regular use is defined as reports of about once a month or more often; see note, page 20.

TRENDS IN DELAWARE STUDENTS' ALCOHOL USE BY GRADE SELF-REPORTED REGULAR USE, 1989 - Present



Regular use is defined as reports of about once a month or more often; see note, page 20.

TRENDS IN DELAWARE STUDENTS' MARIJUANA USE BY GRADE SELF-REPORTED REGULAR USE, 1989 - Present



Regular use is defined as reports of about once a month or more often; see note, page 20.

TRENDS IN MONTHLY USE OF OTHER ILLEGAL DRUGS AMONG DELAWARE EIGHTH GRADERS 1989-Present (Percentages)

DRUG																					
	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009
Inhalants ^d	2	2	2	1	2	2	9	6	9	8	5	6	5	5	6	6	2	2	2	2	1
Hallucinogens	1	-	1	1	1	1	2	2	1	1	2	2	1	1	1	-	-	-	-	1	ı
Stimulants	4	2	2	2	2	2	2	1	2	2	2	2	1	1	1	1	1	-	-	-	ī
Cocaine	1	-	1	-	-	1	1	-	1	1	1	1	-	1	1	-	-	-	-	1	ı
Heroin ^a	na	1	1	-	1	-	1	-	-	-	-	-	-	1							
Designer Drugs/ Ecstasy ^{ab}	na	na	na	na	na	na	-	1	1	ı	-	1	1	-	-	-	ı	ı	-	-	-
Ritalin ^{ac}	na	2	1	1	1	1	1	1	1	1											
Painkillers ^{ac}	na	3	2	3	2	3	2	2	2												

Note: (-) indicates less than one-half of one percent.

^a(na) indicates question was not asked that year.

^b Through 1999, the question asked about "designer drugs (XTC, Special K & Roche)". From 2000 on, the question asked explicitly about ecstasy.

^cRitalin question added 2001. Painkillers question added 2002.

^dInhalant guestion altered in 2005 and 2006.

TRENDS IN MONTHLY USE OF OTHER ILLEGAL DRUGS AMONG DELAWARE EIGHTH GRADERS 1989-Present (Percentages)

DRUG																					
	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009
Inhalants ^d	3	2	1	2	1	4	2	3	3	2	3	3	3	2	2	2	1	1	-	1	-
Hallucinogens	2	1	3	2	3	4	3	3	3	3	2	2	2	1	-	-	1	1	1	ı	-
Stimulants	3	2	3	3	3	4	2	2	4	3	2	3	2	1	2	1	1	1	١	ı	1
Cocaine	3	2	1	1	-	1	1	2	2	2	1	1	1	-	1	-	1	1	1	1	1
Heroin ^a	1	-	1	-	-	na	1	1	1	1	-	ı	ı	-	-	-	-	-	-	ı	-
Designer Drugs/ Ecstasy ^{ab}	na	na	na	na	na	na	1	1	1	1	1	3	2	1	-	-	-	-	-	ı	-
Ritalin ^{ac}	na	2	2	3	2	2	2	2	2	2											
Painkillers ^{ac}	na	4	4	4	4	4	4	4	4												

Note: (-) indicates less than one-half of one percent.

^a(na) indicates question was not asked that year.

^b Through 1999, the question asked about "designer drugs (XTC, Special K & Roche)". From 2000 on, the question asked explicitly about ecstasy.

^cRitalin question added 2001. Painkillers question added 2002.

^dInhalant question altered in 2005 and 2006.

Important Footnote to the Trend Graphs and Tables of Delaware Students' Report of Monthly or Regular Use:

⇒ The data from the 1989 - 1994 PAUS Survey, administered for the Delaware Department of Public Instruction (DPI), come from responses to the questions: "How often do you usually use (or have ever used) each of:

Cigarettes

Alcohol (beer, wine, liquor, coolers)

Marijuana (grass, pot, hash, weed)"

With response categories: (never), (once or twice before but not again), (about once or twice a year), (about once or twice a month), (about once or twice a week), and (almost every day). Responses of (about once or twice a month) or more often are considered monthly or regular use.

⇒ The data from the 1995 - 2009 University of Delaware Surveys for 5th graders come from responses to a question similar to that used in the PAUS survey. The data for 8th and 11th graders are different. They come from the questions used in the national Monitoring the Future Surveys (MTF): "In the past month,

how many cigarettes have you smoked

how many times have you had a drink (not just a few sips) of alcohol (beer, wine, liquor, mixed drinks)

how many times have you smoked marijuana (grass, pot, hash, weed)

⇒ Responses of one full cigarette and one time or more are coded as regular use.

In both the PAUS and UD surveys, any student who reports use of a fictitious drug (in 2009 "dactyls") is excluded from the analysis.

Nationally, use of marijuana by youth escalated dramatically between 1993 and 1995. It increased even more dramatically in Delaware; however, the change in wording after 1995 may explain part of the increase in drug use shown in the figures from 1994 to 1995. This is particularly true for the 8th graders, if one assumes that past month use may be experimental and not indicative of what one "usually uses." This means the 1995-2009 question may be measuring past month use rather than past month regular use. And the Delaware estimates for 1989-1994 may actually underestimate past month use, as measured in the national MTF and National Household surveys. The question format has been consistent since 1995.

III. For Each of 5th, 8th, and 11th Graders:

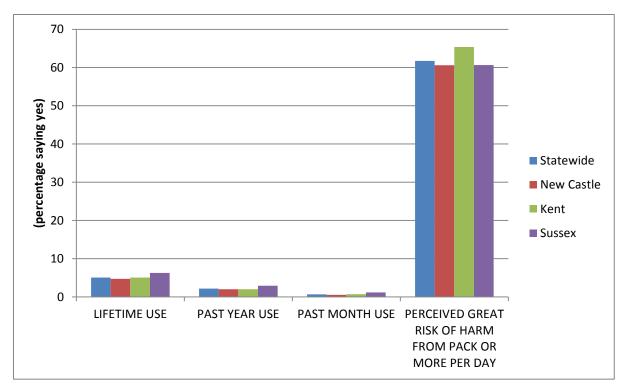
Estimates by Gender and County of Lifetime, Past Year, Past Month, and Recent Heavy Use of Tobacco, Alcohol, Inhalants, and Marijuana and Estimates of Perceived Harmfulness of Each Substance

Estimates by Gender and County of Use of Other Illegal Drugs

Relationship of Past Month Cigarette Use with Past Month Use of Other Drugs

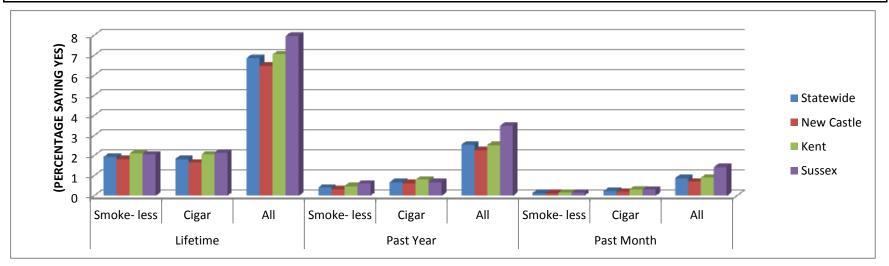
CIGARETTE USE AMONG DELAWARE FIFTH GRADERS

	LIFETIME USE	PAST YEAR USE	PAST MONTH USE	PERCEIVED GREAT RISK OF HARM FROM PACK OR MORE PER DAY
<u>Statewide</u>	5	2	1	62
<u>Males</u>	6	3	1	60
<u>Females</u>	4	2	1	63
New Castle	5	2	1	61
<u>Males</u>	5	2	1	59
<u>Females</u>	4	2	0	62
<u>Kent</u>	5	2	1	65
<u>Males</u>	6	2	1	65
<u>Females</u>	5	2	1	66
Sussex	6	3	1	61
<u>Males</u>	9	4	1	58
<u>Females</u>	4	2	1	63



OTHER TOBACCO USE AMONG DELAWARE FIFTH GRADERS

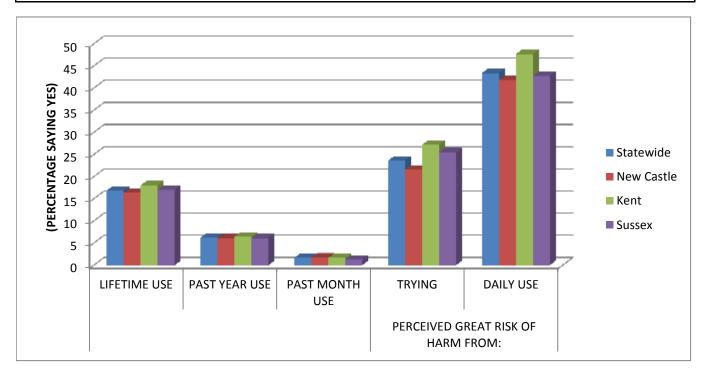
		Lifetime			Past Year			Past Month	
	Smoke- less	Cigar	All	Smoke- less	Cigar	All	Smoke- less	Cigar	All
<u>Statewide</u>	2	2	7	0	1	3	0	0	1
<u>Males</u>	3	2	8	1	1	3	0	0	1
<u>Females</u>	1	1	5	0	0	2	0	0	1
New Castle	2	2	6	0	1	2	0	0	1
<u>Males</u>	2	2	8	0	1	3	0	0	1
<u>Females</u>	1	1	5	0	0	2	0	0	1
<u>Kent</u>	2	2	7	0	1	3	0	0	1
<u>Males</u>	3	3	8	1	1	3	0	1	1
<u>Females</u>	2	1	6	0	0	2	0	0	1
Sussex	2	2	8	1	1	3	0	0	1
<u>Males</u>	3	3	11	1	1	5	0	0	2
<u>Females</u>	1	1	5	0	0	2	0	0	1



[&]quot;All" includes smokeless tobacco, cigars, and cigarettes.

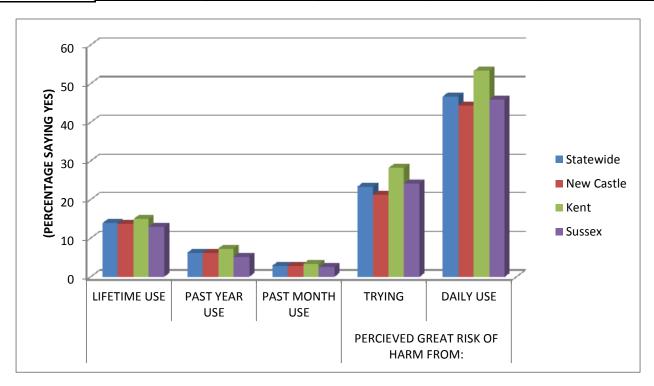
ALCOHOL USE AMONG DELAWARE FIFTH GRADERS

	LIFETIME USE	PAST YEAR USE	PAST MONTH USE		T RISK OF HARM
				TRYING	DAILY USE
<u>Statewide</u>	17	6	2	24	43
<u>Males</u>	19	7	2	23	42
<u>Females</u>	15	6	1	24	44
New Castle	16	6	2	22	42
<u>Males</u>	18	7	2	21	41
<u>Females</u>	15	6	1	22	43
<u>Kent</u>	18	6	2	27	48
<u>Males</u>	19	7	2	27	48
<u>Females</u>	17	6	1	27	47
<u>Sussex</u>	17	6	1	26	43
<u>Males</u>	20	7	1	25	40
<u>Females</u>	14	5	1	26	46



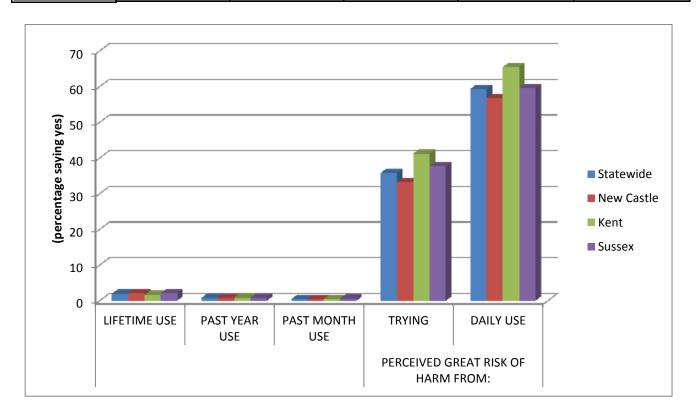
INHALANT USE AMONG 2009 DELAWARE FIFTH GRADERS

	LIFETIME USE	PAST YEAR USE	PAST MONTH USE		T RISK OF HARM DM:
			U3E	TRYING	WEEKLY USE
<u>Statewide</u>	14	6	3	23	47
<u>Males</u>	13	6	3	24	48
<u>Females</u>	14	7	3	23	45
New Castle	14	6	3	21	44
<u>Males</u>	13	6	3	22	46
<u>Females</u>	15	6	3	20	42
<u>Kent</u>	15	7	3	28	53
<u>Males</u>	15	7	3	29	55
<u>Females</u>	15	8	3	28	51
Sussex	13	5	2	24	46
<u>Males</u>	13	5	3	24	46
<u>Females</u>	13	5	2	24	46



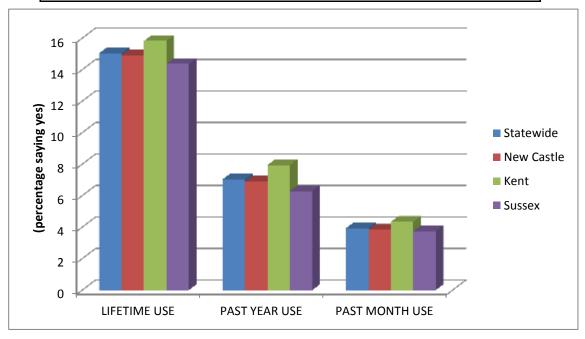
MARIJUANA USE AMONG DELAWARE FIFTH GRADERS

	LIFETIME USE	PAST YEAR USE	PAST MONTH	PERCEIVED GREA	AT RISK OF HARM
	LIFETTIVIE USE	PAST TEAR USE	USE	TRYING	WEEKLY USE
<u>Statewide</u>	2	1	0	36	59
<u>Males</u>	3	1	1	38	60
<u>Females</u>	1	0	0	34	59
New Castle	2	1	0	33	57
<u>Males</u>	3	1	1	35	58
<u>Females</u>	1	0	0	31	56
<u>Kent</u>	2	1	0	41	65
<u>Males</u>	3	1	1	44	66
<u>Females</u>	1	0	0	38	65
<u>Sussex</u>	2	1	1	38	60
<u>Males</u>	3	1	1	39	60
<u>Females</u>	1	1	1	36	59



OTHER ILLEGAL DRUG USE AMONG DELAWARE FIFTH GRADERS

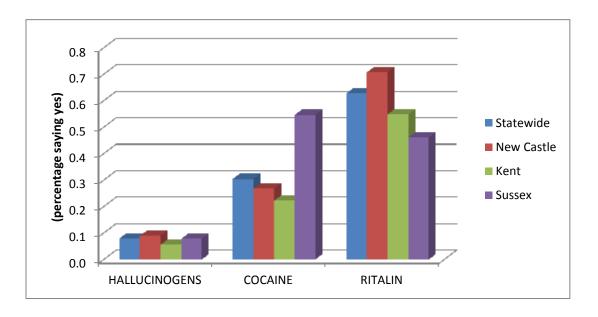
	LIFETIME USE	PAST YEAR USE	PAST MONTH USE
<u>Statewide</u>	15	7	4
<u>Males</u>	15	7	4
<u>Females</u>	15	7	4
New Castle	15	7	4
<u>Males</u>	14	7	4
<u>Females</u>	16	7	4
<u>Kent</u>	16	8	4
<u>Males</u>	16	8	4
<u>Females</u>	16	8	4
Sussex	14	6	4
<u>Males</u>	15	6	4
<u>Females</u>	14	6	3



Other illegal drugs include prescription downers, prescription uppers, inhalant hallucinogens, ritalin ("to get high"), and cocaine.

PAST YEAR USE OF OTHER ILLEGAL SUBSTANCES AMONG DELAWARE FIFTH GRADERS

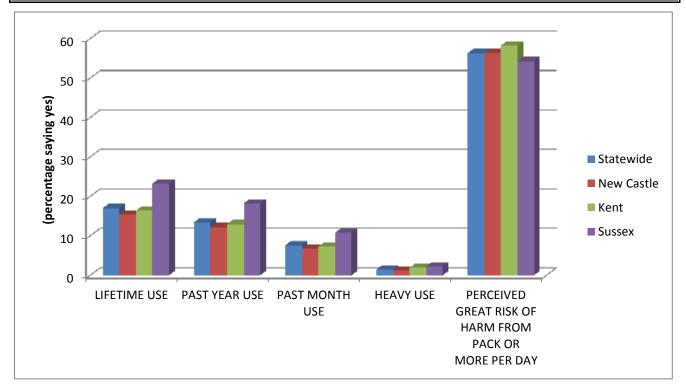
	HALLUCI- NOGENS	COCAINE	RITALIN
<u>Statewide</u>	0	0	1
<u>Males</u>	0	0	1
<u>Females</u>	0	0	0
New Castle	0	0	1
<u>Males</u>	0	0	1
<u>Females</u>	0	0	0
<u>Kent</u>	0	0	1
<u>Males</u>	0	0	1
<u>Females</u>	0	0	0
<u>Sussex</u>	0	1	0
<u>Males</u>	0	1	1
<u>Females</u>	0	0	0



[&]quot;Ritalin" includes Ritalin, Adderall, Cylert, and Concerta "to get high."

CIGARETTE USE AMONG DELAWARE EIGHTH GRADERS

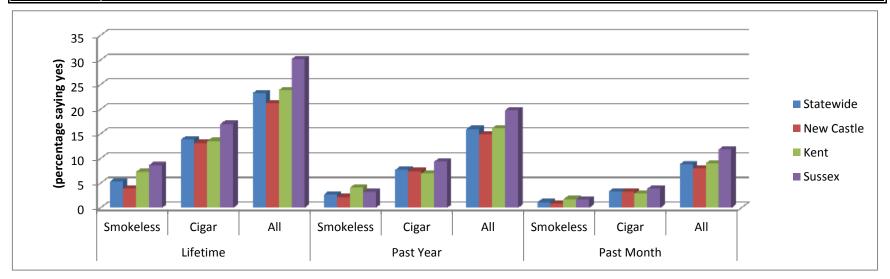
	LIFETIME USE	PAST YEAR USE	PAST MONTH USE	HEAVY USE	PERCEIVED GREAT RISK OF HARM FROM PACK OR MORE PER DAY
<u>Statewide</u>	17	13	8	1	56
<u>Males</u>	18	14	8	2	52
<u>Females</u>	16	13	7	1	61
New Castle	15	12	7	1	56
<u>Males</u>	15	12	7	1	53
<u>Females</u>	15	12	7	1	60
<u>Kent</u>	16	13	7	2	58
<u>Males</u>	17	14	8	2	52
<u>Females</u>	15	12	7	2	65
Sussex	23	18	11	2	54
<u>Males</u>	25	21	13	2	48
<u>Females</u>	22	16	9	2	61



[&]quot;Heavy use" is more than one-half pack per day in last thirty days.

OTHER TOBACCO USE AMONG DELAWARE EIGHTH GRADERS

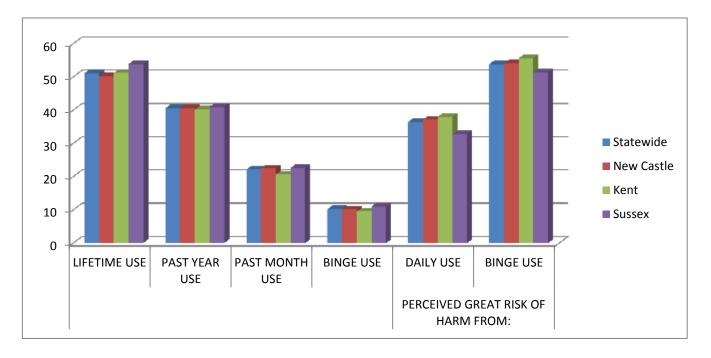
		Lifetime			Past Year			Past Month	
	Smokeless	Cigar	All	Smokeless	Cigar	All	Smokeless	Cigar	All
<u>Statewide</u>	5	14	23	3	8	16	1	3	9
<u>Males</u>	8	17	25	4	10	18	2	4	10
<u>Females</u>	3	11	21	1	6	14	0	2	8
New Castle	4	13	21	2	7	15	1	3	8
<u>Males</u>	6	15	22	4	9	16	2	4	8
<u>Females</u>	2	11	20	1	6	14	0	2	7
<u>Kent</u>	7	14	24	4	7	16	2	3	9
<u>Males</u>	10	16	26	6	10	18	3	3	11
<u>Females</u>	5	11	21	2	5	14	1	3	8
Sussex	9	17	30	3	9	20	2	4	12
<u>Males</u>	13	21	35	5	12	23	3	5	15
<u>Females</u>	5	13	26	2	7	17	1	2	9



[&]quot;All" includes smokeless tobacco, cigars, and cigarettes.

ALCOHOL USE AMONG DELAWARE EIGHTH GRADERS

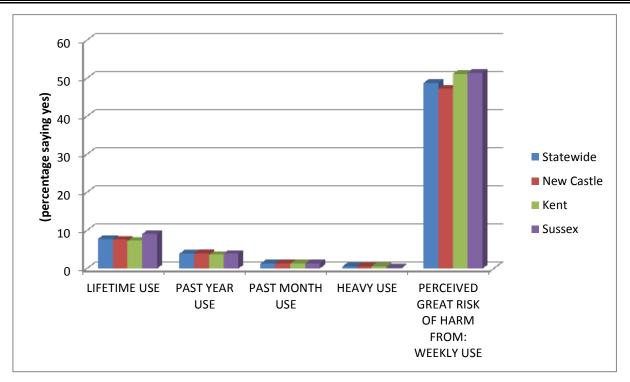
	LIFETIME USE	PAST YEAR USE	PAST MONTH USE	BINGE USE		REAT RISK OF FROM:
		OJL	USL		DAILY USE	BINGE USE
<u>Statewide</u>	51	41	22	10	36	54
<u>Male</u>	50	39	21	10	33	50
<u>Female</u>	52	42	23	10	39	57
New Castle	50	41	22	10	37	54
<u>Male</u>	49	39	21	10	35	51
<u>Female</u>	51	42	24	10	40	57
<u>Kent</u>	51	40	21	10	38	56
<u>Male</u>	50	37	20	9	36	52
<u>Female</u>	52	43	21	10	40	58
<u>Sussex</u>	54	41	23	11	33	51
<u>Male</u>	54	40	22	10	27	46
<u>Female</u>	54	42	23	12	38	56



[&]quot;Binge use" is defined as three drinks at a time in the last two weeks.

INHALANT USE AMONG DELAWARE EIGHTH GRADERS

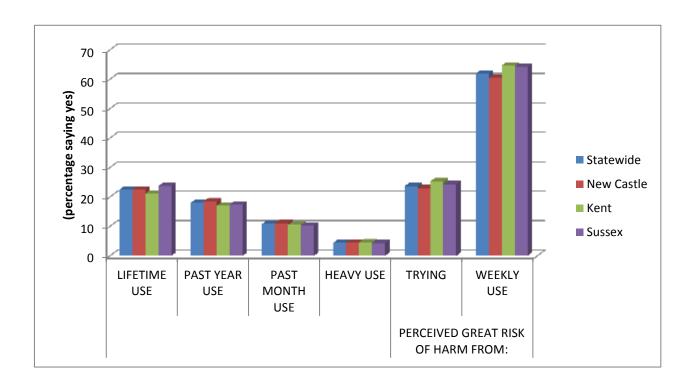
	LIFETIME USE	PAST YEAR USE	PAST MONTH USE	HEAVY USE	PERCEIVED GREAT RISK OF HARM FROM: WEEKLY USE
<u>Statewide</u>	8	4	1	0	49
<u>Males</u>	6	3	1	0	46
<u>Females</u>	9	5	2	1	52
New Castle	8	4	1	1	47
<u>Males</u>	6	3	1	0	44
<u>Females</u>	9	5	2	1	51
<u>Kent</u>	7	4	1	1	51
<u>Males</u>	5	2	1	0	48
<u>Females</u>	9	5	2	1	55
Sussex	9	4	1	0	51
<u>Males</u>	8	3	1	0	51
<u>Females</u>	11	5	1	0	52



[&]quot;Heavy Use" indicates more than six times in the past month.

MARIJUANA USE AMONG DELAWARE EIGHTH GRADERS

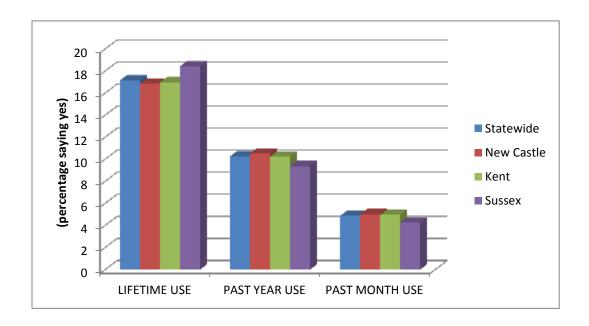
	LIFETIME	PAST YEAR	PAST	HEAVY USE		AT RISK OF HARM OM:
	USE	USE	MONTH USE	TILAVI OSL	TRYING	WEEKLY USE
<u>Statewide</u>	23	18	11	4	24	62
<u>Males</u>	25	20	12	6	23	57
<u>Females</u>	20	16	9	3	24	67
New Castle	23	19	11	4	23	60
<u>Males</u>	25	20	13	6	23	56
<u>Females</u>	20	17	9	3	23	65
<u>Kent</u>	21	17	11	5	25	65
<u>Males</u>	24	19	12	7	23	60
<u>Females</u>	18	15	8	3	27	69
<u>Sussex</u>	24	17	10	4	24	64
<u>Males</u>	26	19	11	5	24	56
<u>Females</u>	21	16	10	3	24	72



[&]quot;Heavy Use" indicates more than six times in the past month.

OTHER ILLEGAL DRUG USE AMONG DELAWARE EIGHTH GRADERS

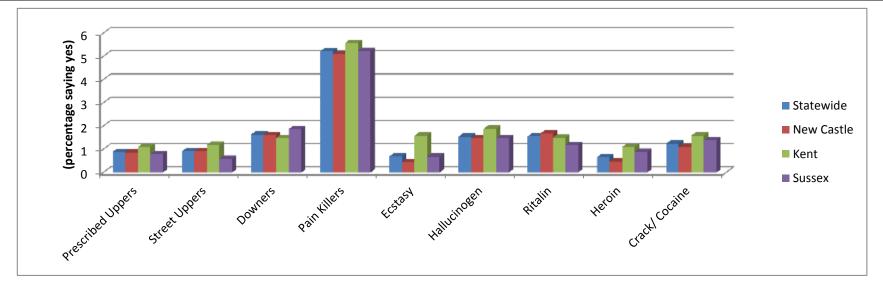
	LIFETIME USE	PAST YEAR USE	PAST MONTH USE
<u>Statewide</u>	17	10	5
<u>Males</u>	16	9	4
<u>Females</u>	18	11	5
New Castle	17	11	5
<u>Males</u>	16	10	4
<u>Females</u>	18	11	6
<u>Kent</u>	17	10	5
Males	16	9	5
<u>Females</u>	17	11	5
<u>Sussex</u>	18	9	4
Males	17	9	5
<u>Females</u>	20	10	4



Other illegal drugs include prescription downers, prescription stimulants, inhalants, hallucinogens, crack, cocaine, heroin, ritalin, painkillers, and designer drugs.

PAST YEAR USE OF OTHER ILLEGAL SUBSTANCES AMONG DELAWARE EIGHTH GRADERS

	Prescribed Uppers	Street Uppers	Downers	Pain Killers	Ecstasy	Hallucinogen	Ritalin	Heroin	Crack/ Cocaine
<u>Statewide</u>	1	1	2	5	1	2	2	1	1
<u>Males</u>	1	1	1	4	1	2	1	1	2
<u>Females</u>	1	1	2	6	1	1	2	0	1
New Castle	1	1	2	5	0	1	2	0	1
<u>Males</u>	0	1	1	4	0	2	1	1	1
<u>Females</u>	1	1	2	6	0	1	2	0	1
<u>Kent</u>	1	1	1	6	2	2	1	1	2
<u>Males</u>	0	1	1	4	1	3	1	2	2
<u>Females</u>	2	1	2	6	2	1	2	0	1
Sussex	1	1	2	5	1	1	1	1	1
<u>Males</u>	1	1	2	5	1	2	1	1	2
<u>Females</u>	1	0	2	6	0	1	1	1	1

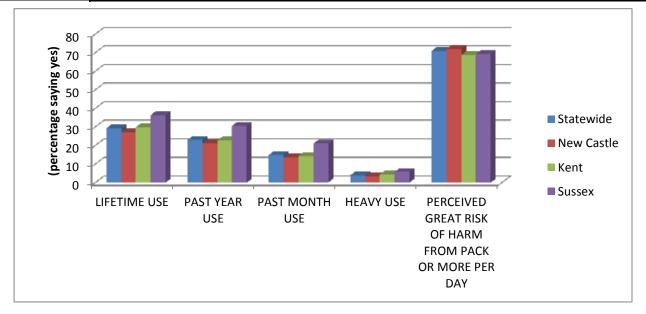


[&]quot;Pain killers" includes OxyContin, Codeine, Percocet, and Tylenol 3 "to get high."

[&]quot;Ritalin" includes Ritalin, Adderall, Cylert, and Concerta "to get high."

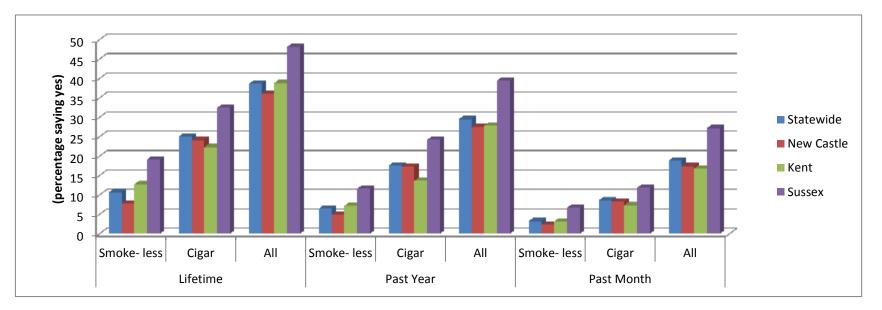
CIGARETTE USE AMONG DELAWARE ELEVENTH GRADERS

	HIFFTIMF HISF DAST VEAR HISF		PAST MONTH USE	HEAVY USE	PERCEIVED GREAT RISK OF HARM FROM PACK OR MORE PER DAY	
<u>Statewide</u>	29	23	15	4	71	
<u>Males</u>	30	24	17	4	67	
<u>Females</u>	29	22	14	3	75	
New Castle	27	21	14	3	72	
<u>Males</u>	28	22	15	4	68	
<u>Females</u>	27	20	12	3	76	
<u>Kent</u>	30	23	14	4	69	
<u>Males</u>	31	24	17	6	66	
<u>Females</u>	29	22	12	3	71	
<u>Sussex</u>	36	31	21	6	69	
Males	36	31	21	6	63	
<u>Females</u>	37	31	21	5	75	



OTHER TOBACCO USE AMONG DELAWARE ELEVENTH GRADERS

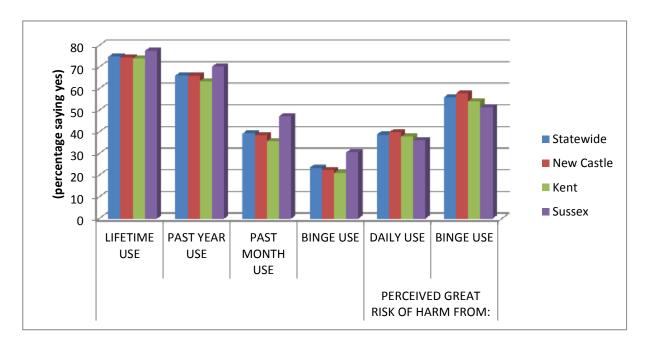
		Lifetime			Past Year			Past Month	
	Smoke- less	Cigar	All	Smoke- less	Cigar	All	Smoke- less	Cigar	All
<u>Statewide</u>	11	25	39	7	18	30	3	9	19
<u>Males</u>	18	33	43	12	25	34	6	13	23
<u>Females</u>	4	18	35	2	11	26	1	5	15
New Castle	8	24	36	5	17	28	2	8	17
<u>Males</u>	13	31	39	9	24	31	5	12	21
<u>Females</u>	3	18	33	2	12	24	1	5	14
<u>Kent</u>	13	22	39	7	14	28	3	7	17
<u>Males</u>	23	30	43	14	22	32	7	12	22
<u>Females</u>	4	16	35	1	7	24	0	4	13
Sussex	19	32	48	12	24	39	7	12	27
<u>Males</u>	31	43	55	21	32	45	14	17	32
<u>Females</u>	9	24	43	3	17	34	1	7	23



[&]quot;All" includes smokeless tobacco, cigars, and cigarettes.

ALCOHOL USE AMONG DELAWARE ELEVENTH GRADERS

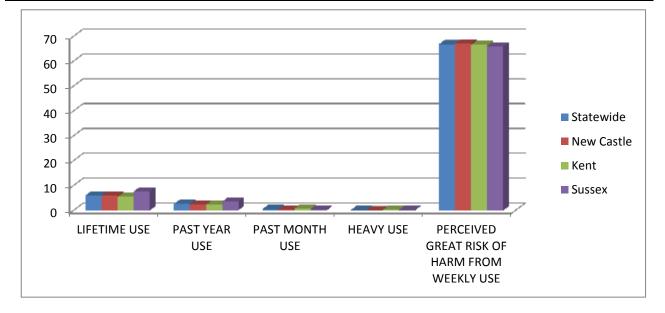
	LIFETIME USE	PAST YEAR USE	PAST MONTH USE	BINGE USE		REAT RISK OF FROM
	002				DAILY USE	BINGE USE
<u>Statewide</u>	75	66	39	23	39	56
<u>Male</u>	74	66	41	26	31	49
<u>Female</u>	75	66	38	21	45	63
New Castle	74	66	38	22	40	58
<u>Male</u>	74	66	39	25	32	50
<u>Female</u>	75	66	38	20	46	65
<u>Kent</u>	74	64	36	21	38	54
<u>Male</u>	72	65	40	24	32	47
<u>Female</u>	76	63	32	18	43	60
Sussex	77	70	47	31	36	52
<u>Male</u>	78	70	50	36	27	47
<u>Female</u>	77	70	45	26	44	55



[&]quot;Binge use" is defined as three drinks at a time in the last two weeks.

INHALANT USE AMONG DELAWARE ELEVENTH GRADERS

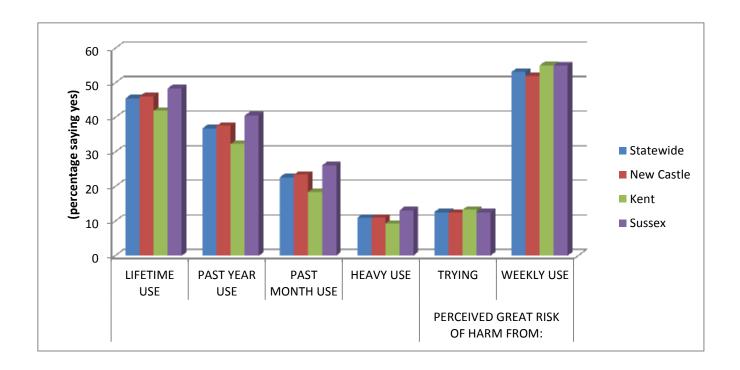
	LIFETIME USE	PAST YEAR USE	PAST MONTH USE	HEAVY USE	PERCEIVED GREAT RISK OF HARM FROM WEEKLY USE
<u>Statewide</u>	6	3	1	0	67
<u>Males</u>	6	2	1	0	63
<u>Females</u>	6	3	0	0	70
New Castle	6	2	0	0	67
<u>Males</u>	5	2	0	0	62
<u>Females</u>	6	2	0	0	71
<u>Kent</u>	5	2	1	0	67
<u>Males</u>	5	2	1	0	64
<u>Females</u>	5	2	1	0	69
<u>Sussex</u>	8	4	0	0	66
<u>Males</u>	7	3	1	0	63
<u>Females</u>	8	4	0	0	69



[&]quot;Heavy Use" indicates more than six times in the past month.

MARIJUANA USE AMONG DELAWARE ELEVENTH GRADERS

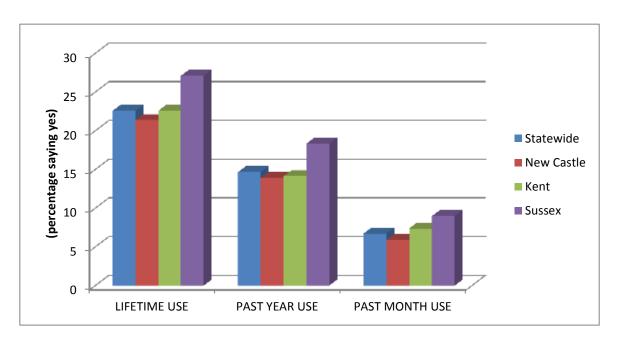
	LIFETIME USE	PAST YEAR USE	PAST MONTH USE	HEAVY USE		AT RISK OF HARM DM:
					TRYING	WEEKLY USE
<u>Statewide</u>	46	37	23	11	13	53
Males	48	40	26	14	12	46
<u>Females</u>	43	34	20	8	13	60
New Castle	46	38	23	11	12	52
Males	48	41	27	14	12	44
<u>Females</u>	44	34	20	8	13	59
<u>Kent</u>	42	32	18	9	13	55
<u>Males</u>	46	34	21	12	13	48
<u>Females</u>	39	31	16	7	13	61
Sussex	48	41	26	13	13	55
<u>Males</u>	51	45	30	17	12	48
<u>Females</u>	46	37	23	10	13	61



[&]quot;Heavy Use" indicates more than six times in the past month.

OTHER ILLEGAL DRUG USE AMONG DELAWARE ELEVENTH GRADERS

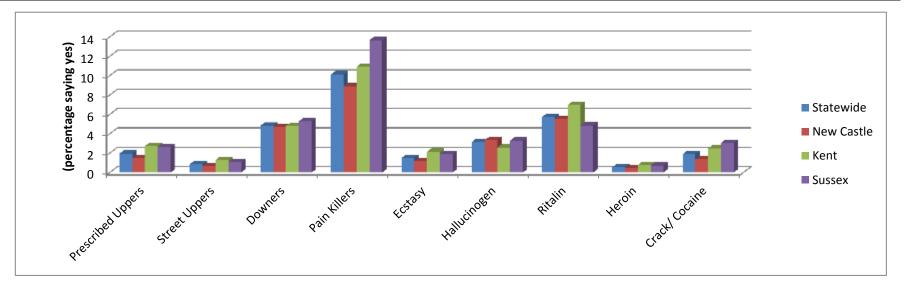
	LIFETIME USE	PAST YEAR USE	PAST MONTH USE
<u>Statewide</u>	23	15	7
<u>Males</u>	24	16	7
<u>Females</u>	21	13	6
New Castle	21	14	6
<u>Males</u>	23	15	6
<u>Females</u>	20	12	5
<u>Kent</u>	23	14	7
<u>Males</u>	22	15	9
<u>Females</u>	23	13	6
<u>Sussex</u>	27	18	9
<u>Males</u>	28	20	10
<u>Females</u>	26	17	8



Other illegal drugs include prescription downers, prescription stimulants, inhalants, hallucinogens, crack, cocaine, heroin, ritalin, painkillers, and designer drugs.

PAST YEAR USE OF OTHER ILLEGAL SUBSTANCES AMONG DELAWARE ELEVENTH GRADERS

	Prescribed Uppers	Street Uppers	Downers	Pain Killers	Ecstasy	Hallucinogen	Ritalin	Heroin	Crack/ Cocaine
<u>Statewide</u>	2	1	5	10	1	3	6	1	2
<u>Males</u>	2	1	5	11	2	4	7	1	2
<u>Females</u>	2	1	4	10	1	2	5	0	1
New Castle	1	1	5	9	1	3	6	0	1
<u>Males</u>	1	1	5	9	1	4	7	0	1
<u>Females</u>	1	1	4	9	1	2	5	0	1
<u>Kent</u>	3	1	5	11	2	3	7	1	2
<u>Males</u>	3	2	5	11	2	4	8	1	4
<u>Females</u>	2	1	5	11	2	2	6	0	1
Sussex	3	1	5	14	2	3	5	1	3
<u>Males</u>	2	2	5	15	3	6	5	1	4
<u>Females</u>	3	1	5	12	1	1	5	0	2



[&]quot;Pain killers" includes OxyContin, Codeine, Percocet, and Tylenol 3 "to get high."

[&]quot;Ritalin" includes Ritalin, Adderall, Cylert, and Concerta "to get high."

IV. Risk and Protective Factors for Drug Use:

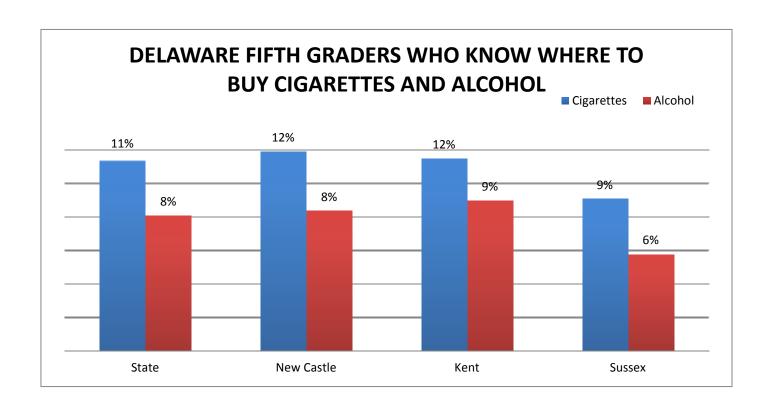
Availability of Cigarettes, Alcohol, and Other Drugs to Students

Past Participation in School-Based Drug Education

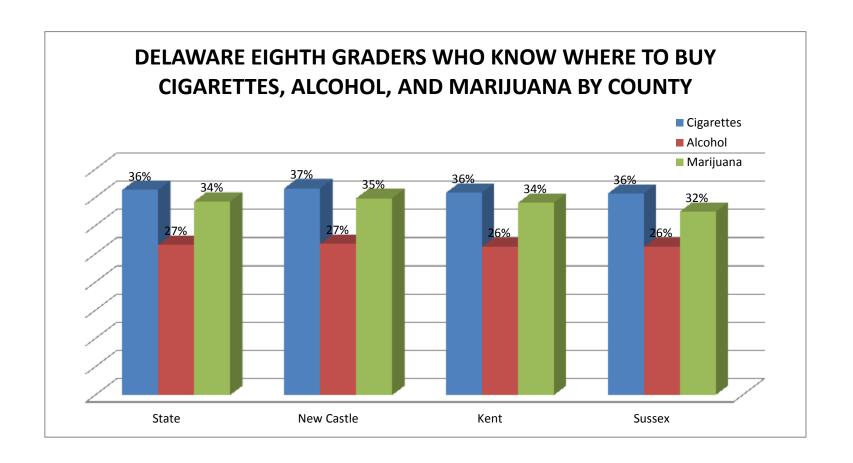
Substance Use by Peers at School and by Friends

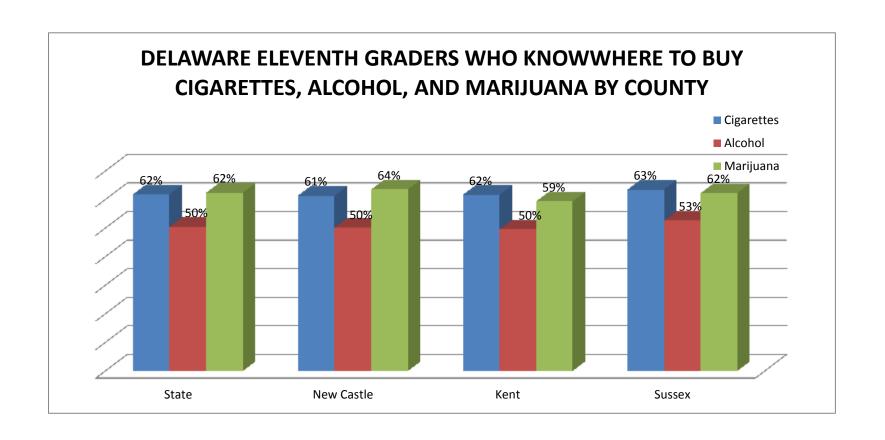
Trends in Perceived Risk of Trying/Using Different Drugs 1995-Present

Comparison of Marijuana Perceptions Between 8th and 11th Graders Who Report Having Ever or Never Used Marijuana

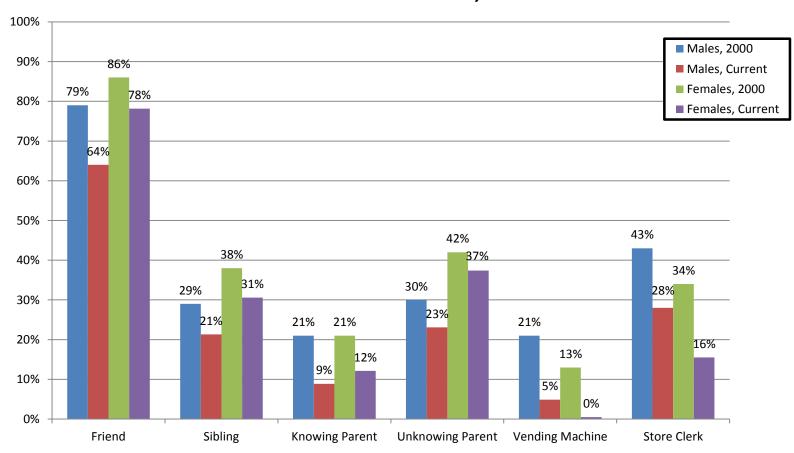


34



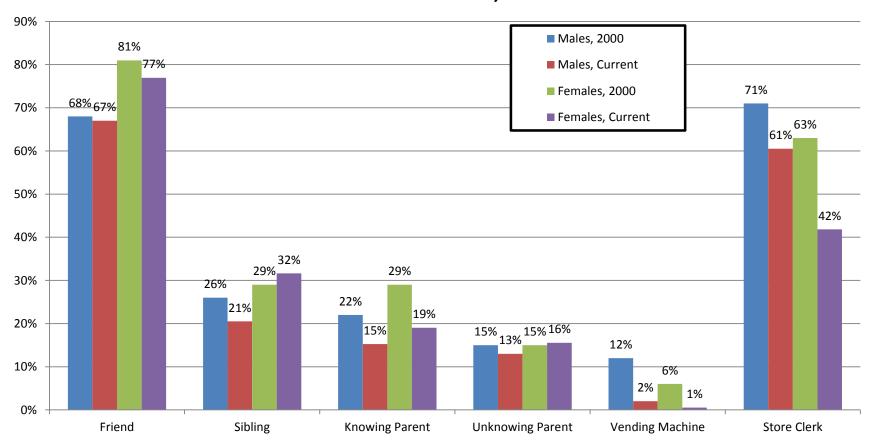


WHERE CURRENT SMOKERS GET THEIR CIGARETTES AMONG DELAWARE EIGHTH GRADERS, 2000 AND CURRENT



Current smoker is defined as reporting smoking in past month

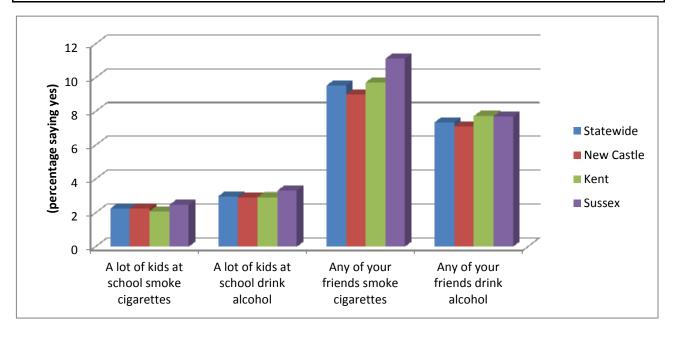
WHERE CURRENT SMOKERS GET THEIR CIGARETTES AMONG DELAWARE ELEVENTH GRADERS, 2000 AND CURRENT



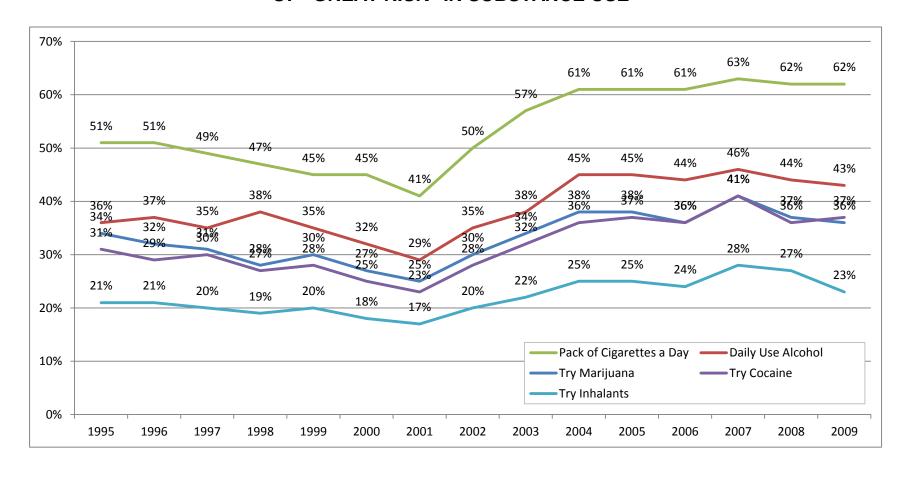
Current smoker is defined as reporting smoking in past month

SUBSTANCE USE BY PEERS REPORTED BY DELAWARE FIFTH GRADERS

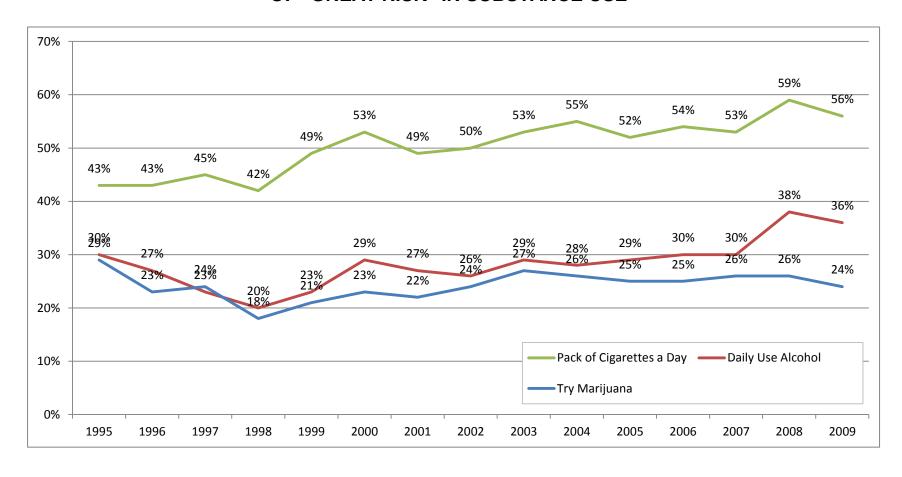
	A lot of kids at school smoke cigarettes	A lot of kids at school drink alcohol	Any of your friends smoke cigarettes	Any of your friends drink alcohol
<u>Statewide</u>	2	3	10	7
<u>Males</u>	2	3	11	7
<u>Females</u>	2	3	8	7
New Castle	2	3	9	7
<u>Males</u>	2	3	10	7
<u>Females</u>	3	3	8	7
<u>Kent</u>	2	3	10	8
<u>Males</u>	2	3	12	8
<u>Females</u>	2	3	8	7
Sussex	2	3	11	8
<u>Males</u>	2	3	11	7
<u>Females</u>	3	4	11	9



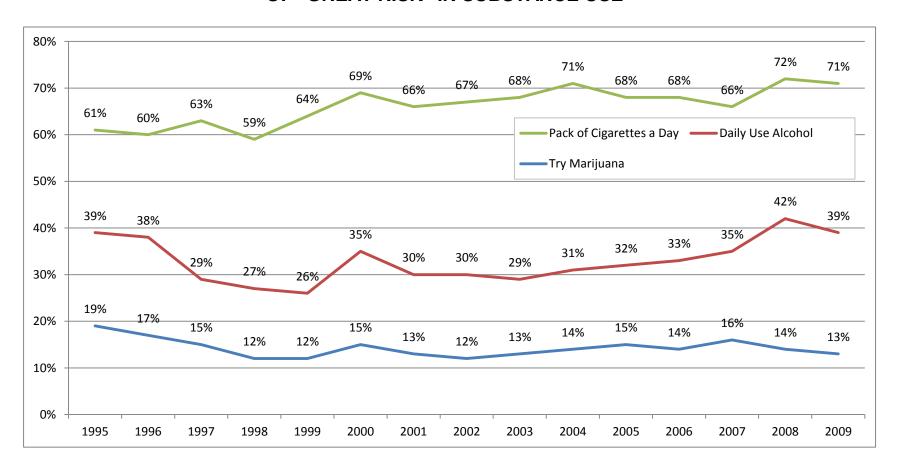
TRENDS IN DELAWARE FIFTH GRADERS' PERCEPTIONS OF "GREAT RISK" IN SUBSTANCE USE



TRENDS IN DELAWARE EIGHTH GRADERS' PERCEPTIONS OF "GREAT RISK" IN SUBSTANCE USE



TRENDS IN DELAWARE ELEVENTH GRADERS' PERCEPTIONS OF "GREAT RISK" IN SUBSTANCE USE



V School Environment

Estimates by Gender and County of School Violence, School Safety, and Student Comportment

Trends in School Safety and Student Comportment 1997-Present

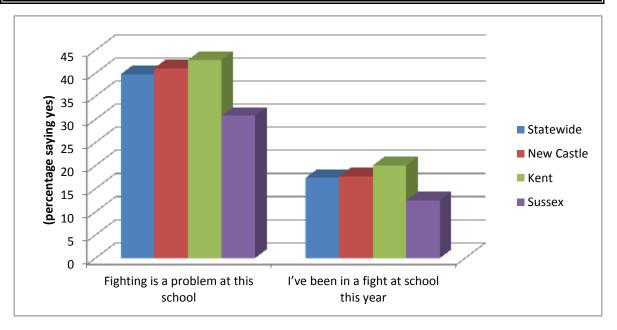
Use of Ritalin or Other Prescribed
Psychoactive Medications to Improve
Concentration at School by 5th, 8th, and
11th Graders

Past Month Substance Use in Relation to Prescribed Use of Psychoactive Drugs

Wellness Center Use by Eleventh Graders

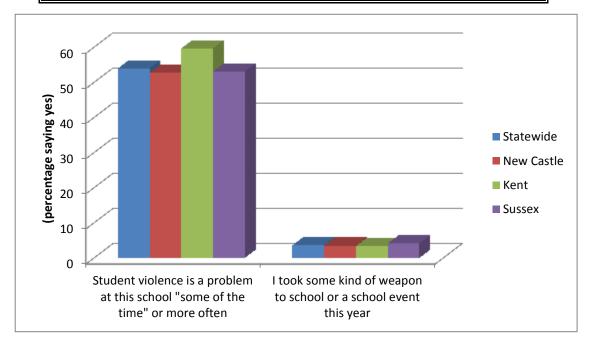
SCHOOL FIGHTING REPORTED BY DELAWARE FIFTH GRADERS

	Fighting is a problem at this school	I've been in a fight at school this year
<u>Statewide</u>	40	17
<u>Males</u>	41	23
<u>Females</u>	38	11
New Castle	41	18
<u>Males</u>	42	23
<u>Females</u>	40	12
<u>Kent</u>	43	20
<u>Males</u>	44	27
<u>Females</u>	41	13
<u>Sussex</u>	31	12
<u>Males</u>	32	18
<u>Females</u>	29	7



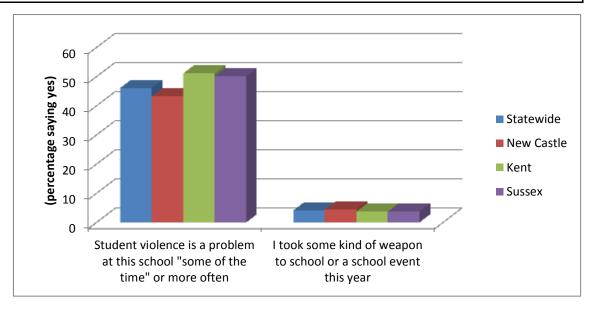
SCHOOL FIGHTING REPORTED BY DELAWARE EIGHTH GRADERS

	Student violence is a problem at this school "some of the time" or more often	I took some kind of weapon to school or a school event this year
<u>Statewide</u>	54	4
<u>Males</u>	54	5
<u>Females</u>	54	2
New Castle	53	4
<u>Males</u>	52	5
<u>Females</u>	53	2
<u>Kent</u>	60	3
<u>Males</u>	59	5
<u>Females</u>	61	2
<u>Sussex</u>	53	4
<u>Males</u>	54	7
<u>Females</u>	52	2



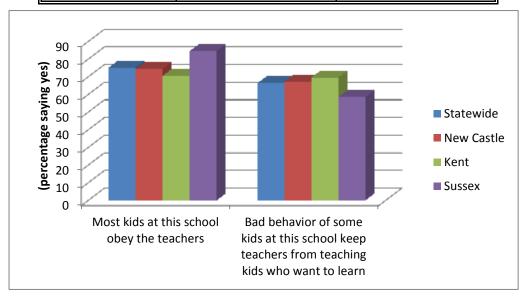
SCHOOL FIGHTING REPORTED BY DELAWARE ELEVENTH GRADERS

	Student violence is a problem at this school "some of the time" or more often	I took some kind of weapon to school or a school event this year
<u>Statewide</u>	46	4
<u>Males</u>	45	6
<u>Females</u>	47	2
New Castle	43	4
<u>Males</u>	42	6
<u>Females</u>	44	3
<u>Kent</u>	51	4
<u>Males</u>	50	6
<u>Females</u>	52	2
<u>Sussex</u>	50	4
<u>Males</u>	50	7
<u>Females</u>	50	1



PERCEIVED STUDENT BEHAVIOR REPORTED BY DELAWARE FIFTH GRADERS

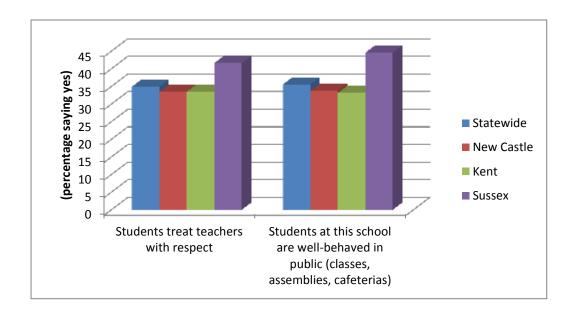
	Most kids at this school obey the teachers	Bad behavior of some kids at this school keep teachers from teaching kids who want to learn
<u>Statewide</u>	75	66
<u>Males</u>	75	68
<u>Females</u>	75	64
New Castle	74	67
<u>Males</u>	76	68
<u>Females</u>	73	66
<u>Kent</u>	71	70
<u>Males</u>	68	72
<u>Females</u>	73	67
<u>Sussex</u>	85	58
<u>Males</u>	84	61
<u>Females</u>	85	56



PERCEIVED STUDENT BEHAVIOR REPORTED BY DELAWARE EIGHTH GRADERS

(percentage responding "often" or "most of the time")

	Students treat teachers with respect	Students at this school are we behaved in public (classes, assemblies, cafeterias)	
<u>Statewide</u>	35	36	
<u>Males</u>	38	39	
<u>Females</u>	32	33	
New Castle	33	34	
<u>Males</u>	37	37	
<u>Females</u>	30	31	
<u>Kent</u>	34	33	
<u>Males</u>	35	36	
<u>Females</u>	32	31	
Sussex	42	45	
<u>Males</u>	44	47	
<u>Females</u>	39	42	



Response categories were: most of the time

often

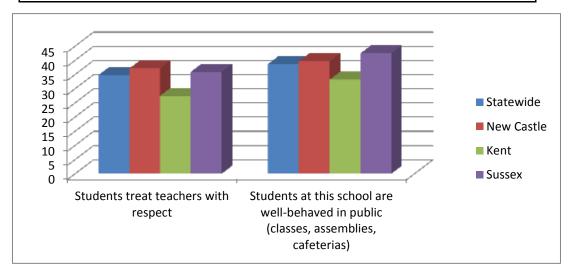
some of the time

not often never

PERCEIVED STUDENT BEHAVIOR REPORTED BY DELAWARE ELEVENTH GRADERS

(percentage responding "often" or "most of the time")

	Students treat teachers with respect	Students at this school are well-behaved in public (classes, assemblies, cafeterias)
<u>Statewide</u>	35	39
<u>Males</u>	38	40
<u>Females</u>	32	37
New Castle	37	40
<u>Males</u>	40	41
<u>Females</u>	35	38
<u>Kent</u>	27	33
<u>Males</u>	32	37
<u>Females</u>	24	30
<u>Sussex</u>	36	42
<u>Males</u>	37	42
<u>Females</u>	36	43



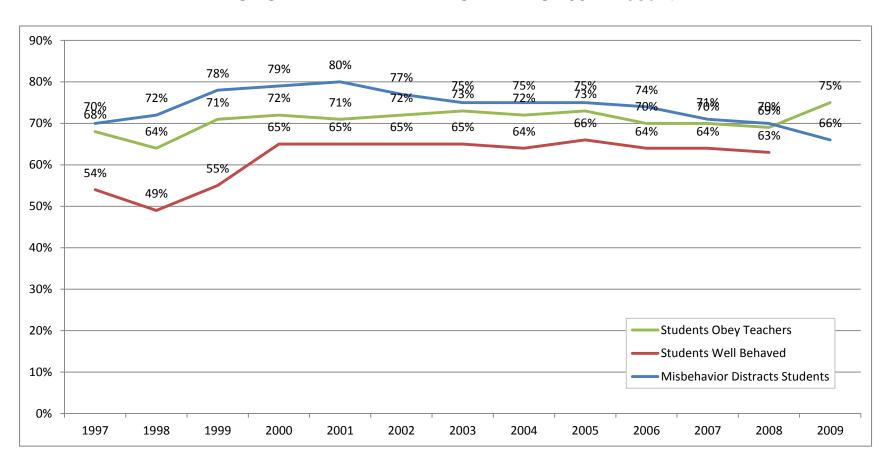
Response categories were: most of the time

often

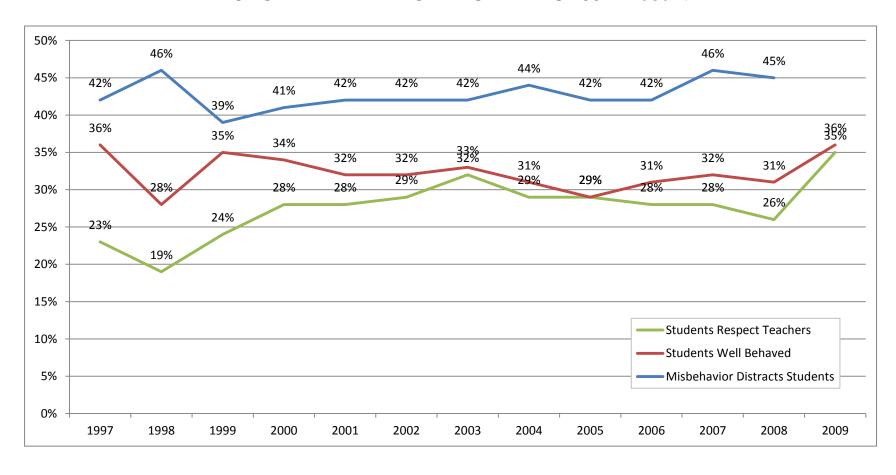
some of the time

not often never

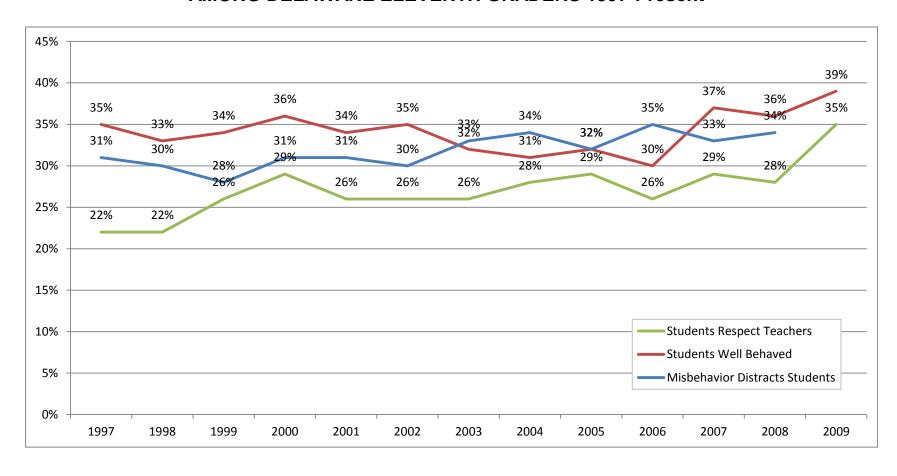
TRENDS IN PERCEPTIONS OF STUDENT BEHAVIOR AMONG DELAWARE FIFTH GRADERS 1997-Present



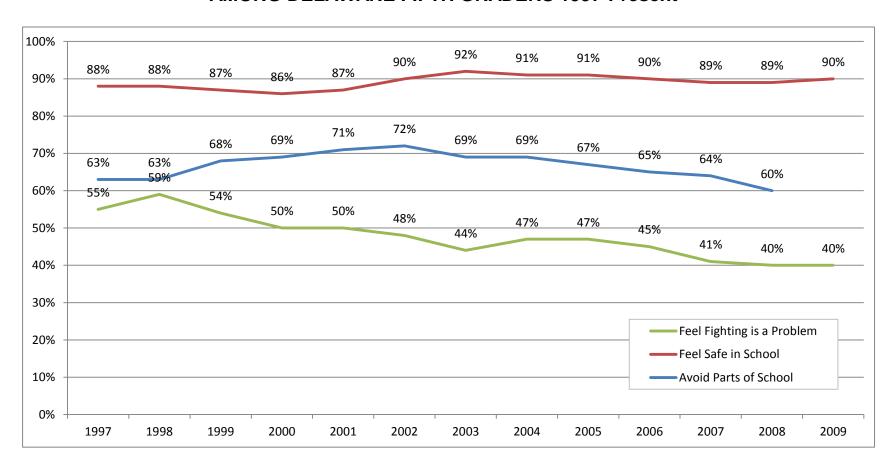
TRENDS IN PERCEPTIONS OF STUDENT BEHAVIOR AMONG DELAWARE EIGHTH GRADERS 1997-Present



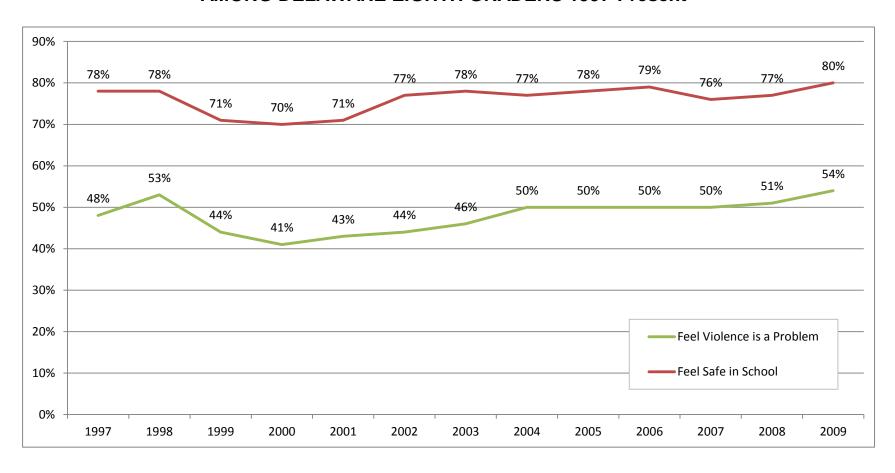
TRENDS IN PERCEPTIONS OF STUDENT BEHAVIOR AMONG DELAWARE ELEVENTH GRADERS 1997-Present



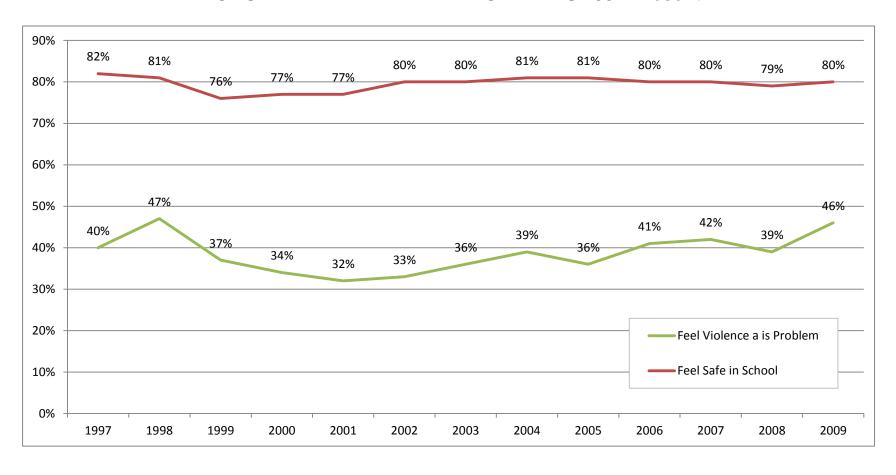
TRENDS IN PERCEPTIONS OF SCHOOL SAFETY AMONG AMONG DELAWARE FIFTH GRADERS 1997-Present



TRENDS IN PERCEPTIONS OF SCHOOL SAFETY AMONG AMONG DELAWARE EIGHTH GRADERS 1997-Present



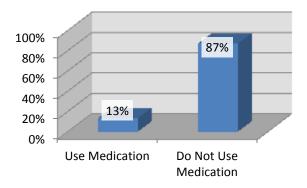
TRENDS IN PERCEPTIONS OF SCHOOL SAFETY AMONG AMONG DELAWARE ELEVENTH GRADERS 1997-Present



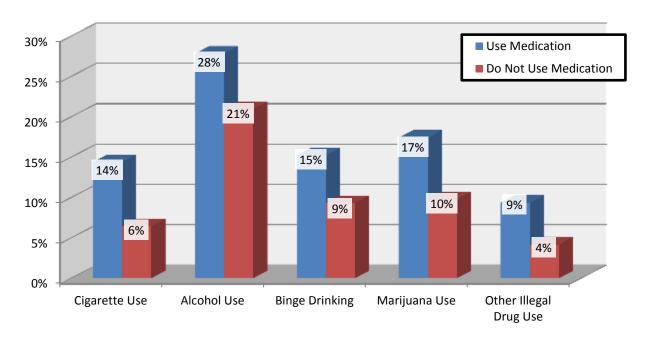
Ritalin/Psychoactive Medication and Other Drug Use Among Delaware Eighth Graders

The table on the right shows that approximately one out of eight Delaware eighth graders reported using Ritalin or other psychoactive medication. As shown in the table below, Delaware eighth graders who report Ritalin using other psychoactive medication are more likely to have used alcohol, tobacco, or other illegal drugs during the previous month. The difference between Ritalin users and non-users is statistically significant (p <.01).

Percent of Delaware Eighth Graders Who Use and Do Not Use Ritalin or Other Psychoactive Medication



Past Month Substance Abuse Among Delaware Eighth Graders Who Use and Do Not Use Ritilan or Other Psychoactive Medication

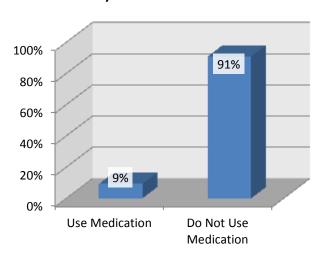


56

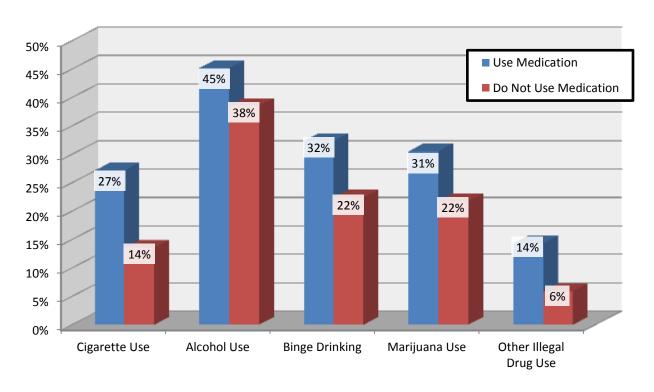
Ritalin/Psychoactive Medication and Other Drug Use Among Delaware Eleventh Graders

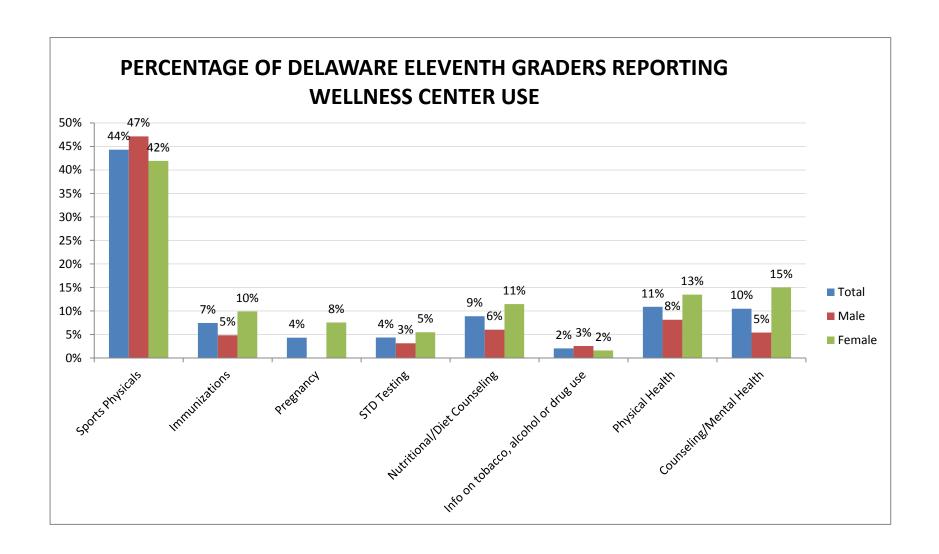
The table on the right shows that approximately one out of ten Delaware eleventh graders reported using Ritalin or other psychoactive medication. As shown in the table below, Delaware eleventh graders who report using Ritalin or other psychoactive medication are more likely to have used alcohol, tobacco, or other illegal drugs in the past month. The difference between Ritalin users and non-users is statistically significant (p <.01).

Percent of Delaware Eleventh Graders Who Use and Do Not Use Ritalin or Other Psychoactive Medication



Past Month Substance Abuse Among Delaware Eleventh Graders Who Use and Do Not Use Ritilan or Other Psychoactive Medication





V Other Risk Behaviors and Consequences

Estimates by Gender and County of Lifetime, Past Year, and Past Month Riding in a Car with a Driver Who Has Been Drinking or Using Marijuana, 8th and 11th Graders

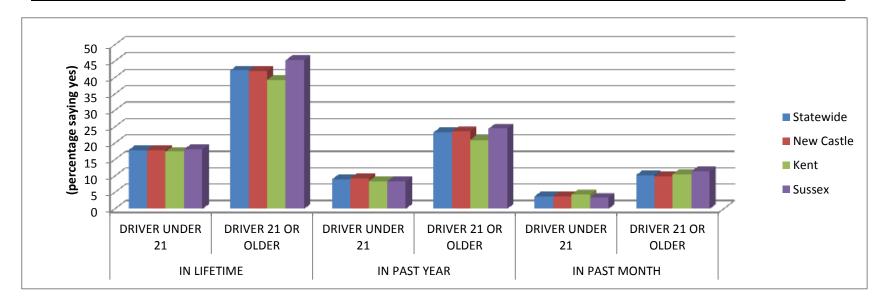
Trends over Time in Report of Past Month Drinking and Driving and of Past Month Marijuana Use and Driving, 1989-Present 11th Graders

Estimates by Gender and County of Lifetime, Past Year, and Past Month Drinking and Driving and Marijuana Use and Driving, 11th Graders

Past Month Drug Use in Relation to Past Year Report of Delinquent Behaviors, 8th and 11th Graders

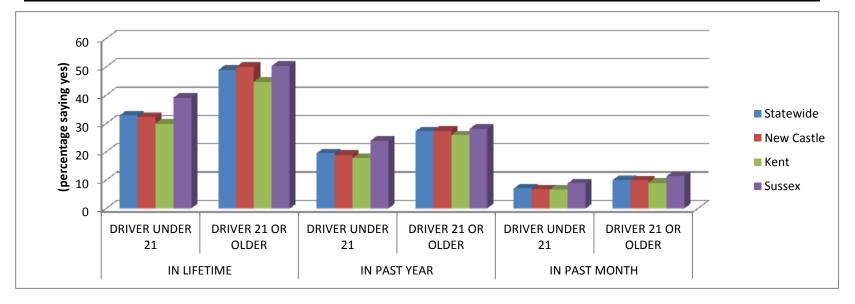
DELAWARE EIGHTH GRADERS' REPORTS OF RIDING IN A CAR WITH A DRINKING DRIVER

	IN LIFETIME		IN PAS	IN PAST YEAR		IN PAST MONTH	
	DRIVER UNDER	DRIVER 21 OR	DRIVER UNDER	DRIVER 21 OR	DRIVER UNDER	DRIVER 21 OR	
	21	OLDER	21	OLDER	21	OLDER	
<u>Statewide</u>	18	42	9	23	4	10	
<u>Males</u>	17	40	9	22	4	10	
<u>Females</u>	18	45	9	24	4	10	
New Castle	18	42	9	24	4	10	
<u>Males</u>	17	39	9	22	4	10	
<u>Females</u>	19	45	9	24	4	10	
<u>Kent</u>	17	39	8	21	4	11	
<u>Males</u>	17	36	8	19	4	11	
<u>Females</u>	18	43	9	22	5	11	
Sussex	18	45	8	24	3	11	
Males	18	45	8	23	3	11	
<u>Females</u>	18	46	9	26	3	12	

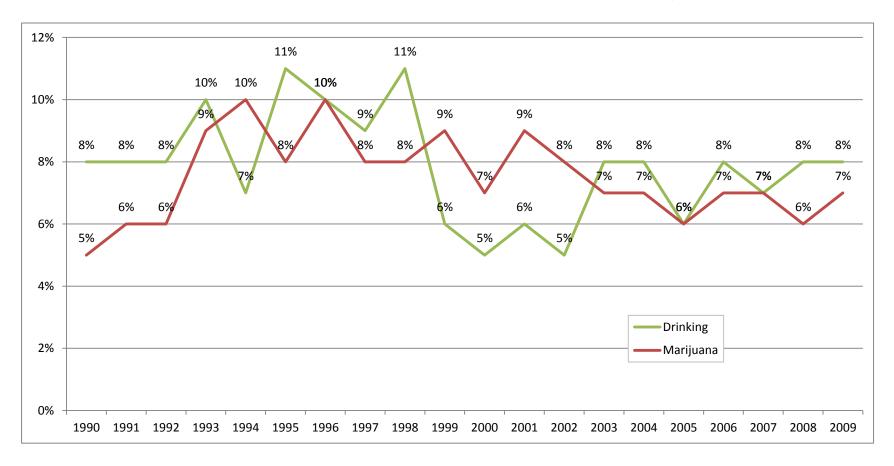


DELAWARE ELEVENTH GRADERS' REPORTS OF RIDING IN A CAR WITH A DRINKING DRIVER

	IN LIFETIME		IN PAS	IN PAST YEAR		MONTH
	DRIVER UNDER	DRIVER 21 OR	DRIVER UNDER	DRIVER 21 OR	DRIVER UNDER	DRIVER 21 OR
	21	OLDER	21	OLDER	21	OLDER
<u>Statewide</u>	33	49	20	27	7	10
<u>Males</u>	32	49	20	28	8	11
<u>Females</u>	33	49	19	26	6	9
New Castle	32	50	19	28	7	10
<u>Males</u>	32	49	20	28	8	11
<u>Females</u>	32	51	17	27	6	9
<u>Kent</u>	30	45	18	26	7	9
<u>Males</u>	29	45	19	24	7	9
<u>Females</u>	31	45	17	27	6	9
<u>Sussex</u>	39	50	24	28	9	11
<u>Males</u>	37	52	23	32	10	14
<u>Females</u>	41	49	25	25	8	9

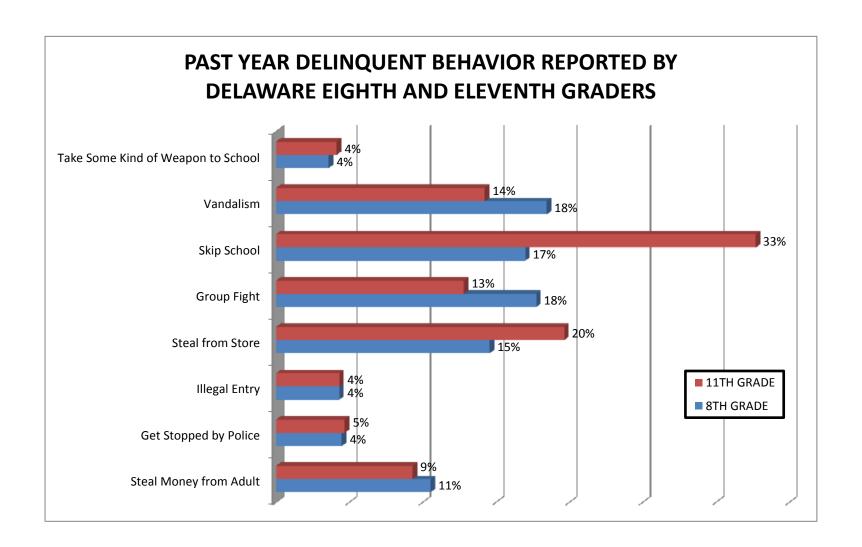


TRENDS IN DELAWARE ELEVENTH GRADERS' REPORT OF DRINKING AND DRIVING AND REPORT OF SMOKING MARIJUANA AND DRIVING, 1990-Present



Past month reports of drinking/smoking and driving.

Source: Data Base/DiagnosticsPlus (1990-1993); Department of Public Instruction (1994); Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware (1995-Present).



VII. Parental Involvement and Students' Substance Use

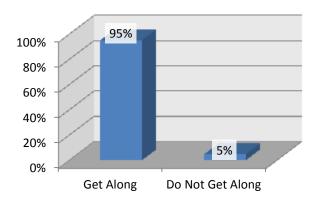
Get Along with Parents, Argue with Parents, Talk to Parents, Parents Volunteer at School, and Students' Drug Use

Household Members' Smoking and Students' Drug Use

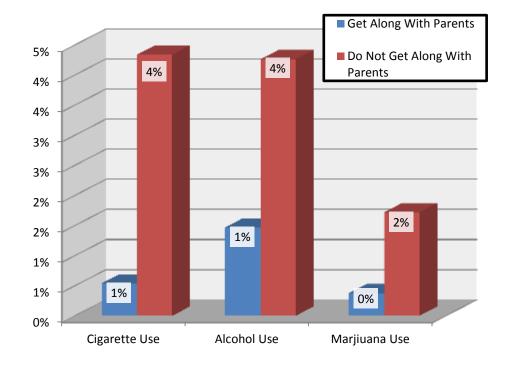
Past Month Substance Abuse Among Delaware Fifth Graders by Getting Along With Parents

The table on the right shows that most Delaware Fifth graders report getting along with their parents. The table below shows that those who report getting along with their parents use substances less than those who report not with getting along their parents. The differences are significant (p < .01) for all substance abuse measures.

Percent of Delaware Fifth Graders Who Get Along Well With Parents



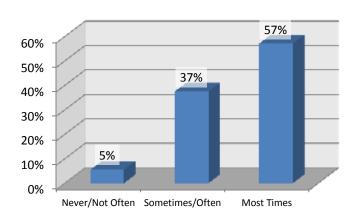
Past Month Substance Abuse Among Delaware Fifth Graders Reporting Getting Along Well With Parents



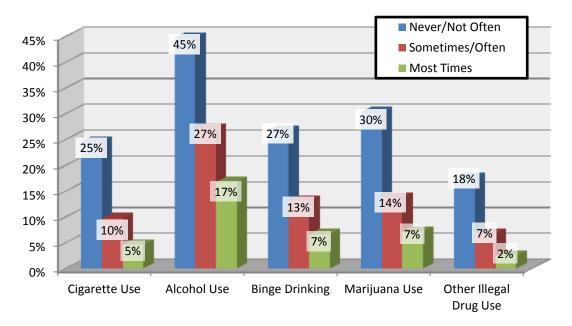
Past Month Substance Abuse Among Delaware Eighth Graders by Getting Along With Parents

The table on the right shows how often Delaware eighth graders report getting along well with parents. As shown in the table below, the more eighth graders report getting along well with parents, the less likely they are to use substances. The differences are significant (p < .01) for all substance use measures.

How Often Delaware Eighth Graders Get Along Well With Parents



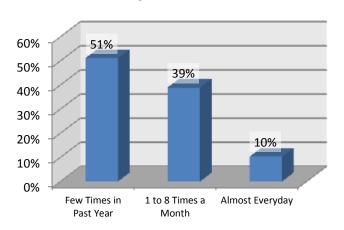
Past Month Substance Abuse Among Delaware Eighth Graders by Getting Along Well With Parents



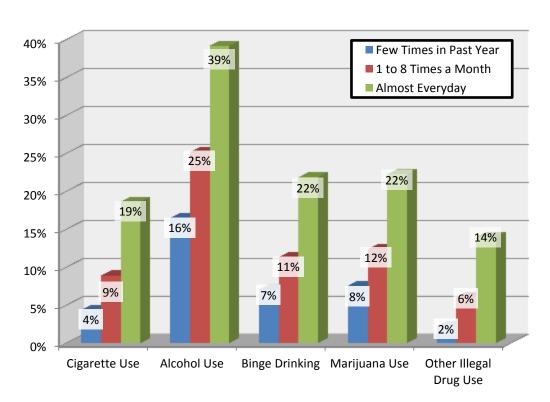
Past Month Substance Abuse Among Delaware Eighth Graders by Fighting/Arguing With Parents

The table on the right shows how often Delaware eighth graders report arguing or fighting with parents. The table below shows that those Eighth graders who argue with parents the least are less likely to report past month substance use. The differences are statistically significant (p < .01) for all substance use measures.

How Often Delaware Eighth Graders Argue or Fight With Parents



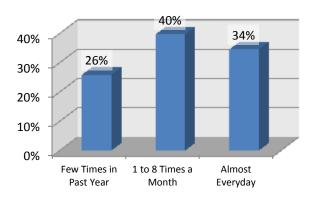
Past Month Substance Abuse Among Delaware Eighth Graders by Arguing or Fighting With Parents



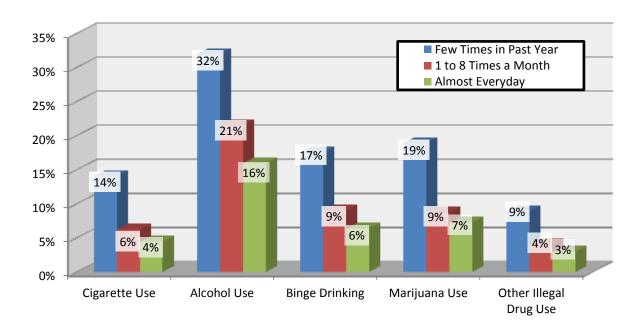
Past Month Substance Abuse Among Delaware Eighth Graders by Talking With Parents About School

The table on the right shows how often Delaware eighth graders report talking with their parents about school. The table below shows that those who report talking with parents about school the most use substances the least. The differences are statistically significant for all substance abuse measures ($\rho < .01$).

How Often Delaware Eighth Graders Talk With Parents About School

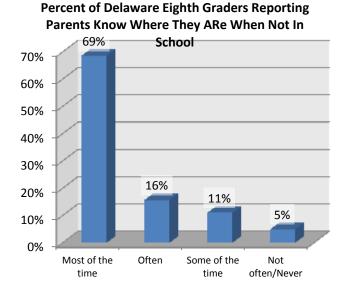


Past Month Substance Abuse Among Delaware Eighth Graders by Talking With Parent About School

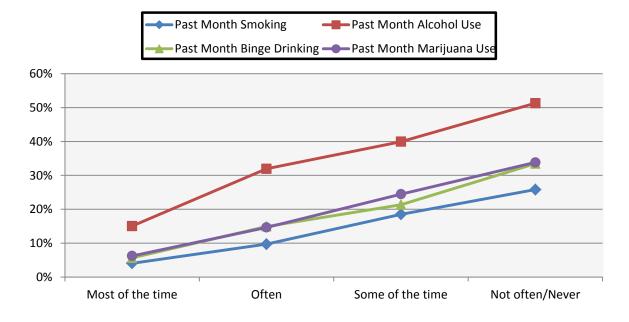


Past Month Substance Abuse Among Delaware Eighth Graders Reporting Parents Know Where They Are When Not In School

The table on the right shows that two-thirds of Delaware eighth graders report that their parents know where they are most of the time or often when they are not in school. The table below reveals an increase in reports of past month substance use as students report less parental supervision. The steady increase in substance statistically significant (p < .001) for each substance abuse measure.

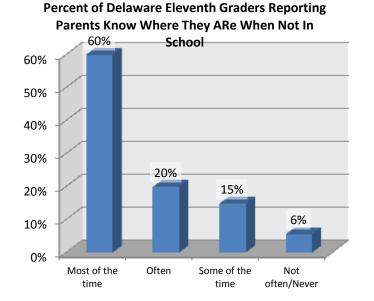


Past Month Substance Abuse Among 2009 Delaware Eighth Graders Reporting Parents Know Where They Are They Are When They Are Not In School

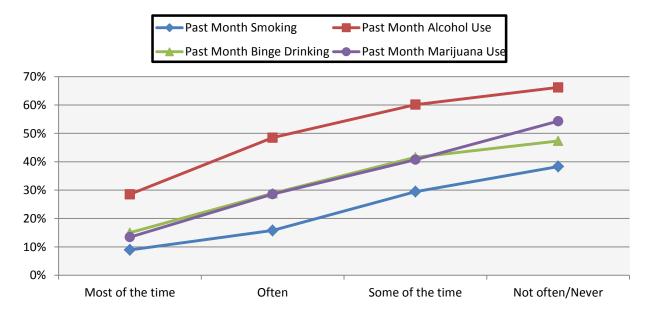


Past Month Substance Abuse Among Delaware Eighth Graders Reporting Parents Know Where They Are When Not In School

The table on the right shows that about six out of ten Delaware eleventh graders report that their parents know where they are most of the time or often when they are not in school. The table below reveals the increase in reports of past month substance use as students report less parental supervision. The steady increase in substance use is statistically significant (p < .001) substance for each abuse measure.



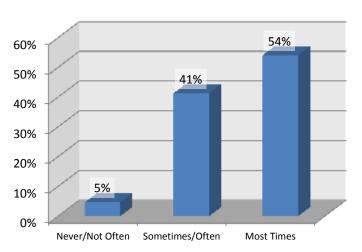
Past Month Substance Abuse Among Delaware Eleventh Graders Reporting Parents Know Where They Are They Are When They Are Not In School



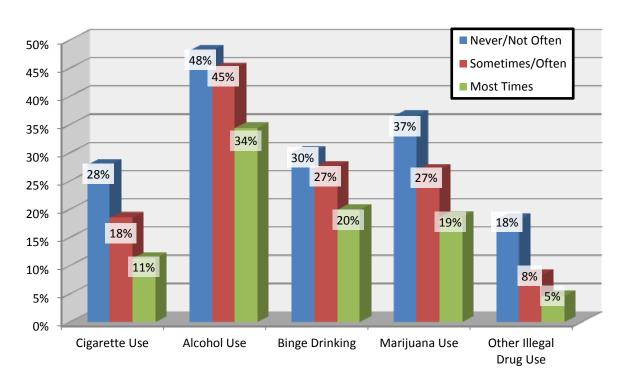
Past Month Substance Abuse Among Delaware Eleventh Graders by Getting Along With Parents

How Often Delaware Eleventh Graders Get Along Well With Parents

The table on the right shows how often Delaware eleventh graders report getting along well with parents. The table below shows that the more eleventh graders report getting along well with parents, the less likely they are to use substances. The differences are significant (p < .01) for all substance use measures.



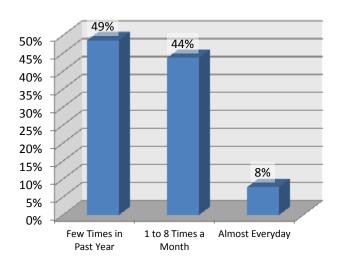
Past Month Substance Abuse Among Delaware Eleventh Graders by Getting Along Well With Parents



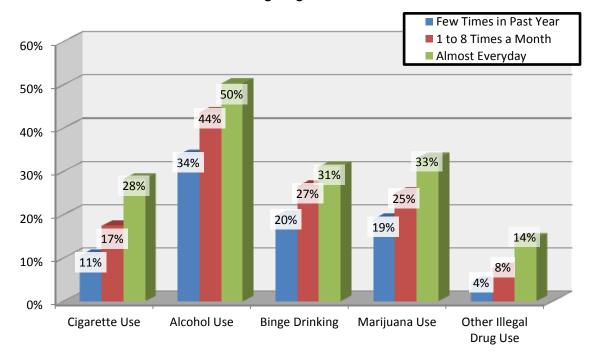
Past Month Substance Abuse Among Delaware Eighth Graders by Fighting/Arguing With Parents

How Often Delaware Eighth Graders Argue or Fight With Parents

The table on the right shows how often Delaware eleventh graders report arguing or fighting with parents. The table below shows that those who argue with parents the least are less likely to report past month substance use. The differences are statistically significant (p <.01) for all substance use measures.



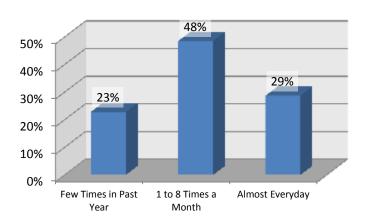
Past Month Substance Abuse Among Delaware Eighth Graders by Arguing or Fighting With Parents



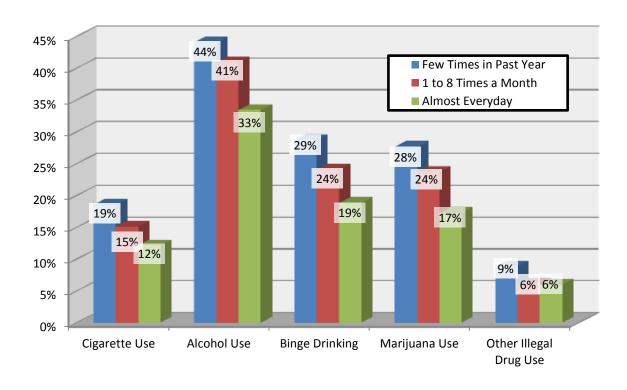
Past Month Substance Abuse Among Delaware Eleventh Graders by Talking With Parents About School

The table on the right shows how often Delaware eleventh graders report talking with their parents about school. The table below shows that those who report talking with parents about school the most use substances the least. The differences are statistically significant for all substance abuse measures (p < .01).

How Often Delaware Eleventh Graders Talk With Parents About School



Past Month Substance Abuse Among Delaware Eleventh Graders by Talking With Parent About School



VIII.

How Does the Data for Delaware
Compare With What is Happening
Regionally and Nationally?

COMPARISON OF RECENT NATIONAL AND DELAWARE ESTIMATES OF CIGARETTES, ALCOHOL, AND MARIJUANA AMONG MIDDLE SCHOOL STUDENTS (Percentages)

	<u>CIGARETTES</u>		ALCO	<u>ALCOHOL</u>		UANA
	<u>Past</u> <u>Year</u> *	<u>Past</u> <u>Month</u>	<u>Past</u> <u>Year</u> *	<u>Past</u> <u>Month</u>	<u>Past</u> <u>Year</u> *	<u>Past</u> <u>Month</u>
2009 8 th Grade Delaware	12	8	40	22	18	11
2008 8 th Grade MTF	*	7	32	16	11	6
2008 8 th Grade Delaware	12	8	41	23	18	10

Note: * Indicates that no estimate is available.

Source: 2008 Monitoring the Future Study (MTF), University of Michigan; 2008- 2009 Delaware School Survey, Center for Drug and Alcohol Studies, University of Delaware.

COMPARISON OF RECENT NATIONAL AND DELAWARE ESTIMATES OF CIGARETTES, ALCOHOL, AND MARIJUANA AMONG HIGH SCHOOL STUDENTS (Percentages)

	CIGAR	ETTES	ALC	ALCOHOL		JUANA
	<u>Past</u> <u>Year</u> *	<u>Past</u> <u>Month</u>	<u>Past</u> <u>Year</u> *	<u>Past</u> <u>Month</u>	<u>Past</u> <u>Year</u> *	<u>Past</u> <u>Month</u>
2009 11 th Grade Delaware	20	15	66	39	37	23
2008 12 th Grade MTF	*	20	66	43	32	19
2008 11 th Grade Delaware	21	16	66	41	36	22
2007 9 th –12 th Grade YRBS- Delaware	*	22	*	45	*	25

Note: *Indicates that no estimate is available.

Source: 2008 Monitoring the Future Study (MTF), University of Michigan; 2007 Youth Risk Behavior Surveillance Survey (YRBS), Centers for Disease Control; 2008- 2009 Delaware Students Survey, Center for Drug and Alcohol Studies, University of Delaware.