## YEAR 2009

## DELAWARE SECONDARY SCHOOL STUDENT ASSENT AND SURVEY INSTRUCTIONS

This survey is part of a study the University of Delaware does every year to provide information on student behaviors and beliefs, including the use of cigarettes, alcohol and other drugs. Results are used to make better decisions about the kinds of programs and policies needed to support the health and well-being of Delaware students.

All answers are entirely

- Confidential-no one will see your answers or know how you answered the questions
- Anonymous-do not put your name on the survey; we do not want to know how any one person answered, only about percentages of answers of all students combined
- Voluntary-there is no penalty if you choose not to fill out any part of the survey or all of it

This IS NOT A TEST, so there are no right or wrong answers. If you don't find an answer that fits exactly, choose the one that comes closest. If a question does not apply to you, or if you are not sure what it means, just leave it blank. Please work as quickly as you can. If you have any questions, raise your hand and I will come to help you. Unless it says "Mark all that apply," please mark only one answer for each question. When you are finished, turn your booklet over and raise your hand; I will come around with an envelope for you to put your survey in. Then you can work quietly at your desk on something else until everyone has finished.

Remember:

- Read the instructions before you answer.
- Fill in the circle next to the answer you choose completely, like the example below:


## I am currently attending school:

| MARKING INSTRUCTIONS |
| :--- |
| - Use a No. 2 pencil only. |
| - Do not use ink, ballpoint, or felt tip pens. |
| - Make solid marks that fill the response completely. |
| - Erase cleanly any marks you wish to change. |
| - Make no stray marks on this form. |
| CORRECT: $\quad$ INCORRECT: $\triangle \otimes \odot \bigcirc$ |

Thank you very much for being an important part of this study.

1. What is the zip code for your home address? Please write in the numbers, then fill in the proper circles.

## EXAMPLE


2. What is your gender?Male
Female
3. How old are you TODAY?

12 years or younger
13 years
14 years
15 years
16 years
17 years
18 years
19 years or older
4. Are you Hispanic or Latino?

No
$\bigcirc$ Yes
5. Which of the following BEST describes you? (CHOOSE ONLY ONE ANSWER)
American Indian or Alaskan Native
Asian
Black or African American
White/Caucasian
Other (describe)
6. What ONE category best describes your overall grades on your last report card?
Mostly A's
Mostly B's
Mostly C's
Mostly D's or F's
7. How do you get to school most days?

I ride a school bus
I walk to school
I get a ride with a family member or friend
I get to school some other way
8. Which of the following people live with you most of the time? (MARK ALL THAT APPLY)
$\bigcirc$ Mother
$\bigcirc$ Father
Grandparent(s)
Step-parent(s)
Siblings(s)
Non-family member(s)
9. How old is your mother? If you don't know, please put your best guess.

10. How old is your father? If you don't know, please put your best guess.

11. What is the highest level of schooling your mother or female guardian completed? (CHOOSE ONLY ONE ANSWER)
Completed grade school or lessSome high schoolCompleted high school
Some college
Completed college
Graduate or professional school after collegeI don't know
12. What is the highest level of schooling your father or male guardian completed?
(CHOOSE ONLY ONE ANSWER)Completed grade school or less
Some high school
Completed high school
Some college
Completed collegeGraduate or professional school after college
O Idon't know
13. Which of the following best describes the place where you live?
O My family owns the place where we live (with or without a loan or mortgage)
My family rents the place where we live Other
14. How many times has your family moved since you started school (in Kindergarten)?
0
$\begin{array}{r}\bigcirc 1 \\ \bigcirc \\ \hline\end{array}$
15. How much schooling do you think you will complete?
Probably will not finish high school
Complete high school degree
Some college
Complete college degree
Graduate or professional school after college
〇 I don't know
16. Have you had lessons in school to teach you (MARK ALL THAT APPLY):
Drug/alcohol education (ever)
Drug/alcohol education in past year
Health education in past year
How to set short- and long-term goals for yourself
How to make decisions better
To understand things that influence your behavior
How to communicate better with others
18. How many books are in your home that you can read?
$\bigcirc 0$
1 to 9
10 to 19
○ 20 or more

CHOOSE THE ONE BEST ANSWER FOR EACH ROW:

| PLEASE CHOOSE THE BEST RESPONSE FOR THE FOLLOWING STATEMENTS: | MOST OF THE TIME | OFTEN | SOME OF THE TIME | NOT OFTEN | NEVER |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 19. My parents know where I am when I am NOT in school. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 20. My parents know what I am doing when I am NOT in school. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 21. I feel safe in my neighborhood. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 22. I feel safe in my school. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 23. I get along well with other kids at school. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 24. I get along well with my parents/guardians. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 25. When I do a good job at home or at school, my parents tell me about it. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 26. Students at this school treat each other with respect. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 27. Students treat teachers with respect. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 28. Teachers treat students with respect. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 29. Students at this school feel safe on their school bus. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 30. Students in this school are well-behaved in public (classes, assemblies, cafeterias). | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 31. Student violence is a problem at this school. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |


| HOW OFTEN DO YOU: | NEVER | BEFORE, BUT NOT IN PAST YEAR | $\begin{aligned} & \text { A FEW } \\ & \text { TIMES IN } \\ & \text { PAST YEAR } \end{aligned}$ | ONCE OR TWICE A MONTH | ONCE OR TWICE A WEEK | ALMOST EVERY DAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 32. Argue or fight with either of your parents/guardians? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 33. Take some kind of weapon to school or to school event? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 34. Take part in a fight where a group of your friends are against another group? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 35. Steal something from a store without paying for it? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 36. Break into a car, house or other building? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 37. Get arrested? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 38. Talk to either of your parents about how things are going at school? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 39. Go places with your parents such as concerts, museums, plays, historical sites or other educational trips or activities? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 40. Cheat on a test in class? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 41. Attend religious services? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 42. Ride in a car when the driver - an adult - ha been drinking alcohol while driving or shortly before driving? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 43. Ride in a car when the driver - someone less than 21 yrs old - has been drinking alcohol while driving or shortly before driving? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 44. Sneak money from an adult's wallet, purse or other place? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 45. Do chores or help out at home? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 46. Get stopped by police? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 47. Ride in a car when the driver has been smoking pot while driving or shortly befor driving? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 48. Skip or miss classes (not the whole school day) without permission? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 49. Get suspended or expelled from school? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 50. Hear name-calling, threats or yelling between adults in your home which makes you uncomfortable? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 51. Hear or see violence between adults in your home? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |


| HOW OFTEN DO YOU: | NEVER | BEFORE, BUT NOT IN PAST YEAR | $\begin{gathered} \text { A FEW } \\ \text { TIMES IN } \\ \text { PAST YEAR } \end{gathered}$ | ONCE OR TWICE A MONTH | ONCE OR <br> TWICE A WEEK | ALMOST EVERY DAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 52. Carry a weapon other than a gun? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 53. Carry a gun when you're not in school? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 54. Participate in a gang or gang activities? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 55. Hit someone with the intention of hurting them? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 56. Say things to someone in public with the intention of hurting them? 57. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| See or hear violence in your neighborhood? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 58. Damage or destroy property that does not belong to you? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

68. In the past year, my parents have (Mark all that apply):

Called other parents to check on me
Told me to call home and let them know where I am
Offered to pick me up if I needed a safe ride home
Asked parents hosting a party I would be attending if they would be present
Asked parents hosting a party I would be attending if there would be alcohol served
Talked to me about the risks of using alcohol and drugs
Told me not to drink alcohol
Told me not to use drugs
69. Does anybody living in your home smoke cigarettes or tobacco? (MARK ALL THAT APPLY)
$\bigcirc$
$\bigcirc$
$\bigcirc$
$\bigcirc$
$\bigcirc$ No one
Mother or Stepmother
Father or Stepfather
Brother(s) or Stepbrother(s)
Sister(s) or Stepsister(s)
Other household member(s)
70. How old were you the first time you smoked a cigarette (not just a few puffs)?
I have never smoked a cigarette
10 years or younger
11 years old
12 years old
13 years old
14 years old
15 years old
16 years old
17 years old or older

How many cigarettes have you smoked:

|  | NONE | $\begin{aligned} & \text { LESS } \\ & \text { THAN } 1 \end{aligned}$ | $\begin{gathered} 1-5 \\ \text { CIGARETTES } \end{gathered}$ | $\begin{array}{\|c\|} \hline 6-10 \\ \text { CIGARETTES } \end{array}$ | $\begin{gathered} 11-20 \\ \text { CIGARETTES } \end{gathered}$ | $\begin{gathered} 21-30 \\ \text { CIGARETTES } \end{gathered}$ | 31 OR MORE CIGARETTES |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 71. ...in your whole life? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 72. ...in the past year? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 73. ...in the past month? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

74. In the past month on the days that you smoked, about how many cigarettes did you smoke per day?
Did not smoke cigarettes Less than 1 cigarette per day
About 1-5 cigarettes per day
About $1 / 2$ pack per day
About 1 to 1 and $\mathbf{1 / 2}$ packs per day
About 2 packs per day or more
75. If you wanted to get cigarettes, where would you most likely get them? (MARK ALL THAT APPLY)
From my friends or other kids I know
From my brothers, sisters, or cousins
From my parents/guardians (with them knowing)
From my parents/guardians (without them knowing)
From other adults (with them knowing)
From other adults (without them knowing)
From a vending machine
From a store cashier or clerk

| HOW OFTEN HAVE YOU USED <br> ANY OF THE FOLLOWING: | NEVER | BEFORE, <br> BUT NOT IN <br> PAST YEAR | A FEW TIMES <br> IN PAST <br> YEAR | ONCE OR <br> TWICE A <br> MONTH | ONCE OR <br> TWICE A <br> WEEK | ALMOST <br> EVERY <br> DAY |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| 76. Chewing tobacco, snuff, dip <br> (Skoal, Red Man)? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 77. Cigars or cigarillos (little cigars, <br> cigars with tips)? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

78. How old were you the first time you had a drink (not just a few sips) of alcohol (beer, wine, liquor, mixed drink)?
I have never had a drink of alcohol
10 years or younger
11 years old
12 years old
13 years old
14 years old
15 years old
16 years old
17 years old or older



| 63 <br> 62 <br> 61 <br> 61 <br> 60 <br> 59 <br> 58 <br> 58 | HOW MUCH DO PEOPLE RISK HARMING THEMSELVES (PHYSICALLY AND OTHER WAYS) WHEN THEY: <br> CHOOSE THE ONE BEST ANSWER FOR EACH ROW. <br> 116. Smoke one or more packs of cigarettes per day? | NO RISK | SLIGHT RISK | MODERATE RISK | GREAT RISK | DO NOT kNOW |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 56 <br> 55 <br> 54 <br> 54 | 117. Try one or two alcoholic drinks (beer, wine, liquor) | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 53 <br> 52 <br> 51 <br> 51 | 118. Have one or two alcoholic drinks (beer, wine, liquor) nearly every day? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 49 | 119. Have 5 drinks at a time, once or twice a week? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 48 | 120. Try marijuana once or twice? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 5 | 121. Smoke marijuana occasionally? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 44 | 122. Smoke marijuana regularly? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 41 | 123. Inhale glue or aerosols or other inhalants regularly? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 40 <br> 39 <br> 38 <br> 37 | 124. Use over-the-counter medication to get high? | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| $3{ }^{37}$ |  |  |  |  |  |  |
| 34 | PLEASE COMPLETE THE FOLLOWING STATEMENTS: |  | OK | A Little Bit Wrong | Wrong | $\begin{array}{\|c} \hline \text { Very } \\ \text { Wrong } \\ \hline \end{array}$ |
| 32 | 125. I consider any use of tobacco products to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 30 | 126. I consider smoking one or more packs of cigarettes per day: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 28 | 127. My parents consider my use of tobacco products to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 26 | 128. I consider trying one or two drinks of an alcoholic beverage to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 24 | 129. I consider having one or two drinks of an alcoholic beverage daily to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 21 | 130. I consider having five or more alcoholic drinks once or twice each weekend to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 19 <br> 18 | 131. My parents consider my drinking alcohol to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 16 | 132. I consider trying marijuana once or twice to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 14 | 133. I consider smoking marijuana regularly to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 12 | 134. My parents consider my use of marijuana to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 10 | 135 I consider use of other illegal drugs to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| 8 <br> 7 | 136. My parents consider my use of other illegal drugs to be: |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| $\stackrel{5}{5}$ | 10 |  |  |  |  |  |
| 4 <br> 2 <br> 1 | PLEASE DO NOT WRITE IN THIS AREA$000000000000000000000000$ |  |  | SERIAL |  |  |
| 1 | - |  |  |  |  |  |

137. On an average school night, how many hours of sleep do you get?
5 or fewer hours
6 hours
7 hours
8 hours
9 or more hours
138. How many times in an average week do you eat breakfast?
00 times
1 time

- 2 times

3 times
O 4 times
5 times
6 times
7 times
140. Yesterday, how many caffeinated drinks did you have? (please include coffee, tea, sodas, power or energy drink, or other drinks with caffeine added.)
I did not have any caffeinated drinks yesterday
1 caffeinated drink
$\bigcirc 2$ caffeinated drinks
3 or more caffeinated drinks
142. On an average school day, how many hours do you spend watching television, on the computer (not doing homework), playing video or computer games, or texting?
I do not do any of the above on an average school day.
$\bigcirc$ Less than 1 hour per day
1 hour per day

- 2 hours per day

3 hours per day
4 hours per day
5 or more hours per day

If you are in 8th grade, please
stop here. If you are in 11th
grade, please complete the final
four questions below on the
next page:

# If you are in 8th grade，please stop here．If you are in 11th grade，please complete the final four questions below： 

143．Have you used the Wellness Center in your high school for：（MARK ALL THAT APPLY）
Sports physicals Immunizations Pregnancy testing STD testing Nutrition／diet counseling Information on tobacco，alcohol or drug use Other physical health reasons
Emotional／Counseling／Mental health
Never used

144．On average，how often do you drive a car，truck，

146．On average，how often do you drive a car，truck，
or other motor vehicle（motorcycle，ATV，boat） after drinking alcohol？
O I don＇t drive
O Never
At least once，but not in past year
A few times in past year
About once or twice a month
About once or twice a week
Almost every day

I don＇t drive
Yes，for others who were drinking，but I didn＇t
Yes，when we all were drinking，but I drank less
Yes，for others who were smoking marijuana
Yes，for others who were using other illegal drugs
No
145．In the past year，have you ever been a designated driver？（MARK ALL THAT APPLY）
，
or other motor vehicle after smoking marijuana？

I don＇t drive
Never
At least once，but not in past year
A few times in past year
About once or twice a month
About once or twice a week
Almost every day

# Thank you again for being an important part of this study． 

