otal jury ai	nd Violen	ace	Hea	lth Risk	Behavior	and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	among stu		no rode a	bicycle d	luring the	past 12 i	months, t	he percer	ntage who	never o	rarely			
	•						87.8	90.2	90.9	91.6	89.1	No linear change	Not available <sup>§</sup>	No change
N9: P	ercentage	e of stude	nts who i	never or r	rarely wo	re a seat l	belt wher	riding ir	n a car dri	iven by so	omeone			
							5.6	5.5	6.5	5.9	6.0	No linear change	Not available	No change
N10: ehicle	Percentag driven by	ge of stud	lents who	rode one	e or more inking alc	times du	ring the p	oast 30 da	ays in a ca	ar or othe	er			
							27.6	30.9	28.1	26.3	22.8	Decreased, 2005-2013	Not available	No change
N13: ast 30		ge of stud	lents who	carried a	a weapon	such as a	gun, kni	fe, or clu	b on one	or more	of the			
							16.4	16.9	19.9	13.2	17.4	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

otal ijury a	nd Violer	nce	Hea	lth Risk	Behavio	or and Pe	rcentage:	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN14:	Percentag	ge of stud	lents who	carried	a gun on	one or mo	ore of the	past 30 c	days					
							7.4	5.9	7.3	5.3	6.7	No linear change	Not available§	No change
one or i	nore of the	ge of stud	days lents who	o did not	go to sch	ool on on	3.5	3.1	3.0	5.5	3.3	No linear change	Not available	No change
	, ,, ource o	o unigure	5011551	01 011 111	on way to		4.3	4.4	6.3	2.0	10.6	Increased, 2005-2013	Not available	Increased
QN17: club on	Percentag	ge of stuc	lents who	had bee	n threater	ned or inj e past 12 i	ured with	a weapo	on such as	s a gun, k	nife, or			
							5.7	4.3	5.6	5.4	5.8	No linear change	Not available	No change
QN18:	Percentag	ge of stud	lents who	were in	a physica	al fight or	ne or mor	e times d	uring the	past 12 r	nonths			
							28.6	30.5	29.3	25.4	23.3	Decreased, 2005-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

otal njury a	nd Violer	ice	Hea	lth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from
														2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
						al fight on a doctor of		e times d	uring the	past 12 r	nonths			
							3.4	2.8	4.8	3.9	2.9	No linear change	Not available§	No change
	Percentage 12 month		lents who	were in	a physica	al fight on	n school p	property (	one or mo	ore times	during			
							11.8	10.6	10.0	7.5	6.8	Decreased, 2005-2013	Not available	No change
	Percentage want to	ge of stud	lents who	had eve	r been ph	nysically f	forced to	have sex	ual interc	ourse wh	en they			
							8.5	7.6	11.6	8.0	10.1	No linear change	Not available	No change
QN24:	Percentag	ge of stud	lents who	had eve	r been bu	ıllied on s	chool pro	perty du	ring the p	ast 12 m	onths			
							-		19.7	19.7	18.6	No linear change	Not available	No change
						peless alm			two week	s or more	e in a			
		-	-											

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

ijury al	nd Violer	nce	Hea	lth Risk	Behavio	r and Per	centages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN27:	Percentag	ge of stud	lents who	seriousl	y conside	ered attem	pting sui	cide duri	ng the pa	st 12 mor	nths			
							13.1	11.7	13.5	12.0	10.7	No linear change	Not available§	No change
ON28:	Percentas	ge of stud	lents who	made a	nlan aboı	ıt how the	ev would	attempt s	micide di	ring the	past 12			
	Percentaş	ge of stud	lents who	made a	plan abou	ut how the	ey would 9.7	attempt s	suicide du	uring the	past 12 8.4	No linear change	Not available	No change
months  QN29:		,				at how the	9.7	8.8	10.5	9.4	8.4	No linear change	Not available	No change
months		,					9.7	8.8	10.5	9.4	8.4	No linear change	Not available  Not available	No change
QN29: months	Percentaş Percentaş	ge of stuc	lents who	actually made a	attempte		9.7 one or m 8.2	8.8 ore times 6.0 east 12 me	10.5 s during t 9.2	9.4 he past 12 7.5	8.4			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

62.5	2007 one or tw 57.0 irst time b 16.8	55.4	52.6 e 13 years		Linear Change*  Decreased, 2005-2013	Quadratic Change*  Not available <sup>§</sup>	Change from 2011-2013 †  Decreased
62.5 for the fi	one or tw 57.0	55.4	52.6 e 13 years	41.4		Not available <sup>§</sup>	Decreased
62.5 for the fi	57.0	55.4 before age	e 13 years	3		Not available <sup>§</sup>	Decreased
for the fi	rst time b	pefore age	e 13 years	3		Not available <sup>§</sup>	Decreased
		_	-				
20.8	16.8	17.3	16.0	11.0			
			10.0	11.9	Decreased, 2005-2013	Not available	No change
or more	of the pas	st 30 days	3				
24.9	25.0	23.1	21.8	17.3	Decreased, 2005-2013	Not available	No change
20 or mo	ore of the	past 30 c	days				
11.4	10.0	10.0	9.9	6.6	Decreased, 2005-2013	Not available	No change
•	20 or m	20 or more of the 11.4 10.0 e percentage who	20 or more of the past 30 of 11.4 10.0 10.0 e percentage who smoked lays	20 or more of the past 30 days 11.4 10.0 10.0 9.9  e percentage who smoked more than lays	20 or more of the past 30 days 11.4 10.0 10.0 9.9 6.6  e percentage who smoked more than 10 days	20 or more of the past 30 days 11.4 10.0 10.0 9.9 6.6 Decreased, 2005-2013 e percentage who smoked more than 10 days	20 or more of the past 30 days 11.4 10.0 10.0 9.9 6.6 Decreased, 2005-2013 Not available e percentage who smoked more than 10 days

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

otal obacco	Use													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN36: lays	Percenta	ge of stud	ents who	smoked	cigarette	es on scho	ol prope	rty on on	e or more	of the pa	ıst 30			
							8.5	8.8	7.5	5.9	4.3	Decreased, 2005-2013	Not available <sup>§</sup>	No change
QN37: for 30 c	Percentag days	ge of stud	ents who	ever sm	oked ciga	arettes da	ily, that is	s, at least	one ciga	rette evei	y day			
							16.1	13.2	15.3	14.4	10.9	No linear change	Not available	No change
	Among s				nt cigare	tte use, th	e percent	tage who	ever tried	d to quit s	moking			
							46.4	57.5	50.1	41.1	53.9	No linear change	Not available	No change
QN39: days	Percentag	ge of stud	ents who	used che	ewing tol	bacco, snu	ıff, or dip	on one	or more o	of the past	: 30			
							9.6	9.4	10.5	9.9	10.5	No linear change	Not available	No change
								-		-				
QN40: days	Percenta	ge of stud	ents who	smoked	cigars, c	igarillos,	or little c	eigars on	one or me	ore of the	past 30			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

2000 2011 2012	
2009 2011 2013	
	2001 2003 2005 2007 2009 2011 2013  noked cigarettes or cigars or used chewing tobacco, snuff, or

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

		r Drug U		lth Risk	Behavio	r and Pei	rcentages	S				Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percentag	ge of stud	lents who	had at le	east one c	lrink of al	lcohol on	one or n	nore days	during th	neir life			
							77.6	80.2	73.2	74.1	68.3	Decreased, 2005-2013	Not available <sup>§</sup>	No change
QN42: vears	Percentag	ge of stud	lents who	had thei	r first dri	nk of alco	ohol other	r than a f	ew sips b	efore age	2 13			
							29.9	28.2	28.1	23.7	24.0	Decreased, 2005-2013	Not available	No change
QN43:	Percentag	ge of stud	lents who	had at le	east one c	lrink of al	lcohol on	one or m	nore of th	e past 30	days			
							49.3	53.6	45.1	42.3	39.5	Decreased, 2005-2013	Not available	No change
	Percentagon one or				or more	drinks of	alcohol i	n a row,	that is, w	ithin a co	ouple of			
							29.6	33.9	24.8	26.3	24.2	Decreased, 2005-2013	Not available	No change
	Among s	tudents w	ho repor	ted curre	nt alcoho	ol use, the	percenta	ge who u	sually go	t the alco	ohol			
QN46:	ank from	omeone	who gave	e it to the	m durino	the nast	30 days							

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

iconoi	and Othe	r Drug (		lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 QN47:	Percentag	ge of stud	lents who	used ma	arijuana o	ne or mo	re times o	during the	eir life					
							46.0	47.0	44.1	45.2	40.9	No linear change	Not available <sup>§</sup>	No change
QN48:	Percentag	ge of stud	lents who	tried ma	arijuana f	or the firs	t time be	fore age	13 years		-			
							9.8	10.2	13.2	9.8	10.6	No linear change	Not available	No change
QN49:	Percentag	ge of stud	lents who	used ma	arijuana o	ne or mo	re times o	during the	e past 30	days	-			
							25.4	25.2	24.2	28.1	23.9	No linear change	Not available	No change
	Percentag mes durin			used an	y form of	cocaine,	including	g powder	, crack, c	or freebas	e one or			
							6.9	7.2	8.2	6.9	6.2	No linear change	Not available	No change
	Percentag							of aeroso	ol spray c	ans, or in	haled			
J Pul	01 Spr	.,	g 511C									Decreased, 2005-2013		

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

		J	Jse Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN52:	Percenta	ge of stud	lents who	used her	roin one o	or more ti	imes duri	ng their l	life		,			
							2.6	1.7	1.8	3.1	3.4	No linear change	Not available <sup>§</sup>	No change
QN53:	Percenta	ge of stud	lents who	used me	thamphe	tamines o	one or mo	re times	during th	eir life				
							6.1	3.3	3.6	3.5	3.2	Decreased, 2005-2013	Not available	No change
QN54:	Percenta	ge of stud	lents who	used ecs	stasy one	or more	times dur	ing their	life					
							6.8	5.8	7.4	7.8	7.1	No linear change	Not available	No change
	Percenta uring thei		lents who	took ste	roid pills	or shots	without a	doctor's	prescript	ion one o	r more			
							3.6	2.7	3.3	2.7	3.5	No linear change	Not available	No change
ON57:	Percenta		lents who	used a n	eedle to	inject any	illegal d	rug into	their body	y one or r	nore			
	uring thei	r life												

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

ohol and Oth	er Drug l												
		Hea	Ith Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

otal exual I	Behaviors		Hea	lth Risk	Behavio	or and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from
												e <b>g</b> .	Canal and I all gr	2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	lents who	ever had	d sexual i	intercours	e							
							62.9	60.9	60.5	57.9	51.3	Decreased, 2005-2013	Not available <sup>§</sup>	No change
QN60:	Percentag	ge of stud	lents who	had sex	ual interc	course for	the first	time befo	ore age 13	3 years				
							10.5	11.4	10.8	7.2	7.2	Decreased, 2005-2013	Not available	No change
QN61:	Percentag	ge of stud	lents who	had sex	ual interc	course wit	h four or	more pe	ople duri	ng their li	fe			
							22.9	20.7	19.6	21.7	17.8	No linear change	Not available	No change
QN62:	Percentag	ge of stud	lents who	had sex	ual interc	course wit	h one or	more peo	ple durin	g the pas	t three			
months							47.3	45.2	42.7	44.4	38.7	Decreased, 2005-2013	Not available	No change
ON63:	Among s	tudents w	ho had s	exual int	ercourse	during the	e past thr	ee month	is, the per	centage	who			
drank a	lcohol or	usea arus	is before	last sexu	al interco	ourse								

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Fotal Sexual Bo	ehaviors		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		tudents v uring last				during the	e past thr	ee month	s, the per	centage v	who			
							65.4	64.3	64.7	61.5	56.0	Decreased, 2005-2013	Not available <sup>§</sup>	No change
						during the			s, the per	centage v	who			
							19.2	21.7	22.8	24.8	28.0	Increased, 2005-2013	Not available	No change
	IUD or i					ırse durin rol ring to								
										6.1	5.0	No linear change	Not available	No change
who use	d birth co		ls, an IUI			course du shot, patc								
										30.9	33.0	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

		Healt	th Risk	Behavio	r and Per	centages	3				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991 1993 1	1995 1	1997	1999	2001	2003	2005	2007	2009	2011	2013			
who used both a con	ndom dui	ring last	sexual i	intercours	se and bir	th contro	l pills, ar	IUD or					
who used both a con	ndom dui	ring last	sexual i	intercours	se and bir	th contro	l pills, ar	IUD or			No linear change	Not available <sup>§</sup>	No change
QNDUALBC: Amowho used both a conhot, patch, or birth of QNBCNONE: Amowho used no method	ndom dui control r	ring last ring to pro-	sexual i revent p	intercours regnancy xual inter	se and bir before la	th control	i pills, ar intercou	i IUD or rise	implant, 13.9	or a 11.6	No linear change	Not available <sup>§</sup>	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					e overwei	ght (i.e., a	at or abov	e the 85t	th percent	tile but be	elow the			
							17.3	18.1	18.9	18.6	13.7	No linear change	Not available <sup>¶</sup>	No change
	ESE: Peroy age and		of student	s who we	ere obese	(i.e., at or	r above tl	ne 95th p	ercentile 13.4	for body	mass 17.5	No linear change	Not available	Increased
ON66:	Percentag	ge of stud	lents who	describe	ed themse	elves as sl	ightly or	very ove	rweight		-			
		9					35.9	26.1	30.0	26.6	32.0	No linear change	Not available	No change
ON67·	Percentag	ge of stud	lents who	were try	ying to lo	se weight								
QI 107.							45.3	47.5	45.6	46.2	48.3	No linear change	Not available	No change
Q1107.									-					
QN68:	Percentag	ge of stud	lents who	o went wi st 30 days	ithout eat	ing for 24	hours or	more to	lose weig	ght or to k	кеер			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

\*Based on t-test analysis, p < 0.05.

\*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

			Hea	lth Risk	Behavior	and Per	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN69: ose we	Percenta eight or to	ge of stud keep fro	lents who	took any weight	diet pills during the	s, powder past 30	rs, or liqu days	ids witho	out a doct	or's advic	ce to			
							3.6	4.6	2.2	5.2	4.5	No linear change	Not available§	No change
	during the			drank 1		inicas or	3.6	3.6	3.5	2.3	4.5	No linear change	Not available	Increased
JIN / I :	Percenta	ge of stuc	ients who	Grank 10	00% Iruit	juices on	77.8	81.0	75.0	73.5	73.3	Decreased, 2005-2013	Not available	No change
	Percenta	ge of stud	lents who	ate fruit	one or m	ore times	during t	he past se	even days	•				
	Percenta	ge of stud	lents who	ate fruit	one or m	ore times	during to	he past se 84.9	even days 83.6	87.0	91.5	Increased, 2005-2013	Not available	Increased
QN72:	Percenta Percenta						83.8	84.9	83.6	87.0	91.5	Increased, 2005-2013	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N76:	Percentag	ge of stud	lents who	ate othe	r vegetab	les one or	r more tir	nes durin	ng the pas	t seven d	ays			
							83.9	85.7	81.8	81.4	88.5	No linear change	Not available§	Increased
luring t	the past se	even days		,	,	drank 100	26.1	27.9	28.1	32.2	34.7	Increased, 2005-2013	Not available	No change
even d		age of su	udents w	no ate mu	iits of dra	IIIK 100%	6.7	5.9	8.0	6.8	5.9	No linear change	Not available	No change
	: Percent			ho ate fru	its or dra	nk 100%	fruit juic	es one or	r more tin	nes per da	ay			
							54.4	57.5	57.7	59.2	65.4	Increased, 2005-2013	Not available	No change
	3: Percent			ho ate fru	its or dra	ınk 100%	fruit juic	es three	or more ti	mes per	day			
	1													

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percenta the past se			drank a	can, bott	le, or glas	ss of soda	or pop o	one or mo	re times p	per day			
								35.1	31.9	28.1	23.2	Decreased, 2007-2013	Not available§	No change
during  QNSO	DA0: Per the past so DA2: Per ing the pa	even days	of student		,			19.4	14.5	18.6	25.1	Increased, 2007-2013	Not available	Increased
			-					27.2	23.8	20.2	15.7	Decreased, 2007-2013	Not available	No change
	OA3: Per during th			s who dra	ank a can	ı, bottle, o	or glass o	f soda or	pop three	e or more	times			
								15.5	15.2	12.0	8.5	Decreased, 2007-2013	Not available	No change
								-						
QN78:	Percenta	ge of stud	lents who	drank th	ree or m	ore glasse	es per day	of milk	during th	e past sev	en days			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	8				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNMII	K0: Pero	entage o	f students	s who dra	ınk 0 glas	sses per d	ay of mil	k during	the past s	even day	s			
							20.7	20.7	20.1	22.3	23.0	No linear change	Not available§	No change
QNMII days	.K1: Perd	centage o	f students	s who dra	ınk one o	r more gl	asses per	day of m	nilk durin	g the past	seven			
							38.5	40.4	34.8	34.2	34.0	Decreased, 2005-2013	Not available	No change
QNMII days	.K2: Pero	centage o	f students	s who dra	ınk two o	r more gl	asses per	day of n	nilk durin	g the past	seven			
,							23.1	24.7	21.1	19.3	19.3	No linear change	Not available	No change
							nost sove	n days			-			
QN79:	Percentag	ge of stud	lents who	ate brea	kfast on a	all of the	pasi seve	-						
QN79:	Percentag	ge of stud	lents who	ate brea	kfast on a	all of the	past seve		32.8	33.3	37.7	No linear change	Not available	No change
	Percentag							past sev		33.3	37.7	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

otal hysical	Activity													
			Hea	lth Risk	Behavio	or and Pe	rcentage	es				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	ysically	active for	a total o	f at least (	60 minute	es per day	y on five			
								46.5	45.1	49.5	38.6	No linear change	Not available§	Decreased
	DAY: Pe			nts who	were phy	sically ac	tive for a	total of a	at least 60	) minutes	per day			
								14.5	16.0	15.7	19.6	No linear change	Not available	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	at least 60	) minutes	per day			
								24.4	27.4	31.5	21.3	No linear change	Not available	Decreased
QN81:	Percentag	ge of stud	lents who	watched	d three or	more hou	urs per da	ay of TV	on an ave	rage sch	ool day			
							42.5	34.1	35.1	34.9	31.8	Decreased, 2005-2013	Not available	No change
QN82:						computer			omputer	for somet	thing			
that was	s not scho	oi work i	.11166 01 11	nore nou	rs per dav	y on an av	rerage sci	noor day						

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

		Heal	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991 1993 1	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	-	-											
				l physical	l educatio	on (PE) cl	lasses on	one or m	ore days	in an			
				l physical	l educatio				-		No linear change	Not available <sup>§</sup>	No change
				l physical	l educatio	on (PE) cl	lasses on 46.4	one or m 50.7	ore days 49.4	in an 47.0	No linear change	Not available <sup>§</sup>	No change
verage week when	n they we	ere in scl	hool			48.4	46.4	50.7	49.4	47.0	No linear change	Not available <sup>§</sup>	No change
N83: Percentage werage week when NDLYPE: Perceiveek when they we	n they we	ere in scl	hool			48.4	46.4	50.7	49.4	47.0	No linear change  No linear change	Not available <sup>§</sup> Not available	No change  Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

otal ite-Add	ed		Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from
														2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag	ge of stud	lents who	o would d	lescribe t	heir grade	es in scho	ol as mo	stly A's o	r B's duri	ng the			
•							51.4	65.4	60.5	65.3	70.9	Increased, 2005-2013	Not available <sup>§</sup>	No change
			lents who	typicall	y sleep at	home, or	home of	friend o	r relative,	with the	ir			
parent(s	) or guard	aian(s)								96.4	97.2	No linear change	Not available	No change
					that eith	er of thei	r parents	or other	adults in	their fam	ily are			
serving	on active	duty in t	пе пппа	ГУ						10.0	13.4	Increased, 2011-2013	Not available	No change
	Percentag uring the			have a p	parent or	other adu	lt in their	family v	ho has b	een in jai	l or in			
p118011 C	uring the	past 12 1	nonuis							14.1	16.0	No linear change	Not available	No change
QN91:	Percentag	ge of stud	lents who	have ph	ysical dis	sabilities	or long-te	erm healt	h problen					
										9.0	7.7	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

'otal ite-Add	ed		Heal	lth Risk	Behavio	r and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 QN92:	Percentag	ge of stud	ents who	have lon	ng-term e	motional	problems	or learn	ing disab	ilities				
										8.7	9.9	No linear change	Not available§	No change
						omeone ha		o hurt the	em by hitt	ting, pund	ching, or			
						omeone hane past 30		o hurt the	em by hitt	ting, pund	ching, or	No linear change	Not available	No change
kicking  QN96:	them on Percentag	school pr ge of stud	ents who	one or n	nore of th	ne past 30  purposely	days 9.2 y hurt the	11.6	13.1 without v	8.1	8.8		Not available	No change
kicking  QN96:	them on Percentag	school pr ge of stud	ents who	one or n	nore of th	ne past 30	days 9.2 y hurt the	11.6	13.1 without v	8.1	8.8		Not available  Not available	No change  No change
QN96: such as	Percentage cutting, s	ge of stuc craping,	ents who or burning	did some	ething to lives on p	ne past 30  purposely	9.2 y hurt the uring the 14.7 days, the	emselves past 12 n	without vmonths 15.3	8.1 wanting to 10.7 reported t	8.8 o die, 9.9	No linear change		

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Fotal Site-Added		Hea	lth Risk	. Behavio	or and Pei	rcentage:	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991 19	93 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN99: Amo	nk, the perce	ntage who	reported	d liquor, s	such as vo	dka, rum	who ha , scotch,	ve a usua bourbon,	l type of a or whisk	alcohol xy, as			
								56.6	58.1	52.4	No linear change	Not available§	No change
QN100: Per 30 days	centage of st	udents wh	no used n	narijuana	on school	l property	one or	more time	es during	the past			
						5.4	4.0	4.0	4.8	5.1	No linear change	Not available	No change
	centage of st rose, or more							ce to get h	nigh, such	ı as			
							7.5	11.0	11.0	9.1	No linear change	Not available	No change
QN102: Per Percocet, wi								s OxyCor	itin, code	ine, or			
							21.6	23.7	19.8	14.8	Decreased, 2007-2013	Not available	No change
QN103: Per	centage of st			offered, so	old, or giv	en anyon	e an ille	gal drug o	on school				
property dur	ing the past 1	2 1110111113	1										

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Total Site-Add	ed													
			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN105:	Percent	age of stu	ıdents wh	no have b	een preg	nant or go	otten som	eone pre	gnant one	or more	times			
							7.4	5.1	6.4	8.7	5.3	No linear change	Not available§	No change
	Percentated disea			no have e	ver been	told by a	doctor or	nurse th	at they ha	ad a sexua	ally 2.0	No linear change	Not available	No change
QN108:	Percent	age of stu	idents wh	no descril	be themse	elves as g	ay or lest	oian or bi	sexual					
								4.0	5.2	5.8	7.6	No linear change	Not available	No change
QN109:	Percent	age of stu	idents wh	no have e	ver giver	or receiv	ved oral s	ex	-	-				
							54.7	61.6	55.2	56.0	47.8	Decreased, 2005-2013	Not available	No change
	Percenta fe sex pr		idents wh	o think t	hat their	health tea	cher has	given the	em the mo	ost inforn	nation			
	•								26.5	26.8	26.2	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

otal te-Add	ed		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN111: bast 30		age of stu	idents wh	no exercis	sed to los	e weight	or to keep	o from ga	nining we	ight durii	ng the			
							63.0	67.3	60.9	61.9	63.6	No linear change	Not available§	No change
QN112: keep fro	Percent m gainin	age of stu g weight	idents wh	no ate less ne past 30	s food, fe days	wer calor	ries, or fo	ods low i	n fat to lo	ose weigh	nt or to			
							43.0	40.6	37.2	39.1	44.5	No linear change	Not available	No change
QN113:	Percent	age of stu	idents wh	no had on	e or more	e caffeina	ted drink	s yesterd	ay					
									70.1	60.5	56.4	Decreased, 2009-2013	Not available	No change
QN114:	Percent	age of stu	idents wh	no would	know wh	ere to ha	ve an HI	V test if t	hey want	ed one do	one			
								73.9	70.2	63.8	61.1	Decreased, 2007-2013	Not available	No change
QN116:	Percent	age of stu	idents wh	no get eig	ht or moi	e hours o	of sleep or	n average	e school r	night	-			
									31.9	32.5	32.1	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

1995												2011-2013 <sup>†</sup>
1773	1997	1999	2001	2003	2005	2007	2009	2011	2013			
			nost likel	y talk to	no one it	f they had	l a persor	nal proble	m with			
or sexual	i ochavio							15.4	19.2	No linear change	Not available§	No change
	or sexua	or sexual behavio	or sexual behavior 15.4		or sexual behavior  15.4 19.2 No linear change	or sexual behavior  15.4 19.2 No linear change Not available <sup>§</sup>						

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Iale njury a	nd Violer	nce	Hea	ılth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stu		no rode a	bicycle o	during th	e past 12	months, t	he percei	ntage who	never o	r rarely			
wore a	bicycle he	ennet					89.3	92.1	92.9	95.1	92.3	No linear change	Not available§	No change
QN9: I	Percentage	e of stude	ents who	never or	rarely wo	ore a seat	belt wher	n riding ii	n a car dr	iven by s	omeone			
CISC							8.4	7.4	6.7	8.9	6.4	No linear change	Not available	No change
	Percentag driven by						ring the p	past 30 da	ays in a c	ar or othe	er			
vemere	driven by	someon	c who ha	a occii di	miking ai	COHOI	27.2	32.8	27.4	29.7	22.3	No linear change	Not available	No change
QN13: past 30	Percentag	ge of stud	lents who	carried	a weapor	such as	a gun, kn	ife, or clu	ib on one	or more	of the			
pasi 30	uays						29.7	28.2	30.0	22.8	29.1	No linear change	Not available	No change
QN14:	Percentag	ge of stud	lents who	carried	a gun on	one or me	ore of the	past 30	days					
							13.3	10.8	11.1	8.5	11.3	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

jarj u	nd Violer	nce	Hea	lth Risk	Behavio	r and Pei	centage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			2022 2020
		ge of stud		carried a	a weapon	such as a	gun, kn	fe, or clu	b on sch	ool prope	rty on			
							5.1	4.7	3.5	10.5	5.9	No linear change	Not available§	No change
telt the	would b	e unsare	at school	or on the	eir way to	or from s	school 4.3	4.6	4.5	0.9	8.3	No linear change	Not available	Increased
QN17:	Percentag	ge of stud	lents who	had bee	n threate	ned or inju	4.3 ared with					No linear change	Not available	Increased
QN17:	Percentag	ge of stud	lents who	had bee	n threate	ned or inju	4.3 ared with					No linear change	Not available  Not available	Increased  No change
QN17: club on	Percenta; school pr	ge of stuc roperty or	lents who	o had bee re times d	n threater	ned or inju	4.3 ured with nonths 7.8	a weapo	on such as	a gun, k	nife, or 6.3			
QN17: club on	Percenta; school pr	ge of stuc roperty or	lents who	o had bee re times d	n threater	ned or inju	4.3 ured with nonths 7.8	a weapo	on such as	a gun, k	nife, or 6.3			
QN17: club on QN18:	Percentag	ge of stuc	lents who	o had been times do were in	n threater luring the a physica a physica	ned or inju	4.3  ured with nonths 7.8  e or mor 34.8	6.1 e times d	6.2 uring the	5.4 past 12 r	nonths 33.0	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

fale njury a	nd Violer	nce	Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN20: he past	Percentage 12 month	ge of stud	lents who	were in	a physica	al fight on	school p	property (	one or mo	ore times	during			
							13.5	13.9	12.3	11.2	9.3	No linear change	Not available§	No change
	Percentage want to	ge of stud	lents who	had eve	r been ph	ysically f	orced to	have sexi	ual interc	ourse wh	en they			
							5.0	3.0	4.4	2.5	6.4	No linear change	Not available	Increased
QN24:	Percentag	ge of stud	dents who	had eve	r been bu	ıllied on s	chool pro	perty du	ring the p	ast 12 m	onths			
									14.2	14.9	16.6	No linear change	Not available	No change
						peless alm			two week	s or more	e in a			
							20.9	15.2	21.5	15.1	11.5	Decreased, 2005-2013	Not available	No change
QN27:	Percentag	ge of stud	lents who	seriousl	y conside	ered attem	npting sui	cide duri	ng the pa	st 12 mor	nths			
							8.7	8.8	10.3	11.4	10.2	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centages	<b>;</b>				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag	ge of stud	lents who	made a	plan abou	ıt how the	y would	attempt s	suicide du	uring the	past 12			
nonuns							7.8	6.7	7.4	8.2	8.1	No linear change	Not available <sup>§</sup>	No change
QN29:	Percentaş	ge of stud	lents who	o actually	attempte	ed suicide						No linear change	Not available <sup>§</sup>	No change
QN29:	Percentaş	ge of stud	lents who	o actually	attempte	ed suicide						No linear change	Not available <sup>8</sup> Not available	No change
nonths  QN30:	Percentag	ge of stud	lents who	o made a	suicide at	ed suicide	one or m 6.0	ore times 4.6 ast 12 m	s during t	he past 1	5.6			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Aale Tobacco	Use		Heal	lth Risk	Behavio	r and Pe	rcentage:	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokir	ng, even o	one or tw	o puffs					
							62.1	59.3	52.9	53.9	43.0	Decreased, 2005-2013	Not available§	No change
QN32:	Percentag	ge of stud	lents who	smoked	a whole	cigarette	for the fir	rst time b	efore age	e 13 years				
							23.5	18.7	17.6	14.4	14.7	Decreased, 2005-2013	Not available	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarette	s on one	or more o	of the pas	t 30 days	;	-			
							22.5	25.8	21.9	21.4	17.8	No linear change	Not available	No change
QNFR	CIG: Perc	entage of	f students	who sm	oked ciga	arettes on	20 or mo	ore of the	past 30 c	lays				
							9.8	10.5	9.9	10.4	7.5	No linear change	Not available	No change
QN36: days	Percentag	ge of stud	lents who	smoked	cigarette	s on scho	ol proper	ty on one	e or more	of the pa	ast 30			
-							8.6	9.5	7.3	4.9	6.6	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Iale obacco	Use		Heal	lth Risk	Behavioi	r and Pei	rcentages	S				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: for 30 d	Percentag lays	ge of stud	lents who	ever smo	oked ciga	rettes dai	lly, that is	s, at least	one ciga	rette ever	y day			
							15.2	12.7	13.9	15.5	11.7	No linear change	Not available§	No change
QN39: days	Percentag	ge of stud	lents who	used che	ewing tob	pacco, snu	ıff, or dip	on one o	or more o	of the past	: 30			
							13.4	14.9	15.5	21.3	15.8	No linear change	Not available	No change
QN40: lays	Percentag	ge of stud	lents who	smoked	cigars, ci	igarillos,	or little ci	igars on o	one or mo	ore of the	past 30			
							15.4	19.9	18.2	22.3	16.3	No linear change	Not available	No change
	YTOB: Pone or mo				smoked c	eigarettes	or cigars	or used o	chewing t	tobacco, s	snuff, or			
							30.9	34.3	29.9	38.8	26.9	No linear change	Not available	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

lcohol :	and Othe	er Drug U		lth Risk	Behavio	r and Pe	rcentages	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percentag	ge of stud	lents who	) had at le	east one d	lrink of al	lcohol on	one or n	nore days	during th	neir life			
							74.7	78.2	71.5	71.4	67.5	Decreased, 2005-2013	Not available§	No change
QN42: years	Percentag	ge of stud	lents who	had thei	r first dri	nk of alco	ohol other	r than a f	ew sips b	efore age	13			
Curs							35.3	31.5	28.4	26.8	29.2	No linear change	Not available	No change
N43:	Percentag	ge of stud	lents who	had at le	east one d	drink of al	lcohol on	one or n	nore of th	e past 30	days			
							48.5	53.5	40.4	42.6	39.5	Decreased, 2005-2013	Not available	No change
	Percentagon one or				or more	drinks of	alcohol i	in a row,	that is, w	ithin a co	ouple of			
							29.3	35.9	24.5	24.6	27.9	No linear change	Not available	No change
	Among s							ge who u	sually go	t the alco	hol			
	ALL TIOIL	Someone	"" 110 guv	o it to the	III GUIIIIE	, are pust	Journs							

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

iconor	and Othe	I Diug (		lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 QN47:	Percentag	ge of stud	dents who	used ma	rijuana o	ne or mo	re times o	luring the	eir life					
							50.1	51.6	46.3	48.4	43.0	No linear change	Not available <sup>§</sup>	No change
QN48:	Percentag	ge of stud	dents who	tried ma	rijuana f	or the firs	t time be	fore age	13 years	-				
							14.7	13.1	16.7	11.1	12.7	No linear change	Not available	No change
QN49:	Percentag	ge of stud	dents who	used ma	rijuana o	ne or mo	re times o	luring the	e past 30	days				
							27.8	28.2	24.0	29.6	27.1	No linear change	Not available	No change
	Percentag mes durin			used any	y form of	cocaine,	including	g powder	r, crack, o	or freebas	e one or			
							6.5	7.8	8.8	7.8	7.4	No linear change	Not available	No change
	Percentag							of aeroso	ol spray ca	ans, or in	haled			
., r.	P1	.,	-6 511			-0	16.1	14.8	11.3	11.6	7.4	Decreased, 2005-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

lcohol	and Othe	er Drug U		ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN52:	Percentag	ge of stud	lents who	used he	roin one o	or more ti	imes duri	ng their l	ife					
							4.0	2.2	1.1	3.4	5.3	No linear change	Not available§	No change
QN53:	Percentag	ge of stud	lents who	used me	ethamphet	tamines c	one or mo	re times	during th	eir life				
							5.6	3.8	3.8	3.4	5.1	No linear change	Not available	No change
QN54:	Percentag	ge of stud	lents who	used ecs	stasy one	or more	times dur	ing their	life	-				
							7.5	7.9	7.2	8.5	8.7	No linear change	Not available	No change
	Percentag uring thei		lents who	took ste	eroid pills	or shots	without a	doctor's	prescript	ion one o	or more			
							3.2	4.1	3.0	3.4	4.6	No linear change	Not available	No change
	Percentag uring their		lents who	used a n	needle to i	inject any	illegal d	rug into	their body	y one or r	nore			
umes u														

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

ohol a	and Othe	r Drug U		lth Risk	Behavio	r and Pei	centages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
91	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
I58: perty	Percentage during the	ge of stud he past 1	lents who 2 months	were off	fered, sol	d, or give	n an illeg	al drug b	y someo	ne on sch	ool			
		•					24.5	27.1	24.6	23.5	21.0	No linear change	Not available§	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Male Sexual E	<b>S</b> ehaviors		Hea	ılth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 $^{\dagger}$
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	lents who	ever had	d sexual i	intercours	e							
	·						66.8	61.2	60.1	59.5	52.2	Decreased, 2005-2013	Not available§	No change
QN60:	Percentag	ge of stud	lents who	had sex	ual interc	ourse for	the first	time befo	ore age 13	3 years				
							16.1	16.3	12.7	9.9	10.7	No linear change	Not available	No change
QN61:	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h four or	more pe	ople duri	ng their li	ife			
							28.8	24.7	22.8	26.6	23.6	No linear change	Not available	No change
QN62: months	Percentag	ge of stud	lents who	had sex	ual interc	course wit	h one or	more peo	ple durir	ng the pas	t three			
							47.6	41.6	41.0	43.8	38.3	No linear change	Not available	No change
QN63: drank a	Among s	tudents w	who had s	sexual int last sexu	ercourse al interco	during the	e past thr	ee month	is, the per	rcentage	who			
							21.9	29.5	27.1	27.3	27.6	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

						centages	•				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N64: Among str sed a condom du					during the	e past thro	ee month	s, the per	centage v	who			
	8			-		73.6	68.5	74.4	65.4	62.9	No linear change	Not available <sup>§</sup>	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
NOW)5th per	T: Perce	ntage of s or body n	students v	who were x, by age	overwei	ght (i.e., a	at or abov	e the 85t	h percent	tile but be	elow the			
							16.5	16.3	21.4	16.5	13.8	No linear change	Not available¶	No change
ומטמע	SE: Per	cemage c	of student	s who we	ere obese	(i.e., at or	r above tl	ne 95th p	ercentile	for body	mass			
	y age and		of student	s who we	ere obese	(i.e., at or	r above tl	ne 95th p	ercentile 15.8	for body 13.4	mass 21.8	No linear change	Not available	Increased
index, b	y age and	d sex)§				(i.e., at or	19.4	18.6	15.8	•		No linear change	Not available	Increased
index, b	y age and	d sex)§					19.4	18.6	15.8	•		No linear change  No linear change	Not available  Not available	Increased
QN66:	y age and	d sex) <sup>§</sup>	lents who	describe	ed themse		19.4	18.6 very ove	15.8	13.4	21.8			
QN66:	y age and	d sex) <sup>§</sup>	lents who	describe	ed themse	elves as sl	19.4	18.6 very ove	15.8	13.4	21.8			
QN66:  QN67:	Percenta	ge of stud	lents who	o describe	ed themse	elves as sl	19.4 ightly or 27.5	18.6 very ove 23.0	15.8 rweight 26.1	13.4	21.8 28.6 37.6	No linear change	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

\*Based on t-test analysis, p < 0.05.

\*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

			Hea	lth Risk	Behavior	and Per	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN69: ose we	Percentagight or to	ge of stud keep fro	lents who	took any g weight o	diet pills during the	s, powder past 30	rs, or liqu days	ids witho	out a doct	or's advic	ce to			
							2.7	4.0	1.8	4.6	5.3	No linear change	Not available§	No change
weight	during the	e past 30	days		or took la		1.7	2.7	2.5	0.4	4.9	No linear change	Not available	Increased
)N71·	Percenta	ge of stud	lents who	drank 10	00% fruit	juices or	80.4	e times d 82.2	uring the 73.1	past seve	en days 71.3	Decreased, 2005-2013	Not available	No change
Q11/1.														
	Percenta	ge of stud	lents who	ate fruit	one or mo	ore times	during t	he past se	even days	,				
	Percenta	ge of stud	lents who	ate fruit	one or me	ore times	during to	he past se	even days 80.5	82.8	89.4	No linear change	Not available	Increased
QN72:					one or mo		84.4	80.8	80.5	82.8	89.4	No linear change	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

	Ü		Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 $^{\dagger}$
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetat	oles one or	r more tir	nes durin	ng the pas	t seven d	ays			
							81.1	81.6	78.0	78.6	86.8	No linear change	Not available§	Increased
				ho ate fru	its or dra	ank 100%	27.0	29.8 ees 0 time	28.3	33.6 during the	37.0	Increased, 2005-2013	Not available	No change
							5.4	7.4	9.8	10.0	7.9	No linear change	Not available	No change
	: Percent			ho ate fru	its or dra	ank 100%	fruit juic	es one or	more tin	nes per da	ay			
							59.5	57.2	56.1	56.1	66.1	No linear change	Not available	Increased
	: Percent			ho ate fru	its or dra	ank 100%	fruit juic	es three o	or more ti	mes per	day			
0	•	,					20.4	20.5	19.9	20.4	25.2	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

		ent and			Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percenta the past se			drank a	can, bott	le, or glas	s of soda	or pop o	one or mo	re times p	per day			
								41.1	36.3	36.3	30.7	No linear change	Not available§	No change
QNSO:	DA2: Per ing the pa	centage o	of student	s who dra	ank a can	, bottle, o	r glass o	13.7 f soda or	9.9 pop two	14.9	22.1	Increased, 2007-2013	Not available	No change
								33.5	26.4	27.8	21.7	Decreased, 2007-2013	Not available	No change
		centage c	f student	s who dra	ank a can	, bottle, o	r glass o	f soda or	pop three	or more	times			
	OA3: Per during th													
								20.3	17.9	16.6	12.4	Decreased, 2007-2013	Not available	No change
per day	during th	e past sev	ven days		ree or me	ore glasse	s per day					Decreased, 2007-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pei	rcentages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 NMIL	K0: Perc	entage o	f student	s who dra	ank 0 glas	ses per da	ay of mil	k during	the past s	seven day	s			
							17.0	15.9	14.7	16.3	20.7	No linear change	Not available§	No change
days  QNMIL days	.K2: Perc	entage o	f students	s who dra	ank two o	r more gl	44.3 asses per	48.2 day of n	40.7 nilk durin	40.5	41.4 t seven	No linear change	Not available	No change
auys							29.9	30.8	26.2	22.2	26.3	No linear change	Not available	No change
QN79:	Percentag	ge of stud	lents who	ate brea	kfast on a	ıll of the j	past sever	n days						
									33.7	37.0	41.1	No linear change	Not available	No change
ONNO	BKFT: Pe	ercentage	of stude	ents who	ate breakf	ast on no	ne of the	past sev	en days					
QMMOI														

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Iale hysical	Activity													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	ysically	active for	a total of	f at least (	60 minute	es per day	y on five			
, , , , ,	or the pu	st se ven v	uu j					60.8	53.5	60.3	45.1	Decreased, 2007-2013	Not available <sup>§</sup>	Decreased
	DAY: Pe			nts who	were phy	sically ac	tive for a	total of a	nt least 60	) minutes	per day			
on o or	ine past s	even day	5					10.0	11.4	10.2	15.4	No linear change	Not available	No change
	DAY: Pe			nts who	were phy	sically ac	tive for a	total of a	nt least 60	) minutes	per day			
011 7 01	ine past s	even day	S					34.5	36.3	44.0	25.5	No linear change	Not available	Decreased
QN81:	Percentag	ge of stud	lents who	watched	d three or	more hou	ırs per da	y of TV	on an ave	erage sch	ool day			
							39.7	40.0	36.0	38.4	35.0	No linear change	Not available	No change
						computer on an av			omputer	for somet	thing			
							J	29.8	30.2	30.6	42.9	Increased, 2007-2013	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 $^\dagger$
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N83:					d physica	l educatio	on (PE) c	lasses on	one or m	ore days	in an			
		an that t												
	week wn	en they	were in sc	chool			52.2	50.5	53.7	49.4	51.0	No linear change	Not available§	No change
erage	/PE: Per	centage (	of student		tended ph	ysical ed						No linear change	Not available <sup>§</sup>	No change
QNDL		centage (	of student		tended ph	ysical ed	ucation (	PE) class	es daily i	n an aver	rage			
NDL' eek w	/PE: Perhen they	centage ( were in s	of student school	ts who att		nysical ed	ucation (	PE) class	es daily i 35.5	n an aver 29.3	17.3	No linear change  No linear change	Not available <sup>§</sup> Not available	No change  Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

lale ite-Add	ed											**		
			Hea	ilth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage months	ge of stud	lents who	o would o	describe t	heir grade	es in scho	ol as mo	stly A's o	r B's duri	ing the			
							41.6	58.1	53.7	59.8	66.1	Increased, 2005-2013	Not available <sup>§</sup>	No change
	Percentag ) or guard		dents who	typicall	y sleep at	home, or	r home of	friend o	r relative.	, with the	ir			
										98.0	97.5	No linear change	Not available	No change
	Percentag				d that eith	er of thei	r parents	or other	adults in	their fam	ily are			
										7.5	12.2	No linear change	Not available	No change
QN90: prison d	Percentag uring the	ge of stud past 12 i	dents who	have a p	parent or	other adu	lt in their	family v	vho has b	een in jai	il or in			
										11.4	13.9	No linear change	Not available	No change
QN91:	Percentag	ge of stud	dents who	have ph	ysical dis	sabilities (	or long-te	erm healt	h problen					
										4.5	5.8	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Site-Add	led													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN92:	Percentag	ge of stud	lents who	have lo	ng-term e	motional	problem	s or learr	ning disab	ilities				
										6.4	7.8	No linear change	Not available§	No change
	Percentage them on							o hurt the	em by hit	ting, pund	ching, or 7.8	Decreased, 2005-2013	Not available	No change
							12.0	13.1	13.3	0.9	7.6	Decreased, 2003-2013	Not available	No change
QN96: such as	Percentag cutting, s	ge of stud scraping,	lents who	did som g themse	ething to lves on p	purposel ourpose, d	y hurt the uring the	emselves past 12	without months	wanting t	o die,			
							10.3	8.3	8.6	6.9	7.0	No linear change	Not available	No change
QN98:	Among s r another	students v person's	ho drank	alcohol their usu	during thal place t	ne past 30 hey usual	days, the	e percent alcohol o	age who i	reported to	their days			
									89.0	90.0	85.2	No linear change	Not available	No change
QN100 30 days	: Percent	age of stu	dents wh	o used n	narijuana	on schoo	l property	y one or	more time	es during	the past			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Site-Add	ed													
			Hea	lth Risk	Behavio	r and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN101: salvia, v	Percent voodrose	age of stu , or morn	idents wh	o used a seeds, o	ny kind o ne or moi	f herbal o	r natural uring the	substanc ir life	ce to get l	nigh, such	ı as			
								10.7	11.1	14.7	11.8	No linear change	Not available <sup>§</sup>	No change
						cription p times du			s OxyCor	ntin, code	ine, or			
								23.6	20.5	22.8	15.1	Decreased, 2007-2013	Not available	Decreased
		age of stu he past 1			ffered, so	old, or give	en anyor	ne an ille	gal drug o	on school				
1 1 3		•						14.1	10.3	10.2	10.6	No linear change	Not available	No change
QN105:	Percent	age of stu	idents wh	no have b	een pregi	nant or go	tten som	eone pre	gnant one	e or more	times			
							8.1	5.2	4.8	5.2	5.2	No linear change	Not available	No change
		age of stu		no have e	ver been	told by a	doctor or	nurse th	at they h	ad a sexu	ally			
		. ,						1.8	0.7	2.0	2.5	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Site-Add	ed													
			Hea	lth Risk	Behavio	r and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN108:	Percent	age of stu	ıdents wh	no descril	be themse	elves as ga	ay or lest	oian or bi	sexual					
								2.1	2.3	2.2	5.3	No linear change	Not available§	No change
QN109:	Percent	age of stu	ıdents wł	no have e	ver giver	or receiv	ed oral s	ex						
							58.9	64.7	54.1	57.5	49.1	Decreased, 2005-2013	Not available	No change
	Percent fe sex pr		idents wh	no think t	hat their	health tea	cher has	given the	em the mo	ost inforn	nation			
									32.0	27.8	28.0	No linear change	Not available	No change
QN111: past 30 c		age of stu	idents wh	no exerci	sed to los	se weight o	or to kee	p from ga	aining we	ight duri	ng the			
							59.8	65.2	57.5	51.7	63.9	No linear change	Not available	Increased
		age of stu g weight				ewer calor	ies, or fo	ods low i	in fat to le	ose weigl	nt or to			
•	-	- 0	9	•	•		30.7	27.9	27.1	24.1	35.3	No linear change	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Male Site-Add	ed		Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
ON113:	Percent	age of stu	ıdents wh	no had or	ne or more	e caffeina	ted drink	s vesterd	av					
•		-6						J	73.9	64.4	60.0	Decreased, 2009-2013	Not available§	No change
QN114:	Percent	age of stu	ıdents wh	no would	know wh	nere to ha	ve an HI	V test if t	hey want	ed one do	one			,
								67.9	66.8	61.7	60.2	No linear change	Not available	No change
QN116:	Percent	age of stu	ıdents wh	no get eig	ght or mo	re hours o	of sleep o	n average	e school i	night				
									34.5	31.5	34.1	No linear change	Not available	No change
			udents wh		most like	ely talk to	no one i	f they ha	d a perso	nal probl	em with			
	,, ,	,								20.2	26.4	No linear change	Not available	No change
QN118:	Percent	age of stu	ıdents wł	no eat dir	nner with	their fam	ily three	or more t	imes in a	n average	e week			
							73.0	72.9	71.6	70.7	76.6	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

emale njury a	nd Violer	nce	Hea	lth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stu bicycle he		no rode a	bicycle (	during the	e past 12	months, t	the percei	ntage who	never o	r rarely			
							85.4	89.0	87.2	87.7	85.2	No linear change	Not available§	No change
QN9: 1	Percentage	e of stude	ents who	never or	rarely wo	ore a seat	belt wher	n riding i	n a car dr	iven by s	omeone			
							2.7	4.0	6.0	3.5	4.7	No linear change	Not available	No change
QN10: vehicle	Percentag driven by	ge of stud	lents who	rode on d been di	e or more rinking al	times du	uring the j	past 30 da	ays in a c	ar or othe	er			
							28.1	28.0	28.7	23.7	22.8	No linear change	Not available	No change
QN13: past 30	Percentaş days	ge of stud	lents who	carried	a weapor	such as a	a gun, kn	ife, or clu	ıb on one	or more	of the			
							4.1	5.2	6.9	4.0	5.8	No linear change	Not available	No change
0111	Percentas	ge of stud	lents who	carried	a gun on	one or m	ore of the	past 30	days		-			
QN 14:					0									

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

	nd Violei		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>*</sup>	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		ge of stud ne past 30		carried a	a weapon	such as a	gun, kn	ife, or clu	ıb on scho	ool prope	erty on			
							2.0	1.5	2.1	1.0	0.8	No linear change	Not available§	No change
							4.1	3.8	8.2	2.9	11.6	Increased, 2005-2013	Not available	Increased
		ge of stud					ured with					mercused, 2003-2013	Trot a valuable	mercased
							ured with					No linear change	Not available	No change
club on	school pr		ne or moi	re times d	uring the	e past 12 i	ured with nonths 3.5	a weapo	on such as	s a gun, k 5.5	nife, or 5.1	, 		
club on	school pr	roperty or	ne or moi	re times d	uring the	e past 12 i	ured with nonths 3.5	a weapo	on such as	s a gun, k 5.5	nife, or 5.1	, 		
QN18:	Percenta	roperty or	lents who	o were in	a physica	e past 12 i	ured with months 3.5 ne or mor 23.1	2.3 e times d	4.7 uring the	5.5 past 12 r	5.1 months	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

emale ijury a	nd Violen	ice	Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from
														2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag 12 month		lents who	were in	a physica	al fight on	school p	property (	one or mo	ore times	during			
							10.4	6.6	7.4	4.5	4.4	Decreased, 2005-2013	Not available <sup>§</sup>	No change
	Percentag want to	ge of stud	dents who	had eve	r been ph	nysically f	orced to	have sex	ual interc	ourse wh	en they			
							11.5	12.5	20.4	12.0	13.5	No linear change	Not available	No change
QN24:	Percentag	ge of stud	dents who	had eve	r been bu	ıllied on s	chool pro	perty du	ring the p	ast 12 m	onths			
									26.3	23.9	19.8	No linear change	Not available	No change
						peless alm			two weel	s or mor	e in a			
							34.1	32.0	34.3	26.6	27.7	Decreased, 2005-2013	Not available	No change
QN27:	Percentag	ge of stud	lents who	seriousl	y conside	ered attem	npting sui	cide duri	ng the pa	st 12 mo	nths			
							17.6	13.9	17.3	12.9	11.2	Decreased, 2005-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centages					Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN28:	Percentag	ge of stud	lents who	made a j	plan abou	ıt how the	y would	attempt s	uicide du	iring the	past 12			
попшь														
							11.9	10.4	13.9	10.8	8.9	No linear change	Not available§	No change
	Percentag	ge of stud	lents who	actually	attempte	d suicide						No linear change	Not available <sup>§</sup>	No change
	Percentaș	ge of stud	lents who	actually	attempte	d suicide						No linear change	Not available <sup>§</sup> Not available	No change
QN30:	Percentag	ge of stud	lents who	made a	suicide at	d suicide	one or m 10.5	7.1	during t	he past 12 9.3	7.1			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Semale Sobacco Use		Heal	lth Risk	Behavio	r and Pei	centage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31: Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokin	ıg, even o	one or tw	o puffs					
						62.9	53.7	58.6	51.7	40.3	Decreased, 2005-2013	Not available§	No change
QN32: Percentag	ge of stud	lents who	smoked	a whole	cigarette	for the fi	rst time b	efore age	e 13 years	3			
						17.8	14.7	16.7	17.5	8.8	Decreased, 2005-2013	Not available	Decreased
QN33: Percentag	ge of stud	lents who	smoked	cigarette	s on one o	or more o	of the pas	t 30 days					
						27.7	22.7	24.5	21.3	17.2	Decreased, 2005-2013	Not available	No change
QNFRCIG: Perce	entage of	f students	who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
						13.3	8.9	9.9	9.1	5.8	Decreased, 2005-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

emale obacco	Use		Hea	lth Risk	Behavio	r and Per	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: or 30 d		ge of stud	lents who	ever sm	oked ciga	rettes dai	lly, that is	s, at least	one ciga	rette evei	y day			
							17.1	13.2	16.7	13.7	9.9	Decreased, 2005-2013	Not available§	No change
N39:	Percentag	ge of stud	lents who	used che	ewing tob	acco, snu	ıff, or dip	on one o	or more o	of the past	: 30			
							5.8	3.8	4.1	1.1	4.6	No linear change	Not available	Increased
N40: ays	Percentag	ge of stud	lents who	smoked	cigars, ci	garillos,	or little c	igars on o	one or mo	ore of the	past 30			
							9.7	7.4	13.7	8.0	8.4	No linear change	Not available	No change
			e of stude past 30 da		smoked c	rigarettes	or cigars	or used o	chewing t	tobacco,	snuff, or			
							30.5	25.4	26.9	21.8	20.2	Decreased, 2005-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

		r Drug U		lth Risk	Behavio	r and Pe	rcentage	S				Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N41:	Percenta	ge of stud	lents who	had at le	ast one d	lrink of a	lcohol on	one or n	nore days	during th	eir life			
							80.4	81.5	75.4	77.2	69.3	Decreased, 2005-2013	Not available <sup>§</sup>	No change
N42: ears	Percenta	ge of stud	lents who	had thei	r first dri	nk of alco			•					
							24.0	22.5	27.8	21.7	19.1	No linear change	Not available	No change
N43:	Percenta	ge of stud	lents who	had at le	ast one d	lrink of a	lcohol on	one or n	nore of th	e past 30	days			
							50.2	52.1	50.8	42.2	39.8	Decreased, 2005-2013	Not available	No change
	D .				or more	drinks of	alcohol i	n a row,	that is, w	ithin a co	uple of			
	Percentagon one or	more of t	ne past 5	uays						25.5	20.6	Decreased, 2005-2013	Not available	No change
		more of t	ne past s	o days			30.0	31.1	24.8	27.5	20.0	Decreased, 2003 2013	1 tot a variable	140 change
Ours, 0		tudents w	/ho repor	ted curre	nt alcoho	l use, the	percenta						Tion available	Two change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

iconor	and Othe	i Diug (		lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 QN47:	Percentag	ge of stud	ents who	used ma	rijuana o	ne or mo	re times o	during the	eir life					
							42.6	41.4	41.3	42.3	38.4	No linear change	Not available <sup>§</sup>	No change
QN48:	Percentag	ge of stud	ents who	tried ma	rijuana f	or the firs	st time be	fore age	13 years					
							5.4	6.3	8.8	9.2	8.2	No linear change	Not available	No change
QN49:	Percentag	ge of stud	ents who	used ma	rijuana o	ne or mo	re times o	during the	e past 30	days	-			
							23.5	20.6	24.1	26.7	20.6	No linear change	Not available	No change
	Percentag mes durin			used any	y form of	cocaine,	including	g powder	r, crack, c	or freebase	e one or			
							7.2	6.7	7.5	6.4	5.0	No linear change	Not available	No change
	Percentag							of aeroso	ol spray c	ans, or in	haled			
	P	.,				-6	18.1		12.8	11.4	6.3	Decreased, 2005-2013	Not available	

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 $^{\dagger}$
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN52:	Percenta	ge of stud	lents who	used her	oin one	or more ti	imes duri	ng their l	ife					
							1.3	1.5	2.4	2.8	1.5	No linear change	Not available§	No change
QN53:	Percenta	ge of stud	lents who	used me	thamphe	tamines o	one or mo	re times	during th	eir life				
							6.8	3.2	3.1	3.6	1.4	Decreased, 2005-2013	Not available	No change
QN54:	Percenta	ge of stud	lents who	used ecs	stasy one	or more	times dur	ing their	life	-	-			
							6.2	4.4	7.2	7.4	5.3	No linear change	Not available	No change
	Percentaguring thei		lents who	took ste	roid pills	or shots	without a	doctor's	prescript	ion one o	or more			
	C						3.7	1.7	3.2	2.2	2.5	No linear change	Not available	No change
	Percentag		lents who	used a n	eedle to	inject any	illegal d	rug into	their body	y one or i	more			
times d	uring mer	1 1110												

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Heal	lth Risk	Behavior	and Per	centages	I				Linear Change*	Quadratic Change*	Change from 2011-2013 †
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
			dents who 2 months		ered, solo	l, or give	n an illeg	al drug b	y someoi	ne on scho	ool			
		-					19.4	16.6	15.7	16.3	11.4	Decreased, 2005-2013	Not available§	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Female Sexual B	<b>S</b> ehaviors		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
ON59:	Percentag	ge of stud	dents who	ever had	d sexual i	intercours	e							
		9					58.6	58.9	60.7	56.3	49.9	Decreased, 2005-2013	Not available <sup>§</sup>	No change
QN60:	Percentag	ge of stud	dents who	had sex	ual interc	course for	the first	time befo	ore age 13	years	-			,
							5.0	7.4	8.0	4.6	3.3	No linear change	Not available	No change
QN61:	Percentag	ge of stud	dents who	had sex	ual interc	course wit	h four or	more pe	ople durii	ng their li	ife			·
							17.0	17.3	15.6	18.0	11.6	No linear change	Not available	No change
QN62: months		ge of stud	lents who	had sex	ual interc	course wit	h one or	more peo	ple durin	g the pas	t three			
							47.1	48.8	44.6	44.9	39.2	Decreased, 2005-2013	Not available	No change
	Among s					during the	e past thr	ee month	is, the per	centage	who			
							17.6	15.4	14.0	14.4	19.3	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

emale exual B	ehaviors		Hea	lth Risk	Behavio	r and Pe	rcentage:	S				Linear Change*	Quadratic Change*	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
				exual intentercours		during the	e past thr	ee month	s, the per	centage v	who			
							57.3	60.5	55.2	58.2	49.8	No linear change	Not available§	No change
						during the ast sexual			s, the per	centage v	who 30.5	No linear change	Not available	No change
							20.0	23.1	30.4	23.2	30.3	140 finear change	1 vot available	140 change
QNOTH used an intercou	IUD or it	ong stude mplant or	nts who h	nad sexua oatch, or b	l intercou	arse during to	g the pas o prevent	t three m pregnan	onths, the	e percent last sexu	age who			
										9.5	6.4	No linear change	Not available	No change
who use	IHPL: A d birth co ast sexual	ontrol pil	ls, an IUI	no had sex O or impl	xual inter ant, or a	course du shot, patc	ring the	past three h control	e months, ring to p	the perce	entage egnancy			
										34.7	36.9	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

		Healt	h Risk l	Behavio	r and Per	centages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991 1993 19	1995 1	1997	1999	2001	2003	2005	2007	2009	2011	2013			
-													
who used both a cond	ndom dur	ing last	sexual i	intercours	se and bir	th contro	l pills, ar	IUD or					
who used both a cond	ndom dur	ing last	sexual i	intercours	se and bir	th contro	l pills, ar	IUD or			No linear change	Not available <sup>§</sup>	No change
QNDUALBC: Amore who used both a concept of the patch, or birth concept of the patch. Amore who used no method	ndom dur control ri ong stude	ring last ing to pr ents who	sexual in revent properties to had sex	intercours regnancy xual inter	se and bir before la	th control st sexual	i pills, ar intercou	i IUD or rse	implant,	or a 11.8	No linear change	Not available <sup>§</sup>	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	and Per	centages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNOW 95th pe	T: Perce	ntage of s	students v	who were	overweig and sex)§	ght (i.e., a	t or abov	e the 85t	h percent	tile but be	elow the			
							18.1	19.9	16.0	20.4	13.7	No linear change	Not available <sup>¶</sup>	No change
	ESE: Peroy age and		of student	s who we	re obese	(i.e., at or				for body	mass			
							10.8	9.6	10.5	9.1	13.0	No linear change	Not available	No change
QN66:	Percentag	ge of stud	lents who	describe	d themse	lves as sli				9.1	13.0	No linear change	Not available	No change
QN66:	Percentaş	ge of stud	lents who	describe	d themse	lves as sli				33.8	35.3	No linear change	Not available  Not available	No change
					d themse		ightly or	very ove	rweight					
							ightly or	very ove	rweight					
QN67: QN68:	Percenta <sub>ş</sub>	ge of stud	lents who	were try	ing to los	e weight	ightly or 44.3 59.3	very ove 29.0 63.2	rweight 34.8	33.8	35.3	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

\*Based on t-test analysis, p < 0.05.

\*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N69: ose we	Percentageight or to	ge of stud keep fro	lents who	took any g weight	y diet pill during th	ls, powder e past 30	rs, or liqu days	iids witho	out a doct	tor's advi	ce to			
							4.6	5.8	2.4	5.8	3.8	No linear change	Not available§	No change
	Percentage during the			vomited	l or took l	laxatives	to lose w	eight or t	o keep fr 4.5	om gainii 3.9	ng 3.9	No linear change	Not available	No change
N71:	Percenta	ge of stud	lents who	drank 1	00% fruit	t juices or	ne or mor	e times d	uring the	past seve	en days			
							74.8	79.1	77.0	73.3	75.6	No linear change	Not available	No change
	Percentag	ge of stud	lents who	ate fruit	one or m	nore times	during t	he past so	even days	3				
QN72:							82.8	90.1	87.7	89.9	93.4	Increased, 2005-2013	Not available	No change
QN72:														
	Percenta	ge of stud	lents who	ate gree	n salad o	ne or mor	e times d	luring the	past sev	en days				

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N76:	Percentag	ge of stud	lents who	ate othe	r vegetab	les one or	more tir	nes durin	g the pas	t seven d	ays			
							86.9	89.8	86.1	83.4	89.9	No linear change	Not available§	No change
	JIT: Perc he past se			who ate	fruits or	drank 100	9% fruit j 24.7	uices two	27.5	times pe	r day 32.3	Increased, 2005-2013	Not available	No change
NFR(		age of st	udents w	ho ate fru	its or dra	nk 100%	fruit juic	es 0 time	s per day	during tl	he past			
, , , , , ,	, 5						8.2	4.4	6.0	4.5	3.9	No linear change	Not available	No change
	: Percent			ho ate fru	its or dra	nk 100%	fruit juic	es one or	more tin	nes per da	ay			
							49.0	58.6	59.8	61.3	64.9	Increased, 2005-2013	Not available	No change
	: Percent			ho ate fru	its or dra	nk 100%	fruit juic	es three o	or more ti	imes per	day			
	1						13.5	15.9	17.5	18.5	22.4	Increased, 2005-2013	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 $^{\dagger}$
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percenta the past se			drank a	can, bott	le, or glas	s of soda	or pop o	one or mo	re times p	per day			
								29.1	26.6	22.0	16.4	Decreased, 2007-2013	Not available§	No change
during  QNSO	the past so	even days	of student		,	n, bottle, o		24.9	19.8	20.5	28.0	No linear change	Not available	No change
au au	mg the pt	ast so ven	aays					20.7	20.5	14.6	10.1	Decreased, 2007-2013	Not available	No change
	DA3: Per during th			s who dra	ank a can	n, bottle, c	or glass o	f soda or	pop three	e or more	times			
per any								10.6	11.7	8.6	4.7	Decreased, 2007-2013	Not available	No change
per day														
	Percenta	ge of stud	lents who	drank th	ree or m	ore glasse	s per day	of milk	during th	e past sev	en days			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Veight I	<b>Managem</b>	ient and	-			r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNMIL	K0: Perc	entage o	f student	s who dra	ank 0 glas	sses per da	ay of mil	k during	the past s	even day	s			
							24.1	26.0	26.2	27.3	25.3	No linear change	Not available§	No change
days				,		r more gla	33.3	32.1	28.4	28.5	27.3	No linear change	Not available	No change
QNMIL days	.K2: Perc	centage o	f student	s who dra	ank two o	r more gl	asses per	day of m	nilk durin	g the pas	t seven			
•							16.8	18.6	15.4	15.9	13.1	No linear change	Not available	No change
QN79:	Percentag	ge of stud	lents who	ate brea	kfast on a	all of the p	past seve	n days		-				
									32.1	31.0	34.4	No linear change	Not available	No change
QNNOI	BKFT: Po	ercentage	of stude	ents who	ate break	fast on no	ne of the	past seve	en days					
									13.3	8.4	13.2	No linear change	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

'emale 'hysical	Activity													
			Hea	lth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag of the pa			were ph	nysically	active for	a total of	f at least (	60 minute	es per day	on five			
								32.3	35.8	39.9	32.5	No linear change	Not available§	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	at least 60	minutes	per day			
								18.7	20.3	20.5	23.7	No linear change	Not available	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	at least 60	minutes	per day			
								13.2	17.3	20.7	17.0	No linear change	Not available	No change
QN81:	Percentag	ge of stud	lents who	watched	d three or	more hou	urs per da	ay of TV	on an ave	rage sch	ool day			
							45.5	28.2	34.0	32.4	28.9	Decreased, 2005-2013	Not available	No change
	Percentag s not scho					computer on an av			omputer	for somet	thing			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN83:					l physica	l educatio	n (PE) cl	lasses on	one or m	ore days	in an			
	week wh	en mey v	were in sc	chool			45.0	42.0	47.7	49.6	42.9	No linear change	Not available <sup>§</sup>	No change
average QNDL	/PE: Per	centage o	of student		tended ph	ysical ed						No linear change	Not available <sup>§</sup>	No change
average QNDL		centage o	of student		tended ph	iysical edi						No linear change	Not available <sup>§</sup>	No change  Decreased
QNDL' week w	/PE: Perhen they	centage o	of student chool	s who att		nysical edi	ucation (1	PE) class	es daily i 36.1	n an aver	age 8.3			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Female Site-Add	ed													
			Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 $^{\dagger}$
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: past 12		ge of stud	dents who	o would d	lescribe t	heir grade	es in scho	ool as mo	stly A's o	r B's duri	ing the			
							61.6	72.1	69.0	69.8	76.1	Increased, 2005-2013	Not available§	No change
QN88: parent(s	Percentages) or guar	ge of stud	dents who	typically	y sleep at	home, or	home of	f friend o	r relative	, with the	eir			
										95.0	97.3	No linear change	Not available	No change
	Percentagon active				l that eith	er of thei	r parents	or other	adults in	their fam	nily are			
										12.1	14.5	No linear change	Not available	No change
	Percentage the			have a p	parent or	other adu	lt in their	family v	vho has b	een in jai	il or in			
										16.5	17.9	No linear change	Not available	No change
QN91:	Percenta	ge of stud	dents who	have ph	ysical dis	sabilities o	or long-to	erm healt	h probler					
										11.7	9.6	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Female Site-Add	ed		Heal	lth Risk	Behavio	r and Per	centages	S				Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN92:	Percentag	ge of stud	lents who	have lon	ng-term e	motional	problems	or learn	ing disab	ilities				
										10.4	12.0	No linear change	Not available§	No change
			dents who					o hurt the	em by hit	ting, pund	ching, or			
							6.1	8.0	12.7	7.4	9.8	No linear change	Not available	No change
			lents who							wanting t	o die,			
							19.2	15.6	23.5	14.2	12.7	No linear change	Not available	No change
QN98: home or	Among s	tudents v person's	vho drank home as t	alcohol their usua	during th	e past 30 ney usuall	days, the	percenta	age who i	reported to	their days			
									93.8	93.0	93.3	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

emale te-Addo	ed		Hea	lth Risk	Behavio	r and Pei	rcentages	S				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
hat they	drink, tl	he percen	tage who	reported	l liquor, s	ne past 30 such as vo	dka, rum	who have, scotch,	ve a usual bourbon,	l type of a or whisk	alcohol y, as			
		·	·			·			58.0	67.7	51.0	No linear change	Not available§	Decreased
QN100: 80 days	Percent	age of stu	idents wh	no used n	narijuana	on school	l property	one or i	nore time	es during	the past			
							5.3	3.4	2.4	3.7	2.1	No linear change	Not available	No change
N101: alvia, w	Percent oodrose	age of stu , or morn	idents wh	o used a seeds, o	ny kind o ne or mo	of herbal or re times d	or natural uring the	substanc ir life	e to get h	nigh, such	ı as			
								4.7	10.7	8.4	6.4	No linear change	Not available	No change
						cription p			OxyCon	tin, code	ine, or			
								18.5	27.3	17.8	14.7	No linear change	Not available	No change
		age of stu			offered, so	old, or giv	en anyon	e an ille	gal drug o	on school				
								5.1	4.9	4.4	3.6	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Female Site-Add	ed													
			Hea	lth Risk	Behavio	or and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 $^{\dagger}$
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN105:	Percenta	age of stu	dents wh	o have b	een preg	nant or go	otten som	eone preg	gnant one	or more	times			
							7.0	5.4	8.1	11.3	5.5	No linear change	Not available§	No change
transmit	ted disea	se (STD)			,	told by a	,	2.6	4.0	2.6	1.4	No linear change	Not available	No change
								6.0	8.4	7.9	9.7	No linear change	Not available	No change
QN109:	Percenta	age of stu	idents wh	o have e	ver giver	or receiv	ed oral s	ex						
							51.3	57.2	55.9	55.0	46.5	No linear change	Not available	No change
	Percenta fe sex pra		dents wh	o think t	that their	health tea	cher has	given the	em the mo	ost inforn	nation			
									19.6	25.5	24.5	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Female Site-Add	ed		Шоо	Jek Dial-	Daharia	w and Da						Linear Change*	Overducatio Change*	Change from
			пеа	nui Kisk	Behavio	r and re	rcentage	S				Linear Change	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN111: past 30		age of stu	idents wh	no exerci	sed to los	e weight	or to kee	p from ga	aining we	ight duri	ng the			
							66.6	69.2	65.1	69.0	62.9	No linear change	Not available§	No change
	Percenta m gainin				s food, fe days	wer calor	ries, or fo	ods low	in fat to l	ose weigl	ht or to			
							55.6	54.1	49.2	50.3	52.9	No linear change	Not available	No change
QN113:	Percenta	age of stu	idents wh	no had on	e or more	e caffeina	ited drink	s yesterd	ay					
									65.2	56.7	52.7	Decreased, 2009-2013	Not available	No change
QN114:	Percenta	age of stu	idents wh	no would	know wh	nere to ha	ve an HI	V test if t	hey want	ed one do	one			
								81.6	73.8	64.5	62.6	Decreased, 2007-2013	Not available	No change
QN116:	Percenta	age of stu	idents wh	no get eig	tht or mo	re hours o	of sleep o	n average	e school 1	night				
									29.3	33.2	29.8	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Female Site-Addo	ed		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change <sup>*</sup>	Change from 2011-2013 <sup>†</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
			dents wh		most like	ely talk to	no one i	f they had	d a persoi	nal proble	em with			
<i></i>	,, arag as	e, or seme		-01						11.9	12.2	No linear change	Not available§	No change
QN118:	Percenta	age of stu	dents wh	o eat din	ner with	their fam	ily three	or more t	imes in a	n average	week			
							69.3	73.4	68.6	63.8	69.1	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

Vhite* njury a	nd Violer	ıce	Hea	ılth Risk	Behavio	or and Pe	rcentage	s				Linear Change <sup>†</sup>	Ouadratic Change <sup>†</sup>	Change from
													Canada a da da	2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stu		ho rode a	bicycle (	during th	e past 12	months, t	he percei	ntage who	never o	r rarely			
							85.2	89.0	87.7	90.7	89.1	No linear change	Not available <sup>¶</sup>	No change
QN9: F	Percentage	e of stude	ents who	never or	rarely wo	ore a seat	belt wher	n riding ii	n a car dr	iven by so	omeone			
CISC							5.7	5.7	5.0	4.8	4.3	No linear change	Not available	No change
QN10:	Percentag driven by	ge of stud	dents who	o rode on	e or more	e times du	ring the	past 30 da	ays in a c	ar or othe	er			
vemere	arren oy	someon	e who ha	a occir ai	illikilig ul	conor	30.5	33.3	30.9	26.6	24.8	Decreased, 2005-2013	Not available	No change
QN13: past 30		ge of stud	dents who	carried	a weapor	such as a	a gun, kn	ife, or clu	ıb on one	or more	of the			
•	•						18.9	19.2	20.7	16.2	19.5	No linear change	Not available	No change
QN14:	Percentag	ge of stud	dents who	carried	a gun on	one or me	ore of the	past 30	days	-	-			
							8.1	6.4	7.6	6.4	6.4	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

/hite* njury an	nd Violer	nce	Hea	alth Risk	Behavio	or and Pe	rcentage	es				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	•		
	Percentag			carried	a weapon	such as a	a gun, kn	ife, or clu	ub on sch	ool prope	erty on			
							3.4	2.9	2.2	6.0	3.6	No linear change	Not available¶	No change
felt they  QN17:	would b	e unsafe ge of stud	at school	or on the	n threater	ool on on o or from ned or inj	school 4.4 ured with	2.7	5.6	1.9	8.9	Increased, 2005-2013	Not available	Increased
							5.2	3.8	4.3	4.8	6.1	No linear change	Not available	No change
QN18:	Percentag	ge of stud	lents who	were in	a physica	al fight or	ne or mor	e times d	luring the	past 12 r	nonths			
							27.8	27.3	27.6	21.6	20.4	Decreased, 2005-2013	Not available	No change
						al fight or		e times d	luring the	past 12 r	nonths			
n which	n they we	re injured	a and nac	l to be tre	eated by a	doctor of	r nurse							

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* njury a	nd Violen	ıce	Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change†	Change from 2011-2013 <sup>§</sup>
														2011-2013 °
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage 12 month		ents who	were in	a physica	al fight on	school p	roperty (	one or mo	ore times	during			
							10.3	10.1	8.4	7.0	5.7	Decreased, 2005-2013	Not available¶	No change
	want to Percentag	ge of stud	ents who	had ever	r been bu	ıllied on s	9.5	7.1	9.5 ring the p	8.4 past 12 m	6.9	No linear change	Not available	No change
							•		22.1	26.8	20.1	No linear change	Not available	No change
ONIC	Percentag	ge of stud	ents who	felt so sa	ad or hop	peless alm	ost every	day for	two week	s or more	e in a			
Ow tha	t they stop						20.0	23.7	24.7	19.9	19.9	Decreased, 2005-2013	Not available	NT 1
ow tha	t they stop						29.8	23.1	2-1.7	17.7		, , , , , , , , , , , , , , , , , , , ,	riot available	No change
row tha	Percentag		ents who	seriousl	y conside	ered attem				-			1 tot u vandore	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Heal	lth Risk	Behavio	r and Per	centages	8				Linear Change <sup>†</sup>	Quadratic Change†	Change from 2011-2013 §
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N28: Percentage	ge of stuc	lents who	made a	plan abou	it how the	y would	attempt s	suicide du	uring the	past 12			
						11.0	9.5	8.0	10.3	7.2	No linear change	Not available¶	No change
N29: Percentag	ge of stuc	lents who	actually	attempte	d suicide	one or m	ore times	s during t	he past 1	2			
nonths						8.1	6.4	6.2	5.9	5.4	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

White* Fobacco	Use		Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change†	Quadratic Change <sup>†</sup>	Change from 2011-2013 <sup>§</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	ed cigaret	te smokin	ng, even o	one or tw	o puffs					
							62.3	58.9	53.7	54.0	44.8	Decreased, 2005-2013	Not available¶	No change
QN32:	Percentag	ge of stud	lents who	smoked	a whole	cigarette	for the fi	rst time b	efore age	e 13 years	3			
							22.1	17.1	16.9	16.7	12.0	Decreased, 2005-2013	Not available	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarette	s on one	or more o	of the pas	st 30 days					
							29.2	30.2	24.4	25.0	21.3	Decreased, 2005-2013	Not available	No change
QNFRC	IG: Perc	entage of	f students	who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
							14.5	12.8	10.9	12.3	8.4	Decreased, 2005-2013	Not available	No change
QN36: days	Percentag	ge of stud	dents who	smoked	cigarette	s on scho	ol propei	rty on one	e or more	of the pa	ast 30			
J							10.3	10.9	7.3	7.1	5.9	Decreased, 2005-2013	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

/hite* obacco	Use		Heal	lth Risk	Behavio	r and Pei	rcentages	S				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: For 30 d		ge of stud	lents who	ever smo	oked ciga	arettes dai	ily, that is	s, at least	one ciga	rette ever	y day			
							18.9	16.1	17.1	17.2	14.8	No linear change	Not available¶	No change
QN39: lays	Percentag	ge of stud	lents who	used che	ewing tob	pacco, snu	ıff, or dip	on one o	or more o	of the past	: 30			
							12.4	11.9	11.9	14.3	12.1	No linear change	Not available	No change
QN40: lays	Percentag	ge of stud	lents who	smoked	cigars, ci	igarillos,	or little c	igars on o	one or mo	ore of the	past 30			
							13.6	15.3	16.2	17.5	13.3	No linear change	Not available	No change
			e of stude past 30 da		smoked c	eigarettes	or cigars	or used o	chewing t	tobacco,	snuff, or		,	
							36.3	36.6	31.3	35.2	28.5	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		er Drug U		lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N41:	Percentag	ge of stud	lents who	had at le	east one d	drink of al	lcohol on	one or n	nore days	during th	eir life			
							80.4	85.2	77.0	77.9	72.9	Decreased, 2005-2013	Not available¶	No change
N42:	Percentag	ge of stud	lents who	had their	r first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	13		-	
							30.9	26.0	25.8	24.3	22.2	No linear change	Not available	No change
N43:	Percentag	ge of stud	lents who	had at le	east one d	lrink of al	lcohol on	one or n	nore of th	e past 30	days			
							56.9	62.0	49.9	46.6	44.6	Decreased, 2005-2013	Not available	No change
	Percentagon one or				or more	drinks of	alcohol	in a row,	that is, w	rithin a co	uple of			
							36.0	41.1	28.4	30.5	27.0	Decreased, 2005-2013	Not available	No change
					<del></del>			ga who u	isually go	nt the alco	hol			
	Among s							ge who u	isually go	t the area	1101			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Alcohol	and Othe	r Drug U		alth Risk	Behavio	or and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47:	Percentag	ge of stud	dents who	o used ma	arijuana o	one or mo	re times o	during the	eir life					
							47.6	47.4	43.9	48.6	42.6	No linear change	Not available¶	No change
QN48:	Percentag	ge of stud	dents who	o tried ma	arijuana f	or the firs	t time be	fore age	13 years					
							9.6	10.1	11.6	11.8	10.1	No linear change	Not available	No change
QN49:	Percentag	ge of stud	dents who	o used ma	arijuana o	one or mo	re times o	during the	e past 30	days				
							28.0	25.8	22.3	28.4	24.9	No linear change	Not available	No change
	Percentagnes durin			o used an	y form of	f cocaine,	including	g powder	r, crack, o	or freebas	e one or			
							8.6	8.4	8.7	8.4	6.7	No linear change	Not available	No change
QN51:	Percentag	ge of stud	dents who	o sniffed	glue, bre	athed the	contents	of aeroso	ol spray c	ans, or in	haled			
	or spir	., , , , , , , , , , , , , , , , , , ,		2 31 111310			18.6	15.6	12.8	12.0	7.0	Decreased, 2005-2013	Not available	Decreased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N52:	Percentag	ge of stud	lents who	used he	roin one	or more ti	mes duri	ng their l	ife					
							2.9	1.9	1.2	3.5	4.0	No linear change	Not available <sup>¶</sup>	No change
QN53:	Percentag	ge of stud	lents who	used me	thamphe	tamines o	one or mo	re times	during th	eir life				
							7.5	3.7	2.6	4.2	3.1	Decreased, 2005-2013	Not available	No change
QN54:	Percentag	ge of stud	lents who	used ec	stasy one	or more t	times dur	ing their	life					
							8.4	7.0	6.3	8.9	7.2	No linear change	Not available	No change
	Percentaguring their		lents who	took ste	roid pills	or shots	without a	doctor's	prescript	ion one o	or more			
iiies u	uring then	ine					4.3	3.4	2.5	3.3	2.8	No linear change	Not available	No change
	Percentaguring their		lents who	used a n	needle to	inject any	illegal d	rug into	their body	y one or i	more			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

ohol and	Other	r Drug U		lth Risk	Behavio	and Per	centages	<b>s</b>				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from
														2011-2013 §
91 19	993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

White* Sexual B	ehaviors		Hea	ılth Risk	Behavio	or and Pe	rcentage	s				Linear Change†	Quadratic Change <sup>†</sup>	Change from 2011-2013 <sup>§</sup>
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	lents who	ever had	d sexual i	intercours	e							
							57.5	55.7	56.2	56.3	50.4	Decreased, 2005-2013	Not available¶	No change
QN60:	Percentag	ge of stud	lents who	had sex	ual interc	course for	the first	time befo	ore age 13	3 years				
							8.6	6.7	6.5	6.0	4.8	No linear change	Not available	No change
QN61:	Percentag	ge of stud	lents who	had sex	ual interc	course wit	h four or	more pe	ople duri	ng their li	ife			
							18.6	17.6	17.0	21.5	15.4	No linear change	Not available	No change
QN62: months		ge of stud	lents who	had sex	ual interc	course wit	h one or	more peo	ple durir	ng the pas	st three			
							43.6	42.3	41.6	45.8	39.4	No linear change	Not available	No change
QN63: drank a	Among s	tudents v	vho had s gs before	exual int last sexu	ercourse al interco	during the	e past thr	ee month	is, the per	rcentage	who			
			-				24.9	28.8	22.0	20.1	23.1	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Sexual B	ehaviors		Hea	alth Risk	Behavio	r and Pe	rcentage	s				Linear Change†	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	•		
				sexual intention	ercourse (	during the	e past thr	ee month	is, the per	rcentage	who			
							65.3	66.0	70.5	59.8	55.9	Decreased, 2005-2013	Not available¶	No change
					ercourse o				is, the per	rcentage	who			
		•					20.5	27.2	27.0	30.7	36.6	Increased, 2005-2013	Not available	No change
QNOTH used an intercou	IUD or i	ong stude mplant o	nts who l	had sexua patch, or b	al intercou birth cont	ırse durin rol ring to	ng the pas o prevent	st three m	onths, th	e percent last sexu	age who			
										6.6	4.9	No linear change	Not available	No change
who use	d birth co		ls, an IUI		xual interdant, or a s									
										37.3	41.5	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Hea	lth Risk	Behavio	r and Pei	rcentages	3				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
ho used both a	condom (	during las	t sexual i	intercour	se and bir	th contro	l pills, ar	IUD or					
ho used both a	condom (	during las	t sexual i	intercour	se and bir	th contro	l pills, ar	IUD or			No linear change	Not available¶	No change
QNDUALBC: A who used both a chot, patch, or bir QNBCNONE: A	condom orth contro	during lass ol ring to particular	t sexual in prevent p	intercours oregnancy xual inter	se and bir before la	th contro	pills, ar intercou	n IUD or arse	implant, 18.3	or a 16.2	No linear change	Not available¶	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* Veight N	<b>Aanagen</b>	nent and	Dietary Hea			or and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNOW'	T: Perce	ntage of s	students nass inde	who were	e overwei and sex)	ght (i.e., a	at or abov	e the 85t	th percent	tile but be	elow the			
				, , ,	,		18.2	14.7	16.4	18.5	13.2	No linear change	Not available**	No change
	ESE: Per		of student	ts who w	ere obese	(i.e., at o	r above t	ne 95th p	ercentile	for body	mass			
, -	, -8						12.0	12.0	11.8	9.4	15.5	No linear change	Not available	Increased
QN66:	Percentag	ge of stud	dents who	o describ	ed thems	elves as sl	ightly or	very ove	rweight					
							37.0	24.1	29.9	28.0	32.3	No linear change	Not available	No change
QN67:	Percentag	ge of stud	dents who	o were try	ying to lo	se weight			-		-			
							45.4	47.1	47.4	49.5	49.4	No linear change	Not available	No change
QN68:	Percentagining wei	ge of stud	dents who	o went was	ithout eat	ing for 24	hours or	more to	lose weig	ght or to l	keep			
84		<i>G</i>	6 Pan		-		9.4	13.0	9.4	8.9	14.1	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

\*\*Not enough years of data to calculate.

/hite* /eight I	Managem	nent and	-		rs Behavio	r and Pe	rcentage	s				Linear Change†	Quadratic Change†	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					y diet pill during the			ids with	out a doct	tor's advi	ce to			
							4.2	4.9	2.0	5.7	4.5	No linear change	Not available¶	No change
	Percentag during the			) vomited	d or took l	laxatives	to lose w	eight or t	to keep from 2.5	om gainin	ng 4.1	No linear change	Not available	No change
N71:	Percentag	ge of stud	lents who	drank 1	00% fruit	juices or	ne or mor	e times d	uring the	past seve	en days			
							78.1	79.5	73.7	71.5	72.1	Decreased, 2005-2013	Not available	No change
QN72:	Percentag	ge of stud	lents who	ate fruit	one or m	ore times	during t	he past so	even days	3				
							85.4	86.4	84.8	84.5	91.8	No linear change	Not available	Increased
QN73:	Percentag	ge of stud	lents who	ate gree	n salad o	ne or moi	e times d	luring the	past sev	en days				
							61.0	62.8	59.6	55.9	66.8	No linear change	Not available	Increased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

cigni	Managem	ient and	-			r and Pe	rcentage	5				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetab	les one o	r more tir	nes durin	g the pas	t seven d	ays			
							86.9	87.2	87.0	85.0	90.7	No linear change	Not available¶	No change
QNFR(	): Percent	tage of st	udents w	ho ate fru	iits or dra	ınk 100%	23.8 fruit juic	25.2 es 0 time	26.3	27.1 during the	29.7	Increased, 2005-2013	Not available	No change
							6.1	5.4	8.6	8.4	5.9	No linear change	Not available	No change
	: Percent			ho ate fru	its or dra	ınk 100%	fruit juic	es one or	more tin	nes per da	ay			
							53.3	55.6	58.0	55.3	62.2	Increased, 2005-2013	Not available	No change
	3: Percent			ho ate fru	iits or dra	nk 100%	fruit juic	es three o	or more to	mes per	day			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* Veight N	<b>Aanage</b> m	nent and	Dietary Hea			or and Pe	rcentage	s				Linear Change†	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentaş he past se			o drank a	can, bott	le, or glas	ss of soda	or pop o	one or mo	re times p	per day			
								35.5	29.5	29.3	24.0	Decreased, 2007-2013	Not available <sup>¶</sup>	No change
	OA0: Per he past se			ts who dr	ank a car	n, bottle, o	or glass o	f soda or	pop 0 tin	nes per da	ay			
								19.4	16.7	19.4	23.0	No linear change	Not available	No change
	A2: Pering the pa			s who dr	ank a car	n, bottle, o	or glass o	f soda or	pop two	or more t	imes per			
								28.2	22.1	22.5	14.6	Decreased, 2007-2013	Not available	No change
			of student ven days		ank a car	ı, bottle, c	or glass o	f soda or	pop three	e or more	times			
								15.4	13.7	12.9	8.0	Decreased, 2007-2013	Not available	No change
QN78:	Percentag	ge of stud	dents who	o drank th	nree or m	ore glasse	es per day	of milk	during th	e past sev	ven days			
							14.0	14.1	9.0	12.1	10.2	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

/hite* /eight N	<b>Aanagem</b>	ent and	-	Behavio Alth Risk		r and Pei	rcentage:	s				Linear Change†	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 QNMIL	K0: Perc	entage o	f students	s who dra	ank 0 glas	sses per da	ay of mil	k during	the past s	seven day	'S			
							17.1	16.5	17.0	18.0	16.4	No linear change	Not available¶	No change
	K1: Perc	entage o	f students	s who dra	ank one o	r more gla	asses per	day of n	nilk durin	g the past	t seven			
days							43.6	46.1	38.3	36.3	38.1	Decreased, 2005-2013	Not available	No change
QNMIL days	K2: Perc	entage o	f students	s who dra	ınk two o	or more gl	asses per	day of n	nilk durin	g the pas	t seven			
·							26.5	28.9	22.9	21.8	21.1	Decreased, 2005-2013	Not available	No change
QN79:	Percentag	ge of stud	dents who	ate brea	kfast on a	all of the p	past seve	n days						
									35.0	33.3	37.8	No linear change	Not available	No change
QNNOI	3KFT: Po	ercentage	e of stude	nts who	ate break	fast on no	ne of the	past sev	en days		-			
									16.0	8.8	12.9		Not available	

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Physical	Activity													
			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag			were ph	ysically a	active for	a total o	f at least (	60 minute	es per day	y on five			
or more	or the pu	st seven v	auys					49.2	47.1	51.1	43.8	No linear change	Not available¶	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	nt least 60	) minutes	per day			
on o or	ne past s	even day	5					12.4	12.7	11.2	15.7	No linear change	Not available	No change
	DAY: Po			nts who	were phy	sically ac	tive for a	total of a	nt least 60	) minutes	per day			
3H 7 GI	ine pust s	even day	5					24.8	29.2	33.7	23.3	No linear change	Not available	Decreased
QN81:	Percentag	ge of stud	lents who	watched	d three or	more hou	ırs per da	y of TV	on an ave	rage sch	ool day			
							32.3	26.4	29.3	27.0	26.0	No linear change	Not available	No change
						computer on an av			omputer	for somet	thing			
							-	22.5	23.7	26.5	34.9	Increased, 2007-2013	Not available	Increased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

1 2003	2005	2007	2009	2011	2013			
ical education								
	n (PE) cl	asses on	one or m	ore days	in an			
	16.0	45.5	50.4	40.2	45.2	NT 1' 1	N. 4	N. I
	46.9	45.5	52.4	48.3	45.3	No linear change	Not available	No change
physical edu	cation (F	PE) classe	es daily in	n an aver	age			
	20.1	22.7	38.4	25.0	14.2	No linear change	Not available	No change
	physical edu		physical education (PE) classe	physical education (PE) classes daily in	physical education (PE) classes daily in an aver	physical education (PE) classes daily in an average	physical education (PE) classes daily in an average	physical education (PE) classes daily in an average

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* ite-Add	ed													
			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: past 12		ge of stud	lents who	would d	lescribe tl	heir grade	s in scho	ol as mo	stly A's o	r B's duri	ing the			
							57.4	68.1	66.3	66.6	73.6	Increased, 2005-2013	Not available¶	No change
	Percentag		lents who	typically	y sleep at	home, or	home of	friend o	r relative,	with the	ir			
										97.7	97.3	No linear change	Not available	No change
		ge of stude			that eith	er of their	r parents	or other	adults in	their fam	ily are			
										9.5	14.0	No linear change	Not available	No change
		ge of stud past 12 i		have a p	parent or	other adu	It in their	family v	vho has b	een in jai	l or in			
										13.4	13.2	No linear change	Not available	No change
QN91:	Percentag	ge of stud	lents who	have ph	ysical dis	sabilities o	or long-te	rm healt	h problen		-			
										8.2	8.1	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* ite-Add	ed		Hea	lth Risk	Behavio	r and Per	centage	S				Linear Change†	Quadratic Change†	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
 QN92:	Percentag	ge of stud	lents who	have lor	ng-term e	motional	problems	or learn	ing disab	ilities				
										9.7	10.6	No linear change	Not available¶	No change
ON94.	Percentag	ge of stud	lents who	respond	ed that so	omeone ha	ad tried to	o hurt the	m hv hitt	ing nund	ching or			
			lents who			omeone ha ne past 30		o hurt the	em by hitt 11.8	ting, pund	ehing, or	No linear change	Not available	No change
kicking  QN96:	Percentag	school pr	operty on	o did som	nore of the		days 9.4 y hurt the	11.0	11.8	7.0	8.0	No linear change	Not available	No change
kicking  QN96:	Percentag	school pr	operty on	o did som	nore of the	purposely	days 9.4 y hurt the	11.0	11.8	7.0	8.0	No linear change  Decreased, 2005-2013	Not available  Not available	No change
QN96: such as	Percentage cutting, s	ge of stuc craping, o	dents who	o did som	ething to lves on p	purposely	9.4 y hurt the uring the 17.7 days, the	emselves past 12 r	without venonths 14.9	7.0  wanting to 12.9  reported t	8.0 o die, 10.0			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

/hite* ite-Added		Hea	alth Risk	Behavio	r and Pei	rcentage	s				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN99: Among that they drink, their type of alc	the percer	itage who	reported	l liquor, s	uch as vo	dka, rum							
								54.5	54.6	51.3	No linear change	Not available <sup>¶</sup>	No change
QN100: Percer 30 days	ntage of str	ıdents wh	no used n	narijuana	on school	property	y one or	more time	es during	the past			
						6.1	4.0	3.9	5.4	5.5	No linear change	Not available	No change
QN101: Percer salvia, woodros								ce to get h	nigh, such	ı as			
							9.0	12.5	14.9	10.5	No linear change	Not available	No change
QN102: Percei Percocet, witho								s OxyCor	itin, code	ine, or			
							25.4	23.9	24.3	15.0	Decreased, 2007-2013	Not available	Decreased
QN103: Percei property during				offered, so	old, or giv	en anyor	e an ille	gal drug o	on school				
							9.5	9.2	7.8	6.8	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White* Site-Add	ed		Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			2022 2020
QN105:	Percent	age of stu	ıdents wh	no have b	een pregr	nant or go	tten som	eone preg	gnant one	or more	times			
							6.3	3.7	5.4	8.8	3.6	No linear change	Not available¶	Decreased
transmit	ted disea	se (STD)	)		, 01 00011		doctor or			ıd a sexua	•			
					oe themse			1.6	0.5	1.7	1.1	No linear change	Not available	No change
								1.6	0.5		•	No linear change  No linear change	Not available  Not available	No change  Increased
QN108:	Percent	age of stu	idents wh	no describ		lves as g	ay or lest	1.6 vian or bis 4.6	0.5	1.7	1.1			
QN108:	Percent	age of stu	idents wh	no describ	oe themse	lves as g	ay or lest	1.6 vian or bis 4.6	0.5	1.7	1.1			
QN108: QN109:	Percent:	age of stu	idents wh	no describ no have e	oe themse	or receiv	ay or lest red oral so 54.9	1.6 bian or bis 4.6 ex 61.3	0.5 sexual 5.2	3.2 59.6	7.5	No linear change	Not available	Increased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* ite-Add	ed		Hea	ılth Risk	Behavio	r and Pe	rcentage	s				Linear Change†	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN111: past 30		age of stu	idents wh	no exercis	sed to lose	e weight	or to keep	p from ga	ining we	ight durii	ng the			
past 50 (	uays						66.3	68.7	62.6	65.1	65.9	No linear change	Not available¶	No change
				no ate less ne past 30		wer calor	ries, or fo	ods low i	n fat to lo	ose weigh	nt or to			
•				•	·		44.0	42.7	39.4	38.8	44.9	No linear change	Not available	No change
QN113:	Percenta	age of stu	idents wh	no had on	e or more	e caffeina	ted drink	s yesterd	ay		-			
									71.8	65.2	61.3	Decreased, 2009-2013	Not available	No change
QN114:	Percenta	age of stu	idents wh	no would	know wh	nere to ha	ve an HI	V test if t	hey want	ed one do	one			
								73.5	67.6	63.3	61.6	Decreased, 2007-2013	Not available	No change
QN116:	Percenta	age of stu	idents wh	no get eig	ht or mor	re hours o	of sleep o	n average	school n	night	-			
									33.4	34.5	33.6	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

te-Added		Heal	lth Risk	Behavio	r and Pei	rcentages	S				Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2011-2013 §
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N117: Percen				most like	ely talk to	no one if	f they had	l a persor	nal proble	em with			
	SC, OI SCA		10r						-	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.