



DELAWARE SECONDARY SCHOOL STUDENT ASSENT AND SURVEY INSTRUCTIONS

This survey is part of a study the University of Delaware does every year to provide information on student behaviors and beliefs, including those about eating habits and the use of cigarettes, alcohol and other drugs. Results are used to make better decisions about the kinds of programs and policies needed to support the health and well-being of Delaware students.

All answers are entirely:

- Confidential—no one will see your answers or know how you answered the questions
- Anonymous—do not put your name on the survey; we do not want to know how any one person answered, only about percentages of answers of all students combined
- Voluntary—there is no penalty if you choose not to fill out any part of the survey or all of it

This IS NOT A TEST, so there are no right or wrong answers. If you don't find an answer that fits exactly, choose the one that comes closest. If a question does not apply to you, or if you are not sure what it means, just leave it blank. Please work as quickly as you can. If you have any questions, raise your hand and I will come to help you. Unless it says "Mark All That Apply," please mark only one answer for each question. When you are finished, turn your booklet over and raise your hand; I will come around with an envelope for you to put your survey in. Then you can work quietly at your desk on something else until everyone has finished.

Remember:

- Read the instructions before you answer.
- Fill in the circle next to the answer you choose completely, like the example below:

I am currently attending school:

Yes \bigcirc No

MARKING INSTRUCTIONS

- Use a No. 2 pencil only.
- Do not use ink, ballpoint, or felt tip pens.
- Make solid marks that fill the response completely.
- Erase cleanly any marks you wish to change.
- · Make no stray marks on this form.

CORRECT:

INCORRECT: $\bigvee \bigvee \bigcirc \bigcirc$



Thank you very much for being an important part of this study.

proper <u>circles</u> .		Mostly A's			
EXAMPLE		O Mostly B's			
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44444	44444	O Step-parent			
5 5 5 5	5 5 5 5	O Brother(s) o	or Sister(s)		
6 6 6 6 0 7 7 • 7 7		10. Which of the pe	eople who	live with you right	
8888	8888			to pay the bills and	
$9 \bullet 9 9 9$	9999	buy the food?	MARK AL	L THAT APPLY)	
		Mother			
2. What is your	3. Do you get a free or reduced	O Father			
gender?	cost lunch at school?	O Foster Pare			
○ Male	O Yes	○ Grandparen○ Step-parent		(a) OF OHOR(S)	
Female	O No	O Brother(s) o)	
		O No one			
l. How old are yo	u TODAY?	44 Hamaldia	Λ στο	40 Hamaldia	
12 years or you		11. How old is your mother?	Age	12. How old is your father?	Α
12 years13 years	, anger	If you don't	$\parallel \parallel \parallel \parallel \parallel$	If you don't	
14 years		know, please	00	know, please	0
15 years		put your best	00	put your best	1
16 years		guess.	22	guess.	2
17 years 18 years			3 3 4 4		(3) (4)
19 years or ol	der		5 5		5
•			66		6
5. Are you Hispar	nic or Latino?		77		7
O. Are you mispar O No	iic or Latino:		88		(8) (9)
	xican, Mexican American, or				9
Chicano	,				
Yes, I am Pue		13. What is the hig			
	oan or Cuban American	mother or fema (CHOOSE ONL	_	-	
Yes, I am son listed here	ne other Hispanic or Latino not	○ Completed		•	
		○ Some high		JJ: 0. 1000	
	ollowing BEST describes you?	O Completed	high scho	ol	
_	LY ONE ANSWER)	O Some collect			
American Ind	ian or Alaskan Native	O Completed	_	onal school after colle	ac
		Graduate of	hi niessio	mai school allei colle	ye
	an American		hest level		
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Asian Black or Afric	sian	father or male	guardian d	-	
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Asian Black or Afric White/Caucas Other (descril	sian be) our parents or other adults	father or male (CHOOSE ONL	guardian d <u>Y ONE</u> AN grade sch	ISWER)	
AsianBlack or AfricWhite/CaucasOther (descril7. Are either of y	sian be) our parents or other adults der) in your family serving on	father or male (CHOOSE ONL Completed (Completed (Comple	guardian o <u>Y ONE</u> AN grade sch school	ISWER) ool or less	
 Asian Black or Afric White/Caucas Other (descril 7. Are either of y (18 years or ol 	sian be) our parents or other adults der) in your family serving on	father or male (CHOOSE ONL	guardian o <u>Y ONE</u> AN grade sch school high scho	ISWER) ool or less	
Asian Black or Afric White/Caucas Other (descril 7. Are either of y (18 years or ol active duty in	sian be) our parents or other adults der) in your family serving on	father or male (CHOOSE ONL Completed (Some high some college Completed (Completed COmpleted (Completed COmpleted (Completed COmpleted (Completed (COMP))	guardian of Y ONE AN Grade school high school ge college	ISWER) ool or less	

15. How tall are you without your shoes on? Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number.

Height							
Feet	Inches						
5	7						
3	0						
4	1						
	2						
6	3						
7	4						
	⑤						
	6						
	8						
	9						
	10						
	11						

Hei	ght
Feet	Inches
3 4 5 6	0 1 2 3 4 5 6 7 8 9

16. How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number.

Weight								
Pounds								
1	5 2							
① • 2 3	0 1 2 3 4 • 6 7 8 9	0 1 3 4 5 6 7 8 9						

Weight								
Pounds								
(a) (b) (c) (c) (c) (c) (c) (c) (c) (c) (c) (c	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9						

17. Have you been identified by a doctor or other health care professional as having difficulty concentrating, remembering, making decisions or doing things because of a physical, learning, or emotional disability? (MARK ALL THAT APPLY)

()	N	O

- O Physical Disability
- Learning Disability
- Emotional Disability

18. Has your family experienced any of the following in the past year? (MARK ALL THAT HAVE HAPPENED)

- O Father lost a job or was unable to find work
- O Mother lost a job or was unable to find work
- Father or mother had hours cut back at work
- Family had phone, gas, or electric shut off
- Family had trouble paying rent or mortgage
- Family had trouble affording groceries

19. Where do you typically sleep at night?

- At home with your parent(s) or guardian(s)
- At a friend's or relative's home <u>with</u> your parent(s) or guardian(s)
- At a friend's or relative's home <u>without</u> your parent(s) or guardian(s)
- Somewhere else (shelter, transitional housing, public place, hotel, car) with your parent(s) or guardian(s)
- Somewhere else (shelter, group home, foster care home, public place, car, hotel) without your parent(s) or guardian(s)

20. Have you had lessons in school about: (MARK ALL THAT APPLY)

- O No
- Drug/alcohol education (ever)
- Drug/alcohol education in past year
- O How to have healthy relationships

21. Have any of your family members been incarcerated (in a prison or detention center) in the past year? (MARK ALL THAT APPLY)

- No one in my family
- Father
- Mother
- Other adult family member (18 years or older)
- Other non-adult family member (under 18 years old)

22. How much schooling do you think you will complete?

- O Probably will not finish high school
- O Complete high school degree
- Some college
- Complete college degree
- Graduate or professional school after college

23. Are you deaf or do you have serious difficulty hearing?

- O Yes
- O No

24. Do you have serious difficulty seeing, even when wearing glasses?

- O Yes
- O No

25. Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?

- O Yes
- O No

26. Do you have serious difficulty walking or climbing stairs?

- O Yes
- O No

CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

PLEASE CHOOSE THE BEST RESPONSE FOR THE FOLLOWING STATEMENTS:	MOST OF THE TIME	OFTEN	SOME OF THE TIME	NOT OFTEN	NEVER
27. My parents know <u>where I am</u> when I am <u>NOT</u> in school.	0	0	0	0	0
28. I feel safe in my neighborhood.	0	0	0	0	0
29. I feel safe in my school.	0	0	0	0	0
30. Teachers here treat students with respect.	0	0	0	0	0
31. I get along well with my parents/guardians.	0	0	0	0	0
32. Students here treat teachers with respect.	0	0	0	0	0
33. Students in this school are well-behaved in public (classes, assemblies, cafeterias).	0	0	0	0	0
34. Student violence is a problem at this school.	0	0	0	0	0
35. School rules are fair.	0	0	0	0	0
36. School rules are strictly enforced.	0	0	0	0	0
37. My parents'/guardians' rules are strictly enforced.	0	0	0	0	0

CHOOSE THE ONE BEST ANSWER FOR EACH ROW:

HOW OFTEN DO YOU:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
38. Argue or fight with either of your parents/guardians?	0	0	0	0	0	0
39. Take some kind of weapon to school or to a school event?	0	0	0	0	0	0
40. Take part in a fight where a group of your friends are against another group?	0	0	0	0	0	0
41. Steal something from a store without paying for it?	0	0	0	0	0	0
42. Break into a car, house or other building?	0	0	0	0	0	0
43. Get arrested?	0	0	0	0	0	0
44. Talk to either of your parents/guardians about how things are going at school?	0	0	0	0	0	0

CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

HOW OFTEN DO YOU:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
45. Cheat on a test in class?	0	0	0	0	0	0
46. Get bullied at school?	0	0	0	0	0	0
47. Ride in a car when the driver has been drinking alcohol while driving or shortly before driving?	0	0	0	0	0	0
48. Sneak money from an adult's wallet, purse, or other place?	0	0	0	0	0	0
49. Do chores or help out at home?	0	0	0	0	0	0
50. Skip a whole day of school <u>without</u> permission and when you are not sick?	0	0	0	0	0	0
51. Get sent to in-school suspension?	0	0	0	0	0	0
52. Get stopped by police?	0	0	0	0	0	0
53. Ride in a car when the driver has been smoking pot while driving or shortly before driving?	0	0	0	0	0	0
54. Skip or miss classes (not the whole school day) without permission?	0	0	0	0	0	0
55. Get suspended or expelled from school?	0	0	0	0	0	0
56. Hear name-calling, threats or yelling between adults in your home that makes you feel bad?	0	0	0	0	0	0
57. Hear or see violence between adults in your home?	0	0	0	0	0	0
58. Carry a weapon when you're not in school or at a school event?	0	0	0	0	0	0
59. Participate in a gang or gang activities?	0	0	0	0	0	0
60. Hit someone with the intention of hurting them?	0	0	0	0	0	0
61. Damage or destroy property, <u>on purpose</u> , that does not belong to you?	0	0	0	0	0	0
62. See or hear a media message about the risks of teens drinking alcohol?	0	0	0	0	0	0
63. Complete and turn in school assignments?	0	0	0	0	0	0
64. Participate in class discussions?	0	0	0	0	0	0

65. Does anybody living cigars, little cigars, p (MARK ALL THAT AF) No one Mother or Stepmother Father or Stepfather Brother(s) or Stepbro Sister(s) or Stepsiste Other household me	pipe or other PPLY) er or Femalor Male Guother(s) er(s) mber(s)	er tobacco pro e Guardian ardian	oducts?	smoke I have 10 yea 11 yea 12 yea 13 yea 14 yea 15 yea 16 yea	rs old rs old rs old rs old	(not just a fo ed a cigarette r	ew puffs)?			
HOW MANY CIGARETTES HAVE YOU SMOKED: NONE LESS 1-5 6-10 11-20 21-30 31 OR MORE CIGARETTES CIGARET										
67in your whole life?	0	0	0	0	0	0	0			
68in the past year?	0	0	0	0	0	0	0			
69in the past month?	0	0	0	0	0	0	0			
70. In the past month, on the days that you smoked, about how many cigarettes did you smoke per day? Did not smoke cigarettes Less than 1 cigarette per day About 1-5 cigarettes per day About 1/2 pack per day About 1 - 1 and 1/2 packs per day About 2 packs per day or more 71. If you wanted to get cigarettes, where would you most likely get them? (MARK ALL THAT APPLY) From my friends or other kids I know From my brothers, sisters or cousins From my parents/guardians (with them knowing) From my parents/guardians (without them knowing) From other adults (with them knowing) From other adults (without them knowing) From a store cashier or clerk										
		NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY			
72. Chewing tobacco, sn snus (Skoal, Red Mai Copenhagen, Timber	n,	0	0	0	0	0	0			
73. Cigars?		0	0	0	0	0	0			
74. Cigarillos, little cigare and Milds?	s, Black	0	0	0	0	0	0			
75. E-Cigarettes?							0			

(not just a few sips) of mixed drink)? I have never had a drider of the simple of the sipple of the	never had a drink of alcohol s or younger s old						ever dr nk alco s or you s old s old s old s old s old s old s old	of <u>alco</u> rank alco phol unger	<u>hol</u> (b	eer,	, wine, li	quor, mixed
	0 TIMES	1-2 TIMES	3	3-5 TIME	-		-9 IES	10-19 TIME			20-39 TIMES	40 OR MORE TIMES
78in your whole life?	0	0		С)			0			0	0
79in the past year?	0	0		С))	0			0	0
80in the past month?	0	0		С)			0			0	0
Think back over the <u>last 2 weeks</u> . How many to					1 2		s	3-5 TIMES	s	6-9 TIMES	10 TIMES OR MORE	
813 alcoholic drinks in	a row?		0		0		0		0		0	0
824 alcoholic drinks in	a row?		0		(0 0		0			0	0
835 or more alcoholic	drinks in a ro	w?	0		()	0 0		0		0	0
84. In the past 30 days if y WHOM did you someti THAT APPLY) Never drank alcohol I didn't drink in past 30 Brother(s) or sister(s) Adult family members Other adults Friends from school Friends from my neigh Boyfriend/Girlfriend Drank alone 85. In the past 30 days, if y did you drink? (MARK Never drank alcohol I didn't drink in the past At home At someone else's hor At a party At a sports event At school In a car In a public place (park	mes drink? days borhood ALL THAT / st 30 days me	cohol, <u>WI</u>	HERE		(MAF (MAF (MAF (MAF (MAF)	en at enage en at esent	L THA a party rs a party ned (dra neone o hol for alcoho alcohol lcohol lcohol ion arent b	T APPL / where / with al ank before over age r you ol with a ol withou from you from you from so ouy alcolor or sistel	Y) paren lcohol ore go e 21 (o fake l our bein our ho omeon	other lib ouse element	d no pard to a garder than a exked for without	an ID permission rmission use without

marijuana (grass, pot, hash, weed, blunts)? I have never tried marijuana 10 years old or younger 11 years old 12 years old 13 years old 14 years old 15 years old 16 years old 17 years old or older How many times have you smoked marijuana (grass					Never used Didn't use m Brother(s) o Adult family Friends fron Friends not Used alone	marijuana narijuana in p r sister(s) members n school from school	past 30 days	THAT APPLY)
	0 TIMES	1-2 TIMES	3-5 TIME		6-9 TIMES	10-19 TIMES	20-39 TIMES	40 OR MORE TIMES
89in your whole life?	0	0	0		0	0	0	0
90in the past year?	0	0	0		0	0	0	0
91in the past month?	0	0	0		0	0	0	0
					yes, OxyCon Yes, Codein Yes, Percoc Yes, Vicodin Yes, Suboxo Yes, Xanax Yes, Somas Yes, Ritalin/ Yes, Albuter Yes, Anothe PRESCRIBE specify)No . If you wante prescription ALL THAT A Free from fr Buy them fro Sneak them At a party From the Int	e/Tylenol with et/Percodan of the et/Percodan of th	RK ALL TH one th codeine attera sthma med TION DRUG (please cription dru you get the acquaintance ne (parents	ication is NOT ugs without a em? (MARK es or other kids s, etc.) ve you used dication

88. In the past 30 days, if you used marijuana, WITH

87. How old were you the first time you tried

HOW OFTEN DO YOU USE:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
98. Ecstasy (E, Molly)	0	0	0	0	0	0
99. Hallucinogens (acid, LSD, shrooms)	0	0	0	0	0	0
100. Steroids without a prescription	0	0	0	0	0	0
101. Over-the-counter drugs (cough & cold meds, Nyquil) to get high	0	0	0	0	0	0
102. Downers (tranqs, barbs, Xanax) to get high	0	0	0	0	0	0
103. Prescription uppers (diet pills, etc) to get high	0	0	0	0	0	0
104. Street uppers (speed, meth, crank) to get high	0	0	0	0	0	0
105. Inhalants (aerosol spray cans, gasoline, whippets, glue)	0	0	0	0	0	0
106. Pain killers (OxyContin, codeine, Percocet, Tylenol III) to get high	0	0	0	0	0	0
107. Dactyls (rubes, dacks)	0	0	0	0	0	0
108. Ritalin, Adderall, Strattera, Cylert or Concerta without a prescription	0	0	0	0	0	0
109. Crack (rock)	0	0	0	0	0	0
110. Powder cocaine (powder, blow)	0	0	0	0	0	0
111. Heroin (funk, dope)	0	0	0	0	0	0
112. Synthetic marijuana	0	0	0	0	0	0

MARK ALL THAT APPLY FOR EACH DRUG:	Alcohol	Marijuana	Prescription Pain Killers	Other Illegal Drugs
113. I know where students my age can buy:	0	0	0	0
114. During the past year, I have sold or given someone else:	0	0	0	0
115. During the past year, I tried to cut down on or stop my use of:	0	0	0	0
116. During the past year, I have been unable to cut down on my use of:	0	0	0	0
117. During the past year, I needed larger amounts to get the same effect from:	0	0	0	0
118. During the past year, I used daily or almost daily for 2 or more weeks in a row:	0	0	0	0
119. During the past year, I had withdrawal symptoms or felt sick because I cut down or stopped my use of:	0	0	0	0

DURING THE PAST YEAR, HAVE ANY OF THESE THINGS HAPPENED DUE TO DRINKING ALCOHOL?	DID NOT DRINK IN PAST YEAR	YES	NO
120. I got into a heated argument while drinking.	0	0	0
121. I stayed away from school because of a hangover.	0	0	0
122. I was high or a little drunk at school.	0	0	0
123. My girl/boyfriend told me that I should cut down on my drinking.	0	0	0
124. Friends told me that I should cut down on my drinking.	0	0	0
125. I stayed drunk for more than one day at a time.	0	0	0
126. Once I started drinking, it was difficult for me to stop before I became completely intoxicated.	0	0	0
127. I have awakened unable to remember some of the things I had done while drinking the day before.	0	0	0
128. My hands shook a lot after drinking the day before.	0	0	0
129. Sometimes I kept on drinking after promising myself not to.	0	0	0
130. My parents punished me due to my drinking.	0	0	0

If this happened to you during the past year, check the columns that apply:	NOT IN PAST YEAR	DUE TO DRINKING	DUE TO MARIJUANA USE	DUE TO PRESCRIPTION PAINKILLER USE	DUE TO OTHER REASONS
131. I became depressed or lost interest in things.	0	0	0	0	0
132. I had arguments or fights with family or friends.	0	0	0	0	0
133. I felt completely alone and isolated.	0	0	0	0	0
134. I felt very nervous or anxious.	0	0	0	0	0
135. I attempted suicide.	0	0	0	0	0
136. I found it difficult to think clearly.	0	0	0	0	0
137. I felt irritable and upset.	0	0	0	0	0
138. I got less work done than usual at school.	0	0	0	0	0
139. I felt suspicious and distrustful of people.	0	0	0	0	0
140. I found it harder to handle my problems.	0	0	0	0	0
141. I had to get emergency medical help.	0	0	0	0	0

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CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

HOW MUCH DO PEOPLE RISK HARMING THEMSELVES (PHYSICALLY AND OTHER WAYS) WHEN THEY:	NO RISK	SLIGHT RISK	MODERATE RISK	GREAT RISK	DO NOT KNOW
142. Smoke one or more packs of cigarettes per day?	0	0	0	0	0
143. Try one or two alcoholic drinks (beer, wine, liquor)?	0	0	0	0	0
144. Have one or two alcoholic drinks (beer, wine, liquor) nearly every day?	0	0	0	0	0
145. Have 5 drinks at a time, once or twice a week?	0	0	0	0	0
146. Try marijuana once or twice?	0	0	0	0	0
147. Smoke marijuana occasionally?	0	0	0	0	0
148. Smoke marijuana regularly?	0	0	0	0	0
149. Inhale glue, aerosols, other inhalants regularly?	0	0	0	0	0
150. Use over-the-counter medication to get high?	0	0	0	0	0
151. Use prescription drugs without a prescription?	0	0	0	0	0

CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

PLEASE COMPLETE THE FOLLOWING STATEMENTS FOR SOMEONE YOUR AGE:	ок	A Little Bit Wrong	Wrong	Very Wrong
152. I consider any use of tobacco products to be:	0	0	0	0
153. I consider smoking one or more packs of cigarettes per day:	0	0	0	0
154. I consider trying one or two drinks of an alcoholic beverage to be:	0	0	0	0
155. I consider having one or two drinks of an alcoholic beverage daily to be:	0	0	0	0
156. I consider having five or more alcoholic drinks once or twice each weekend to be:	0	0	0	0
157. I consider using prescription drugs without a prescription:	0	0	0	0
158. I consider trying marijuana once or twice to be:	0	0	0	0
159. I consider smoking marijuana regularly to be:	0	0	0	0
160. I consider use of other illegal drugs to be:	0	0	0	0

CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW: **BEFORE** A FEW **ONCE OR ONCE OR ALMOST BUT NOT TIMES IN NEVER HOW OFTEN DO YOU: TWICE A TWICE A EVERY IN PAST PAST** MONTH WEEK DAY **YEAR YEAR** \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc 161. Get hit by an adult who intends to hurt you? 162. Get hit by another teen with the intention of hurting you? 0 0 0 0 0 0 163. Complete and turn in homework and 0 0 0 0 0 \bigcirc assignments? 164. See crime in your neighborhood? 0 0 0 0 0 0 165. See drug sales in your neighborhood? 0 0 0 0 \bigcirc 0 166. Get bullied in your neighborhood? \bigcirc 0 0 \bigcirc 0 0 167. Get threatened or harassed electronically? \bigcirc \bigcirc \bigcirc \bigcirc 0 0 168. Which of the following people give you a lot 170. During an average week, do you participate in of support and encouragement? (MARK ALL organized activities at any of the **THAT APPLY)** following? (MARK ALL THAT APPLY) No one School clubs or activities, before or after school Your parent School intramural or intermural sports Your teacher Community center non-sports activities Your friends O Community center sports activities Your friends' parents Clubs (non-sport related, not at school) Other adults in your neighborhood Activities at youth organizations such as 4-H, Other adults in your school YMCA, Boys and Girls Club, PAL Adults in your church, synagogue or other Activities at the public library place of worship O Doing community service or volunteer work Music lessons or band participation (instrument or voice) 169. Which of the following are TRUE for you? Art lessons (MARK ALL THAT APPLY) Theater or dramatics participation O Gymnastics, ballet or other dance I care about doing well in school. My parent(s) care about how I do in school. O Boxing, kick-boxing, Karate or other martial arts I think it's important to help friends. Other lessons or organized activities I think it's important to help other people, Working at a job for pay even if I don't know them. I don't do any organized activities outside of school I think it's important to not hurt other people. I tell the truth, even when it isn't easy. I try to plan ahead and make good decisions.

I have good role models in my family.
 It's NOT okay to do things you know are wrong, even if it doesn't hurt anyone.

 I want to have a good career someday, even if I have to work hard to achieve it.

I want to get a good education.

The next questions ask about your relationship with your parent/guardian:	Never or Almost Never	Some- times	Always or Almost Always
171. My parent/guardian shows me they are proud of me.	0	0	0
172. My parent/guardian takes an interest in my activities.	0	0	0
173. My parent/guardian listens to me when I talk to them.	0	0	0
174. I can count on my parent/guardian to be there when I need them.	0	0	0
175. My parent/guardian and I talk about the things that really matter.	0	0	0
176. I am comfortable sharing my thoughts and feelings with my parent/guardian.	0	0	0

The next questions ask about your feelings in the past 4 weeks.	Never or Almost Never	Some- times	Always or Almost Always
177. How often did you feel really sad?	0	0	0
178. How often did you feel really worried?	0	0	0
179. How often did you feel afraid?	0	0	0
180. How often did you have trouble relaxing?	0	0	0
181. How often did you feel nervous?	0	0	0

How much time do you spend on a school day (<u>before</u> and <u>after</u> school):	No Time	1/2 hour or less	About one hour	About two hours	More than two hours
182. Online on a computer (not for school work), tablet, phone, watching TV, or playing computer/video games?	0	0	0	0	0
183. Doing school work at home?	0	0	0	0	0
184. Reading for pleasure (not a school assignment)?	0	0	0	0	0

185.	How often on average do you play
	violent video games, such as games
	that are rated M?

	$\overline{}$				
- ()	N	V	r

Very rarely1 hour per week

2-3 hours per week

4-5 hours per week

O 6-10 hours per week

More than 10 hours per week

187. During the past 7 days, how many times did you eat fruit (Do not count fruit juices.) 1 I did not eat fruit during the past 7 days 1 to 3 times during the past 7 days 2 times per day 3 times per day 4 or more times per day 1 I did not eat green salad during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times per day 4 or more times per day 1 I did not eat green salad during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times per day 2 times per day 2 times per day 3 times per day 4 or more times per day 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 5 hours 6 hours 7 hours 8 hours 9 hours 1 to 3 times during the past 7 days 1 to 3 times per day 2 times per day 3 times per day 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times per day 1 to more times per day 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times per day 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times per day 10 or more	 186. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.) I did not drink 100% fruit juice in the past 7 days 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day 	 191. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or a cup, from a carton, or in cereal. Count the half pint of milk served at school as equal to one glass.) I did not drink milk during the past 7 days 1 to 3 glasses during the past 7 days 4 to 6 glasses during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day
- 14	187. During the past 7 days, how many times did you eat fruit? (Do not count fruit juices.) I did not eat fruit during the past 7 days 1 to 3 times during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day 188. During the past 7 days, how many times did you eat green salad? I did not eat green salad during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day 189. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.) I did not eat other vegetables during the past 7 days 1 to 3 times during the past 7 days 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 4 to 6 times during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day 190. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.) I did not drink soda or pop during the past 7 days 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 1 time per day 2 times per day 3 times per day 3 times per day 4 to 6 times during the past 7 days 1 time per day 2 times per day 3 times per day 3 times per day 4 or more times per day 3 times per day 3 times per day 4 or more times per day	drink a caffeinated drink such as coffee, tea, sodas, power drinks, energy drinks, or other drinks with caffeine added? I did not have any caffeinated drinks during the past 7 days 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day 193. On an average school night, how many hours of sleep do you get? 4 or less hours 5 hours 6 hours 7 hours 8 hours 9 hours 10 or more hours 194. How many text messages do you send on an average day? I do not have a phone/ipod/ipad or any other devict that allows me to text I have a phone/ipod/ipad or other device that allows me to text, but I do not text 1 to 10 messages 11 to 50 messages 51 to 99 messages 100 or more messages

 195. How many days in an average week do you eat breakfast? 0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days 	198. If you had a personal problem about drinking, drug use, violence or sexual behavior, who would you most likely talk to? (MARK ALL THAT APPLY) No one My parent My brother, sister, or other relative My teacher Other adult in my school Other adult outside of school My friend My grandparent
 196. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.) 0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days 197. If you were bullied at school during the past year, which of the following happened? (MARK ALL THAT APPLY) I didn't know what to do. I talked or fought back and got in trouble. I talked or fought back and didn't get in trouble. I reported it to an adult, and they did something about it. I reported it to an adult and nothing really happened. I have not been bullied at school in the past year. 	199. In the past year, my parents have: (MARK ALL THAT APPLY) Called other parents to check on me Told me to call home and let them know where I an Offered to pick me up if I needed a safe ride home Asked parents hosting a party I would be attending if they would be present Asked parents hosting a party I would be attending if there would be alcohol served Talked to me about the risks of using alcohol Talked to me about the risks of using drugs Told me not to drink alcohol Told me not to use drugs Talked to me about healthy dating relationships and/or teen dating violence Monitored my use of the Internet or my phone use None of the above

If you are in 8th grade, please stop here and thank you for participating. If you are in 11th grade, please complete the final five questions on the following page.

 200. Have you used the Wellness Center in your high school for: (MARK ALL THAT APPLY) Sports physicals Immunizations Pregnancy testing STD testing Nutrition/diet counseling Information on tobacco, alcohol or drug use Other physical health reasons Emotional support/Counseling/Mental health Never used 	 202. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV, boat) after drinking alcohol? I don't drive Never At least once, but not in past year A few times in past year About once or twice a month About once or twice a week Almost every day
201. In the past year, have you ever been a designated driver? (MARK ALL THAT APPLY) I don't drive Yes, for others who were drinking, but I didn't drink Yes, when we all were drinking, but I drank less Yes, for others who were smoking marijuana Yes, for others who were using other illegal drugs No	203. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV, boat) after smoking marijuana? I don't drive Never At least once, but not in past year A few times in past year About once or twice a month About once or twice a week Almost every day

Thank you again for being an important part of this study.