

## **YEAR 2017**

#### DELAWARE SECONDARY SCHOOL STUDENT ASSENT AND SURVEY INSTRUCTIONS

This survey is part of a study the University of Delaware does every year to provide information on student behaviors and beliefs, including those about eating habits and the use of cigarettes, alcohol and other drugs. Results are used to make better decisions about the kinds of programs and policies needed to support the health and well-being of Delaware students.

All answers are entirely:

- Confidential—no one will see your answers or know how you answered the questions
- Anonymous—do not put your name on the survey; we do not want to know how any one person answered, only about percentages of answers of all students combined
- Voluntary—there is no penalty if you choose not to fill out any part of the survey or all of it

This IS NOT A TEST, so there are no right or wrong answers. If you don't find an answer that fits exactly, choose the one that comes closest. If a question does not apply to you, or if you are not sure what it means, just leave it blank. Please work as quickly as you can. If you have any questions, raise your hand and I will come to help you. Unless it says "Mark All That Apply," please mark only one answer for each question. When you are finished, turn your booklet over and raise your hand; I will come around with an envelope for you to put your survey in. Then you can work quietly at your desk on something else until everyone has finished.

#### Remember:

- · Read the instructions before you answer.
- Fill in the circle next to the answer you choose completely, like the example below:

I am currently attending school:

Yes 

#### **MARKING INSTRUCTIONS**

- Use a No. 2 pencil only.
- Do not use ink, ballpoint, or felt tip pens.
- Make solid marks that fill the response completely.
- Erase cleanly any marks you wish to change.
- · Make no stray marks on this form.

CORRECT:

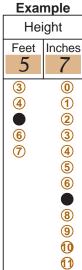
INCORRECT:  $\emptyset \boxtimes \bigcirc \bigcirc$ 

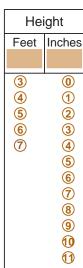


Thank you very much for being an important part of this study.

	ode for your home address? ne <u>numbers</u> , then fill in the	7. What <u>ONE</u> categor overall grades on y  Mostly A's  Mostly B's
ZIP CODE  1 9 7 1 6  0 0 0 0 0	<b>ZIP CODE</b> 0 0 0 0 0	<ul><li></li></ul>
1 1 1 1 2 2 2 2 2 3 3 3 3 3 4 4 4 4 4 5 5 5 5 5 6 6 6 6 0 7 7 0 7 7 8 8 8 8 8 9 9 9 9 9	1 1 1 1 1 2 2 2 2 2 3 3 3 3 3 4 4 4 4 4 5 5 5 5 5 6 6 6 6 6 7 7 7 7 7 8 8 8 8 8 9 9 9 9	<ul> <li>8. Are either of your (18 years or older) active duty in the r</li> <li>Yes</li> <li>No</li> <li>9. During an average than one home?</li> <li>Yes</li> <li>No</li> </ul>
<ul><li>2. What is your ger</li><li>Male</li><li>Female</li></ul>	nder?	10. Which of the follows most of the time?  Mother(s)  Father(s)
<ul> <li>3. How old are you</li> <li>12 years or you</li> <li>13 years</li> <li>14 years</li> <li>15 years</li> <li>16 years</li> <li>17 years</li> </ul>		Foster Parent(s) Guardian(s) Grandparent(s) Step-parent(s) Brother(s) or Si
18 years 19 years or olde		11. How tall are you without your shoes on? Feet
Chicano Yes, I am Puerto Yes, I am Cubar Yes, I am some	an, Mexican American, or O Rican n or Cuban American other Hispanic or Latino	Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number.
<ul> <li>(MARK ALL THA</li> <li>American Indian</li> <li>Asian</li> <li>Black or African</li> <li>White</li> </ul>	n or Alaskan Native n American	
(CHOOSE ONLY	lowing BEST describes you? ONE ANSWER) n or Alaskan Native	
<ul><li>Other (describe</li></ul>	)	1

7. What ONE category best describes your overall grades on your last report card?  Mostly A's  Mostly B's  Mostly C's  Mostly D's or F's  Some other grade  Not sure
<ul> <li>8. Are either of your parents or other adults (18 years or older) in your family serving on active duty in the military?  Yes No</li> </ul>
<ul> <li>9. During an average week, do you live in more than one home? (Do not count sleepovers.)</li> <li>Yes</li> <li>No</li> </ul>
<ul> <li>10. Which of the following people live with you most of the time? (MARK ALL THAT APPLY)</li> <li>Mother(s)</li> <li>Father(s)</li> <li>Foster Parent(s)</li> <li>Guardian(s)</li> <li>Grandparent(s), Aunt(s) or Uncle(s)</li> <li>Step-parent(s)</li> <li>Brother(s) or Sister(s)</li> </ul>
Francis





ı	Example		16. During the past 30 days, how often did you go
12. How much	Weight	Weight	hungry because there was not enough food in your home?
do you weigh	Pounds	Pounds	Never
without your	1 5 2		Rarely
shoes on?	1 5 2		O Sometimes
Directions:	0 0 0	0 0 0	Most of the time
Write your	<b>1 1</b>	0 0 0	○ Always
weight in the	2 2 <b>•</b> 3 3 3	2 2 2 3 3 3	
shaded blank	4 4	4 4	17. Have you had lessons in school about drugs
boxes. Fill in	5	5 5	and/or alcohol?
the matching	6 6	6 6	○ Never
oval below	7 7	7 7	Yes, but not in the past year
each number.	8 8	8 8	○ Yes, in the past year
	9 9	9 9	18. Have any of your family members been incarcerated (in a prison or detention center) in the past year? (MARK ALL THAT APPLY)
			O No one in my family
			<ul><li>○ Father</li><li>○ Mother</li></ul>
health care because of	professional as a physical, lear	oy a doctor or other s having difficulty rning, or emotional ARK ALL THAT	Other adult family member (18 years or older) Other non-adult family member (under 18 years old)
O No. I do no	t have any kind	of disability	19. How much schooling do you think you will
	sical condition		complete?
	ning condition of		O Probably will not finish high school
Yes, an em	notional condition	on or disability	<ul><li>Complete high school degree</li><li>Some college</li></ul>
			Complete college degree
			Graduate or professional school after college
	amily experience or the past year?		
	E HAPPENED)	(MAKK ALL	20. Are you deaf or do you have serious difficulty
	*	nable to find work	hearing?
_	l a job of was di I hours cut back		○ Yes
T		electric shut off	O No
Family had	l trouble paying	rent or mortgage	
	I trouble affordi the family for s		21. Do you have serious difficulty seeing, even when wearing glasses?
			O Yes
15. During the	past 30 days, w	here did vou	○ No
usually sle		<b>,</b>	22. Because of a physical, mental, or emotional
O In my pare	nt's or guardian	n's home	condition, do you have serious difficulty
	_	mily member, or other	concentrating, remembering, or making
•		eave my home or my	decisions?
		afford housing	O Yes
○ In a shelter	r or emergency	nousing	○ No
		d, or other public place	23. Do you have serious difficulty walking or
	ve a usual place		climbing stairs?
<ul><li>Somewher</li></ul>	e else		O Yes
			3 ○ No

### CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

PLEASE CHOOSE THE BEST RESPONSE FOR THE FOLLOWING STATEMENTS:	MOST OF THE TIME	OFTEN	SOME OF THE TIME	NOT OFTEN	NEVER
24. My parents know <u>where I am</u> when I am <u>NOT</u> in school.	0	0	0	0	0
25. I feel safe in my neighborhood.	0	0	0	0	0
26. I feel safe in my school.	0	0	0	0	0
27. Teachers here treat students with respect.	0	0	0	0	0
28. I get along well with my parents/guardians.	0	0	0	0	0
29. Students here treat teachers with respect.	0	0	0	0	0
30. Students in this school are well-behaved in public (classes, assemblies, cafeterias).	0	0	0	0	0
31. Student violence is a problem at this school.	0	0	0	0	0
32. I feel I have control over how my life is going.	0	0	0	0	0
33. School rules are strictly enforced.	0	0	0	0	0
34. My parents'/guardians' rules are strictly enforced.	0	0	0	0	0

## CHOOSE THE ONE BEST ANSWER FOR EACH ROW:

HOW OFTEN DO YOU:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY					
35. Argue or fight with either of your parents/guardians?	0	0	0	0	0	0					
36. Take some kind of weapon to school or to a school event?	0	0	0	0	0	0					
37. Take part in a fight where a group of your friends are against another group?	0	0	0	0	0	0					
38. Steal something from a store without paying for it?	0	0	0	0	0	0					
39. Break into a car, house or other building?	0	0	0	0	0	0					
40. Talk to either of your parents/gaurdians about how things are going at school?	0	0	0	0	0	0					

CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

,	HOW OFTEN DO YOU:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
41.	Cheat on a test in class?	0	0	0	0	0	0
42.	Get bullied at school?	0	0	0	0	0	0
43.	Ride in a car when the driver has been drinking alcohol while driving or shortly before driving?	0	0	0	0	0	0
44.	Sneak money from an adult's wallet, purse, or other place?	0	0	0	0	0	0
45.	Do chores or help out at home?	0	0	0	0	0	0
46.	Skip a whole day of school without permission and when you are not sick?	0	0	0	0	0	0
47.	Get sent to in-school suspension?	0	0	0	0	0	0
48.	Get stopped by police?	0	0	0	0	0	0
49.	Ride in a car when the driver has been smoking pot while driving or shortly before driving?	0	0	0	0	0	0
50.	Skip or miss classes (not the whole school day) without permission?	0	0	0	0	0	0
51.	Get suspended or expelled from school?	0	0	0	0	0	0
52.	Hear name-calling, threats, or yelling between adults in your home that makes you feel bad?	0	0	0	0	0	0
53.	Hear or see violence between adults in your home?	0	0	0	0	0	0
54.	Carry a weapon when you're not in school or at a school event and not hunting?	0	0	0	0	0	0
55.	Participate in a gang or gang activities?	0	0	0	0	0	0
56.	Hit someone with the intention of hurting them?	0	0	0	0	0	0
57.	Damage or destroy property, on purpose, that does not belong to you?	0	0	0	0	0	0
58.	See or hear a media message about the risks of teens drinking alcohol?	0	0	0	0	0	0
59.	Complete and turn in homework?	0	0	0	0	0	0
60.	Participate in class discussions?	0	0	0	0	0	0
61.	Get hit by an adult who intends to hurt you?	0	0	0	0	0	0
62.	Get hit by another teen who intends to hurt you?	0	0	0	0	0	0

## CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

HOW OFTEN DO YOU:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
63. See crime in your neighborhood?	0	0	0	0	0	0
64. See drug sales in your neighborhood?	0	0	0	0	0	0
65. Get bullied in your neighborhood?	0	0	0	0	0	0
66. Get threatened or harassed electronically?	0	0	0	0	0	0

65. Get bullied in your ne	ighborhood	d?	0	0	0	0	0	0
66. Get threatened or har	assed elect	ronically?	0	0	0	0	0	0
67. How many times have  0 times  1 time  2 to 3 times  More than 3 times	you been a	rrested?			anyone li arettes or		your home	use
68. Does anybody living in cigars, little cigars, pip (MARK ALL THAT APE)  No one  Mother or Stepmother or Father or Stepfather or Brother(s) or Stepbroth Sister(s) or Stepsister(s)  Other household memb	pes, or othe PLY) or Female G Male Guard er(s) s) per(s)	r tobacco pro Guardian Jian	oducts?	smok     I have     10 yea     11 yea     12 yea     13 yea     14 yea     15 yea     16 yea	ted a ciga never smars or you ars old ars old ars old ars old ars old	rette (n noked a nger	e first time yo not just a few n cigarette	
HOW MANY CIGARE	NONE	LESS THAN 1	1-5 CIGARETTES	6-10 CIGARETT		-20 ETTES	21-30 CIGARETTES	31 OR MOR
71in your whole life?	0	0	0	0	(	)	0	0
72in the past year?	0	0	0	0	(	)	0	0
73in the past month?	0	0	0	0	(	)	0	0
<ul> <li>74. In the past month, on tabout how many cigarence per day?</li> <li>Did not smoke cigarette per day</li> <li>About 1-5 cigarettes per day</li> <li>About 1/2 pack per day</li> <li>About 1 to 1 and 1/2 parence day</li> <li>About 2 packs per day</li> </ul>	ettes did yo es er day r day cks per day	ou smoke	ed,	would ALL From From From knowi	d you mos FHAT APF my friend my brothe my paren ing) my paren ing)	st likely PLY) s or others, sis ts/guar	eigarettes, wi get them? ( her kids I know ters, or coust dians ( <u>with</u> t	MARK ow sins them ut them

HOW OFTEN HAVE YOU USED ANY OF THE FOLLOWING:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
76. Chewing tobacco, snuff, dip, snus (Skoal, Red Man, Copenhagen, Timberwolf)?	0	0	0	0	0	0
77. Cigars?	0	0	0	0	0	0
78. Cigarillos, little cigars, Black and Milds?	0	0	0	0	0	0
79. E-cigarettes?	0	0	0	0	0	0
80. Other vaping device?	0	0	0	0	0	0
81. Hookah?	0	0	0	0	0	0

## HOW MANY TIMES HAVE YOU USED NICOTINE IN AN E-CIGARETTE OR OTHER VAPING DEVICE (TOBACCO OR NICOTINE PRODUCTS ONLY):

	NONE	LESS THAN 1	1-5 TIMES	6-10 TIMES	11-20 TIMES	21-30 TIMES	31 OR MORE TIMES
82in your whole life?	0	0	0	0	0	0	0
83in the past year?	0	0	0	0	0	0	0
84in the past month?	0	0	0	0	0	0	0

85.	How old were you the first time you used	
	an e-cigarette or other vaping device?	

- I have never used an e-cigarette or other vaping device
- 10 years or younger
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old or older

- 86. When you have used an electronic vaping device, what did you put in it? (MARK ALL THAT APPLY)
- I have never used an e-cigarette or other electronic vaping device
- E-liquids that smell or taste good but have no nicotine or other drug
- Tobacco or nicotine products
- Marijuana
- Synthetic marijuana
- Other illegal drugs
- Other (please specify)\_
- O Nothing. I used the device without anything in it.

87. How old were you the finct just a few sips) of a mixed drink)?  I have never had a drint 10 years or younger  11 years old  12 years old  13 years old  14 years old  15 years old  16 years old  17 years old or older  HOW MANY TIMES HAVE	alcohol (be	er, wine, liq	o	just a few drink)? I have ned I still drin 10 years of 12 years of 13 years of 15 years of 16 years of	ver drank k alcohol or younge old	alcohol (bee	er, wine, li	a drink (not quor, mixed
LIQUOR, MIXED DRINKS:	0 TIMES	1-2 TIMES	3-5 TIMES		6-9 MES	10-19 TIMES	20-39 TIMES	40 OR MORE
89in your whole life?	0	0	0		0	0	0	0
90in the past year?	0	0	0		0	0	0	0
91in the past month?	0	0	0		0	0	0	0
923 alcoholic drinks in a 934 alcoholic drinks in a 945 or more alcoholic dr	row?	ow?	O O	TIME  O	TIMES  O  O	TIMES  O	TIMES  O  O	OR MORE
95. In the past 30 days if you WHOM did you sometim THAT APPLY)  I didn't drink in past 30 description of the past 30 days if you have been did you drink? (MARK A days) if you did you drink? (MARK A days) At a sports event At school In a car In a public place (park, policy in the past in the past if you didn't drink in the past if you didn't drink in the past if you did you drink?	nes drink?  days  corhood  drank alca  ALL THAT	ohol, <u>WHER</u> APPLY)	<b>E</b>	(MARK A Been at a seenagers Been at a present Pre-game event) Had some buy alcoh Bought al Bought al Faken alc Faken alc permissio Had a par	party when party with the party with	APPLY) ere parents h alcohol ar before going age 21 (oth	bought all nd no pare g to a gam her than a p asked for e without e with per else's hou	ents were ne, party, or parent) an ID permission mission se without

HOW MANY TIMES HAVE YOU SMOKED MARIJUANA (GI	6-9 10-19 20-39 40 OR MORE TIMES TIMES TIMES TIMES  O O O O O O During the past year, have you taken any of the following PRESCRIPTION drugs that were NOT prescribed for you? (MARK ALL THAT APPLY)
	During the past year, have you taken any of the following PRESCRIPTION drugs that were NOT prescribed for you? (MARK ALL THAT APPLY)
100in your whole life?	During the past year, have you taken any of the following PRESCRIPTION drugs that were NOT prescribed for you? (MARK ALL THAT APPLY)
101in the past year?	During the past year, have you taken any of the following PRESCRIPTION drugs that were <u>NOT</u> prescribed <u>for you</u> ? ( <u>MARK ALL THAT APPLY</u> )
102in the past month?	following PRESCRIPTION drugs that were <u>NOT</u> prescribed <u>for you</u> ? ( <u>MARK ALL THAT APPLY</u> )
103. Do you take any medicine by prescription to help you concentrate better in school?  Yes  No  104. Do you take any medicine by prescription for any of the following? (MARK ALL THAT APPLY)  Depression  Anxiety  Asthma  ADD/ADHD  Allergies  Bipolar Disorder  Weight Loss  Chronic Skin Conditions (such as acne)  Other  No, I take no medication by prescription drugs WITHOUT a prescription, please mark the main reason for using them.  Increasing concentration (for studying/tests)  Relieving pain  Treating infection, allergies, illness  Having fun or getting high  Adding muscle, strength, endurance  Relieving depression/anxiety  Weight loss  I have not used prescription drugs without a prescription	Yes, OxyContin/Oxycodone Yes, Codeine/Tylenol with codeine Yes, Percocet/Percodan Yes, Vicodin or Norco Yes, Suboxone Yes, Xanax Yes, Somas Yes, Ritalin/Adderall/Strattera Yes, Albuterol or other asthma medication Yes, Another PRESCRIPTION DRUG NOT PRESCRIBED FOR YOU (please specify) No  If you wanted to get prescription drugs without a prescription, how would you get them? (MARK ALL THAT APPLY) Free from friends Buy them from friends, acquaintances, or other kids Buy them from a dealer Sneak them from someone (parents, etc.) At a party From the Internet  How many times in the past year have you used Adderall, Ritalin, or other ADHD medication WITHOUT a prescription to help you study for exams? 0 Times 1-5 Times 6-10 Times More than 10 Times

HOW OFTEN DO YOU USE:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
109. Ecstasy (E, Molly)	0	0	0	0	0	0
110. Hallucinogens (acid, LSD, shrooms)	0	0	0	0	0	0
111. Steroids without a prescription	0	0	0	0	0	0
112. Over-the-counter drugs (cough & cold meds, Nyquil) to get high	0	0	0	0	0	0
113. Downers (tranqs, barbs, Xanax) to get high	0	0	0	0	0	0
114. Prescription uppers (diet pills, etc.) to get high	0	0	0	0	0	0
115. Street uppers (speed, meth, crank) to get high	0	0	0	0	0	0
116. Inhalants (aerosol spray cans, gasoline, whippets, glue)	0	0	0	0	0	0
117. Pain killers (OxyContin, codeine, Percocet, Tylenol III) to get high	0	0	0	0	0	0
118. Dactyls (rubes, dacks)	0	0	0	0	0	0
119. Ritalin, Adderall, Strattera, Cylert or Concerta without a prescription	0	0	0	0	0	0
120. Crack (rock)	0	0	0	0	0	0
121. Powder cocaine (powder, blow)	0	0	0	0	0	0
122. Heroin (H, dope)	0	0	0	0	0	0
123. Synthetic marijuana	0	0	0	0	0	0
MARK ALL THAT APPLY FOR EACH DRUG:  ALCOHOL MARLILIANA PAIN ILLEGAL						

MARK ALL THAT APPLY FOR EACH DRUG:	ALCOHOL	MARIJUANA	PRESCRIPTION PAIN KILLERS	OTHER ILLEGAL DRUGS
124. I know where students my age can buy:	0	0	0	0
125. During the past year, I have sold or given someone else:	0	0	0	0
126. During the past year, I tried to cut down or stop my use of:	0	0	0	0
127. During the past year, I have been unable to cut down on my use of:	0	0	0	0
128. During the past year, I needed larger amounts to get the same effect from:	0	0	0	0
129. During the past year, I used daily or almost daily for 2 or more weeks in a row:	0	0	0	0
130. During the past year, I had withdrawal symptoms or felt sick because I cut down or stopped my use of:	0	0	0	0

DURING THE PAST YEAR, HAVE ANY OF THESE THINGS HAPPENED DUE TO DRINKING ALCOHOL?	DID NOT DRINK IN PAST YEAR	YES	NO
131. I got into a heated argument while drinking.	0	0	0
132. I stayed away from school because of a hangover.	0	0	0
133. I was high or a little drunk at school.	0	0	0
134. My girl/boyfriend told me I should cut down on my drinking.	0	0	0
135. Friends told me that I should cut down on my drinking.	0	0	0
136. I stayed drunk for more than one day at a time.	0	0	0
137. Once I started drinking, it was difficult for me to stop before I became completely intoxicated.	0	0	0
138. I have awakened unable to remember some of the things I had done while drinking the day before.	0	0	0
139. My hands shook a lot after drinking the day before.	0	0	0
140. Sometimes I kept on drinking after promising myself not to.	0	0	0
141. My parents are aware of my drinking.	0	0	0

			<u> </u>			
IF THIS HAPPENED TO YOU DURING THE PAST YEAR, CHECK ALL THE COLUMNS THAT APPLY.	NOT IN PAST YEAR	DUE TO DRINKING	DUE TO MARIJUANA USE	DUE TO PRESCRIPTION PAINKILLER USE	DUE TO BEING BULLIED	DUE TO OTHER REASONS
142. I became depressed or lost interest in things.	0	0	0	0	0	0
143. I had arguments or fights with family or friends.	0	0	0	0	0	0
144. I felt completely alone and isolated.	0	0	0	0	0	0
145. I felt very nervous or anxious.	0	0	0	0	0	0
146. I attempted suicide.	0	0	0	0	0	0
147. I found it difficult to think clearly.	0	0	0	0	0	0
148. I felt irritable and upset.	0	0	0	0	0	0
149. I got less work done than usual at school.	0	0	0	0	0	0
150. I felt suspicious and distrustful of people.	0	0	0	0	0	0
151. I found it harder to handle my problems.	0	0	0	0	0	0
152. I had to get emergency medical help.	0	0	0	0	0	0

#### CHOOSE THE ONE BEST ANSWER FOR EACH ROW.

HOW MUCH DO PEOPLE RISK HARMING THEMSELVES (PHYSICALLY AND OTHER WAYS) WHEN THEY:	NO RISK	SLIGHT RISK	MODERATE RISK	GREAT RISK	DO NOT KNOW
153. Smoke one or more packs of cigarettes per day?	0	0	0	0	0
154. Use E-cigarettes or vape?	0	0	0	0	0
155. Try one or two alcoholic drinks (beer, wine, liquor)?	0	0	0	0	0
156. Have one or two alcoholic drinks (beer, wine, liquor) nearly every day?	0	0	0	0	0
157. Have 5 drinks at a time, once or twice a week?	0	0	0	$\circ$	0
158. Try marijuana once or twice?	0	0	0	0	0
159. Smoke marijuana occasionally?	0	0	0	0	0
160. Smoke marijuana regularly?	0	0	0	0	0
161. Use over-the-counter medication to get high?	0	0	0	0	0
162. Use prescription drugs without a prescription?	0	0	0	0	0

#### - CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW.

PLEASE COMPLETE THE FOLLOWING STATEMENTS FOR SOMEONE YOUR AGE:	ок	A LITTLE BIT WRONG	WRONG	VERY WRONG
163. I consider any use of tobacco products to be:	0	0	0	0
164. I consider smoking one or more packs of cigarettes per day:	0	0	0	0
165. I consider trying one or two drinks of an alcoholic beverage to be:	0	0	0	0
166. I consider having one or two drinks of an alcoholic beverage daily to be:	0	0	0	0
167. I consider having five or more alcoholic drinks once or twice each weekend to be:	0	0	0	0
168. I consider using prescription drugs without a prescription:	0	0	0	0
169. I consider trying marijuana once or twice to be:	0	0	0	0
170. I consider smoking marijuana regularly to be:	0	0	0	0
171. I consider use of other illegal drugs to be:	0	0	0	0

0000000	During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.) 0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days	175. Which of the following people give you a lot of support and encouragement? (MARK ALL THAT APPLY)  No one Your parents Your teachers Your friends Your friends' parents Other adults in your neighborhood Other adults in your school Adults in your church, synagogue, or other place of worship	
		176. In the past year, my parents have: (MARK ALL THAT APPLY)	
0000000 174. 0000 00000 0	On an average school night, how many hours of sleep do you get?  4 or less hours  5 hours  6 hours  7 hours  8 hours  9 hours  10 or more hours  Which of the following are TRUE for you?  (MARK ALL THAT APPLY)  I care about doing well in school  My parent(s) cares about how I do in school  I think it's important to help friends  I think it's important to help other people, even if I don't know them  I think it's important to not hurt other people  I tell the truth, even when it isn't easy  I try to plan ahead and make good decisions  I have good role models in my family  It's NOT okay to do things you know are wrong, even if it doesn't hurt anyone  I want to get a good education  I want to have a good career someday, even if I have to work hard to achieve it.	Called other parents to check on me Told me to call home and let them know where I am Offered to pick me up if I needed a safe ride hom Asked parents hosting a party I would be attending if they would be present Asked parents hosting a party I would be attending if there would be alcohol served Talked to me about the risks of using alcohol Talked to me about the risks of using drugs Told me not to drink alcohol Told me not to use drugs Talked to me about healthy dating relationships and/or teen dating violence Monitored my use of the Internet or my phone us None of the above	

THE NEXT QUESTIONS ASK ABOUT YOUR RELATIONSHIP WITH YOUR PARENT/GUARDIAN:	NEVER OR ALMOST NEVER	SOME- TIMES	ALWAYS OR ALMOST ALWAYS
177. My parent/guardian shows me they are proud of me.	0	0	0
178. My parent/guardian takes an interest in my activities.	0	0	0
179. My parent/guardian listens to me when I talk to them.	0	0	0
180. I can count on my parent/guardian to be there when I need them.	0	0	0

HOW MUCH TIME DO YOU SPEND ON A SCHOOL DAY ( <u>BEFORE</u> AND <u>AFTER</u> SCHOOL):	NO TIME	1/2 HOUR OR LESS	1 TO 2 HOURS	2 TO 5 HOURS	MORE THAN 5 HOURS
181. Online on a computer (not for school work), tablet, phone, watching TV, or playing computer/video games?	0	0	0	0	0
182. Doing school work at home?	0	0	0	0	0
183. Reading for pleasure (not a school assignment)?	0	0	0	0	0

If you are in 8th grade, please stop here. If you are in 11th grade, please complete the final four questions on the following page:

	1
<ul> <li>184. Have you used the Wellness Center in your high school for: (MARK ALL THAT APPLY)</li> <li>Sports physicals</li> <li>Immunizations</li> <li>Pregnancy testing</li> <li>STD testing</li> <li>Reproductive health services (birth control, condoms)</li> <li>Nutrition/diet counseling</li> <li>Information on tobacco, alcohol, or drug use</li> <li>Other physical health reasons</li> <li>Emotional/Counseling/Mental health</li> <li>I have never used the Wellness Center</li> </ul>	<ul> <li>186. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV, boat) after drinking alcohol?</li> <li>I don't drive</li> <li>Never</li> <li>At least once, but not in past year</li> <li>A few times in past year</li> <li>About once or twice a month</li> <li>About once or twice a week</li> <li>Almost every day</li> </ul>
185. In the past year, have you ever been a designated driver? (MARK ALL THAT APPLY)  I don't drive  Yes, for others who were drinking, but I didn't drink  Yes, when we all were drinking, but I drank less  Yes, for others who were smoking marijuana  Yes, for others who were using other illegal drugs  No	187. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV, boat) after smoking marijuana?  I don't drive Never At least once, but not in past year A few times in past year About once or twice a month About once or twice a week Almost every day

# Thank you again for being an important part of this study.