YEAR 2014

DELAWARE 5TH GRADE STUDENT ASSENT AND SURVEY INSTRUCTIONS

This survey is part of a study the University of Delaware does every year to provide information on student behaviors and beliefs, including the use of cigarettes, alcohol and other drugs. Results are used to make better decisions about the kinds of programs and policies needed to support the health and well-being of Delaware students.

All answers are entirely

- Confidential—no one will see your answers or know how you answered the questions
- Anonymous—do not put your name on the survey; we do not want to know how any one person answered, only about percentages of answers of all students combined
- Voluntary—there is no penalty if you choose not to fill out any part of the survey or all of it

This <u>IS NOT A TEST</u>, so there are no right or wrong answers. If you don't find an answer that fits exactly, choose the one that comes closest. If a question does not apply to you, or if you are not sure what it means, just leave it blank. Please work as quickly as you can. If you have any questions, raise your hand and I will come to help you. Unless it says "Mark all that apply," please mark only one answer for each question. When you are finished, turn your booklet over and raise your hand; I will come around with an envelope for you to put your survey in. Then you can work quietly at your desk on something else until everyone has finished.

Remember:

- Read the instructions before you answer.
- Fill in the circle next to the answer you choose completely, like the example below:

I am in the 5th grade:



Yes

MARKING INSTRUCTIONS

- Use a No. 2 pencil only.
- Do not use ink, ballpoint, or felt tip pens.
- Make solid marks that fill the response completely.
- Erase cleanly any marks you wish to change.
- Make no stray marks on this form.

CORRECT:





PLEASE DO NOT WRITE IN THIS AREA

SERIAL

56	ZIP CODE	ZIP CODE	3	②② guess.	22
55	ZIF CODE	ZII CODE		33	33
53	4 0 7 4 6			44	44
52	1 9 7 1 6			5 5 6 6	5 5
51	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		77	6677
50	2222	2222		88	88
49	33333	33333		99	99
48	44444	44444			
47	5 5 5 5	5 5 5 5	10 Which of th	he following people li	ve with you
46	6666	66666		e time? (MARK ALL T	
45	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	O Mother	e time: (MARK ALL I	<u>IIAI AI I EI</u>)
44	8888	8888	Father		
43	$\boxed{9 \bullet 9 9 9}$	99999		ent or guardian	
42				ent(s), aunt(s), uncle(s	s)
41			Stepparent		,
40	2. Are you a:	3. Do you get a free or		, stepbrother(s)	
39	Boy	reduced cost lunch at	O Sister(s), s	stepsister(s)	
38	O Girl	school?	Non-family	/ member(s)	
37		Yes			
36		No		he people who live wi	
35				to earn money to pay	
34	4. Are you Hispanio	c or Latino?		od? (<u>MARK ALL THAT</u>	APPLY)
33	O Yes		Mother/ste		
31	O No		○ Father/step		
30	E Which one of the	noo graupa BEST		ent or guardian	
29	5. Which one of the	(CHOOSE <u>ONLY ONE</u>)	Grandmoth	or sister(s)	
28	American Indian		Grandfathe	_	
27	O Asian	Of Alaskall Native	Other adult		
26	O Black or African	American	O No one	.(0)	
25	White/Caucasian				
24	Other		12. What ONE	category best descril	bes your
23			grades on	your last report card?	?
22	6. How old are you	TODAY?	Mostly A's		
21	9 years old or yo	ounger	Mostly B's		
20	0 10 years old		Mostly C's		
19	11 years old		○ Mostly D's	or F's	
18	12 years old or o	older	40 11		
16	7. In the past 12 mo	onthe has any adult		times has your family started Kindergarten?	
15		MARK ALL THAT APPLY)	O We have no		i
14	Been in jail or pri	son	1 time	J. 111010U	
13	Been active in the		2 times		
12		n unable to find work	3 or more t	times	
11	(mother)				
10		n unable to find work		e medicine to help yo	ou concentrate
9	(father)		better in so	chool?	
8			O No		
[│ ○ Yes		
9 8 7 6 5			2		
4		PLEASE DO NOT WRITE I	N THIS AREA		
3		000000000000000000000000000000000000000		SERIA	1/
2				OLIVI/	.
1					

8. What is your

mother's age? If

you don't know,

please put your

guess.

best

9. What is your

father's age?

know, please

put your best

If you don't

Age

00

11

Age

00

111

PLEASE ANSWER THE FOLLOWING QUESTIONS:

numbers, then fill in the proper circles.

1. What is the zip code for your home

address? Please write in the

(Example)

62

61

60

59

58

57

15. How tall are you without your shoes on? Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number.

	(Example)									
	Height									
	Feet Inch									
L	J									
1 1	3	0								
(4	1								
		2								
(6	1 2 3 4 5 6								
		4								
		(5)								
		6								
		8 9 10								
		9								
		10								
		11								
_										

Hei	ght
Feet	Inches
3	①
4 5 6	1
⑤	2
6	3
	4
	⑤
	② ③ ④ ⑤ ⑥ ⑦
	7
	8
	9
	$\mathbf{\tilde{0}}$
	1

16. How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number.

(Example)							
Weight							
Pounds							
1	5	2					
0	0	0					
	① ① ②	1					
② ③	2						
3	3	3					
	4	34567					
		(5)					
	6 7	6					
	7	7					
	8	8					
	9	9					

	Veigh							
P	Pounds							
①①②③	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9						

| 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 26 | 25 | 24 | 23 | 22 | 21 | 20 | 18 | 17 |

The next questions ask about your feelings in the past 4 weeks.	Never or Almost Never	Some- times	Always or Almost Always
17. How often did you feel really sad?	\circ	0	\circ
18. How often did you feel really worried?	0	0	0
19. How often did you feel afraid?	0	0	0
20. How often did you have trouble relaxing?	0	0	0
21. How often did you feel nervous?	0	0	0

The next questions ask about your relationships in the past 4 weeks.	Never or Almost Never	Some- times	Always or Almost Always
22. Do you get along well with people of different races, cultures and religions?	0	0	0
23. Do you listen to other students' ideas?	0	0	0
24. Do you control your anger when you have a disagreement with a friend?	0	0	0
25. Do you follow the rules when you are at a park, theater, or sports event?	0	0	0
26. Do you respect other points of view, even if you disagree?	0	0	0

How much time do you spend on a school day (before and after school):	No Time	1/2 hour or less	About one hour	About two hours	More than two hours	13 12 11
27. Online on a computer (not for school work), tablet, phone, watching TV, or playing computer/video games?	0	0	0	0	0	9 8
28. Doing school work at home?	0	0	0	0	0	6
29. Physically playing, exercising, or playing sports?	0	0	0	0	0	4

52

50

49 48

47 46

45

43 42 41

40

38

32

31 30

18 17

16 15

14 13

12

PLEASE ANSWER YES <u>OR</u> NO TO THESE QUESTIONS:	YES	NO	5
50. Have you ever stolen (not borrowed) something that didn't belong to you?	0	0	5
51. Have you ever, <u>purposefully</u> , damaged or destroyed something that didn't belong to you?	0	0	4
52. Teachers in my school treat students with respect.	0	0	4
53. Have you hit anyone in the past month with the intention of hurting them?	0	0	4
54. Has your parent (foster parent, guardian) spoken to at least two of your friends in the past month?	0	0	4
55. During the past 30 days, have you lied to your parent (foster parent, guardian) about where you were or what you were doing?	0	0	3
56. If you break your parents' rules, will you definitely be punished?	0	0	3
57. If you break the school rules, will you definitely be punished?	0	0	3
			3
Never or So	me- Alv	vavs or	-

Mark <u>ONE</u> answer in each row:	Never or Almost Never	Some- times	Always or Almost Always	32 31 30
58. My parent (foster parent, guardian) show me they are proud of me:	0	0	0	29
59. My parent (foster parent, guardian) take an interest in my activities:	0	0	0	28 27
60. My parent (foster parent, guardian) listen to me when I talk to them:	0	0	0	26 25
61. I can count on my parent (foster parent, guardian) to be there when I need them:	0	0	0	242322
62. My parent (foster parent, guardian) and I talk about the things that really matter:	0	0	0	21 20 19
63. I am comfortable sharing my thoughts and feelings with my parent (foster parent, guardian):	0	0	0	18 17 16
	-		•	15

How many days in the past 7 days did you eat:	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days
64. Breakfast	0	0	0	0	0	0	0	0
65. Dinner with your parent (foster parent, guardian)	0	0	0	0	0	0	0	0

63 62 61 60 59	These questions ask about food you ate or drank in the past 7 days at home, at school, at restaurants, or anywhere else. Mark <u>ONE</u> answer in each row:	0 times in 7 days	1 to 3 times in 7 days	4 to 6 times in 7 days	1 time per day	2 times per day	3 times per day	4 or more times per day
58 57 56	66. In the past 7 days, you ate fruit:	0	0	0	0	0	0	0
555453	67. In the past 7 days, you ate green salad:	0	0	0	0	0	0	0
52 51 50 49 48	68. In the past 7 days, you ate other vegetables (not counting carrots, potatoes, or green salad):	0	0	0	0	0	0	0
47 46 45	69. In the past 7 days, you drank soda:	0	0	0	0	0	0	0
44 43 42	70. In the past 7 days, you drank milk:	0	0	0	0	0	0	0
41	PLEASE ANS	WER TH	E FOLLO	OWING (QUESTI	ONS:		
59 58 57 56 55 54 53 52 51 50 49 48 47 46 45 41 40 39 38 37 36 35 32 21 22 21 20 19 18 17 16 15 11 10 9 8 7	 71. Have you ever smoked most of a cigarette (more than a few puffs) Yes No 72. Is it easy or hard for someone your age to get cigarettes? Easy Hard I'm not sure 73. Is it easy or hard for someone yo to get alcohol (beer, wine, or liqu Easy Hard I'm not sure 74. Is it easy or hard for someone yo age to get marijuana (weed or po Easy Hard I'm not sure 	ur age or)? ur	77.	THE PLATE FROM ME FROM ME FROM A FROM	ACES your friend by brother by parenther adulther adulthe	ou could ge s or other ers, sister the term of term of term of the term of term of term of	r kids I kr rs, or cou nem know them know them know them I clerk clerk rour home MARK AL	now sins ving) nowing) wing) knowing)
13 14 13 12 11 10 9 8 7 6	 75. How old were you the first time y smoked a cigarette? I've never smoked 6 years old or younger 7 years old 8 years old 9 years old 10 years old 11 years old or older 	ou	0			ad a drin re than ju	k of alcoh ıst a sip?	nol, (wine
3 2	PLEASE DO NOT			0000)	SE	ERIAL	
1	•							

. How old were you the first tin you had a drink of alcohol, (weer, or liquor) more than just've never drunk alcohol 6 years old or younger 7 years old 8 years old 9 years old 10 years old 11 years old or older . Have you ever smoked marij (pot, weed)? Yes No	81. During this school year, I have had lessons in school about the risks of: (MARK ALL THAT APPLY). Using tobacco Using alcohol Using marijuana Using illegal drugs Using prescription drugs without a prescription 82. My parents have told me NOT to: (MARK ALL THAT APPLY). Smoke cigarettes Drink alcohol Use marijuana Use other illegal drugs Use prescription drugs without a prescription					
THAT COMES CLOSEST TO S	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
83. Cigarettes	0	0	0	0	0	0
84. Cigars	0	0	0	0	0	0
85. Chewing tobacco, snuff, dip (Skoal, Red Man, Snus)	0	0	0	0	0	0
86. Alcohol (beer, wine coolers, liquor)	0	0	0	0	0	0
87. Marijuana (pot, weed)	0	0	0	0	0	0
88. Inhalants (sniffing glue, sprays, gasoline)	0	0	0	0	0	0
89. Prescription painkillers (Codeine, OxyContin, Percocet) to get high	0	0	0	0	0	0
90. Ritalin, Adderall, Strattera, Concerta, or Cylert to get high	0	0	0	0	0	0
91. Other prescription drugs to get high	0	0	0	0	0	0
92. Dactyls (rubes, dacks)	0	0	0	0	0	0
93. Over-the-counter drugs to get high (3C, cough syrup, antihistamines)	0	0	0	0	0	0
		7				

63 62 61	HOW MUCH DO PEOPLE RISK HARMING THEMSELVES IF THEY:	NO RISK	A LITTLE RISK	A LOT OF RISK	DON'T KNOW					
605958	94. Smoke one or more packs of cigarettes a day?	0	0	0	0					
57 56	95. Try one or two drinks of alcohol (beer, wine, liquor)?	0	0	0	0					
55 54	96. Drink one or two drinks of alcohol nearly every day?	0	0	0	0					
53 52	97. Try marijuana once or twice?	0	0	0	0					
51 50	98. Smoke marijuana every week?	0	0	0	0					
49 48 47	99. Regularly use prescription drugs, without a prescription, to get high?	0	0	0	0					
46	100. Sniff glue or spray cans once or twice?	0	0	0	0					
43	101. Sniff glue or spray cans every week?	0	0	0	0					
42 41 40 39 38 37 36 33 32 31 30 29 26 27 26 22 21 20 19 18 17 16 15 11 10 9 8 7 6 5 4	102. If you were bullied at school during the past year, which of the following happened? (MARK ALL THAT APPLY) I didn't know what to do I talked or fought back and got in trouble I reported it to an adult and they did something about it I reported it to an adult and nothing really happened I have not been bullied at school in the past year 103. How many times in the past year has your parent (foster parent, guardian) taken you to a museum, concert, or sports event? 104. How often do you wear a seat belt? Never Hardly ever About half the time Usually Always 106. On an average school night, how many hours of sleep do you get? 4 or less hours 5 hours 6 hours 7 hours 9 hours 10 or more hours									
8	•	rnet	art of this	ctudy						
6	THE END Thank you again for being an imp 8 DE Mark Reflex® EW-225618-15:654	_	น เ บเ แแร	stuuy.						
4	PLEASE DO NOT WRITE IN THIS AREA		SE	RIAL						

3/8" SPINE PERF