## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been drinking alcohol one or more times during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who drove a car or other vehicle during the past 30 days, the percentage who texted or emailed while driving on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who carried a gun on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were in a physical fight one or more times during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were in a physical fight one or more times during the past 12 months in which
they were injured and had to be treated by a doctor or nurse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were in a physical fight on school property one or more times during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who dated or went out with someone during the past 12 months, the percentage who had been forced by someone they were dating or going out with to do sexual things that they did not want to one or more times during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had ever been bullied on school property during the past 12 months


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who had ever been electronically bullied during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who seriously considered attempting suicide during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who made a plan about how they would attempt suicide during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who actually attempted suicide one or more times during the past 12 months


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse


## Delaware High School Survey

Percentage of students who ever tried cigarette smoking, even one or two puffis


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who smoked a whole cigarette for the first time before age 13 years


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who smoked cigarettes on 20 or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had at least one drink of alcohol on one or more days during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had their first drink of alcohol other than a few sips before age 13 years


## Delaware High School Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who had ten or more drinks of alcohol in a row, that is, within a couple of hours, during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days


## Delaware High School Survey

Percentage of students who used marijuana one or more times during their life


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who tried marijuana for the first time before age 13 years


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who used marijuana one or more times during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who used heroin one or more times during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who used methamphetamines one or more times during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who used ecstasy one or more times during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ever had sexual intercourse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had sexual intercourse for the first time before age 13 years


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had sexual intercourse with four or more people during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had sexual intercourse with one or more people during the past three months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who had sexual intercourse during the past three months, the percentage who used an IUD or implant or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who had sexual intercourse during the past three months, the percentage who used birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who had sexual intercourse during the past three months, the percentage who used both a condom during last sexual intercourse and birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who had sexual intercourse during the past three months, the percentage who used no method of birth control to prevent pregnancy before last sexual intercourse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**


[^0]
## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**


[^1]
## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who described themselves as slightly or very overweight


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were trying to lose weight


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who drank $\mathbf{1 0 0} \%$ fruit juices one or more times during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate fruit one or more times during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate green salad one or more times during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate other vegetables one or more times during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate fruits or drank $\mathbf{1 0 0 \%}$ fruit juices two or more times per day during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate fruits or drank $\mathbf{1 0 0 \%}$ fruit juices 0 times per day during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate fruits or drank $\mathbf{1 0 0 \%}$ fruit juices one or more times per day during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate fruits or drank $\mathbf{1 0 0 \%}$ fruit juices three or more times per day during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who drank three or more glasses per day of milk during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who drank $\mathbf{0}$ glasses per day of milk during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who drank one or more glasses per day of milk during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who drank two or more glasses per day of milk during the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate breakfast on all of the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate breakfast on none of the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who watched three or more hours per day of TV on an average school day


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who attended physical education (PE) classes daily in an average week when they were in school


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who played on one or more sports teams during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had ever been taught in school about AlDS or HIV infection


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had ever been told by a doctor or nurse that they had asthma


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who would describe their grades in school as mostly A's or B's during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who typically sleep at home, or home of friend or relative, with their parent(s) or guardian(s)


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who reported that either of their parents or other adults in their family are serving on active duty in the military


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have a parent or other adult in their family who has been in jail or in prison during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have physical disabilities or long-term health problems


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have long-term emotional problems or learning disabilities


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students whose family have moved one or more times since they started Kindergarten


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who responded that someone had tried to hurt them by hitting, punching, or kicking them on school property on one or more of the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had someone they were dating or going out with say things to them or say things to other people about them to purposely hurt them one or more times during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting, scraping, or burning themselves on purpose, during the past 12 months


## 2013 Youth Risk Behavior Survey Resulis

## Delaware High School Survey

Percentage of students who used dissolvable tobacco products such as orbs on one or more or the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who used marijuana on school property one or more times during the past 30 days


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who used any kind of herbal or natural substance to get high, such as salvia, woodrose, or morning glory seeds, one or more times during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have taken prescription painkillers, such as OxyContin, codeine, or Percocet, without a doctor's prescription one or more times during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have offered, sold, or given anyone an illegal drug on school property during the past 12 months


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Among students who have had sexual intercourse, the percentage whose partners were three or more years older than themselves the first time they had sexual intercourse


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have been pregnant or gotten someone pregnant one or more times


## 2013 Youth Risk Behavior Survey Resulis

## Delaware High School Survey

Percentage of students who have ever been told by a doctor or nurse that they had a sexually transmitted disease (STD)


## 2013 Youth Risk Behavior Survey Resultis

## Delaware High School Survey

Percentage of students who have had sexual contact with males and females during their life


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who describe themselves as gay or lesbian or bisexual


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have ever given or received oral sex


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who think that their health teacher has given them the most information about safe sex practices


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who had one or more caffeinated drinks yesterday


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who would know where to have an HIV test if they wanted one done


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students whose asthma was a little problem or a big problem when they ran, exercised, or played sports during the last 4 weeks


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who get eight or more hours of sleep on average school night


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who would most likely talk to no one if they had a personal problem with drinking, drug use, or sexual behavior


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who eat dinner with their family three or more times in an average week


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have been asked to text a revealing, intimate photo of themself during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have received a text with a revealing, intimate photo of someone during the past 30 days


## 2013 Youth Risk Behavior Survey Resulits

## Delaware High School Survey

Percentage of students who have had a revealing intimate photo of themself sent to others without their permission during the past 30 days



[^0]:    **QNOWT - Weighted Data - Based on reference data from the 2000 CDC Growth Charts.
    *Non-Hispanic.
    Missing bars indicate fewer than 100 students in this subgroup.

[^1]:    **QNOBESE - Weighted Data - Based on reference data from the 2000 CDC Growth Charts.
    *Non-Hispanic.
    Missing bars indicate fewer than 100 students in this subgroup.

