2019 Delaware Youth Risk Behavior Survey High School Questionnaire

This survey is about health behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to improve health education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

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The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the circles completely. When you are finished, follow the instructions of the person giving you the survey.

Thank you very much for your help.

DIRECTION	IS			
Use a #2 pencil only. Make dark marks. Fill in a response like this: To change your answer, eras	(A) Se com) B pletel	 •	E

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52 Please fill in the boxes at

51 the top, then fill in the

50 circles in each column.

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48	Zip Code
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43	2222
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40	5555
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38	$\bigcirc \bigcirc $
37	8888
36	99999
35	
	2. How old are you?
33	
32	
31	
30	
29	
28	
27	\bigcirc 18 years old or older
26	2 What is your say?
25	
24	
23	⊖ Male
22	
21	
20	
19	○ 10th grade
18	
17	
16	 Ungraded or other grade
15	
14	5. Are you Hispanic or Latino?
13	⊖ Yes
12	⊖ No
11	
10	6. What is your race? (Select one or more
9	responses.)
8	 American Indian or Alaska Native
7	⊖ Asian
6	O Black or African American
5	O Native Hawaiian or Other Pacific Islander
4	◯ White
3	

2 1 How tall are you without your shoes on? Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number.

Example					
Hei	ght		Height		
Feet	Inches		Feet	Inches	
5	7				
	_				
3	0		3	0	
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	2		(4) (5) (6)	2	
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 How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number.

E	Exampl	е					
	Weight	t			Weight		
	Pounds	3			Pounds	ıds	
1	5	2					
0	0	0		0	0	0	
	1	1		1	1	1	
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	6	6			6	6	
	7	7			7	7	
	8	8			8	8	
	9	9			9	9	
			IL				

- 9. Which of the following best describes you?
- O Heterosexual (straight)
- O Gay or lesbian
- Bisexual
- Not sure

 10. A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you? Very feminine Mostly feminine Somewhat feminine Equally feminine and masculine Somewhat masculine Mostly masculine Very masculine 	 14. During the past 30 days, where did you usually sleep? In my parent's or guardian's home In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing In a shelter or emergency housing In a motel or hotel In a car, park, campground, or other public place I do not have a usual place to sleep Somewhere else 	53 52 51 50 49 48 47 46 45 44 43 42
 11. Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender? No, I am not transgender Yes, I am transgender I am not sure if I am transgender I do not know what this question is asking 	 15. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned? Yes No 16. Are either of your parents or other adults in your family serving on active duty in the military? Yes No 	38 37 36 35 34 33 32 31 30
 12. What is the highest level of education completed by your mother (or the person who is like a mother to you)? Completed grade school or less Attended some high school Completed high school Attended some college Completed college Completed graduate or professional school after college Not sure 	 17. Have any of your family members been incarcerated (in jail or prison) in the past year? (Mark all that apply.) No one in my family Father Mother Other adult family member (18 years or older) Other non-adult family member (under 18 years old) 18. Are you deaf or do you have serious difficulty hearing? Yac 	29 28 27 26 25 24 23 22 21 20 19 18 17 16
 13. During the past 12 months, how would you describe your grades in school? Mostly A's Mostly B's Mostly C's Mostly D's Mostly F's None of these grades Not sure 	 Yes No 19. Do you have serious difficulty seeing, even when wearing glasses? Yes No 	15 14 13 12 11 10 9 8 7 6 5
		5 4 3 2 1

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20.	Because of a physical, mental, or emotional
	problem, do you have serious difficulty
	concentrating, remembering, or making decisions?
Ο	Yes
Ο	No
21.	Do you have serious difficulty walking or climbing
	stairs?
Ο	Yes
Ο	No
22.	Have you been identified by a doctor or other
	health care professional as having difficulty
	concentrating, remembering, making decisions or
	doing things because of a physical, learning or
	emotional disability? (Mark all that apply.)
Ο	No
Ο	Physical Disability
Ο	Learning Disability
Ο	Emotional Disability
23.	Have you ever been diagnosed by a doctor or
	nurse with any of these conditions? (Mark all that
	apply.)
Ο	Asthma
Ο	Diabetes
Ο	High blood pressure
Ο	ADD/ADHD
Ο	Depression
Ο	Anxiety
Ο	Chronic Allergies
Ο	I have never had any of these conditions
24.	Are you currently receiving medical treatment for
	any of these conditions? (Mark all that apply.)
\sim	Asthma
Ο	Diabetes
<u> </u>	High blood pressure
Ο	ADD/ADHD
Ο	Depression
Ο	Anxiety
Ο	Chronic Allergies
Ο	I do not currently have any of these conditions
	$\begin{array}{c} 0 \\ 0 \\ 21. \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ $

The next question asks about safety.

- 25. During the past 30 days, on how many days did you **text or e-mail** while **driving** a car or other vehicle?
- I did not drive a car or other vehicle during the past 30 days
- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- O 20 to 29 days
- \bigcirc All 30 days

The next 12 questions ask about violence-related behaviors.

- 26. During the past 30 days, on how many days did you carry **a weapon** such as a gun, knife, or club?
- 0 days
- 1 day
- 2 or 3 days
- \bigcirc 4 or 5 days
- \bigcirc 6 or more days
- 27. During the past 30 days, on how many days did you carry **a weapon** such as a gun, knife, or club **on school property?**
- O days
- 1 day
- 2 or 3 days
- 4 or 5 days
- 6 or more days
- 28. During the past 30 days, on how many days did you carry **a gun**? (Do **not** count the days when you carried a gun only for hunting or for a sport, such as target shooting.)
- 0 days
- 1 day
- 2 or 3 days
- \bigcirc 4 or 5 days
- 6 or more days

- 29. During the past 30 days, on how many days did you **not** go to school because you felt you would be unsafe at school or on your way to or from school?
- O 0 days
- 🔿 1 day
- \bigcirc 2 or 3 days
- 4 or 5 days
- \bigcirc 6 or more days
- 30. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?
- 0 times
- \bigcirc 1 time
- \bigcirc 2 or 3 times
- \bigcirc 4 or 5 times
- \bigcirc 6 or 7 times
- \bigcirc 8 or 9 times
- O 10 or 11 times
- \bigcirc 12 or more times
- 31. During the past 12 months, how many times were you in a **physical fight**?
- \bigcirc 0 times
- 1 time
- \bigcirc 2 or 3 times
- \bigcirc 4 or 5 times
- \bigcirc 6 or 7 times
- \bigcirc 8 or 9 times
- 10 or 11 times
- \bigcirc 12 or more times
- 32. During the past 12 months, how many times were you in a **physical fight on school property**?
- 0 times
- \bigcirc 1 time
- \bigcirc 2 or 3 times
- \bigcirc 4 or 5 times
- 6 or 7 times
- 8 or 9 times
- 10 or 11 times
- 12 or more times

- 33. Have you ever been physically forced to have sexual intercourse when you did not want to?
- ⊖ Yes
- O No
- 34. During the past 12 months, how many times did **anyone** force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)
- 0 times
- 1 time
- \bigcirc 2 or 3 times
- 4 or 5 times
- 6 or more times
- 35. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)
- I did not date or go out with anyone during the past 12 months
- O times
- 1 time
- O 2 or 3 times
- 4 or 5 times
- 6 or more times
- 36. During the past 12 months, how many times did **someone you were dating or going out with** physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)
- I did not date or go out with anyone during the past 12 months

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- O times
- 1 time
- 2 or 3 times
- \bigcirc 4 or 5 times
- O 6 or more times

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53	37. During the past 12 months, how many times did	42. C
52	someone you were dating or going out with	p
51	purposely try to control you or emotionally hurt you?	e
50	(Count such things as being told who you could or	0 Y
49	could not spend time with, being humiliated in front	
48	of others, or being threatened if you did not do what	
47	they wanted.)	
46	\bigcirc I did not date or go out with anyone during the past	
45	12 months	The
44	\bigcirc 0 times	purp
43		
42	○ 2 or 3 times	43. E
41	O 4 or 5 times	у
40	\bigcirc 6 or more times	v
39		у
38	The next 2 questions ask about bullying. Bullying	00
37	is when 1 or more students tease, threaten, spread	0 1
36	rumors about, hit, shove, or hurt another student	
35	over and over again. It is not bullying when 2	04
34	students of about the same strength or power	$ \circ 6$
33	argue or fight or tease each other in a friendly way.	The
32		The
31	28 During the past 12 menths, have you over been	atter
30	38. During the past 12 months, have you ever been	depr
29	bullied on school property?	atter end
28		enu
27	⊖ No	
26		44. C
25	39. During the past 12 months, have you ever been	S
23	electronically bullied? (Count being bullied through	
22	texting, Instagram, Facebook, or other social media.)	U
21	○ Yes	
20	○ No	
19	\sim	
18	The next 3 questions ask about sexting.	
17		45. E
16		s
15	40. During the past 30 days, have you texted,	0 Y
14	e-mailed, or posted electronically a revealing or	O N
13	sexual photo of yourself?	
12	⊖ Yes	
11	○ No	46. E
10		p
9		
8	41. During the past 30 days, have you received a text	
7	or an e-mail with a revealing or sexual photo of	
6	someone?	
5		
4	⊖ No	
3		Ē
2		6

- During the past 30 days, has a revealing or sexual hoto of you been texted, e-mailed, or posted electronically without your permission?
- 'es
- lо
- lot sure

next question asks about hurting yourself on ose.

- During the past 12 months, how many times did ou do something to purposely hurt yourself vithout wanting to die, such as cutting or burning ourself on purpose?
- times
- times
- or 3 times
- or 5 times
- or more times

next 5 questions ask about sad feelings and npted suicide. Sometimes people feel so essed about the future that they may consider npting suicide, that is, taking some action to their own life.

- During the past 12 months, did you ever feel so ad or hopeless almost every day for two weeks or more in a row that you stopped doing some sual activities?
- 'es
- ١o
- During the past 12 months, did you ever eriously consider attempting suicide?
- 'es
- ٩
- During the past 12 months, did you make a lan about how you would attempt suicide? 'es

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47. During the past 12 months, how many	52. During the past 30 days, on the days you	53
times did you actually attempt suicide?	smoked, how many cigarettes did you smoke	52
○ 0 times	per day?	51
○ 1 time	○ I did not smoke cigarettes during the past 30 days	50
○ 2 or 3 times	○ Less than 1 cigarette per day	49
○ 4 or 5 times	○ 1 cigarette per day	48
\bigcirc 6 or more times	○ 2 to 5 cigarettes per day	47
	○ 6 to 10 cigarettes per day	46
48. If you attempted suicide during the past 12	○ 11 to 20 cigarettes per day	45
months, did any attempt result in an injury,	○ More than 20 cigarettes per day	44
poisoning, or overdose that had to be treated by		43
a doctor or nurse?	The next 4 questions ask about electronic vapor	42
I did not attempt suicide during the past 12	products, such as JUUL, Vuse, MarkTen, and blu.	41
months	Electronic vapor products include e-cigarettes, vapes,	40
⊖ Yes	vape pens, e-cigars, e-hookahs, hookah pens, and	39
○ No	mods.	38
		37
	53. Have you ever used an electronic vapor product?	36
The next 4 questions ask about cigarette smoking.		35
	○ No	34
		33
49. Have you ever tried cigarette smoking, even	54. During the past 30 days, on how many days did	32
one or two puffs?	you use an electronic vapor product?	31
⊖ Yes	○ 0 days	30
○ No	○ 1 or 2 days	29
	○ 3 to 5 days	28
50. How old were you when you first tried cigarette	○ 6 to 9 days	27
smoking, even one or two puffs?	○ 10 to 19 days	26
 I have never tried cigarette smoking, not even 	○ 20 to 29 days	25
one or two puffs	⊖ All 30 days	24
 8 years old or younger 9 or 10 years old 		23
\bigcirc 9 or 10 years old	55. During the past 30 days, how did you usually get	22
\bigcirc 11 or 12 years old	your own electronic vapor products?	21
\bigcirc 13 or 14 years old	 I did not use any electronic vapor products during the next 20 days 	20
\bigcirc 15 or 16 years old	the past 30 days	19
\bigcirc 17 years old or older	○ I bought them in a store such as a convenience	18
51. During the past 30 days, on how many days did	store, supermarket, discount store, gas station, or	17
you smoke cigarettes?	vape store I got them on the Internet	16
\bigcirc 0 days		15
⊖ 1 or 2 days	 I gave someone else money to buy them for me I borrowed them from someone else 	14
\bigcirc 3 to 5 days		13
\bigcirc 6 to 9 days	 A person who can legally buy these procucts gave them to me 	12
\bigcirc 10 to 19 days	them to me	11
\bigcirc 20 to 29 days	\bigcirc I took them from a store or another person	10
 ○ All 30 days 	○ I got them some other way	9
→ Aii 50 days		7
	1	6
	7	

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56. Do you currently use JUUL brand or a similar brand like 53 myblu or Logic? 52 ○ Yes 51 O No 50 49 48 The next 2 questions are about other tobacco 47 products. 46 45 57. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or 44 43 dissolvable tobacco products, such as 42 Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.) 41 40 🔿 0 days 39 🔘 1 or 2 days 38 O 3 to 5 days 37 O 6 to 9 days 36 0 10 to 19 days 35 🔘 20 to 29 days 34 O All 30 days 33 32 31 58. During the past 30 days, on how many days did you 30 smoke cigars, cigarillos, or little cigars? 29 0 days 28 🔿 1 or 2 days $\boxed{27}$ \bigcirc 3 to 5 days 26 \bigcirc 6 to 9 days 25 0 10 to 19 days 24 O 20 to 29 days 23 O All 30 days 22 21 [20] The next 4 questions ask about drinking alcohol. [19] This includes drinking beer, wine, wine coolers, and 18 liquor such as rum, gin, vodka, or whiskey. For [17] these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes. 16 15 [14] 59. How old were you when you had your first drink of alcohol other than a few sips? 13 ○ I have never had a drink of alcohol other than 12 11 a few sips 10 0 8 years old or younger 9 O 9 or 10 years old 8 0 11 or 12 years old ○ 13 or 14 years old 7 15 or 16 years old 6 5 0 17 years old or older 4 3 2 1

- 60. During the past 30 days, on how many days did you have at least one drink of alcohol?
- 🔘 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- O 20 to 29 days
- O All 30 days
- 61. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are a **female**) or 5 or more drinks of alcohol in a row (if you are a **male**)?
- 🔘 0 days
- 🔘 1 day
- 🔘 2 days
- 3 to 5 days
- \bigcirc 6 to 9 days
- 10 to 19 days
- O 20 or more days
- 62. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?
- I did not drink alcohol during the past 30 days
- 1 or 2 drinks
- 3 drinks
- 4 drinks
- O 5 drinks
- 6 or 7 drinks
- 8 or 9 drinks
- 10 or more drinks

The next 3 questions ask about marijuana use. Marijuana also is called pot, weed, or cannabis.

- 63. During your life, how many times have you used marijuana?
- 🔘 0 times
 - 1 or 2 times
 - \bigcirc 3 to 9 times
 - 10 to 19 times
 - \bigcirc 20 to 39 times
 - \bigcirc 40 to 99 times
 - 100 or more times

- 64. How old were you when you tried marijuana for the first time?
- I have never tried marijuana
- \bigcirc 8 years old or younger
- \bigcirc 9 or 10 years old
- \bigcirc 11 or 12 years old
- \bigcirc 13 or 14 years old
- \bigcirc 15 or 16 years old
- 17 years old or older
- 65. During the past 30 days, how many times did you use marijuana?
- 0 times
- 1 or 2 times
- \bigcirc 3 to 9 times
- 10 to 19 times
- O 20 to 39 times
- \bigcirc 40 or more times

The next question asks about synthetic marijuana use. Synthetic marijuana also is called Spice, fake weed, K2, King Kong, Yucatan Fire, or Skunk.

- 66. During your life, how many times have you used synthetic marijuana?
- 0 times
- 1 or 2 times
- \bigcirc 3 to 9 times
- O 10 to 19 times
- O 20 to 39 times
- 40 or more times

The next 2 questions ask about the use of prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it. For these questions, count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.

- 67. During your life, how many times have you taken **prescription pain medicine** without a doctor's prescription or differently than how a doctor told you to use it?
- O times
- \bigcirc 1 or 2 times
- 3 to 9 times
- O 10 to 19 times
- O 20 to 39 times
- 40 or more times

68. During the past 30 days, how many times did you	53
take prescription pain medicine without a doctor's	52
prescription or differently than how a doctor told you	51
to use it?	50
\bigcirc 0 times	49
\bigcirc 1 or 2 times	48
\bigcirc 3 to 9 times	47
\bigcirc 10 to 19 times	46
\bigcirc 20 to 39 times	45
\bigcirc 40 or more times	44
	43
The next 7 questions ask about other drugs.	42
	41
69. During your life, how many times have you used	40
any form of cocaine, including powder, crack, or	39
freebase?	38
\bigcirc 0 times	37
\bigcirc 1 or 2 times	36
\bigcirc 3 to 9 times	35
\bigcirc 10 to 19 times	34
\bigcirc 20 to 39 times	33
\bigcirc 40 or more times	32
	31
70. During your life, how many times have you used	30
heroin (also called smack, junk, or China White)?	29
○ 0 times	28
\bigcirc 1 or 2 times	27
○ 3 to 9 times	26
○ 10 to 19 times	25
○ 20 to 39 times	24
○ 40 or more times	23
	22
71. During your life, how many times have you	21
used methamphetamines (also called speed,	20
crystal meth, crank, ice, or meth)?	19
	18
1 or 2 times	17
○ 3 to 9 times	16
0 10 to 19 times	15
○ 20 to 39 times	14
○ 40 or more times	13
70 During your life how many times have you	12
72. During your life, how many times have you	11
used ecstasy (also called MDMA)?	10
0 times	9
1 or 2 times	8
○ 3 to 9 times	
 10 to 19 times 20 to 20 times 	6
 20 to 39 times 40 or more times 	5

4 3

2 1

40 or more times

	B. During your life, how many times have you taken	79.	During your life
52	steroid pills or shots without a doctor's		had sexual inte
51	prescription?		I have never ha
<u>50</u> C			1 person
49 C		0	2 people
<u>48</u> C		0	3 people
47 C		0	4 people
<u>46</u> C			5 people
45 C) 40 or more times		6 or more peop
44			
43 74	I. During your life, how many times have you used a	80.	During the past
42	needle to inject any illegal drug into your body?		you have sexua
4 1 C		0	I have never ha
40 C	·	0	I have had sexu
39 C) 2 or more times		3 months
38		0	1 person
37 75	5. During the past 12 months, has anyone offered,	0	2 people
36	sold, or given you an illegal drug on school	0	3 people
35	property?	0	4 people
34 C) Yes	0	5 people
33 C) No	0	6 or more peop
32			
31 TI	ne next 11 questions ask about sexual behavior.	81.	Did you drink a
30			sexual intercou
29 76	6. Have you ever had sexual intercourse?	0	I have never ha
28 C) Yes	0	Yes
27 C) No	0	No
26			
25 77	7. How old were you when you had sexual	82.	The last time y
24	intercourse for the first time?		or your partner
23 C) I have never had sexual intercourse	0	I have never ha
22 C) 11 years old or younger	0	Yes
21 C) 12 years old	0	No
20 C) 13 years old		
19 C) 14 years old	83.	The last time y
18 C)15 years old		one method did
17 C) 16 years old		prevent pregn
16 C)17 years old or older	0	I have never ha
15		0	No method was
	3. The first time you had sexual intercourse, how many	0	Birth control pil
13	years younger or older than you was your partner?	0	Condoms
12 C	I have never had sexual intercourse		An IUD (such a
	5 or more years younger		(such as Impla
10 C			A shot (such as
9 C	About the same age		Ortho Evra), or
8 C	3 to 4 years older		Withdrawal
	5 or more years older		Some other me
6 C			Not sure
5		10	
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		000	000000

- your life, with how many people have you exual intercourse?
- never had sexual intercourse
- on
- ole
- ole
- ole
- ole
- ore people
- the past 3 months, with how many people did ave sexual intercourse?
- never had sexual intercourse
- had sexual intercourse, but not during the past ths
- on
- ple
- ole
- ole
- ole
- ore people
- ou drink alcohol or use drugs before you had intercourse the last time?
- never had sexual intercourse
- st time you had sexual intercourse, did you r partner use a condom?
- never had sexual intercourse
- ist time you had sexual intercourse, what nethod did you or your partner use to nt pregnancy? (Select only one response.)
- e never had sexual intercourse
- ethod was used to prevent pregnancy
- control pills
- oms
- D (such as Mirena or ParaGard) or implant as Implanon or Nexplanon)
- t (such as Depo-Prevera), patch (such as Evra), or birth control ring (such as NuvaRing)

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- rawal
- other method
- ure

- 84. How many times have you been pregnant or gotten someone pregnant?
- 0 times
- 1 time
- 2 or more times
- Not sure
- 85. During your life, with whom have you had sexual contact?
- $\bigcirc\,$ I have never had sexual contact
- Females
- Males
- Females and males
- 86. Have you ever given or received oral sex?
- ⊖ Yes
- O No

The following 5 questions ask more about your experience with and access to birth control methods such as the ones listed above.

- 87. In the past 12 months, have you ever had sexual intercourse without using a birth control method (even if only once)?
- I have never had sexual intercourse
- Yes, I have had sexual intercourse without using a birth control method
- No, I have never had sexual intercourse without using a birth control method
- 88. In the past 12 months, have you gotten any information about birth control methods from any of the following sources? (Mark all that apply.)
- A friend, family member, or sexual partner
- Health teacher, school counselor, school wellness center, or other school personnel
- https://www.beyourownbaby.org
- Twitter, Facebook, Instagram, or Snapchat or other Internet sources
- \bigcirc Posters, signs, or billboards
- TV, radio, or print ads, such as in magazines, newspapers, and brochures
- Ads or campaigns in the community or at local events
- A nurse, doctor, other healthcare provider or social worker outside of school
- I have not gotten any information from any of these sources

89.	In the past 12 months did you receive information	53
	from any sources on the following topics? (Mark	52
	all that apply.)	51
0	Where you can go to get birth control	50
č	How much birth control costs	
0		49
0	What types of birth control are the most effective	48
$\overline{\mathbf{O}}$	Information about a particular birth control method,	47
\cup		
	such as how it is placed or how it works	46
0	Information about side effects	45
$\tilde{\circ}$	I have not received any information on these	
\cup	-	44
	topics from any sources	43
		42
		41
~~~		
90.	In the past 12 months, have you ever had trouble	40
	getting the birth control method you wanted for any of	39
	the following reasons? (Mark all that apply.)	38
~		
0	I have never wanted to get birth control	37
0	I have never had any trouble getting the birth control	36
Ŭ	that I wanted	
_		35
0	It costs too much to get birth control	34
$\circ$	I was worried about someone finding out if I tried to	33
Ŭ	get birth control	
~	-	32
0	It would be too much of a hassle to go to the doctor,	31
	clinic, or pharmacy	30
$\cap$	I thought my sexual partner would not want me to use	29
U		
	birth control	28
0	Other reasons	27
		26
		25
91.	Which of the following birth control methods can	24
	you get for free (by <b>free</b> we mean you or your	23
	family do not have to pay anything out-of-pocket)?	
		22
	(Mark all that apply.)	21
$\cap$	Male condoms	20
$\sim$	IUD (Liletta, Kyleena, Mirena, Paragard, or Skyla)	
0		19
$\circ$	Implant (Nexplanon)	18
$\bigcirc$	Depo-Provera (also called "the shot")	17
$\tilde{}$	Birth control pills	
0		16
0	I do not know how to get any of these methods for	15
	free	14
		13
		12
		11
		10
		9
		8
		7
		6
		5

4

3

53 The next 2 questions ask about body weight.	
52	
51 92. How do <b>you</b> describe your weight?	
47 Slightly overweight	
45	
45 44 93. Which of the following are you trying to do about	
43 your weight?	
$42 \bigcirc $ Lose weight	
$41 \bigcirc Gain weight$	
40 Stay the same weight	
39 O I am <b>not trying to do anything</b> about my weight	
38	
37	
[36] The next 5 questions ask about food you ate or dra	nk
<b>35</b> during the past 7 days. Think about all the meals an	d
<b>34</b> snacks you had from the time you got up until you	
<b>33</b> went to bed. Be sure to include food you ate at hom	ne,
<b>32</b> at school, at restaurants, or anywhere else.	
31	
30 94. During the past 7 days, how many times did you	
eat <b>fruit</b> ? (Do <b>not</b> count fruit juice.)	
$28$ $\bigcirc$ I did not eat fruit during the past 7 days	
$27$ $\bigcirc$ 1 to 3 times during the past 7 days	
26 $0$ 4 to 6 times during the past 7 days	
25 0 1 time per day	
24 $2$ times per day	
23	
22 \( 4 times per day 21	
20 95. During the past 7 days, how many times did	
you eat vegetables or salad? (Do not count	
18 potatoes.)	
17 $0$ I did not eat vegetables or salad during the past	
16 7 days	
$15$ $\bigcirc$ 1 to 3 times during the past 7 days	
$14$ $\bigcirc$ 4 to 6 times during the past 7 days	
13 O 1 time per day	
12 O 2 times per day	
11 O 3 times per day	
10 $\bigcirc$ 4 or more times per day	
9	
8	
7	
6	12

- 96. During the past 7 days, how many times did you drink **a can, bottle, or glass of soda or pop**, such as Coke, Pepsi, or Sprite? (Do **not** count diet soda or diet pop.)
- I did not drink soda or pop during the past 7 days
- 1 to 3 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- O 4 or more times per day
- 97. During the past 7 days, on how many days did you eat **breakfast**?
- 0 days
- 1 day
- O 2 days
- 3 days
- 4 days
- O 5 days
- 6 days
- 7 days
- 98. During the past 30 days, how often did you go hungry because there was not enough food in your home?
- Never
- Rarely
- Sometimes
- Most of the time
- Always

#### The next 4 questions ask about physical activity.

- 99. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)
- 0 days
- 1 day
- 2 days
- ⊖ 3 days
- O 4 days
- 5 days
- 6 days
- 7 days

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- 100. On an average school day, how many hours do you watch TV?
  - $\bigcirc$  I do not watch TV on an average school day
  - $\bigcirc$  Less than 1 hour per day
  - $\bigcirc$  1 hour per day
  - $\bigcirc$  2 hours per day
  - $\bigcirc$  3 hours per day
  - $\bigcirc$  4 hours per day
  - $\bigcirc$  5 or more hours per day
- 101. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)
- I do not play video or computer games or use a computer for something that is not school work
- $\bigcirc$  Less than 1 hour per day
- 1 hour per day
- O 2 hours per day
- 3 hours per day
- 4 hours per day
- $\bigcirc$  5 or more hours per day
- 102. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)
  - 0 teams
- 1 team
- $\bigcirc$  2 teams
- O 3 or more teams
- 103. In the past year, which of the following have you done? (Mark all that apply.)
- $\bigcirc\,$  Played the lottery or scratch off tickets
- Bet on fantasy sports
- O Bet on individual sports teams
- Played Bingo for money
- $\bigcirc$  Bet on dice games such as craps
- Bet money on a challenge (dare, fight, street race, etc.)
- $\bigcirc$  Played online gambling games for money
- Bet on video games
- Bet on games of personal skill such as pool, darts, or basketball

The next question asks about concussions. A concussion is when a blow or jolt to the head causes problems such as headaches, dizziness, being dazed or confused, difficulty remembering or concentrating, vomiting, blurred vision, or being knocked out.

- 104. During the past 12 months, how many times did you have a concussion **from playing a sport or being physically active**?
  - 0 times
- 1 time
- 2 times
- 3 times
- 4 or more times

## The next 6 questions ask about other health-related topics.

- 105. Have you ever been tested for HIV, the virus that causes AIDS? (Do **not** count tests done if you donated blood.)
- ⊖ Yes
- No
- Not sure

106. During the past 12 months, have you been tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea?

- ⊖ Yes
- O No
- O Not sure
- 107. Have you ever been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs), including HIV?
- ⊖ Yes
- O No
- O Not Sure
- 108. During the last 12 months, have you been to: (Mark all that apply.)
- $\bigcirc$  A dentist for a check up, exam, or teeth cleaning
- A doctor or other healthcare provider for a routine check-up
- A mental health professional/counselor for any reason

53	Some schools have a school-based health center, also called a wellness center, where students can	The next 6 questions ask about relationships.
51	get health care such as sports physicals or	112. Which of the following people would you say
50	prescriptions for medicine, on school property. This	give you a lot of support and encouragement?
49	is not the same as the school nurse's office. The	(Mark all that apply.)
	following question asks about your use of the	$\bigcirc$ No one
48	school-based health center.	
47	school-based health center.	<ul> <li>Your parent or guardian</li> <li>Your brother sister or other relative</li> </ul>
46		<ul> <li>Your brother, sister, or other relative</li> <li>Your teacher</li> </ul>
45		O Your teacher
44		Another adult in your school
	109. During the past 12 months, how many times did you	Another adult outside of school
42	go to the school-based health center at your school?	○ Your friends
41	○ My school does not have a school-based health center	<ul> <li>Your friends' parents</li> </ul>
40	⊖ 0 times	<ul> <li>Your grandparent</li> </ul>
39	$\bigcirc$ 1 time	
38	$\bigcirc$ 2 or 3 times	113. If you had a personal problem with drinking, drug use,
37	$\bigcirc$ 4 or 5 times	violence you have seen or that has affected you, or
36	$\bigcirc$ 6 or 7 times	sexual behavior, who would you <b>most likely</b> talk to?
35	⊖ 8 or 9 times	(Select only <b>one</b> response.)
34	$\bigcirc$ 10 or more times	○ No one
33		<ul> <li>Your parent or guardian</li> </ul>
32		○ Your brother, sister, or other relative
	110. Has a doctor or nurse ever told you that you have	$\bigcirc$ Your teacher
30	asthma?	$\bigcirc$ Another adult
29	⊖ Yes	$\bigcirc$ Your friends
28	Νο	◯ ◯ Your grandparent
27	<ul> <li>○ Not sure</li> </ul>	
26		114. Do you ever feel sad, empty, hopeless, angry, or anxious?
25		$\bigcirc$ Yes
	111. On an average school night, how many hours of	$\bigcirc$ No
	sleep do you get?	
23	$\bigcirc$ 4 or less hours	115. When you feel sad, empty, hopeless, angry, or anxious,
22	$\bigcirc$ 5 hours	how often do you get the kind of help you need?
21	0	$\bigcirc$ I do not feel sad, empty, hopeless, angry, or anxious
20	6 hours	
19	7 hours	
18	○ 8 hours	⊖ Rarely
17	9 hours	
16	○ 10 or more hours	O Most of the time
15		⊖ Always
14		
13		
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- 116. Do you agree or disagree that your parents or other adults in your family have clear rules and consequences for your behavior?
- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree
- 117. Have your parents or other adults in your family ever talked with you about what they expect you to do or not to do when it comes to sex?
- ⊖ Yes
- 🔿 No
- $\bigcirc$  Not sure

#### The next 12 questions ask about how you think other people feel about some of the behaviors asked about in this survey.

- 118. How much do you think people risk harming themselves physically or in other ways when they smoke one or more packs of cigarettes per day?
- O No risk
- Slight risk
- Moderate risk
- Great risk
- 119. How much do you think people risk harming themselves physically or in other ways when they have five or more drinks of an alcoholic beverage once or twice a week?
- No risk
- Slight risk
- Moderate risk
- Great risk
- 120. How much do you think people risk harming themselves physically or in other ways when they smoke marijuana once or twice a week?
- No risk
- Slight risk
- Moderate risk
- Great risk

- 121. How much do you think people risk harming themselves physically or in other ways when they use prescription drugs that are not prescribed to them?
- O No risk
- Slight risk
- Moderate risk
- Great risk
- 122. How wrong do your parents feel it would be for you to smoke tobacco?
- Not at all wrong
- A little bit wrong
- O Wrong
- Very wrong
- 123. How wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?
- Not at all wrong
- A little bit wrong
- O Wrong
- Very wrong
- 124. How wrong do your parents feel it would be for you to smoke marijuana?
  - Not at all wrong
  - A little bit wrong
- ⊖ Wrong
- Very wrong
- 125. How wrong do your parents feel it would be for you to use prescription drugs not prescribed to you?
- Not at all wrong
- A little bit wrong
- ⊖ Wrong
- Very wrong

52         51         50         49         48         47         46	<ul> <li>26. How wrong do your friends feel it would be for you to smoke tobacco?</li> <li>Not at all wrong</li> <li>A little bit wrong</li> <li>Wrong</li> <li>Very wrong</li> <li>27. How wrong do your friends feel it would be for you to have one or two drinks of an alcoholic</li> </ul>	<ul> <li>128. How wrong do your friends feel it would be for you to smoke marijuana?</li> <li>Not at all wrong</li> <li>A little bit wrong</li> <li>Wrong</li> <li>Very wrong</li> </ul> 129. How wrong do your friends feel it would be for you to use prescription drugs not prescribed to			
43         42         41         40         39         38         37         36	<ul> <li>beverage nearly every day?</li> <li>Not at all wrong</li> <li>A little bit wrong</li> <li>Wrong</li> <li>Very wrong</li> </ul>	you? Not at all wrong A little bit wrong Wrong Very wrong	-		
35 34 33	The next 4 questions ask about your relationship v	vith your parent(s).	Never or Almost Never	Some- times	Always or Almost Always
32 31	130. My parent(s) show me they are proud of me:		0	0	0
30 29	131. My parent(s) take an interest in me:		0	0	0
28 27	132. My parent(s) listen to me when I talk to them:		0	0	0
26 25	133. I can count on my parent(s) to be there when I nee	d them:	0	0	0

23 22 21 20	The final 2 questions ask about your feelings in the past 4 weeks.	Never or Almost Never	Some- times	Always or Almost Always
19 18 17	134. How often did you feel <b>really</b> worried?	0	0	0
17 16 15	135. How often did you feel afraid?	0	0	0
14				·

## This is the end of the survey. Thank you very much for your help.

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