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				Healt	h Risk I	Behavio	r and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percenta ne else)	age of st	udents v	who rare	ly or nev	ver wore	a seat b	elt (whe	en riding	g in a cai	r driven	by				
				16.6	14.9	15.1	7.5	7.5	6.3	5.7	6.1	6.3	5.5	Decreased, 1999-2017	Decreased, 1999-2009 No change, 2009-2017	No change
1 day d	luring th		ys before	e the sur		-mailed ong stuc										
											40.2	35.8	45.0	No linear change	Not available ⁸	Increased
			tudanta	who oor	riad a m	eanon (such as a	a oun ki	nife. or o	club, on	at least	1 day				
	Percent the 30 c	tage of s lays befo			neu a w	capon (a	such us t	a guii, ia		,		2				

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Trend Analysis Report

Total Injury a	nd Vio	lence														
				Healt	th Risk]	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN13: club, oi	Percent at leas	tage of s t 1 day c	students during th	who ca ne 30 da	ried a w ys befor	veapon or re the sur	n schoo rvey)	l proper	ty (such	as a gur	ı, knife,	or				
				6.2	5.5	5.0	5.7	5.4	5.1	5.2	3.1	4.0	3.1	Decreased, 1999-2017	No quadratic change	No change
					l not go y during					fe at sch	ool or o	n their				
				9.5	7.2	4.8	4.6	5.3	6.3	5.1	8.2	5.3	5.1	Decreased, 1999-2017	Decreased, 1999-2003 No change, 2003-2017	No change
				who we	7.2 The threat core time	tened or	injured	with a v	veapon o	on schoo	ol proper		5.1	Decreased, 1999-2017	Decreased, 1999-2003 No change, 2003-2017	No change
				who we	re threat	tened or	injured	with a v	veapon o	on schoo	ol proper		5.16.0	Decreased, 1999-2017 Decreased, 1999-2017		No change No change
(such as	s a gun, Percent	knife, o	r club, c	who we one or m 8.2	re threat	tened or es during 7.7	injured g the 12 6.2	with a v months 5.6	veapon o before th 7.8	on schoo he surve 6.4	ol proper y) 5.6	-ty 6.2			No change, 2003-2017	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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		lence		Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		tage of s nonths b				hysical	fight on	school j	property	(one or	more ti	mes	-			
				11.6	11.9	11.4	9.8	10.5	8.6	8.8	9.3	8.1	8.4	Decreased, 1999-2017	No quadratic change	No change
	Percent 1 not wa		tudents	who we	re ever j	physical	ly force	d to hav	e sexual	intercou	urse (wh	en				
					8.6	7.6	7.5	7.6	9.9	8.5	7.7	6.6	6.3	Decreased, 2001-2017	No change, 2001-2011 Decreased, 2011-2017	No change
they we being p during	ere datin hysicall the 12 n	ng or goi ly forced	ng out v l to have efore th	vith to d sexual e survey	o sexual intercou	things rse] tha	[countin t they di	g such t d not wa	hings as ant to, or	kissing. ne or mo	y someo , touchin ore times omeone o	ig, or				

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				Healt	h Risk]	Behavio	r and P	ercenta	ges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
purpos into so	e by son mething vey, am	neone th , or inju	students acy were red with lents who	dating of an object	or going ct or we	out with apon] or	n [counti ne or mo	ing such ore times	things a during	as being the 12 r	g hit, slar months b	nmed vefore				
sur veg	,										8.9	8.6	9.5	No linear change	Not available [§]	No change
	Percen the surv		students	who we	re bullie	ed on sch	lool proj	perty (e	ver durii	ng the 12	2 month	S				
									15.9	16.5	18.5	16.4	14.1	No linear change	Not available	No change
			students								through the surv					
		am, Fac			Joerar III	icula, cv		0								
		am, Fac				icula, c v					13.4	11.7	10.1	Decreased, 2013-2017	Not available	No change
texting QN25	, Instagr Percen	tage of s	students g some u	who felt	sad or	hopeless	(almost	t every (eks in a r		10.1	Decreased, 2013-2017	Not available	No change

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		lence		Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percent before t			who ser	iously c	onsidere	ed attem	pting su	icide (ev	ver durir	ng the 12	2				
				17.2	16.3	15.6	12.7	11.1	13.5	13.5	12.8	14.0	16.1	No linear change	Decreased, 1999-2007 Increased, 2007-2017	No change
	Percent before t			who ma	de a pla	n about	how the	y would	lattemp	t suicide	(during	the 12				
				12.5	12.1	11.7	11.0	9.2	9.9	10.3	9.9	11.0	12.0	No linear change	Decreased, 1999-2011 No change, 2011-2017	No change
	Percent the surve		tudents	who atte	empted	suicide (one or r	nore tin	nes durin	g the 12	e months	5				
				7.5	7.1	8.6	7.1	6.2	8.2	7.8	7.0	7.6	7.2	No linear change	No quadratic change	No change
	Percent se that h											or				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Fotal Fobacco	Use			Healt	h Risk]	Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN30:	Percen	tage of s	students	who eve	er tried c	cigarette	smokin	g (even	one or t	wo puffs	5)	-				
				70.4	65.5	62.4	55.0	51.7	47.7	46.4	37.3	30.2	22.7	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	Decreased
QN32: before t			students	who cu	rently s	moked c	cigarette	s (on at	least 1 d	ay durir	ng the 30) days				
				32.2	24.2	23.5	21.2	20.2	19.0	18.3	14.2	9.9	6.2	Decreased, 1999-2017	Decreased, 1999-2013 Decreased, 2013-2017	Decreased
			e of stuc ore the s		o currer	ntly smo	ked ciga	rettes fr	equently	v (on 20	or more	days				
				17.7	12.8	12.1	9.6	8.5	7.8	7.6	4.9	4.0	1.7	Decreased, 1999-2017	No quadratic change	Decreased
		Percent ore the		tudents v	who curi	rently sn	noked ci	garettes	daily (c	n all 30	days du	ring	-			
	•		57	14.7	9.9	10.4	7.9	6.7	6.2	5.1	3.5	2.9	1.6	Decreased, 1999-2017	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

obacco	o Use			Healt	h Risk	Behavio	or and P	ercenta	nges					Linear Change*	Quadratic Change*	Change from
																2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN33: smoked	Percen l during	tage of s the 30 c	students lays befo	who sm ore the s	oked mo survey, a	ore than among s	10 cigat tudents	rettes pe who cur	er day (o rently sr	n the da noked c	ys they igarettes	5)				
				15.7	15.6	15.0	15.0	9.8	13.7	8.7	9.6	11.9	6.9	Decreased, 1999-2017	No quadratic change	No change
e-cigars	s, e-pipe	es, vape	pipes, va	aping pe	ens, e-ho						-cigarett JOY, Vi	es,				
e-cigars	s, e-pipe	es, vape		aping pe	ens, e-ho						-cigarett	es,	37.9	No linear change	Not available [§]	No change
e-cigars MarkTe QN35: e-cigare NJOY,	s, e-pipe en, Logi Percen ettes, e-o	es, vape ic, Vapin tage of s cigars, e MarkTer	pipes, va n Plus, e students -pipes, v	aping pe Go, and who cu vape pip	ens, e-ho Halo]) rrently u es, vapir	sed an eng pens,	and hool lectroni e-hook	c vapor ahs, and	s [such a product hookah	(includi	-cigarett JOY, Vi	es, use, 40.5 lu,				No change
e-cigars MarkTe QN35: e-cigare NJOY,	s, e-pipe en, Logi Percen ettes, e- Vuse, N	es, vape ic, Vapin tage of s cigars, e MarkTer	pipes, va n Plus, e students -pipes, v	aping pe Go, and who cu vape pip	ens, e-ho Halo]) rrently u es, vapir	sed an eng pens,	and hool lectroni e-hook	c vapor ahs, and	s [such a product hookah	(includi	-cigarett JOY, Vi Ing uch as bi	es, use, 40.5 lu,				No change Decreased
e-cigars MarkTe QN35: e-cigare NJOY, before t QN38:	s, e-pipe en, Logi Percen ettes, e- Vuse, N the surv Percen	tage of s cigars, e MarkTer ey)	pipes, va n Plus, e students -pipes, v n, Logic,	aping pe Go, and who cur vape pip Vapin I who cur	ens, e-he Halo]) rrently u es, vapin Plus, eG rently s	sed an e ng pens, o, and H	e-hook lalo], on	c vapor ahs, and at least	product hookah 1 day d	(includi pens [s uring th	-cigarett JOY, Vi Ing uch as bi	es, use, 40.5 lu, 's 23.5	37.9	No linear change	Not available ⁸	

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Fotal Fobacco	o Use			Healt	h Risk i	Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		entage of fore the		ts who c	currently	smoked	l cigaret	tes or ci	gars (on	at least	1 day di	uring				
				37.0	28.8	27.0	25.1	24.5	23.0	22.8	20.3	15.6	10.4	Decreased, 1999-2017	Decreased, 1999-2013 Decreased, 2013-2017	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Fotal Alcohol	and Ot	ther Dr	ug Use													
				Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percen their life		students	who eve	er drank	alcohol	(at leas	t one dri	nk of al	cohol, o	n at leas	t 1 day				
				80.9	77.6	78.5	75.8	75.8	71.0	72.0	65.2	58.8	59.5	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	No change
QN41: few sip		tage of	students	who ha	d their f	irst drinl	c of alco	hol befo	ore age 1	3 years	(other th	nan a				
				31.8	28.8	30.3	27.2	24.9	23.5	22.7	19.8	15.3	16.1	Decreased, 1999-2017	No change, 1999-2003 Decreased, 2003-2017	No change
				who cur the surve		lrank alc	ohol (at	least on	e drink	of alcoh	ol, on at	least 1				
				46.9	46.4	45.4	43.1	45.2	43.7	40.4	36.3	31.4	28.7	Decreased, 1999-2017	No change, 1999-2009 Decreased, 2009-2017	No change
QN46:	Percen	tage of	students	who eve	er used 1	marijuar	a (one c	or more	times du	ring the	ir life)					
				48.8	46.9	48.9	42.2	43.9	42.8	46.0	42.6	41.5	44.1	Decreased, 1999-2017	No quadratic change	No change
QN47:	Percen	tage of	students	who trie	ed marij	uana for	the first	t time be	efore age	e 13 yea	rs					
				12.7	12.2	13.4	11.3	10.0	11.4	10.4	9.6	7.8	7.4	Decreased, 1999-2017	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Alcohol and (Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991 1993	3 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN48: Perce before the su		students	who cui	rently u	sed mar	ijuana (o	one or m	nore time	es during	g the 30	days				
			29.0	26.3	27.3	22.8	25.1	25.8	27.6	25.6	23.3	26.1	No linear change	No quadratic change	No change
011/0 P															
						(any for 6.4	m of coo 6.1	caine, in 5.8	cluding	powder, 4.0	crack, 4.4	2.9	Decreased, 1999-2017	No change, 1999-2009 Decreased, 2009-2017	Decreased
or freebase, o QN51: Perce	entage of	students	during t 7.2 who eve	heir life 6.3) 7.4	6.4	6.1	5.8	5.3	4.0	4.4	2.9	Decreased, 1999-2017		Decreased
QN49: Perce or freebase, o QN51: Perce one or more	entage of	students	during t 7.2 who eve	heir life 6.3) 7.4	6.4	6.1	5.8	5.3	4.0	4.4	2.9	Decreased, 1999-2017 Decreased, 1999-2017		Decreased
or freebase, o QN51: Perce	entage of stimes duri	students ng their	during t 7.2 who even life) 3.3 who even	heir life 6.3 er used h 2.7 er used i) 7.4 neroin (a 2.3 netham	6.4 Ilso calle 2.6	6.1 ed "smaa 2.4	5.8 ck," "jur 2.5	5.3 k," or "(3.1	4.0 China W 2.8	4.4 "hite," 2.6			Decreased, 2009-2017	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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fotal Alcohol	and Ot	her Dru	ug Use	Healt	th Risk	Behavio	or and H	Percenta	iges					Linear Change*	Quadratic Change*	Change from
																2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percent their life		students	who eve	er used e	ecstasy (also cal	led "ME	9MA," o	ne or mo	ore time	5				
aaring t										7.0	57	47	2.0	D 1 2002 2017	No que dretie chen co	Decreased
QN54:											5.7 Spice," " luring th		3.0	Decreased, 2003-2017	No quadratic change	Decreased
QN54: weed,"						synthetic	c mariju	ana (also	o called	"K2," "S		fake	5.4	No linear change	Not available [§]	No change
QN54: weed," life) QN55:	"King F Percent	Kong," " tage of s	Yucatar	h Fire," ' who eve	'Skunk,'	synthetic or "Mo	e mariju oon Roci	ana (also ks," one	o called or more	"K2," "S times d	Spice," "	fake eir 7.1				
QN54: weed," life) QN55:	"King F Percent	Kong," " tage of s	Yucatar	h Fire," ' who eve	'Skunk,'	synthetic or "Mo	e mariju oon Roci	ana (also ks," one	o called or more	"K2," "S times d	Spice," " luring th	fake eir 7.1				
QN54: weed," life) QN55: one or r QN57:	"King F Percent nore tim	Kong," " tage of s nes duri tage of s	Yucatar students ng their	who evo life) 3.2 who evo	'Skunk,' er took s 4.8 er inject	synthetic " or "Mo steroids 4.1 ed any i	e mariju oon Roct without 3.4	ana (also ks," one a doctor 3.3	o called or more 's prescr 3.7	"K2," "S times d ription (J 3.8	Spice," " luring the	fake eir 7.1 hots, 2.5	5.4	No linear change	Not available [§]	No change

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			ug Use	Healt	h Risk I	Behavio	r and P	ercenta	ges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
N58.				who we		ed, sold,	or giver	ı an illeş	gal drug	on scho	ol prope	erty				
	the 12	monuis	berore u	ic suive	,,											

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Fotal Sexual 1	Behavio	ors		Healt	th Risk	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN59:	Percen	tage of s	students	who eve	er had se	exual int	ercourse	e								
				54.6	52.7	57.3	55.1	59.3	57.5	59.0	48.7	46.8	45.4	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
QN60:	Percen	tage of s	students	who had	d sexual	intercou	urse for t	the first	time bet	fore age	13 year	5				
				10.2	9.6	11.3	10.8	9.6	9.7	8.8	5.9	6.8	3.6	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	Decreased
QN61:	Percen	tage of s	students	who had	d sexual	intercou	urse with	n four or	more p	ersons d	uring th	eir life				
				20.3	16.7	20.6	19.1	21.8	21.0	21.7	15.2	12.9	12.4	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
			students g the 3 n					ive (had	l sexual	intercou	rse with	at				
				40.0	39.2	42.7	39.2	45.3	42.9	42.9	33.9	33.5	33.4	Decreased, 1999-2017	No change, 1999-2009 Decreased, 2009-2017	No change

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				Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
			students ently se			hol or us	sed drug	s before	last sex	ual inter	course (among				
				22.1	22.1	23.9	21.0	21.6	22.1	20.0	21.8	22.8	20.3	No linear change	No quadratic change	No change
			students stually ac		ed a con	dom dur	ing last	sexual i	ntercour	rse (amo	ng stude	ents				
					ed a con 62.2	dom dur 62.5	ing last 63.7	sexual in 69.2	ntercour 62.0	rse (amo 58.7	ng stude 63.4	ents 57.0	52.7	Decreased, 1999-2017	Increased, 1999-2007 Decreased, 2007-2017	No change
who work who work who work who were also who were also who were also were al	Percent	ently sex		tive) 62.0 who we	62.2 re ever	62.5	63.7	69.2	62.0	58.7	63.4	57.0	52.7	Decreased, 1999-2017		No change
who work where where where where where we have a second se	Percent	ently sex	students	tive) 62.0 who we	62.2 re ever	62.5	63.7	69.2	62.0	58.7	63.4	57.0	52.7	Decreased, 1999-2017 No linear change		No change No change
who w QN85: countir QN65:	Percent Percent ag tests o Percent	tage of s lone if t	students	who use	62.2 re ever od)	62.5	63.7 or humar	69.2 1 immun	62.0	58.7 ency viru	63.4 as (HIV)	57.0 (not 13.3			Decreased, 2007-2017	

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Fotal Sexual H	3ehavio	rs		Healt	h Risk i	Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	s Implar	non or N	explance	on) befor	e last se	an IUD exual inte						nt 3.3	6.0	Increased, 2013-2017	Not available [§]	No change
OrthoE	vra), or	birth co	ntrol rin	g (such	as Nuva	d a shot Ring) bo sexuall	efore las	st sexual			prevent					
											4.6	6.0	5.5	No linear change	Not available	No change
ParaGan (such as	rd) or in s Ortho <mark>I</mark>	nplant (s Evra), or	such as l birth co	Implano ontrol rii	n or Nez ng (such	d birth c xplanon) as Nuva currently	; or a sh aRing) t	ot (such before la	as Dep st sexua	o-Prove	ra), pate	h				
											23.9	27.4	30.7	Increased, 2013-2017	Not available	No change

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	Healt	h Risk Beha	vior and F	Percentag	ges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991 1993 1995	1997 1999	2001 200	3 2005	2007	2009	2011	2013	2015	2017			
	tage of students							and				
birth control pills; an I Nexplanon); or a shot as NuvaRing) before l	UD (such as Min (such as Depo-Pa ast sexual interco	ena or ParaC rovera), patcl	ard) or imp n (such as (plant (suc OrthoEvra	ch as Im a), or bi	nplanon irth cont	or rol ring (9.2	No linear change	Not available ⁸	No change
QNBCNONE: Percer sexual intercourse (am	UĎ (such as Mir (such as Depo-P ast sexual interco ve) tage of students	rena or ParaC rovera), patcl ourse (to prev who did not	ard) or imp 1 (such as (ent pregna use any me	plant (suc OrthoEvra ncy, amo	th as Im a), or bi ng stude	nplanon irth cont lents who	or rol ring (o were 8.6	(such 8.0	9.2	No linear change	Not available ⁸	No change

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				Healt	th Risk	Behavio	or and F	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
				ents who and ag												
				14.2	14.8	16.5	14.9	17.3	15.6	16.9	16.3	15.8	16.6	No linear change	No quadratic change	No change
				dents wi			>= 95th CDC gro			ody mas	s index,	based				
on sex-	and age	e-specifi		10.0	10.7	13.3	14.0	13.2	13.5	12.2	14.2	15.8	15.1	Increased, 1999-2017	No quadratic change	No change
		•			10.7	13.3	14.0	13.2	13.5			15.8	15.1	Increased, 1999-2017	No quadratic change	No change
		•		10.0	10.7	13.3	14.0	13.2 ightly or	13.5 very ov			15.8 31.5	15.1 33.4	Increased, 1999-2017 Increased, 1999-2017	No quadratic change Decreased, 1999-2011 Increased, 2011-2017	No change No change
QN68:	Percen	tage of s	students	10.0 who dea	10.7 scribed t 30.2	13.3 hemselv 31.4	14.0 7es as sli 31.1	13.2 ightly or	13.5 very ov	verweigh	nt			, 	Decreased, 1999-2011	
QN68:	Percen	tage of s	students	10.0 who de: 29.1	10.7 scribed t 30.2	13.3 hemselv 31.4	14.0 7es as sli 31.1	13.2 ightly or	13.5 very ov	verweigh	nt			, 	Decreased, 1999-2011	
QN68: QN69: QN76:	Percen Percen Percen	tage of s	students	10.0 who de: 29.1	10.7 scribed t 30.2 ere trying 43.8 d not dri	13.3 hemselv 31.4 g to lose 42.6 nk a can	14.0 /es as sli 31.1 weight 44.1 , bottle,	13.2 ightly or 27.3 42.4 or glass	13.5 • very ov 27.9 43.4 of soda	verweigh 27.8 45.7 or pop	nt 31.8 48.0 (such as	31.5 44.8	33.4	Increased, 1999-2017	Decreased, 1999-2011 Increased, 2011-2017	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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Trend Analysis Report

				Healt	h Risk	Behavio	r and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991 1	993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QNSODA times per before the	day (s	such as														
		.,,						32.4	28.8	26.1	22.2	19.1	18.3	Decreased, 2007-2017	No quadratic change	No change
times per	day (s	such as														
times per	day (s	such as								o, during			12.1	Decreased, 2007-2017	No quadratic change	No change
times per observed times per observed before the QNSODA times per observed by the times per observed by the times per observed by times per observed by the times per observed	day (s surve A3: Pe day (s	such as ey) ercentag such as	Coke, P	epsi, or a	Sprite, n	ot count	oottle, or	soda or 24.8 r glass o	diet pop 21.2 f soda o	p, during 19.1 r pop th	g the 7 d 15.7 ree or m	ays 11.8	12.1	Decreased, 2007-2017	No quadratic change	No change
QNSODA times per observe the gNSODA times per observe the	day (s surve A3: Pe day (s	such as ey) ercentag such as	Coke, P	epsi, or a	Sprite, n	ot count	oottle, or	soda or 24.8 r glass o	diet pop 21.2 f soda o	p, during 19.1 r pop th	g the 7 d 15.7 ree or m	ays 11.8	6.2	Decreased, 2007-2017 Decreased, 2007-2017	No quadratic change No quadratic change	No change No change
times per observed to before the QNSODA times per observed to be a construction of the	day (s surve A3: Pe day (s surve	ercentag such as ercentag such as ey)	Coke, P ge of stu Coke, P	epsi, or dents wl epsi, or	Sprite, n ho drank Sprite, n	a can, l	ing diet oottle, or ing diet	24.8 r glass o soda or 15.2	diet pop 21.2 f soda o diet pop 13.5	o, during 19.1 r pop th o, during 12.2	g the 7 d 15.7 ree or m g the 7 d 8.8	ays 11.8 hore ays	-			

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				Healt	th Risk	Behavio	r and P	ercenta	ges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		Percen	tage of s	tudents	who ate	breakfa	st on all	7 days (during t	he 7 day	ys before	e the				
urvey)		reicen		lucents	who ate	oreakia	50 011 411	/ udys (34.4	32.3	40.3	39.0	39.0	Increased, 2009-2017	Not available [§]	No chan

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Trend Analysis Report

Fotal Physica	l Activi	ty		Healt	h Risk i	Behavio	or and P	ercenta	nges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
days (ii	ı any ki	tage of s nd of ph ing the 7	ysical a	ctivity th	nat incre	ased the	tive at le ir heart	east 60 r rate and	ninutes l made t	per day hem bre	on 5 or i athe har	more d some				
or the t	ine dur	ing the l	days of		survey)				43.5	41.4	43.3	43.5	No linear change	Not available [§]	No change
activity	on at le	Percent east 1 da ard som	y (in an	y kind o	f physic	al activi	ty that i	ncreased	d their h	nutes of eart rate 18.0	physica and ma 19.1	l de 18.5	17.0	No linear change	Not available	No change
days (ii	ı any ki	Percent nd of ph ing the 7	ysical a	ctivity th	nat incre	ased the	cally act fir heart	ive at le rate and	ast 60 m l made ti	ninutes p hem bre	athe har	d some				
										24.9	23.7	24.7	25.1	No linear change	Not available	No change
QN80: day)	Percent	tage of s	students	who wa	tched te	levision	3 or mo	ore hours	s per da <u>y</u>	y (on an	average	e school				
				43.1	40.7	45.4	44.6	39.0	37.7	37.3	33.9	27.9	23.6	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	Decreased

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	Не	alth Risk	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991 1993 1993	5 1997 199	2001	2003	2005	2007	2009	2011	2013	2015	2017			
iours per day (count martphone, texting,	ing time spent o YouTube, Insta	n things s gram, Fac	uch as X	box, Pla	yStatior	1, an iPa	d or oth	er tablet	, a				
hours per day (count smartphone, texting,	ing time spent o YouTube, Insta	n things s gram, Fac	uch as X	box, Pla	yStatior	1, an iPa	d or oth	er tablet	, a	44.6	Increased, 2007-2017	No quadratic change	Increased
QN81: Percentage o hours per day (count smartphone, texting, not school work, on QN83: Percentage o their school or comm	ing time spent of YouTube, Insta an average scho f students who	n things s gram, Fac ol day) blayed on	uch as X æbook, c at least c	box, Pla or other s	yStation social m 28.1 ts team (n, an iPa edia, for 27.4 (countin	d or other someth 34.4	er tablet, ing that 39.8	, a was 35.6	44.6	Increased, 2007-2017	No quadratic change	Increased

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5 1997 19 f students wh	999 2001	2003	2005	2007	2009	2011	2013	2015	2015			
f students wh	o had over h						-010	2013	2017			
	U hau ever b	een told	by a doc	ctor or n	urse tha	t they ha	ad asthm	a				
							25.8	25.4	24.3	No linear change	Not available [§]	No change
f students wh	o got 8 or m	ore hours	s of slee	p (on an	average	e school	night)					
					27.4	27.1	26.6	24.2	23.8	Decreased, 2009-2017	Not available	No change
						27.4	27.4 27.1	students who got 8 or more hours of sleep (on an average school night) 27.4 27.1 26.6	students who got 8 or more hours of sleep (on an average school night)	students who got 8 or more hours of sleep (on an average school night) 27.4 27.1 26.6 24.2 23.8	students who got 8 or more hours of sleep (on an average school night) 27.4 27.1 26.6 24.2 23.8 Decreased, 2009-2017	students who got 8 or more hours of sleep (on an average school night) 27.4 27.1 26.6 24.2 23.8 Decreased, 2009-2017 Not available

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Trend Analysis Report

Total Site-Ado	led			Healt	h Rick	Behavio	or and P	Percents	IJTES					Linear Change [*]	Quadratic Change*	Change from
														2	Quantane change	2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
				who rep ne milita		at either	of their	parents	or othe	r adults	in their	family				
	0				5					14.7	14.7	11.5	13.2	No linear change	Not available [§]	No change
QN95:	Percen	tage of s	students	who are	deaf or	have set	rious dif	fficulty	hearing			1.7	1.8	No linear change	Not available	No change
QN96:	Percen	tage of s	students	who ha	ve seriou	ıs difficu	ulty seei	ng (eve	n when	wearing	glasses)				
												6.9	8.1	No linear change	Not available	No change
QN97: decision	Percenns (beca	tage of s use of a	students physica	who ha al, menta	ve seriou 11, or em	us difficu otional p	ulty cono problem	centration)	ng, reme	embering	g, or ma	king				
												18.4	24.7	Increased, 2015-2017	Not available	Increased
QN98:	Percen	tage of s	students	who hav	ve seriou	ıs difficı	ulty wall	king or	climbing	g stairs		3.0	2.4	No linear change	Not available	No change

Delaware High School Survey

				Healt	h Risk	Behavio	or and I	Percenta	nges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN99: for hunt survey)	Percent ing or f	tage of s for a spo	tudents rt such a	who car as target	ried a g shootin	un (not ig, on at	counting least on	g the day le day di	/s when uring the	they car a 30 days	ried a gu s before	un only the				
				5.0	4.8	5.8	5.4	6.2	6.3	4.4	5.2	4.7	5.0	No linear change	No quadratic change	No change
												nad in				
												nad in 3.4	2.6	Decreased, 2013-2017	Not available ⁸	No change
a row w QN109:	as 10 o	r more d	lrinks (v	vithin a	couple	of hours	during	the 30 da	ays befo	re the su	urvey) 4.9	3.4	2.6	Decreased, 2013-2017	Not available ⁸	No change
QN106: a row w QN109: times)	as 10 o	r more d	lrinks (v	vithin a	couple	of hours	during	the 30 da	ays befo	re the su	urvey) 4.9	3.4	2.6 3.4	Decreased, 2013-2017 Decreased, 1999-2017	Not available ⁸ No change, 1999-2011 Decreased, 2011-2017	No change No change
a row w QN109: times)	as 10 o Percer Percer	ntage of	lrinks (v student	vithin a s s who ha 8.0	ave been 6.4	of hours n pregna 7.7	during t ant or go 7.2	the 30 da tten son 7.4	ays befo neone pr 8.6	re the su egnant (8.0	4.9	3.4 nore 5.1			No change, 1999-2011	

Delaware High School Survey

ite-Ado	ieu			Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN111:	: Perce	ntage of	students	s who ha	ave ever	given o	r receive	ed oral s	sex		;					
							53.8	57.6	54.9	56.9	47.6	45.8	45.9	Decreased, 2005-2017	No change, 2005-2011	No change
															Decreased, 2011-2017	
			students												Decreased, 2011-2017	
lrinks,	energy		r other d												Decreased, 2011-2017	
lrinks,	energy	drinks o	r other d										22.5	No linear change	Decreased, 2011-2017 Not available [§]	No change
lrinks, lays be QN117:	energy of fore the	drinks o survey) ntage of	r other d	lrinks w s who pl	ith caffe	eine adde	ed, one o	or more	times pe	er day dı	uring the	24.9	22.5	No linear change		No change
lrinks, lays be QN117:	energy of fore the	drinks o survey) ntage of	r other d)	lrinks w s who pl	ith caffe	eine adde	ed, one o	or more	times pe	er day dı	uring the	24.9	-		Not available [§]	
lrinks, days be	energy of fore the	drinks o survey) ntage of	r other d	lrinks w s who pl	ith caffe	eine adde	ed, one o	or more	times pe	er day dı	uring the	24.9	22.5	No linear change No linear change		No change No change
rinks, ays be 2N117 nore ho 2N120	energy of fore the : Percent ours per	drinks o e survey) ntage of week o ntage of	r other d	Irinks w s who pl ge) s who st	ith caffe	eine adde	ed, one o games agree th	or more	times pe	er day du	rated M	24.9 , 2 or 31.6	-		Not available [§]	

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Total Site-Ado	ded			Healt	h Risk	Behavio	or and P	ercenta	nges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
							ents or c			eir fam	ily talke	d with				
them at	out with	at they e	xpeet in	ieni to u	0 01 1101	10 00 0	nen n ee		SUA			63.2	62.6	No linear change	Not available [§]	No change
QN122	: Percei	ntage of	student	s who th	ink peo	ple mod	lerately of	or greatl	y risk h	arming	themselv	res				
pnysica	lly or in	i other w	ays whe	en they	smoke c	one or m	ore pack	is of cig	arettes p	er day		71.3	79.3	Increased, 2015-2017	Not available	Increased
	lly or in										themselv ge (once					
tinice u	(COR)											70.4	72.9	No linear change	Not available	No change
QN124	: Percei	ntage of	students	s who th	ink peo	ple mod	lerately of a once o	or greatl	y risk h	arming	themselv	res				
physica	iny of m	i ouler w	ays will	en uley i	smoke I	narijuan	a once o	i twice	a week			41.4	37.9	No linear change	Not available	No change

Delaware High School Survey

Fotal Site-Ado	led			Healt	h Risk I	Behavio	r and P	ercenta	nges					Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
						ple mode						ves				
												79.2	80.5	No linear change	Not available [§]	No change
QN126 tobacco		ntage of	student	s who re	ported p	parents f	eel it wr	ong or v	very wro	ong for t	hem to s	smoke				
tobacco												87.7	86.1	No linear change	Not available	No change
						parents f		ong or v	very wro	ong for t	hem to l	nave				
						,,	,					83.2	84.9	No linear change	Not available	No change
QN128 marijua		ntage of	student	s who re	ported p	parents f	eel it wr	ong or v	very wro	ong for t	them to s	smoke				
												79.6	74.1	Decreased, 2015-2017	Not available	Decreased

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Total Site-Ado	ded			Healt	h Risk]	Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
				s who re bed to the			eel it wr	ong or v	very wro	ong for t	them to u	ıse				
		-	-									90.5	91.4	No linear change	Not available [§]	No change
	: Percer		student	s who re	ported f	riends f	eel it wo	ould be v	vrong o	r very w	rong for	them				
												68.4	69.1	No linear change	Not available	No change
				s who re alcohol					vrong o	r very w	rong for	them				
							J - · · - J	, ,				62.3	59.7	Decreased, 2015-2017	Not available	No change
	: Percei ke marij		student	s who re	ported f	riends f	eel it wo	ould be v	vrong o	r very w	rong for	them				
	5											40.9	36.0	Decreased, 2015-2017	Not available	Decreased

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991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017

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njury a	and Vio	lence		Healt	h Risk	Behavio	or and F	Percenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN8: 1 someor		age of st	udents w	who rare	ly or ne	ver wore	e a seat l	oelt (wh	en riding	g in a ca	r driven	by	-			
				19.2	20.3	18.3	10.2	9.5	7.2	7.9	7.7	7.1	7.0	Decreased, 1999-2017	Decreased, 1999-2009	No change
															No change, 2009-2017	
1 day d	luring th	ne 30 day		e the sur							icle (on her vehi				No change, 2009-2017	
1 day d	luring th	ne 30 day	ys before	e the sur									42.8	No linear change	No change, 2009-2017 Not available ⁸	No change
1 day d during QN12:	luring th the 30 d Percen	tage of s	ys before ore the st	e the sur urvey) who car	vey, am	ong stud	dents wh	no had d	riven a c	car or ot	her vehi	cle 37.9	42.8	No linear change		No change
1 day d during QN12:	luring th the 30 d Percen	tage of s	ys before ore the states	e the sur urvey) who car	vey, am	ong stud	dents wh	no had d	riven a c	car or ot	her vehio 40.8	cle 37.9	42.8	No linear change Decreased, 1999-2017		No change No change
1 day d during QN12: during QN13:	Percen Percen the 30 d	tage of s tage of s tage of s	ys before ore the so students ore the so	who can urvey) 25.6 who can	ried a w 24.8 τied a w	veapon (24.8 veapon c	such as 26.4	a gun, k 25.5	nife, or o 26.7	club, on 20.3	40.8 40.8 at least	cle 37.9 1 day 19.6			Not available ⁸	

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Trend Analysis Report

				Healt	h Risk	Behavio	or and F	ercenta	iges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
		tage of s								fe at sch	lool or o	n their				
				9.0	7.2	4.4	4.2	5.7	5.1	4.8	7.1	6.1	5.4	Decreased, 1999-2017	Decreased, 1999-2003 No change, 2003-2017	No change
															No change, 2005-2017	
		tage of s knife, o										ty			No change, 2003-2017	
												rty 7.8	7.5	Decreased, 1999-2017	No quadratic change	No change
(such a QN17:	s a gun,	knife, o	r club, c	one or m 9.5	ore time 11.0	es during 9.7	g the 12 7.9	months 6.9	before the 8.8	he surve 8.5	ey) 6.8	7.8	7.5	Decreased, 1999-2017		No change
(such a QN17:	s a gun, Percent	knife, o	r club, c	one or m 9.5	ore time 11.0	es during 9.7	g the 12 7.9	months 6.9	before the 8.8	he surve 8.5	ey) 6.8	7.8	7.5	Decreased, 1999-2017 Decreased, 1999-2017	No quadratic change	
(such a QN17: before QN18:	s a gun, Percent the surv Percent	knife, o	r club, c	9.5 who we 45.9 who we	ore time 11.0 re in a p 43.1 re in a p	9.7 9.7 hysical 42.2	g the 12 7.9 fight (or 36.7	months 6.9 ne or mo 38.4	before the second secon	he surve 8.5 s during 33.9	6.8 the 12 m 32.4	7.8 nonths 25.4				No change No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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njury a	nd Vio	lence		Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percen d not wa		students	who we	re ever j	physical	ly force	d to hav	e sexual	intercou	urse (wh	en				
					6.4	5.0	4.8	4.5	5.8	4.6	5.4	4.4	3.4	Decreased, 2001-2017	No quadratic change	No change
THEV WE	ere datir	ig or go	ing out v	vith to d	o sexual	unings	countin	g such t	nings as	KISSING.	TOUCOIN					
being p during	the 12 n	nonths b	efore th	e sexual e survey	intercou	rse] that	t they di		ant to, of	ne or mo	ore times	5				
being p during	the 12 n	nonths b		e sexual e survey	intercou	rse] that	t they di		ant to, of	ne or mo	ore times	5	3.2	Decreased, 2013-2017	Not available [§]	No change
being p during the 12 r QN22: purpose into sor	Percen e by son nething yey, amo	tage of s neone th	efore th	e sexual e survey y) who exp dating o an obje	intercou , among perience or going ct or we	d physic out with apon] on	t they di s who d cal datin n [count ne or mo	g violen ing such	ant to, or went our ce (bein a things a s during	ne or mo t with so g physic as being the 12 r	8.4 cally hur hit, slar	5.7 t on nmed before	3.2	Decreased, 2013-2017	Not available [§]	No change

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	and Vio			Healt	h Risk	Behavio	or and F	Percenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
			students	who we	re bullie	ed on scl	hool pro	operty (e	ver duri	ng the 1	2 month	s				
belore	the surv	(ey)							12.7	13.8	16.6	13.6	11.2	No linear change	Not available [§]	No change
			students ebook, o													
													7.6	No linear change	Not available	No change
QN25:	, Instagr Percen	ram, Fac		or other who fel	social m	hopeless	ver durin	ng the 12	day for 2	s before >=2 wee	the surv 9.4 eks in a r	ey) 7.3	7.6	No linear change	Not available	No change
QN25:	, Instagr Percen	ram, Fac	students	or other who fel	social m	hopeless	ver durin	ng the 12	day for 2	s before >=2 wee	the surv 9.4 eks in a r	ey) 7.3	7.6	No linear change Decreased, 1999-2017	Not available No quadratic change	No change No change
QN25: that the QN26:	, Instagr Percen ey stoppe Percen	ram, Fac	students some u	who fel sual act 21.1	social m t sad or ivities, e 21.3	hopeless ever duri 21.0	ver durin s (almos ing the 1 19.9	ng the 12 st every of 12 montl 18.4	day for 2 ns before 20.2	s before =2 wee e the sur 19.2	9.4 9.4 eks in a r evey) 15.7	ey) 7.3 ow so 15.3				

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Trend Analysis Report

				Healt	h Risk l	Behavio	r and P	ercenta	ges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		tage of s the surv		who ma	de a pla	n about	how the	y would	attempt	t suicide	e (during	the 12				
			-) /	8.5	10.3	9.2	8.8	7.8	7.4	8.7	7.5	7.2	8.0	No linear change	No quadratia abanga	No change
						, ·=				0.7	7.5	1.2	8.9	No linear change	No quadratic change	No change
			tudents	who atte							2 months		0.9	No mear change	No quadratic change	No change
	Percent he surv		tudents	who atte			one or n		es durin	g the 12			4.9	No linear change	No quadratic change	No change
before r QN29:	he surv	ey) tage of s		4.4 who had	empted s 5.3 I a suició	suicide (5.5 de attem	one or n 5.7 pt that r	nore tim 4.7 esulted i	es durin 5.0 in an inj	g the 12 6.7 ury, poi	2 months 5.7 soning,	4.8				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Fobacco) Use			Healt	h Risk I	Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN30:	Percen	tage of s	students	who eve	er tried c	cigarette	smokin	g (even	one or t	wo puffs	5)	-				
				69.2	65.0	60.5	53.3	52.0	44.8	46.2	39.4	29.8	23.7	Decreased, 1999-2017	Decreased, 1999-2013 Decreased, 2013-2017	Decreased
QN32: before t			students	who cu	rently s	moked c	cigarette	s (on at	least 1 d	ay durir	ng the 30) days				
				31.1	24.7	21.8	19.7	20.7	18.7	17.3	15.6	10.3	7.2	Decreased, 1999-2017	Decreased, 1999-2013 Decreased, 2013-2017	No change
			e of stud ore the s		o currer	ntly smo	ked ciga	rettes fr	equently	v (on 20	or more	e days				
				17.4	13.6	11.2	9.4	8.5	7.6	7.9	6.0	5.0	2.8	Decreased, 1999-2017	No quadratic change	No change
		Percent ore the	age of st survey)	tudents v	who curi	rently sn	noked ci	garettes	daily (c	on all 30	days du	iring				
	J		57	14.2	10.7	9.5	7.9	6.6	6.0	5.2	4.5	3.2	2.7	Decreased, 1999-2017	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

Male Fobacco	o Use			Healt	th Risk	Behavio	or and P	Percenta	iges					Linear Change*	Quadratic Change*	Change from
																2015-2017 *
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
e-cigars	s, e-pipe		pipes, va	aping pe	ens, e-ho						-cigarett JOY, Vı					
												40.0	20 7	N. 1. 1	Not available [§]	No change
e-cigare	ettes, e-o	tage of s	-pipes, v	ape pip	es, vapi	ng pens,	e-hook	ahs, and	hookah	pens [si	uch as bl	42.2	39.7	No linear change	Not available.	No change
e-cigare NJOY,	ettes, e-o	cigars, e MarkTen	-pipes, v	ape pip	es, vapi	ng pens,	e-hook	ahs, and	hookah	pens [si	ng uch as bl e 30 day	lu,	14.8	Decreased, 2015-2017	Not available	Decreased
e-cigare NJOY, before t QN38:	ettes, e-o Vuse, N the survo Percent	cigars, e MarkTen ey) tage of s	-pipes, v , Logic,	vape pip Vapin 1	es, vapi Plus, eG	ng pens, o, and F	, e-hooka Ialo], on	ahs, and at least	hookah 1 day d	pens [suuring the	uch as bl	lu, 75 26.8				
e-cigare NJOY, before t QN38:	ettes, e-o Vuse, N the survo Percent	cigars, e MarkTen ey)	-pipes, v , Logic,	vape pip Vapin 1	es, vapi Plus, eG	ng pens, o, and F	, e-hooka Ialo], on	ahs, and at least	hookah 1 day d	pens [suuring the	uch as bl e 30 day	lu, 75 26.8				
e-cigare NJOY, before t QN38: least 1 o QNTB2	ettes, e-o Vuse, N the surv Percent day duri	cigars, e MarkTen ey) tage of s ing the 3	-pipes, v , Logic, tudents 0 days b	who curbefore the 21.7	es, vapi Plus, eG rrently s ne surve 18.3	mg pens, o, and F moked o y) 15.6	, e-hooka Ialo], on Cigars (c 15.6	ahs, and a at least igars, ci 17.7	hookah 1 day d garillos, 14.5	or little	uch as bl e 30 day	lu, 's 26.8 on at 13.3	14.8	Decreased, 2015-2017	Not available	Decreased

Delaware High School Survey

Trend Analysis Report

Male Alcohol	and Ot	ther Dr	ug Use													
				Healt	th Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percen their life		students	who eve	er drank	alcohol	(at leas	t one dri	nk of alo	cohol, o	n at leas	t 1 day				
				80.5	77.2	76.0	74.3	74.2	68.5	68.7	65.2	55.2	54.1	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	No change
QN41: few sip		tage of	students	who ha	d their f	irst drinl	c of alco	hol befo	ore age 1	3 years	(other th	nan a				
				35.6	34.4	32.5	30.9	27.8	23.6	26.1	23.3	16.2	17.8	Decreased, 1999-2017	No quadratic change	No change
				who cur the surve		lrank alc	ohol (at	least on	e drink	of alcoh	ol, on at	least 1				
				46.7	47.8	43.7	43.4	44.6	41.3	38.8	35.6	27.4	27.1	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	No change
QN46:	Percen	tage of	students	who eve	er used 1	marijuar	ia (one c	or more	times du	ring the	ir life)					
				51.6	51.5	50.3	46.0	46.5	43.5	47.7	46.1	41.6	42.9	Decreased, 1999-2017	No quadratic change	No change
QN47:	Percen	tage of	students		U	uana for				•						
				14.7	18.0	16.2	15.3	12.8	14.2	13.9	12.8	10.4	9.7	Decreased, 1999-2017	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

Alcohol and	Other Di	rug Use	Healt	th Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991 199	3 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN48: Per- before the s		students	who cui	rrently u	sed mar	ijuana (e	one or n	nore time	es during	g the 30	days				
			33.5	30.7	29.5	25.2	28.4	26.7	28.2	28.1	23.1	26.0	Decreased, 1999-2017	No quadratic change	No change
or freebase,	one or mo	ore times	during t 7.3	heir life 6.8) 8.3	7.2	7.7	6.5	6.9	5.4	5.2	3.5	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
QN49: Per or freebase, QN51: Per one or more	one or mo	students	during t 7.3 who eve	heir life 6.8) 8.3	7.2	7.7	6.5	6.9	5.4	5.2	3.5	Decreased, 1999-2017		No change
or freebase, QN51: Per	one or mo	students	during t 7.3 who eve	heir life 6.8) 8.3	7.2	7.7	6.5	6.9	5.4	5.2	3.5	Decreased, 1999-2017 No linear change		No change No change
or freebase, QN51: Per	centage of times dur	students students	during t 7.3 who even life) 3.5 who even	heir life 6.8 er used l 3.7 er used i) 8.3 neroin (a 3.2 netham	7.2 also calle 3.8	7.7 ed "smao 3.1	6.5 ck," "jur 2.7	6.9 hk," or "(4.2	5.4 China W 4.0	5.2 /hite," 3.3			Decreased, 2011-2017	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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				Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percent their life		students	who eve	er used e	ecstasy (also call	led "ME	OMA," o	ne or m	ore time	s				
						9.4	7.5	6.8	7.1	8.2	7.0	5.5	3.7	Decreased, 2003-2017	No quadratic change	No change
weed,"											Spice," " luring th					
weed,"													5.3	Decreased, 2015-2017	Not available [§]	Decreased
weed," life) QN55:	"King k Percent	Kong," " tage of s	Yucatan	Fire," '	'Skunk,'	or "Mo	on Rock	ks," one	or more	times d		eir 8.3	5.3	Decreased, 2015-2017	Not available [§]	Decreased
weed," life) QN55:	"King k Percent	Kong," " tage of s	Yucatan	Fire," '	'Skunk,'	or "Mo	on Rock	ks," one	or more	times d	luring th	eir 8.3	5.3	Decreased, 2015-2017 Decreased, 1999-2017	Not available [§] No quadratic change	Decreased No change
weed," life) QN55: one or p QN57:	"King F Percent more tin	Kong," " tage of s nes duri tage of s	Yucatan students ng their	who eve life) 3.9 who eve	'Skunk,' er took s 7.2 er injecto	teroids 4.3 ed any il	without 3.7 legal dr	a doctor 4.5	or more 's presci 4.6	e times d	luring th	eir 8.3 shots, 3.1				

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	unu o	ther Dr	ig Use	Healt	h Risk I	Behavio	r and P	ercenta	ges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
N58:				who we		ed, sold,	or giver	n an illeg	gal drug	on scho	ol prope	erty				
	, the 12															

Delaware High School Survey

Male Sexual 1	Behavio	ors		Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN59:	Percen	tage of s	students	who eve	er had se	exual int	ercourse	e				1	-			
				58.2	56.1	58.5	58.6	61.7	57.9	60.8	51.4	49.2	46.9	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
QN60:	Percen	tage of s	students	who had	l sexual	intercou	urse for	the first	time bet	fore age	13 years	5				
				13.7	15.0	15.9	16.9	14.5	13.4	13.7	8.6	10.9	5.4	Decreased, 1999-2017	No change, 1999-2005 Decreased, 2005-2017	Decreased
QN61:	Percen	tage of s	students	who had	l sexual	intercou	urse with	n four or	more p	ersons d	uring th	eir life				
				23.3	20.9	23.3	22.1	27.3	23.9	26.5	19.5	16.4	16.9	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
			students g the 3 r					tive (had	l sexual	intercou	rse with	at				
				41.3	39.9	40.7	38.6	44.3	41.5	42.7	34.3	31.6	32.0	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change

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Trend Analysis Report

				Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		tage of s vere curr				hol or us	ed drug	s before	last sex	ual inter	rcourse (among				
				27.3	27.7	30.9	26.0	26.3	28.3	24.7	24.8	26.4	26.4	No linear change	No quadratic change	No change
		tage of s ently sex			ed a con	dom dur	ing last	sexual i	ntercour	se (amo	ng stude	ents				
					ed a con 69.8	dom dur 71.0	ing last 70.8	sexual i 75.9	ntercour 69.5	rse (amo 64.1	ng stude 71.5	ents 66.3	61.8	Decreased, 1999-2017	No quadratic change	No change
who we	Percent	ently sex	tudents	tive) 72.2 who we	69.8 re ever		70.8	75.9	69.5	64.1	71.5	66.3	61.8	Decreased, 1999-2017	No quadratic change	No change
who we	Percent	ently sex	tudents	tive) 72.2 who we	69.8 re ever	71.0	70.8	75.9	69.5	64.1	71.5	66.3	61.8	Decreased, 1999-2017 No linear change	No quadratic change Not available [§]	No change No change
who we QN85: countin QN65:	Percent g tests d	tage of s lone if the tage of s	tudents hey dona	tive) 72.2 who we ated blow who use	69.8 ere ever od)	71.0	70.8 r human pills befo	75.9 i immun	69.5 odeficie	64.1 ency viru	71.5 as (HIV)	66.3 (not 12.2				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

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exual I	Behavio	rs		Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
(such a	s Implar	ion or N	explano		e last se	an IUD exual inte						nt				
					,						0.4	2.5	3.8	Increased, 2013-2017	Not available [§]	No change
ÔrthoE	vra), or	birth co	ntrol rin	g (such	as Nuva	d a shot Ring) bo sexuall	efore las	st sexual								
											1.8	4.5	4.6	No linear change	Not available	No change
ParaGa (such a	rd) or in s OrthoH	nplant (s Evra), or	such as l birth co	Implano	n or Nez ng (such	d birth c xplanon) as Nuva currently	; or a sh aRing) t	ot (such before la	n as Dep 1st sexua	o-Prove	ra), pate	h				
prevent	r								/							

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last sexual int ch as Implanor a), or birth cor	last sex ch as Im ca), or bi	nplanon irth cont	or		2017			
ch as Implanoi a), or birth coi	ch as Im a), or bi	nplanon irth cont	or					
ng students w	ong stud	ents wh	o were	(54511				
			6.4	6.4	8.5	No linear change	Not available [§]	No change
revent pregna		pregnan	cy durir	g last				
								No change
)))))		

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Trend Analysis Report

			Healt	th Risk [Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991 1993	3 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QNOWT: Pody mass in															
			15.3	15.2	16.4	14.3	15.9	14.8	14.1	15.3	14.3	15.4	No linear change	No quadratic change	No change
on sex- and a	age-speci	fic refere	nce data 12.7	from th 12.9	e 2000 (17.0	CDC gro 17.4	owth cha 15.6	urts) [§] 15.3	14.9	17.2	based 18.1	17.3	Increased, 1999-2017	No quadratic change	No change
on sex- and a	age-speci	fic refere	nce data 12.7 who des	from th 12.9 scribed t	e 2000 (17.0	CDC gro 17.4 ves as sli	owth cha 15.6 ightly or	urts) [§] 15.3 very ov	14.9 verweigh	17.2 nt	18.1		, 		
QNOBESE: on sex- and a QN68: Perce	age-speci	fic refere	nce data 12.7	from th 12.9	e 2000 (17.0	CDC gro 17.4	owth cha 15.6	urts) [§] 15.3	14.9	17.2		17.3 27.0	Increased, 1999-2017 No linear change	No quadratic change No quadratic change	No change No change
on sex- and a	age-speci	fic refere	who des	scribed t 24.2	e 2000 (17.0 hemselv 26.7	CDC gro 17.4 ves as sli 25.0	owth cha 15.6 ightly or	urts) [§] 15.3 very ov	14.9 verweigh	17.2 nt	18.1		, 		

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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				Healt	h Risk [Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
times p		such as				k a can, l not count										
		57						37.9	32.1	29.8	25.2	20.7	22.6	Decreased, 2007-2017	No quadratic change	No change
times p	er day (such as				c a can, l not count			f soda o			re				
times p		such as							f soda o			re	14.5	Decreased, 2007-2017	No quadratic change	No change
times p before QNSO times p	er day (the surv DA3: P	such as ey) Percentag	Coke, Po	epsi, or s dents wł	Sprite, n		ting diet	soda or 29.8 glass o	f soda o diet pop 24.2 f soda o	23.3 r pop th	g the 7 d 17.9 ree or m	re ays 12.7 ore				No change
times p before QNSO times p	er day (the surv DA3: P er day (such as ey) Percentag	Coke, Po	epsi, or s dents wł	Sprite, n	not count	ting diet	soda or 29.8 glass o	f soda o diet pop 24.2 f soda o	23.3 r pop th	g the 7 d 17.9 ree or m	re ays 12.7 ore				No change No change
times p before QNSO times p before	er day (the surv DA3: P er day (the surv	such as ey) Percentas such as ey)	Coke, Po ge of stud Coke, Po	dents wheepsi, or s	Sprite, n no drank Sprite, n	not count	oottle, or	29.8 glass o soda or 18.3	f soda o diet pop 24.2 f soda o diet pop 14.8	23.3 r pop thr o, during 14.1	g the 7 d 17.9 ree or m g the 7 d 10.4	re ays 12.7 ore ays	14.5	Decreased, 2007-2017	No quadratic change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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									2015-2017 [†]
991 1993 1995 1997 199	9 2001 2003	2005 200	7 2009	2011	2013	2015	2017		
QNBK7DAY: Percentage of studen	ts who ate breakfa	st on all 7 day	s (during	the 7 day	ys before	e the	·		

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Trend Analysis Report

Male Physical	l Activi	ty														
				Healt	th Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
days (ir	ı any ki	nd of ph	ysical a	who we ctivity tl efore the	hat incre	ically ac eased the	tive at le eir heart	east 60 r rate and	ninutes l made t	per day hem bre	on 5 or 1 athe har	more d some				
						,				52.1	51.9	53.1	51.9	No linear change	Not available [§]	No change
activity	on at le	east 1 da	y (in an	y kind o	f physic	not part al activi 7 days b	ty that i	ncreased	l their h	nutes of eart rate	physica and ma	l de				
					U	2		-		14.5	12.0	14.1	13.6	No linear change	Not available	No change
days (ir	ı any ki	nd of ph	ysical a	tudents ctivity the	hat incre	re physic eased the	cally act eir heart	ive at le rate and	ast 60 n l made ti	ninutes p hem bre	er day o athe har	on all 7 d some				
		U	2		5	,				32.4	32.7	31.4	33.2	No linear change	Not available	No change
QN80: day)	Percen	tage of s	students	who wa	tched te	levision	3 or mo	ore hour	s per da	y (on an	average	e school				
-				46.9	45.8	47.1	45.6	40.2	39.1	38.3	36.7	28.1	23.2	Decreased, 1999-2017	Decreased, 1999-2013 Decreased, 2013-2017	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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]	Health Ri	sk Behavie	or and F	Percenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991 1993 199	5 1997 1	999 200	1 2003	2005	2007	2009	2011	2013	2015	2017			
ours per day (coun martphone, texting	ting time spen , YouTube, In	t on thing stagram, F	such as X	Kbox, Pla	yStation	1, an iPa	d or oth	er tablet,	, a				
QN81: Percentage of hours per day (coun smartphone, texting not school work, on	ting time spen , YouTube, In	t on thing stagram, F	such as X	Kbox, Pla	yStation	1, an iPa	d or oth	er tablet,	, a	46.3	Increased, 2007-2017	No quadratic change	Increased
hours per day (coun smartphone, texting	ting time spen , YouTube, In an average sc	t on things stagram, F hool day) o played o	such as X acebook, o	(box, Pla or other a	ayStation social m 32.1 ts team	n, an iPa edia, for 32.6 (countin	id or oth r someth 38.7	er tablet, ing that 42.6	, a was 38.3	46.3	Increased, 2007-2017	No quadratic change	Increased

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5 1997	1999	2001	2003										
			2003	2005	2007	2009	2011	2013	2015	2017			
of students v	who had	ever be	en told	by a doc	ctor or n	urse that	t they ha	ad asthm	a				
								26.4	26.5	25.1	No linear change	Not available [§]	No change
of students v	who got 8	8 or mo	ore hours	s of slee	p (on an	average	e school	night)					
						29.0	28.8	28.5	26.6	24.5	Decreased, 2009-2017	Not available	No change
					_		29.0	29.0 28.8	f students who got 8 or more hours of sleep (on an average school night) 29.0 28.8 28.5	f students who got 8 or more hours of sleep (on an average school night)	f students who got 8 or more hours of sleep (on an average school night) 29.0 28.8 28.5 26.6 24.5	f students who got 8 or more hours of sleep (on an average school night) 29.0 28.8 28.5 26.6 24.5 Decreased, 2009-2017	f students who got 8 or more hours of sleep (on an average school night) 29.0 28.8 28.5 26.6 24.5 Decreased, 2009-2017 Not available

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Trend Analysis Report

Male Site-Ado	ded			TT 1 /	1. D. 1.	D.1								I		
				Hean	in Kisk	Behavio	r and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
				who rep e milita		at either	of their	parents	or othe	r adults	in their	family				
	C		•		-					14.1	14.6	12.5	13.4	No linear change	Not available [§]	No change
QN95:	Percen	tage of s	students	who are	deaf or	have set	rious dif	ficulty	hearing			1.2	2.3	Increased, 2015-2017	Not available	No change
												1.2	2.5	Increased, 2013-2017	Not available	No change
QN96:	Percen	tage of s	students	who hay	ve serio	us difficu	ılty seei	ng (eve	n when	wearing	glasses)	5.0	6.6	No linear change	Not available	No change
													0.0	No mear change	Not available	No change
QN97: decision	Percen ns (beca	tage of a suse of a	students a physica	who hav al, menta	ve seriou al, or em	us difficu otional j	ulty con- problem	centratii	ng, reme	embering	g, or mal	king				
												14.7	20.5	Increased, 2015-2017	Not available	Increased
QN98:	Percen	tage of s	students	who ha	ve serio	us difficu	ulty wal	king or (climbing	g stairs		2.4	2.1	No linear change	Not available	No change
												2.4	2.1	i to inical change	i vot avallable	i vo enange

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

				Healt	th Risk	Behavio	or and I	Percenta	nges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	ting or f										ried a gu s before					
				8.5	9.0	10.0	9.3	10.4	10.2	7.3	8.8	8.2	8.2	No linear change	No quadratic change	No change
											ks they l	nad in				
		ntage of r more d										nad in 5.4	3.5	Decreased, 2013-2017	Not available ⁸	No change
a row w QN109:	vas 10 o	r more d	lrinks (v	vithin a	couple	of hours	during	the 30 da	ays befo	re the su	irvey)	5.4	3.5	Decreased, 2013-2017	Not available ⁸	No change
a row w	vas 10 o	r more d	lrinks (v	vithin a	couple	of hours	during	the 30 da	ays befo	re the su	rvey) 7.4	5.4	3.5	Decreased, 2013-2017 Decreased, 1999-2017	Not available ⁸ No change, 1999-2009 Decreased, 2009-2017	No change No change
a row w QN109: times) QN110:	: Perces	r more c	drinks (v student	s who h 5.4	ave been 5.8	of hours n pregna 6.4	during t ant or go 6.6	the 30 da tten som 6.5	neone pr 7.2	re the su egnant (6.5	7.4	5.4 nore 4.7			No change, 1999-2009	

Delaware High School Survey

fale ite-Add	led			Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN111:	Perce	ntage of	students	s who ha	ave ever	given o	r receive	ed oral s	ex			-	-			
							57.5	61.9	55.4	58.0	50.8	48.2	45.5	Decreased, 2005-2017	No change, 2005-2011 Decreased, 2011-2017	No change
QN114:	Percei	ntage of	students	s who di	rank a ca	affeinate	d drink	(such as	coffee,	tea, sod	las, pow	er	45.5	Decreased, 2005-2017		No change
drinks, e	energy	ntage of drinks o survey)	r other d	s who di Irinks w	rank a ca ith caffe	affeinate ine adde	d drink	(such as	coffee,	tea, sod	las, pow	er e 7			Decreased, 2011-2017	
drinks, e	energy	drinks o	r other d	s who di Irinks w	rank a ca ith caffe	affeinate ine adde	d drink	(such as	coffee,	tea, sod	las, pow	er	45.5	Decreased, 2005-2017 Decreased, 2015-2017		No change Decreased
drinks, e days bef QN117:	energy of fore the	drinks o survey) ntage of	r other d	lrinks w	ith caffe	eine adde	ed drink ed, one c	(such as or more	s coffee, times pe	tea, sod er day dı	las, powe	er 27.8			Decreased, 2011-2017	
drinks, e days bef QN117:	energy of fore the	drinks o survey) ntage of	r other d	lrinks w	ith caffe	eine adde	ed drink ed, one c	(such as or more	s coffee, times pe	tea, sod er day dı	las, powe	er 27.8			Decreased, 2011-2017	
QN117: nore ho QN120:	energy of fore the Percentry ours per	drinks o survey) ntage of week o	r other d	lrinks w s who pl ge) s who st	ith caffe	ent video	ed drink ed, one o o games agree th	(such as	s coffee, times pe	tea, sod er day du that are	las, power and the second s	er 27.8 , 2 or 54.3	22.2	Decreased, 2015-2017	Decreased, 2011-2017 Not available ⁸	Decreased

Delaware High School Survey

Male Site-Ado	led			Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
						their par to do w				neir fam	ily talke	d with				
ulein au	Jour wha	at they e	xpeet in		0 01 1101	10 00 w		sines to	507			58.7	57.5	No linear change	Not available [§]	No change
						ple mod one or m					themselv	ves				
												69.3	75.4	Increased, 2015-2017	Not available	Increased
QN123 physica twice a	lly or in	ntage of 1 other w	students ays whe	s who th en they I	iink peo have fiv	ple mod e or mor	erately or the drinks	or greatl s of an a	y risk h lcoholic	arming t beverage	themselv ge (once	or				
												65.5	65.8	No linear change	Not available	No change
						-	-			· ·		-				
						ple mod narijuan				arming t	themselv	ves				

Delaware High School Survey

Male Site-Add	led			Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		ntage of 1 other w									hemselv them	es				
												74.8	75.9	No linear change	Not available [§]	No change
QN126: tobacco		ntage of	students	s who re	ported p	parents f	eel it wr	ong or v	very wro	ong for t	hem to s	moke				
												84.2	81.4	No linear change	Not available	No change
QN127: one or t	: Percei wo drin	ntage of ks of an	students alcohol	s who re ic bever	ported prage nea	parents f	eel it wr y day	ong or v	very wro	ong for t	hem to l	nave				
					C		. 5					77.1	80.6	No linear change	Not available	No change
QN128: marijua		ntage of	students	s who re	ported p	parents f	eel it wr	ong or v	very wro	ong for t	hem to s	moke				
5												74.9	71.1	No linear change	Not available	No change

Delaware High School Survey

Male Site-Ado	led			Healt	h Risk]	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN129: prescrip							eel it wr	ong or v	very wro	ong for t	hem to	ıse				
preserip	, ion are	.gs (not	preserie	eu to un	biuden	,						88.6	89.1	No linear change	Not available [§]	No change
QN131: to smok			students	s who re	ported f	riends f	eel it wo	ould be v	wrong o	r very w	rong for	them				
to shok		0										63.4	64.9	No linear change	Not available	No change
QN132 to have									wrong o	r very w	rong for	them				
to nave		two urm	KS OI all	alconor		age nea		y uay				56.7	54.0	No linear change	Not available	No change
QN133			students	s who re	ported f	riends f	eel it wo	ould be v	wrong o	r very w	rong for	them				
to smok	e mariji	uana										36.8	35.0	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

e-Ad				Healt	h Risk	Behavio	or and P	ercenta	ges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
91	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Perce	ntage of	student	s who re	eported f	friends for	eel it wo	ould be v	vrong or	r very w	rong for	them				
N134		tion drug	gs (not p	rescribe	d to the	student))									

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

				Healt	th Risk	Behavio	or and H	Percenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percenta ne else)	age of st	udents v	who rare	ly or ne	ver wore	e a seat l	oelt (wh	en riding	in a ca	r driven	by				
				13.7	9.7	11.9	4.7	5.4	4.8	3.4	4.2	4.9	3.7	Decreased, 1999-2017	Decreased, 1999-2009 No change, 2009-2017	No change
1 day c	luring th	ne 30 day	students ys before ore the s	e the sur	ted or e vey, am	-mailed	while d dents wh	riving a 10 had d	car or of riven a c	her vehi ar or otl	icle (on a her vehic	at least cle				
1 day c	luring th	ne 30 day	ys before	e the sur	ted or e vey, am	-mailed ong stud	while d dents wh	riving a no had d	car or of riven a c	her vehi ar or otl	icle (on a her vehic 39.8	at least cle 33.4	47.1	No linear change	Not available [§]	Increased
1 day d during QN12:	luring th the 30 c	ne 30 day lays before tage of s	ys before	e the sur urvey) who car	vey, am	ong stud	dents wh	no had d	riven a c	ar or otl	her vehic 39.8	33.4	47.1	No linear change	Not available [§]	Increased
1 day d during QN12:	luring th the 30 c	ne 30 day lays before tage of s	ys before ore the s	e the sur urvey) who car	vey, am	ong stud	dents wh	no had d	riven a c	ar or otl	her vehic 39.8	33.4	47.1 6.3	No linear change No linear change	Not available ⁸ Increased, 1999-2009 Decreased, 2009-2017	Increased No change
1 day c during QN12: during QN13:	Percen Percen the 30 c	ne 30 day days befor tage of s days befor tage of s	ys before ore the s	who car urvey) 5.0 who car	rvey, am πied a w 4.7 πied a w	veapon (7.2 veapon c	such as 6.5	no had d a gun, k 8.0	nife, or o 9.9	ar or oth club, on 6.6	39.8 at least 5.5	33.4 1 day 6.0			Increased, 1999-2009	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

				Healt	h Risk	Behavio	or and P	ercenta	ges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN15: way to	Percen or from	tage of s	students (on at lea	who did ast 1 day	l not go y during	to schoo the 30 c	l becaus lays bef	se they fore the s	elt unsa survey)	fe at sch	ool or o	n their				
				9.9	7.2	5.1	4.9	5.0	7.2	5.4	9.2	3.9	4.6	Decreased, 1999-2017	No quadratic change	No change
		tage of s knife, o		who we	re threat		injured	with a v	veapon o	on schoo	ol proper					
				who we	re threat		injured	with a v	veapon o	on schoo	ol proper		4.2	Decreased, 1999-2017	No quadratic change	No change
(such a QN17:	s a gun,	knife, o	r club, a	who we one or m 6.7	re threat ore time 5.6	es during 5.5	injured g the 12 4.4	with a v months 4.0	veapon o before th 6.3	on schoo he surve 4.4	ol proper ey)	ty 3.8				
(such a QN17:	s a gun, Percen	knife, o	r club, a	who we one or m 6.7	re threat ore time 5.6	es during 5.5	injured g the 12 4.4	with a v months 4.0	veapon o before th 6.3	on schoo he surve 4.4	ol proper ey) 4.3	ty 3.8				
(such a QN17: before QN18:	Percen the surv Percen	knife, o tage of s rey)	r club, o students	who we one or m 6.7 who we 28.6 who we	re thread ore time 5.6 re in a p 25.2 re in a p	5.5 hysical 27.5	injured the 12 4.4 fight (or 23.9	with a v months 4.0 ne or mo 26.0	veapon o before th 6.3 re times 24.2	on schoo he surve 4.4 during 22.0	bl proper ey) 4.3 the 12 n	ty 3.8 nonths 15.9	4.2	Decreased, 1999-2017	No quadratic change Decreased, 1999-2009	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

				Healt	th Risk	Behavio	r and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percent d not wa		students	who we	ere ever j	physical	ly force	l to hav	e sexual	interco	urse (wh	ien	-			
					10.7	10.2	10.3	11.2	13.8	12.3	9.9	8.6	9.0	Decreased, 2001-2017	No change, 2001-2009 Decreased, 2009-2017	No change
	Darcon	tage of s	students	who exp	perience	d sexual	dating	violence	(heing	forced h						
they we being p during	ere datin hysicall the 12 n	ng or goi ly forced nonths b	ing out v l to have	vith to d e sexual e survey	lo sexual intercou	l things irse] that	countin they di	g such t d not wa	hings as ant to, or	kissing ne or mo	, touchir ore times omeone o	ng, or s				
being p during	ere datin hysicall the 12 n	ng or goi ly forced nonths b	ing out w l to have efore th	vith to d e sexual e survey	lo sexual intercou	l things irse] that	countin they di	g such t d not wa	hings as ant to, or	kissing ne or mo	, touchir	ng, or s	6.7	Decreased, 2013-2017	Not available [§]	No change
ey we eing p uring e 12 f N22: urpose to soi	Percent Percent e by son nething vey, amo	ng or goi ly forced nonths b before th tage of s neone th , or inju	ang out w I to have before the surve students sey were red with	with to d e sexual e survey y) who exp dating o an obje	o sexual intercou , among perience or going ect or we	l things hrse] that student d physic out with apon] on	countin they di s who d al datin t [count the or mo	g such t d not wa ated or g violen ing such ore times	hings as ant to, or went out ce (bein things a s during	kissing ne or mo t with so g physic as being the 12 r	, touchir ore times omeone o	ng, or s during 9.8 t on nmed before	6.7	Decreased, 2013-2017	Not available ^s	No change

Delaware High School Survey

Trend Analysis Report

				Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percent the surv		students	who we	re bullie	ed on scl	nool pro	perty (e	ver duri	ng the 12	2 month	s				
belote	uic sui v	cy)							18.8	19.3	20.4	18.6	17.1	No linear change	Not available [§]	No change
			students ebook, c													
													12.4	Decreased, 2013-2017	Not available	Decreased
QN25:	, Instagr Percen	tage of s		or other	social m	hopeless	er durin	g the 12	day for 2	>=2 wee	the surv 17.5 ks in a r	ey) 16.0	12.4	Decreased, 2013-2017	Not available	Decreased
QN25:	, Instagr Percen	tage of s	students	or other	social m	hopeless	er durin	g the 12	day for 2	>=2 wee	the surv 17.5 ks in a r	ey) 16.0	12.4 36.9	Decreased, 2013-2017 No linear change	Not available No quadratic change	Decreased No change
QN25: that the QN26:	, Instagr Percen ey stoppe Percen	tage of s ed doing	students some u	who fel sual act 33.3	social m t sad or ivities, e 32.3	hopeless ever duri 33.7	er durin s (almos ng the 1 35.3	g the 12 t every o 2 montl 35.7	day for > ns before 32.8	>=2 wee the sur 34.0	the surve 17.5 ks in a r vey) 30.1	ey) 16.0 ow so 32.5	-			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

				Healt	h Risk]	Behavio	or and P	ercenta	ges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		tage of s the surv		who ma	de a pla	n about	how the	y would	attempt	suicide	e (during	the 12				
				16.8	13.9	14.0	13.4	10.5	12.2	11.8	12.3	14.8	14.8	No linear change	Decreased, 1999-2011 Increased, 2011-2017	No change
		f.	<u>, 1</u> , .	1	mantad	suicide (one or r	nore tim	es durin	g the 12	2 months	5				
	Percent the surv		tudents	who atte	empted	suicide (
			tudents	who atte 10.7	8.9	11.5	8.7	7.6	10.8	8.8	8.2	10.2	9.1	No linear change	No quadratic change	No change
before QN29:	the surver	ey) tage of s	tudents	10.7 who had	8.9 1 a suici		8.7	esulted	in an inj	ury, poi	soning,		9.1	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Female Tobacc	o Use			Healt	h Risk	Behavio	or and P	ercenta	ges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN30:	Percen	tage of s	students	who eve	er tried o	cigarette	smokin	g (even	one or t	wo puffs	5)					
				71.6	65.8	64.0	56.1	51.8	50.6	46.2	35.4	30.1	21.9	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	Decreased
	Percen the surv		students	who cu	rently s	moked o	cigarette	s (on at	least 1 d	ay durir	ng the 30) days				
				33.4	23.4	25.1	22.8	19.1	19.1	18.7	12.7	9.2	5.2	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	Decreased
			e of stuc ore the s		o currer	ntly smo	ked ciga	rettes fr	equently	v (on 20	or more	days				
				18.0	12.2	12.8	9.8	8.2	7.6	7.1	3.8	2.9	0.6	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	Decreased
		Percent ore the	age of st survey)	tudents v	who cur	rently sr	noked ci	garettes	daily (c	on all 30	days du	ring				
				14.9	9.1	11.1	7.7	6.7	6.2	4.6	2.6	2.4	0.5	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Female Fobacco	o Use															
				Heal	th Risk	Behavio	or and H	Percenta	ages					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
e-cigars	s, e-pipe	tage of s es, vape ic, Vapin	pipes, v	aping pe	ens, e-ho											
	,	· · · · · · · · · · · · · · · · · · ·	,	,								38.3	35.9	No linear change	Not available [§]	No change
e-cigare	ettes, e-	tage of s cigars, e	-pipes,	vape pip	es, vapi	ng pens	, e-hook	ahs, and	l hookah	pens [s	uch as b	lu,				
e-cigare NJOY,	ettes, e- Vuse, N	cigars, e MarkTen	-pipes,	vape pip	es, vapi	ng pens	, e-hook	ahs, and	l hookah	pens [s	uch as b	lu, /s 20.2	12.6	Decreased, 2015-2017	Not available	Decreased
e-cigare NJOY, before t	ettes, e- Vuse, N he surv Percen	cigars, e MarkTen	-pipes, v a, Logic,	vape pip Vapin	es, vapi Plus, eG	ng pens to, and H	, e-hook Ialo], or	ahs, and at least	l hookah t 1 day d	pens [s uring th	uch as b le 30 day	20.2	12.6	Decreased, 2015-2017	Not available	Decreased
e-cigare NJOY, before t QN38:	ettes, e- Vuse, N he surv Percen	cigars, e MarkTen rey) tage of s	-pipes, v a, Logic,	vape pip Vapin	es, vapi Plus, eG	ng pens to, and H	, e-hook Ialo], or	ahs, and at least	l hookah t 1 day d	pens [s uring th	uch as b le 30 day	20.2	12.6	Decreased, 2015-2017 No linear change	Not available No change, 1999-2013 Decreased, 2013-2017	Decreased
e-cigard NJOY, before 1 QN38: least 1 QNTB2	ettes, e- Vuse, N he surv Percen day duri	cigars, e MarkTen rey) tage of s	students a days f student	who cu before the second secon	es, vapi Plus, eG rrently s ne surve 7.2	ng pens to, and H smoked (y) 8.5	, e-hook Halo], or cigars (c 7.0	ahs, and a at least igars, ci 7.4	f hookah t 1 day d garillos 8.6	or little 8.6	uch as b le 30 day e cigars, 8.4	20.2 on at 8.0			No change, 1999-2013	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Alcohol	and Ot	ther Dr	ug Use													
				Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percen their life		students	who ev	er drank	alcohol	(at leas	t one dri	nk of al	cohol, o	n at leas	t 1 day				
				81.3	78.2	80.8	77.4	77.3	73.7	75.2	65.4	62.4	65.3	Decreased, 1999-2017	No change, 1999-2007 Decreased, 2007-2017	No change
QN41: few sip		tage of	students	who ha	l their f	irst drinl	c of alco	hol befo	ore age 1	3 years	(other th	nan a				
				27.6	23.4	28.1	23.2	21.2	23.0	19.4	16.4	14.0	14.6	Decreased, 1999-2017	No quadratic change	No change
				who cur the surve		lrank alc	ohol (at	least on	e drink	of alcoh	ol, on at	least 1				
-	-	-		47.4	45.0	46.9	42.6	44.7	46.2	41.9	37.1	35.6	30.9	Decreased, 1999-2017	No change, 1999-2009 Decreased, 2009-2017	No change
QN46:	Percen	tage of	students	who ev	er used i	marijuar	ia (one c	or more	times du	ring the	ir life)					
				45.7	42.5	47.2	38.3	41.6	42.0	43.8	39.0	40.9	45.0	No linear change	Decreased, 1999-2005 No change, 2005-2017	No change
QN47:	Percen	tage of	students	who trie	-				-	-		47	5 1	D 1 1000 2017		N. 1
				10.4	6.6	10.5	7.3	6.6	8.5	7.0	6.1	4.7	5.1	Decreased, 1999-2017	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

		her Dru	- <u>-</u>	Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN48: before t			students	who cui	rrently u	sed mar	ijuana (o	one or n	nore time	es during	g the 30	days				
				24.2	21.8	25.0	20.5	21.5	24.7	26.5	22.9	23.2	25.6	No linear change	No quadratic change	No change
			students re times				(any for	m of coo	caine, in	cluding	powder,	crack,				
							(any form 5.3	m of coo 4.5	caine, in 4.8	cluding	powder, 2.4	crack, 2.9	2.1	Decreased, 1999-2017	No quadratic change	No change
or freeb	ase, one	e or mor	e times	during t 7.0 who eve	heir life 5.8) 6.4	5.3	4.5	4.8	3.6	-	2.9	2.1	Decreased, 1999-2017	No quadratic change	No change
QN51:	ase, one	e or mor	tudents	during t 7.0 who eve	heir life 5.8) 6.4	5.3	4.5	4.8	3.6	2.4	2.9	2.1	Decreased, 1999-2017 Decreased, 1999-2017	No quadratic change No quadratic change	No change No change
QN51: one or 1 QN52:	Percent nore tim	tage of s nes duri	e times students ng their	during t 7.0 who even life) 2.8 who even	heir life 5.8 er used l 1.6 er used i) 6.4 neroin (a 1.3 nethamp	5.3 Ilso calle 1.3	4.5 ed "smaa 1.5	4.8 ck," "jur 2.1	3.6 k," or "(1.8	2.4 China W	2.9 /hite," 1.5	-			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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				Healt	h Risk	Behavio	or and F	Percenta	ages					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percent their life		students	who eve	er used e	ecstasy (also cal	led "MI	DMA," o	one or m	ore time	s	-			
						9.6	5.8	4.5	5.7	6.0	4.2	3.5	2.2	Decreased, 2003-2017	No quadratic change	No change
weed,"	Percen "King F	tage of s Kong," "	students 'Yucatar	who eve Fire," '	er used s 'Skunk,'	synthetic or "Mo	e mariju oon Rocl	ana (also ks," one	o called or more	"K2," "S times d	Spice," " luring th	fake eir				
weed,"	Percent "King F	tage of s Kong," "	students Yucatar	who eve Fire," '	er used s 'Skunk,'	synthetic ' or "Mo	c mariju oon Rocl	ana (also ks," one	o called or more	"K2," "S times d	Spice," " luring th	fake eir 5.2	5.3	No linear change	Not available [§]	No change
weed," life) QN55:	"King F Percent	Kong," " tage of s	'Yucatar	Fire," '	'Skunk,'	or "Mo	oon Rocl	ks," one	or more	e times d	Spice," " luring th pills or s	eir 5.2	5.3	No linear change	Not available ⁸	No change
weed," life) QN55:	"King F Percent	Kong," " tage of s	'Yucatar	Fire," '	'Skunk,'	or "Mo	oon Rocl	ks," one	or more	e times d	luring th	eir 5.2	5.3	No linear change Decreased, 1999-2017	Not available [§] No quadratic change	No change No change
weed," life) QN55: one or r QN57:	Percent Percent Percent	Kong," " tage of s nes duri tage of s	Yucatar students ng their	who evo life) 2.3 who evo	'Skunk,' er took s 2.3 er inject	teroids 3.7 ed any i	without 3.0	ks," one a doctor 2.0	r's prescr 2.3	ription (j 2.5	luring th	eir 5.2 hots, 1.4				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

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			ug Use	Healt	h Risk]	Behavio	r and P	ercenta	ges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
N58:				who we		ed, sold,	or giver	n an illeg	gal drug	on scho	ol prope	erty				
	g the 12	monuis														

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Sexual 1	Behavio	ors		Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN59:	Percent	tage of s	students	who eve	er had se	exual int	ercourse	;								
				50.9	49.4	56.2	51.3	56.5	57.1	57.1	46.0	43.5	43.9	Decreased, 1999-2017	Increased, 1999-2009 Decreased, 2009-2017	No change
QN60:	Percent	tage of s	students	who had	l sexual	intercou	irse for t	he first	time bef	fore age	13 year	8				
				6.6	4.5	6.7	4.5	4.8	5.8	4.3	3.3	2.4	1.7	Decreased, 1999-2017	Decreased, 1999-2011 Decreased, 2011-2017	No change
QN61:	Percent	tage of s	students	who had	l sexual	intercou	urse with	n four or	more p	ersons d	uring th	eir life				
				16.8	12.8	17.8	15.7	16.7	18.0	17.0	10.7	8.8	8.4	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
		tage of s						ive (had	l sexual	intercou	rse with	at				
				38.6	38.4	44.6	39.8	46.5	44.2	42.9	33.6	34.3	34.7	Decreased, 1999-2017	Increased, 1999-2007 Decreased, 2007-2017	No change

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exual I	Behavio	15		Healt	h Risk	Behavio	or and F	Percenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
			students ently se			hol or us	sed drug	s before	e last sex	ual inter	rcourse ((among				
				16.5	16.4	17.5	15.7	16.1	16.0	15.9	18.4	19.2	15.1	No linear change	No quadratic change	No change
			students		ed a con	dom dui	ring last	sexual i	ntercour	rse (amo	ong stude	ents				
			students stually ac		ed a con 54.6	dom dur 54.9	-		ntercour 55.2	rse (amo 54.1	ong stude 55.8	ents 48.0	45.4	No linear change	Increased, 1999-2007 Decreased, 2007-2017	No change
who we	Percent	ently sex		tive) 50.5 who we	54.6 re ever	54.9	56.9	62.8	55.2	54.1	55.8	48.0	45.4	No linear change		No change
who we	Percent	ently sex	students	tive) 50.5 who we	54.6 re ever	54.9	56.9	62.8	55.2	54.1	55.8	48.0	45.4	No linear change No linear change		No change No change
who we QN85: countin QN65:	Percent Percent Percent Percent	tage of s done if t	students	who use	54.6 re ever od) ed birth	54.9 tested fo	56.9 or humar	62.8 n immur	55.2 nodeficie	54.1 ency viru	55.8 us (HIV)	48.0) (not 13.6			Decreased, 2007-2017	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

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Sexual I	Behavio	rs		Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
(such a	DIMP: F s Implar s who w	non or N	lexplano	n) befor	e last se							nt				
student	5 110 1	ere curr	entry se	illuliy u	01110)						2.3	4.3	7.9	Increased, 2013-2017	Not available [§]	No change
OrthoE	PARG: vra), or ncy, amo	birth co	ntrol rin	g (such	as Nuva	Ring) b	efore las	st sexual								
											7.4	7.7	6.4	No linear change	Not available	No change
ParaGa (such a	HHPL: rd) or in s OrthoF	nplant (s Evra), or	such as I birth co	mplano ontrol rii	n or Nez 1g (such	(xplanon) as Nuv); or a sh aRing) b	ot (such	n as Dep ist sexua	o-Prove	ra), patc					
			0						,		31.7	35.1	37.4	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

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	Healt	h Risk Behavi	ior and Pe	ercentage	es				Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991 1993 1995	1997 1999	2001 2003	2005	2007 2	2009 2	2011 20	13 201	2017			
		who used both					rse and				
birth control pills; an l Nexplanon); or a shot as NuvaRing) before l	UD (such as Mir (such as Depo-Pr ast sexual interco	ena or ParaGar rovera), patch (rd) or impl (such as O	lant (such rthoEvra)	n as Impl), or birtl	lanon or h control r nts who we	ing (such	10.0	No linear change	Not available [§]	No change
orth control pills; an l Nexplanon); or a shot as NuvaRing) before l currently sexually acti	UD (such as Mir (such as Depo-Pi ast sexual interco ve) tage of students	ena or ParaGar rovera), patch (ourse (to prever who did not use	rd) or impl (such as O nt pregnan e any metl	lant (such orthoEvra) icy, amon hod to pre	n as Impl), or birtl ng studen	lanon or h control r nts who we 10	ing (such re .5 9.3	10.0	No linear change	Not available ⁸	No change

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				Healt	h Risk I	Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QNOW body n	T: Peronass inde	centage ex, based	of studer d on sex-	nts who - and ag	were ov e-specif	erweigh ic refere	nt (>= 85 nce data	oth perce from th	entile bu ne 2000	t <95th CDC gr	percenti owth cha	le for arts) [§]				
				13.1	14.4	16.6	15.6	18.8	16.5	19.7	17.3	17.3	17.8	Increased, 1999-2017	Increased, 1999-2011 No change, 2011-2017	No change
									1 0 1							
			ge of stud c referen							ody mas	s index,	based				
								wth cha	urts)§	9.5	11.0 sindex,	based 13.3	12.9	Increased, 1999-2017	No quadratic change	No change
on sex-	and age	e-specifi		nce data 7.0	from th 8.6	e 2000 (9.4	CDC gro 10.4	owth cha 10.7	urts) [§] 11.6	9.5	11.0		12.9	Increased, 1999-2017	No quadratic change	No change
on sex-	and age	e-specifi	c referei	nce data 7.0	from th 8.6	e 2000 (9.4	CDC gro 10.4	owth cha 10.7	urts) [§] 11.6	9.5	11.0		12.9 39.6	Increased, 1999-2017 No linear change	No quadratic change Decreased, 1999-2009 Increased, 2009-2017	No change No change
QN68:	e and age	e-specifi	c referei	nce data 7.0 who des 36.8	from th 8.6 scribed t 35.7	e 2000 (9.4 hemselv 36.1	CDC gro 10.4 ves as sli 37.7	owth cha 10.7 ghtly or	urts) [§] 11.6 very ov	9.5 verweigh	11.0 .t	13.3		, 	Decreased, 1999-2009	
ON SEX-	e and age	e-specifi	c referen	nce data 7.0 who des 36.8	from th 8.6 scribed t 35.7	e 2000 (9.4 hemselv 36.1	CDC gro 10.4 ves as sli 37.7	owth cha 10.7 ghtly or	urts) [§] 11.6 very ov	9.5 verweigh	11.0 .t	13.3		, 	Decreased, 1999-2009	
QN68: QN69: QN76:	Percen Percen Percen	tage of s tage of s	c referen	who des 36.8 who we 58.8 who did	from th 8.6 scribed t 35.7 re trying 58.6	e 2000 (9.4 hemselv 36.1 g to lose 56.1	CDC gro 10.4 res as sli 37.7 weight 58.8 , bottle,	with cha 10.7 ghtly or 31.8 56.7 or glass	urts) [§] 11.6 very ov 32.0 56.3 of soda	9.5 rerweigh 33.6 60.8 or pop (11.0 tt 36.7 59.7 (such as	13.3 37.7 59.5	39.6	No linear change	Decreased, 1999-2009 Increased, 2009-2017	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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				Healt	h Risk	Behavio	r and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
times p		such as		dents wł epsi, or s												
								26.4	25.6	22.5	19.2	16.9	13.9	Decreased, 2007-2017	No quadratic change	No change
QNSO	DA2: P	ercentag	ge of stu	dents wi	no drank	a can, t	ottle, or	glass o	f soda o	r pop tw	vo or mo	re				
times p	DA2: P er day (the surv	such as	ge of stu Coke, P	dents wl epsi, or s	no drank Sprite, n	a can, t ot count	oottle, or ing diet	glass o soda or 19.5	f soda o diet pop 18.3	or pop tw p, during 15.2	yo or mo g the 7 d 13.5	re ays 10.8	9.6	Decreased, 2007-2017	No quadratic change	No change
times p before QNSO times p	er day (the surv DA3: P er day (such as ey) ercentag such as	Coke, P	dents when the dent the dents when t	Sprite, n	ot count	ing diet	soda or 19.5 glass o	diet pop 18.3 f soda o	p, during 15.2 or pop th	g the 7 d 13.5 ree or m	ays 10.8 ore	9.6		No quadratic change	No change
times p before QNSO times p	er day (the surv DA3: P	such as ey) ercentag such as	Coke, P	epsi, or s	Sprite, n	ot count	ing diet	soda or 19.5 glass o	diet pop 18.3 f soda o	p, during 15.2 or pop th	g the 7 d 13.5 ree or m	ays 10.8 ore	9.6		No quadratic change	No change No change
times p before QNSO times p before	er day (the surv DA3: P er day (the surv	such as ey) fercentag such as ey)	Coke, P ge of stu Coke, P	epsi, or s	Sprite, n no drank Sprite, n	a can, t ot count	ing diet oottle, or ing diet	soda or 19.5 glass o soda or 11.8	18.3 f soda o diet pop 12.2	p, during 15.2 or pop th p, during 10.5	g the 7 d 13.5 ree or m g the 7 d 7.3	ays 10.8 ore ays		Decreased, 2007-2017		

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				Healt	th Risk	Behavio	r and P	ercenta	ges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
· .		Percent	age of s	tudents	who ate	breakfas	st on all	7 days (during t	the 7 day	ys before	e the				
urvey)									29.5	29.1	37.3	35.4	33.3	Increased, 2009-2017	Not available [§]	No change

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Trend Analysis Report

Female Physical	l Activi	ty														
				Healt	th Risk	Behavio	or and P	Percenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
days (ir	n any ki	nd of ph		ctivity th	nat incre	ically ac eased the										
or the t		ing the	, augs of		, survey	,				35.1	31.5	33.3	34.9	No linear change	Not available [§]	No change
activity	on at le	east 1 da	y (in an	y kind o	f physic	not part al activi 7 days b	ty that i	ncreased	l their h	nutes of eart rate	physica and ma	l de				
					U	·				21.5	25.8	22.9	20.2	No linear change	Not available	No change
days (ir	n any ki	nd of ph	age of s sical a days b	ctivity th	nat incre	re physic eased the	cally act ar heart	ive at le rate and	ast 60 n l made ti	ninutes p hem bre	er day o athe har	on all 7 d some				
		-	-							17.6	14.8	17.6	16.8	No linear change	Not available	No change
QN80: day)	Percen	tage of s	students	who wa	tched te	levision	3 or mo	ore hour	s per da	y (on an	average	school				
				38.9	35.9	43.9	43.3	38.6	36.5	36.3	31.1	27.2	23.8	Decreased, 1999-2017	No change, 1999-2005 Decreased, 2005-2017	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	He	alth Risk	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991 1993 1995	5 1997 199	2001	2003	2005	2007	2009	2011	2013	2015	2017			
hours per day (countismartphone, texting,	ng time spent o YouTube, Insta	n things s gram, Fac	uch as X	box, Pla	yStatior	1, an iPa	d or oth	er tablet,	, a				
QN81: Percentage o hours per day (counti smartphone, texting, not school work, on a	ng time spent o YouTube, Insta	n things s gram, Fac	uch as X	box, Pla	yStatior	1, an iPa	d or oth	er tablet,	, a	43.6	Increased, 2007-2017	No quadratic change	Increased
hours per day (counti smartphone, texting,	ing time spent of YouTube, Insta an average scho f students who	n things s gram, Fac ol day) blayed on	uch as X zebook, c at least c	box, Pla or other s	yStation social m 23.4 ts team (n, an iPa edia, for 22.1 (countin	id or other r someth 30.7	er tablet, ing that 37.2	, a was 32.7	43.6	Increased, 2007-2017	No quadratic change	Increased

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Female Other				Healt	h Risk]	Behavio	or and P	ercenta	ges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN87:	Percen	tage of s	students	who had	l ever be	een told	by a doc	tor or n	urse that	t they ha	d asthm	a				
											25.3	24.4	23.4	No linear change	Not available [§]	No change
ON100.	Percen	tage of s	students	who got	8 or mo	ore hours	s of slee	p (on an	average	e school	night)					
QINOO.																
Q1100.									25.8	25.3	24.3	22.0	23.2	No linear change	Not available	No change
QN89:		tage of sore the s		who des	cribed t	heir grad	des in sc	hool as					23.2	No linear change	Not available	No change

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Female Site-Ado	ded															
				Healt	th Risk	Behavio	r and P	ercenta	iges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
				who rep ne militar		at either	of their	parents	or othe	r adults	in their	family				
										15.4	14.5	10.5	12.7	No linear change	Not available [§]	No change
QN95:	Percen	tage of s	students	who are	e deaf or	have se	rious dif	ficulty	hearing			2.0	1.4	Na linear den er	Not available	No show or
												2.0	1.4	No linear change	Not available	No change
QN96:	Percen	tage of s	students	who ha	ve seriou	us difficu	ılty seei	ng (eve	n when	wearing	glasses)					
												8.9	9.4	No linear change	Not available	No change
QN97: decision	Percenns (beca	tage of s use of a	tudents physica	who haval, menta	ve seriou al, or em	us difficu otional j	ilty con problem	centratii	ng, reme	embering	g, or ma	king				
												21.4	28.5	Increased, 2015-2017	Not available	Increased
QN98:	Percen	tage of s	students	who ha	ve seriou	us difficu	ulty wall	king or	climbing	g stairs		2.6	27	Na linear den er	Net and lable	Nasharaa
												3.6	2.7	No linear change	Not available	No change

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				Healt	th Risk	Behavio	or and I	Percenta	ages					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	ting or f										rried a gu s before					
				1.2	0.8	1.5	1.4	1.5	1.9	1.3	1.6	1.1	1.7	No linear change	No quadratic change	No change
											ks they l	nad in				
										olic drin ore the su		nad in 1.1	1.7	No linear change	Not available ⁸	No change
a row w 2N109:	vas 10 o	r more c	drinks (v	within a	couple	of hours	during	the 30 da	ays befo	ore the su	urvey)	1.1	1.7	No linear change	Not available [§]	No change
a row w	vas 10 o	r more c	drinks (v	within a	couple	of hours	during	the 30 da	ays befo	ore the su	urvey) 2.4	1.1	1.7 2.8	No linear change Decreased, 1999-2017	Not available ⁸ No change, 1999-2011 Decreased, 2011-2017	No change No change
QN109: imes)	: Percer	r more c	drinks (v ⁷ student ⁷ student	within a s who ha 10.7	ave been 7.0	of hours n pregna 9.1	during t ant or go 7.7	the 30 da otten son 8.8	neone pr 9.9	regnant (9.0	2.4	1.1 nore 4.9			No change, 1999-2011	

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ite-Add	led			Healt	h Risk i	Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN111:	Percei	ntage of	student	s who ha	ave ever	given o	r receive	ed oral s	ex			-				
							50.1	53.5	54.0	55.7	44.6	42.7	46.3	Decreased, 2005-2017	Increased, 2005-2009	No change
													1010		Decreased, 2009-2017	
											las, powe	er			Decreased, 2009-2017	
lrinks, e	energy of		r other c								las, powe	er			Decreased, 2009-2017	
lrinks, e	energy of	drinks o	r other c									er	22.9	No linear change	Decreased, 2009-2017 Not available ⁸	No change
drinks, o days bet QN117:	energy of fore the	drinks o survey)	r other c	lrinks w s who pl	ith caffe	eine adde	ed, one o	or more	times pe	er day dı		er 22.0		No linear change		No change
drinks, o days bet QN117:	energy of fore the	drinks o survey)	r other c	lrinks w s who pl	ith caffe	eine adde	ed, one o	or more	times pe	er day dı	uring the	er 22.0		No linear change No linear change		No change No change
rinks, days bei 2001 2001 2001 2001 2001 2001 2001 200	Percer Percer	drinks o survey) ntage of week o	r other c	lrinks w s who pl ge) s who st	ith caffe	ent video	o games	or more (such as	times pe	er day du	uring the	er 22.0 , 2 or 8.8	22.9		Not available [§]	

Delaware High School Survey

Trend Analysis Report

Female Site-Add	led			Healt	h Risk	Behavio	or and P	ercenta	nges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN121: them ab						heir par				eir fam	ily talke	d with				
												67.7	67.8	No linear change	Not available [§]	No change
QN122: physica	: Percei lly or in	ntage of other w	student ays wh	s who th en they	ink peo smoke o	ple mod	erately o ore pack	or greatl s of cig	y risk h arettes p	arming t er day	hemselv	ves 🛛				
				•			•	C		Ĩ		73.3	82.8	Increased, 2015-2017	Not available	Increased
QN123: physica twice a	lly or in	ntage of 1 other w	student ays wh	s who th en they l	iink peo have fiv	ple mod e or moi	erately or e drinks	or greatl of an a	y risk h lcoholic	arming t bevera	hemselv ge (once	ves or				
												75.6	80.0	No linear change	Not available	No change
						ple mod narijuan				arming t	hemselv	ves				
												47.3	40.7	Decreased, 2015-2017	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Delaware High School Survey

Female Site-Ado	led			Healt	h Risk I	Behavio	r and P	ercenta	iges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
						ple mod cription						res				
												83.9	85.6	No linear change	Not available [§]	No change
QN126: tobacco		ntage of	student	s who re	ported p	parents f	eel it wr	ong or v	very wro	ong for t	them to s	smoke	· · · · · ·			
looueeo												91.4	91.0	No linear change	Not available	No change
						parents f rly every		ong or v	very wro	ong for t	them to l	nave				
					2		2					89.3	89.0	No linear change	Not available	No change
QN128 marijua		ntage of	student	s who re	ported p	parents f	eel it wr	ong or v	very wro	ong for t	hem to s	smoke				
-												84.3	77.3	Decreased, 2015-2017	Not available	Decreased

Delaware High School Survey

Female Site-Ade	led			Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
		ntage of 1gs (not					eel it wi	ong or v	very wro	ong for	them to	use				
preserry	, and and	ago (1101	preserie		e staden)						93.0	94.2	No linear change	Not available [§]	No change
QN131 to smok		ntage of	students	s who re	ported f	riends f	eel it wo	ould be v	wrong o	r very w	rong for	r them				
10 3110												73.6	73.3	No linear change	Not available	No change
QN132	: Percei	ntage of two drin	students	s who re	ported f	riends fo	eel it wo	ould be v	wrong o	r very w	rong for	r them				
		un un	ks of all	arconor		uge nea		, uuy				68.4	65.2	No linear change	Not available	No change
QN133 to smok		ntage of	students	s who re	ported f	riends f	eel it wo	ould be v	wrong o	r very w	rong for	r them				
												45.2	37.4	Decreased, 2015-2017	Not available	Decreased

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Trend Analysis Report

991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017															
		2017	2015	2013	2011	2009	2007	2005	2003	2001	1999	1997	1995	1993	991
2N134: Percentage of students who reported friends feel it would be wrong or very wrong for them o use prescription drugs (not prescribed to the student)			them	rong fo	r very w	wrong or	ould be v	eel it wo	friends f	eported f	s who re	students	tage of	Percer	N134:

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

	and Vio			Healt	th Risk	Behavio	or and H	Percenta	ages					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percenta ne else)	age of st	udents v	vho rare	ly or ne	ver wore	e a seat l	belt (wh	en riding	g in a ca	r driven	by				
				15.2	13.0	13.4	5.7	5.4	3.9	3.5	3.9	3.8	2.9	Decreased, 1999-2017	Decreased, 1999-2009 No change, 2009-2017	No change
1 day d	uring th	ne 30 day	students ys before ore the s	e the sur												
1 day d	uring th	ne 30 day	ys before	e the sur									43.9	No linear change	Not available [¶]	No change
1 day d during QN12:	uring th the 30 d Percen	ne 30 day lays before tage of s	ys before	e the sur urvey) who car	rvey, am	iong stu	dents wh	no had d	riven a c	car or ot	her vehi 45.2	cle 39.7	43.9	No linear change		No change
1 day d during QN12:	uring th the 30 d Percen	ne 30 day lays before tage of s	ys before ore the s	e the sur urvey) who car	rvey, am	iong stu	dents wh	no had d	riven a c	car or ot	her vehi 45.2	cle 39.7	43.9	No linear change No linear change		No change No change
1 day d during QN12: during QN13:	Percen Percen the 30 d	tage of s tage of s tage of s	ys before ore the s	who can urvey) who can urvey) 14.5 who can	rried a w 14.5	veapon (16.1 veapon c	such as 16.9	no had d a gun, k 17.4	riven a c nife, or 16.6	club, on 14.4	her vehi 45.2 at least 16.1	cle 39.7 1 day 15.2			Not available [¶]	

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Trend Analysis Report

				Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
		tage of s								fe at sch	iool or o	n their				
				8.7	6.1	4.3	3.9	4.0	6.2	3.5	7.7	3.5	4.4	Decreased, 1999-2017	Decreased, 1999-2003 No change, 2003-2017	No change
															8,	
		tage of s knife, o										ty				
												ty 4.2	4.8	Decreased, 1999-2017	No quadratic change	No change
(such a	s a gun,	knife, o	r club, c	one or m 7.6	ore time 7.6	es during 7.7	g the 12 6.2	months 5.0	before the 5.4	he surve 4.3	ey) 4.6	4.2	4.8	Decreased, 1999-2017		No change
(such a QN17:	s a gun, Percent	knife, o	r club, c	one or m 7.6	ore time 7.6	es during 7.7	g the 12 6.2	months 5.0	before the 5.4	he surve 4.3	ey) 4.6	4.2	4.8	Decreased, 1999-2017 Decreased, 1999-2017		No change No change
(such a QN17: before QN18:	Percent Percent Percent	knife, o	students	7.6 who we 35.3 who we	ore time 7.6 re in a p 32.5 re in a p	7.7 7.7 ohysical 33.7	g the 12 6.2 fight (or 28.8	months 5.0 ne or mo 28.8	5.4 5.4 ore times 26.7	he surve 4.3 s during 23.9	4.6 the 12 n 19.8	4.2 nonths 15.1			No quadratic change Decreased, 1999-2009	

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

njury a	and Vio	lence		Healt	th Risk [Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percent d not wa		students	who we	ere ever	physical	ly force	d to hav	e sexual	interco	urse (wh	en				
					7.5	6.3	7.7	6.5	8.4	7.2	6.5	5.9	5.0	Decreased, 2001-2017	No change, 2001-2009 Decreased, 2009-2017	No change
ONDI	Percent		students	who exp	perience	d sexual	dating	violence	heing	forced h						
they we being p during	ere datin hysicall the 12 n	ly forced nonths b	ing out v d to have before th he surve	vith to d e sexual e survey	lo sexual intercou	l things irse] tha	[countin t they di	g such t d not wa	hings as ant to, or	s kissing ne or mo	, touchir	ng, or S				
they we being p during	ere datin hysicall the 12 n	ly forced nonths b	ing out v d to have before th	vith to d e sexual e survey	lo sexual intercou	l things irse] tha	[countin t they di	g such t d not wa	hings as ant to, or	s kissing ne or mo	, touchir	ng, or S	4.7	Decreased, 2013-2017	Not available¶	Decreased
they we being p during t the 12 r QN22: purpose into sor	Percent e by son months Percent e by son mething vey, amo	ly forced nonths b before th tage of s neone th s, or inju	ing out v d to have before th	with to d e sexual e survey y) who exp dating o an obje	o sexual intercou , among perience or going ect or we	l things urse] that g student ed physic out with eapon] or	[countin t they di ts who d cal datin h [count ne or mo	g such t d not wa ated or g violen ing such ore time	hings as ant to, ou went out ce (bein a things a s during	s kissing ne or mo t with so ng physic as being the 12 r	, touchir pre times pmeone of 8.6 cally hur thit, slar nonths b	ng, or during 8.1 t on nmed before	4.7	Decreased, 2013-2017	Not available¶	Decreased

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Trend Analysis Report

ujurya	and Vio	nence		Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change †	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percent the surv	tage of s	students	who we	re bullie	ed on scl	nool pro	perty (e	ver duri	ng the 1	2 month	s				
		- 57							18.2	19.3	21.5	18.9	15.4	No linear change	Not available [¶]	No change
		itage of s														
		tage of s ram, Fac											12.4	Decreased, 2013-2017	Not available	No change
QN25:	, Instagr Percen		students	or other	social m	hopeless	er durin	g the 12	ay for 2	>=2 wee	the surv 17.3 ks in a r	ey) 13.7	12.4	Decreased, 2013-2017	Not available	No change
QN25:	, Instagr Percen	ram, Fac	students	or other	social m	hopeless	er durin	g the 12	ay for 2	>=2 wee	the surv 17.3 ks in a r	ey) 13.7	12.4 26.9	Decreased, 2013-2017 No linear change	Not available No quadratic change	No change Increased
QN25: that the QN26:	, Instagr Percen ey stoppe Percen	ram, Fac	students some u	who fel sual act 25.1	social m t sad or ivities, e 24.6	hopeless ever duri 28.0	s (almosing the 1 27.7	g the 12 t every o 2 montl 26.2	day for > ns before 24.3	s before =2 wee e the sur 24.0	the surv 17.3 ks in a r vey) 23.5	ey) 13.7 ow so 21.6				

Delaware High School Survey

				Healt	th Risk	Behavio	or and P	ercenta	nges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
-		tage of s the surv		who ma	ide a pla	in about	how the	y would	l attemp	t suicide	e (during	the 12				
montins	berore	the surv	cy)	13.6	12.3	13.1	12.7	9.0	8.3	7.6	9.5	10.8	11.9	Decreased, 1999-2017	Decreased, 1999-2011	No change
				15.0	12.5	15.1	12.7	2.0	0.5	7.0).5	10.8	11.9	Decreased, 1999-2017	Increased, 2011-2017	No change
		tage of s	students			-	-	-					11.9	Decleased, 1999-2017		No change
	Percent he surve		students			-	-	-					5.9	Decreased, 1999-2017 Decreased, 1999-2017		No change
QN29:	he surv		students	who atte 7.5 who had	empted a 6.8	suicide (9.3 de atten	(one or r 7.8	nore tim 5.6 resulted	nes durin 6.0 in an inj	ng the 12 4.6 jury, poi	2 months 6.3 Isoning,	6.5			Increased, 2011-2017	

Delaware High School Survey

White* Fobacco) Use			Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change †	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN30:	Percent	tage of s	students	who eve	er tried c	cigarette	smokin	g (even	one or t	wo puffs	5)	-				
				72.4	66.7	62.5	56.3	55.9	48.8	49.0	41.0	30.9	27.2	Decreased, 1999-2017	No quadratic change	No change
	he surv			who cur 39.2	28.4	28.2	26.5	26.6	23.2	23.4	19.3	11.1	9.3	Decreased, 1999-2017	Decreased, 1999-2013 Decreased, 2013-2017	No change
		ercentage lays befo		lents wh urvey)	o currer	ntly smo	ked ciga	rettes fr	equently	v (on 20	or more	e days				
				22.5	15.5	16.0	12.9	11.5	10.0	10.9	7.0	4.0	2.5	Decreased, 1999-2017	Decreased, 1999-2013 Decreased, 2013-2017	No change
		Percentation of the second sec		tudents v	who curr	rently sr	noked ci	garettes	daily (c	on all 30	days du	iring				
				18.8	12.2	14.0	10.7	8.8	7.8	6.4	4.8	2.5	2.3	Decreased, 1999-2017	No quadratic change	No change

Delaware High School Survey

Trend Analysis Report

White* Fobacco	Use															
				Healt	th Risk	Behavio	or and F	Percenta	iges					Linear Change [†]	Quadratic Change †	Change from 2015-2017 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
				who sm fore the s)				
				16.9	16.7	17.4	17.3	7.8	13.3	5.7	8.5	7.4	3.2	Decreased, 1999-2017	No quadratic change	No change
				who eve												
e-cigars	, e-pipe	es, vape	pipes, v	who evo vaping pe eGo, and	ens, e-ho								39.7	No linear change	Not available¶	No change
e-cigars MarkTe QN35: e-cigare	, e-pipe en, Logi Percent ettes, e-o Vuse, N	es, vape ic, Vapi tage of s cigars, e MarkTer	pipes, v n Plus, e students e-pipes,	aping pe	ens, e-ho l Halo]) rrently u pes, vapi	used an e	electroni	kah pens	F [such a	(includi	JOY, V	41.0	39.7	No linear change	Not available¶	No change
e-cigars MarkTe QN35: e-cigare NJOY,	, e-pipe en, Logi Percent ettes, e-o Vuse, N	es, vape ic, Vapi tage of s cigars, e MarkTer	pipes, v n Plus, e students e-pipes,	who curve pip	ens, e-ho l Halo]) rrently u pes, vapi	used an e	electroni	kah pens	F [such a	(includi	JOY, V	41.0	39.7 15.8	No linear change Decreased, 2015-2017	Not available [¶] Not available	No change Decreased
e-cigars MarkTe QN35: e-cigare NJOY, before t QN38:	, e-pipe en, Logi Percen ettes, e-(Vuse, N he surv Percen	es, vape ic, Vapi tage of s cigars, e MarkTer rey)	pipes, v n Plus, e students e-pipes, n, Logic students	who curve pip	ens, e-hd l Halo]) rrently u pes, vapi Plus, eG rrently s	bokahs, a used an e ing pens, io, and F smoked o	and hood electroni , e-hook falo], on	c vapor ahs, and at least	s [such a product hookah 1 day d	(includi pens [s uring th	JOY, V ing uch as b e 30 day	41.0 41.0 lu, s 26.4				

Delaware High School Survey

Vhite* `obacco	o Use			Healt	h Risk I	Behavio	or and P	ercenta	ges					Linear Change [†]	Quadratic Change †	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		entage of ore the s		ts who c	urrently	smoked	l cigaret	tes or ci	gars (on	at least	1 day di	uring	-			
				44.1	32.9	31.5	30.8	30.7	26.7	28.0	24.9	15.7	13.3	Decreased, 1999-2017	Decreased, 1999-2013 Decreased, 2013-2017	No change

Delaware High School Survey

AICOIIO.	l and Ot	nei Di	ig Use	Healt	h Risk	Behavio	or and P	ercenta	ges					Linear Change [†]	Quadratic Change †	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percent their life		students	who eve	er drank	alcohol	(at least	one dri	nk of alo	cohol, o	n at leas	t 1 day				
				84.9	82.2	82.5	80.0	82.0	75.4	77.0	68.9	63.2	63.3	Decreased, 1999-2017	Decreased, 1999-2007 Decreased, 2007-2017	No change
QN41: few sig	Percent os)	tage of s	students	who had	d their f	irst drinl	c of alco	hol befo	ore age 1	3 years	(other th	nan a				
				31.9	28.5	31.8	27.5	22.8	22.0	21.2	18.2	13.8	15.4	Decreased, 1999-2017	No quadratic change	No change
	Percent ring the					lrank alc	ohol (at	least on	e drink	of alcoh	ol, on at	least 1	· · · · ·			
				53.5	52.7	52.6	50.6	54.5	49.0	46.5	42.6	34.7	33.2	Decreased, 1999-2017	No change, 1999-2007 Decreased, 2007-2017	No change
QN46:	Percent	tage of s	students	who eve	er used i	marijuar	ia (one o	r more t	imes du	ring the	ir life)					
				50.0	46.9	49.5	44.0	46.1	43.3	45.9	43.3	37.2	41.5	Decreased, 1999-2017	No quadratic change	No change
QN47:	Percent	tage of s	students		-				-	-						
				12.8	11.3	14.4	11.1	8.6	11.1	9.3	8.1	6.8	6.2	Decreased, 1999-2017	No quadratic change	No change

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Trend Analysis Report

White* Alcohol	and Ot	her Dru	ıg Use	Healt	h Risk i	Behavio	or and F	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percent the surve		tudents	who cur	rently u	ised mar	ijuana (one or m	nore tim	es durin	g the 30	days				
				30.8	26.8	28.6	25.6	27.2	27.2	29.3	26.4	20.9	22.7	Decreased, 1999-2017	No quadratic change	No change
			tudents e times				8.5	8.1	6.9	5.7	4.5	4.2	3.3	Decreased, 1999-2017	No change, 1999-2005 Decreased, 2005-2017	No change
			tudents		er used l	heroin (a	lso calle	ed "smao	ck," "jui	1k," or "	China W	/hite,"				
				3.5	2.7	2.6	3.3	2.2	1.8	2.8	3.3	1.8	1.5	Decreased, 1999-2017	No quadratic change	No change
			tudents r more t				ohetamii	nes (also	called	"speed,"	"crystal	,"				
				8.2	8.5	8.5	7.6	4.9	3.8	3.5	2.8	2.1	1.5	Decreased, 1999-2017	No change, 1999-2003	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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				Healt	th Risk	Behavio	or and H	Percenta	nges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percent their life		students	who ev	er used o	ecstasy (also cal	led "MI	OMA," o	one or m	ore time	s				
-						12.3	8.6	6.6	7.4	8.0	5.6	4.7	3.3	Decreased, 2003-2017	No quadratic change	No change
weed,"			students 'Yucatar													
weed,"													5.5	No linear change	Not available [¶]	No change
weed," life) QN55:	"King F Percent	Kong," " tage of s		h Fire," ' who eve	'Skunk,'	or "Mo	oon Roc	ks," one	or more	e times d	luring th	eir 6.3	5.5	No linear change	Not available¶	No change
weed," life) QN55:	"King F Percent	Kong," " tage of s	'Yucatar	h Fire," ' who eve	'Skunk,'	or "Mo	without	ks," one	or more	times d	pills or s	eir 6.3	5.5	No linear change Decreased, 1999-2017	Not available¶ No quadratic change	No change No change
weed," life) QN55: one or r QN57:	"King F Percent nore tim	Kong," " tage of s nes duri tage of s	'Yucatar	who evolute who evolute 3.7	'Skunk,' er took s 5.0 er inject	or "Mo steroids 5.2 ed any i	without 4.2	ks," one a doctor 3.5	or more r's prescr 2.8	ription (3.2	pills or s 3.2	eir 6.3 shots, 1.7				

Delaware High School Survey

ICONOI		ther Dru	ug Use	Healt	h Risk]	Behavio	r and P	ercenta	ges					Linear Change [†]	Quadratic Change ⁺	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
				who we		ed, sold,	or giver	n an illeg	gal drug	on scho	ol prope	erty				
				31.2	29.3	31.7	27.8	26.8	23.4	22.7	20.1	16.7	16.7	Decreased, 1999-2017	No change, 1999-2003 Decreased, 2003-2017	No change

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White* Sexual 1	Behavio	ors		Healt	h Risk i	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN59:	Percen	tage of s	students	who eve	er had se	exual int	ercourse	e								
				49.0	47.1	51.2	49.7	53.7	51.7	55.7	46.8	40.4	42.3	Decreased, 1999-2017	Increased, 1999-2011 Decreased, 2011-2017	No change
QN60:	Percen	tage of s	students	who had	l sexual	intercou	urse for t	the first	time bef	fore age	13 years	5	-			
				5.4	5.3	8.2	6.9	4.0	5.6	4.0	3.3	2.7	1.5	Decreased, 1999-2017	Increased, 1999-2003 Decreased, 2003-2017	Decreased
QN61:	Percen	tage of s	students	who had	l sexual	intercou	urse with	n four or	more p	ersons d	uring th	eir life	-			
				14.6	12.6	14.9	14.8	15.6	15.0	19.6	12.4	8.3	8.9	Decreased, 1999-2017	Increased, 1999-2011 Decreased, 2011-2017	No change
				who we nonths b				ive (had	l sexual	intercou	rse with	at				
			-	36.1	36.6	38.7	36.9	42.0	40.9	42.2	33.6	28.9	32.5	Decreased, 1999-2017	Increased, 1999-2009 Decreased, 2009-2017	No change

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Trend Analysis Report

				Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change †	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		tage of s				hol or us	sed drug	s before	last sex	ual inter	rcourse (among				
				24.2	23.7	26.3	24.1	24.3	24.8	22.4	21.9	22.8	23.1	No linear change	No quadratic change	No change
QN64: who we	Percent ere curre	tage of s ently sex	students stually ac	who use tive) 57.9	ed a con 59.1		ing last 61.7	sexual i 69.0		rse (amo 56.5	ong stude 63.3	ents 55.8	55.0	No linear change	Increased, 1999-2007	No change
QN64: who we	Percent ere curre	tage of s ently sex	students stually ac	tive)							-		55.0	No linear change	Increased, 1999-2007 Decreased, 2007-2017	No change
who we who we who we	Percent	ently sex	students	tive) 57.9 who we	59.1 re ever	58.5	61.7	69.0	61.9	56.5	-	55.8	55.0	No linear change		No change
who we QN85:	Percent	ently sex	students	tive) 57.9 who we	59.1 re ever	58.5	61.7	69.0	61.9	56.5	63.3	55.8	55.0	No linear change No linear change		No change No change
who we QN85: countin QN65:	Percent g tests of Percent	tage of s done if t	students hey dons	tive) 57.9 who we ated bloo	59.1 re ever od) ed birth	58.5 tested fo	61.7 or humar	69.0 i immun	61.9	56.5 ency viru	63.3	55.8 (not 9.3			Decreased, 2007-2017	

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White* Sexual I	3ehavio	rs		Healt	th Risk I	Behavio	or and P	ercenta	iges					Linear Change †	Quadratic Change †	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
(such as	s Implar	ion or N	lexplance		re last se	an IUD exual int						nt				
				-							2.1	5.7	6.2	Increased, 2013-2017	Not available [¶]	No change
OrthoE	vra), or	birth co	ntrol rin	g (such	as Nuva	d a shot Ring) b v sexuall	efore las	st sexual								
											3.8	5.0	5.4	No linear change	Not available	No change
ParaGa (such as	rd) or in s OrthoH	nplant (s Evra), oi	such as 1 birth co	Implano ontrol ri	n or Nez ng (such	d birth c xplanon) as Nuv currently	; or a sh aRing) t	ot (such before la	n as Dep ist sexua	o-Prove	ra), patc	h				
_		-	-			·		-			33.0	35.3	38.5	No linear change	Not available	No change

Delaware High School Survey

				Healt	h Risk	Behavio	or and F	Percenta	ages					Linear Change [†]	Quadratic Change †	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
oirth con Nexplar	ntrol pil non); or	a shot (UD (suc (such as	h as Mir Depo-P	rena or I rovera),	ParaGaro patch (s	d) or imp such as (plant (st OrthoEv	ich as Ir ra), or b	nplanon oirth con	trol ring					
birth con Nexplar	ntrol pil non); or aRing) b	a shot (before la	UD (suc (such as ist sexua	h as Mir Depo-P	rena or I rovera),	ParaGaro patch (s	d) or im	plant (st OrthoEv	ich as Ir ra), or b	nplanon oirth con	or trol ring		13.0	No linear change	Not available [¶]	No change
birth con Nexplar as Nuva currently QNBCN	ntrol pil non); or aRing) b y sexua	a shot (before la lly activ Percent	UD (suc (such as (st sexua (re) tage of s	h as Min Depo-P al interco	rena or H rovera), ourse (to who did	ParaGaro patch (s preven	d) or imj such as (t pregna	plant (su OrthoEv ncy, am	ra), or b ong stud	nplanon pirth con dents wh	or trol ring 10 were	g (such 9.8	13.0	No linear change	Not available [¶]	No change

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				Healt	h Risk	Behavio	or and P	ercenta	ges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		centage ex, based														
				12.3	13.3	14.1	14.0	14.1	13.2	16.2	13.6	13.7	15.6	Increased, 1999-2017	No quadratic change	No change
		ercentag e-specifi		nce data	from th	e 2000 (CDC gro	wth cha	urts)¶	-			12 /	Increased 1000 2017	No quadratia abanga	No obango
										ody mass 10.0	s index, 13.0	based 14.7	13.4	Increased, 1999-2017	No quadratic change	No change
on sex-	and age		ic refere	nce data 8.0	from th 8.6	e 2000 (12.7	CDC gro 11.6	wth cha 10.9	urts)¶ 11.1	10.0	13.0		13.4	Increased, 1999-2017	No quadratic change	No change
on sex-	and age	e-specifi	ic refere	nce data 8.0	from th 8.6	e 2000 (12.7	CDC gro 11.6	wth cha 10.9	urts)¶ 11.1	10.0	13.0		13.4 31.6	Increased, 1999-2017 No linear change	No quadratic change No quadratic change	No change No change
QN68:	and age	e-specifi	students	nce data 8.0 who des 29.7	from th 8.6 scribed t 31.3	e 2000 (12.7 hemselv 34.0	CDC gro 11.6 ves as sli 32.7	owth cha 10.9 ghtly or	urts) [¶] 11.1 very ov	10.0 rerweigh	13.0 nt	14.7		·		
ON SEX-	and age	e-specifi	students	nce data 8.0 who des 29.7	from th 8.6 scribed t 31.3	e 2000 (12.7 hemselv 34.0	CDC gro 11.6 ves as sli 32.7	owth cha 10.9 ghtly or	urts) [¶] 11.1 very ov	10.0 rerweigh	13.0 nt	14.7		·		
QN68: QN69: QN76:	and age Percent Percent	e-specifi	students students	who des 29.7 who we 42.7 who did	from th 8.6 scribed t 31.3 re trying 45.4	e 2000 (12.7 hemselv 34.0 g to lose 46.5	CDC gro 11.6 res as sli 32.7 weight 46.1	ghtly or 27.2 43.9 or glass	urts) [¶] 11.1 very ov 27.6 43.8 of soda	10.0 erweigh 29.1 48.6 or pop (13.0 tt 31.0 48.5 (such as	14.7 32.4 46.8	31.6	No linear change	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

¹Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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Trend Analysis Report

				Healt	h Risk	Behavio	or and P	ercenta	ges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
times p		such as				c a can, b tot count										
								33.3	28.0	25.6	22.3	17.2	19.4	Decreased, 2007-2017	No quadratic change	No change
ONSO		araanta	ro of str	dante mi	o dram!		acttla a		faodo a	r non tr	10 or mo	*0				
times p before	er day (the surv	such as ey)	Coke, P	epsi, or S	Sprite, n	c a can, t tot count	ting diet	soda or 24.9	diet pop 19.9	o, during 19.4	g the 7 d	ays 9.2	12.1	Decreased, 2007-2017	No quadratic change	No change
times p before QNSO times p	er day (the surv DA3: P er day (such as ey) Percentag such as	Coke, P	epsi, or s	Sprite, n		ting diet	soda or 24.9 r glass o	diet pop 19.9 f soda o	, during 19.4 r pop th	g the 7 d 14.7 ree or m	ays 9.2 ore	12.1	Decreased, 2007-2017	No quadratic change	No change
times p before QNSO times p	er day (the surv	such as ey) Percentag such as	Coke, P	epsi, or s	Sprite, n	tot count	ting diet	soda or 24.9 r glass o	diet pop 19.9 f soda o	o, during 19.4 r pop the o, during	g the 7 d 14.7 ree or m	ays 9.2 ore	12.1	Decreased, 2007-2017 Decreased, 2007-2017	No quadratic change	No change No change
times p before QNSO times p before	DA3: P DA3: P Per day (the surv	such as ey) Percentag such as ey)	Coke, P ge of stu Coke, P	epsi, or s dents wh epsi, or s	Sprite, n no drank Sprite, n	tot count	ting diet bottle, or ting diet	soda or 24.9 r glass o soda or 14.6	diet pop 19.9 f soda o diet pop 11.8	n, during 19.4 r pop the n, during 11.2	g the 7 d 14.7 ree or m g the 7 d 7.2	9.2 ore ays				

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				Healt	h Risk]	Behavio	r and P	ercenta	ges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
NBK (Irvey)		Percent	age of s	tudents	who ate	breakfas	st on all	7 days (during t	he 7 day	/s before	e the				
.,,									37.8	35.1	40.9	43.7	39.1	Increased, 2009-2017	Not available [¶]	No change

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Trend Analysis Report

Vhite* Physica	l Activit	ty		Healt	th Risk	Behavio	or and I	Percenta	nges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
days (in	n any kii	nd of ph		ctivity th	hat incre	ically ac eased the										
, in the t		ing the	aujoo	erore un	o sar (ey	/				45.8	43.3	47.2	47.6	No linear change	Not available [¶]	No change
activity	on at le	east 1 da	y (in an	y kind o	f physic	not part al activi 7 days b	ty that i	ncreased	l their h	eart rate	and ma	de 15.2	11.6	No linear change	Not available	No change
days (ii	1 any kii	nd of ph	age of s ysical a days b	ctivity th	hat incre	re physic eased the	cally act eir heart	tive at le rate and	ast 60 m I made ti	ninutes p hem bre	er day o athe har	on all 7 d some				
		C								26.0	23.7	25.6	27.7	No linear change	Not available	No change
QN80:	Percent	tage of s	students	who wa	tched te	levision	3 or mo	ore hour	s per da	y (on an	average	school				
day)																

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	Hea	lth Risk	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991 1993 1995	1997 1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
						-							
hours per day (counting, smartphone, texting, "	ng time spent of YouTube, Insta	things s ram, Fac	uch as X	box, Pla	yStation	1, an iPa	d or oth	er tablet	, a				
QN81: Percentage of hours per day (counti smartphone, texting, not school work, on a	ng time spent of YouTube, Insta	things s ram, Fac	uch as X	box, Pla	yStation	1, an iPa	d or oth	er tablet	, a	44.2	Increased, 2007-2017	No quadratic change	Increased
hours per day (counting, smartphone, texting,	ng time spent of YouTube, Insta n average school	i things s gram, Fac l day) layed on	uch as X eebook, c at least c	box, Pla or other s	26.2 ts team	n, an iPa edia, for 24.1 (countin	d or oth r someth 28.3	er tablet ing that 37.4	, a was 32.8	44.2	Increased, 2007-2017	No quadratic change	Increased

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				Healt	h Risk]	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN87: 1	Percent	age of s	students	who had	l ever be	een told	by a doo	ctor or n	urse tha	t they ha	ad asthm	a				
											22.1	23.6	21.8	No linear change	Not available [¶]	No change
QN88: 1	Percent	age of s	students	who got	t 8 or mo	ore hour	s of slee	p (on ar	n average	e school		23.6	21.8	No linear change	Not available [¶]	No change
QN88: 1	Percent	age of s	students	who got	: 8 or mo	ore hour	s of slee	p (on ar	average 27.2	e school 28.5		23.6 24.1	21.8 26.2	No linear change No linear change	Not available [¶] Not available	No change No change
QN88: 1 QN89: 1 12 mont	Percent	age of s	students	_					27.2	28.5	night) 28.0	24.1				

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Trend Analysis Report

White* Site-Ade	ded			Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
				who rep e milita		at either	of their	parents	or othe	r adults	in their	family				
										13.3	13.8	6.8	11.4	Decreased, 2011-2017	Not available [¶]	Increased
QN95:	Percen	tage of s	students	who are	deaf or	have ser	rious di	fficulty	hearing	:						
												1.0	1.5	No linear change	Not available	No change
QN96:	Percen	tage of s	students	who hav	ve seriou	ıs difficı	ulty seei	ng (eve	n when	wearing	glasses))				
												4.8	5.0	No linear change	Not available	No change
QN97: decision	Percen ns (beca	tage of s use of a	students	who hav al, menta	ve seriou al, or em	s difficu otional 1	ulty con problem	centratii	ng, reme	mbering	g, or ma	king				
					-			-				18.8	23.8	Increased, 2015-2017	Not available	Increased
QN98:	Percen	tage of s	students	who hav	ve seriou	ıs difficı	ulty wal	king or	climbing	g stairs	-	1.0	1.5	N 1' 1	N (111	NT 1
												1.2	1.5	No linear change	Not available	No change

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Vhite* Site-Add	ded														Quadratic Change [†] Change from	
				Healt	h Risk	Behavio	or and F	ercenta	iges					Linear Change [†]	Quadratic Change [†] Change from 2015-2017 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN99: for hunt survey)	ting or f	tage of s for a spo	tudents rt such a	who car as target	ried a g shootin	un (not ig, on at	counting least on	g the day e day du	rs when tring the	they car e 30 days	ried a gu s before	in only the				
QN106:	: Perce	ntage of	student	4.4	4.1	5.1	4.9 largest n	5.0	4.9	3.8 olic drin	5.2 ks they h	3.9 nad in	3.2	No linear change	No quadratic change No change 7 Not available [¶] No change	
QN106: a row w	: Perce	ntage of or more c	student: Irinks (v	s who re	ported t	that the	largest n	umber o	of alcoho	olic drin	ks they h		3.2	No linear change Decreased, 2013-2017		
a row w	: Perce vas 10 o	ntage of or more c ntage of	lrinks (v	s who re vithin a	eported t couple of	that the of hours	largest n during t	umber o he 30 da	of alcoho ays befo	olic drin re the su	ks they h urvey) 6.8	nad in 4.3				
a row w QN109:	: Perce vas 10 o	or more c	lrinks (v	s who re vithin a	eported t couple of	that the of hours	largest n during t	umber o he 30 da	of alcoho ays befo	olic drin re the su	ks they h urvey) 6.8	nad in 4.3				
a row w QN109: times) QN110:	: Perce vas 10 o : Perce : Perce	or more c	student:	s who revithin a swho ha	eported t couple of ave been 4.8	that the of hours n pregna 4.5	largest n during t nt or go 4.5	umber of he 30 da tten som 4.4	of alcoho ays befo neone pr 4.4	blic drini re the su egnant (5.8	ks they f irvey) 6.8 one or n 2.2	aad in 4.3 nore 2.1	4.0	Decreased, 2013-2017	Not available [¶]	No change

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Vhite* Site-Add	led			Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†] Change from 2015-2017 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN111:	Perce	ntage of	student	s who ha	ave ever	given o	r receive	ed oral s	sex							
											10 7			D 1 0005 0017	N. 1 2005 2000	No change
							55.3	57.8	55.9	58.5	49.7	44.0	46.0	Decreased, 2005-2017	No change, 2005-2009 No change Decreased, 2009-2017	
QN114:	Percer	ntage of	student	s who di	ank a ca	affeinate	ed drink	(such as	s coffee,	tea, sod	las, powe	er	46.0	Decreased, 2005-2017		
drinks, e	energy	ntage of drinks or survey)	r other d	s who di Irinks w	rank a ca ith caffe	affeinate ine adde	ed drink	(such as	s coffee,	tea, sod	las, powe	er	46.0	Decreased, 2005-2017		
drinks, e	energy	drinks of	r other d	s who di Irinks w	ank a ca ith caffe	affeinate ine adde	ed drink	(such as	s coffee,	tea, sod	las, powe	er	46.0 27.7	No linear change		No change
drinks, e days bef QN117:	energy of fore the	drinks of	r other d	lrinks w s who pl	ith caffe	eine adde	ed drink ed, one o	(such as or more	s coffee, times pe	tea, sod er day dı	las, powe	er 27 29.7			Decreased, 2009-2017	
drinks, e days bef QN117:	energy of fore the	drinks of survey) ntage of	r other d	lrinks w s who pl	ith caffe	eine adde	ed drink ed, one o	(such as or more	s coffee, times pe	tea, sod er day dı	las, powe	er 27 29.7			Decreased, 2009-2017	
drinks, e days bef QN117: more ho QN120:	energy of fore the Percentry ours per	drinks of survey) ntage of	student: student: student:	lrinks w s who pl ge) s who st	ith caffe ay viole rongly a	eine adde	ed drink ed, one o o games agree th	(such as or more (such as	s coffee, times pe	tea, sod er day du that are	las, power aring the	er 29.7 , 2 or 32.6	27.7	No linear change	Decreased, 2009-2017 Not available [¶]	No change

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White* Site-Add	led			Healt	th Risk i	Behavio	or and P	ercenta	nges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN121: them ab						heir par to do w				neir fami	ily talke	d with				
		j	I									60.3	60.1	No linear change	Not available [¶]	No change
QN122: physica						ple mod					hemselv	/es				
physica	ily of ill	i ouler v	vuys wii	en they	smoke o		ore puek	5 01 0 1g	urettes ₁	Jer duy		76.0	81.1	Increased, 2015-2017	Not available	Increased
QN123: physica twice a	lly or in					ple mod e or mor										
twice u	week)											72.7	71.4	No linear change	Not available	No change
QN124: physica						ple mod				arming t	hemselv	/es				
	-		2	5		5						44.1	36.9	Decreased, 2015-2017	Not available	Decreased

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Vhite* Site-Ado	led			Healt	h Risk I	Behavio	r and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN125 physica	Percer Percer	ntage of 1 other w	students vays who	s who th en they	iink peo use pres	ple mod	erately o drugs th	or greatl at are n	y risk ha ot presc	arming t ribed to	hemselv them	res				
												84.9	84.1	No linear change	Not available [¶]	No change
QN126		ntage of	student	s who re	ported p	parents f	eel it wi	ong or v	very wro	ong for t	them to s	smoke				
lobueeo												90.0	85.9	Decreased, 2015-2017	Not available	No change
			student					ong or v	very wro	ong for t	hem to l	nave				
							-					85.5	84.7	No linear change	Not available	No change
QN128 marijua		ntage of	student	s who re	ported p	parents f	eel it wi	ong or v	very wro	ong for t	them to s	smoke				
												81.2	73.7	Decreased, 2015-2017	Not available	Decreased

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White* Site-Ado	led			Healt	h Risk i	Behavio	or and P	'ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
				s who re bed to th			eel it wr	ong or	very wro	ong for t	them to u	ise				
preseri	dioir uit	ugo (not	preserre		e studen	,						94.2	92.9	No linear change	Not available [¶]	No change
QN131 to smok			student	s who re	ported f	riends f	eel it wo	ould be v	wrong o	r very w	rong for	them	-			
to shior												69.5	67.0	No linear change	Not available	No change
QN132 to have									wrong o	r very w	rong for	them				
	one of	cito di li	iko or an	aconor		uge neu		, auy				64.8	58.5	Decreased, 2015-2017	Not available	Decreased
QN133 to smok			student	s who re	ported f	riends f	eel it wo	ould be v	wrong o	r very w	rong for	them				
												43.6	36.1	Decreased, 2015-2017	Not available	Decreased

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991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017	
	995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017

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	and Vio			Healt	th Risk	Behavio	or and F	Percenta	iges					Linear Change [†]	Quadratic Change [†] Chang 2015-	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percenta ne else)	age of st	udents v	who rare	ly or ne	ver wore	e a seat l	oelt (wh	en riding	g in a ca	r driven	by			17	
				20.2	19.0	18.2	11.1	7.7	8.3	6.8	8.9	8.2	7.6	Decreased, 1999-2017		No change
															Decreased, 1999-2009 No change No change, 2009-2017	
1 day d	uring th	tage of s tage of s as 30 day lays befo	ys before	e the sur											100 chunge, 2007 2017	
1 day d	uring th	ne 30 day	ys before	e the sur									44.8	Increased, 2013-2017	No change, 2009-2017 Not available [¶] Increased	
1 day d during QN12:	uring th the 30 d Percen	ne 30 day	ys before ore the s	e the sur urvey) who car	vey, am	ong stud	dents wh	no had d	riven a c	car or ot	her vehi 34.1	cle 29.0	44.8	Increased, 2013-2017		Increased
1 day d during QN12:	uring th the 30 d Percen	tage of s	ys before ore the s	e the sur urvey) who car	vey, am	ong stud	dents wh	no had d	riven a c	car or ot	her vehi 34.1	cle 29.0	44.8	Increased, 2013-2017 Decreased, 1999-2017		Increased No change
1 day d during QN12: during QN13:	Percen Percen the 30 d	tage of s	students	who can urvey) who can urvey) 15.7 who can	vey, am τied a w 13.0 τied a w	veapon (15.8 veapon c	such as 15.6	a gun, k 14.2	nife, or o 16.3	club, on 10.8	her vehi 34.1 at least 12.5	29.0 1 day 10.3			Not available [¶]	

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Trend Analysis Report

				Healt	h Risk	Behavio	or and F	Percenta	iges					Linear Change †	Quadratic Change [†] Change 2015-2			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-				
QN15: way to	Percen or from	tage of s	students (on at le	who did ast 1 day	l not go y during	to schoo the 30 o	ol becaus days bef	se they fore the states	elt unsa survey)	fe at sch	iool or o	n their			Decreased 1000 2003 No change			
				10.8	6.4	4.8	4.5	5.2	6.3	4.4	7.4	5.8	5.0	No linear change	Decreased, 1999-2003 No change, 2003-2017	No change		
															No change, 2003-2017			
		tage of s knife, o									ol proper ey)	ty						
						es during		months		he surve		ty 8.5	7.8	No linear change	No quadratic change No change			
(such a	s a gun,	knife, o	r club, c	one or m 9.5	ore time 7.7	es during 7.4	g the 12 5.7	months 4.8	before ti 8.5	he surve 7.5	ey)	8.5	7.8	No linear change		No change		
(such a	s a gun, Percen	knife, o	r club, c	one or m 9.5	ore time 7.7	es during 7.4	g the 12 5.7	months 4.8	before ti 8.5	he surve 7.5	5.3	8.5	7.8	No linear change Decreased, 1999-2017		No change No change		
(such a QN17: before QN18:	s a gun, Percen the surv Percen	knife, o tage of s ey)	students	9.5 who we 41.7 who we	ore time 7.7 re in a p 37.2 re in a p	7.4 7.4 ohysical 37.2	g the 12 5.7 fight (or 34.7	4.8 ne or mo 36.8	before t 8.5 ore times 33.0	he surve 7.5 s during 34.4	5.3 the 12 n	8.5 nonths 26.5			No quadratic change			

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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Trend Analysis Report

njury a	and Vio	lence		Healt	th Risk (Behavio	or and P	Percenta	nges					Linear Change †	Quadratic Change [†]	Change from 2015-2017 [§]			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017						
	Percent not wa		students	who we	ere ever	physical	ly force	d to hav	e sexual	interco	urse (wh	ien	-		No sus darás shan sa Sta shan sa				
					8.8	9.8	6.7	6.8	11.4	8.6	7.7	7.6	6.4	No linear change	No quadratic change	No change			
2N21:	Percen	tage of s	students	who ex	perience	d sexual	l dating	violence	e (being	forced b	by some	one				dranc change No change			
they we being p during	ere datin hysicall the 12 n	ng or goi ly forced nonths b	ing out v l to have before th	vith to d e sexual e survey	lo sexua intercou	l things irse] tha	[countin t they di	ig such t d not wa	hings as ant to, or	kissing ne or mo	y someo , touchir ore times omeone o	ng, or s							
they we being p during	ere datin hysicall the 12 n	ng or goi ly forced	ing out v l to have before th	vith to d e sexual e survey	lo sexua intercou	l things irse] tha	[countin t they di	ig such t d not wa	hings as ant to, or	kissing ne or mo	, touchir	ng, or s	3.9	Decreased, 2013-2017	Not available [¶]	No change			

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Trend Analysis Report

Black* njury a	and Vio	lence															
				Healt	th Risk	Behavio	or and P	Percenta	nges					Linear Change [†]	Quadratic Change [†] Change from 2015-2017 [§]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017				
	Percent the surv		students	who we	ere bullie	ed on sci	hool pro	perty (e	ver duri	ng the 1	2 month	s					
Defote	uie sui v	ey)							10.5	11.9	15.3	12.9	13.2	No linear change	Not available [¶] No change		
	,	··· , ···	, -				ver durin	0			9.2	8.1	7.6	No linear change	Not available	No change	
							s (almos ing the 1					ow so					
				27.0	28.2	24.8	25.0	25.7	26.1	26.5	19.9	22.6	28.8	No linear change	No quadratic change	Increased	
		tage of s the surv		who ser	iously c	consider	ed attem	pting su	icide (e	ver durii	ng the 12	2					
monuis																	

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				Healt	th Risk	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
-		tage of s the surv	students	who ma	ide a pla	n about	how the	y would	l attemp	t suicide	e (during	the 12				
monuis	Defote	ule sulv	ey)		o -	0.4	7.0	7.0	0.6	10 7						
				7.4	9.5	8.4	7.9	7.2	8.6	10.7	8.6	9.8	11.7	Increased, 1999-2017	No quadratic change	No change
			students										11.7	Increased, 1999-2017	No quadratic change	No change
	Percent the surve		students										9.0	Increased, 1999-2017 Increased, 1999-2017	No quadratic change	No change No change
QN29:	the surver	ey) tage of s	students students e treated	who atte 4.5 who had	empted a 6.2	suicide (6.3 de attem	(one or r 5.2	nore tim 5.5 resulted	nes durir 9.4 in an inj	ng the 12 8.7 ury, poi	2 months 6.3 soning,	8.5				

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		-	2017													
				2015	2013	2011	2009	2007	2005	2003	2001	1999	1997	1995	1993	1991
)	vo puffs	one or ty	g (even o	smokin	cigarette	er tried o	who eve	tudents	tage of s	Percent	QN30:
17	Decreased, 1999-2011 Decreased, 2011-2017	Decreased, 1999-2017	16.6	28.1	30.9	39.9	45.0	44.2	53.4	62.2	62.7	66.7				
				days	g the 30	ay durin	least 1 d	s (on at l	garette	moked c	rrently s	who cu	tudents		Percent the surv	
	Decreased, 1999-2013 Decreased, 2013-2017	Decreased, 1999-2017	2.0	8.0	6.8	10.9	12.9	8.5	11.0	14.4	12.7	17.7				
				days	or more	(on 20	equently	rettes fro	ked ciga	ntly smo	o currer			ercentage ays befo		
No change	No quadratic change	Decreased, 1999-2017	1.0	3.7	2.1	3.6	4.3	2.6	3.1	4.5	5.2	6.9				
e	No quadratic change	Decreased, 1999-2017	1.0						3.1 noked ci		-	6.9		Percenta	YCIG:	QNDA

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Trend Analysis Report

Black* Fobacco	o Use															
				Healt	h Risk [Behavio	or and F	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
e-cigars	s, e-pipe		pipes, va	aping pe	ens, e-ho						-cigarette JOY, Vi					
QN35:	Percent ettes, e-c	tage of s	tudents	who cui	rently u	sed an e	electroni	c vapor	product hookah	(includi	ng uch as bl	39.1	34.7	No linear change	Not available¶	No change
QN35: e-cigare NJOY,	ettes, e-o	cigars, e MarkTen	-pipes, v	ape pip	es, vapi	ng pens,	e-hook	ahs, and	hookah	pens [si	ng uch as bl e 30 day	lu, 's				
QN35: e-cigare NJOY,	ettes, e-o Vuse, N	cigars, e MarkTen	-pipes, v	ape pip	es, vapi	ng pens,	e-hook	ahs, and	hookah	pens [si	uch as bl	lu,	34.7	No linear change Decreased, 2015-2017	Not available¶ Not available	No change
QN35: e-cigare NJOY, before t QN38:	ettes, e-o Vuse, N the surv Percent	cigars, e MarkTen rey)	-pipes, v , Logic, tudents	vape pip Vapin I	es, vapin Plus, eG	ng pens, o, and F	e-hook Ialo], on	ahs, and at least	hookah 1 day d	pens [su uring the	uch as bl	lu, 's 18.7				
QN35: e-cigare NJOY, before t QN38:	ettes, e-o Vuse, N the surv Percent	cigars, e MarkTen rey) tage of s	-pipes, v , Logic, tudents	vape pip Vapin I	es, vapin Plus, eG	ng pens, o, and F	e-hook Ialo], on	ahs, and at least	hookah 1 day d	pens [su uring the or little	uch as bl e 30 day	lu, ss 18.7 on at				
QN35: e-cigare NJOY, before t QN38: least 1 c QNTB2	ettes, e-(Vuse, M the surv Perceni day duri 2: Perce	cigars, e MarkTen rey) tage of s ing the 3	-pipes, v , Logic, tudents 0 days ł	who curbefore the second secon	es, vapin Plus, eG rently s ne surve 10.1	ng pens, o, and F moked c y) 8.9	e-hook Ialo], on Cigars (c 6.6	ahs, and at least igars, ci 7.7	hookah 1 day d garillos, 8.7	pens [su uring the or little 9.5	uch as bl e 30 day	lu, s 18.7 on at 10.1	11.3	Decreased, 2015-2017	Not available	Decreased

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	and Ot		8	Healt	h Risk	Behavio	or and F	ercenta	iges					Linear Change [†]	Quadratic Change †	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percent their life		tudents	who eve	er drank	alcohol	(at leas	t one dri	nk of al	cohol, o	n at leas	t 1 day				
				72.3	67.9	69.9	68.4	66.0	64.2	64.9	59.6	50.4	54.2	Decreased, 1999-2017	No quadratic change	No change
QN41: few sij	Percent os)	age of s	tudents	who ha	d their f	irst drinl	k of alco	hol befo	ore age 1	3 years	(other th	nan a				
				28.4	25.8	25.9	26.9	24.7	21.6	19.0	21.0	15.4	17.0	Decreased, 1999-2017	No quadratic change	No change
	Percent ring the					lrank alc	cohol (at	least on	e drink	of alcoh	ol, on at	least 1				
				32.2	30.7	31.9	29.6	29.2	38.5	32.1	27.3	24.2	23.0	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
									times du	ring the	ir life)					
QN46:	Percent	age of s	tudents	who eve	er used i	marijuar	na (one c	or more	unics au	ing the						
QN46:	Percent	age of s	tudents	who eve 49.2	er used 1 49.6	marijuar 49.0	1a (one o 40.1	42.1	43.5	46.4	43.5	49.0	48.9	No linear change	Decreased, 1999-2007 Increased, 2007-2017	No change
-	Percent	0		49.2	49.6	49.0	40.1	42.1	43.5	46.4	43.5	49.0	48.9	No linear change		No change

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Trend Analysis Report

Black* Alcohol	and Ot	her Dru	ıg Use	Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percent the surve		tudents	who cur	rently u	sed mar	ijuana (o	one or m	nore time	es during	g the 30	days				
				25.0	25.1	26.5	18.1	23.4	25.8	26.7	26.0	26.8	29.6	Increased, 1999-2017	No quadratic change	No change
		tage of s e or mor					any for	m of coc	caine, in	cluding	powder,	crack,				
				2.0	1.8	2.2	1.8	1.9	2.9	3.5	2.9	2.8	1.9	No linear change	No quadratic change	No change
		tage of s			er used h	neroin (a	lso calle	ed "smao	ck," "jur	k," or "(China W	hite,"				
				1.1	1.3	1.1	0.6	1.1	2.0	1.9	2.2	2.6	1.1	Increased, 1999-2017	No quadratic change	No change
		tage of s e," one o					ohetamii	nes (also	called '	'speed,"	"crystal	,"				
,				1.3	2.1	1.2	1.2	1.2	2.3	2.2	2.4	1.9	1.4	No linear change	No quadratic change	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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Trend Analysis Report

Alcohol	and Ot	ther Dru	ug Use	Healt	h Risk	Behavio	or and F	Percenta	iges					Linear Change †	Quadratic Change †	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percent their life		students	who eve	er used o	ecstasy (also cal	led "MI	OMA," o	one or m	ore time	s				
		- /				3.7	2.4	2.9	2.7	3.9	3.7	3.7	2.1	No linear change	No quadratic change	No change
QN54: weed,"	Percen "King H	tage of s Kong," "	students 'Yucatar	who eve Fire," '	er used s 'Skunk,'	synthetic	e mariju oon Rocl	ana (also ks," one	o called or more	"K2," "S times d	Spice," " luring th	fake eir				
weed,"	Percen "King H	tage of s Kong," "	students 'Yucatar	who eve i Fire," '	er used s 'Skunk,'	synthetio ' or "Mo	c mariju oon Rocl	ana (also ks," one	o called or more	"K2," "S e times d	Spice," " luring th	fake eir 6.2	4.0	No linear change	Not available¶	No change
weed," life) QN55:	"King H Percen	Kong," " tage of s	students 'Yucatar students ng their	Fire," '	'Skunk,'	or "Mo	oon Rocl	ks," one	or more	e times d	luring th	eir 6.2	4.0	No linear change	Not available [¶]	No change
weed," life) QN55:	"King H Percen	Kong," " tage of s	'Yucatar	Fire," '	'Skunk,'	or "Mo	oon Rocl	ks," one	or more	e times d	luring th	eir 6.2	4.0	No linear change No linear change	Not available [¶] No quadratic change	No change No change
weed," life) QN55: one or QN57:	"King F Percen more tin Percen	Kong," " tage of s nes duri tage of s	'Yucatar	who evo life) 2.0 who evo	'Skunk,' er took s 2.6 er inject	teroids 1.6 ed any i	without 1.3	ks," one a doctor 1.7	or more 's prescr 2.3	ription (j 3.3	pills or s 2.7	eir 6.2 hots, 2.7				

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.01101		ther Dr	ug Use	Healt	h Risk	Behavio	r and P	ercenta	ges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
				who we he surve		ed, sold,	or giver	ı an illeş	gal drug	on scho	ol prope	erty				
luring	,															

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Sexual 1	Behavio	rs		Healt	h Risk i	Behavio	or and P	ercenta	iges					Linear Change †	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN59:	Percent	tage of s	tudents	who eve	er had se	exual int	ercourse	e								
				70.5	68.4	72.3	66.9	71.3	67.8	67.4	56.0	58.7	49.4	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
QN60:	Percent	tage of s	tudents	who had	l sexual	intercou	urse for t	the first	time bef	ore age	13 years	8				
				22.3	18.5	18.3	17.7	15.9	14.8	15.7	11.1	14.4	6.4	Decreased, 1999-2017	No quadratic change	Decreased
QN61:	Percent	tage of s	tudents	who had	l sexual	intercou	urse with	n four or	more p	ersons d	uring th	eir life				
				34.0	25.3	33.1	27.3	32.1	32.5	25.6	21.8	21.8	17.8	Decreased, 1999-2017	No change, 1999-2009 Decreased, 2009-2017	No change
				who we nonths b			ually act	ive (had	l sexual	intercou	rse with	at				
				51.4	47.4	53.2	44.1	52.8	49.9	45.7	37.5	40.6	33.8	Decreased, 1999-2017	No change, 1999-2009 Decreased, 2009-2017	No change

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- cruul I	3ehavio			Healt	th Risk	Behavio	or and P	ercenta	ges					Linear Change [†]	Quadratic Change †	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
		tage of s vere curr				hol or us	sed drug	s before	last sex	ual inter	rcourse (among				
				18.2	16.7	19.9	15.5	12.7	20.6	16.0	22.7	23.3	16.4	No linear change	No quadratic change	No change
		tage of s ently sex			ed a con	dom dur	ing last	sexual i	ntercour	se (amo	ng stude	ents				
					ed a con 69.4	dom dur 70.2	ing last 67.2	sexual i 71.2	ntercour 65.8	se (amo 63.9	ng stude 60.1	ents 59.9	51.3	Decreased, 1999-2017	No change, 1999-2007 Decreased, 2007-2017	No change
who we	Percen		students	tive) 70.9 who we	69.4 re ever	70.2	67.2	71.2	65.8	63.9	60.1	59.9	51.3	Decreased, 1999-2017		No change
who we who we who we	Percen	ently sex	students	tive) 70.9 who we	69.4 re ever	70.2	67.2	71.2	65.8	63.9	60.1	59.9	51.3	Decreased, 1999-2017 No linear change		No change No change
who we QN85: countin QN65:	Percen g tests o Percen	ently sex	students hey don	tive) 70.9 who we ated blow	69.4 Fre ever tood)	70.2 tested fo	67.2 or human	71.2 i immun	65.8 odeficie	63.9 ncy viru	60.1 1s (HIV)	59.9 (not 16.9			Decreased, 2007-2017	

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				Healt	h Risk I	Behavio	or and P	ercenta	ges					Linear Change ^{\dagger}	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
(such a		non or N	explano	n) befor	e last se				a or Para vent preg		or implar among	nt				
			j ~								1.0	1.6	3.2	No linear change	Not available [¶]	No change
		Percent	age of st	udents v	vho use	d a shot	(such as		Provera)							
DrthoE	PARG: vra), or ncy, amo	birth co	ntrol rin		as Nuva	Ring) b			interco	urse (to	prevent					
ÖrthoE	vra), or	birth co	ntrol rin		as Nuva	Ring) b			interco	urse (to	prevent 5.2	9.3	4.2	No linear change	Not available	No change
OrthoE oregnat	vra), or ncy, amo HHPL: rd) or in	birth co ong stud Percenta nplant (s Evra), or	age of st birth co	udents v mplano	as Nuva urrently who used n or Nex ng (such	Ring) be v sexuall d birth c xplanon) as Nuva	y active ontrol p); or a sh aRing) b)) ills; an l oot (such before la	UD (suc as Dep st sexua	ch as Mi o-Prove	5.2	h	4.2	No linear change	Not available	No change

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	Healt	h Risk Bel	havior and I	Percentag	ges					Linear Change [†]	Quadratic Change †	Change from 2015-2017 §
1991 1993 1995	1997 1999	2001 2	2003 2005	2007	2009	2011	2013	2015	2017			
irth control pills; an Vexplanon); or a shot s NuvaRing) before	IUD (such as Min t (such as Depo-Pa last sexual interco	ena or Para rovera), pa	aGard) or im	plant (suc OrthoEvra	ch as Im a), or bi	planon irth cont	or rol ring (
QNDUALBC: Perce birth control pills; an Nexplanon); or a shot as NuvaRing) before currently sexually act	IUD (such as Min t (such as Depo-Pa last sexual interco	ena or Para rovera), pa	aGard) or im	plant (suc OrthoEvra	ch as Im a), or bi	planon irth cont	or rol ring (4.2	No linear change	Not available [¶]	No change
birth control pills; an Nexplanon); or a shot as NuvaRing) before currently sexually act QNBCNONE: Perce	IUD (such as Min t (such as Depo-P- last sexual interco ive) ntage of students	rena or Para rovera), pa ourse (to pr who did no	aGard) or im tch (such as (revent pregna	plant (suc OrthoEvra incy, amo	ch as Im a), or bi ong stud	iplanon irth cont ents wh	or rol ring o o were 5.1	(such 3.9	4.2	No linear change	Not available¶	No change
birth control pills; an Nexplanon); or a shot as NuvaRing) before currently sexually act	IUD (such as Min t (such as Depo-P- last sexual interco ive) ntage of students	rena or Para rovera), pa ourse (to pr who did no	aGard) or im tch (such as (revent pregna	plant (suc OrthoEvra incy, amo	ch as Im a), or bi ong stud	iplanon irth cont ents wh	or rol ring o o were 5.1	(such 3.9	4.2	No linear change	Not available¶	No change

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				Healt	h Risk	Behavio	or and P	ercenta	ges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		centage ex, based														
				17.3	20.5	21.5	17.7	20.6	18.3	18.9	20.6	17.5	19.4	No linear change	No quadratic change	No change
on sex-	and age	ercentag e-specifi	c refere	nce data 13.9	from th 15.5	le 2000 14.5	CDC gro 17.8	owth cha 16.2	urts)¶ 16.4	14.7	16.1	based 19.6	18.0	No linear change	No quadratic change	No change
on sex-	and age		c refere	nce data 13.9	from th 15.5	le 2000 14.5	CDC gro 17.8	owth cha 16.2	urts)¶ 16.4	14.7	16.1		18.0	No linear change Increased, 1999-2017	No quadratic change No quadratic change	No change No change
QN68:	and age	e-specifi	c referents	nce data 13.9 who des 26.6 who we	from th 15.5 scribed t 26.8	e 2000 (14.5 hemselv 25.8	CDC gro 17.8 ves as sli 28.8	owth cha 16.2 ghtly or	urts) [¶] 16.4 very ov	14.7 verweigh	16.1 nt	19.6				
QN68:	and age	e-specifi	c referents	nce data 13.9 who des 26.6	from th 15.5 scribed t 26.8	e 2000 (14.5 hemselv 25.8	CDC gro 17.8 ves as sli 28.8	owth cha 16.2 ghtly or	urts) [¶] 16.4 very ov	14.7 verweigh	16.1 nt	19.6				
QN68: QN69: QN76:	and age Percent Percent	e-specifi	c referents students students	nce data 13.9 who des 26.6 who we 37.0 who dic	from th 15.5 scribed t 26.8 re trying 40.1	e 2000 14.5 .hemselv 25.8 g to lose 33.5 nk a can	CDC gro 17.8 ves as sli 28.8 weight 39.2 , bottle,	with cha 16.2 ghtly or 22.9 36.6 or glass	urts) [¶] 16.4 very ov 26.5 39.1 of soda	14.7 /erweigh 26.6 42.7 or pop 0	16.1 nt 30.8 43.7 (such as	19.6 30.0 39.8	32.2	Increased, 1999-2017	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

¹Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Delaware High School Survey

Trend Analysis Report

				Healt	h Risk	Behavio	or and P	ercenta	ges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
times p		such as				k a can, l not count										
								30.4	32.4	27.6	23.4	21.2	16.9	Decree 1 2007 2017	No quadratia abanga	No change
times p	er day (such as				c a can, l not count		glass o	f soda o	r pop tw	o or mo	re	10.9	Decreased, 2007-2017	No quadratic change	No change
times p		such as						glass o	f soda o	r pop tw	o or mo	re	12.2	Decreased, 2007-2017	No quadratic change	No change
times p before QNSO times p	er day (the surv DA3: P er day (such as ey) ercentag	Coke, P	epsi, or s	Sprite, r		oottle, or	glass o soda or 24.5	f soda o diet pop 25.5 f soda o	r pop tw o, during 21.2 r pop th	70 or mo g the 7 d 18.2 ree or m	re ays 14.9 ore		, 		
times p before QNSO times p	er day (the surv DA3: P	such as ey) ercentag	Coke, P	epsi, or s	Sprite, r	tot count	oottle, or	glass o soda or 24.5	f soda o diet pop 25.5 f soda o	r pop tw o, during 21.2 r pop th o, during	70 or mo g the 7 d 18.2 ree or m	re ays 14.9 ore		, 		
times p before QNSO times p before	er day (the surv DA3: P er day (the surv	such as ey) Percentag such as rey)	Coke, P ge of stu Coke, P	epsi, or a	Sprite, r no drank Sprite, r	tot count	oottle, or ing diet	glass o soda or 24.5 glass o soda or 16.3	f soda o diet pop 25.5 f soda o diet pop 17.8	r pop tw o, during 21.2 r pop th o, during 14.6	yo or mo g the 7 d 18.2 ree or m g the 7 d 11.9	re ays 14.9 ore ays	12.2	Decreased, 2007-2017	No quadratic change	No change

Delaware High School Survey

				Healt	h Risk	Behavio	r and P	ercenta	ges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
NBK (rvey)		Percent	tage of s	tudents	who ate	breakfas	st on all	7 days (during t	he 7 day	/s before	e the				
									29.9	30.1	39.8	33.9	36.0	Increased, 2009-2017	Not available [¶]	No change

Delaware High School Survey

Trend Analysis Report

Black* Physical	Activi	ty														
				Healt	th Risk	Behavio	or and F	'ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
days (in	ı any ki	nd of ph	iysical a	who we ctivity the	hat incre	eased the										
		U	5		5	,				40.2	35.9	37.3	40.4	No linear change	Not available [¶]	No change
activity	on at le	east 1 da	ıy (in an	tudents y kind o time du	f physic	al activi	ity that i	ncreased	l their h	nutes of eart rate 26.1	physica and ma 26.6	de	23.3	No linear change	Not available	No change
days (ir	ı any kiı	nd of ph	iysical a	tudents ctivity the	hat incre	eased the	cally act eir heart	ive at le rate and	ast 60 n l made ti	ninutes p hem brea	er day o athe har	on all 7 d some				
		C	·							24.0	21.0	23.6	22.4	No linear change	Not available	No change
QN80: day)	Percent	tage of s	students	who wa	tched te	levision	3 or mo	ore hour	s per da	y (on an	average	school				
				67.8	64.7	67.3	66.7	60.0	55.6	50.3	45.9	41.8	32.2	Decreased, 1999-2017	No change, 1999-2005 Decreased, 2005-2017	Decreased

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	H	alth Risk	Behavio	or and F	Percenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
1991 1993 1995	1997 199	9 2001	2003	2005	2007	2009	2011	2013	2015	2017			
										-			
nours per day (counti smartphone, texting,	ng time spent YouTube, Inst	on things s Igram, Fa	such as X	Kbox, Pla	yStation	n, an iPa	ad or oth	er tablet	, a				
QN81: Percentage of hours per day (counti smartphone, texting, not school work, on a	ng time spent YouTube, Inst	on things s Igram, Fa	such as X	Kbox, Pla	yStation	n, an iPa	ad or oth	er tablet	, a	47.8	Increased, 2007-2017	No quadratic change	Increased
hours per day (counti smartphone, texting,	ng time spent YouTube, Inst n average scho students who	on things s agram, Fa ool day) played on	at least of	one spor	ayStation social m 28.9 ts team	n, an iPa ledia, for 31.3 (countin	ad or oth r someth 41.9	er tablet ning that 42.0	, a was 38.4	47.8	Increased, 2007-2017	No quadratic change	Increased

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				Healt	h Risk I	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
ON87·	Percent	tage of s	students	who had	l ever be	een told	by a doc	ctor or n	urse tha	t they ha	ad asthm	ia				
Quon							•			-						
21107.										2	32.6	28.9	27.3	No linear change	Not available [¶]	No change
	Percent	tage of s	students	who got	: 8 or mo	ore hour	s of slee	p (on ar	n average	e school	32.6	28.9	27.3	No linear change	Not available [¶]	No change
	Percent	tage of s	students	who got	: 8 or mo	ore hour:	s of slee	p (on ar	n averag 26.6	e school 24.8	32.6	28.9 25.8	27.3	No linear change Decreased, 2009-2017	Not available¶ Not available	No change Decreased
QN88:	Percent	-	students			ore hour			26.6	24.8	32.6 night) 25.7	25.8				

Delaware High School Survey

Trend Analysis Report

Black* Site-Ade	ded			Healt	th Risk	Behavio	r and P	'ercenta	iges					Linear Change [†]	Quadratic Change ⁺	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
				who rep le militat		at either	of their	parents	or othe	r adults	in their	family				
	U		2		2					18.5	15.1	16.0	16.2	No linear change	Not available [¶]	No change
QN95:	Percen	tage of s	students	who are	e deaf or	have set	rious dif	ficulty	hearing			1.5	2.1	No linear change	Not available	No change
QN96:	Percen	tage of s	students	who hav	ve serio	us difficu	ılty seei	ng (eve	n when	wearing	glasses))				
												8.7	10.1	No linear change	Not available	No change
QN97: decision	Percen ns (beca	tage of a	students physic:	who hav al, menta	ve seriou al, or em	us difficu otional	ilty con problem	centration)	ng, reme	mbering	g, or mal	king				
							-					15.4	25.6	Increased, 2015-2017	Not available	Increased
QN98:	Percen	tage of s	students	who hav	ve serio	us difficu	ılty wal	king or	climbing	g stairs		4.6	2.1	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Black* Site-Add	ded			Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	ting or f										ried a gu s before					
Survey,																
		ntage of	student	5.9	5.1	7.6	6.0 argest n	5.6 umber o	6.6	3.9	5.7	5.4	7.7	No linear change	No quadratic change	No change
QN106	: Percer	ntage of r more c	students	s who re	eported	that the	argest n	umber o		olic drinl	ks they h		7.7 0.9	No linear change	No quadratic change	No change No change
QN106 a row w	: Percer vas 10 o	r more o	lrinks (v	s who re vithin a	eported to couple of	hat the lof hours	argest n during t	umber o he 30 da	of alcoho ays befo	olic drinl re the su	ks they h irvey)	nad in 1.0				
QN106: a row w QN109:	: Percer vas 10 o	r more o	lrinks (v	s who re vithin a	eported to couple of	hat the lof hours	argest n during t	umber o he 30 da	of alcoho ays befo	olic drinl re the su	ks they f urvey) 2.0	nad in 1.0				
QN106: a row w QN109: times) QN110:	: Percei vas 10 o	r more c	student:	s who revithin a vithin a s who ha 12.8	eported t couple of ave been 10.2	that the bof hours	argest n during t nt or go 11.6	umber of he 30 da tten som 11.1	of alcoho ays befo neone pr 15.6	olic drinl re the su egnant (10.1	ks they f irvey) 2.0 one or n	nad in 1.0 nore 10.2	0.9	No linear change	Not available [¶]	No change

Delaware High School Survey

Trend Analysis Report

Black* Site-Add	led			Healt	h Risk	Behavio	or and P	ercenta	ges					Linear Change ⁺	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN111:	Percer	ntage of	students	s who ha	ave ever	given o	r receive	ed oral s	ex			-				
							53.1	58.2	57.2	60.1	48.8	51.7	46.5	Decreased, 2005-2017	No change, 2005-2011 Decreased, 2011-2017	No change
QN114:	Percer	ntage of	students	s who di	ank a caffe	affeinate	ed drink	(such as	coffee,	tea, sod	as, powe	er	46.5	Decreased, 2005-2017		No change
QN114: drinks, e days bef	energy o	drinks of	r other d	s who di rinks w	rank a ca ith caffe	affeinate vine adde	ed drink	(such as	coffee,	tea, sod	as, powe	er ?	46.5	Decreased, 2005-2017		No change
drinks, e	energy o	drinks of	r other d	s who di rinks w	rank a ca ith caffe	affeinate ine adde	ed drink	(such as	coffee,	tea, sod	as, powe	er	46.5	Decreased, 2005-2017 No linear change		No change No change
drinks, e	energy of fore the	drinks of survey)	r other d	rinks w	ith caffe	ine adde	ed drink ed, one o	(such as or more	coffee, times pe	tea, sod r day du	as, powe	er 27 17.8		,	Decreased, 2011-2017	
drinks, e days bef QN117:	energy of fore the	drinks of survey)	r other d	rinks w	ith caffe	ine adde	ed drink ed, one o	(such as or more	coffee, times pe	tea, sod r day du	as, powe	er 27 17.8		,	Decreased, 2011-2017	
drinks, e days bef QN117:	Percer Percer Percer	drinks of survey) ntage of week of ntage of	r other d students n averag students	rinks wa s who pl e) s who st	ith caffe	ent video	ed drink ed, one o o games agree th	(such as	coffee, times pe	tea, sod r day du that are	as, power in the state of the s	er 27 17.8 , 2 or 28.5	16.3	No linear change	Decreased, 2011-2017 Not available [¶]	No change

Delaware High School Survey

Trend Analysis Report

Black* Site-Ado	led			Healt	th Risk (Behavio	or and P	ercenta	ages					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
						their par				eir fam	ily talke	d with				
them ut	out wh	ut they e	xpeet u	ieni to u	0 01 1101	10 00 00			30X			69.4	69.2	No linear change	Not available [¶]	No change
QN122	Perce	ntage of	student	s who th	nink peo	ple mod	erately o	or greatl	y risk h	arming	themselv	/es				
physica	lly or in	n other w	ays wh	en they	smoke c	one or m	ore pack	s of cig	arettes p	er day		64.0	74.9	Increased, 2015-2017	Not available	Increased
physica	lly or in					ple mod e or mor										
twice a	week)											68.9	73.8	No linear change	Not available	No change
						ple mod narijuan				arming	themselv	/es				
	-			2		0						37.0	35.7	No linear change	Not available	No change

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Trend Analysis Report

Black* Site-Ado	led			Healt	th Risk	Behavio	r and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN125 physica	: Percer lly or in	ntage of 1 other w	student vays wh	s who th en they	nink peo use pres	ple mod cription	erately o drugs th	or greatl at are n	y risk ha ot presc	arming t ribed to	themselv them	res				
												71.0	74.4	No linear change	Not available [¶]	No change
QN126 tobacco		ntage of	student	s who re	eported j	parents f	eel it wi	ong or v	very wro	ong for t	them to s	moke				
												84.1	85.8	No linear change	Not available	No change
						parents f rly every		ong or v	very wro	ong for t	them to l	nave				
						0.01	,,					79.4	85.6	No linear change	Not available	No change
QN128 marijua		ntage of	student	s who re	eported j	parents f	eel it wi	ong or v	very wro	ong for t	them to s	smoke				
												76.3	71.2	No linear change	Not available	No change

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Trend Analysis Report

Black* Site-Ado	led			Healt	th Risk i	Behavio	or and P	ercenta	iges					Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN129: prescrip						parents f	eel it wr	ong or v	very wro	ong for t	hem to	use				
preserip	dioir uit	ugo (not	preserre		ie studer	,						87.4	90.2	No linear change	Not available [¶]	No change
QN131 to smok			student	s who re	eported f	riends f	eel it wo	ould be v	wrong o	r very w	rong for	r them				
	e tobue	•••										67.7	71.3	No linear change	Not available	No change
QN132 to have									wrong o	r very w	rong for	r them	-			
10 114/0							,					62.0	59.1	No linear change	Not available	No change
QN133 to smok			student	s who re	eported f	riends f	eel it wo	ould be v	wrong o	r very w	rong for	r them				
												39.0	32.0	Decreased, 2015-2017	Not available	Decreased

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æ-Ado	led			Healt	th Risk	Behavio	or and P	ercenta	ges					Linear Change †	Quadratic Change [†]	Change from 2015-2017 [§]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
						friends f		ould be v	wrong or	r very w	rong for	them				
- F	F		5 r									76.3	76.0	No linear change	Not available [¶]	No change

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Trend Analysis Report

njury a	and Vio	lence		Healt	th Risk	Behavio	or and F	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percenta ne else)	age of st	udents w	who rare	ly or ne	ver wore	e a seat l	oelt (wh	en riding	g in a ca	r driven	by	-			
				18.3	17.4	18.1	8.5	9.4	8.1	5.8	8.8	8.7	7.4	Decreased, 1999-2017	Decreased, 1999-2009 No change, 2009-2017	No change
															No change, 2009-2017	
1 day d	luring th	ie 30 day	students ys before ore the s	e the sur									-		No change, 2009-2017	
1 day d	luring th	ie 30 day	ys before	e the sur									49.8	No linear change	Not available [§]	No change
1 day d during QN12:	luring th the 30 d Percen	tage of s	ys before	e the sur urvey) who car	vey, am	iong stud	lents wh	io had d	riven a c	car or ot	her vehi 41.6	cle 40.7	49.8	No linear change		No change
1 day d during QN12:	luring th the 30 d Percen	tage of s	ys before ore the st	e the sur urvey) who car	vey, am	iong stud	lents wh	io had d	riven a c	car or ot	her vehi 41.6	cle 40.7	49.8	No linear change Decreased, 1999-2017		No change No change
1 day d during QN12: during QN13:	Percen the 30 d Percen the 30 d	tage of s tage of s tage of s	ys before ore the st	who can urvey) who can urvey) 30.0 who can	rvey, am rried a w 17.8 rried a w	veapon (16.6 zeapon c	such as 14.2	a gun, k 20.9	nife, or 23.6	club, on 14.0	41.6 41.6 at least 12.8	40.7 4 day 11.1			Not available ⁸	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

				Healt	h Risk I	Behavio	r and P	ercenta	ges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
			students (on at le							fe at sch	lool or o	n their				
				10.7	16.2	10.1	10.4	8.5	8.4	7.8	10.1	8.7	7.0	Decreased, 1999-2017	No quadratic change	No change
			students or club, c								ol proper cy)	ty				
												-ty 8.1	5.5	Decreased, 1999-2017	No quadratic change	No change
(such a	s a gun,	knife, o	r club, c	ne or m 10.6	ore time 12.4	s during	; the 12 : 7.3	months 7.5	before the 13.5	he surve 7.7	ey)	8.1	5.5	,		No change
(such a	s a gun, Percen	knife, o	r club, c	ne or m 10.6	ore time 12.4	s during	; the 12 : 7.3	months 7.5	before the 13.5	he surve 7.7	8.2	8.1	5.5	,		No change No change
(such a QN17: before QN18:	s a gun, Percen the surv Percen	knife, c tage of s ey) tage of s	r club, c	10.6 who we 48.8 who we	ore time 12.4 re in a p 40.7 re in a p	no during 10.3 hysical 39.6	5 the 12 fight (or 25.3	months 7.5 ne or mo 41.1	before the state of the state o	7.7 during 26.1	8.2 the 12 n	8.1 nonths 27.1		Decreased, 1999-2017	No quadratic change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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				Healt	h Risk]	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percent l not wa		students	who we	re ever j	physical	ly force	d to hav	e sexual	interco	urse (wh	en				
					12.3	9.8	7.5	12.2	10.8	7.6	10.3	7.4	8.7	No linear change	No quadratic change	No change
QN21: they we	Percent ere datin	tage of s	students	who exp with to d	perience o sexual	d sexual	dating	violence g such t	e (being hings as	forced b kissing	y someo	one ng, or				
they we being p during	ere datin hysicall the 12 m	ng or goi ly forced nonths b	ing out w l to have efore th	with to d e sexual e survey	o sexual intercou	things rse] that	[countin t they di	g such t d not wa	hings as ant to, or	s kissing ne or mo	by some , touchir ore times omeone o	ng, or S				
they we being p during	ere datin hysicall the 12 m	ng or goi ly forced nonths b	ing out v l to have	with to d e sexual e survey	o sexual intercou	things rse] that	[countin t they di	g such t d not wa	hings as ant to, or	s kissing ne or mo	, touchir	ng, or S	6.7	Decreased, 2013-2017	Not available [§]	No change
they we being p during the 12 r QN22: purpose into sor	Percent Percent by som	ng or goi ly forced nonths b before th tage of s neone th , or inju	ang out w I to have before the surve students sey were red with	with to d e sexual e survey y) who exp dating o an obje	o sexual intercou , among perience or going ct or we	things that student d physic out with apon] on	[countin t they di ts who d cal datin h [count ne or mo	g such t d not wa ated or g violen ing such ore times	hings as ant to, or went out ce (bein things a s during	s kissing ne or mo t with so g physic as being the 12 t	, touchir ore times omeone o	ng, or during 11.7 t on nmed before	6.7	Decreased, 2013-2017	Not available ⁸	No change

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				Healt	h Risk	Behavio	or and P	ercenta	nges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percent the surv		students	who we	re bullie	ed on scl	nool pro	perty (e	ver duri	ng the 1	2 month	s				
									16.3	13.6	14.3	15.9	11.8	No linear change	Not available [§]	No change
											through the surv					
													7.1	No linear change	Not available	No change
QN25:	, Instagr Percent	ram, Fac	ebook, o	or other	social m	hopeless	er durin	g the 12	2 months	s before >=2 wee	the surv 10.5 ks in a r	ey) 11.7	7.1	No linear change	Not available	No change
QN25:	, Instagr Percent	tage of s	ebook, o	or other	social m	hopeless	er durin	g the 12	2 months day for 2 hs before	s before >=2 wee	the surve 10.5 eks in a r vey)	ey) 11.7	7.1	No linear change Decreased, 1999-2017	Not available No quadratic change	No change Decreased
QN25: that the QN26:	Percent Percent y stoppo Percent	tage of s ed doing	ebook, o students g some u students	who fel sual act 36.2	social m t sad or ivities, e 42.6	hopeless ever duri 33.6	er durin s (almos ng the 1 36.6	g the 12 t every o 2 month 35.6	day for > hs before 34.1	>=2 wee e the sur 34.8	the surve 10.5 eks in a r vey)	ey) 11.7 ow so 35.5				

Delaware High School Survey

Trend Analysis Report

				Healt	h Risk]	Behavio	or and P	ercenta	ges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
		tage of s the surv	students	who ma	de a pla	n about	how the	y would	attempt	t suicide	during	the 12				
monuis	berore	uic sui v	<i>cy)</i>	15.9	14.4	9.4	9.0	12.1	16.7	13.5	13.1	12.2	12.1	No linear change	No quadratic change	No change
			students	who atte	empted s	suicide (one or n	nore tim	es durin	g the 12	2 months	5				
	Percent he surv		students	who atte 15.3	empted s	suicide (10.9	one or n 5.5		es durin 14.3	-	2 months 8.7	8.4	7.8	No linear change	No quadratic change	No change
before QN29:	he surv	ey) tage of s	students students e treated	15.3 who had	7.8 1 a suici	10.9 de attern	5.5	7.3	14.3 in an inj	13.3 ury, poi	8.7 soning,	8.4	7.8	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

Hispani Tobacco				Healt	h Risk I	Behavio	or and P	ercenta	ges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN30:	Percen	tage of s	students	who eve	er tried c	cigarette	smokin	g (even	one or ty	vo puffs	5)		-			
				76.6	77.7	67.2	48.0	51.1	55.0	49.9	42.1	33.7	23.7	Decreased, 1999-2017	No quadratic change	Decreased
QN32: before			students	who cu	rently s	moked c	rigarette	s (on at]	least 1 d	ay durir	ng the 30) days				
				29.5	27.4	20.6	17.9	20.4	19.0	16.1	11.9	8.9	6.4	Decreased, 1999-2017	No quadratic change	No change
			e of stuc ore the s		o currer	ntly smo	ked ciga	rettes fr	equently	7 (on 20	or more	days				
				13.6	14.1	7.9	6.7	9.4	6.1	3.7	2.8	3.8	1.7	Decreased, 1999-2017	No quadratic change	No change
		Percent fore the	age of st survey)	tudents v	who curi	rently sn	noked ci	garettes	daily (o	n all 30	days du	ring				
				9.6	9.0	6.8	4.1	8.5	5.8	3.2	2.2	3.2	1.4	Decreased, 1999-2017	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

Hispanio Fobacco																
				Healt	h Risk	Behavio	or and F	Percenta	nges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
e-cigars	s, e-pipe	tage of s es, vape ic, Vapir	pipes, v	aping pe	ens, e-ho											
	eni, 20g.	ie, iupii		00, 1110								15 7	20.0	NT 1' 1	Not available [§]	No change
QN35: e-cigare	Percent	tage of s	tudents	who cur	rently u	sed an e	e-hook	c vapor	product	(includi	ing uch as b	45.7	38.0	No linear change	Not available ²	
e-cigare	ettes, e-o Vuse, N	cigars, e MarkTen	-pipes, v	ape pip	es, vapi	ng pens,	, e-hook	ahs, and	hookah	pens [si	uch as bl	lu, /s				
e-cigare NJOY,	ettes, e-o Vuse, N	cigars, e MarkTen	-pipes, v	ape pip	es, vapi	ng pens,	, e-hook	ahs, and	hookah	pens [si	uch as bl	lu,	12.0	Decreased, 2015-2017	Not available	Decreased
e-cigare NJOY, before t QN38:	ettes, e-o Vuse, N the surv Percent	cigars, e MarkTen	-pipes, v , Logic,	vape pip Vapin 1	es, vapi Plus, eG	ng pens, o, and F	, e-hook Ialo], on	ahs, and at least	hookah 1 day d	pens [si luring th	uch as bl e 30 day	lu, 75 26.5				
e-cigare NJOY, before t QN38:	ettes, e-o Vuse, N the surv Percent	cigars, e MarkTen ey) tage of s	-pipes, v , Logic,	vape pip Vapin 1	es, vapi Plus, eG	ng pens, o, and F	, e-hook Ialo], on	ahs, and at least	hookah 1 day d	pens [si luring th	uch as bl e 30 day	lu, 75 26.5				
e-cigare NJOY, before t QN38: least 1 c QNTB2	ettes, e-o Vuse, M the surv Percent day duri	cigars, e MarkTen ey) tage of s	-pipes, v , Logic, tudents 0 days l f studen	who curbefore the 22.3	es, vapi Plus, eG rrently s ne surve 16.7	ng pens, o, and F moked o y) 9.9	, e-hook Halo], on cigars (c 12.3	ahs, and a at least igars, ci 15.1	hookah 1 day d garillos, 11.7	or little	uch as bl e 30 day e cigars, e 11.5	lu, 26.5 on at 12.7	12.0	Decreased, 2015-2017	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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Trend Analysis Report

Hispani Alcohol		ther Dr	ug Use													
				Healt	h Risk	Behavio	or and P	Percenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percen their lif		students	who eve	er drank	alcohol	(at leas	t one dri	nk of al	cohol, o	n at leas	t 1 day				
				85.1	82.8	79.4	72.1	74.4	74.9	74.4	70.2	61.3	60.4	Decreased, 1999-2017	No quadratic change	No change
QN41: few sip		tage of s	students	who hao	d their fi	irst drinl	k of alco	hol befo	ore age 1	3 years	(other th	nan a				
-				46.2	40.5	34.1	23.9	28.5	33.9	31.6	23.7	16.5	18.8	Decreased, 1999-2017	No quadratic change	No change
			students before 1			rank alc	cohol (at	least on	e drink	of alcoh	ol, on at	least 1				
2	U	2		46.6	54.6	36.2	35.8	45.5	44.8	44.3	35.8	35.9	28.8	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
QN46:	Percen	tage of s	students	who eve	er used 1	narijuar	na (one c	or more	times du	ring the	ir life)					
				51.6	49.3	47.3	32.8	46.4	46.5	46.4	43.8	43.8	40.0	Decreased, 1999-2017	No quadratic change	No change
QN47:	Percen	tage of s	students						-	-						
				19.4	15.7	13.0	10.6	13.9	14.0	10.7	9.0	9.3	8.4	Decreased, 1999-2017	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

Hispani Alcohol		her Dri	ug Use	Healt	h Risk I	Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN48: before t			students	who cu	rrently u	sed mar	ijuana (o	one or m	nore time	es durin	g the 30	days				
				35.1	28.7	21.8	16.0	25.7	24.2	25.8	26.7	26.3	23.7	No linear change	No quadratic change	No change
			students re times				(any for	m of coc	caine, in	cluding	powder,	crack,				
				11.8	7.8	6.4	5.9	4.5	7.1	6.4	5.2	6.7	3.4	Decreased, 1999-2017	No quadratic change	No change
			students ng their		er used h	neroin (a	also calle	ed "smao	ck," "jur	ık," or "	China W	hite,"				
				8.3	3.2	4.5	4.5	4.2	6.0	3.2	2.6	5.2	2.1	No linear change	No quadratic change	No change
QN52: "crank,	Percent or "ice	tage of s e," one c	students or more t	who even times du	er used r ring the	nethamj ir life)	phetamii	nes (also	called '	'speed,"	"crystal	,"				
				10.8	6.3	5.1	6.1	5.7	6.4	3.9	2.4	5.3	2.5	Decreased, 1999-2017	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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				Healt	h Risk	Behavio	or and F	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
	Percent their life		students	who eve	er used e	ecstasy (also cal	led "ME	Э МА," а	one or m	ore time	s	_			
						9.7	8.4	5.1	9.6	7.7	7.2	6.1	3.6	Decreased, 2003-2017	No quadratic change	No change
weed,"	Percent "King F	tage of s Kong," "	students Yucatar	who eve Fire," '	er used s 'Skunk,'	synthetic or "Mo	c mariju oon Rocl	ana (also ks," one	o called or more	"K2," "S times d	Spice," " luring th	fake eir				
weed,"	Percen "King F	tage of s Kong," "	students Yucatar	who eve i Fire," '	er used s 'Skunk,'	synthetio " or "Mc	c mariju oon Rocl	ana (also cs," one	o called or more	"K2," "S e times d	Spice," " luring th	fake eir 10.3	6.8	No linear change	Not available [§]	No change
weed," life) QN55:	"King F Percent	Kong," " tage of s	Yucatan	Fire," ' who eve	'Skunk,'	or "Mo	oon Rocl	ks," one	or more	e times d	Spice," " luring th pills or s	eir 10.3	6.8	No linear change	Not available [§]	No change
weed," life) QN55:	"King F Percent	Kong," " tage of s	Yucatan	Fire," ' who eve	'Skunk,'	or "Mo	oon Rocl	ks," one	or more	e times d	luring th	eir 10.3	6.8	No linear change Decreased, 1999-2017	Not available [§] No quadratic change	No change No change
weed," life) QN55: one or 1 QN57:	"King F Percent more tim	Kong," " tage of s nes duri tage of s	Yucatan students ng their	who eve life) 3.4 who eve	'Skunk,' er took s 7.4 er inject	" or "Mo steroids 4.3 ed any i	without 3.6	xs," one a doctor 4.9	or more 's prescr 8.7	ription (3.8	luring th	eir 10.3 shots, 4.2				

Delaware High School Survey

			1g Use	Healt	h Risk i	Behavio	r and P	ercenta	ges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
NI58.				who we		ed, sold,	or giver	n an illeg	gal drug	on scho	ol prope	erty				
	the 12	monuis	cerore a													

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Hispani Sexual 1	c Behavio	ors		Healt	h Risk i	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN59:	Percen	tage of s	students	who eve	er had se	exual int	ercourse	e								
				61.0	64.0	62.1	50.3	62.8	61.9	59.7	52.0	47.9	46.6	Decreased, 1999-2017	No change, 1999-2011 Decreased, 2011-2017	No change
QN60:	Percen	tage of s	students	who had	d sexual	intercou	urse for t	the first	time bet	fore age	13 year	s				
				13.3	19.5	13.0	12.7	14.9	14.0	7.8	5.9	7.1	4.1	Decreased, 1999-2017	No change, 1999-2009 Decreased, 2009-2017	No change
QN61:	Percen	tage of s	students	who had	i sexual	intercou	urse with	n four or	more p	ersons d	uring th	eir life				
				26.8	24.8	25.6	17.8	26.3	23.7	20.6	14.9	11.6	11.8	Decreased, 1999-2017	No change, 1999-2009 Decreased, 2009-2017	No change
			students g the 3 r					tive (had	l sexual	intercou	rse with	at				
			-	41.7	48.3	45.6	37.0	50.1	42.4	45.2	36.0	35.9	34.8	Decreased, 1999-2017	No change, 1999-2007 Decreased, 2007-2017	No change

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	Behavio	15		Healt	h Risk]	Behavio	r and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
	Percent s who w					nol or us	ed drug	s before	last sex	ual inter	rcourse (among				
								24.0	22.3	17.1	19.2	23.5	19.7	No linear change	No quadratic change	No change
	Percent ere curre				d a con	lom dur	ing last	sexual i	ntercour	rse (amo	ong stude	ents				
										57.9	65.3	55.1	47.2	No linear change	Not available [§]	No change
	Percent lg tests d					ested fo	r human	immun	odeficie	ency viru	us (HIV)	(not				
												18.0	14.5	No linear change	Not available	No change
	Percent ncy, amo								sexual ir	ntercours	se (to pr	event				
										9.7	7.8	17.2	10.5	No linear change	Not available	No change

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Hispani Sexual I		rs		Healt	h Risk]	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
(such as	s Implar	non or N		n) befor	e last se	an IUD xual int						nt				
			,								0.5	1.5	11.8	Increased, 2013-2017	Not available [§]	Increased
OrthoE	vra), or	birth co	ntrol rin	g (such	as Nuva	d a shot Ring) b sexuall	efore las	st sexual								
											6.9	3.3	4.5	No linear change	Not available	No change
ParaGa (such as	rd) or in s Ortho <mark>E</mark>	nplant (s Evra), oi	such as l birth co	Implano ontrol rii	n or Nez 1g (such	d birth c xplanon) as Nuva currently); or a sh aRing) b	ot (such before la	n as Dep ist sexua	o-Prove	ra), patc					
-		•	c			2		-			15.3	21.9	26.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Hea	lth Risk	Behavio	r and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991 1993 199	5 1997 1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
orth control pills; an Nexplanon); or a sho s NuvaRing) before	IUD (such as Not (such as Not (such as Depo	lirena or I Provera),	ParaGard patch (s	l) or imp uch as C	olant (su OrthoEvi	ch as In ra), or b	nplanon	or trol ring					
QNDUALBC: Perce birth control pills; ar Nexplanon); or a sho as NuvaRing) before currently sexually ac	IUD (such as Not (such as Not (such as Depo	lirena or I Provera),	ParaGard patch (s	l) or imp uch as C	olant (su OrthoEvi	ch as In ra), or b	nplanon	or trol ring		5.9	No linear change	Not available [§]	No change
birth control pills; an Nexplanon); or a sho as NuvaRing) before	IUD (such as M ot (such as Depo- last sexual inter tive) entage of studen	lirena or I Provera), course (to	ParaGard patch (s prevent	l) or imp uch as C pregnar any met	blant (su DrthoEvn ncy, amo	ch as In ra), or b ong stuc	nplanon irth cont lents wh	or trol ring to were 5.0	(such 8.5	5.9	No linear change	Not available [§]	No change

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				Healt	h Risk I	Behavio	or and P	ercenta	ges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
						verweigh ic refere										
				20.0	14.9	18.0	12.3	24.4	19.4	19.1	18.6	16.3	18.1	No linear change	No quadratic change	No change
						besity (> e 2000 (ody mas	s index,	based				
				12.9	12.7	16.3	18.3	16.3	16.1	13.2	17.5	16.3	15.1	No linear change	No quadratic change	No change
	Percen	tage of s	students	who des	scribed t	hemselv	ves as sli	ghtly or	very ov	verweigh	ıt					
QN68:	rereen			29.2	30.4	32.0	28.0	36.1	30.4	29.3	39.0	34.2	39.5	Increased, 1999-2017	No quadratic change	No change
QN68:	reicen			_>												
		tage of s	students		re trying	g to lose	weight									
		tage of s	students		re trying 44.1	g to lose 47.6	weight 51.3	49.5	51.3	47.8	55.4	46.5	55.2	Increased, 1999-2017	No quadratic change	Increased
QN69: QN76:	Percen	tage of s	students	who we 38.7 who did	44.1	-	51.3	or glass	of soda	or pop (such as		55.2	Increased, 1999-2017	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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				Healt	h Risk	Behavio	r and P	ercenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
times p	DA1: P er day (the surv	such as	ge of stu Coke, P	dents wł epsi, or ;	no drank Sprite, r	c a can, l tot count	oottle, or ing diet	glass o soda or	f soda o diet poj	or pop or p, during	ne or mo g the 7 d	re ays	-			
		- 57						33.4	25.9	27.3	20.9	22.8	15.8	Decreased, 2007-2017	No quadratic change	Decreased
times p	er day (such as				c a can, l tot count						re				
times p		such as										re	10.6	Decreased, 2007-2017	No quadratic change	No change
times p before QNSO times p	er day (the surv DA3: P er day (such as ey) Percentag	Coke, P	epsi, or s	Sprite, r		oottle, or	soda or 24.5	diet pop 16.5 f soda o	p, during 16.9 or pop th	g the 7 d 14.2 ree or m	re ays 14.9 ore				No change
times p before QNSO times p	er day (the surv DA3: P	such as ey) Percentag	Coke, P	epsi, or s	Sprite, r	tot count	oottle, or	soda or 24.5	diet pop 16.5 f soda o	p, during 16.9 or pop th	g the 7 d 14.2 ree or m	re ays 14.9 ore				No change Decreased
times p before QNSO times p before	er day (the surv DA3: P er day (the surv	such as ey) Percentag such as ey)	Coke, Po ge of stu Coke, Po	epsi, or a dents wh epsi, or a	Sprite, r no drank Sprite, r	tot count	oottle, or	24.5 24.5 glass o soda or 13.0	diet pop 16.5 f soda o diet pop 9.3	p, during 16.9 or pop th p, during 12.4	g the 7 d 14.2 ree or m g the 7 d 9.2	re ays 14.9 ore ays	10.6	Decreased, 2007-2017	No quadratic change	

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				Healt	h Risk I	Behavio	r and P	ercenta	ges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
NBK (NPK)		Percent	tage of s	tudents	who ate	breakfas	st on all	7 days (during t	he 7 day	s before	e the				
									32.1	33.8	35.6	34.7	42.0	Increased, 2009-2017	Not available [§]	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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				Healt	th Risk	Behavio	r and P	ercenta	nges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
days (i	n any ki	nd of ph	students sysical ad days be	ctivity tl	nat incre	eased the	tive at le ir heart	east 60 n rate and	ninutes j l made t	per day hem brea	on 5 or 1 athe hare	nore d some				
Ji the	inic dui	ing the	aujoo	crore un	, survey	,				38.2	38.3	41.2	36.2	No linear change	Not available [§]	No change
activity	' on at le	east 1 da	y (in an	y kind o	f physic	not part al activi 7 days b	ty that in	ncreased	d their h	nutes of eart rate	physical and mad	l de				
activity	' on at le	east 1 da	y (in an	y kind o	f physic	al activi	ty that in	ncreased	d their h	nutes of eart rate 26.6	physical and mad 19.1	l de 18.2	23.2	No linear change	Not available	No change
activity them b QNPA days (i	on at le reathe h 7DAY: n any ki	east 1 da ard som Percent nd of ph	e of the age of structure	y kind o time dur tudents ctivity tl	f physic ring the who wer nat incre	al activi 7 days b re physic eased the	ty that in efore th	e survey	d their hey)	eart rate	and mad 19.1 per day o	de 18.2 m all 7	23.2	No linear change	Not available	No change
activity them b QNPA days (i	on at le reathe h 7DAY: n any ki	east 1 da ard som Percent nd of ph	e of the	y kind o time dur tudents ctivity tl	f physic ring the who wer nat incre	al activi 7 days b re physic eased the	ty that in efore th	e survey	d their hey)	eart rate 26.6	and mad 19.1 per day o	de 18.2 m all 7	23.2	No linear change No linear change	Not available Not available	No change
activity them b QNPA days (i of the t	7 on at le reathe h 7DAY: n any ki ime dur	Percent nd of ph ing the 7	age of st age of st ysical ac days be	y kind o time dur tudents ctivity tl efore the	f physic ring the who wer nat incre e survey	al activi 7 days b re physic eased the)	ty that in efore th cally act ir heart	ive at le	d their h y) ast 60 m l made th	eart rate 26.6 ninutes p hem brea	and mac 19.1 per day c athe hard 22.7	de 18.2 on all 7 d some 20.2				

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^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

		Healtl	h Risk l	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
1991 1993 1995	5 1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
hours per day (count smartphone, texting,	ing time spe YouTube, I	ent on ti Instagra	hings su ım, Face	ich as X	box, Pla	yStatior	1, an iPa	d or oth	er tablet,	, a				
QN81: Percentage o hours per day (count smartphone, texting, not school work, on a	ing time spe YouTube, I	ent on ti Instagra	hings su ım, Face	ich as X	box, Pla	yStatior	1, an iPa	d or oth	er tablet,	, a	42.1	Increased, 2007-2017	No quadratic change	No change
hours per day (count smartphone, texting,	ing time spe YouTube, I an average s f students w	ent on th Instagra school c	hings su um, Face day) yed on a	ich as X ebook, o nt least o	box, Pla or other s	yStation social m 28.9 ts team (n, an iPa edia, for 28.5 (countin	d or other someth 39.8	er tablet, ing that 44.4	, a was 38.2	42.1	Increased, 2007-2017	No quadratic change	No change

Delaware High School Survey

				Healt	h Risk	Behavio	or and P	Percenta	nges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
ON87.	Percent	age of s	students	who had	l ever b	een told	by a doo	ctor or n	urse tha	t they ha	ad asthr	a				
QITO?.																
Q1107.											29.3	25.5	24.8	No linear change	Not available [§]	No change
		age of s	students	who got	t 8 or me	ore hour	s of slee	ep (on ar	n averag	e school		25.5	24.8	No linear change	Not available [§]	No change
		age of s	students	who got	t 8 or me	ore hour	s of slee	ep (on ar	n averag 30.4	e school 27.7		25.5 24.7	24.8 24.5	No linear change	Not available ⁸ Not available	No change No change
QN88: QN89:	Percent		students						30.4		night) 21.4	24.7				

Delaware High School Survey

Trend Analysis Report

Hispanio Site-Ado																
				Healt	h Risk]	Behavio	or and P	ercenta	iges					Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN94: are serv						at either	of their	parents	or othe	r adults	in their	family				
										10.3	15.4	14.3	13.4	No linear change	Not available [§]	No change
QN95:	Percen	tage of s	students	who are	deaf or	have set	rious dif	ficulty	hearing		-	-				
												3.7	2.5	No linear change	Not available	No change
QN96:	Percen	tage of s	students	who hav	ve seriou	us difficu	ılty seei	ng (eve	n when	wearing	glasses)				
												9.5	11.3	No linear change	Not available	No change
QN97: decisior	Percent ns (beca	tage of s use of a	students physica	who hav al, menta	ve seriou al, or em	us difficu	ulty cono problem	centratii	ng, reme	embering	g, or ma	king				
							-					24.0	22.8	No linear change	Not available	No change
QN98:	Percen	tage of s	students	who hav	ve seriou	us difficu	ılty wall	king or	climbing	g stairs	-		2.4	N. 1. 1	NT / 1111	
												5.6	3.4	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Site-Ad	ucu			Healt	th Risk	Behavio	or and H	Percenta	iges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	-		
QN99: for hun survey	ting or f	tage of s for a spo	students ort such	who car as target	rried a g t shootin	un (not lg, on at	counting least on	g the day e day di	vs when uring the	they car e 30 days	rried a gu s before	in only the				
				7.6	8.6	4.8	4.6	9.4	6.6	4.2	4.0	5.6	5.8	Decreased, 1999-2017	No quadratic change	No change
ON106	: Perce	ntage of	student	s who re	eported t	hat the	argest r	umber o	of alcoho	olic drin	ks they l	nad in				
		entage of or more c										nad in 5.1	1.8	Decreased, 2013-2017	Not available [§]	Decreased
a row v QN109	vas 10 o		drinks (v	within a	couple	of hours	during t	he 30 da	ays befo	re the su	urvey) 4.6	5.1	1.8	Decreased, 2013-2017	Not available [§]	Decreased
a row v	vas 10 o	or more of	drinks (v	within a	couple	of hours	during t	he 30 da	ays befo	re the su	urvey) 4.6	5.1	1.8	Decreased, 2013-2017 Decreased, 1999-2017	Not available ⁸ No quadratic change	Decreased No change

Delaware High School Survey

				Healt	h Risk	Behavio	or and P	ercenta	iges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
2N111	: Perce	ntage of	students	s who ha	ave ever	given o	r receiv	ed oral s	sex	:			-			
							44.7	59.0	51.7	51.4	46.1	44.0	44.7	Decreased, 2005-2017	No quadratic change	No change
rinks,	energy	drinks o	students or other d													
lrinks,	energy		r other d										19.4	No linear change	Not available [§]	No change
lrinks, lays be	energy fore the	drinks o survey)	or other d	lrinks w	ith caffe	eine adde	ed, one o	or more	times pe	er day dı	uring the	e 7 25.9	19.4	No linear change	Not available [§]	No change
lrinks, lays be QN117	energy fore the : Perce	drinks o survey) ntage of	r other d	lrinks w	ith caffe	eine adde	ed, one o	or more	times pe	er day dı	uring the	25.9				
lrinks, lays be QN117	energy fore the : Perce	drinks o survey) ntage of	or other d	lrinks w	ith caffe	eine adde	ed, one o	or more	times pe	er day dı	uring the	e 7 25.9	19.4 28.0	No linear change Decreased, 2015-2017	Not available [§] Not available	No change No change
lrinks, lays be 2N117 nore ho 2N120	energy fore the fore the : Perceipurs per : Percei	drinks o survey) ntage of week o	or other d	Irinks w s who pl ge) s who st	ith caffe	eine adde	ed, one of games	or more	times pe	that are	rated M	25.9 2, 2 or 34.5				

Delaware High School Survey

Trend Analysis Report

	ded			Healt	h Risk	Behavio	or and P	ercenta	nges					Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
							ents or o hen it co			neir fami	ily talke	d with				
unenn u	Jour win	a they e	Apeet u	ienn to u	0 01 1101	10 00 00			SUA			66.0	60.5	No linear change	Not available [§]	No change
QN122	: Percei	ntage of	student	s who th	ink peo	ple mod	erately o	or greatl	y risk h	arming t	themselv	ves	· · · · ·			
physica	ully or in	other w	ays who	en they	smoke o	one or mo	ore pack	s of cig	arettes p	ber day		67.0	80.8	Increased, 2015-2017	Not available	Increased
	ally or in						erately of the drinks									
	,											63.8	72.5	No linear change	Not available	No change
	· Percer						erately o			arming t	themselv	ves				
	ally or in	other w	ays who	en mey :	smoke n	narijuan	a once o	r twice a	a week							

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Hispanio Site-Ado				Healt	th Risk i	Behavio	or and P	ercenta	nges					Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
						ple mod cription						es				
												75.7	80.5	No linear change	Not available [§]	No change
QN126: tobacco		ntage of	student	s who re	eported p	parents f	eel it wi	ong or v	very wro	ong for t	them to s	moke				
												86.7	87.4	No linear change	Not available	No change
						parents f rly every		ong or v	very wro	ong for t	them to l	nave				
							,					83.1	83.5	No linear change	Not available	No change
QN128 marijua		ntage of	student	s who re	eported p	parents f	eel it wi	ong or v	very wro	ong for t	them to s	moke				
J												80.8	79.0	No linear change	Not available	No change

Delaware High School Survey

Hispanio Site-Ado				Healt	h Risk I	Behavio	or and P	ercenta	nges					Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN129: prescrip							eel it wi	rong or v	very wro	ong for	them to	ise				
preserip		ago (1101	preserie		e staden	,						86.7	89.3	No linear change	Not available [§]	No change
QN131: to smok	: Percei	ntage of	students	s who re	ported f	friends f	eel it wo	ould be v	wrong o	r very w	rong for	them				
		0										66.8	66.5	No linear change	Not available	No change
QN132 to have	: Percei	ntage of	students	s who re	ported f	friends f	eel it wo	ould be y	wrong o	r very w	rong for	them				
to nave		un un	ks of all	arconor		iage nea		y day				58.1	58.8	No linear change	Not available	No change
QN133 to smok			students	s who re	ported f	friends f	eel it wo	ould be v	wrong o	r very w	rong for	them				
IO SHIOK	c mariji	ualla										37.1	39.3	No linear change	Not available	No change

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Trend Analysis Report

991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.