Total Injury ar	nd Violer	ıce												
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN6: A	mong stu	udents wl	ho rode a	bicycle,	the perce	ntage wh	o never o	r rarely v	vore a bio	cycle heli	net			
								71.1	74.4	74.6	73.0	No linear change	Not available§	No change
QN7: A		udents w	ho used ro	ollerblade	es or rode	e a skateb	oard, the	percenta	ge who n	ever or ra	arely			
									81.8	79.4	79.9	No linear change	Not available	No change
QN8: P	ercentage	e of stude	ents who	never or i	rarely wo	ore a seat	belt when	n riding ii	n a car					-
								5.5	4.9	4.9	3.7	No linear change	Not available	No change
QN9: P	ercentage	e of stude	ents who	ever rode	in a car	driven by	someone	e who had	d been dr	inking al	cohol			
								31.8	28.0	22.1	20.8	Decreased, 2007-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Total Injury a	nd Violer	nce	Hea	ılth Risk	Behavio	or and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN10:	Percentag	ge of stud	dents who	ever car	ried a we	eapon, suc	h as a gu	n, knife,	or club					
									27.3	23.1	27.7	No linear change	Not available§	No change
QN11:	Percentag	ge of stud	dents who	have ev	er been ii	n a physic	al fight							
								63.6	60.4	54.4	53.7	Decreased, 2007-2013	Not available	No change
	Percentag			were ev	er in a ph	nysical fig	ht in whi	ch they v	were hurt	and had	to be			
										7.3	6.0	No linear change	Not available	No change
QN15:	Percentag	ge of stud	dents who	ever ser	riously the	ought abo	ut killing	themsel	ves					
								22.6	22.6	19.3	10.7	Decreased, 2007-2013	Not available	Decreased
QN16:	Percentag	ge of stud	dents who	ever ma	ide a plan	about ho	w they w	ould kill	themselv	es es				
								13.6	12.1	9.6	16.8	No linear change	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

'otal 'obacco	Use		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokir	ng, even	one or two	o puffs					
								31.3	27.1	20.6	16.6	Decreased, 2007-2013	Not available§	No change
QN19:	Percentag	ge of stud	lents who	smoked	a whole	cigarette	for the fi	rst time b	efore age	e 11 years	3			
								5.0	6.5	4.5	3.2	Decreased, 2007-2013	Not available	No change
QN20:	Percentag	ge of stud	lents who	smoked	cigarette	s on one	or more	of the pas	t 30 days					
								7.0	9.4	5.4	3.5	Decreased, 2007-2013	Not available	No change
QNFRO	CIG: Perc	centage of	f students	who sm	oked ciga	arettes on	20 or mo	ore of the	past 30 d	lays	,			
								1.6	2.4	1.4	0.3	Decreased, 2007-2013	Not available	Decreased
QN23: for 30 c	Percentag	ge of stud	lents who	ever sm	oked ciga	arettes dai	ily, that i	s, at least	one ciga	rette ever	y day			
	-							4.5	5.5	3.2	2.3	Decreased, 2007-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	rcentages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN24:	Percenta	ge of stud	lents who	used che	ewing tob	oacco, snu	ıff, or dip	on one	or more o	f the past	30			
								3.4	4.5	2.6	2.6	No linear change	Not available <sup>§</sup>	No change
lays QN25:	Percenta	ge of stud	lents who	smoked	cigars, ci	igarillos,	or little c					No linear change	Not available <sup>§</sup>	No change
days	Percenta	ge of stud	lents who	smoked	cigars, ci	igarillos,	or little c					No linear change	Not available <sup>§</sup> Not available	No change
ays QN25: ays	YTOB: F	Percentag		ents who		igarillos,		igars on 4.0	one or mo	ore of the	past 30 3.5			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Fotal Alcohol a	and Othe	er Drug (		ılth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN26:	Percentag	ge of stud	lents who	ever ha	d a drink	of alcoho	l, other tl	nan a few	sips					
								45.4	40.2	31.7	28.6	Decreased, 2007-2013	Not available <sup>§</sup>	No change
	Percentag	ge of stud	dents who	had the	ir first dri	ink of alco	ohol othe	r than a f	ew sips b	efore age	11			
years								14.2	16.5	11.0	10.5	Decreased, 2007-2013	Not available	No change
QN28:	Percentag	ge of stud	dents who	ever use	ed mariju	ana	-	-	-	-	-			
								12.6	13.6	10.7	9.9	No linear change	Not available	No change
QN29:	Percentag	ge of stud	dents who	tried ma	arijuana f	or the firs	t time be	fore age	11 years					
								1.2	3.8	2.2	1.6	No linear change	Not available	No change
QN30:	Percentag	ge of stud	dents who	ever use	ed any fo	rm of coc	aine, incl	uding po	wder, cra	ick, or fre	ebase			
								3.1	3.5	2.8	1.4	Decreased, 2007-2013	Not available	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentaş r sprays t			ever sni	ffed glue	, breathed	the cont	ents of sp	oray cans	, or inhale	ed any			
janius o	i sprays i	o get mg	11							8.9	7.3	No linear change	Not available§	No change
,														
	Percentag	ge of stud	lents who	ever too	k steroid	pills or sh	hots with	out a doc	tor's pres	cription				

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Total Sexual B	sehaviors		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN34:	Percentag	ge of stud	lents who	ever had	l sexual i	ntercours	e							
								23.2	23.0	19.1	13.5	Decreased, 2007-2013	Not available§	Decreased
QN35:	Percentag	ge of stud	lents who	had sex	ual interc	ourse for	the first	time befo	re age 11	years				
								4.5	6.1	3.9	3.7	No linear change	Not available	No change
QN36:	Percentag	ge of stud	lents who	ever had	l sexual i	ntercours	e with th	ree or mo	ore people	e				
									8.2	6.0	4.4	Decreased, 2009-2013	Not available	No change
	Among s		vho ever l	had sexua	al interco	ourse, the p	percentag	ge who us	sed a con	dom duri	ng last			
								78.5	72.8	74.1	73.5	No linear change	Not available	No change
QN49:	Percentag	ge of stud	lents who	had eve	r been tau	ught in scl	hool abou	ut AIDS	or HIV in	fection				
								71.3	71.0	63.9	58.0	Decreased, 2007-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38:	Percentag	ge of stud	lents who	describe	ed themse	elves as sl	ightly or	very ove	rweight					
								27.3	27.4	24.6	29.9	No linear change	Not available§	No change
QN39:	Percentag	ge of stud	lents who	were try	ying to lo	se weight								
								47.4	45.6	46.2	49.1	No linear change	Not available	No change
	Percentagom gainin			had eve	er gone w	ithout eati	ing for 24	4 hours o	r more to	lose weig	ght or to			
кеер п	om gamm	g weight						20.3	16.8	19.0	18.2	No linear change	Not available	No change
	Percentag					iet pills, p	owders,	or liquids	without	a doctor's	s advice			
to lose	weight or	to keep f	rom gain	ing weig	tht			5.5	4.6	5.7	3.8	No linear change	Not available	Decreased
	Percentag	ge of stud	lents who	had eve	er vomited	d or taken	laxatives	s to lose v	weight or	to keep f	rom			
gaining	weight													

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Fotal Weight N	<b>I</b> anagem	ent and	Dietary :			r and Pe	rcentage:	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN43:	Percentag	ge of stud	dents who	ate brea	kfast on a	all of the	past seve	n days		47.3	45.9	No linear change	Not available <sup>§</sup>	No change
QNNOF	BKFT: Pe	ercentage	e of stude	ents who	ate break	fast on no	ne of the	past sev	en days	10.8	12.7	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

otal hysical	Activity													
			Hea	lth Risk	Behavio	or and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	nysically	active for	a total of	at least	60 minute	es per day	on five			
n more	or the pa	st seven (	iays						56.5	53.1	50.2	Decreased, 2009-2013	Not available <sup>§</sup>	No change
NPAC	DAY: Pe	ercentage	of stude	nts who	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
M 0 01	the past si	even day	•						10.1	11.1	12.9	No linear change	Not available	No change
	DAY: Pe			nts who	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
11 7 01	the past si	even day	•						34.9	32.7	29.4	Decreased, 2009-2013	Not available	No change
N45:	Percentag	ge of stud	ents who	watched	d three or	more hou	ırs per da	y of TV	on an ave	rage scho	ool day			
								38.9	39.1	40.0	40.5	No linear change	Not available	No change
	Percentag s not scho								omputer	for somet	thing			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N47: Percenta				l physica	l educatio	on (PE) cl	lasses one	e or more	days in a	an			
erage week wl	ien thev v	vere in sc	hool										
cruge week w	, .	, 010 111 50	11001				69.7	70.1	77.1	71.9	No linear change	Not available§	No change
							69.7	70.1	77.1	71.9	No linear change	Not available <sup>§</sup>	No change
NDLYPE: Pei	centage o	of students		ended ph	ysical edi	ucation (I					No linear change	Not available <sup>§</sup>	No change
NDLYPE: Per eek when they	centage o	of students		ended ph	ysical edu	ucation (l					No linear change  Decreased, 2007-2013	Not available <sup>§</sup>	No change  Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Fotal Other			Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN50:	Percentag	ge of stud	lents who	had eve	r been tol	d by a do	ctor or n		•					
								23.2	25.9	28.7	31.3	Increased, 2007-2013	Not available§	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Total Site-Add	ed		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53:	Percenta	ge of stud	lents who	did som	ething to	purposel purpose, d	y hurt the	emselves	without v	wanting t	o die,			
sucii as	cutting, s	scraping,	or burnin	g memse	ives on p	urpose, u	uring the	past 12 i	nonuis	12.3	10.7	No linear change	Not available§	No change
QN55:	Percenta	ge of stud	dents who	used ma	rijuana d	luring the	past 30 c	lays			-			
										5.8	5.0	No linear change	Not available	No change
QN56:	Percenta	ge of stud	lents who	have ev	er exercis	sed to lose	e weight	or to keep	from ga	ining we	ight			
								72.3	69.8	70.1	75.4	Increased, 2007-2013	Not available	Increased
		ge of stuc p from ga			er eaten l	ess food,	fewer ca	lories, or	foods lov	w in fat to	o lose			
								48.8	46.8	49.1	51.3	No linear change	Not available	No change
QN65:	Percenta	ge of stud	dents who	had one	or more	caffeinate	ed drinks	yesterda	y					
										64.3	55.0	Decreased, 2011-2013	Not available	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Total Site-Adde	ed		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN67: 1	Percenta	ge of stud	dents who	get eigh	t or more	hours of	sleep on	average	school ni	ght 56.3	57.9	No linear change	Not available <sup>§</sup>	No change
QN68: I parent(s)			dents who	typically	y sleep at	home, or	at the ho	ome of fri	iend or re	elative, w 96.9	ith their 99.5	Increased, 2011-2013	Not available	Increased
QN69: 1	Percenta	ge of stud	dents who	have ph	ysical dis	sabilities o	or long-te	erm healtl	h probler	ns 7.8	10.1	No linear change	Not available	No change
QN70: 1	Percenta	ge of stud	dents who	have lor	ng-term e	motional	problems	s or learn	ing disab	oilities 7.3	10.7	Increased, 2011-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Injury a	nd Viole	nce	Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN6: A	Among st	udents w	ho rode a	bicycle,	the perce	ntage wh	o never c	or rarely v	wore a bio	cycle helr	net			
								74.1	77.8	79.0	74.5	No linear change	Not available§	No change
QN7: A		udents w	ho used r	ollerblad	es or rode	e a skateb	oard, the	percenta	ge who n	ever or ra	arely			
									83.2	81.4	82.0	No linear change	Not available	No change
QN8: I	Percentag	e of stude	ents who	never or	rarely wo	ore a seat	belt wher	n riding ii	n a car					
								6.4	5.5	6.9	3.8	No linear change	Not available	No change
QN9: I	Percentag	e of stude	ents who	ever rode	e in a car	driven by	someone	e who had	d been dr	inking ald	cohol			
								32.1	26.6	20.4	19.7	Decreased, 2007-2013	Not available	No change
QN10:	Percenta	ge of stud	dents who	ever car	rried a we	eapon, suc	ch as a gu	ın, knife,	or club		-			
									41.8	36.8	39.7	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Injury ar	nd Violen	nce	Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	•		
QN11:	Percenta	ge of stud	dents who	have eve	er been ir	n a physic	al fight	75.3	72.9	67.2	64.4	Decreased, 2007-2013	Not available <sup>§</sup>	No change
		ge of stud		were ev	er in a ph	nysical fig	ht in whi	ch they v	vere hurt	and had	to be			
	,									8.6	7.7	No linear change	Not available	No change
QN15:	Percenta	ge of stud	dents who	ever ser	iously the	ought abo	ut killing	themsel	ves					
								17.5	17.2	13.1	6.3	Decreased, 2007-2013	Not available	Decreased
QN16:	Percenta	ge of stud	dents who	ever ma	de a plan	about ho	w they w	ould kill	themselv	/es				
								10.1	8.6	7.4	10.9	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Fobacco	Use		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokin	ng, even o	one or tw	o puffs					
								29.4	26.7	22.8	15.7	Decreased, 2007-2013	Not available§	Decreased
QN19:	Percentag	ge of stud	lents who	smoked	a whole	cigarette	for the fi	rst time b	efore age	11 years	3			
								5.7	6.3	5.5	2.1	Decreased, 2007-2013	Not available	Decreased
QN20:	Percentag	ge of stud	lents who	smoked	cigarette	s on one	or more o	of the pas	t 30 days		-			
								4.8	8.9	5.7	4.2	No linear change	Not available	No change
QNFR	CIG: Perc	entage o	f students	who sm	oked ciga	arettes on	20 or mo	ore of the	past 30 d	lays				
								1.4	2.3	2.2	0.5	No linear change	Not available	No change
	Percentag	ge of stud	lents who	ever sm	oked ciga	arettes dai	ily, that i	s, at least	one ciga	rette ever	y day			
for 30														

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentages	3				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 $^{\dagger}$
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag	ge of stud	lents who	used che	ewing tob	oacco, snu	ıff, or dip	on one	or more o	of the past	: 30			
2776														
ays								4.8	5.4	4.9	3.9	No linear change	Not available <sup>§</sup>	No change
	Percentaș	ge of stud	lents who	smoked	cigars, c	igarillos,	or little c		-			No linear change	Not available <sup>§</sup>	No change
N25:	Percentaş	ge of stud	lents who	smoked	cigars, c	igarillos,	or little c		-			No linear change	Not available <sup>§</sup>	No change
(N25: ays	УТОВ: Р		e of stude	ents who		igarillos,		igars on 6	one or mo	ore of the	past 30 5.2			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Male Alcohol	and Othe	er Drug (		alth Risk	Behavio	or and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	•		
QN26:	Percentag	ge of stud	dents who	ever ha	d a drink	of alcoho	l, other tl	nan a few	sips					
	·							45.6	41.0	33.9	28.5	Decreased, 2007-2013	Not available§	No change
QN27:	Percentag	ge of stud	dents who	had the	ir first dri	ink of alco	ohol othe	r than a f	ew sips b	efore age	e 11			
years								14.6	19.2	13.0	12.9	No linear change	Not available	No change
QN28:	Percentag	ge of stud	dents who	ever use	ed mariju	ana	-	-	-	-	-			
								15.0	15.8	12.4	10.5	No linear change	Not available	No change
QN29:	Percentag	ge of stud	dents who	tried ma	arijuana f	or the firs	t time be	fore age	11 years					
								1.4	5.0	3.8	2.2	No linear change	Not available	No change
QN30:	Percentag	ge of stud	dents who	ever use	ed any fo	rm of coc	aine, incl	uding po	wder, cra	ick, or fre	ebase			
								4.6	3.4	4.2	1.7	No linear change	Not available	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentagor sprays t			ever sni	ffed glue	, breathed	the cont	ents of sp	oray cans	, or inhalo	ed any			
pamis	п зргауз с	o get ing	11							10.1	7.9	No linear change	Not available <sup>§</sup>	No change
	_	C .	lanta ruha		lr atamaid	nille or el	hote with	out a doc	tor's pres	cription				
QN32:	Percenta	ge of stud	ients who	ever too	k steroid	pins or si	nots with	out a doc	tor s pres	cription				

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

<b>2013</b> 16.7	Decreased, 2007-2013	Not available <sup>§</sup>	No change
16.7	Decreased, 2007-2013	Not available <sup>§</sup>	No change
16.7	Decreased, 2007-2013	Not available <sup>§</sup>	No change
-			
5.2	No linear change	Not available	No change
8.0	No linear change	Not available	No change
	8.0		8.0 No linear change Not available  60.0 No linear change Not available

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38:	Percentag	ge of stud	lents who	describe	ed themse	elves as sl	ightly or	very ove	rweight					
								26.3	23.0	17.0	23.7	No linear change	Not available§	No change
QN39:	Percentag	ge of stud	lents who	were try	ying to lo	se weight								
								39.8	36.3	33.1	36.8	No linear change	Not available	No change
	Percentag			had eve	r gone wi	ithout eati	ing for 24	4 hours o	r more to	lose wei	ght or to			
кеер п	om gamm	ig weight						14.4	11.7	17.3	13.8	No linear change	Not available	No change
	Percentag					iet pills, p	owders,	or liquids	without	a doctor'	s advice			
to iose	weight or	ю кеер і	rom gam	ing weigi	III			4.1	3.6	5.4	2.4	No linear change	Not available	No change
	Percentag weight	ge of stud	lents who	had eve	r vomited	d or taken	laxatives	s to lose v	weight or	to keep f	rom			
gammg	g weight							3.6	3.2	5.4	2.5	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N43:	Percentag	ge of stud	dents who	ate brea	kfast on a	all of the p	past sever	n days		53.3	53.6	No linear change	Not available§	No change
NNO	BKFT: Po	ercentage	e of stude	nts who a	ate breakt	fast on no	ne of the	past seve	en days	9.6	9.7	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

lale hysical	Activity													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag			were ph	nysically	active for	a total of	at least	60 minute	es per day	on five			
i more	or the pa	st seven (	uays						62.2	55.2	58.9	No linear change	Not available <sup>§</sup>	No change
NPA0	DAY: Pe	ercentage	of stude	nts who	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
11 0 01	ine past si	even day	3						9.1	10.9	11.5	No linear change	Not available	No change
	DAY: Pe			nts who	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
11 7 01	ine past si	even day	3						42.3	37.6	34.9	No linear change	Not available	No change
N45:	Percentag	ge of stud	lents who	watched	d three or	more hou	ırs per da	y of TV	on an ave	rage scho	ool day			
								41.6	41.4	43.0	42.3	No linear change	Not available	No change
						computer on an av			omputer	for somet	hing			
					r									

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

		Heal	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 $^{\dagger}$
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		-			-								
				l physical	l educatio	on (PE) cl	lasses one	e or more	days in a	an			
				l physical	l educatio	on (PE) cl	lasses one 70.6	e or more 72.1	days in a	73.1	No linear change	Not available <sup>§</sup>	No change
				l physical	l educatio	on (PE) cl			-		No linear change	Not available <sup>§</sup>	No change
verage week who	en they v	rere in sc	hool				70.6	72.1	79.6	73.1	No linear change	Not available <sup>§</sup>	No change
N47: Percentag verage week who NDLYPE: Perceek when they week	en they v	rere in sc	hool				70.6	72.1	79.6	73.1	No linear change  Decreased, 2007-2013	Not available <sup>§</sup> Not available	No change  Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Other			Hea	lth Risk	Behavio	r and Pei	centage:	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN50:	Percentag	ge of stud	lents who	had eve	r been tol	ld by a do	ctor or n	urse that	they had	asthma				
								22.1	26.1	28.8	33.7	Increased, 2007-2013	Not available§	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Site-Add	led		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: such as	Percenta cutting, s	ge of stuc	dents who	did som	ething to	purposel purpose, d	y hurt the	emselves past 12 i	without v	wanting t	o die,			
	<i>G</i> ,	,		6		r r,	. 6.	<b>r</b>		10.0	6.8	No linear change	Not available <sup>§</sup>	No change
QN55:	Percenta	ge of stud	dents who	used ma	rijuana d	luring the	past 30 c	lays			-			
										6.3	5.9	No linear change	Not available	No change
QN56:	Percenta	ge of stud	dents who	have ev	er exercis	sed to lose	e weight	or to kee	p from ga	ining we	ight			
								71.0	66.4	64.4	67.9	No linear change	Not available	No change
		ge of stud p from ga			er eaten l	ess food,	fewer ca	lories, or	foods lov	w in fat to	lose			
								39.3	39.6	40.7	41.8	No linear change	Not available	No change
QN65:	Percenta	ge of stud	dents who	had one	or more	caffeinate	ed drinks	yesterda	y					
										64.7	54.6	Decreased, 2011-2013	Not available	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Site-Add	ed		Hea	ılth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN67:	Percenta	ge of stu	dents who	get eigh	t or more	hours of	sleep on	average	school ni	ght 55.9	62.1	No linear change	Not available <sup>§</sup>	No change
	Percenta s) or guar		dents who	typically	y sleep at	home, or	at the ho	ome of fri	iend or re	elative, w 95.4	ith their 99.5	Increased, 2011-2013	Not available	Increased
QN69:	Percenta	ge of stu	dents who	have ph	ysical dis	sabilities o	or long-te	rm healtl	h probler	ns 9.2	10.0	No linear change	Not available	No change
QN70:	Percenta	ge of stu	dents who	have lor	ng-term e	motional	problems	s or learn	ing disab	vilities 7.4	10.8	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Female Injury a	nd Violei	nce	Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN6: A	Among st	udents wl	ho rode a	bicycle,	the perce	ntage wh	o never o	or rarely v	vore a bio	cycle helr	net			
								67.2	70.1	69.2	72.0	No linear change	Not available§	No change
QN7: A		udents w	ho used r	ollerblad	es or rode	e a skateb	oard, the	percenta	ge who n	ever or ra	arely			
									80.1	76.0	79.4	No linear change	Not available	No change
QN8: F	Percentage	e of stude	ents who	never or	rarely wo	ore a seat	belt when	n riding ii	n a car					
								4.6	4.3	3.0	3.2	No linear change	Not available	No change
QN9: F	Percentage	e of stude	ents who	ever rode	e in a car	driven by	someon	e who had	d been dr	inking ald	cohol			
								30.9	29.6	23.8	22.4	Decreased, 2007-2013	Not available	No change
QN10:	Percenta	ge of stud	dents who	ever car	rried a we	eapon, suc	ch as a gu	ın, knife,	or club					
									12.8	8.8	14.5	No linear change	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Female Injury ar	nd Violei	nce	Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN11:	Percenta	ge of stud	dents who	have eve	er been ir	n a physic	al fight	50.3	47.2	40.6	42.5	Decreased, 2007-2013	Not available <sup>§</sup>	No change
		ge of stud		were ev	er in a ph	nysical fig	tht in whi	ch they w	vere hurt	and had	to be			
	, y u doce	01 01 1101	, <b>c</b>							5.9	4.2	No linear change	Not available	No change
QN15:	Percenta	ge of stud	dents who	ever ser	iously the	ought abo	ut killing	themsel	ves					
								28.4	28.0	24.2	14.9	Decreased, 2007-2013	Not available	Decreased
QN16:	Percenta	ge of stud	dents who	ever ma	de a plan	about ho	w they w	ould kill	themselv	/es				
								17.3	15.1	11.4	23.0	No linear change	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Female Fobacco	Use		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokin	ng, even	one or tw	o puffs					
								33.5	27.3	18.2	17.1	Decreased, 2007-2013	Not available <sup>§</sup>	No change
QN19:	Percentag	ge of stud	dents who	smoked	a whole	cigarette	for the fi	rst time b	efore age	e 11 years	3			
								4.3	6.5	3.0	4.3	No linear change	Not available	No change
QN20:	Percentag	ge of stud	lents who	smoked	cigarette	s on one	or more	of the pas	t 30 days					
								9.2	9.5	4.9	2.4	Decreased, 2007-2013	Not available	No change
QNFR	CIG: Perc	entage o	f students	who sm	oked ciga	arettes on	20 or mo	ore of the	past 30 c	lays				
								1.9	2.2	0.5	0.0	Decreased, 2007-2013	Not available	No change
QN23: for 30 c	Percentag	ge of stud	dents who	ever sm	oked ciga	arettes dai	ily, that i	s, at least	one ciga	rette ever	y day			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentages	<b>3</b>				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag	ge of stud	dents who	used che	ewing tob	oacco, snu	ıff, or dip	on one o	or more o	f the past	: 30			
iays								1.9	3.3	0.3	0.9	No linear change	Not available§	No change
QN25:	Percentag	ge of stud	lents who	smoked	cigars, c	igarillos,	or little c					No linear change	Not available <sup>§</sup>	No change
QN25: lays	Percentag	ge of stuc	dents who	smoked	cigars, c	igarillos,	or little c					No linear change  Decreased, 2007-2013	Not available <sup>§</sup> Not available	No change
QN25: lays	TOB: P	Percentag		ents who		igarillos,		gars on o	one or mo	ore of the	past 30			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Female Alcohol	and Othe	er Drug (		ılth Risk	Behavio	or and Pei	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 $^{\dagger}$
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN26:	Percentag	ge of stud	dents who	ever ha	d a drink	of alcoho	l, other tl	nan a few	sips					
								45.1	39.1	30.3	29.2	Decreased, 2007-2013	Not available§	No change
QN27:	Percentag	ge of stud	dents who	had the	ir first dri	ink of alco	ohol othe	r than a f	ew sips b	efore age	e 11			
years								13.9	13.5	9.4	8.6	Decreased, 2007-2013	Not available	No change
QN28:	Percentag	ge of stud	dents who	ever use	ed mariju	ana	-	-	-		-			-
								9.9	11.3	8.9	8.8	No linear change	Not available	No change
QN29:	Percentag	ge of stud	lents who	tried ma	arijuana f	or the firs	t time be	fore age	11 years					
								1.1	2.4	0.4	0.8	No linear change	Not available	No change
QN30:	Percentag	ge of stud	dents who	o ever use	ed any fo	rm of coc	aine, incl	uding po	wder, cra	ck, or fre	eebase			
								1.6	3.4	1.4	0.7	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentaş r sprays t			ever sni	ffed glue	, breathed	the cont	ents of sp	oray cans	, or inhale	ed any			
Janns O	i sprays i	o get mg.	1							7.2	7.0	No linear change	Not available <sup>§</sup>	No change
QN32:	Percentag	ge of stud	lents who	ever too	k steroid	pills or sh	nots with	out a doc	tor's pres	cription				

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

1995	1997 ents who	1999	2001	2003	2005	2005			_	_		
e of stude	ents who	-			_000	2007	2009	2011	2013			
		ever had	sexual ii	ntercours	e							
						20.9	19.0	14.2	9.1	Decreased, 2007-2013	Not available§	No change
e of stude	ents who	had sexu	al interco	ourse for	the first t	time befo	re age 11	years				
						3.3	3.3	1.3	2.0	No linear change	Not available	No change
e of stude	ents who	ever had	sexual ii	ntercours	e with the	ree or mo	ore people	<del></del>				
							5.3	3.8	0.6	Decreased, 2009-2013	Not available	Decreased
	ge of stud	e of students who	ge of students who ever had	ge of students who ever had sexual i	ge of students who ever had sexual intercours	ge of students who ever had sexual intercourse with the	3.3 ge of students who ever had sexual intercourse with three or mo	3.3 3.3  ge of students who ever had sexual intercourse with three or more people 5.3  ge of students who had ever been taught in school about AIDS or HIV in	te of students who ever had sexual intercourse with three or more people  5.3 3.8  The of students who had ever been taught in school about AIDS or HIV infection	3.3 3.3 1.3 2.0 ge of students who ever had sexual intercourse with three or more people 5.3 3.8 0.6 ge of students who had ever been taught in school about AIDS or HIV infection	3.3 3.3 1.3 2.0 No linear change te of students who ever had sexual intercourse with three or more people 5.3 3.8 0.6 Decreased, 2009-2013 te of students who had ever been taught in school about AIDS or HIV infection	3.3 3.3 1.3 2.0 No linear change Not available ge of students who ever had sexual intercourse with three or more people 5.3 3.8 0.6 Decreased, 2009-2013 Not available ge of students who had ever been taught in school about AIDS or HIV infection

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38:	Percentag	ge of stud	lents who	describe	ed themse	elves as sl	ightly or	very ove	rweight					
								28.6	31.6	32.2	36.4	Increased, 2007-2013	Not available <sup>§</sup>	No change
QN39:	Percentag	ge of stud	lents who	were try	ying to lo	se weight								
								55.9	55.0	59.2	63.0	Increased, 2007-2013	Not available	No change
	Percentagom gainin			had eve	r gone wi	ithout eati	ing for 24	hours o	r more to	lose wei	ght or to			
кеер п	om gumm	g weight						26.9	21.4	19.4	22.4	No linear change	Not available	No change
						iet pills, p	owders,	or liquids	without	a doctor'	s advice			
to lose	weight or	ю кеер г	ioni gain	mg weig	III			7.2	5.4	4.9	5.2	No linear change	Not available	No change
	Percentag weight	ge of stud	lents who	had eve	r vomited	d or taken	laxative	s to lose v	weight or	to keep f	rom			
Samme	., orgin							9.5	6.4	4.4	6.7	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Ü	J		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N43:	Percentaş	ge of stud	dents who	ate brea	kfast on a	all of the p	past seve	n days		42.7	38.3	No linear change	Not available <sup>§</sup>	No change
ONNO	BKFT: P	ercentage	e of stude	nts who a	ate breakt	ast on no	ne of the	past sev	en days	11.4	16.2	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

emale hysical	Activity													
			Hea	lth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	nysically	active for	a total of	at least	60 minute	es per day	on five			
or more	or the pa	si seveli (	лауѕ						50.4	50.8	40.7	Decreased, 2009-2013	Not available <sup>§</sup>	Decreased
QNPA(	DAY: Po	ercentage	of stude	nts who	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
011 0 01	the past s	even day	5						11.0	11.5	14.2	No linear change	Not available	No change
	DAY: Pe			nts who	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
JII 7 OI	the past s	even day	5						27.5	27.5	22.6	No linear change	Not available	No change
QN45:	Percentag	ge of stud	ents who	watched	d three or	more hou	ırs per da	y of TV	on an ave	rage scho	ool day			
								35.9	37.1	37.6	38.5	No linear change	Not available	No change
						computer y on an av			omputer	for somet	hing			
					1	,			23.2	24.3	35.1	Increased, 2009-2013	Not available	

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centages	i				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991 19	93	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N47: Perc					l physical	educatio	n (PE) cl	asses one	or more	days in a	n			
verage weel	k whe	n they v	vere in sc	hool										
			vere in se	11001				68.4	68.0	74.6	68.9	No linear change	Not available§	No change
			of student		ended ph	ysical edu	cation (I					No linear change	Not available <sup>§</sup>	No change
ONDLYPE: week when t			of student		ended ph	ysical edu	ıcation (I					No linear change  Decreased, 2007-2013	Not available <sup>§</sup> Not available	No change  Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

1997 1999 200	2001 2003	2005	2007	2009	2011	2013		
ts who had ever beer	een told by a do	octor or nu		•				 No change
ts	who had ever b	who had ever been told by a do	who had ever been told by a doctor or n	who had ever been told by a doctor or nurse that 24.3	, , , , , , , , , , , , , , , , , , ,	who had ever been told by a doctor or nurse that they had asthma 24.3 26.1 28.5	, and the second	•

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Female Site-Add	led		Hea	ılth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
						purposely				wanting t	o die,			
	C,	1 0				• ,		•		14.9	14.2	No linear change	Not available§	No change
QN55:	Percenta	ge of stud	dents who	o used ma	rijuana c	luring the	past 30 d	lays						
										5.1	3.9	No linear change	Not available	No change
QN56:	Percenta	ge of stud	dents who	have ev	er exerci	sed to lose	e weight	or to kee	p from ga	aining we	ight			
								74.0	73.3	75.4	83.0	Increased, 2007-2013	Not available	Increased
	Percenta or to keep				er eaten l	less food,	fewer cal	lories, or	foods lo	w in fat to	o lose			
								59.6	54.1	57.1	60.3	No linear change	Not available	No change
QN65:	Percenta	ge of stud	dents who	had one	or more	caffeinate	ed drinks	yesterda	у	<b>62.0</b>	7.5.0	D 1 2011 2012	X	
										62.9	56.2	Decreased, 2011-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Female Site-Add	ed		Hea	lth Risk	Behavio	r and Pe	rcentage:	s				Linear Change <sup>*</sup>	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN67:	Percenta	ge of stud	dents who	get eigh	t or more	hours of	sleep on	average	school ni	ght				
										56.3	53.1	No linear change	Not available <sup>§</sup>	No change
QN68: parent(s			dents who	typically	y sleep at	home, or	at the ho	ome of fr	iend or re	elative, w	ith their			
parent(s	) or guar	dian(s)								99.3	99.7	No linear change	Not available	No change
QN69:	Percenta	ge of stud	dents who	have ph	ysical dis	sabilities o	or long-te	erm healt	h probler	ns				
										5.8	9.8	No linear change	Not available	No change
QN70:	Percenta	ge of stud	dents who	have lor	ng-term e	motional	problems	s or learn	ing disab	ilities				
										6.3	9.9	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Vhite* njury a	nd Violer	ıce	Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN6: A	Among stu	udents wh	no rode a	bicycle,	the perce	ntage wh	o never o	or rarely w	vore a bio	cycle helr	net			
								62.9	67.4	67.3	64.6	No linear change	Not available¶	No change
wore a	,								77.3	75.7	78.5	No linear change	Not available	No change
QN8: I	Percentage	e of stude	ents who i	never or	rarely wo	re a seat	belt whei	n riding ir 3.2	3.4	4.2	2.7	No linear change	Not available	No change
QN9: I	Percentage	e of stude	ents who	ever rode	in a car o	driven by	someone	e who had	d been dr	inking ald	cohol			
								31.6	28.2	20.4	19.0	Decreased, 2007-2013	Not available	No change
QN10:	Percentag	ge of stud	lents who	ever car	ried a we	apon, suc	ch as a gu	ın, knife,	or club					

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Injury an	ıd Violer	nce	Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN11: 1	Percentag	ge of stud	dents who	have ev	er been in	n a physic	al fight							
								56.6	53.1	43.3	46.3	Decreased, 2007-2013	Not available¶	No change
		ge of stud		were ev	er in a ph	nysical fig	ht in whi	ch they v	were hurt	and had	to be			
	, j u docu	or or mar.								6.6	5.6	No linear change	Not available	No change
QN15:	Percentag	ge of stud	dents who	ever ser	iously the	ought abo	out killing	themsel	ves					
								22.0	21.2	16.9	8.2	Decreased, 2007-2013	Not available	Decreased
QN16: 1	Percentag	ge of stud	dents who	ever ma	de a plan	about ho	w they w	ould kill	themselv	/es				
								13.0	10.6	8.7	14.0	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Fobacco	Use		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokin	ng, even	one or tw	o puffs					
								28.2	26.6	18.7	13.5	Decreased, 2007-2013	Not available¶	No change
QN19:	Percentag	ge of stud	lents who	smoked	a whole	cigarette	for the fi	rst time b	efore age	e 11 years	<u> </u>			
								4.9	5.6	2.7	1.6	Decreased, 2007-2013	Not available	No change
QN20:	Percentag	ge of stud	lents who	smoked	cigarette	s on one	or more	of the pas	t 30 days					
								8.2	10.1	6.2	2.6	Decreased, 2007-2013	Not available	Decreased
QNFRC	IG: Perc	entage of	f students	who sm	oked ciga	rettes on	20 or me	ore of the	past 30 d	lays				
								1.9	2.3	1.4	0.0	Decreased, 2007-2013	Not available	Decreased
QN23: for 30 d		ge of stud	lents who	ever sm	oked ciga	rettes dai	ily, that i	s, at least	one ciga	rette ever	ry day			
	, -							5.0	6.1	3.9	1.2	Decreased, 2007-2013	Not available	Decreased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentages	S				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
)N24:	Percenta	ge of stud	lents who	used che	ewing tob	oacco, snu	ıff, or dip	on one o	or more o	f the past	: 30			
								5.0	5.7	3.7	2.3	Decreased, 2007-2013	Not available¶	No change
lays QN25:	Percenta	ge of stud	lents who	smoked	cigars, ci	igarillos,	or little c					Decreased, 2007-2013	Not available¶	No change
lays	Percenta	ge of stuc	lents who	smoked	cigars, ci	igarillos,	or little c					Decreased, 2007-2013  No linear change	Not available¶	No change
QN25: lays	/ТОВ: Б	Percentag	,	ents who		igarillos,		igars on o	one or mo	ore of the	past 30 2.2	,		

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Alcohol	and Othe	r Drug (		alth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN26:	Percentag	ge of stud	dents who	ever ha	d a drink	of alcoho	l, other t	han a few	sips					
	·							42.1	39.1	28.5	29.2	Decreased, 2007-2013	Not available¶	No change
QN27:	Percentag	ge of stud	dents who	had the	ir first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	e 11			
years								13.7	14.0	9.5	9.1	Decreased, 2007-2013	Not available	No change
QN28:	Percentag	ge of stud	dents who	ever use	ed mariju	ana								
								10.1	12.8	8.8	7.4	No linear change	Not available	No change
QN29:	Percentag	ge of stud	dents who	tried ma	arijuana f	or the firs	t time be	fore age	11 years	-	-			
								1.4	2.8	0.7	1.0	No linear change	Not available	No change
QN30:	Percentag	ge of stud	dents who	o ever use	ed any foi	rm of coc	aine, inc	uding po	wder, cra	ick, or fre	eebase			
								3.0	3.7	3.3	0.3	Decreased, 2007-2013	Not available	Decreased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

-											_	-	2011-2013 §
3 19	995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		nts who	ever snif	ffed glue	, breathed	the cont	tents of sp	pray cans	, or inhale	ed any			
ys to ge	et iligii								8.2	5.3	No linear change	Not available <sup>¶</sup>	No change
	ntage o	ntage of stude ys to get high	ntage of students who ys to get high	ntage of students who ever sni ys to get high	ntage of students who ever sniffed glue ys to get high	ntage of students who ever sniffed glue, breathed ys to get high	ntage of students who ever sniffed glue, breathed the cont ys to get high	ntage of students who ever sniffed glue, breathed the contents of spys to get high	ntage of students who ever sniffed glue, breathed the contents of spray cans ys to get high	ntage of students who ever sniffed glue, breathed the contents of spray cans, or inhalous to get high	ntage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any ys to get high  8.2 5.3	ntage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any ys to get high  8.2 5.3 No linear change	ntage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any ys to get high  8.2 5.3 No linear change Not available 1

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

	ehaviors		Hea	lth Risk	Behavio	or and Per	rcentage	S				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN34:	Percentag	ge of stud	lents who	ever had	l sexual i	intercours	e							
								15.7	18.5	14.8	9.7	Decreased, 2007-2013	Not available <sup>¶</sup>	No change
QN35:	Percentag	ge of stud	lents who	had sexi	ual interc	course for	the first	time befo	re age 11	years				
								2.9	3.7	2.1	3.2	No linear change	Not available	No change
QN36:	Percentag	ge of stud	lents who	ever had	l sexual i	intercours	e with the	ree or mo	ore people	e				
									6.4	4.6	3.2	No linear change	Not available	No change
								-			-			
QN49:	Percentag	ge of stud	lents who	had ever	r been tau	ught in scl	hool abou	at AIDS o	or HIV ir	ifection				

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* Veight I	Managem	nent and	-			or and Per	rcentage	s				Linear Change†	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38:	Percentag	ge of stud	lents who	describe	ed themse	elves as sl	ightly or	very ove	rweight					
								29.4	28.8	28.6	34.4	No linear change	Not available¶	No change
						se weight		50.4	46.1	47.5	51.6	No linear change	Not available	No change
QN40: keep fro	Percentagom gainin	ge of stud g weight	lents who	had eve	r gone wi	ithout eati	ng for 24	hours o	more to	lose weig	ght or to			
	_							21.1	16.3	15.0	15.8	Decreased, 2007-2013	Not available	No change
QN41: to lose	Percentag weight or	ge of stud to keep f	lents who	had eve	r taken di ht	iet pills, p	owders,	or liquids	without	a doctor's	s advice			
								5.6	5.1	5.0	3.8	No linear change	Not available	No change
	Percentag weight	ge of stud	lents who	had eve	r vomited	d or taken	laxatives	s to lose v	weight or	to keep f	rom			
5B	015111							6.7	4.3	3.3	2.9	Decreased, 2007-2013	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

C			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN43:	Percentag	ge of stud	dents who	ate brea	kfast on a	all of the	past seve	n days		49.9	49.0	No linear change	Not available <sup>¶</sup>	No change
QNNOI	BKFT: P	ercentage	e of stude	nts who a	ate breakf	fast on no	ne of the	past seve	en days	10.6	10.3	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

White* Physical	Activity													
			Hea	lth Risk	Behavio	r and Per	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag			were ph	ysically	active for	a total of	f at least	60 minute	es per day	on five			
of more	or the pa	st seven	uays						59.1	52.9	56.0	No linear change	Not available <sup>¶</sup>	No change
	DAY: Po			ents who	were phy	sically act	tive for a	total of a	at least 60	minutes	per day			
on o or i	are past s	even day	5						7.5	7.0	10.2	No linear change	Not available	No change
	DAY: Po			ents who	were phy	sically ac	tive for a	total of a	at least 60	minutes	per day			
on 7 or 1	ine past s	even day	5						35.7	33.2	33.5	No linear change	Not available	No change
QN45:	Percentag	ge of stud	lents who	watched	l three or	more hou	ırs per da	y of TV	on an ave	rage scho	ool day			
								31.3	32.4	34.0	30.9	No linear change	Not available	No change
						computer on an av			omputer	for somet	thing			
							Č	J	23.3	29.7	35.9	Increased, 2009-2013	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

	Heal	lth Risk	Behavio	r and Pei	rcentage	3				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
			l physical	l educatio	n (PE) cl	asses one	or more	days in a	n			
en they v	vere in sc	hool				co 7	60.6	740	71.6	N. 1. 1	NT / 9.11.0	<b>N</b> T 1
						69.5	69.6	76.2	/1.6	No linear change	Not available	No change
		s who att	ended ph	ysical edi	ucation (I	PE) classe	es daily in	n an aver	age			
						54.3	58.4	57.3	38.5	Decreased, 2007-2013	Not available	Decreased
	ge of stud en they v	1995 1997 ge of students who en they were in so	1995 1997 1999 ge of students who attended en they were in school centage of students who att	1995 1997 1999 2001 ge of students who attended physical en they were in school	1995 1997 1999 2001 2003 ge of students who attended physical education they were in school centage of students who attended physical education	1995 1997 1999 2001 2003 2005 ge of students who attended physical education (PE) clen they were in school centage of students who attended physical education (I	1995 1997 1999 2001 2003 2005 2007  ge of students who attended physical education (PE) classes one en they were in school  69.5  centage of students who attended physical education (PE) classes were in school	1995 1997 1999 2001 2003 2005 2007 2009  ge of students who attended physical education (PE) classes one or more en they were in school  69.5 69.6  The entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical education (PE) classes daily in the entage of students who attended physical educa	1995 1997 1999 2001 2003 2005 2007 2009 2011  ge of students who attended physical education (PE) classes one or more days in a en they were in school  69.5 69.6 76.2  The entage of students who attended physical education (PE) classes daily in an average of students who attended physical education (PE) classes daily in an average of school	1995 1997 1999 2001 2003 2005 2007 2009 2011 2013  ge of students who attended physical education (PE) classes one or more days in an en they were in school  69.5 69.6 76.2 71.6  The entage of students who attended physical education (PE) classes daily in an average were in school	1995 1997 1999 2001 2003 2005 2007 2009 2011 2013  ge of students who attended physical education (PE) classes one or more days in an en they were in school  69.5 69.6 76.2 71.6 No linear change were in school	1995 1997 1999 2001 2003 2005 2007 2009 2011 2013  ge of students who attended physical education (PE) classes one or more days in an en they were in school  69.5 69.6 76.2 71.6 No linear change Not available tentage of students who attended physical education (PE) classes daily in an average were in school

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Other			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN50:	Percentag	ge of stud	lents who	had eve	r been tol	d by a do	ctor or n	urse that	they had	asthma				
								21.1	25.1	24.8	32.0	Increased, 2007-2013	Not available¶	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* Site-Add	ed		Hea	ılth Risk	Behavioi	r and Pei	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					ething to lves on p					wanting t	o die,			
sucii as	cutting, s	craping,	or burilli	ig memse	ives on po	urpose, u	uring the	past 12 I	nonuis	9.4	10.6	No linear change	Not available¶	No change
QN55:	Percenta	ge of stud	lents who	used ma	rijuana d	uring the	past 30 c	lays			-		-	
										5.1	3.1	No linear change	Not available	No change
QN56:	Percenta	ge of stud	lents who	have ev	er exercis	ed to lose	e weight	or to kee	p from ga	aining we	ight			
								73.8	70.5	68.7	75.8	No linear change	Not available	Increased
QN57: weight	Percenta or to keep	ge of stud from ga	lents who	have eve	er eaten le	ess food,	fewer ca	lories, or	foods lov	w in fat to	o lose			
								49.4	49.1	50.9	54.3	No linear change	Not available	No change
QN65:	Percenta	ge of stud	lents who	had one	or more	caffeinate	ed drinks	yesterda	y					
										66.8	61.8	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Site-Add	ed		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN67:	Percenta	ge of stud	dents who	get eigh	t or more	hours of	sleep on	average	school ni	ght 58.0	59.6	No linear change	Not available¶	No change
	Percenta; ) or guar		dents who	typically	y sleep at	home, or	at the ho	me of fri	iend or re	elative, w	ith their			
•	, ,	.,								97.3	99.8	Increased, 2011-2013	Not available	Increased
QN69:	Percenta	ge of stud	dents who	have ph	ysical dis	sabilities o	or long-te	rm healt	h problen	ns				
										6.3	9.4	No linear change	Not available	No change
QN70:	Percenta	ge of stud	dents who	have lor	ng-term e	motional	problems	or learn	ing disab	ilities				
										7.1	9.5	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

lack* ijury ai	nd Violen	ıce	Hea	ılth Risk	Behavior	and Per	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN6: <i>A</i>	Among stu	udents wl	ho rode a	bicycle,	the percer	ntage wh	o never o	r rarely w	vore a bio	cycle heli	net			
								87.8	85.7	79.5	86.4	No linear change	Not available <sup>¶</sup>	No change
QN8: F	ercentage	e of stude	ents who	never or 1	rarely wo	re a seat l	belt wher	n riding ir	ı a car					
								8.8	7.1	3.9	6.0	No linear change	Not available	No change
N9: F	ercentage	e of stude	ents who	ever rode	in a car c	driven by	someone	e who had	l been dr	inking al	cohol			
								34.4	27.2	22.7	23.3	No linear change	Not available	No change
QN10:	Percentag	ge of stud	dents who	ever car	ried a we	apon, suc	ch as a gu	ın, knife,	or club					
									26.1	16.4	21.7	No linear change	Not available	No change
QN11:	Percentag	ge of stud	dents who	have eve	er been in	a physic	al fight	-			-			
								78.9	72.7	63.9	68.6	Decreased, 2007-2013	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Heal	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991 1993 1	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN12: Percentage	of stude	ents who	were ev	er in a nh	vsical fin	tht in whi	ch thou v	voro hurt	and had t				<u> </u>
			were ev	ci ili a pi	iysicai iig	311t 111 W111	cii tiley v	vere murt	4.8	4.6	No linear change	Not available <sup>¶</sup>	No change
QN12: Percentage treated by a doctor of QN15: Percentage	or nurse										No linear change	Not available¶	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black* Tobacco	Use		Hea	lth Risk	Behavior	r and Pei	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN18:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokin	ıg, even o	one or tw	o puffs					
								40.7	24.6	23.1	19.6	Decreased, 2007-2013	Not available¶	No change
	Percentag  Percentag			,	,	_		6.0	7.3	6.0	3.2	No linear change	Not available	No change
								4.2	5.4	3.3	4.3	No linear change	Not available	No change
QNFRO	CIG: Perc	entage of	f students	who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 d	lays				
								0.9	1.7	0.0	0.0	Decreased, 2007-2013	Not available	Not available
QN23: for 30 c	Percentag lays	ge of stud	lents who	ever sm	oked ciga	arettes dai	ily, that i	s, at least	one ciga	rette evei	ry day			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentages	S				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N24:	Percenta	ge of stud	dents who	used che	ewing tob	oacco, snu	ıff, or dip	on one o	or more o	f the past	30			
0370														
ays								0.6	0.8	0.8	2.4	No linear change	Not available¶	No change
N25:	Percenta	ge of stud	dents who	smoked	cigars, ci	igarillos,	or little c		_			No linear change	Not available <sup>¶</sup>	No change
N25:	Percenta	ge of stud	dents who	smoked	cigars, ci	igarillos, o	or little c		_			No linear change  No linear change	Not available¶	No change  Increased
ays NAN	/ТОВ: І	Percentag	,	ents who		igarillos, o		igars on 6	one or mo	ore of the	past 30 4.7			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black* Alcohol	and Othe	r Drug (		ılth Risk	Behavio	r and Pe	rcentage	s		Linear Change†	Quadratic Change <sup>†</sup>	Change from 2011-2013 §		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN26:	Percentag	ge of stud	dents who	ever ha	d a drink	of alcoho	l, other t	han a few	sips					
								51.8	39.5	32.7	31.1	Decreased, 2007-2013	Not available¶	No change
QN27:	Percentag	ge of stud	dents who	had the	ir first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	e 11			
years								13.6	19.2	12.4	11.7	No linear change	Not available	No change
QN28:	Percentag	ge of stud	dents who	ever use	ed mariju	ana								
								14.8	14.7	10.3	13.4	No linear change	Not available	No change
QN29:	Percentag	ge of stud	dents who	tried ma	arijuana f	or the firs	t time be	fore age	11 years		-			
								1.2	4.1	2.8	1.4	No linear change	Not available	No change
QN30:	Percentag	ge of stud	dents who	o ever use	ed any foi	rm of coc	aine, inc	uding po	wder, cra	ick, or fre	eebase			
								2.4	2.2	1.6	1.1	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

									2011-2013 <sup>§</sup>			
1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		ever snif	ffed glue,	, breathed	the cont	ents of sp	oray cans	, or inhale	ed any			
to get mg	П							10.0	8.7	No linear change	Not available <sup>¶</sup>	No change
	ige of stud to get hig	ge of students who	nge of students who ever sni to get high	nge of students who ever sniffed glue to get high	nge of students who ever sniffed glue, breathed to get high	age of students who ever sniffed glue, breathed the cont to get high	age of students who ever sniffed glue, breathed the contents of sp to get high	age of students who ever sniffed glue, breathed the contents of spray cans to get high	age of students who ever sniffed glue, breathed the contents of spray cans, or inhalo to get high	age of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any to get high  10.0 8.7	age of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any to get high  10.0 8.7 No linear change	age of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any to get high  10.0 8.7 No linear change Not available

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN34:	Percentag	ge of stud	lents who	ever had	l sexual i	ntercours	e							
								37.7	31.4	21.6	17.5	Decreased, 2007-2013	Not available <sup>¶</sup>	No change
QN35:	Percentag	ge of stud	lents who	had sex	ual interc	ourse for	the first	time befo	re age 11	years				
								6.5	10.9	8.5	4.8	No linear change	Not available	No change
QN36:	Percentag	ge of stud	lents who	ever had	d sexual i	ntercours	e with the	ree or mo	ore people	e	-			
									11.9	7.6	6.6	No linear change	Not available	No change
QN49:	Percentag	ge of stud	lents who	had eve	r been tau	ught in sc	hool abou	ıt AIDS (	or HIV in	fection				

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

eight 1	Managem	ient and				r and Per	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN38:	Percentag	ge of stud	lents who	describe	ed themse	elves as sl	ightly or	very ove	rweight					
								22.1	25.3	20.4	26.6	No linear change	Not available <sup>¶</sup>	No change
QN39:	Percentag	ge of stud	lents who	were try	ing to lo	se weight								
								37.0	42.6	44.0	47.8	Increased, 2007-2013	Not available	No change
QN40: keep fro	Percentagom gainin	ge of stud g weight	lents who	had eve	r gone wi	ithout eati	ng for 24	4 hours or	more to	lose weig	ght or to			
								18.6	15.5	18.3	22.7	No linear change	Not available	No change
QN41: to lose	Percentag weight or	ge of stud to keep f	lents who	had eve	r taken di ht	iet pills, p	owders,	or liquids	without	a doctor's	s advice			
								3.7	2.9	4.2	4.2	No linear change	Not available	No change
	Percentag	ge of stud	lents who	had eve	r vomited	d or taken	laxatives	s to lose v	weight or	to keep f	rom			
sammg	weight							4.7	2.9	2.7	5.6	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

J	J		Hea	lth Risk	Behavio	r and Pe	rcentage	s		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN43:	Percentag	ge of stud	dents who	ate brea	kfast on a	all of the	past seve	n days		45.9	42.0	No linear change	Not available¶	No change
QNNOI	BKFT: P	ercentage	e of stude	nts who a	ate breakf	fast on no	ne of the	past seve	en days	9.4	13.8	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

slack* 'hysical	Activity													
			Hea	lth Risk	Behavio	r and Pe	rcentage	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag			were ph	ysically	active for	a total of	at least	60 minute	es per day	on five			
or more	or the pu	st seven v	auys						54.3	50.1	44.7	No linear change	Not available¶	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
on 0 or 1	ine past s	even day	5						13.1	17.5	16.1	No linear change	Not available	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	nt least 60	minutes	per day			
<i>/</i> 11 / O1 (	ine pust s	even day	5						34.9	24.5	27.2	No linear change	Not available	No change
QN45:	Percentag	ge of stud	lents who	watched	d three or	more hou	ırs per da	y of TV	on an ave	rage scho	ool day			
								63.3	56.5	47.0	55.5	No linear change	Not available	No change
						computer on an av			omputer	for somet	thing			
							٥	•	30.7	34.7	42.6	Increased, 2009-2013	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					l physical	educatio	n (PE) cl	asses one	or more	days in a	ın			
					l physical	l educatio	n (PE) cl						27. 21.16	
					l physical	l educatio	n (PE) cl	asses one	e or more 72.0	days in a	nn 71.5	No linear change	Not available¶	No change
verage w	E: Perc	en they v	of students	hool				69.9	72.0	72.5	71.5	No linear change	Not available¶	No change
QN47: Pe average w QNDLYP week whe	E: Perc	en they v	of students	hool				69.9 PE) classe	72.0	72.5	71.5 age			
average w	EE: Perc	en they v	of students	s who att	ended ph	ysical edu	ucation (I	69.9 PE) classo 53.6	72.0 es daily in 62.4	72.5 n an aver	71.5 age 32.1	No linear change  Decreased, 2007-2013	Not available¶ Not available	No change  Decreased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black* Other			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN50:	Percentag	ge of stud	lents who	had eve	r been tol	d by a do	ctor or n	urse that	they had	asthma				
								25.2	28.8	32.8	37.0	Increased, 2007-2013	Not available¶	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black* Site-Add	ed		Hea	alth Risk	Behavio	r and Pei	rcentage		Linear Change <sup>†</sup>	Quadratic Change†	Change from 2011-2013 §			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					ething to					wanting t	o die,			
such as	cutting, s	scraping,	or burnin	ig memse	lves on p	urpose, u	uring the	past 12 i	nonuis	14.1	7.7	No linear change	Not available¶	Decreased
QN55:	Percenta	ge of stud	lents who	o used ma	rijuana d	uring the	past 30 c	lays	,	,				
										6.1	8.2	No linear change	Not available	No change
QN56:	Percenta	ge of stud	lents who	have ev	er exercis	ed to lose	e weight	or to kee	p from ga	ining we	ight			
								63.0	68.5	70.0	76.4	Increased, 2007-2013	Not available	No change
QN57: weight	Percenta or to keep	ge of stuc p from ga	dents who	have ev	er eaten le	ess food,	fewer ca	lories, or	foods lov	w in fat to	o lose			
								42.9	45.3	50.0	45.4	No linear change	Not available	No change
QN65:	Percenta	ge of stud	dents who	had one	or more	caffeinate	ed drinks	yesterda	y					
										54.4	44.8	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black* Site-Addo	ed		Hea	lth Risk	Behavio	r and Pe	rcentage	S		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN67: 1	Percentag	ge of stud	dents who	get eigh	t or more	hours of	sleep on	average	school ni	ight 56.3	54.0	No linear change	Not available¶	No change
QN68: 1			dents who	typically	y sleep at	home, or	at the ho	ome of fr	iend or re	elative, w	ith their			
•										98.0	99.6	No linear change	Not available	No change
QN69: 1	Percentag	ge of stud	dents who	have ph	ysical dis	sabilities o	or long-te	rm healt	h probler	ns	-			
										7.6	9.1	No linear change	Not available	No change
QN70: 1	Percentag	ge of stud	dents who	have lor	ng-term e	motional	problems	or learn	ing disab	oilities				
										3.6	7.9	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.