DELAWARE SECONDARY SCHOOL STUDENT ASSENT AND SURVEY INSTRUCTIONS

This survey is part of a study the University of Delaware does every year to provide information on student behaviors and beliefs, including those about eating habits and the use of cigarettes, alcohol and other drugs. Results are used to make better decisions about the kinds of programs and policies needed to support the health and well-being of Delaware students.

All answers are entirely:

- Confidential—no one will see your answers or know how you answered the questions.
- Anonymous—do not put your name on the survey; we do not want to know how any one person answered, only about percentages of answers of all students combined.
- Voluntary—there is no penalty if you choose not to fill out any part of the survey or all of it.

This IS NOT A TEST, so there are no right or wrong answers. If you don't find an answer that fits exactly, choose the one that comes closest. If a question does not apply to you, or if you are not sure what it means, just leave it blank. Please work as quickly as you can. If you have any questions, raise your hand and I will come to help you. Unless it says "Mark All That Apply," please mark only one answer for each question. When you are finished, turn your booklet over and raise your hand; I will come around with an envelope for you to put your survey in. Then you can work quietly at your desk on something else until everyone has finished.

Remember:

- Read the instructions before you answer.
- Fill in the circle next to the answer you choose completely, like the example below:

I am currently attending school:

Yes O No

MARKING INSTRUCTIONS

- Use a No. 2 pencil only.
- Do not use ink, ballpoint, or felt tip pens.
- Make solid marks that fill the response completely.
- Erase cleanly any marks you wish to change.
- Make no stray marks on this form.

CORRECT:



INCORRECT: \checkmark



Thank you very much for being an important part of this study.

1. What is the zip code for your home address	ss?
Please write in the numbers, then fill in th	е
proper <u>circles</u> .	
EXAMPLE	

EXAMPLE	
ZIP CODE	ZIP CODE
1 9 7 1 6 0 0 0 0 0 0 1 1 0 1 2 2 2 2 2 3 3 3 3 3 3 4 4 4 4 4 5 5 5 5 5 6 6 6 6 0 7 7 7 7 7 8 8 8 8 8 9 9 9 9 9	0 0 0 0 0 0 0 1 1 1 1 1 1 1 2 2 2 2 2 2
2. What is your genderMaleFemale	?
 3. How old are you TOE 12 years or younger 13 years 14 years 15 years 16 years 17 years 18 years 19 years or older 	DAY?
 4. Are you Hispanic or No Yes, I am Mexican, M Chicano Yes, I am Puerto Rica Yes, I am Cuban or O Yes, I am some other 	lexican American, or an Cuban American
5. Which of the followin (MARK ALL THAT AF) American Indian or A Native Hawaiian or P Asian Black or African Ame White Other (describe)	PPLY.)
	ng BEST describes you?
Other (describe)	

7.	which of the following best describes you?
00000	Heterosexual (straight) Gay or Lesbian Bisexual Other Not Sure
	A person's appearance, style, dress, or the wa they walk or talk may affect how people describe them. How do you think other people would describe you? Very feminine Mostly feminine Somewhat feminine Equally feminine and masculine Somewhat masculine Mostly masculine Very masculine
	What ONE category best describes your overall grades on your last report card? Mostly A's Mostly B's Mostly C's Mostly D's or F's Some other Grade Not sure
0	Are either of your parents or other adults (18 years or older) in your family serving on active duty in the military? Yes No
11.	During an average week, do you live in more than one home? (Do not count sleepovers.) Yes No
	Which of the following people live with you most of the time? (MARK ALL THAT APPLY.) Mother(s) Father(s) Foster Parent(s) Guardian(s) Grandparent(s), Aunt(s), or Uncle(s) Step-parent(s) Brother(s) or Sister(s)
13.	Have you been identified by a doctor or other health care professional as having difficulty because of a physical, learning, or emotional condition or disability? (MARK ALL THAT APPLY.)
\bigcirc	No, I do not have any kind of disability Yes, a physical condition or disability Yes, a learning condition or disability Yes, an emotional condition or disability

15. During the past 30 days, how often did you go hungry because there was not enough food in your home? Never Rarely Sometimes Most of the time Always 16. Have any of your family members been incarcerated (in a prison or detention center) in the past year? (MARK ALL THAT APPLY.) No one in my family Father Mother Other non-adult family member (18 years or older) Other non-adult family member (under 18 years old) 17. How many times have you been arrested? 0 times More than 3 times 18. Have you been arrested in the past year? Yes No 19. Do you have serious difficulty seeing, even when wearing glasses? Yes No 21. Are you deaf or do you have serious difficulty hearing? Yes No 22. Do you have serious difficulty seeing, even when wearing glasses? Yes No 23. Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions? Yes No 24. Do you have serious difficulty walking or climbing stairs? Yes No	usually sleep? In my parent's or guardian's home In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing In a shelter or emergency housing In a motel or hotel In a car, park, campground, or other public place I do not have a usual place to sleep Somewhere else	you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.) 0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days
incarcerated (in a prison or detention center) in the past year? (MARK ALL THAT APPLY.) No one in my family Father Mother Other adult family member (18 years or older) Other non-adult family member (under 18 years old) 17. How many times have you been arrested? 0 times 1 time 2 to 3 times More than 3 times 18. Have you been arrested in the past year? Yes 18. Have you been arrested in the past year? Yes 19. Are you deaf or do you have serious difficulty hearing? Yes No 21. Are you deaf or do you have serious difficulty hearing? Yes No 22. Do you have serious difficulty seeing, even when wearing glasses? Yes No 23. Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions? Yes No 24. Do you have serious difficulty walking or climbing stairs? Yes	hungry because there was not enough food in your home? Never Rarely Sometimes Most of the time	sleep do you get? 4 or less hours 5 hours 6 hours 7 hours 8 hours 9 hours
 0 times 1 time 2 to 3 times More than 3 times Yes 	incarcerated (in a prison or detention center) in the past year? (MARK ALL THAT APPLY.) No one in my family Father Mother Other adult family member (18 years or older) Other non-adult family member (under 18	hearing? Yes No 22. Do you have serious difficulty seeing, even when wearing glasses? Yes
18. Have you been arrested in the past year? climbing stairs? Yes Yes	0 times1 time2 to 3 times	condition, do you have serious difficulty concentrating, remembering, or making decisions? Yes
^	○ Yes	climbing stairs? Yes

Always

Most of the time

Always

CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

PLEASE CHOOSE THE BEST RESPONSE FOR THE FOLLOWING STATEMENTS:	MOST OF THE TIME	OFTEN	SOME OF THE TIME	NOT OFTEN	NEVER
35. My parents'/guardians' rules are strictly enforced.	0	0	0	0	0
36. I get along well with my parent(s)/guardian(s).	0	0	0	0	0
37. I talk to at least one of my parent(s)/guardian(s) about how things are going in school.	0	0	0	0	0
38. My parent(s)/guardian(s) shows me they are proud of me.	0	0	0	0	0
39. I can count on my parent(s)/guardian(s) to be there when I need them.	0	0	0	0	0
40. I feel safe in my neighborhood.	0	0	0	0	0
41. I worry about gun violence.	0	0	0	0	0
42. I feel safe in my school.	0	0	0	0	0
43. School rules are strictly enforced.	0	0	0	0	0
44. Student violence is a problem in this school.	0	0	0	0	0
45. I worry about gun violence in school.	0	0	0	0	0

CHOOSE THE ONE BEST ANSWER FOR EACH ROW:

OHOUGE THE ONE DEGLAROWER FOR EACH ROW.									
HOW OFTEN DO YOU:	NEVER	BEFORE, BUT NOT IN THE PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY			
46. Hear name-calling, threats, or yelling between adults in your home that makes you feel bad?	0	0	0	0	0	0			
47. Hear or see violence between adults in your home?	0	0	0	0	0	0			
48. Get hit by an adult who intends to hurt you?	0	0	0	0	0	0			
49. Get hit by another teen who intends to hurt you?	0	0	0	0	0	0			
50. Get bullied in your neighborhood?	0	0	0	\circ	0	0			
51. See crime in your neighborhood?	0	0	0	0	0	0			
52. See drug sales in your neighborhood?	0	0	0	0	0	0			
53. Get bullied at school?	0	0	0	0	0	0			

CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

HOW OFTEN DO YOU:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
54. Get threatened or harassed electronically?	0	0	0	0	0	0
55. Cheat on a test in class?	0	0	0	0	0	0
56. Skip one or more classes, or a whole day of school, without permission or being sick?	0	0	0	0	0	0
57. Get sent to in-school suspension?	0	0	0	0	0	0
58. Get suspended or expelled from school?	0	0	0	0	0	0
59. Take some kind of weapon to school or a school event?	0	0	0	0	0	0
60. Carry a weapon when you're not in school or at a school event? (DO NOT include times you were hunting or target shooting)	0	0	0	0	0	0
61. Take part in a school shooter drill?	0	0	0	0	0	0
62. Take part in a fight where a group of your friends are against another group?	0	0	0	0	0	0
63. Sneak money from an adult's wallet, purse, or other place?	0	0	0	0	0	0
64. Steal something from a store without paying for it?	0	0	0	0	0	0
65. Break into a car, house, or other building?	0	0	0	0	0	0
66. Hit someone with the intention of hurting them?	0	0	0	0	0	0
67. Damage or destroy property, on purpose, that does not belong to you?	0	0	0	0	0	0
68. Get stopped by the police?	0	0	0	0	0	0
69. Ride in a car when the driver has been drinking alcohol while driving or shortly before driving?	0	0	0	0	0	0
70. Ride in a car when the driver has been smoking weed while driving or shortly before driving?	0	0	0	0	0	0
71. See or hear a media message about the risks of teens drinking alcohol?	0	0	0	0	0	0

72. Have you or someone you know ever been a victim of gun violence?				75. During this school year, have you had lessons i school about the risks of using:				
YesNo73. What could schools do to make you feel safer while you are at school?				(MARK ALL THAT APPLY.)				
				◯ Tobacco ◯ Vaping/Ju	ulina			
				Alcohol Marijuana				
(MARK ALL THAT Al	•			Other illeg	jal drugs on drugs witl	nout a prescr	ription	
Install security cameProvide mental healt	ras	lors or schoo	ol	, 1100011pm	on arago ma	u p. 000.		
psychologists Have more school re	source of	ficers (police	, 7	6. How old w				
officers who work at Have school based s					cigarette (no		ouffs)?	
Conduct active shoot		kers		I have nev10 years o	er smoked a Id or younge	_		
Other, please specify	/			11 years o				
74. What security system (MARK ALL THAT A) Security cameras Metal detectors Locked doors	-	our school h		14 years o 15 years o 16 years o 17 years o	ld			
 ○ Visitor sign-in ○ Conduct active shoo ○ School resource offi work at your school) HOW MANY CIGARETI	cers (polid							
Conduct active shooSchool resource offi work at your school)	cers (polid			6-10 CIGARETTES	11-20 CIGARETTES	21-30 CIGARETTES	31 OR MORE CIGARETTES	
Conduct active shooSchool resource offi work at your school)	cers (polic	E YOU SMO	KED:	1	_			
Conduct active shoo School resource offi work at your school) HOW MANY CIGARETT	CERS (police of the control of the c	E YOU SMO	KED: 1-5 CIGARETTES	CIGARETTES	CIGARETTES	CIGARETTES		
Conduct active shool School resource offi work at your school) HOW MANY CIGARETT 77in your whole life?	CERS (police of the control of the c	E YOU SMO	KED: 1-5 CIGARETTES	CIGARETTES	CIGARETTES	CIGARETTES		

I have never had a drink of alcohol 10 years old or younger 11 years old 12 years old 13 years old 14 years old 15 years old 16 years old 17 years old or older HOW MANY TIMES HAVE YOU HAD A DRINK (NOT JUST A FEW SIPS) OF ALCOHOL, BEER, WINE, LIQUOR, MIXED DRINKS:									
	0 TIMES	1-2 TIMES	3-5 TIMES	5	6-	·	10-19 TIMES	20-39 TIMES	40 OR MORE TIMES
95in your whole life?	0	0	0				0	0	0
96in the past year?	0	0	0				0	0	0
97in the past month?	0	0	0				0	0	0
THINK BACK OVER THE	E LAST 2	WEEKS. H	OW MAN	Y TIM 1 TIMI		HAVE YO	3 - 5 TIMES	6 - 9 TIMES	10 TIMES OR MORE
983 alcoholic drinks in	a row?		0	0		0	0	0	0
994 alcoholic drinks in	a row?		0	0		0	0	0	0
1005 or more alcoholic	drinks in a	a row?	0	0		\circ	0	0	0
101. In the past 30 days, if did you drink? (MARK) At home At someone else's ho At a party At a sports event At school In a car In a public place (park) I didn't drink in the pa	me	T APPLY.)		(MA) Bee teer Bee pres Pre- evel Bou Bou Take Take perr Had Had	RK / n at lage n at sent sent sent son alcoght son alcoght en a en a en a en a a bi	a party wing a loohol wing a loohol from a loohol from a rent buy	APPLY.) nere paren th alcohol before go r age 21 (cu th a fake I thout bein n your hou n your hou n someon alcohol sp	ts bought a and no pa ing to a ga other than a g asked fo use withou use with pe	alcohol for rents were me, party, or a parent) or an ID t permission ermission ouse without or you

94. How old were you the <u>first time</u> you had a drink (not just a few sips) of <u>alcohol</u> (beer, wine, liquor, mixed drinks)?

tried marijuana (pot, ha dabs, wax)? I have never tried marij 10 years old or younge 11 years old 12 years old 13 years old 14 years old 15 years old 16 years old 17 years old 17 years old	ish, weed, uana r	blunts,		you use it Never use Didn't use Smoked it Smoked it Vaped it Ate it	? (MARK A ed marijuan e marijuan e as mariju e as a conc	ALL THAT na a in the pa ana centrated h	st 30 days nash or wax (dabs
	0 TIMES	1 - 2 TIMES	3 - 5 TIMES	6 - 9 TIMES	10 - 19 TIMES	20 - 39 TIMES	40 TIMES OR MORE
105in your whole life?	0	0	0	0	0	0	0
106in the past year?	0	0	0	0	0	0	0
107in the past month?	0	0	0	0	0	0	
Allergies Bipolar Disorder Weight Loss Chronic Skin Conditions (Other, please specify	e you take drugs that ways that ways that ways that was the was that was that was that was th	n any of that were NO vere not AT APPLY ne, codeine nse/Conceication ther sleep	<u>T</u>	prescrip 111. If you we prescrip ALL TH Free from Buy the other kiron Buy the Seak to At a pare prometer in the prometer in	muscle, sing depressions potion ranted to gotion, how AT APPLY om friends em from friends em from a chem from	trength, elsion/anxier rescription let prescri would yo '') ends, acq dealer someone	
specify	SE DO NOT	WRITE IN TH				0.5	RIAL

HOW OFTEN DO YOU USE:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
112. Ecstasy (E, Molly)?	0	0	0	\circ	0	0
113. Hallucinogens (acid, LSD, shrooms)?	0	0	0	\circ	0	0
114. Steroids without a prescription?	0	0	0	0	0	0
115. Over-the-counter drugs (cough & cold meds, Nyquil, Lean, Purple Drank) to get high?	0	0	0	0	0	0
116. Downers (tranqs, barbs, Xanax) to get high?	\circ	0	0	0	0	0
117. Prescription uppers (diet pills, etc.) to get high?	0	0	0	0	0	0
118. Street uppers (speed, meth, crank) to get high?	\circ	0	0	0	0	0
119. Inhalants (aerosol spray cans, gasoline, whippets, glue)?	0	0	0	0	0	0
120. Pain killers (OxyContin, codeine, Percocet, Dilaudid, morphine, Tylenol III, Vicodin, Promethazine/cough syrup with codeine, or other pain medication) to get high?	0	0	0	0	0	0
121. Dactyls (rubes, dacks)?	0	0	0	0	0	0
122. Ritalin, Adderall, Strattera, Vyvanse, or Concerta without a prescription?	0	0	0	0	0	0
123. Crack (rock)?	0	0	0	0	0	0
124. Powder cocaine (powder, blow)?	0	0	0	0	0	0
125. Heroin (H, dope)?	0	0	0	0	0	0
126. Synthetic marijuana?	0	0	0	0	0	0

MARK ALL THAT APPLY FOR EACH DRUG:	ALCOHOL	MARIJUANA	PRESCRIPTION PAIN KILLERS	OTHER ILLEGAL DRUGS
127. I know where students my age can buy:	0	0	0	0
128. During the past year, I have sold or given someone else:	0	0	0	0

HOW MUCH DO PEOPLE RISK HARMING THEMSELVES (PHYSICALLY AND OTHER WAYS) WHEN THEY:	NO RISK	SLIGHT RISK	MODERATE RISK	GREAT RISK	DO NOT KNOW
136. Smoke one or more packs of cigarettes per day?	0	0	0	0	0
137. Use e-cigarettes or vape?	0	0	0	0	0
138. Have 5 drinks at a time, once or twice a week?	0	0	0	0	0
139. Smoke marijuana regularly?	0	0	0	0	0
140. Use prescription drugs without a prescription?	0	0	0	0	0

PLEASE COMPLETE THE FOLLOWING STATEMENTS FOR SOMEONE YOUR AGE:	ок	A LITTLE BIT WRONG	WRONG	VERY WRONG
141. I consider smoking one or more packs of cigarettes per day to be:	0	0	0	0
142. I consider having one or two drinks of an alcoholic beverage daily to be:	0	0	0	0
143. I consider using prescription drugs without a prescription to be:	0	0	0	0
144. I consider trying marijuana once or twice to be:	0	0	0	0
145. I consider smoking marijuana regularly to be:	0	0	0	0

12

146.	During the past year, I had to get emergency medical help: (MARK ALL THAT APPLY.)	151. When you feel sad, empty, hopeless, angry, or anxious, how often do you get the kind of help you need?
\bigcirc	Due to drinking alcohol Due to marijuana use Due to prescription painkiller use Due to being bullied	 I do not feel sad, empty, hopeless, angry, or anxious Never
Ŏ	Due to other reasons such as depression,	Rarely
	suicidal feelings, anxiety, etc.	○ Sometimes
\bigcirc	Due to witnessing or being involved in a fight or	Most of the time
0	violence (at home, school, or in the community) I did not need to get emergency medical help in the past year	○ Always
		152. Over the past two weeks, how often have you
		been bothered by feeling down, depressed,
147.	In the past year, my parents/guardians have:	or hopeless?
	(MARK ALL THAT APPLY.)	O Not at all
\bigcirc	Called other parents to check on me	Several days
\cup	Told me to call home and let them know where I am	Over half the daysNearly every day
\bigcirc	Offered to pick me up if I needed a safe ride	O Nearry every day
	home	
\bigcirc	Asked parents hosting a party I would be	450 11 6 1 6 1 1 1 1
	attending if they would be present	153. How often do you feel you have control over how your life is going?
\bigcirc	Asked parents hosting a party I would be	
\bigcirc	attending if there would be alcohol served Talked to me about the risks of using alcohol	○ Most of the time○ Often
	Talked to me about the risks of using drugs	Some of the time
	Told me not to drink alcohol	○ Not often
	Told me not to use drugs	○ Never
\circ	Talked to me about healthy dating	
	relationships and/or teen dating violence	
0	Talked to me about healthy sexual relationships	154. At any point since you were born, have you
\circ	None of the above	lived with a household member who was depressed, mentally ill, or attempted suicide?
4.40	Dana varia ashari varavira officer (a nalica	○ Yes
148.	Does your school resource officer (a police officer who works at your school) make you feel safe while you are at school?	○ No
\bigcirc	Yes	
Õ	No	155. At any point since you were born, have you
		lived with someone who had a problem with
4.40	Danisia sure feel and county handless community	drinking or drugs?
149.	Do you ever feel sad, empty, hopeless, angry, or anxious?	O Yes
\bigcirc	Yes	○ No
$\tilde{}$	No	
150.	Over the past two weeks, how often have you	
	felt very nervous or anxious?	
O	Not at all	
	Several days	
	Over half the days	
\cup	Nearly every day	

For questions 156 and 157

Please imagine a ladder with steps numbered from zero at the bottom to ten at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you.

156. Indicate on which step of the ladder you feel you personally stand right now. (Using the numbered bubbles below)											
(0		1	2	3	4	5	6	7	8	9	10

157. Indicate on which step of the ladder do you think you will stand about five years from now.

4

(5)

6

7

8

9

10

(Using the numbered bubbles below)

2

0

1

158. In general, how would you rate your emotional health?
○ Excellent
○ Very Good
Good
○ Fair
O Poor

3

E	10		-
	1 6	\equiv	-
-	□ (ŝ	\succeq	-
E			1
E	<u></u>)=	=
E	= (§	=	4
E	= (4)		4
E	3	=	=
E	2	\equiv	=
F	= (1		=
E	= (0)	\equiv	=

Please answer the questions to the best of your ability	DEFINITELY TRUE	PROBABLY TRUE	NOT SURE	PROBABLY NOT TRUE	DEFINITELY NOT TRUE
159. When I was a child, there were relatives in my family who made me feel better if I was sad or worried.	0	0	0	0	0
160. When I was a child, teachers, coaches, youth leaders, or ministers were there to help me.	0	0	0	0	0
161. My family, neighbors, and friends talked often about making our lives better.	0	0	0	0	0
162. When I felt really bad, I could almost always find someone I trusted to talk to.	0	0	0	0	0

If you are in 8th grade, please stop here. If you are in 11th grade, please complete the final four questions:

 163. Have you used the Wellness Center in your high school for any of the following? (MARK ALL THAT APPLY.) Sports physicals Immunizations Pregnancy testing STD testing Contraceptive health services (birth control, condoms) Nutrition/diet counseling Information on tobacco, alcohol, or drug use Other physical health reasons Emotional/Counseling/Mental health Other, please specify I have never used the Wellness Center 	 165. In the past year, have you ever been a designated driver? (MARK ALL THAT APPLY.) I don't drive Yes, for others who were drinking, but I didn't drink Yes, when we all were drinking, but I drank less Yes, for others who were smoking marijuana Yes, for others who were using other illegal drugs No
 164. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV, boat) after drinking alcohol? I don't drive Never At least once, but not in the past year A few times in the past year About once or twice a month About once or twice a week 	 166. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV, boat) after smoking marijuana? I don't drive Never At least once, but not in the past year A few times in the past year About once or twice a month About once or twice a week
Almost every day	Almost every day

Thank you again for being an important part of this study.