otal njury an	nd Violen	nce	Hea	llth Risk	Behavior	· and Pei	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	among stu picycle he		no rode a	bicycle d	luring the	past 12 i	months, t	he percer	ntage who	never o	rarely			
	•						82.5	87.9	86.0	87.4	85.7	No linear change	Not available§	No change
QN9: P	ercentage	e of stude	ents who	never or 1	rarely wo	re a seat l	oelt when	riding ir	a car dr	iven by so	omeone			
							7.1	8.4	5.6	3.8	5.4	Decreased, 2005-2013	Not available	No change
					e or more		ring the p	oast 30 da	iys in a ca	ar or othe	r			
							31.3	27.0	26.9	20.8	18.8	Decreased, 2005-2013	Not available	No change
QN13: past 30		ge of stud	lents who	carried a	a weapon	such as a	gun, kni	fe, or clu	b on one	or more	of the			
							17.8	19.4	16.7	11.3	13.9	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total Injury a	nd Violeı	nce												
			Hea	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN14:	Percenta	ge of stud	lents who	o carried	a gun on	one or mo	ore of the	past 30	days					
							5.7	7.1	6.6	3.4	5.5	No linear change	Not available§	No change
		ge of stud		carried	a weapor	such as a	a gun, kn	ife, or clu	ıb on sch	ool prope	erty on			
							7.4	6.4	5.9	3.9	3.5	Decreased, 2005-2013	Not available	No change
						ool on on or from		e of the p	ast 30 da	ys becaus	se they			
							5.2	7.4	4.3	3.1	12.8	Increased, 2005-2013	Not available	Increased
						ned or inject past 12 r		a weapo	on such as	s a gun, k	nife, or			
							7.0	7.8	7.2	4.4	6.1	Decreased, 2005-2013	Not available	No change
QN18:	Percenta	ge of stud	lents who	o were in	a physica	al fight on	ne or mor	e times d	uring the	past 12 1	months			
							31.4	31.4	24.7	23.5	24.0	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

otal njury a	nd Violen	ice	Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from
														2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN19: n whicl	Percentag h they we	ge of stud re injured	lents who	were in to be tre	a physicated by a	al fight or doctor o	ne or mor r nurse	e times d	uring the	past 12 r	nonths			
							3.1	4.0	3.7	3.5	2.2	Decreased, 2005-2013	Not available§	No change
	Percentag 12 month		lents who	were in	a physica	al fight or	n school p	property of	one or mo	ore times	during 9.3	Decreased, 2005-2013	Not available	No change
	Percentage want to	ge of stud	lents who	had eve	r been pl	ysically f	forced to	have sex	ual interc	ourse wh	en they			
							8.6	8.3	10.2	7.1	7.9	No linear change	Not available	No change
QN24:	Percentag	ge of stud	lents who	had eve	r been bu	llied on s	chool pro	perty du	ring the p	ast 12 m	onths			
-		-							17.5	17.2	18.8	No linear change	Not available	No change
	Percentag t they stop								two week	s or more	e in a			
	-	_	-				29.0	27.1	25.8	23.8	22.5	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Fotal njury ai	nd Violen	ıce	Heal	lth Risk	Behavio	r and Per	centages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN27:	Percentag	ge of stud	lents who	seriously	y conside	ered attem	pting sui	cide duri	ng the pa	st 12 mo	nths			
							15.0	14.3	13.4	10.8	12.9	No linear change	Not available§	No change
QN28: months	Percentag	ge of stud	lents who	made a j	plan abou	it how the	ey would 14.0	attempt s	suicide du 8.8	ring the	past 12 10.3	Decreased, 2005-2013	Not available	Increased
QN29: months	Percentag	ge of stud	lents who	actually	attempte	ed suicide	one or m	ore times	during t	he past 1	2			
							8.7	8.4	6.3	7.3	7.6	No linear change	Not available	No change
						ttempt dur			onths tha	t resulted	in an			
5 5 1	C	-				•	2.5	2.4	3.3	3.3	2.1	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total Tobacco	Use		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokir	ng, even o	one or tw	o puffs					
							56.5	52.6	46.7	42.3	32.6	Decreased, 2005-2013	Not available [§]	Decreased
QN32:	Percentag	ge of stud	lents who	smoked	a whole	cigarette	for the fi	rst time b	efore age	e 13 years	S			
							21.2	15.8	13.9	13.0	7.1	Decreased, 2005-2013	Not available	Decreased
QN33:	Percentag	ge of stud	dents who	smoked	cigarette	es on one	or more o	of the pas	t 30 days					
							25.6	20.6	20.3	16.3	11.6	Decreased, 2005-2013	Not available	No change
QNFRO	CIG: Perc	entage of	f students	s who sm	oked cig	arettes on	20 or mo	ore of the	past 30 c	lays	-			
							11.9	9.2	8.9	5.7	3.2	Decreased, 2005-2013	Not available	No change
QN36: days	Percentag	ge of stud	dents who	smoked	cigarette	s on scho	ol propei	ty on one	e or more	of the pa	ast 30			
							11.8	6.7	7.4	5.3	2.7	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

'obacco	Use		Heal	lth Risk	Behavio	r and Pei	rcentages	5				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: for 30 d		ge of stud	lents who	ever smo	oked ciga	arettes dai	ily, that is	s, at least	one ciga	rette ever	y day			
							17.4	14.5	13.2	11.0	6.5	Decreased, 2005-2013	Not available§	Decreased
ON120.	Percentag	ge of stud	lents who	used che	ewing tob	acco, snu	ıff, or dip	on one o	or more o	f the past	30			
							8.0	8.4	9.2	8.4	6.4	No linear change	Not available	No change
days	Percentag	ge of stud	lents who	smoked	cigars, c	igarillos,						No linear change	Not available	No change
days QN40:	Percentag	ge of stud	lents who	smoked	cigars, c	igarillos,						No linear change	Not available Not available	No change
QN40: days	YTOB: P	Percentage	lents who	ents who			or little c	igars on o	one or mo	ore of the	past 30 9.7			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

		o o	Hea	lth Risk	Behavio	or and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percentag	ge of stud	lents who	had at le	east one o	drink of al	lcohol on	one or m	nore days	during th	neir life			
							75.5	74.6	73.0	73.8	62.7	Decreased, 2005-2013	Not available§	Decreased
QN42: years	Percentag	ge of stud	lents who	had thei	r first dri	ink of alco	ohol other	r than a f	ew sips b	efore age	13			
, cars							29.3	27.2	23.9	22.2	20.3	Decreased, 2005-2013	Not available	No change
QN43:	Percentag	ge of stud	lents who	had at le	east one o	drink of al	lcohol on	one or m	nore of th	e past 30	days			
							46.7	45.4	39.5	40.4	35.4	Decreased, 2005-2013	Not available	No change
	Percentagon one or				or more	drinks of	alcohol i	n a row,	that is, w	ithin a co	ouple of			
							30.0	26.2	22.2	23.0	18.6	Decreased, 2005-2013	Not available	No change
QN46:	Among s	tudents v	who repor	ted curre	nt alcoho	ol use, the	percenta 30 days	ge who u	sually go	t the alco	hol			
they dra														

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

lcohol	and Othe	r Drug U		lth Risk	Behavio	r and Pe	rcentages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 QN47:	Percentag	ge of stud	lents who	used ma	urijuana o	ne or mo	re times o	during the	eir life					
							42.1	40.2	40.1	39.4	37.1	No linear change	Not available [§]	No change
QN48:	Percentag	ge of stud	lents who	tried ma	urijuana fo	or the firs	t time be	fore age	13 years					
							14.0	9.8	10.4	8.7	7.2	Decreased, 2005-2013	Not available	No change
QN49:	Percentag	ge of stud	lents who	used ma	urijuana o	ne or mo	re times d	during the	e past 30	days	-			
							25.0	24.0	22.5	20.2	19.4	Decreased, 2005-2013	Not available	No change
	Percentag mes durin			used any	y form of	cocaine,	including	g powder	, crack, o	r freebas	e one or			
							9.0	7.2	5.1	4.8	3.2	Decreased, 2005-2013	Not available	No change
	Percentag							of aeroso	ol spray ca	ans, or in	haled			
	P10	.,	.0			-8	19.5	13.7	11.2	12.7	8.3	Decreased, 2005-2013	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

otal Acohol	and Othe	er Drug U		lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN52:	Percentag	ge of stud	lents who	used he	roin one	or more ti	imes duri	ng their l	ife					
							3.6	2.8	3.8	3.8	1.5	No linear change	Not available [§]	No change
QN53:	Percentag	ge of stud	lents who	used me	ethamphe	tamines o	one or mo	ore times	during th	eir life				
							7.0	5.2	5.0	3.9	1.8	Decreased, 2005-2013	Not available	No change
QN54:	Percentag	ge of stud	lents who	used ecs	stasy one	or more	times dur	ing their	life	-				
							9.0	7.3	7.7	7.1	5.1	Decreased, 2005-2013	Not available	No change
	Percentag		lents who	took ste	roid pills	or shots	without a	doctor's	prescript	ion one o	or more			
	C						4.8	3.7	3.5	4.0	3.0	No linear change	Not available	No change
	Percentag		lents who	used a n	needle to i	inject any	illegal d	rug into	their body	y one or r	nore			
	6								2.8					

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

	Healt	h Risk B	Behavior	and Per	centages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
01 1993 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total Sexual B	ehaviors		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	•		
QN59:	Percentag	ge of stud	lents who	ever had	d sexual i	ntercours	e							
							53.8	57.9	53.4	50.2	48.1	Decreased, 2005-2013	Not available§	No change
QN60:	Percentag	ge of stud	lents who	had sex	ual interc	ourse for	the first	time befo	ore age 13	years		,		
							11.4	7.1	7.2	5.3	5.7	Decreased, 2005-2013	Not available	No change
QN61:	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h four or	more pe	ople duri	ng their li	ife			
							20.0	23.1	16.9	18.2	15.9	No linear change	Not available	No change
QN62: months	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h one or	more peo	ple durin	g the pas	t three			
							37.0	46.5	40.4	36.1	32.9	Decreased, 2005-2013	Not available	No change
QN63: drank a	Among s	tudents w	vho had s gs before	exual int last sexu	ercourse al interco	during the	e past thr	ee month	is, the per	centage v	who			
							30.8	21.8	19.5	22.1	15.5	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total Sexual B	ehaviors	:	Hea	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
				sexual intended		during the	e past thr	ee month	s, the per	rcentage	who			
							67.9	62.9	55.1	54.7	66.1	No linear change	Not available§	Increased
QN65: used bir	Among s	students v	vho had s prevent p	sexual into	ercourse before la	during the	e past thr intercou	ee month	s, the per	centage	who			
							18.9	19.8	25.3	24.5	13.2	No linear change	Not available	Decreased
QNOTH used an intercou	IUD or i	ong stude mplant o	nts who h	had sexua patch, or b	ll intercou	urse durin rol ring to	ng the pas o prevent	t three m	onths, the	e percent last sexu	age who			
										6.0	11.3	No linear change	Not available	No change
who use	d birth c		ls, an IUI			course du shot, patc								
										30.5	24.5	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

		Heal	lth Risk	Behavio	r and Per	rcentages	8				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
1991 1993													
NDUALBC: A	Among st	adents wh	no had se	xual inter	rcourse du	uring the	l pills, ar	IUD or					
NDUALBC: A	Among st	adents wh	no had se	xual inter	rcourse du	uring the	l pills, ar	IUD or			No linear change	Not available [§]	No change
ONDUALBC: A ho used both a hot, patch, or bin ONBCNONE: A	Among st condom irth contro	udents wh during las ol ring to p	no had se st sexual i prevent p	xual interintercours	rcourse du se and bir before la	uring the th control ast sexual uring the	i pills, ar intercou	i IUD or rise	implant, 12.4	or a 10.8	No linear change	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
				who were x, by age		ght (i.e., a	t or abov	e the 85t	h percent	tile but be	elow the			
							17.6	14.5	13.6	16.2	17.9	No linear change	Not available¶	No change
	ESE: Per by age and		f student	s who we	ere obese	(i.e., at or	above th	ne 95th p	ercentile	for body		N. F.		
													Not available	No change
									12.0	13.3	12.1	No linear change	Not available	No change
QN66:	Percenta	ge of stud	lents who	describe	d themse	lves as sl				13.3	12.1	No linear change	Not available	No change
QN66:	Percenta	ge of stud	lents who	describe	d themse	lves as sl				30.2	32.1	No linear change	Not available Not available	No change
				,		lves as sl	ightly or 33.1	very ove	rweight					
				,			ightly or 33.1	very ove	rweight					
QN67: QN68:	Percenta;	ge of stuc	lents who	were try	ing to los		ightly or 33.1 48.1	very ove 29.9 43.1	rweight 27.5 44.6	30.2	32.1	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

*Based on t-test analysis, p < 0.05.

*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

			Hea	lth Risk	Behavior	r and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN69: ose we	Percenta eight or to	ge of stud keep fro	lents who	took any g weight	y diet pills during the	s, powder e past 30	rs, or liqu days	ids witho	out a doct	or's advi	ce to			
							6.1	6.3	4.3	5.2	3.6	Decreased, 2005-2013	Not available§	No change
weight	during the	e past 30	days		d or took la		4.7	4.9	3.2	4.2	2.7	Decreased, 2005-2013	Not available	No change
)N71:	Percenta	ge of stud	lents who	drank 10	00% fruit	juices on	e or mor	e times d 74.5	uring the 74.6	past seve	en days 76.6	No linear change	Not available	No change
	Percenta	ge of stud	lents who	ate fruit	t one or me	ore times	during t	he past se	even days	3				
QN72:							77.9	81.9	81.8	87.5	88.3	Increased, 2005-2013	Not available	No change
QN72:														
	Percenta	ge of stud	lents who	ate gree	n salad on	ne or mor	e times d	luring the	past sev	en days				_

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total Weight N	Managen	ent and	_											
			Hea	ılth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN76:	Percenta	ge of stud	lents who	ate othe	r vegetab	oles one o	r more tir	nes durin	ng the pas	t seven d	ays			
							82.2	82.1	82.5	85.4	83.9	No linear change	Not available§	No change
	JIT: Perc he past se			s who ate	fruits or	drank 100)% fruit j	uices two	or more	times pe	r day			
							25.1	28.4	28.9	30.0	31.1	Increased, 2005-2013	Not available	No change
QNFR0 seven da		tage of st	udents w	ho ate fru	its or dra	ank 100%	fruit juic	es 0 time	es per day	during t	he past			
							7.5	8.1	8.7	6.7	5.5	Decreased, 2005-2013	Not available	No change
	: Percent			ho ate fru	iits or dra	ank 100%	fruit juic	es one or	more tin	nes per d	ay			
							51.4	52.7	56.9	56.6	59.3	Increased, 2005-2013	Not available	No change
	: Percent			ho ate fru	its or dra	ank 100%	fruit juic	es three	or more t	imes per	day			
5	•	J					17.1	19.8	18.1	18.1	20.4	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percenta the past se			drank a	can, bott	le, or glas	s of soda	or pop o	ne or mo	re times p	er day			
								33.5	30.2	26.5	23.4	Decreased, 2007-2013	Not available§	No change
during QNSO	the past so	even days	f student			, bottle, o		16.4	20.3	18.9	23.2	No linear change	Not available	No change
,			Ĭ					25.9	21.3	19.1	16.9	Decreased, 2007-2013	Not available	No change
		centage o		s who dra	ank a can	, bottle, o	r glass of	f soda or	pop three	or more	times			
	during u							16.1	12.8	10.5	10.5	Decreased, 2007-2013	Not available	No change
	during ti													
per day		ge of stud	ents who	drank th	ree or m	ore glasse	s per day	of milk	during th	e past sev	en days			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavior	r and Per	rcentages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNMIL	K0: Perc	entage o	f students	s who dra	ank 0 glas	sses per da	ay of mil	k during	the past s	seven day	s			
							19.0	21.9	19.4	21.4	21.3	No linear change	Not available [§]	No change
	.K2: Perc	centage o	f students	s who dra	ank two o	or more gla	39.2	37.2 day of n	42.8	41.3	37.1 t seven	No linear change	Not available	No change
days							26.9	23.5	26.2	27.9	22.6	No linear change	Not available	Decreased
QN79:	Percentag	ge of stud	lents who	ate brea	kfast on a	all of the p	past seve	n days						
									35.5	34.6	39.8	No linear change	Not available	No change
	DVET. D	ercentage	of stude	ente who	ate breakt	fast on no	one of the	past sevi	en davs					
QNNO	DKF1: P	creemage	or stude	into who .	aic bicaki	last on no	or the	Past se .						

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

otal hysical	Activity													
			Hea	lth Risk	Behavio	or and Pe	rcentage	es				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	ysically	active for	a total o	f at least (60 minute	es per day	y on five			
								45.5	43.8	42.0	41.0	No linear change	Not available§	No change
	DAY: Pe			nts who	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
								17.2	19.0	16.9	20.0	No linear change	Not available	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	at least 60	minutes	per day			
								26.3	26.4	21.5	26.6	No linear change	Not available	No change
QN81:	Percentag	ge of stud	lents who	watched	d three or	more hou	urs per da	ay of TV	on an ave	rage sch	ool day			
							43.7	39.7	32.8	36.6	36.6	Decreased, 2005-2013	Not available	No change
ON82:						computer			omputer	for somet	thing			
	s not scho	oi work i	nree or n	nore hou	rs per day	y on an av	erage scl	noor day						

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centages	3				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					l physical	educatio	n (PE) cl	asses on	one or me	ore days	n an			
verage v	veek wh	en they v	vere in sc	hool			40.7	27.7	21.2	25.0	20.4	NT 1' 1	N	N. 1
							40.7	37.7	31.3	35.0	39.4	No linear change	Not available [§]	No change
	DE: Dor			s who att	ended ph	ysical edu	ication (I	PE) classe	es daily in	n an avera	age			
		were in s	chool											
		were in s	chool				30.5	27.1	25.3	29.6	18.6	Decreased, 2005-2013	Not available	Decreased
week who	en they v					more spo						Decreased, 2005-2013	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Total Site-Add	ed													
			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: past 12	Percentag months	ge of stud	lents who	would d	lescribe tl	neir grade	es in scho	ol as mo	stly A's o	r B's duri	ing the			
							57.3	55.6	63.4	69.8	68.7	Increased, 2005-2013	Not available§	No change
	Percentag) or guard		lents who	typically	y sleep at	home, or	home of	friend o	r relative,	with the	ir 98.4	Increased, 2011-2013	Not available	Increased
										93.1	96.4	Increased, 2011-2015	Not available	Increased
	Percentag on active				d that eith	er of thei	r parents	or other	adults in	their fam	ily are			
serving	on active	duty in t	ne minta	ıy						22.9	20.6	No linear change	Not available	No change
QN90:	Percentag luring the	ge of stud	lents who	have a p	parent or	other adu	lt in their	family v	vho has b	een in jai	l or in			
prison c	uring the	past 12 1	nonuis							16.7	14.0	No linear change	Not available	No change
QN91:	Percentag	ge of stud	lents who	have ph	ysical dis	abilities o	or long-te	rm healt	h problen	ns				
										8.2	10.3	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Fotal Site-Add	ed		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN92:	Percentag	ge of stud	lents who	have lor	ng-term e	motional	problems	s or learn	ing disab	ilities				
										9.2	11.3	No linear change	Not available§	No change
						omeone ha		o hurt the	em by hit	ting, pund	ching, or			
							12.8	14.3	10.7	7.6	10.0	Decreased, 2005-2013	Not available	No change
QN96: such as	Percentage cutting, se	ge of stud	lents who	did som	ething to lves on p	purposely	y hurt the uring the	emselves past 12 r	without v	wanting to	o die,			
							17.9	14.0	12.7	12.5	12.2	Decreased, 2005-2013	Not available	No change
						ne past 30								
nome of	another	person s	nome as	men usua	ai piace ti	ney usuan	iy dialik i	aicoiloi u	90.6	86.7	93.8	No linear change	Not available	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total Site-Added		Шаа	alth Diale	Daharia	n and Dav						Lincon Chongo*	Our ductio Change*	Change from
		пеа	iitii Kisk	Denavio	r and Per	centages	•				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991 199	3 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN99: Amor that they drin their type of a	k, the percer	ntage who	reported	l liquor, s	uch as vo	dka, rum							
		•						46.0	47.6	55.8	No linear change	Not available [§]	No change
QN100: Pero 30 days	entage of st	udents wh	no used n	narijuana	on school	property	one or i	nore time	es during	the past			
						6.3	5.4	4.2	5.1	3.8	No linear change	Not available	No change
QN101: Pero salvia, woodr	entage of st	udents wh	no used a	ny kind o	of herbal o	r natural uring the	substanc ir life	e to get h	igh, such	ı as			
							6.2	6.3	9.1	5.0	No linear change	Not available	Decreased
QN102: Perc Percocet, with								OxyCon	itin, code	ine, or			
							23.0	19.9	18.3	14.5	Decreased, 2007-2013	Not available	No change
QN103: Pero				offered, so	old, or give	en anyon	e an illeg	gal drug o	n school				
							8.6	8.3	8.7	5.6	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Fotal Site-Add	ed		**	LI D''	D	l.F.						V	0 1 4 0 *	CI C
			Hea	ilth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN105	Percent	age of stu	idents wh	no have b	een preg	nant or go	otten som	eone preg	gnant one	or more	times			
							6.9	6.6	5.6	7.2	3.4	No linear change	Not available§	No change
	Percent tted disea			no have e	ver been	told by a	doctor or	nurse th	at they ha	ad a sexua	ally			
u ansilii	ned disca	isc (STD)						2.1	2.8	2.9	1.6	No linear change	Not available	No change
				no descrit	be themse	elves as g	ay or lest			2.9	1.6	No linear change	Not available	No change
				no descrit	be themse	elves as g	ay or lest			7.0	7.1	No linear change	Not available Not available	No change
QN108:	Percent	age of stu	idents wh			elves as g		oian or bi	sexual					
QN108:	Percent	age of stu	idents wh					oian or bi	sexual					
QN108: QN109:	Percent	age of stu	idents wh	no have e	ver giver		ved oral so	oian or bi 6.1 ex 55.9	sexual 6.0 51.9	7.0	7.1	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Γotal Site-Add	ed		Hea	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN111: past 30		age of stu	ıdents wh	no exercis	sed to los	e weight	or to keep	p from ga	aining we	ight durii	ng the			
							61.3	59.1	59.9	62.7	63.9	No linear change	Not available§	No change
				no ate les ne past 30	s food, fe days	wer calor	ries, or fo	ods low	in fat to l	ose weigh	nt or to			
							43.0	36.1	37.0	40.7	39.9	No linear change	Not available	No change
QN113:	Percent	age of stu	ıdents wh	no had on	ne or more	e caffeina	ted drink	s yesterd	ay					
									65.3	63.9	58.2	Decreased, 2009-2013	Not available	No change
QN114:	Percent	age of stu	idents wh	no would	know wł	nere to ha	ve an HI	V test if t	hey want	ed one do	one			
								76.2	74.7	72.9	71.6	No linear change	Not available	No change
QN116:	Percent	age of stu	idents wh	no get eig	ght or mo	re hours o	of sleep o	n average	e school r	night				
									26.5	29.0	29.6	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Fotal Site-Add	ed		Heal	lth Risk	Behavio	r and Pe	rcentages	S				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
			dents wh		most like	ly talk to	no one it	f they had	d a persoi	nal proble	em with			
	, arag as	o, or some		.01						13.1	17.4	Increased, 2011-2013	Not available [§]	No change
QN118:	Percenta	nge of stu	idents wh	o eat din	ner with	their fam	ily three o	or more t	imes in a	n average	e week			
							66.6	65.8	68.5	70.5	69.0	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Iale ijury a	nd Violer	ıce	Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change [*]	Change from
														2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN8: A	Among stu bicycle he	udents wl elmet	no rode a	bicycle (during the	e past 12	months, t	the percei	ntage who	never o	r rarely			
							84.6	90.7	88.8	88.6	90.2	No linear change	Not available§	No change
QN9: F else	Percentage	e of stude	ents who	never or	rarely wo	ore a seat	belt wher	n riding in	n a car dri	iven by so	omeone 7.7	Decreased, 2005-2013	Not available	No change
	Percentag driven by						ring the p	past 30 da	ays in a c	ar or othe	er			
vemere	driven by	someon	c who had	a occii di	mking ai	conor	30.8	25.8	26.3	21.5	16.9	Decreased, 2005-2013	Not available	No change
QN13: past 30	Percentaş days	ge of stud	lents who	carried	a weapor	such as	a gun, kn	ife, or clu	ıb on one	or more	of the			
							29.0	28.3	25.0	19.2	21.6	Decreased, 2005-2013	Not available	No change
QN14:	Percentag	ge of stud	lents who	carried	a gun on	one or m	ore of the	past 30	days					
							8.9	11.2	9.9	6.1	9.0	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

jury a	nd Violei	nce												
			Hea	lth Risk	Behavio	r and Per	centages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N15: ne or i	Percentage nore of the	ge of stud ne past 30	ents who	carried a	a weapon	such as a	gun, kni	fe, or clu	b on scho	ool prope	rty on			
							12.5	9.6	7.3	5.6	4.5	Decreased, 2005-2013	Not available§	No change
						ool on one or from s		of the pa	ast 30 day	ys becaus	e they			
							2.8	8.7	4.5	3.3	10.2	No linear change	Not available	Increased
	D					ned or inju		a weapo	n such as	a gun, kı	nife, or			
	school p	roperty or	ne or mor	e times d	uring the	past 12 n	nontns							
		roperty or	ne or mor	e times d	uring the	past 12 n	8.7	9.8	8.4	6.0	7.7	No linear change	Not available	No change
club on	school pi					past 12 n	8.7					No linear change	Not available	No change
club on	school pi						8.7					No linear change Decreased, 2005-2013	Not available Not available	No change
QN18:	Percenta	ge of stud	ents who) were in	a physica		e or more 39.4	e times d	uring the 27.9	past 12 n 30.4	nonths 28.6			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

jury a	nd Violer	ice	Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag t 12 month		ents who	were in	a physica	l fight on	school p	roperty o	one or mo	ore times	during			
							18.1	17.7	8.3	7.7	12.2	Decreased, 2005-2013	Not available§	No change
	Percentage want to	ge of stud	ents who	had eve	been ph	ysically f	Forced to	have sext	ual interc	ourse wh	en they 5.1	No linear change	Not available	No change
N24:	Percentag	ge of stud	ents who	had eve	r been bu	llied on s	chool pro	perty du	ring the p	ast 12 m	onths			
									12.0	12.2	15.6	No linear change	Not available	No change
								day for	two week	s or mor	e in a			
QN26:	Percentag	ge of stud	ents who	felt so s sual acti	ad or hop vities dur	eless alm ing the pa	ost every ast 12 mc	onths	wo week	01 11101	c III u			
QN26: row tha	Percentag t they stop	ge of stud oped doin	ents who	felt so s Isual acti	ad or hop vities dur	eless alm ing the pa	ast 12 mo	onths 18.7	18.3	18.7	13.5	Decreased, 2005-2013	Not available	No change
row tha	Percentag t they stop	pped doin	ig some u	isual acti	vities dur	ing the pa	19.8	nths 18.7	18.3	18.7	13.5	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentages	3				Linear Change*	Quadratic Change [*]	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag	ge of stud	dents who	made a	plan abou	ut how the	ey would	attempt s	suicide du	uring the	past 12			
nonuns							13.6	8.4	8.0	6.1	6.8	Decreased, 2005-2013	Not available [§]	No change
N29:	Percenta	ge of stud	dents who	o actually	attempte	ed suicide						Decreased, 2005-2013	Not available [§]	No change
QN29: nonths	Percenta	ge of stud	dents who	o actually	attempte	ed suicide						Decreased, 2005-2013 No linear change	Not available [§] Not available	No change
QN29: nonths	Percentag	ge of stud	dents who	o made a	suicide at	ed suicide	one or m 7.3 ring the p	7.1	s during t	he past 1	2 5.5	,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Tobacco	Use		**	u p: :	.	15						V: (I) *	0 1 4 6 4	CI 6
			Hea	Ith Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokin	ng, even o	one or tw	o puffs					
							54.9	54.6	46.2	43.0	30.9	Decreased, 2005-2013	Not available§	Decreased
QN32:	Percentag	ge of stud	lents who	smoked	a whole	cigarette i	for the fi	rst time b	efore age	e 13 years				
							20.5	18.6	14.0	14.7	7.5	Decreased, 2005-2013	Not available	Decreased
QN33:	Percentag	ge of stud	lents who	smoked	cigarette	s on one	or more o	of the pas	t 30 days					
							25.8	21.3	21.5	17.6	11.7	Decreased, 2005-2013	Not available	No change
QNFRO	CIG: Perc	entage of	f students	who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
							12.5	8.6	8.0	8.2	3.7	Decreased, 2005-2013	Not available	No change
QN36: days	Percentag	ge of stud	lents who	smoked	cigarette	s on scho	ol prope	ty on one	e or more	of the pa	ast 30			
							12.1	7.6	7.5	6.2	3.2	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Iale obacco	Use		Heal	lth Risk	Behavior	r and Pei	rcentages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: for 30 d		ge of stud	lents who	ever smo	oked ciga	rettes dai	lly, that is	s, at least	one ciga	rette ever	ry day			
							16.6	14.7	11.9	13.7	7.6	Decreased, 2005-2013	Not available§	Decreased
QN39: lays	Percentag	ge of stud	lents who	used che	ewing tob	acco, snu	ıff, or dip	on one o	or more o	of the past	t 30			
							13.1	14.0	14.1	12.9	9.5	No linear change	Not available	No change
QN40: lays	Percentag	ge of stud	lents who	smoked	cigars, ci	garillos,	or little c	igars on o	one or mo	ore of the	past 30			
							18.6	17.1	12.5	13.8	10.7	Decreased, 2005-2013	Not available	No change
	YTOB: Pone or mo				smoked c	igarettes	or cigars	or used o	chewing t	tobacco, s	snuff, or			
							32.9	28.3	29.0	23.6	18.6	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

		er Drug U		lth Risk	Behavio	r and Pe	rcentage	5				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percenta	ge of stud	lents who	had at le	ast one d	lrink of a	cohol on	one or m	ore days	during th	neir life			
							75.0	74.1	68.2	68.0	59.6	Decreased, 2005-2013	Not available§	No change
QN42: years	Percenta	ge of stud	lents who	had thei	r first dri	nk of alco	ohol other	than a fo	ew sips b	efore age	13			
							30.5	29.1	24.8	26.4	20.6	Decreased, 2005-2013	Not available	No change
QN43:	Percenta	ge of stud	lents who	had at le	ast one d	lrink of a	cohol on	one or m	nore of th	e past 30	days			
							47.3	47.4	36.9	42.3	30.8	Decreased, 2005-2013	Not available	Decreased
		C .	lents who	had five	or more	drinks of	alcohol i	n a row,	that is, w	ithin a co	ouple of			
QN44:	Percentagon one or	ge of stuc more of t	he past 3	0 days					22.6	26.0	16.3	Decreased, 2005-2013	Not available	
QN44: hours, o	Percentagon one or	ge of stud more of t	he past 3	0 days			33.7	30.1	23.6	20.0	10.0	•	1 vot a vanable	Decreased
hours,	Percentagon one or Percentagon	more of t	he past 3		rijuana o	ne or mo				20.0		,	110t available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Alcohol	and Othe	er Drug (alth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN48:	Percentag	ge of stud	dents who	tried ma	arijuana f	or the firs	t time be	fore age	13 years					
							16.5	12.5	13.6	12.4	9.1	Decreased, 2005-2013	Not available§	No change
QN49:	Percenta	ge of stud	dents who	o used ma	arijuana o	one or mo	re times o	during the	e past 30	days				
							27.6	27.1	25.0	20.5	20.1	Decreased, 2005-2013	Not available	No change
	Percentag mes durin			o used an	y form o	f cocaine,	including	g powder	r, crack, c	or freebas	e one or			
more th	ines durin	g then in					10.7	8.5	6.4	7.7	4.7	Decreased, 2005-2013	Not available	No change
						athed the		of aeroso	ol spray c	ans, or in	haled			
	•		-			-	20.6	14.3	10.5	12.8	7.4	Decreased, 2005-2013	Not available	No change
QN52:	Percenta	ge of stud	dents who	used he	roin one	or more ti	mes duri	ng their l	life					
							5.7	3.0	4.2	5.5	2.2	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

fale Alcohol	and Othe	r Drug (lth Risk	Behavio	r and Per	centage:	s				Linear Change*	Quadratic Change [*]	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53:	Percentag	ge of stud	lents who	used me	thamphe	tamines o	ne or mo	re times	during th	eir life	•			
							8.4	4.5	5.7	5.7	2.1	Decreased, 2005-2013	Not available§	No change
QN54:	Percentag	ge of stud	lents who	used ecs	stasy one	or more t	imes dur	ing their	life		_			
							10.0	8.2	8.3	8.5	5.9	No linear change	Not available	No change
	Percentag		lents who	took ste	roid pills	or shots v	without a	doctor's	prescript	ion one o	or more			
times u	uring their	inic					5.0	4.7	3.6	4.9	3.1	No linear change	Not available	No change
	Percentag		lents who	used a n	needle to	inject any	illegal d	rug into t	their body	y one or r	more			
							5.0	2.6	3.0	3.6	2.9	No linear change	Not available	No change
QN58:	Percentag	ge of stud	lents who	were of	fered, sol	d, or give	n an illeg	gal drug b	y someo	ne on sch	iool			
propert.	y during t	ne past 1.	<u> </u>	•			31.6	24.2	28.4	27.5	18.2	Decreased, 2005-2013	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Sexual B	ehaviors		Hea	ılth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	-		
QN59:	Percentag	ge of stud	dents who	ever had	d sexual i	ntercours	e							
	·						58.5	60.2	55.8	49.3	50.4	Decreased, 2005-2013	Not available§	No change
QN60:	Percentag	ge of stud	dents who	had sex	ual interc	ourse for	the first	time befo	ore age 13	3 years				
							18.4	10.7	10.6	8.3	8.6	Decreased, 2005-2013	Not available	No change
QN61:	Percentag	ge of stud	dents who	had sex	ual interc	ourse wit	h four or	more pe	ople duri	ng their li	ife			
							21.1	26.7	17.7	20.4	18.9	No linear change	Not available	No change
QN62: months	Percentag	ge of stud	dents who	had sex	ual interc	ourse with	h one or	more peo	ple durin	ng the pas	t three			
							40.6	45.2	41.8	34.0	33.1	Decreased, 2005-2013	Not available	No change
QN85:	Percentag	ge of stud	dents who	had eve	r been tau	ight in scl	hool abou	ut AIDS	or HIV in	nfection				
							94.2	90.9	89.9	87.3	83.3	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
NOW) 5th per	Γ: Perce centile fo	ntage of a	students v	who were x, by age	overwei	ight (i.e., a	at or abov	e the 85t	h percent	tile but be	elow the			
							16.6	13.7	13.4	15.3	15.2	No linear change	Not available¶	No change
יכונאוני			n sindem							TOF DOOLV	IIIass			
ndex, b	y age and	d sex)§					19.4	14.4	16.0	for body 15.0	13.9	No linear change	Not available	No change
ndex, b	y age and	d sex)§				elves as sl	19.4	14.4	16.0	15.0	13.9	No linear change		No change
ndex, b	y age and	d sex)§					19.4	14.4	16.0			No linear change No linear change	Not available Not available	No change No change
QN66:	y age and	d sex)§	lents who) describe	ed themse		19.4 ightly or 27.0	14.4 very ove	16.0	15.0	13.9			
QN66:	y age and	d sex)§	lents who) describe	ed themse	elves as sl	19.4 ightly or 27.0	14.4 very ove	16.0	15.0	13.9			
QN66: QN67:	Percenta	ge of stud	lents who	o describe	ed themse ving to lo	elves as sl	19.4 ightly or 27.0	14.4 very ove 23.8 31.5	16.0 rweight 23.1	15.0 22.8 31.1	22.0	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

*Based on t-test analysis, p < 0.05.

*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

			Hea	lth Risk	Behavior	and Per	centage	8				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN69: ose we	Percentagight or to	ge of stud keep from	lents who	took any g weight o	diet pills during the	, powder past 30	rs, or liqu days	ids witho	out a doct	or's advi	ce to			
							5.4	5.0	4.8	4.1	1.7	Decreased, 2005-2013	Not available§	No change
	Percentage during the			vomited	or took la	axatives	3.6	eight or t	o keep fro	om gainii 3.8	1.0	No linear change	Not available	No change
	Percenta	ge of stud	lents who	drank 10	00% fruit	juices on	e or mor	e times d	uring the	past seve	en days			
QN71:							00.0	75.2	74.7	76.0	77.9	N = 1:	N	
QN71:							82.2	13.2	74.7	70.0	11.9	No linear change	Not available	No change
		ge of stud	lents who	ate fruit	one or mo	ore times					77.9	No linear change	Not available	No change
		ge of stud	lents who	ate fruit	one or mo	ore times					87.7	Increased, 2005-2013	Not available Not available	No change
QN72:	Percenta				one or mo		during to	he past se 82.4	even days 79.8	89.3				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

I ale Veight N	Managen	nent and	_	Behavio										
			Hea	ılth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetab	oles one o	r more tir	nes durin	ng the pas	t seven d	ays			
							82.1	81.2	79.0	85.8	84.1	No linear change	Not available§	No change
	JIT: Perc he past se			s who ate	fruits or	drank 100)% fruit j	uices two	or more	times pe	r day			
							29.3	30.0	32.3	29.5	32.8	No linear change	Not available	No change
QNFR0 seven d		tage of st	udents w	ho ate fru	its or dra	nk 100%	fruit juic	es 0 time	es per day	during t	he past			
							6.6	7.3	9.3	7.3	6.2	No linear change	Not available	No change
	: Percent			ho ate fru	iits or dra	nk 100%	fruit juic	es one or	more tin	nes per d	ay			
							58.0	54.8	57.8	56.4	59.2	No linear change	Not available	No change
	: Percent			ho ate fru	its or dra	nk 100%	fruit juic	es three	or more t	imes per	day			
	-	•					20.1	21.2	21.7	18.7	22.3	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage the past se			drank a	can, bott	le, or glas	s of soda	or pop o	ne or mo	re times p	per day			
								39.2	35.5	29.0	25.0	Decreased, 2007-2013	Not available§	No change
during to during to during the du	he past se	even days	of student			n, bottle, o		16.0	16.6	13.8	22.9	Increased, 2007-2013	Not available	Increased
iay dui	ing the pe	ist seven	aays					29.4	26.6	23.2	18.6	Decreased, 2007-2013	Not available	No change
	DA3: Per during th			s who dra	ank a can	n, bottle, c	or glass o	f soda or	pop three	or more	times			
								16.4	15.4	13.5	12.6	No linear change	Not available	No change
	Percentag	ge of stud	lents who	drank th	ree or m	ore glasse	es per day	of milk	during th	e past sev	ven days			
QIV/0.	-													

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	rcentages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNMIL	K0: Perc	entage o	f student	s who dra	ank 0 glas	ses per d	ay of mil	k during	the past s	seven day	'S			
							12.0	18.5	14.8	14.7	18.9	No linear change	Not available§	No change
	.K2: Perc	entage o	f student	s who dra	ank two o	r more gl	50.6	42.8 day of n	51.5	51.1 g the pas	43.1 t seven	No linear change	Not available	No change
days							37.5	28.8	34.3	37.3	26.2	No linear change	Not available	Decreased
QN79:	Percentag	ge of stud	lents who	ate brea	ıkfast on a	all of the p	past sever	n days						
									39.2	40.2	45.4	No linear change	Not available	No change
QNNOI	BKFT: Po	ercentage	of stude	nts who	ate breakf	fast on no	one of the	past sev	en days					

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

lale hysical	Activity													
			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change [*]	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	ysically	active for	a total o	f at least (60 minute	es per day	on five			
								55.7	51.5	51.9	50.9	No linear change	Not available [§]	No change
	DAY: Po			nts who	were phy	sically act	tive for a	total of a	at least 60	minutes	per day			
								9.3	16.9	11.6	13.8	No linear change	Not available	No change
	DAY: Pe			nts who	were phy	sically act	tive for a	total of a	at least 60	minutes	per day			
								35.4	33.8	30.1	35.7	No linear change	Not available	No change
QN81:	Percentag	ge of stud	lents who	watched	l three or	more hou	ırs per da	y of TV	on an ave	rage scho	ool day			
							47.0	41.4	38.4	38.9	37.4	Decreased, 2005-2013	Not available	No change
						computer on an av			omputer	for somet	thing			
								31.7	33.5	36.0	43.3	Increased, 2007-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N83:					l physica	l educatio	on (PE) cl	asses on	one or m	ore days	in an			
	week wh	en they v	were in so	chool			4Q 1	40.6	32.4	40.5	45.2	No linear change	Not available	No change
	week wh	en they v	were in sc	chool			48.1	40.6	32.4	40.5	45.2	No linear change	Not available ⁸	No change
verage NDLY	PE: Per		of student		ended ph	ysical ed						No linear change	Not available [§]	No change
verage NDLY	PE: Per	centage o	of student		ended ph	ysical ed						No linear change	Not available [§] Not available	No change
verage NDLY eek wl	PE: Pero	centage c were in s	of student chool	s who att		ysical ed	ucation (1 38.2	PE) class 28.4	es daily i	n an aver	23.8			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Male Site-Add	ed													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: past 12		ge of stud	dents who	would d	lescribe tl	heir grade	es in scho	ol as mo	stly A's o	r B's duri	ng the			
							52.3	48.3	57.5	61.7	67.2	Increased, 2005-2013	Not available§	No change
	Percentage) or guard		dents who	typicall	y sleep at	home, or	home of	friend o	r relative,	with the	ir			
parent(s	or guard	uran(s)								96.2	98.2	No linear change	Not available	No change
	Percentag				that eith	er of thei	r parents	or other	adults in	their fam	ily are			
serving	on active	duty iii t	ne mina	Ty						21.4	21.9	No linear change	Not available	No change
	Percentag			have a p	parent or	other adu	lt in their	family v	vho has b	een in jai	l or in			
prison c	uring the	past 12 1	monuis							12.4	13.8	No linear change	Not available	No change
QN91:	Percentag	ge of stud	dents who	have ph	ysical dis	sabilities o	or long-te	rm healt	h problen					
										8.5	9.1	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Iale ite-Add	led													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN92:	Percentag	ge of stud	lents who	have lo	ng-term e	emotional	problem	s or learr	ning disab	ilities				
										9.1	10.3	No linear change	Not available§	No change
							14.6	17.0	11.5	9.3	11.8	Decreased, 2005-2013	Not available	No change
QN96: such as	Percentage cutting, s	ge of stud craping,	lents who	did som	ething to	purposel	y hurt the uring the	emselves past 12	without wonths	wanting t	o die,			
QN96: such as	Percentage cutting, s	ge of stud craping,	lents who	o did som g themse	ething to	purposel purpose, d	y hurt the uring the 13.6	emselves past 12	without withou	wanting t	o die, 8.5	No linear change	Not available	No change
such as	cutting, s	craping,	or burnin	g themse	elves on p	on school	uring the 13.6	9.0	months 6.8	8.4	8.5	No linear change	Not available	No change
such as QN100	cutting, s	craping,	or burnin	g themse	elves on p	ourpose, d	uring the 13.6	9.0	months 6.8	8.4	8.5	No linear change No linear change	Not available Not available	No change No change
QN100 30 days	: Percent	age of stu	or burnin	g themse no used m	elves on p	ourpose, d	uring the 13.6 I property 8.0 or natural	y one or substance	months 6.8 more time 5.3	8.4 es during 6.2	8.5 the past 6.7			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Iale ite-Add	ed													
			Heal	lth Risk	Behavioi	and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		age of stu t a doctor							OxyCon	tin, codei	ine, or			
								20.5	21.3	17.7	14.3	No linear change	Not available§	No change
		he past 12		o have b	een pregn	ant or go	tten som	10.7	11.8	13.7	8.8	No linear change	Not available	No change
Z1 11 00.	1 0100110				our progn	unit or go	uun som							
							6.3	6.4	5.1	6.0	3.3	No linear change	Not available	No change
QN106:		age of stu se (STD)		o have e	ver been t	old by a						No linear change	Not available	No change
QN106:				o have e	ver been t	old by a						No linear change	Not available Not available	No change
QN106 transmi	tted disea						doctor or	nurse tha	at they ha	ad a sexua	ally			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Site-Add	ed		Hea	nlth Risk	: Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN109:	Percent	age of stu	ıdents wh	no have e	ever giver	or receiv	ed oral s	ex						
							58.0	60.1	54.4	51.9	50.1	Decreased, 2005-2013	Not available [§]	No change
			idents wh	no think t	that their	health tea	cher has	given the	em the mo	ost inforn	nation			
about sa	ife sex pr	actices							29.5	34.5	29.8	No linear change	Not available	No change
QN111:		age of stu	idents wh	no exerci	sed to los	e weight	or to keep	p from ga	aining we	ight duri	ng the			
1	,						63.8	58.9	54.7	58.2	58.9	No linear change	Not available	No change
		age of stu				wer calor	ries, or fo	ods low	in fat to l	ose weigh	nt or to			
•	Ü		5	•	·		32.6	26.2	28.5	28.9	31.3	No linear change	Not available	No change
QN113:	Percent	age of stu	idents wh	no had or	ne or mor	e caffeina	ted drink	s yesterd	lay					
									64.0	64.1	59.1	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

te-Add	ed		Heal	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 N114:	Percenta	age of stu	idents wh	o would	know wh	ere to ha	ve an HI	V test if t	hey want	ed one do	one			
								72.7	71.4	69.7	71.6	No linear change	Not available§	No change
N116:	Percenta	age of stu	idents wh	o get eig	ht or mor	e hours o	of sleep o	n average	e school r	night 33.9	31.5	No linear change	Not available	No change
N117:	Percenta	age of stu	idents wh	o would	most like	ly talk to	no one i	f they had	d a persoi	nal proble	em with			
			ial behavi					·	•	-		Nt. Europekana	NI-4 : I-b-I-	NI. alamas
										17.1	22.4	No linear change	Not available	No change
N118:	Percenta	age of stu	idents wh	o eat din	ner with	their fami	ily three	or more t	imes in a	n average	e week			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

emale njury a	nd Violer	nce	Hea	lth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change [*]	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stubicycle he		no rode a	bicycle d	luring the	e past 12	months, t	he percei	ntage who	never or	r rarely			
							79.8	81.7	82.1	86.9	79.8	No linear change	Not available§	No change
QN9: 1	Percentage	e of stude	ents who	never or i	rarely wo	ore a seat		_		-				
							3.5	4.1	5.0	2.4	2.6	No linear change	Not available	No change
	Percentag driven by						ring the p	past 30 da	ays in a c	ar or othe	er			
							31.5	26.4	28.0	19.9	20.3	Decreased, 2005-2013	Not available	No change
ON13·	Percentag	ge of stud	lents who	carried a	a weapon	such as a	a gun, kni	ife, or clu	ıb on one	or more	of the			
past 30							7.2	9.8	8.2	3.1	6.0	Decreased, 2005-2013	Not available	No change
	·						7.2	, , ,						No change
past 30	Percentag	ge of stud	lents who	carried a	a gun on	one or mo			days					No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percenta nore of the			carried a	a weapon	such as a	gun, kn	ife, or clu	ib on sch	ool prope	erty on			
							2.2	3.5	4.4	2.2	2.3	No linear change	Not available§	No change
							7.5	6.6	4.2	2.5	15.5	No linear change	Not available	Increased
						ned or inj	ured with					140 micai change	110t available	mcreased
							ured with					No linear change	Not available	No change
club on	school pr	roperty or	ne or moi	re times d	uring the		ured with nonths 5.4	a weapo	on such as	a gun, k 2.4	nife, or			
club on	school pr	roperty or	ne or moi	re times d	uring the	e past 12 i	ured with nonths 5.4	a weapo	on such as	a gun, k 2.4	nife, or			
QN18:	Percenta	ge of stuc	lents who	o were in	a physica	e past 12 i	ured with months 5.4 ne or mor 23.9	5.2 e times d	6.0 uring the	2.4 past 12 r	nife, or 4.5 months 19.0	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Female Injury ai	nd Violer	ıce												
			Неа	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN20: the past	Percentag 12 montl	ge of stud	dents who	o were in	a physica	al fight or	n school p	property (one or mo	ore times	during			
							8.3	9.4	8.5	4.7	6.5	No linear change	Not available§	No change
QN21: did not		ge of stud	dents who	had eve	r been ph	nysically f	forced to	have sex	ual interc	ourse wh	en they			
							12.8	12.9	16.9	8.5	10.6	No linear change	Not available	No change
QN24:	Percentag	ge of stud	dents who	had eve	r been bu	ıllied on s	chool pro	perty du	ring the p	ast 12 m	onths			
									23.4	22.6	22.3	No linear change	Not available	No change
						peless alm			two week	s or mor	e in a			
		•					37.7	36.2	33.7	29.2	31.3	Decreased, 2005-2013	Not available	No change
QN27:	Percentag	ge of stud	dents who	o seriousl	y conside	ered atten	npting sui	cide duri	ng the pa	st 12 mo	nths			-
							16.9	18.0	16.8	12.4	16.7	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentages	3				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN28:	Percentag	ge of stud	lents who	made a	plan abou	ut how the	ey would	attempt s	suicide du	iring the	past 12			
ionins							14.7	14.1	9.7	8.1	14.0	No linear change	Not available§	Increased
N29:	Percenta	ge of stud	lents who	actually	attempte	ed suicide						No linear change	Not available [§]	Increased
N29:	Percenta	ge of stuc	lents who	actually	attempte	ed suicide						No linear change	Not available [§] Not available	Increased No change
QN29: nonths	Percentag	ge of stud	lents who	made a	suicide at	ed suicide	one or m 10.4 ring the p	9.7	s during t	he past 1	9.6			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

emale obacco	Use		Heal	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			2022 2020
QN31:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokin	ıg, even o	one or tw	o puffs					
							57.7	51.8	47.3	41.3	34.1	Decreased, 2005-2013	Not available§	No change
	Percentag						21.4	12.3	13.9	10.8	6.9	Decreased, 2005-2013	Not available	No change
QN33:	Percentag	ge of stuc	lents who	smoked	cigarette	s on one o	25.7	20.3	18.6	15.1	11.4	Decreased, 2005-2013	Not available	No change
QNFRO	CIG: Perc	centage of	f students	who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
							11.4	9.8	9.6	3.1	2.8	Decreased, 2005-2013	Not available	No change
QN36: days	Percentag	ge of stud	lents who	smoked	cigarette	s on scho	ol prope	ty on one	e or more	of the pa	ast 30			
							11.6	6.7	7.2	4.4	2.2	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

emale obacco	Use		Hea	lth Risk	Behavio	r and Pei	rcentage:	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: for 30 d		ge of stud	lents who	ever sm	oked ciga	rettes dai	lly, that is	s, at least	one ciga	rette evei	ry day			
							18.5	15.2	14.5	8.3	5.4	Decreased, 2005-2013	Not available§	No change
QN39: lays	Percentag	ge of stud	lents who	used che	ewing tob	acco, snu	ıff, or dip	on one o	or more o	of the past	t 30			
							3.2	2.9	4.3	3.4	3.3	No linear change	Not available	No change
N40:	Percentag	ge of stud	lents who	smoked	cigars, ci	garillos,	or little c	igars on o	one or mo	ore of the	past 30			
							9.3	8.3	7.6	8.3	8.8	No linear change	Not available	No change
			e of stude past 30 da		smoked c	rigarettes	or cigars	or used o	chewing t	tobacco,	snuff, or			
							27.4	23.5	19.4	17.0	16.7	Decreased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

lcohol	and Othe	er Drug V		ılth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percentag	ge of stud	lents who	had at le	east one o	drink of a	lcohol on	one or n	nore days	during th	neir life			
							75.4	74.9	78.5	79.7	66.0	No linear change	Not available [§]	Decreased
QN42: years	Percentag	ge of stud	lents who) had thei	ir first dri	ink of alco	ohol othe	r than a f	ew sips b	efore age	20.4	Decreased, 2005-2013	Not available	No change
ON43:	Percentag	ge of stud	lents who	 o had at le	east one o	drink of a	lcohol on	one or n	nore of th	e past 30	days			
		9					45.1	41.8	42.7	38.4	40.3	No linear change	Not available	No change
QN44:	Percentag	ge of stud	lents who	had five 0 days	or more	drinks of	f alcohol i	in a row,	that is, w	rithin a co	ouple of			
							26.1	20.9	21.2	19.7	20.9	No linear change	Not available	No change
ON47.	Percentag	ge of stud	lents who	used ma	arijuana d	one or mo	re times o	during the	eir life					
QN47:														

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Female Alcohol	and Othe	er Drug I		nlth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN48:	Percenta	ge of stud	dents who	tried ma	arijuana f	or the firs	t time be	fore age	13 years					
							11.8	6.9	7.1	4.5	5.4	Decreased, 2005-2013	Not available§	No change
QN49:	Percenta	ge of stud	dents who	o used ma	arijuana o	one or mo	re times o	during the	e past 30	days	_			
							22.6	20.4	19.9	19.6	18.9	No linear change	Not available	No change
	Percentage mes durin			o used an	y form o	f cocaine,	including	g powder	, crack, o	r freebas	e one or			
more u	mes durm	ig then in	ie				7.1	5.5	3.8	1.9	1.8	Decreased, 2005-2013	Not available	No change
						athed the		of aeroso	ol spray ca	ans, or in	haled			
							18.4	12.9	12.2	12.3	9.2	Decreased, 2005-2013	Not available	No change
QN52:	Percenta	ge of stud	dents who	o used he	roin one	or more ti	mes duri	ng their l	ife					
							1.7	2.2	3.5	1.6	0.8	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

3 1995	1997	1999	-									
		1,,,,	2001	2003	2005	2007	2009	2011	2013			
ntage of stu	dents who	used me	thamphe	tamines o	ne or mo	ore times	during th	eir life				
					5.9	5.5	4.4	1.7	1.5	Decreased, 2005-2013	Not available§	No change
ntage of stu	dents who	used ecs	stasy one	or more t	imes dur	ing their	life					
					8.2	6.5	7.1	5.3	4.5	No linear change	Not available	No change
	dents who	took ste	roid pills	or shots v	without a	doctor's	prescript	ion one c	or more			
nen me					4.7	2.5	3.3	2.7	2.9	No linear change	Not available	No change
	dents who	used a n	eedle to i	inject any	illegal d	rug into t	their body	y one or 1	more			
heir life					1.6	2.6	2.7	1.5	0.8	No linear change	Not available	No change
	ntage of stude	ntage of students who heir life ntage of students who	ntage of students who took ste heir life ntage of students who used a n	ntage of students who took steroid pills heir life ntage of students who used a needle to i	ntage of students who took steroid pills or shots wheir life ntage of students who used a needle to inject any	ntage of students who used ecstasy one or more times dur 8.2 ntage of students who took steroid pills or shots without a heir life 4.7 ntage of students who used a needle to inject any illegal dheir life	ntage of students who used ecstasy one or more times during their 8.2 6.5 Intage of students who took steroid pills or shots without a doctor's heir life 4.7 2.5 Intage of students who used a needle to inject any illegal drug into their life	ntage of students who used ecstasy one or more times during their life 8.2 6.5 7.1 Intage of students who took steroid pills or shots without a doctor's prescript heir life 4.7 2.5 3.3 Intage of students who used a needle to inject any illegal drug into their body heir life	ntage of students who used ecstasy one or more times during their life 8.2 6.5 7.1 5.3 Intage of students who took steroid pills or shots without a doctor's prescription one of their life 4.7 2.5 3.3 2.7 Intage of students who used a needle to inject any illegal drug into their body one or their life	ntage of students who used ecstasy one or more times during their life 8.2 6.5 7.1 5.3 4.5 Intage of students who took steroid pills or shots without a doctor's prescription one or more heir life 4.7 2.5 3.3 2.7 2.9 Intage of students who used a needle to inject any illegal drug into their body one or more heir life	ntage of students who used ecstasy one or more times during their life 8.2 6.5 7.1 5.3 4.5 No linear change Intage of students who took steroid pills or shots without a doctor's prescription one or more heir life 4.7 2.5 3.3 2.7 2.9 No linear change Intage of students who used a needle to inject any illegal drug into their body one or more heir life	ntage of students who used ecstasy one or more times during their life 8.2 6.5 7.1 5.3 4.5 No linear change Not available ntage of students who took steroid pills or shots without a doctor's prescription one or more heir life 4.7 2.5 3.3 2.7 2.9 No linear change Not available ntage of students who used a needle to inject any illegal drug into their body one or more heir life

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Female Sexual B	ehaviors		Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	lents who	ever had	d sexual i	ntercours	e							
							49.1	56.3	50.8	50.7	45.5	No linear change	Not available [§]	No change
QN60:	Percentag	ge of stud	lents who	had sex	ual interc	ourse for	the first	time befo	re age 13	years				
							4.3	4.3	3.8	2.4	3.0	No linear change	Not available	No change
QN61:	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h four or	more pe	ople durii	ng their li	ife			
							18.9	20.0	16.3	15.9	13.0	No linear change	Not available	No change
QN62: months	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h one or	more peo	ple durin	g the pas	t three			
							33.6	47.7	38.6	37.8	32.7	No linear change	Not available	No change
QN63: drank a	Among s	tudents v	vho had s gs before	exual int last sexu	ercourse al interco	during the ourse	e past thr	ee month	is, the per	centage	who			
		·	-				21.8	17.4	13.9	19.2	12.9	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centages	3				Linear Change [*]	Quadratic Change*	Change from 2011-2013 †
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N64: An						during the	past thre	ee month	s, the per	centage v	who			
bea a com	aom ac	arring rast	bendui ii	recreourse			60.8	51.6	45.8	53.3		No linear change	Not available§	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
NOW 5th pe	T: Perce	ntage of s	students v	vho were k, by age	overweig and sex)	ght (i.e., a	t or abov	e the 85t	h percent	tile but be	elow the			
							18.6	15.4	13.8	17.1	20.7	No linear change	Not available [¶]	No change
ndex. b	y age and	i sex)§												
	Darcanta	re of stud	lents who	describe	ed themse	lvac ac cl	11.3	9.9	7.7	11.8	10.1	No linear change	Not available	No change
	Percenta	ge of stud	lents who	describe	ed themse	lves as sl				37.8	10.1	No linear change	Not available Not available	No change
QN66:			lents who				ightly or	very ove	rweight		-			
QN66:							ightly or	very ove	rweight		-			
QN66: QN67: QN68:	Percentaş Percentaş	ge of stud	lents who	were try	ring to los		ightly or 39.1 62.0	very ove 35.0	rweight 32.0 56.2	37.8	63.0	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

*Based on t-test analysis, p < 0.05.

*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	3				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
2N69: ose we	Percenta ight or to	ge of stud keep fro	lents who	took any g weight	diet pill	s, powder e past 30	rs, or liqu days	ids witho	out a doct	or's advic	e to			
							7.0	7.0	3.5	5.9	4.9	No linear change	Not available§	No change
weight	Percenta during the Percenta	e past 30	days				5.9	6.9	4.1	4.8	4.3	No linear change	Not available	No change
Z-1/	1 010011111	50 01 5000	,		30,0 11410	jurees or	78.2	75.6	74.8	70.6	75.0	No linear change	Not available	No change
						ana timaa	during t	ne past se	even days					
QN72:	Percenta	ge of stud	lents who	ate fruit	one or m	ore times	during t	-				1 2005 2012		
QN72:	Percenta	ge of stud	lents who	ate fruit	one or m	ore times	76.4	82.4	84.0	85.6	88.8	Increased, 2005-2013	Not available	No change
	Percenta Percenta			,			76.4				88.8	Increased, 2005-2013	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	centage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetab	les one o	more tir	nes durin	g the pas	t seven d	ays			
							82.8	83.6	86.0	85.0	83.4	No linear change	Not available§	No change
				ho ate fru	nits or dra	nk 100%	21.3	27.2 es 0 time	25.8	30.2 during the	29.2 he past	Increased, 2005-2013	Not available	No change
	j						8.2	8.1	7.8	6.2	4.9	Decreased, 2005-2013	Not available	No change
	: Percent			ho ate fru	iits or dra	nk 100%	fruit juic	es one or	more tin	nes per da	ay			
							45.1	51.3	55.9	56.8	59.3	Increased, 2005-2013	Not available	No change
	: Percent			ho ate fru	its or dra	nk 100%	fruit juic	es three o	or more ti	imes per	day			
6	1						14.2	18.5	14.7	17.5	18.6	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage the past se			drank a	can, bott	le, or glas	ss of soda	or pop o	one or mo	re times p	per day			
								26.4	24.8	23.7	22.3	No linear change	Not available§	No change
during QNSO	DA0: Per the past so DA2: Per ing the pa	even days	of student					18.3	24.6	24.1	23.3	No linear change	Not available	No change
aay dul	ing the pe	ist seven	days					21.3	15.8	15.1	15.5	No linear change	Not available	No change
	DA3: Per during th			s who dra	ank a can	, bottle, c	or glass o	f soda or	pop three	e or more	times			
								14.0	10.0	7.5	8.6	No linear change	Not available	No change
	Percenta	ge of stud	lents who	drank th	ree or m	ore glasse	es per day	of milk	during th	e past sev	ven days			
QN78:	1 Crecita,	J		or write vi	01 111	010 514000	- F				,			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 IIMNÇ	K0: Pero	entage o	f students	s who dra	ank 0 glas	sses per d	ay of mil	k during	the past s	seven day	s			
							26.2	27.0	24.1	28.1	23.7	No linear change	Not available [§]	No change
days	LK1: Perc			,	,		28.5	31.2	34.5	31.3	31.6	No linear change	Not available	No change
QNMII days	LK2: Pero	entage o	f students	s who dra	ank two o	r more gl	asses per	day of m	nilk durin	g the past	seven			
							16.9	17.5	18.1	18.2	19.1	No linear change	Not available	No change
	Percentag	ge of stud	lents who	ate brea	kfast on a	all of the	past seve	n days						
QN79:	1 CICCIIIa								31.6	29.1	34.1	No linear change	Not available	No change
QN79:	Tercentaş													
	BKFT: P	ercentage	of stude	nts who a	ate breakt	fast on no	one of the	past seve	en days					

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Female Physical	Activity													
			Hea	alth Risk	Behavio	r and Pe	rcentage	es				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		ge of stud st seven		o were ph	ysically	active for	a total o	f at least	60 minute	es per day	y on five			
	•		•					37.7	36.0	32.0	31.1	No linear change	Not available [§]	No change
		ercentage even day		ents who	were phy	sically act	tive for a	total of a	at least 60) minutes	per day			
on o or o	ine past s	even day	5					23.7	21.4	22.3	25.9	No linear change	Not available	No change
		ercentage even day		ents who	were phy	sically ac	tive for a	total of a	at least 60) minutes	per day			
	-							18.3	18.6	13.0	17.3	No linear change	Not available	No change
QN81:	Percenta	ge of stud	dents who	o watched	l three or	more hou	ırs per da	ay of TV	on an ave	rage sch	ool day			
							40.4	37.1	27.5	34.4	35.8	No linear change	Not available	No change
						computer on an av			omputer	for somet	thing			
								22.3	21.3	26.7	37.9	Increased, 2007-2013	Not available	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

		Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	•												
				d physical	l educatio	on (PE) cl	asses on	one or m	ore days	n an			
				l physical	l educatio	on (PE) cl 34.3	asses on	one or m	ore days	n an 33.8	No linear change	Not available§	No change
N83: Percenta erage week wh NDLYPE: Per eek when they	hen they v	were in scoot	hool			34.3	35.0	30.3	29.3	33.8	No linear change Decreased, 2005-2013	Not available [§] Not available	No change Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

'emale ite-Add	ed													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage months	ge of stud	dents who	would d	lescribe tl	neir grade	es in scho	ol as mo	stly A's o	r B's duri	ing the			
							61.8	61.9	69.9	79.0	70.6	Increased, 2005-2013	Not available§	No change
	Percentag		dents who	typicall	y sleep at	home, or	home of	friend o	r relative,	, with the	ir			
parent(s	or guard	uran(s)								94.7	98.6	Increased, 2011-2013	Not available	Increased
	Percentag on active				that eith	er of thei	r parents	or other	adults in	their fam	ily are			
scrving	on active	duty in t	ne mina	ıy						24.8	19.4	Decreased, 2011-2013	Not available	No change
	Percentag			have a p	parent or	other adu	lt in their	family v	vho has b	een in jai	l or in			
prison c	umg uic	past 12 1	monuis							21.4	14.0	Decreased, 2011-2013	Not available	No change
QN91:	Percentag	ge of stud	dents who	have ph	ysical dis	abilities	or long-te	erm healt	h problen					
										8.0	11.6	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

'emale lite-Ado	led													
			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN92:	Percentag	ge of stud	lents who	have lor	ng-term e	motional	problems	s or learn	ning disab	ilities				
										9.4	12.4	No linear change	Not available§	No change
	Percentag	•				ne past 30	10.8	11.1	10.1	5.2	8.1	Decreased, 2005-2013	Not available	No change
uch as	cutting, s	craping,	or burnin	g themse	elves on p	purposer urpose, d	uring the	past 12	months	wanting to	o uie,			
zuch as	cutting, s	craping,	or burnin	g themse	etning to elves on p	purposer urpose, d	uring the	past 12 i	months 18.8	16.7	15.5	No linear change	Not available	No change
Such as	Among s	craping, o	or burnin who drank	g themse	during th	purposer, de past 30 hey usual	uring the 21.9 days, the	past 12 i	months 18.8 age who	16.7	15.5	No linear change	Not available	No change
such as QN98:	Among s	craping, o	or burnin who drank	g themse	during th	ourpose, d	uring the 21.9 days, the	past 12 i	months 18.8 age who	16.7	15.5	No linear change No linear change	Not available Not available	No change
QN98:	Among s	tudents v	or burnin who drank home as	g themse	during that place t	ourpose, d	uring the 21.9 days, the	19.7 19.7 e percent alcohol c	age who illuring the	reported t past 30 c 94.9	heir days 92.6			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Female Site-Add	ed													
			Hea	lth Risk	Behavio	r and Pei	rcentage	es				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN101: salvia, v	Percenta voodrose,	age of stu , or morn	idents wh	no used an	ny kind o ne or mo	of herbal or re times d	or natural luring the	l substanc eir life	e to get l	nigh, such	ı as			
								3.2	4.8	5.1	3.1	No linear change	Not available [§]	No change
						cription p			OxyCor	ntin, code	ine, or			
								25.1	18.2	18.6	14.9	Decreased, 2007-2013	Not available	No change
	Percenta during t				ffered, so	old, or giv	en anyor	ne an ille	gal drug o	on school				
								5.6	4.9	2.8	2.5	No linear change	Not available	No change
QN105:	Percenta	age of stu	idents wh	no have b	een pregi	nant or go	otten som	eone pre	gnant one	e or more	times			
							7.4	6.8	6.2	8.2	3.6	No linear change	Not available	Decreased
QN106:	Percenta	age of stu	idents wh	no have e	ver been	told by a	doctor o	r nurse th	at they ha	ad a sexu	ally			
transmi														

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

'emale ite-Add	ed													
			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN108:	Percenta	age of stu	idents wh	o describ	e themse	elves as g	ay or lest	oian or bi	sexual					
								9.4	9.1	11.0	10.2	No linear change	Not available [§]	No change
QN109:	Percenta	age of stu	idents wh	o have e	ver given	or receiv	ed oral s	ex		,				
							49.9	52.8	49.0	56.9	47.0	No linear change	Not available	No change
	Percenta fe sex pra		idents wh	o think t	hat their	health tea	cher has	given the	em the mo	ost inforn	nation			
about sa	ie sex pia	actices							30.5	27.2	33.5	No linear change	Not available	No change
QN111: past 30 c		age of stu	idents wh	o exercis	sed to los	se weight	or to kee	p from ga	aining we	ight duri	ng the			
past 50 t	iays						59.2	59.0	65.6	67.2	68.8	Increased, 2005-2013	Not available	No change
QN112:	Percenta	age of stu	idents wh	o ate les	s food, fe	ewer calor	ies, or fo	ods low i	in fat to le	ose weigh	nt or to			
keep fro	m gainin	g weight	auring th	ie past 30	aays		53.4	45.1	45.4	52.8	48.1	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Female Site-Add	ed		Hea	lth Risk	: Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	•		
QN113:	Percent	age of stu	idents wh	no had or	ne or more	e caffeina	ted drink	s yesterd	ay					
		C						Ĭ	66.3	63.8	57.5	No linear change	Not available [§]	No change
QN114:	Percent	age of stu	idents wh	no would	know wh	ere to ha	ve an HI	V test if t	hey want	ed one do	one			
								79.6	77.6	76.2	71.3	Decreased, 2007-2013	Not available	No change
QN116:	Percent	age of stu	idents wh	no get eig	ght or mor	e hours o	of sleep o	n average	e school r	night				
									24.3	24.0	27.0	No linear change	Not available	No change
			idents wh		most like	ely talk to	no one i	f they had	d a person	nal probl	em with			
										8.7	12.6	No linear change	Not available	No change
QN118:	Percent	age of stu	idents wh	no eat dir	nner with	their fam	ily three	or more t	imes in a	n average	e week			
							63.9	62.9	69.8	65.6	66.3	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Vhite* njury a	nd Violer	nce	Цос	alth Diele	Robovic	or and Pe	reantaga	c				Linear Change [†]	Ouadratic Change [†]	Change from
			IICa	nui Kisk	Denavio	anu i c	rcentage	•				Linear Change	Quaurauc Change	2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stubicycle he		ho rode a	bicycle o	during th	e past 12	months, t	he percei	ntage who	never o	r rarely			
							77.9	84.3	82.4	87.4	83.6	No linear change	Not available¶	No change
	Percentage	e of stude	ents who	never or	rarely wo	ore a seat	belt wher	n riding i	n a car dr	iven by so	omeone			
else							6.6	8.1	2.4	3.3	5.5	Decreased, 2005-2013	Not available	No change
QN10:	Percentage driven by	ge of stud	dents who	o rode on	e or more	e times du	ring the p	past 30 da	ays in a c	ar or othe	er			
vemere	driven by	someon	c who ha	a occii di	illikilig a	conor	34.9	25.8	25.9	22.8	17.5	Decreased, 2005-2013	Not available	No change
QN13: past 30		ge of stud	dents who	carried	a weapoi	such as a	a gun, kn	ife, or clu	ıb on one	or more	of the			
pust 30	aajo						17.5	19.9	13.4	11.1	17.6	No linear change	Not available	No change
QN14:	Percentag	ge of stud	dents who	carried	a gun on	one or me	ore of the	past 30	days					
							4.6	7.0	4.8	2.5	6.1	No linear change	Not available	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

jury a	nd Violei	ice	Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage more of the			carried a	a weapon	such as a	gun, kn	fe, or clu	b on sch	ool prope	rty on			
							7.7	5.3	4.3	2.3	3.6	Decreased, 2005-2013	Not available¶	No change
							4.3	5.2	4.4	1.2	11.0	No linear change	Not available	Increased
	Percenta school pr							a weapo	n such as	a gun, k	nife, or			
								a weapo	n such as	a gun, k 4.1	nife, or	Decreased, 2005-2013	Not available	No change
club on		roperty or	ne or mor	re times d	luring the	e past 12 r	7.4	7.8	5.6	4.1	4.8	Decreased, 2005-2013	Not available	No change
club on	school pi	roperty or	ne or mor	re times d	luring the	e past 12 r	7.4	7.8	5.6	4.1	4.8	Decreased, 2005-2013 Decreased, 2005-2013	Not available Not available	No change
QN18:	school pi	ge of stud	lents who	o were in	a physica	e past 12 r	7.4 e or mor 31.0	7.8 e times d 28.7	5.6 uring the 20.2	4.1 past 12 r 24.6	4.8 nonths			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

hite* jury a	nd Violer	nce	Hea	ılth Risk	Behavio	r and Pe	rcentage	\mathbf{s}				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag		lents who	were in	a physica	al fight or	school p	property (one or mo	ore times	during			
ne pasi	. 12 monu	10					12.7	13.8	5.4	6.0	7.1	Decreased, 2005-2013	Not available¶	No change
	Percentag want to	ge of stud	lents who	had eve	r been ph	ysically f	Forced to	have sex	ual interc	ourse who	en they	No linear change	Not available	No change
												No iniear change	ivot avaliable	No change
QN24:	Percentag	ge of stud	lents who) had eve	r been bu	ıllied on s	chool pro	operty du						
									18.6	18.4	19.6	No linear change	Not available	No change
	Percentag t they stop								two week	s or more	e in a			
							30.3	25.3	22.2	19.7	24.8	Decreased, 2005-2013	Not available	No change
	Percentag	ge of stud	lents who	seriousl	v conside	ered attem	npting sui	icide duri	ng the pa	st 12 moi	nths			
QN27:	1 0100111112				,									

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	centage	5				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN28: nonths	Percentag	ge of stud	lents who	made a	plan abou	it how the	ey would	attempt s	suicide du	uring the	past 12			
							17.6	11.2	8.1	5.5	10.8	Decreased, 2005-2013	Not available [¶]	Increased
	Percentag	ge of stud	lents who	actually	attempte	ed suicide						Decreased, 2005-2013	Not available¶	Increased
N29: nonths	Percentaș	ge of stud	lents who	actually	attempte	ed suicide						Decreased, 2005-2013 Decreased, 2005-2013	Not available¶ Not available	Increased No change
N30:	Percentag	ge of stud	lents who	made a	suicide a	ed suicide	one or m	ore times 8.3 ast 12 m	s during t	the past 1	2 6.6	,		

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

White* Tobacco	Use		Heal	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change†	Quadratic Change [†]	Change from
	;													2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokin	ıg, even o	one or tw	o puffs					
							58.1	56.8	46.5	45.9	35.8	Decreased, 2005-2013	Not available [¶]	No change
QN32:	Percentag	ge of stud	lents who	smoked	a whole	cigarette i	for the fi	rst time b	efore age	e 13 years	3			
							23.9	17.2	13.5	14.5	9.0	Decreased, 2005-2013	Not available	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarette	s on one o	or more o	of the pas	t 30 days	<u> </u>	-			
							30.6	26.2	20.9	21.6	15.0	Decreased, 2005-2013	Not available	No change
QNFRO	CIG: Perc	entage of	f students	who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
							14.7	11.3	10.0	8.0	5.4	Decreased, 2005-2013	Not available	No change
QN36: days	Percentag	ge of stud	lents who	smoked	cigarette	s on scho	ol propei	ty on one	e or more	of the pa	ast 30			
,														

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* obacco	Use		Heal	lth Risk	Behavioi	r and Pe	rcentages	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: for 30 d		ge of stud	lents who	ever smo	oked ciga	rettes dai	ily, that is	s, at least	one ciga	rette ever	y day			
							21.3	18.5	15.8	13.1	9.3	Decreased, 2005-2013	Not available¶	No change
QN39: lays	Percentag	ge of stud	lents who	used che	ewing tob	pacco, snu	ıff, or dip	on one o	or more o	of the past	: 30			
							10.9	10.2	10.2	10.5	8.4	No linear change	Not available	No change
QN40: lays	Percentag	ge of stud	lents who	smoked	cigars, ci	igarillos,	or little c	igars on o	one or mo	ore of the	past 30			
							15.3	12.8	9.1	13.3	10.9	No linear change	Not available	No change
			e of stude past 30 da		smoked c	rigarettes	or cigars	or used o	chewing t	tobacco, s	snuff, or			
							35.8	32.4	25.6	26.3	21.7	Decreased, 2005-2013	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

		r Drug U		lth Risk	Behavio	r and Pe	rcentage	s				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percentag	ge of stud	lents who	had at le	east one d	lrink of al	lcohol on	one or n	nore days	during th	neir life			
							79.5	79.2	75.0	76.7	65.8	Decreased, 2005-2013	Not available¶	Decreased
QN42: years	Percentag	ge of stud	lents who	had their	r first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	2 13			
							32.1	28.5	21.0	19.7	19.3	Decreased, 2005-2013	Not available	No change
QN43:	Percentag	ge of stud	lents who	had at le	ast one d	lrink of al	lcohol on	one or n	nore of th	e past 30	days			
							53.4	50.8	44.4	45.5	40.5	Decreased, 2005-2013	Not available	No change
	Percentagon one or a				or more	drinks of	alcohol i	n a row,	that is, w	rithin a co	ouple of			
							37.5	31.5	23.9	27.6	22.1	Decreased, 2005-2013	Not available	No change
									icually go	t the alco	hol			
	Among s							ge who u	isuany go	it the arec	01101			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Alcohol	and Othe	r Drug (alth Risk	Behavio	r and Pe	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47:	Percentag	ge of stud	dents who	o used ma	arijuana c	one or mo	re times o	during the	eir life					
							42.3	40.8	40.3	39.2	35.0	No linear change	Not available¶	No change
QN48:	Percentag	ge of stud	dents who	tried ma	arijuana f	or the firs	t time be	fore age	13 years					
							14.3	9.4	9.5	7.6	6.8	Decreased, 2005-2013	Not available	No change
QN49:	Percentag	ge of stud	dents who	o used ma	arijuana c	one or mo	re times o	during the	e past 30	days				
							26.1	23.2	22.4	21.1	18.5	No linear change	Not available	No change
	Percentagnes durin			o used an	y form of	cocaine,	including	g powder	, crack, c	or freebas	e one or			
							11.3	9.4	3.1	5.3	3.8	Decreased, 2005-2013	Not available	No change
QN51:	Percentag	ge of stud	dents who	o sniffed	glue, brea	athed the	contents	of aeroso	ol spray c	ans, or in	haled			
J F		,				2	24.0	17.6	10.0	13.9	9.3	Decreased, 2005-2013	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Alcohol	and Othe	r Drug (ılth Risk	Behavio	or and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	•		
QN52:	Percentag	ge of stud	dents who	used he	roin one	or more ti	mes duri	ng their l	life					
							4.5	2.2	2.2	3.2	1.6	No linear change	Not available¶	No change
QN53:	Percentag	ge of stud	dents who	used me	ethamphe	tamines o	ne or mo	ore times	during th	eir life				
							9.4	5.3	4.7	3.5	1.5	Decreased, 2005-2013	Not available	No change
QN54:	Percentag	ge of stud	dents who	used ec	stasy one	or more t	imes dur	ing their	life					
							10.3	7.0	7.8	8.1	4.9	No linear change	Not available	No change
	Percentag aring their		dents who	took ste	eroid pills	or shots	without a	doctor's	prescript	ion one o	or more			-
							5.4	3.2	2.2	2.5	3.3	No linear change	Not available	No change
	Percentag		dents who	o used a r	needle to	inject any	illegal d	rug into	their bod	y one or i	more			
	8	-					3.7	2.5	1.5	1.0	1.3	Decreased, 2005-2013	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

ohol a	and Othe	er Drug U		lth Risk	Behavio	r and Pe	rcentages	3				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
91	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
			lents who 2 months	were off	fered, sol	d, or give	n an illeg	al drug b	y someoi	ne on sch	ool			
1 ,	υ	1					31.4	23.3	19.6	20.6	16.1	Decreased, 2005-2013	Not available¶	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

White* Sexual B	ehaviors		Hea	lth Risk	Behavio	r and Pei	rcentage:	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	dents who	ever had	d sexual i	ntercours	e							
							50.6	54.5	50.5	48.4	45.0	No linear change	Not available¶	No change
QN60:	Percentag	ge of stud	dents who	had sexu	ual interc	ourse for	the first	time befo	ore age 13	years				
							7.1	3.4	3.5	3.4	3.5	No linear change	Not available	No change
QN61:	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h four or	more pe	ople duri	ng their li	fe			
							16.2	17.8	14.4	17.9	12.3	No linear change	Not available	No change
QN62: months	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h one or	more peo	ple durin	g the pas	t three			
							35.6	42.0	40.6	35.7	30.8	No linear change	Not available	No change
QN85:	Percentag	ge of stud	dents who	had eve	r been tau	ight in scl	hool abou	ıt AIDS	or HIV in	fection				
							94.7	93.5	92.6	89.7	85.3	Decreased, 2005-2013	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	8				Linear Change [†]	Quadratic Change†	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					overwei	ght (i.e., a	at or abov	e the 85t	h percent	tile but be	elow the			
							15.0	14.0	12.8	14.8	17.6	No linear change	Not available**	No change
ĺ	y age and	,					12.0	11.1	12.1	11.1	11.8	No linear change	Not available	No change
ON66:	Percenta	ge of stud	lents who	describe	ed themse	elves as sl	ightly or	very ove	rweight	,				
QN66:	Percenta	ge of stud	lents who	describe	ed themse	elves as sl	ightly or 33.5	very ove	rweight 30.1	29.3	32.7	No linear change	Not available	No change
						elves as sl		-	_	29.3	32.7	No linear change	Not available	
								-	_	29.3	32.7 52.0	No linear change	Not available Not available	
QN67: QN68:	Percenta Percenta	ge of stud	lents who	were try went wi	ring to los		33.5	32.3	30.1 47.1	44.7	52.0			No change

^{*}Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

**Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag							ids with	out a doct	tor's advi	ce to			
							7.7	7.0	2.4	2.9	2.8	Decreased, 2005-2013	Not available¶	No change
	Percentag during the			vomited	l or took l	laxatives	to lose w	eight or t	o keep fr	om gainin	ng 2.3	Decreased, 2005-2013	Not available	No change
N71:	Percentag	ge of stud	lents who	drank 1	00% fruit	juices or	ne or mor	e times d	luring the	past seve	en days			
							77.5	67.1	74.1	72.7	71.3	No linear change	Not available	No change
QN72:	Percentag	ge of stud	lents who	ate fruit	one or m	ore times	s during t	he past s	even days	S				
							77.4	83.9	84.8	90.8	87.7	Increased, 2005-2013	Not available	No change
ON73:	Percentag	ge of stud	lents who	ate gree	n salad o	ne or moi	re times d	luring the	e past sev	en days				
Q1175.	_													

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Veight 1	Managen	ent and	•			r and Pei	centages	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetab	oles one or	more tir	nes durin	ng the pas	t seven d	ays			
							82.9	81.7	86.0	89.9	82.4	No linear change	Not available¶	Decreased
	e): Percentays			ho ate fru	nits or dra	nnk 100%	21.6 fruit juic	23.8 es 0 time	26.4 es per day	26.7 during the	24.8 he past	No linear change	Not available	No change
							9.0	8.4	8.2	3.8	5.0	Decreased, 2005-2013	Not available	No change
	: Percent			ho ate fru	its or dra	ınk 100%	fruit juic	es one or	r more tin	nes per d	ay			
							48.4	46.6	56.6	57.8	55.4	Increased, 2005-2013	Not available	No change
		taga of str	idents w	ho ate fru	its or dra	nk 100%	fruit iuic	es three	or more ti	imes per	day			
	 Percent the past se 			no ate m	ints of the	IIIK 10070	,							

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Weight N	Aanagen	nent and	•			r and Pei	rcentage	s				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		ge of stud even days		o drank a	can, bott	le, or glas	s of soda	or pop o	one or mo	re times j	per day			
								34.9	30.9	27.5	22.9	Decreased, 2007-2013	Not available [¶]	No change
		centage of		ts who dr	ank a can	, bottle, o	r glass o	f soda or	pop 0 tin	nes per da	ny			
								16.8	20.3	18.3	22.0	No linear change	Not available	No change
		centage of		ts who dr	ank a can	, bottle, o	r glass o	f soda or	pop two	or more t	imes per			
								26.3	21.1	20.5	16.8	Decreased, 2007-2013	Not available	No change
		centage one past se		ts who dr	ank a can	, bottle, o	r glass o	f soda or	pop three	e or more	times			
								15.8	11.0	10.2	9.0	No linear change	Not available	No change
QN78: 1	Percenta	ge of stud	dents who	o drank th	nree or me	ore glasse	s per day	of milk	during th	e past sev	ven days			
							17.0	16.3	14.5	13.1	13.9	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

J	J	ent and	-	alth Risk		r and Pe	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNMIL	K0: Perc	entage of	f student	s who dra	ank 0 glas	sses per d	ay of mil	k during	the past s	seven day	'S			
							13.1	16.6	16.1	14.7	18.0	No linear change	Not available¶	No change
QNMIL days	K1: Perc	eentage o	f student	s who dra	ank one o	r more gl	asses per 45.7	day of m	nilk durin 48.9	g the pass	t seven 43.3	No linear change	Not available	No change
QNMIL days	K2: Perc	entage of	f student	s who dra	ank two o	r more gl	asses per	day of n	nilk durin	g the pas	t seven			
aays							32.8	26.8	30.6	32.7	27.2	No linear change	Not available	No change
QN79:	Percentag	ge of stud	ents who	ate brea	kfast on a	all of the	past seve	n days		-				
									38.3	35.8	40.9	No linear change	Not available	No change
QNNOI	BKFT: Po	ercentage	of stude	nts who	ate breakt	fast on no	one of the	past seve	en days					
-														

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* Physical	Activity													
			Hea	lth Risk	Behavio	r and Pe	rcentage	es				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag			were ph	ysically a	active for	a total o	f at least (50 minute	es per day	on five			
or more	or the pa	st seven	uays					46.9	41.2	44.4	40.8	No linear change	Not available [¶]	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	nt least 60) minutes	per day		,	
on o or	ne past s	even day	5					16.3	18.0	10.5	18.5	No linear change	Not available	Increased
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	nt least 60) minutes	per day			
on 7 or 1	ne past s	even day	5					27.3	24.3	22.8	27.2	No linear change	Not available	No change
QN81:	Percentag	ge of stud	lents who	watched	l three or	more hou	ırs per da	ay of TV	on an ave	rage scho	ool day			
							33.2	28.4	26.7	35.0	32.5	No linear change	Not available	No change
						computer on an av			omputer	for somet	thing			
							J	28.9	25.8	23.5	38.8	No linear change	Not available	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

											2011-2013 §
95 1997	1999	2001	2003	2005	2007	2009	2011	2013			
		d physical	educatio	on (PE) cl	asses on	one or m	ore days	in an			
hey were in s	chool										
				37.8	34.5	28.9	34.1	35.5	No linear change	Not available ¹	No change
	ts who att	ended ph	ysical edu	ucation (F	PE) classe	es daily i	n an aver	rage			
				30.1	23.7	24.7	31.1	19.7	No linear change	Not available	Decreased
	f students who	f students who attended hey were in school age of students who att	f students who attended physical hey were in school age of students who attended ph	f students who attended physical educatio hey were in school age of students who attended physical edu	f students who attended physical education (PE) cl hey were in school 37.8 age of students who attended physical education (Re in school	f students who attended physical education (PE) classes on hey were in school 37.8 34.5 age of students who attended physical education (PE) classes in school	f students who attended physical education (PE) classes on one or m hey were in school 37.8 34.5 28.9 age of students who attended physical education (PE) classes daily is a in school	f students who attended physical education (PE) classes on one or more days hey were in school 37.8 34.5 28.9 34.1 age of students who attended physical education (PE) classes daily in an avere in school	f students who attended physical education (PE) classes on one or more days in an hey were in school 37.8 34.5 28.9 34.1 35.5 age of students who attended physical education (PE) classes daily in an average in school	f students who attended physical education (PE) classes on one or more days in an hey were in school 37.8 34.5 28.9 34.1 35.5 No linear change age of students who attended physical education (PE) classes daily in an average in school	f students who attended physical education (PE) classes on one or more days in an hey were in school 37.8 34.5 28.9 34.1 35.5 No linear change Not available age of students who attended physical education (PE) classes daily in an average in school

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

hite* te-Add	ed		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from
1001	1002	4005	400=	1000	2001	2002	2005	2005	2000	2011	2012			2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag months	ge of stud	lents who	would d	lescribe tl	heir grade	es in scho	ol as mo	stly A's o	r B's duri	ng the			
Just 12	monuis						62.1	61.5	69.3	70.4	71.8	Increased, 2005-2013	Not available [¶]	No change
	Percentag		lents who	typicall	y sleep at	home, or	home of	friend o	r relative,	with the	ir			
oarent(s) or guard	nan(s)								97.4	99.0	No linear change	Not available	No change
	Percentag				that eith	er of thei	r parents	or other	adults in	their fam	ily are			
serving	on active	duty in t	he militai	ry						22.1	21.5	No linear change	Not available	No change
	Percentag			have a p	arent or	other adu	lt in their	family v	vho has b	een in jai	l or in			
prison d	uring the	past 12 i	nonths							12.0	11.3	No linear change	Not available	No change
QN91:	Percentag	ge of stud	lents who	have ph	ysical dis	sabilities (or long-te	erm healt	h problen	ns				
										6.5	10.1	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Site-Add	ed		Hea	lth Risk	Behavio	r and Per	centage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN92:	Percentag	ge of stud	dents who	have lor	ng-term e	motional	problems	or learn	ing disab	ilities				
										9.2	12.0	No linear change	Not available [¶]	No change
						omeone ha		hurt the	m by hitt	ting, pund	ching, or			
							12.2	13.1	10.8	6.3	7.5	Decreased, 2005-2013	Not available	No change
						purposely urpose, di				wanting to	o die,			
							22.1	17.7	12.5	13.2	14.1	Decreased, 2005-2013	Not available	No change
QN98: home or	Among s	tudents v	vho drank	c alcohol their usua	during th	e past 30 ney usuall	days, the	percenta	ige who i	reported t	heir lays			
	•				-				95.4	92.6	94.3	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

White* Site-Adde	d		Hea	alth Risk	Behavio	r and Per	-centage:	s				Linear Change†	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
that they	drink, tl	ne percen	tage who	reported	l liquor, s	ne past 30 such as vo	dka, rum							
									44.2	46.6	54.9	No linear change	Not available [¶]	No change
QN100: 30 days	Percent	age of stu	idents wh	no used n	narijuana	on school	property	one or i	nore time	es during	the past			
							7.1	4.0	3.5	4.4	2.7	Decreased, 2005-2013	Not available	No change
						of herbal o			e to get h	igh, such	ı as			
								5.6	5.1	11.4	5.3	No linear change	Not available	Decreased
						cription p			OxyCon	tin, code	ine, or			
								26.4	22.2	20.0	14.2	Decreased, 2007-2013	Not available	No change
QN103: property					offered, so	old, or give	en anyon	e an illeg	gal drug o	on school				
								7.5	6.9	7.5	5.3	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Site-Add	ed													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN105:	Percent	age of stu	ıdents wh	no have b	een pregi	nant or go	tten som	eone pre	gnant one	or more	times			
							5.1	2.8	3.4	5.0	2.1	No linear change	Not available [¶]	No change
				no have e	ever been	told by a	doctor or	nurse th	at they ha	ad a sexu	ally			
transmit	ieu uisea	se (STD)						1.4	1.8	0.2	1.1	No linear change	Not available	No change
QN108:	Percent	age of stu	ıdents wł	no descril	be themse	elves as g	ay or lest	oian or bi	sexual	-				
								6.6	6.6	3.1	6.1	No linear change	Not available	No change
QN109:	Percent	age of stu	ıdents wł	no have e	ever given	or receiv	ed oral s	ex			-			
							55.1	54.4	53.4	56.3	49.3	No linear change	Not available	No change
	Percent fe sex pr		ıdents wł	no think t	that their	health tea	cher has	given the	em the mo	ost inforn	nation			
about sa	ie sex pi	uctices							33.8	33.2	37.9	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Site-Add	ed		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN111: past 30		age of stu	ıdents wh	no exercis	sed to los	e weight	or to kee	p from ga	aining we	ight duri	ng the			
pust 50	 , 6						62.1	61.3	62.4	68.4	67.2	No linear change	Not available [¶]	No change
			idents wh			wer calor	ries, or fo	ods low	in fat to le	ose weigh	nt or to			
			-				45.8	40.6	43.6	46.1	43.7	No linear change	Not available	No change
QN113:	Percenta	age of stu	idents wh	no had on	e or more	e caffeina	ted drink	s yesterd	ay	-				
									67.7	68.6	62.4	No linear change	Not available	No change
QN114:	Percenta	age of stu	idents wh	no would	know wł	nere to ha	ve an HI	V test if t	hey want	ed one do	one			
								73.4	72.7	74.9	71.1	No linear change	Not available	No change
QN116:	Percenta	age of stu	idents wh	no get eig	tht or mo	re hours o	of sleep o	n average	e school r	night				
									26.9	30.3	29.4	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N117: Perce				most like	ely talk to	no one i	f they had	d a persor	nal proble	em with			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

lack* 1jury a	nd Violer	nce												
			Hea	lth Risk	Behavio	or and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN9: I	Percentage	e of stude	ents who	never or	rarely wo	ore a seat	belt wher	n riding ii	n a car dr	iven by s	omeone			
							7.5	6.2	9.6	1.4	5.0	No linear change	Not available [¶]	No change
	Percentag school pr							a weapo	on such as	s a gun, k	nife, or			
							4.8	6.0	5.9	2.8	6.4	No linear change	Not available	No change
	Percentag t they stop								two week	s or more	e in a			
							23.7	27.3	27.7	22.9	14.9	Decreased, 2005-2013	Not available	No change
QN27:	Percentag	ge of stud	lents who	seriousl	y conside	ered atten	npting sui	icide duri	ng the pa	st 12 mor	nths			
							6.9	11.2	10.3	10.5	8.5	No linear change	Not available	No change
QN28: months	Percentag	ge of stud	lents who	made a	plan abo	ut how the	ey would	attempt	suicide di	uring the	past 12			
							4.9	10.2	4.2	5.9	6.3	No linear change	Not available	

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black* Site-Add	ed													
			Hea	lth Risk	Behavio	r and Pei	rcentage	S		Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage months	ge of stud	lents who	would d	lescribe tl	neir grade	es in scho	ol as mo	stly A's o	r B's duri	ing the			
							48.0	44.4	52.6	68.1	61.6	Increased, 2005-2013	Not available¶	No change
	Percentag		lents who	typicall	y sleep at	home, or	home of	friend o	r relative,	, with the	ir			
										94.6	97.6	No linear change	Not available	No change
	Percentag on active				that eith	er of their	r parents	or other	adults in	their fam	ily are			
		J		•						26.6	18.0	No linear change	Not available	No change
QN91:	Percentag	ge of stud	lents who	have ph	ysical dis	abilities o	or long-te	rm healt	h problen	ns				
										5.4	7.9	No linear change	Not available	No change
QN92:	Percentag	ge of stud	lents who	have lo	ng-term e	motional	problems	s or learn	ing disab	ilities				
										11.1	7.3	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
)N94: I	Percentag	ge of stud	lents who		ad that as		14 14	11	1 1					
	hem on			n one or n				o hurt the	m by hitt	ing, pund	ching, or			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.