

DELAWARE SECONDARY SCHOOL STUDENT ASSENT AND SURVEY INSTRUCTIONS

This survey is part of a study the University of Delaware does every year to provide information on student behaviors and beliefs, including those about eating habits and the use of cigarettes, alcohol and other drugs. Results are used to make better decisions about the kinds of programs and policies needed to support the health and well-being of Delaware students.

All answers are entirely:

- Confidential—no one will see your answers or know how you answered the questions.
- Anonymous—do not put your name on the survey; we do not want to know how any one person answered, only about percentages of answers of all students combined.
- Voluntary—there is no penalty if you choose not to fill out any part of the survey or all of it.

This IS NOT A TEST, so there are no right or wrong answers. If you don't find an answer that fits exactly, choose the one that comes closest. If a question does not apply to you, or if you are not sure what it means, just leave it blank. Please work as quickly as you can. If you have any questions, raise your hand and I will come to help you. Unless it says "Mark All That Apply," please mark only one answer for each question. When you are finished, turn your booklet over and raise your hand: I will come around with an envelope for you to put your survey in. Then you can work quietly at your desk on something else until everyone has finished.

Remember:

- Read the instructions before you answer.
- Fill in the circle next to the answer you choose completely, like the example below:

I am currently attending school:



MARKING INSTRUCTIONS

- Use a No. 2 pencil only.
- Do not use ink, ballpoint, or felt tip pens.
- Make solid marks that fill the response completely.
- Erase cleanly any marks you wish to change.
- · Make no stray marks on this form.

CORRECT:



INCORRECT: \checkmark



Thank you very much for being an important part of this study.

	numbers, then fill in the	(CHOOSE <u>ONLY ONE</u> ANSWER.)
matching circles be	elow each number.	American Indian or Alaskan Native
EXAMPLE		Native Hawaiian or Pacific Islander
		Asian
ZIP CODE	ZIP CODE	Black or African AmericanWhite
		Mixed
1 9 7 1 6		Other (describe)
0000	0 0 0 0	Other (describe)
	00000	
22222	22222	7. Which of the following best describes you?
33333	33333	Heterosexual (straight)
4 4 4 4	4 4 4 4 4	Gay or Lesbian
5 5 5 5	5 5 5 5	O Bisexual
66666	66666	Other
$\boxed{0} \ \boxed{0} \ \boxed{0} \ \boxed{0} \ \boxed{0}$	7777	O Not Sure
8888	88888	
$\boxed{9 \bullet 9 9 9}$	9999	
		8. A person's appearance, style, dress, or the way they walk or talk may affect how people
2A. What is your gende	er?	describe them. How do you think other people
O Boy		would describe you?
O Girl		O Very feminine
O Non-Binary		Mostly feminine
 Prefer to self-describ 	oe	Somewhat feminine
2B. Are you transgend	or?	Equally feminine and masculine
		Somewhat masculine
No, I am not transge		Mostly masculine
Yes, I am transgend		Very masculine
I am not sure if I am	this question is asking	
 I do not know what t 	ins question is asking	9. What ONE category best describes your
3. How old are you TO	DDAY?	overall grades on your last report card?
12 years old or youn		○ Mostly A's
13 years old		Mostly A's
14 years old		Mostly C's
15 years old		Mostly D's or F's
16 years old		Some other Grade
17 years old		Not sure
18 years old		
19 years old or older	ſ	10. Are either of your parents or other adults
		(18 years or older) in your family serving on
4. Are you Hispanic o	r Latino?	active duty in the military?
○ No		○ Yes
Yes, I am Mexican, I	Mexican American, or	○ No
Chicano		
Yes, I am Puerto Rio	can	11. During an average week, do you live in more
Yes, I am Cuban or		than one home? (Do not count sleepovers.)
Yes, I am some other	er Hispanic or Latino	O Yes
		○ No
5. Which of the follow	-	12. Which of the following people live with you
(MARK ALL THAT	•	most of the time? (MARK ALL THAT APPLY.)
American Indian or A		O Mother(s)
Native Hawaiian or F	Pacific Islander	○ Father(s)
Asian		O Foster Parent(s)
Black or African Ame	erican	Guardian(s)
○ White		Grandparent(s), Aunt(s), or Uncle(s)
Other (describe)		Step-parent(s)
		Brother(s) or Sister(s)
		-

1. What is the zip code for your home address?

6. Which of the following BEST describes you?

Always

CHOOSE THE ONE BEST ANSWER FOR EACH ROW:

PLEASE CHOOSE THE BEST RESPONSE FOR THE FOLLOWING STATEMENTS:	MOST OF THE TIME	OFTEN	SOME OF THE TIME	NOT OFTEN	NEVER
35. My parents'/guardians' rules are strictly enforced.	0	0	0	0	0
36. I get along well with my parent(s)/guardian(s).	0	0	0	0	0
37. I talk to at least one of my parent(s)/guardian(s) about how things are going in school.	0	0	0	0	0
38. My parent(s)/guardian(s) shows me they are proud of me.	0	0	0	0	0
39. I can count on my parent(s)/guardian(s) to be there when I need them.	0	0	0	0	0
40. I feel safe in my neighborhood.	0	0	0	0	0
41. I worry about gun violence.	0	0	0	0	0
42. I feel safe in my school.	0	0	0	0	0
43. School rules are strictly enforced.	0	0	0	0	0
44. Student violence is a problem in this school.	0	0	0	0	0
45. I worry about gun violence in school.	0	0	0	0	0

CHOOSE THE ONE BEST ANSWER FOR EACH ROW:

HOW OFTEN DO YOU:	NEVER	BEFORE, BUT NOT IN THE PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
46. Hear name-calling, threats, or yelling between adults in your home that makes you feel bad?	0	0	0	0	0	0
47. Hear or see violence between adults in your home?	0	0	0	0	0	0
48. Get hit by an adult who intends to hurt you?	0	0	0	0	0	0
49. Get hit by another teen who intends to hurt you?	0	0	0	0	0	0
50. Get bullied in your neighborhood?	0	0	0	0	0	0
51. See crime in your neighborhood?	0	0	0	0	0	0
52. See drug sales in your neighborhood?	0	0	0	0	0	0
53. Get bullied at school?	0	0	0	0	0	0

CHOOSE THE <u>ONE</u> BEST ANSWER FOR EACH ROW:

HOW OFTEN DO YOU:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
54. Get threatened or harassed electronically?	0	0	0	0	0	0
55. Cheat on a test in class?	0	0	0	0	0	0
56. Skip one or more classes, or a whole day of school, without permission or being sick?	0	0	0	0	0	0
57. Get sent to in-school suspension?	0	0	0	0	0	0
58. Get suspended or expelled from school?	0	0	0	0	0	0
59. Take some kind of weapon to school or a school event?	0	0	0	0	0	0
60. Carry a weapon when you're not in school or at a school event? (DO NOT include times you were hunting or target shooting)	0	0	0	0	0	0
61. Take part in a school shooter drill?	0	0	0	0	0	0
62. Take part in a fight where a group of your friends are against another group?	0	0	0	0	0	0
63. Sneak money from an adult's wallet, purse, or other place?	0	0	0	0	0	0
64. Steal something from a store without paying for it?	0	0	0	0	0	0
65. Break into a car, house, or other building?	0	0	0	0	0	0
66. Hit someone with the intention of hurting them?	0	0	0	0	0	0
67. Damage or destroy property, on purpose, that does not belong to you?	0	0	0	0	0	0
68. Get stopped by the police?	0	0	0	0	0	0
69. Ride in a car when the driver has been drinking alcohol while driving or shortly before driving?	0	0	0	0	0	0
70. Ride in a car when the driver has been smoking weed while driving or shortly before driving?	0	0	0	0	0	0
71. See or hear a media message about the risks of teens drinking alcohol?	0	0	0	0	0	0

72. During the past 12 months, how many loot boxes, loot crates, prize crates, or other packages contai random viritual items did you buy in video games?	ining
○ I did not play any video games in the past 12 months	
I played video games, but did not buy any loot boxes	
1 to 5 loot boxes	
○ 6 to 10 loot boxes	
○ 11 to 20 loot boxes	
○ 21 or more loot boxes	

HOW OFTEN HAVE YOU DONE ANY OF THE FOLLOWING:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
73. Played the lottery or scratch-off tickets? 74. Bet on fantasy sports teams?	0	0	0	0	0	0
74. Bet on fantasy sports teams?	0	0	0	0	0	0
75. Bet on individual sports teams?	0	0	0	0	0	0
76. Played cards for money?	0	0	0	0	0	0
77. Bet on a challenge (dare, fight, race, etc.)?	0	0	0	0	0	0
78. Played Bingo for money?	0	0	0	0	0	0
79. Bet on dice games such as craps?	0	0	0	0	0	0
80. Gambled on the Internet?	0	0	0	0	0	0
81. Bet on games of personal skill such as pool, darts, or basketball?	0	0	0	0	0	0
82. Bet on video games?	0	0	0	0	0	0

Yes No		0 . 0.0000						
. What could schools do while you are at school (MARK ALL THAT APPI	ou feel safe	r	Vaping/Juulin Alcohol Marijuana Other illegal c					
Install metal detectors Install security cameras Provide mental health co psychologists	unselors o	r school		Prescription d		a prescription		
Have more school resour officers who work at your Have school based social Conduct active shooter dother, please specify	school) I workers	(police	0	How old were smoked a cig I have never s 10 years old of 11 years old	jarette (not j i smoked a ciga	ust a few puf	fs)?	
. What security systems (MARK ALL THAT APPI Security cameras Metal detectors Locked doors Visitor sign-in	<u>LY.</u>)	r school hav	(e?	13 years old 14 years old 15 years old 16 years old 17 years old o	or older			
Conduct active shooter do School resource officers work at your school) HOW MANY CIGARETT	(police offi		KED:					
School resource officers work at your school)	(police offi		OKED: 1-5 CIGARETTES	6-10 CIGARETTES	11-20 CIGARETTES	21-30 CIGARETTES	31 OR MORE CIGARETTES	
School resource officers work at your school)	(police office)	E YOU SMO	1-5					
School resource officers work at your school) HOW MANY CIGARETT	(police office) TES HAVE NONE	LESS THAN 1	1-5 CIGARETTES	CIGARETTES	CIGARETTES	CIGARETTES		

HOW OFTEN HAVE YOU USE ANY OF THE FOLLOWING:	D NEVER	BEFORE, B NOT IN PA YEAR	ST TIMES I		ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY		
92. Chewing tobacco, dip, snuff, snu	ıs?	0			\circ	0	\circ		
93. Cigars?	0	0			0	0	0		
94. Cigarillos, little cigars, Black and Milds?	0	0			0	0	0		
95. E-cigarettes?	0	0			0	0	0		
96. Juul?	0	0			0	0	0		
97. Other vaping device?	\circ	\circ			\circ	\circ	\circ		
98. Hookah?	0	0			\bigcirc	0	0		
99in your whole life?	.	MES T	TIMES	TIMES	TIMES	S TIME	is		
(TOBACCO OR NICOTINE PR	DNE	1-5	6-10	11-20	21-30	31 OR M	IORE		
99in your whole life?		0	\circ	\circ					
100in the past year?		0	0	0	0	0			
101in the past month?		0	0	0	0	0			
102. How old were you the first time you used an e-cigarette or other vaping device? I have never used an e-cigarette or other vaping device of the properties of the propert									
103. Does anyone living in your hor or other vaping devices? Yes No	ne use e-ciç	garettes							

HOW MANY TIMES HAVE LIQUOR, MIXED DRINKS	10 y 11 y 12 y 13 y 14 y 15 y 15 y 17 y	ve never had ears old or y ears old ears old ears old ears old ears old ears old or o	vounger older			W SIPS)	OF ALCO	HOL, BEE	R, WINE,
	0 TIMES	1-2 TIMES	3-5 TIMES	5	6- TIN	·9 IES	10-19 TIMES	20-39 TIMES	40 OR MORE TIMES
106in your whole life?	0	0	0				0	0	0
107in the past year?	0	0	0				0	0	0
108in the past month?	0	0	0				0	0	0
THINK BACK OVER THE	ELAST 2	WEEKS. H					<u> </u>		10 TIMES OF
			0 TIMES	TIM		2 TIMES	3 - 5 TIMES	6 - 9 TIMES	10 TIMES OR MORE
1093 alcoholic drinks i	in a row?		0	С)	0	0	0	0
1104 alcoholic drinks	in a row?		0	C)	0	0	0	0
1115 or more alcoholic	c drinks in	a row?	\circ	C		0	0	0	0
112. In the past 30 days, if WHERE did you drink? THAT APPLY.) At home At someone else's hom At a party At a sports event At school In a car In a public place (park, I didn't drink in the past	? (MARK A	<u>ALL</u>	0 0 0 00000 00	(MARI) Been a teenag Been a preser Pre-ga event) Had so buy alo Bough Taken Taken Taken permis Had a Had a	at a pagers at a part amed coholour alcour a	party where a content of the content	e parents be alcohol and fore going to ge 21 (other take ID out being ask our house your house your house our house	no parents to a game, p r than a pare ked for an IE vithout permiss re's house we	were party, or ent) inission ion vithout

105. How old were you the first time you had a drink (not just a few sips) of alcohol (beer, wine, liquor, mixed drinks)?

dabs, wax)? I have never tried marijuana 10 years old or younger 11 years old 12 years old 13 years old 14 years old 15 years old 16 years old 17 years old or older			0000	Vaped it Ate it	marijuana i as marijuar as a conce	n the past na ntrated has	sh or wax (dabs)
	0 TIMES	1 - 2 TIMES	3 - 5 TIMES	6 - 9 TIMES	10 - 19 TIMES	20 - 39 TIMES	40 TIMES OR MORE
116in your whole life?	0	0	0	0	0	0	
117in the past year?	0	0	0	0	0	0	0
118in the past month?	0	0	0	0	0	0	0
ADD/ADHD Allergies Bipolar Disorder Weight Loss Chronic Skin Conditions (su Other, please specify During the past year, have following PRESCRIPTION prescribed for you or in w prescribed for you? (MAR Yes, OxyContin/Oxycodone Yes, Codeine/Tylenol III with Promethazine, or cough syr Yes, Percocet/Percodan Yes, Vicodin or Norco Yes, Dilaudid Yes, Morphine Yes, Suboxone Yes, Suboxone Yes, Soma Yes, Ritalin/Adderall/Stratte Yes, Albuterol or other asthi Yes, Ambien, Sonata, Lunes medication Yes, another prescription dr you, please specify No	e you take drugs that w K ALL TH h codeine, up with code ra/Vyvanse ma medica sta, or othe	n any of that were NO vere not AT APPLY deine	<u>T</u> 1	prescrip 22. If you w without them? (Free froe Buy ther other kid Buy ther Sneak th At a part From the	tun or gettir muscle, stre g depression oss ot used pre- tion ranted to g a prescrip MARK ALI m friends m from friends m from a denem from s	ng high ength, end on/anxiety escription of et prescription, how L THAT All ands, acqua ealer omeone (p	urance drugs without a ption drugs would you get

115. In the past 30 days, if you used marijuana, <u>how</u> did you use it? (<u>MARK ALL THAT APPLY</u>)

114. How old were you the first time you

tried marijuana (pot, hash, weed, blunts,

HOW OFTEN DO YOU USE:	NEVER	BEFORE, BUT NOT IN PAST YEAR	A FEW TIMES IN PAST YEAR	ONCE OR TWICE A MONTH	ONCE OR TWICE A WEEK	ALMOST EVERY DAY
123. Ecstasy (E, Molly)?	0	0	0	0	0	0
124. Hallucinogens (acid, LSD, shrooms)?	0	0	0	0	0	0
125. Steroids without a prescription?	0	0	0	0	0	0
126. Over-the-counter drugs (cough & cold meds, Nyquil, Lean, Purple Drank) to get high?	0	0	0	0	0	0
127. Downers (tranqs, barbs, Xanax) to get high?	0	\circ	0	\circ	0	\circ
128. Prescription uppers (diet pills, etc.) to get high?	0	0	0	0	0	0
129. Street uppers (speed, meth, crank) to get high?	0	0	0	0	0	0
130. Inhalants (aerosol spray cans, gasoline, whippets, glue)?	0	0	0	0	0	0
131. Pain killers (OxyContin, codeine, Percocet, Dilaudid, morphine, Tylenol III, Vicodin, Promethazine/cough syrup with codeine, or other pain medication) to get high?	0	0	0	0	0	0
132. Dactyls (rubes, dacks)?	0	0	0	0	0	0
133. Ritalin, Adderall, Strattera, Vyvanse, or Concerta without a prescription?	0	0	0	0	0	0
134. Crack (rock)?	0	0	0	0	0	0
135. Powder cocaine (powder, blow)?	0	0	0	0	0	0
136. Heroin (H, dope)?	0	0	0	0	0	0
137. Synthetic marijuana?	0	0	0	0	0	0

MARK ALL THAT APPLY FOR EACH DRUG:	ALCOHOL	MARIJUANA	PRESCRIPTION PAIN KILLERS	OTHER ILLEGAL DRUGS
138. I know where students my age can buy:	0	0	0	0
139. During the past year, I have sold or given someone else:	0	0	0	0

DURING THE PAST YEAR, HAVE ANY OF THESE THINGS HAPPENED:	DID NOT DRINK IN PAST YEAR	YES	NO
140. You got into a heated argument while drinking alcohol.	0	0	0
141. You felt you should cut down on your drinking.	\circ	0	0
142. People annoyed you by criticizing your drinking alcohol.	0	0	0
143. You felt bad or guilty about your drinking alcohol.	0	0	0
144. You had an alcoholic drink first thing in the morning to steady your nerves or to get rid of a hangover (eye opener).	0	0	0
145. You forgot things you did while drinking alcohol.	0	0	0
146. You got into trouble while you were drinking alcohol.	0	0	0

HOW MUCH DO PEOPLE RISK HARMING THEMSELVES (PHYSICALLY AND OTHER WAYS) WHEN THEY:	NO RISK	SLIGHT RISK	MODERATE RISK	GREAT RISK	DO NOT KNOW
147. Smoke one or more packs of cigarettes per day?	0	0	0	0	0
148. Use e-cigarettes or vape?	0	0	0	0	0
149. Have 5 drinks at a time, once or twice a week?	0	0	0	0	0
150. Smoke marijuana regularly?	0	0	0	0	0
151. Use prescription drugs without a prescription?	0	0	0	0	0

PLEASE COMPLETE THE FOLLOWING STATEMENTS FOR SOMEONE YOUR AGE:	OK	A LITTLE BIT WRONG	WRONG	VERY WRONG
152. I consider smoking one or more packs of cigarettes per day to be:	0	0	0	0
153. I consider having one or two drinks of an alcoholic beverage daily to be:	0	0	0	0
154. I consider using prescription drugs without a prescription to be:	0	0	0	0
155. I consider trying marijuana once or twice to be:	0	0	0	0
156. I consider smoking marijuana regularly to be:	0	0	0	0

For questions 167 and 168

Please imagine a ladder with steps numbered from zero at the bottom to ten at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you.

167. Indic (Usin	ate on w g the nur				you fee	el you p	ersonal	ly stand	right n	ow.	9 8 7
0	1	2	3	4	(5)	6	7	8	9	10	3
168. Indication from (Using			-		do you	think y	ou will s		out five	e years	3
0	1	2	3	4	5	6	7	8	9	10	
_	ellent Good d	ow woul	d you ra	ate your	emotio	onal hea	lth?				Worst Possible

Best Possible

Please answer the questions to the best of your ability	DEFINITELY TRUE	PROBABLY TRUE	NOT SURE	PROBABLY NOT TRUE	DEFINITELY NOT TRUE
170. When I was a child, there were relatives in my family who made me feel better if I was sad or worried.	0	0	0	0	0
171. When I was a child, teachers, coaches, youth leaders, or ministers were there to help me.	0	0	0	0	0
172. My family, neighbors, and friends talked often about making our lives better.	0	0	0	0	0
173. When I felt really bad, I could almost always find someone I trusted to talk to.	0	0	0	0	0

If you are in 8th grade, please stop here. If you are in 11th grade, please complete the final four questions:

174. Have you used the Wellness Center in your high school for any of the following? (MARK ALL THAT APPLY.) Sports physicals Immunizations Pregnancy testing STD testing Contraceptive health services (birth control, condoms) Nutrition/diet counseling Information on tobacco, alcohol, or drug use Other physical health reasons Emotional/Counseling/Mental health Other, please specify I have never used the Wellness Center	 176. In the past year, have you ever been a designated driver? (MARK ALL THAT APPLY.) I don't drive Yes, for others who were drinking, but I didn't drink Yes, when we all were drinking, but I drank less Yes, for others who were smoking marijuana Yes, for others who were using other illegal drugs No
175. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV, boat) after drinking alcohol?	177. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV boat) after smoking marijuana?
 I don't drive Never At least once, but not in the past year A few times in the past year About once or twice a month 	 I don't drive Never At least once, but not in the past year A few times in the past year About once or twice a month
About once or twice a weekAlmost every day	About once or twice a weekAlmost every day

Thank you again for being an important part of this study.