Delaware Middle School Survey

Trend Analysis Report

Total Injur	y and V	iolence																
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN8:	Percen	tage of s	students	s who di	id not al	ways w	ear a se	at belt (when ri	ding in	a car dr	iven by	someo	ne else)				
								38.7	37.1	33.8	35.4	32.2	37.6	39.0	39.3	No linear change	Decreased, 2007-2011 Increased, 2011-2021	No change
QN9:	Percen	tage of s	students	s who ev	ver rode	with a	driver w	ho had	been di	rinking	alcohol	(in a ca	r)					
								29.3	29.8	21.5	20.8	18.6	18.4	17.7	15.0	Decreased, 2007-2021	No quadratic change	No change
QN10	: Perce	ntage of	studen	ts who	were ev	er in a p	hysical	fight	-			-						
								65.3	62.2	57.4	55.4	51.3	45.1	46.8	41.7	Decreased, 2007-2021	No quadratic change	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\circ}$ Based on t-test analysis, p < 0.05.

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Trend Analysis Report

Injury	and V	iolence	•		Heal	th Risk	: Beha	avior a	and P	ercen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	200	5 20	007	2009	2011	2013	2015	2017	2019	2021			
QN12:	Perce	ntage of	f studen	ts who	were ev	er bulli	ed on	schoo	l prop	berty			-	-	-				
												43.1	41.1	38.6	35.7	36.7	Decreased, 2013-2021	Not available [§]	No change
QN13:	Perce	ntage of	f studen	ts who	were ev	er elect	ronica	ally bu	Illied ((count	ing bei	ng bulli	ed throu	igh text	ing,	-			
			f studen , or othe				ronica	ally bu	Illied ((count	ing bei	ng bulli	ed throu	igh text	ing,		·		
							ronica	illy bu	Illied ((count	ing bei	ng bulli 18.9	ed throu 18.2	-	-	23.3	No linear change	Not available	Increased
Instag	am, Fa	cebook		er social	media)						_	18.9		-	-	23.3	No linear change	Not available	Increased
Instag	am, Fa	cebook	, or othe	er social	media)			nt abou	ut kill		_	18.9	18.2	-	-	23.3 19.2	No linear change No linear change	Not available Decreased, 2007-2013 Increased, 2013-2021	Increased No change
Instagi QN14:	ram, Fa	ntage of	, or othe	er social	media) ever ser	iously t	hough	nt abou 21	ut kill 1.6	ing the 20.8	emselve 22.5	18.9 es 11.6	18.2	16.6	17.4			Decreased, 2007-2013	

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Trend Analysis Report

Total Injury	and V	iolence	!		Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021		-	2019-2021 [†]
QN16:	Perce	ntage of	f studen	ts who o	ever trie	d to kil	l themse	elves			6.8	6.1	6.5	8.5	5.9	No linear change	Not available [§]	No change

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Trend Analysis Report

Total Tobac	co Use																	
					Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN17:	Perce	ntage of	f studen	ts who	ever trie	ed cigar	ette smo	oking (e	ven one	e or two	puffs)							
								28.5	25.9	22.5	17.6	11.5	9.2	5.8	3.9	Decreased, 2007-2021	Decreased, 2007-2011 Decreased, 2011-2021	No change
QN19: survey		ntage of	f studen	ts who	currentl	y smoke	ed cigar	ettes (o	n at lea	st 1 day	during	the 30 d	lays bef	ore the				
								8.3	8.4	5.7	4.3	2.1	1.5	1.2	0.2	Decreased, 2007-2021	Decreased, 2007-2011 Decreased, 2011-2021	Decreased
QNFR days be				udents	who cur	rently s	moked	cigarett	es frequ	ently (on 20 oi	more d	ays dur	ing the .	30			
								1.9	2.2	1.4	0.9	0.4	0.1	0.1	0.0	Not available	Not available [§]	Not available
QNDA the sur		Percei	ntage of	studen	ts who c	currently	y smoke	d cigar	ettes da	ily (on a	all 30 d	ays duri	ng the 3	0 days I	before			
								1.4	1.8	1.0	0.8	0.3	0.1	0.1	0.0	Not available	Not available	Not available

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Trend Analysis Report

Total

	co Use				Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN21:	Percer	ntage of	f studen	ts who o	ever use	d an ele	ectronic	vapor p	oroduct									
												17.2	15.2	11.8	9.1	Decreased, 2015-2021	Not available [§]	No change
pens, e	-cigars	, e-hool		okah pe	ns, and						cluding , Vuse,							
pens, e	-cigars	, e-hool	kahs, ho	okah pe	ns, and											Decreased, 2015-2021	Not available	No change
QNFR	-cigars the 30 EVP: I	, e-hool days be Percenta	kahs, ho fore the	okah pe survey tudents	ens, and) who cur	mods [such as	JUUL,	ŚMÔK	, Suorin		and blu 8.4], on at 5.7	least 1 d	lay 4.3	,	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Total Tabaaa Ua

					Healt	th Risk	Behavi	or and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	YEVP efore th			f studen	ts who o	currently	v used e	lectroni	c vapo	r produc	ts daily ((on all	30 days	s during	the 30			
2																		
						tly smo	ked ciga	irettes o	or used	electron	ic vapor	0.4 produ	0.5 ets (on	0.3 at least	0.3 1 day	No linear change	Not available [§]	No change
				ents who survey		tly smo	ked ciga	urettes o	or used	electron	ic vapor	produ	cts (on	at least	1 day	No linear change	Not available [§]	No chan
QN23: dissolv	Percer vable to	days be	fore the	ts who) currently s Coper	y used s	mokeles	s tobac	co (che	wing to	ic vapor bacco, si], not co	produ 8.6 nuff, di	cts (on 6.1 p, snus	at least 4.9	1 day 3.8	No linear change Decreased, 2015-2021	Not available [§]	No change No change

Delaware Middle School Survey

Trend Analysis Report

Total Tobac	co Use																	
					Heal	th Risk	Behavio	or and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
snus, c	or dissol	lvable to	obacco	product	s [such	as Cope	used smo nhagen, g the 30	Grizzl	y, Skoa	l, or Ĉa	mel Snu				dip,			
													0.3	0.2	0.0	Not available	Not available [§]	Not available
or diss	olvable	tobacc	o produ	cts [suc	h as Co	penhage	y used si en, Grizz efore the	ly, Sko	oal, or C									
													0.2	0.1	0.0	Not available	Not available	Not available
			f studen e survey		currentl	y smoke	d cigars	(cigar	s, cigari	illos, or	little ci	gars, on	at least	t 1 day o	luring			
								4.9	6.4	4.4	4.2	2.4	1.6	1.0	0.1	Decreased, 2007-2021	No change, 2007-2013 Decreased, 2013-2021	Decreased

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Trend Analysis Report

TUDA	co Use				Healt	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
				ents who day dur						s or use	d smoke	eless tob	acco o	electro	nic			
													6.5	5.0	4.0	Decreased, 2017-2021	Not available [§]	No change
				ents who		tly smo	ked ciga	arettes o	or cigars	s or use	d smoke	eless tob	bacco (c	on at lea	st 1			
				ents who e the su		tly smo	ked ciga	arettes o	or cigars	s or use	d smoke	eless tob	2.6	on at lea 2.1	st 1 0.4	Decreased, 2017-2021	Not available	Decreased
lay du QNFR	ring the	e 30 day	s befor		rvey) who cu	rrently							2.6	2.1	0.4		Not available	Decreased
lay du QNFR	ring the	e 30 day	s befor	e the su	rvey) who cu	rrently							2.6	2.1	0.4		Not available Not available	Decreased Not available
QNFR Or mor	CGR: CGR: CGR: CGR: CGR: CGR: CGR: CGR:	e 30 day Percent during t	age of s the 30 d	e the su	who cu ore the s	rrently s survey)	smoked	cigars f 0.6	requent	tly (ciga 0.6	ars, ciga 0.5	rillos, o 0.4	2.6 r little c 0.2	2.1 cigars, o 0.0	0.4 n 20 0.0	2017-2021		

Delaware Middle School Survey

Trend Analysis Report

Total Alcoho	ol and (Other I	Orug Us	se	Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN25:	Perce	ntage of	f studen	ts who e	ever dra	nk alco	hol (oth	er than	a few s	ips)								
								42.1	39.9	34.4	26.8	21.7	23.3	17.3	15.5	Decreased, 2007-2021	No quadratic change	No change
ON26-	Perce	ntage of	f studen	ts who a	- trank al	cohol fe	or the fi	rst time	before	age 11	vears (c	other that	n a few	sins)				
Q1120.	1 cicci	intage of	studen	13 W110 C	anank ai	conor re	51 the 11			-	-			-				
								14.9	15.8	12.5	9.6	6.8	8.6	7.7	6.7	Decreased, 2007-2021	No quadratic change	No change
QN27:	Perce	ntage of	f studen	ts who e	ever use	d marij	uana											
								13.7	15.3	12.9	11.9	9.9	10.3	7.1	4.6	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	No change
QN28:	Perce	ntage of	f studen	ts who t	tried ma	rijuana	for the	first tin	ne befor	e age 1	1 years					-		
								2.7	3.2	2.3	2.5	1.4	1.7	1.7	0.6	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

					Healt	th Risk	Behavi	or and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	ow a do						iption p s such a								ently			
)																	
													4.6	6.7	5.2	No linear change	Not available [§]	No change
							. <u> </u>		•	·	·	•	4.6	6.7	5.2	No linear change	Not available [§]	No change
QN30	: Perce	ntage of	fstuden	ts who e	ever use	d cocaii	ne (any	form o	f cocain	e, inclu	ding po	wder, ci				No linear change	Not available [§]	No change
2N30	: Perce	ntage of	fstuden	ts who c	ever use	d cocaii	ne (any	form o 2.9	f cocain 4.2	e, inclu 2.4	ding po 1.8	wder, cr 0.9				No linear change Decreased, 2007-2021	Not available [§]	No change No change
 2N31:	: Perce	ntage of		ts who e			ne (any nts (sni	2.9	4.2	2.4	1.8	0.9	rack, or 1.0	freebase	e) 0.4	 Decreased,		

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Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN32	Perce	ntage of	studen	ts who	ever had	l sexual	interco	urse										
								23.3	22.8	18.8	14.4	10.5	9.2	5.9	3.9	Decreased, 2007-2021	No change, 2007-2011 Decreased, 2011-2021	No change
																	Deereased, 2011 2021	
QN33	Perce	ntage of	studen	ts who l	nad sexu	ual inter	course	for the f	ïrst tim	e before	e age 11	years						
QN33	Perce	ntage of	studen	ts who l	nad sexu	ual inter	course	for the f	ärst tim 6.4	e before 4.9	e age 11 3.9	years 2.4	2.5	1.9	0.6	Decreased, 2007-2021	No change, 2007-2011 Decreased, 2011-2021	No change
						ual inter		5.8	6.4	4.9	3.9	2.4	2.5	1.9	0.6	Decreased,	No change, 2007-2011	No change

Delaware Middle School Survey

Trend Analysis Report

Total Weigh	t Mana	igemen	t and I	Dietary	Behavi	ors												
					Heal	th Risk	Behavi	ior and	Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 *
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN36:	Percer	ntage of	f studen	ts who	describe	ed them	selves a	s slight	ly or ve	ry over	weight							
								26.7	25.6	26.9	27.4	26.3	28.0	27.5	29.9	No linear change	No quadratic change	No change
QN37:	Percer	ntage of	f studen	ts who	were try	ing to l	ose wei	ght										_
								44.8	43.6	46.3	47.3	43.3	47.5	42.5	46.7	No linear change	No quadratic change	No change
QN38:	Percei	ntage of	f studen	ts who	did not (eat brea	kfast (d	uring th	ne 7 day	s before	e the su	rvey)						
										11.1	11.0	9.1	9.8	10.6	15.5	No linear change	No change, 2011-2017 Increased, 2017-2021	Increased
QNBK	7DAY	Perce	ntage o	f studen	its who a	ate brea	kfast on	ı all 7 d	ays (du	ring the	7 days	before t	he surve	ey)				
										47.8	46.3	48.7	47.1	40.8	35.7	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware Middle School Survey

Trend Analysis Report

Total Physical Activity

1 nysk	ai Act	ivity			Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
of phy		ctivity tl		its who eased the														
									50.5	47.9	48.2	48.6	50.0	40.5	46.3	No linear change	No quadratic change	No change
day (ii	ı any ki	ind of p		f studen activity survey)														
									15.2	11.1	13.2	12.1	11.4	16.7	16.7	No linear change	Decreased, 2009-2017 Increased, 2017-2021	No change
kind o		cal activ		f studen increas														
									31.5	30.9	27.3	29.1	27.5	20.7	24.1	Decreased, 2009-2021	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware Middle School Survey

Trend Analysis Report

Total

Physical	Activity
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		·			Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	: Perce they we			ts who a	attended	d physic	al educ:	ation (P	E) class	es on 1	or more	e days (i	in an av	erage w	eek			
								68.1	66.1	67.8	66.9	63.8	63.9	54.1	63.2	No linear change	No quadratic change	No change
	LYPE: 1 they we			tudents	who att	tended p	hysical	educati 33.3	on (PE)	classes	on all 5	5 days (20.6	in an av 22.7	erage w 14.5	veek 22.9	Decreased, 2007-2021	No quadratic change	No change
						on at lea hs befoi			am (cou	inting a	ny team	is run b	y their s	chool o	r		-	
								60.6	59.9	62.0	62.2	61.5	58.2	52.3	50.1	Decreased,	No change, 2007-2015	No change
																2007-2021	Decreased, 2015-2021	
					had a co ne surve	oncussic	on from	playing	a sport	or bein	g physic	cally ac	tive (on	e or mo	re	2007-2021	Decreased, 2015-2021	

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Trend Analysis Report

Total Other					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
ON45:	Percei	itage of	student	ts who a	tot 8 or	more h	ours of	laan (a	n on ou	270.00	abool ni	- 1- 4)						
C		0	staten	15 1010 8	501 0 01	more n	buis of a	sieep (o	ii ali ave	erage sc		gnt)						
		e	Staten		301 0 01	more n	ours or s	sieep (o	11 all ave	56.9	55.3	54.7	48.9	48.2	45.7	Decreased, 2011-2021	No quadratic change	No change
QN46:		ntage of						•		56.9		54.7				,	No quadratic change	No change

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Trend Analysis Report

Total

Site-A	dded				Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN47: the sur		ntage o	f studen	ts who	describe	d their	grades i	n schoo	l as mo	stly A's	or B's (during 1	the 12 r	nonths l	before			
												74.2	72.3	78.3	76.8	No linear change	Not available [§]	No change
QN48:	Perce	ntage of	f studer	ts who	ever car	ried a w	eapon (such as	a gun,	knife, o	r club)			-	-			
		0					1		5,					23.1	21.3	No linear change	Not available	No change
contro with, b	l them o eing hu	or emot imiliate	ionally d in fro	hurt the nt of otl	m (cour	ting suc being th	ch thing reatene	s as bei d if they	ng told / did no	who the	ing out ey could nat their	or coul	ld not s	pend tin	ne			
													13.6	13.0	13.8	No linear change	Not available	No change

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Trend Analysis Report

Total Site-Added					
Health Risk Behavior and Percentages			Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017	2019	2021	-		
QN50: Percentage of students who reported that someone they were dating or going out with physically purpose (counting such things as being hit, slammed into something, or injured with an object or weapon students who dated or went out with someone during the 12 months before the survey)					
4.1	3.6	1.5	Decreased, 2017-2021	Not available [§]	No change
QN51: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so tha doing some usual activities, ever during the 12 months before the survey)	t they s	topped			
	28.1	33.1	No linear change	Not available	No change
QN52: Percentage of students who have ever felt sad, empty, hopeless, or anxious					
	73.0	79.8	Increased, 2019-2021	Not available	Increased
QN53: Percentage of students who most of the time or always get the kind of help they need (among stu report having felt sad, empty, hopeless, angry, or anxious)	idents v	vho	·		
	31.4	29.1	No linear change	Not available	No change

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Trend Analysis Report

Total Site-A	dded																	
					Heal	th Risk	Behavio	or and F	ercen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							o purpos e 12 moi					vanting	to die (such as				
													11.0	11.0	13.9	No linear change	Not available [§]	No change
							own ele station,								ch as a			
													0.5	0.1	0.3	No linear change	Not available	Increased
QN56: survey		ntage of	fstuden	ts who	currentl	y drank	alcohol	(other th	ian a fe	ew sips	, during	the 30	days be	fore the				
											9.5	6.8	7.4	5.1	3.9	Decreased, 2013-2021	Not available	No change

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Total Site-A	dded				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [®]	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN57:	Percer	ntage of	studen	ts who c	currently	y used r	narijuan	a (durir	g the 3	0 days l	pefore t	ne surve	ey)					
										6.5	5.8	5.1	5.1	2.2	1.5	Decreased, 2011-2021	Decreased, 2011-2017 Decreased, 2017-2021	No change
differe	ntly tha	n how a	a doctor	told the	em to us		prescripti unting d								done,			
													2.5	3.5	2.2	No linear change	Not available [§]	No change
QN59:	Percer	ntage of	studen	ts who ł	nave eve	er taken	steroid	pills or	shots w	vithout a	a doctor	's presc	ription					
														1.0	0.9	No linear change	Not available	No change

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Trend Analysis Report

Total Site-Added Quadratic Change^{*} Change from Health Risk Behavior and Percentages Linear Change^{*} 2019-2021 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN60: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey) 23.5 25.5 No linear change Not available§ No change QN61: Percentage of students who did not eat green salad or other vegetables (not counting potatoes, one or more times the day before the survey) 39.2 40.8 41.7 No linear change Not available No change QN62: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey) 45.9 50.9 53.0 56.1 58.6 Not available Increased, No change 2013-2021

Delaware Middle School Survey

Trend Analysis Report

Total Site-Added Health Risk Behavior and Percentages Linear Change* Quadratic Change^{*} Change from 2019-2021 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN63: Percentage of students who did not drink caffeinated drinks (including coffee, teas, sodas, power drinks, energy drinks or other drinks with caffeine added, one or more times the day before the survey) 39.0 46.6 54.7 48.5 55.8 57.6 Increased, 2011-2015 Increased, No change 2011-2021 Increased, 2015-2021 QN64: Percentage of students who did not drink sugar-sweetened beverages from a can, bottle, or glass (counting sports drinks (such as Gatorade or PowerAde), energy drinks (such as Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight and not counting soda or pop, one or more sugar-sweetened beverages the day before the survey) 40.9 40.4 40.8 No linear change Not available§ No change QN65: Percentage of students who ate dinner at home with at least one of their parents on four or more days (during the 7 days before the survey) 80.9 78.6 77.7 No linear change Not available No change

Delaware Middle School Survey

Trend Analysis Report

Total Site-A	dded																	
					Heal	th Risk	Behavi	or and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					most of e the su		e or alwa	ays wei	nt hung	ry becau	ise there	e was no	ot enoug	gh food	in			
		0											3.0	3.3	4.3	No linear change	Not available [§]	No change
QN67 are rat		ntage of	f studen	ts who j	play vio	lent vid	eo game	es 2 or i	more ho	ours per	week o			0				
												34.8	31.9	29.7	28.5	Decreased, 2015-2021	Not available	No change
QN70:	: Perce	ntage of	f studen	ts who o	ever bee	en told b	y a doct	tor or a	nurse t	hat they	have as	sthma	-			·		
								20.9	23.9	25.9	26.3	22.0	20.8	18.3	16.6	Decreased, 2007-2021	Increased, 2007-2011 Decreased, 2011-2021	No change
QN71	: Perce	ntage of	f studen	ts who l	have be	en taugl	nt about	AIDS (or HIV	infectio	n in sch	nool				•		
								68.3	60.7	55.6	52.9	49.1	44.1	35.3	15.8	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	Decreased

Delaware Middle School Survey

Trend Analysis Report

Total Site-Ac	lded																	
					Heal	th Risk	Behavi	or and l	Percent	ages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN72:	Percei	ntage of	studen	ts who a	are deaf	or have	e serious	difficul	ty heari	ng		2.1	2.6	2.4	2.8	No linear change	Not available [§]	No change
QN73:	Percer	ntage of	studen	ts who l	have ser	ious dif	ficulty s	seeing (e	even wh	en wea	aring gla	asses) 9.0	9.4	8.7	7.5	No linear change	Not available	No change
					have ser problem)		ficulty o	concentr	ating, re	ememt	bering, c	or makin	ng decis	ions (be 23.4	cause 29.0	No linear change	Not available	Increased
QN75:	Percei	ntage of	studen	ts who	have sei	ious dif	ficulty	walking	or climb	oing st	airs		2.9	3.1	3.2	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Male Injury	y and V	iolence																
					Heal	th Risk	Behav	ior and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN8:	Percen	tage of	student	s who d	id not al	ways w	ear a se	at belt (when r	iding in	a car d	riven by	someo	ne else)				
								42.2	37.7	33.3	35.4	32.2	38.3	39.6	42.4	No linear change	Decreased, 2007-2011 Increased, 2011-2021	No change
QN9:	Percen	tage of	student	s who e	ver rode	with a	driver v	vho had	been d	rinking	alcohol	(in a ca	ır)					
								28.9	29.1	19.0	18.9	16.0	16.2	16.6	14.2	Decreased, 2007-2021	Decreased, 2007-2015 No change, 2015-2021	No change
QN10	: Perce	ntage of	f studen	ts who	were ev	er in a p	physical	fight										
								76.6	74.6	68.8	66.3	61.6	55.7	57.1	51.0	Decreased, 2007-2021	No quadratic change	No change
QN12	Perce	ntage of	f studen	ts who	were ev	er bullie	ed on sc	hool pr	operty									
											38.4	35.3	32.6	30.2	31.1	Decreased, 2013-2021	Not available [§]	No change

Delaware Middle School Survey

Trend Analysis Report

Male Injury	and V	iolence																
					Heal	th Risk	Behavi	or and	Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					were ev media)		ronically	/ bullie	d (coun	ting be	ing bulli	ed throu	ıgh text	ing,				
											11.9	10.3	10.0	12.1	16.6	No linear change	Not available [§]	No change
QN14:	Perce	ntage of	studen	ts who	ever ser	iously tl	hought a	about ki	illing th	emselv	es							
								17.7	15.0	16.8	7.3	11.9	11.9	12.9	11.0	Decreased, 2007-2021	Decreased, 2007-2013 No change, 2013-2021	No change
QN15:	Perce	ntage of	studen	ts who	ever ma	de a pla	n about	how th	ey wou	ıld kill t	hemselv	res		-				
								9.9	8.5	8.9	10.8	6.9	7.8	9.6	9.4	No linear change	No quadratic change	No change
QN16:	Perce	ntage of	studen	ts who	ever trie	d to kill	l themse	lves			3.1	2.9	4.2	5.8	2.9	No linear change	Not available	Decreased

Delaware Middle School Survey

Trend Analysis Report

Male Tobaco	co Use																	
					Heal	th Risk	Behavi	ior and	Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN17:	Percei	ntage of	studen	ts who	ever trie	ed cigar	ette smo	oking (e	ven on	e or two	o puffs)							
								27.3	27.2	23.5	16.4	10.7	9.1	5.3	3.4	Decreased, 2007-2021	No change, 2007-2011 Decreased, 2011-2021	No change
QN19: survey)		ntage of	studen	ts who	currentl	y smoke	ed cigar	ettes (o	n at lea	st 1 day	/ during	the 30 d	lays bef	ore the				
								7.3	7.8	6.0	4.0	1.9	1.9	1.2	0.3	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	No change
		ercenta e surve		udents	who cur	rently s	moked	cigarett	es freq	uently (on 20 or	more d	ays dur	ing the 3	30			
								1.8	2.1	1.7	1.0	0.5	0.2	0.3	0.0	Not available	Not available [§]	Not available
QNDA the sur		Percer	ntage of	student	ts who c	currently	y smoke	ed cigar	ettes da	ily (on	all 30 da	ays duri	ng the 3	0 days I	before			
								1.4	1.6	1.4	0.9	0.4	0.2	0.3	0.0	Not available	Not available	Not available

Delaware Middle School Survey

Trend Analysis Report

Male

QN21: Percentage of students who ever used an electronic vapor product 18.2 15.4 12.4 6.6 Decreased, 2015-2021 Not available [§] Decrease QN22: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey) 9.0 5.5 4.9 2.6 Decreased, Not available No chang						Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
2015-2021 QN22: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey) 9.0 5.5 4.9 2.6 Decreased, Not available No chang	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
2015-2021 QN22: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey) 9.0 5.5 4.9 2.6 Decreased, Not available No chang	QN21:	Percer	ntage of	f studen	ts who e	ever use	d an ele	ctronic	vapor p	oroduct									
pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey) 9.0 5.5 4.9 2.6 Decreased, Not available No chang													18.2	15.4	12.4	6.6		Not available [§]	Decreased
	2N22:	Percer	ntage of	f studen	ts who o	currently	y used a	n electr	onic va	por proc	duct (ind	cluding of	e-cigare	ettes, va	apes, va	be	2015-2021		
	Dens, e luring	-cigars the 30 EVP: 1	, e-hook days be Percenta	cahs, ho fore the	okah pe survey	ms, and	mods [s	such as	JUUL,	ŚМО́К,	Suorin		and blu 9.0], on at 5.5	4.9	lay 2.6		Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Male

Tobacco Use																	
				Heal	th Risk	Behav	ior and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNDAYEVP: days before the			student	ts who	currentl	y used e	electron	ic vapo	r produc	cts daily	(on all	30 days	during	the 30			
											0.5	0.8	0.6	0.0	Not available	Not available [§]	Not available
					•												
QNTB5: Perce during the 30 da					ntly smo	ked cig	arettes o	or used	electror	nic vapo	r produ	cts (on	at least	1 day			
											8.7	5.9	5.0	2.6	Decreased, 2015-2021	Not available	No change
QN23: Percent dissolvable toba products, on at	acco pr	oducts	[such as	s Coper	nhagen,	Grizzly	, Skoal							vapor			
												1.6	1.1	0.4	Decreased, 2017-2021	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Male Tobacco	o Use																	
					Healt	th Risk	Behavio	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNFRSF snus, or o electroni	dissol	vable to	obacco	product	s [such a	as Cope	nhagen,	Grizzly	, Skoa	l, or Ĉa	mel Snu				dip,			
													0.6	0.3	0.0	Not available	Not available [§]	Not available
QNDAY or dissol vapor pro	vable	tobacco	o produ	cts [suc	h as Coj	penhage	n, Grizz	ly, Sko	al, or C									
													0.4	0.0	0.0	Not available	Not available	Not available
QN24: I the 30 da					currently	y smoke	d cigars	(cigars	s, cigari	illos, or	little ci	gars, on	at least	t 1 day o	luring			
								5.9	6.3	6.0	4.7	2.4	1.7	1.7	0.2	Decreased, 2007-2021	No change, 2007-2011 Decreased, 2011-2021	Decreased

Delaware Middle School Survey

Trend Analysis Report

Topac	co Use																	
					Heal	th Risk	Behav	ior ar	d Perc	entage	s					Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	200	7 200	9 201	11 201	3 2015	2017	2019	2021	-		
						ntly smo 30 days				ars or u	ised smo	keless to	bacco o	r electro	onic			
													6.1	5.1	2.9	Decreased, 2017-2021	Not available [§]	No change
			of stud		0.0000000	atly emo	ked cir	arette	s or cig	ars or u	ised smo	keless to	bacco (on at lea	st 1			
				e the su		itry sinc	keu eig	Jurette	, or o ig				00000 (.	511 at 100	bt I			
						niy sine	keu eig	garette					3.0	2.3	0.7	Decreased, 2017-2021	Not available	Decreased
day dı QNFR	CGR:	e 30 day	age of s	e the su	rvey) who cu	urrently		-				garillos,	3.0	2.3	0.7		Not available	Decreased
day du	CGR:	e 30 day	age of s	e the su	rvey) who cu	urrently		-		ently (c	igars, ci	garillos,	3.0	2.3	0.7		Not available Not available	Decreased Not available
QNFF or mo	CGR: re days	e 30 day Percent during	age of sthe 30 d	e the su students ays befo	who cu ore the s	urrently survey)	smoked	l cigar 0.7	s frequ	ently (c	igars, ci 0 0.5	garillos,	3.0 or little 0.3	2.3 cigars, c 0.0	0.7 on 20 0.0	2017-2021		_

Delaware Middle School Survey

Trend Analysis Report

Male Alcoh	ol and (Other I	Orug Us	se	Heal	lth Risk	Behavi	ior and	Percer	ıtages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN25:	Perce	ntage of	f studen	ts who o	ever dra	ank alco	hol (oth	er than	a few s	ips)								
								41.7	41.9	34.6	26.2	21.3	20.3	17.5	13.7	Decreased, 2007-2021	No quadratic change	No change
ON26:	Perce	ntage of	f studen	ts who a	drank al	lcohol fo	or the fi	rst time	before	age 11	vears (c	other that	n a few	sips)				
21.20	10100	ininge of	, studen					16.1	18.4	-	-	7.5	9.4	8.9	6.9	Decreased, 2007-2021	No quadratic change	No change
QN27:	Perce	ntage of	f studen	ts who o	ever use	ed marij	uana									· -		
								15.1	17.5	16.0	13.0	9.5	10.1	6.9	4.5	Decreased, 2007-2021	Increased, 2007-2011 Decreased, 2011-2021	No change
QN28:	Perce	ntage of	f studen	ts who t	tried ma	arijuana	for the	first tin	ne befor	e age 1	1 years	•			•	-		_
								3.8	4.4	3.6	3.2	1.3	2.0	2.3	0.7	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

				e	Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	ow a do					k presci ng drug									rently 4.5	No linear change	Not available [§]	No change
2N30	Percei	ntage of	student	ts who e	ever use	d cocai	ne (any	form of	cocain	e, inclu	ding po	wder, ci	ack, or	freebas	e)			
QN30	Percei	ntage of	student	ts who e	ever use	d cocaii	ne (any	form of 3.5	cocain 3.5	e, inclu 3.2	ding po 2.2	wder, ci 0.8	ack, or 0.8	freebase	e) 0.5	Decreased, 2007-2021	No quadratic change	No change
 2N31:	Percer	ntage of		ts who e		d cocair d inhala		3.5	3.5	3.2	2.2	0.8	0.8	1.4	0.5		No quadratic change	No chang

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Trend Analysis Report

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN32	: Perce	ntage of	studen	ts who	ever had	d sexual	interco	urse										
								27.6	27.9	24.0	18.7	13.8	12.4	7.9	4.7	Decreased, 2007-2021	No change, 2007-2011 Decreased, 2011-2021	No change
QN33	: Perce	ntage of	studen	ts who l	nad sex	ual inter	course	for the f	first tim	e before	e age 11	years	-		-			
								8.3	9.0	8.3	5.8	3.4	3.6	2.5	0.0	Not available	Not available [§]	Not available
ON34	: Perce	ntage of	studen	ts who	ever had	d sexual	interco	urse wi	th three	or more	e persor	IS						

Delaware Middle School Survey

Trend Analysis Report

Male Weight	t Mana	agemen	t and E	Dietary	Behavi	ors												
					Heal	th Risk	Behavi	ior and	Percei	ıtages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN36:	Percer	ntage of	f studen	ts who	describe	ed them	selves a	s slight	ly or ve	ry over	weight							
								24.2	21.8	22.1	24.2	21.8	25.0	26.9	25.5	No linear change	No quadratic change	No change
QN37:	Percer	ntage of	f studen	ts who	were try	ing to l	ose wei	ght										
								36.1	33.9	36.5	39.2	36.3	39.2	37.7	39.3	No linear change	No quadratic change	No change
QN38:	Percer	ntage of	f studen	ts who	did not o	eat brea	kfast (d	uring th	ne 7 day	s before	e the su	rvey)						_
										8.1	8.8	6.8	7.1	6.2	12.5	No linear change	No change, 2011-2017 No change, 2017-2021	Increased
QNBK	7DAY	: Perce	ntage of	f studen	its who a	ate brea	kfast on	ı all 7 d	ays (du	ring the	7 days	before t	he surve	ey)				
										55.1	53.4	56.2	54.9	49.3	44.6	Decreased, 2011-2021	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

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Trend Analysis Report

Male Physic	al Acti	vity																
					Healt	h Risk l	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
of phys		tivity th				vsically rate and												
									56.7	55.1	55.0	57.5	58.9	47.8	54.0	No linear change	No quadratic change	No change
day (in	any ki	nd of pl		activity		id not pa reased th										No linear change	Decreased, 2009-2015 No change, 2015-2021	No change
kind of		al activ				vere phy heart rat												
									38.3	37.3	33.8	38.0	36.0	24.7	32.3	Decreased, 2009-2021	No quadratic change	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\circ}$ Based on t-test analysis, p < 0.05.

Delaware Middle School Survey

Trend Analysis Report

Health Risk Behavior and Percentages														Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	Percei			ts who a	attended	d physic	al educa	ation (P	E) class	ses on 1	or more	e days (in an av	erage w	reek			
	-							71.3	68.8	70.4	69.1	66.9	68.2	57.2	64.1	No linear change	No quadratic change	No change
	YPE: 1 they we			tudents	who att	tended I	ohysical	educati 36.1	29.1) classes 35.1	on all : 29.0	5 days (21.7	in an av 26.0	verage w	veek 22.4	Decreased, 2007-2021	No quadratic change	No change
							ist one s re the su		am (cou	inting a	ny tean	ıs run b	y their s	chool o	r			
								66.0	66.3	67.7	67.1	67.0	62.7	53.6	54.7	Decreased, 2007-2021	No change, 2007-2015 Decreased, 2015-2021	No change
				ts who l efore th			on from	playing	a sport	or bein	g physi	cally ac	tive (on	e or mo	re			_

Delaware Middle School Survey

Trend Analysis Report

Male Other					Healt	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN45:	Percei	ntage of	studen	ts who g	got 8 or	more h	ours of s	sleep (o	on an av	erage so	chool ni	ght)	-	-				
										59.4	58.0	57.2	51.2	50.6	44.8	Decreased, 2011-2021	No quadratic change	No change
	Percent the sur		studen	ts who u	isually	did not s	sleep in	their pa	arent's o	r guard	ian's ho	me (du	ring the	30 days	;			
Derore	une bui	· - , ,																

Delaware Middle School Survey

Trend Analysis Report

Male

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN47: the sur		ntage of	studen	ts who o	lescribe	d their g	grades i	n schoo	l as mo	stly A's	or B's (during	the 12 n	nonths b	efore			
												72.1	67.5	75.0	76.6	Increased, 2015-2021	Not available [§]	No change
QN48:	Percer	ntage of	studen	ts who o	ever car	ried a w	eapon (such as	a gun, l	knife, o	r club)							
														29.1	30.5	No linear change	Not available	No change
control with, b	them c eing hu	or emoti miliate	onally l d in fro	nurt the nt of oth	m (coun	ting suc being th	ch thing reatene	s as bein d if they	ng told / did no	who the t do wh	ey could	or cou	rposely ld not sp inted, ar	pend tin	ne			

Delaware Middle School Survey

Trend Analysis Report

Male Site-Added					
Health Risk Behavior and Percentages			Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017	2019	2021	-		
QN50: Percentage of students who reported that someone they were dating or going out with physically purpose (counting such things as being hit, slammed into something, or injured with an object or weapor students who dated or went out with someone during the 12 months before the survey)					
4.2	4.2	0.6	Decreased, 2017-2021	Not available [§]	Decreased
QN51: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that doing some usual activities, ever during the 12 months before the survey)	at they s	topped			
	18.7	20.6	No linear change	Not available	No change
QN52: Percentage of students who have ever felt sad, empty, hopeless, or anxious					
	64.8	74.3	Increased, 2019-2021	Not available	Increased
QN53: Percentage of students who most of the time or always get the kind of help they need (among str report having felt sad, empty, hopeless, angry, or anxious)	udents v	vho	·		
	31.8	32.7	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Male Site-A	dded																
					Heal	th Risk	Behavi	or and F	ercentage	s					Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009 20	11 2013	2015	2017	2019	2021	-		
									themselve ore the sur		wanting	to die (such as				
												6.7	7.2	6.6	No linear change	Not available [§]	No change
									vapor proo					ich as a			
												0.7	0.1	0.3	No linear change	Not available	No change
QN56: survey		ntage of	studen	ts who o	currentl	y drank	alcohol	(other th	an a few s	ips, durinį	g the 30	days be	fore the	:			
										9.1	6.0	6.2	4.2	2.9	Decreased, 2013-2021	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Male Site-A	dded																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN57:	Percer	ntage of	studen	ts who o	currentl	y used r	narijuar	ıa (duriı	ng the 3	0 days I	before t	ne surve	ey)					
										8.5	6.7	4.2	4.9	2.2	1.8	Decreased, 2011-2021	No quadratic change	No change
differe	ntly tha	in how a	a doctor	told the	em to u	y took p se it (co survey)	unting c								done,			
													1.8	2.9	2.4	No linear change	Not available [§]	No change
QN59:	Percer	ntage of	studen	ts who l	have eve	er taken	steroid	pills or	shots w	vithout a	a doctor	's presc	ription					
														0.7	1.6	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Male Site-Added Quadratic Change^{*} Change from Health Risk Behavior and Percentages Linear Change^{*} 2019-2021 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN60: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey) 23.4 23.2 No linear change Not available§ No change QN61: Percentage of students who did not eat green salad or other vegetables (not counting potatoes, one or more times the day before the survey) 42.1 42.4 45.2 No linear change Not available No change QN62: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey) 42.5 48.9 53.1 53.6 57.7 Not available Increased, No change 2013-2021

Delaware Middle School Survey

Trend Analysis Report

Male Site-A	dded																	
					Heal	th Risk	Behavio	or and l	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							ffeinated ne or mo						s, power	drinks,				
										38.0	47.1	54.3	51.9	56.4	59.7	Increased, 2011-2021	No quadratic change	No change
sports coffee	drinks (drinks,	such as flavore	Gatora	de or Pe Snapple	owerAd e, or Su	e), ener	gar-swee gy drink ight and	s (such	as Red	Bull or	Jolt), le	emonad	e, swee	tened te	a or			
													44.0	43.2	38.5	No linear change	Not available [§]	No change
			f studen survey)		ate dinn	er at ho	me with	at least	one of	their pa	arents of	n four o	or more	days (dı	iring	•		
													83.3	84.8	85.8	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Male Site-A	dded																	
					Heal	th Risk	Behavi	or and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					most of re the su	the time (rvey)	e or alw	ays wei	nt hung	ry becau	use ther	e was no	ot enoug	gh food	in			
													2.9	3.6	4.3	No linear change	Not available [§]	No change
	: Perce ted M)	ntage o	f studer	nts who	play vic	lent vid	eo game	es 2 or	more ho	ours per	week o			0				
												56.5	53.4	46.5	43.4	Decreased, 2015-2021	Not available	No change
QN70	: Perce	ntage o	f studer	nts who	ever bee	en told b	y a doc	tor or a	nurse t	hat they	have a	sthma	•	•	•			
								20.6	25.0	26.4	27.5	22.1	18.6	21.1	16.1	Decreased, 2007-2021	Increased, 2007-2011 Decreased, 2011-2021	No change
QN71	: Perce	ntage o	f studer	nts who	have be	en taugł	nt about	AIDS	or HIV	infectio	n in sch	iool						
								69.1	65.1	59.1	54.9	50.5	47.4	36.6	17.4	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	Decreased

Delaware Middle School Survey

Trend Analysis Report

001 2003 20	ehavior and Perc						Linear Change [*]	Quadratic Change [*]	Change from
	005 2007 200	9 2011							2019-2021
doof or have so		> 2011	2013 201	5 2017	2019	2021			
ucar or have se	rious difficulty h	earing							
			2.2	2.7	1.6	1.1	No linear change	Not available [§]	No change
e serious difficu	ulty seeing (even	when wea	ring glasses)						
			5.2	6.5	6.4	3.7	No linear change	Not available	No change
							0		
e serious difficu lem)	ulty concentrating	g, remembe	ering, or ma	ing decis	ions (be	cause			
					20.4	20.3	No linear change	Not available	No change
		imbing sta	airs						
e serious diffici	ulty walking or cl	innomig sta							
		·		rious difficulty walking or climbing stairs		20.4	20.4 20.3	20.4 20.3 No linear change	20.4 20.3 No linear change Not available

Delaware Middle School Survey

Trend Analysis Report

Femal Injury	le 7 and V	iolence																
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN8:	Percen	tage of	students	s who di	d not al	ways w	ear a se	at belt (when ri	iding in	a car di	riven by	someor	ne else)				
								34.9	36.1	34.0	35.1	31.7	36.7	38.5	35.7	No linear change	No quadratic change	No change
QN9:	Percen	tage of s	students	who ev	ver rode	with a	driver v	ho had	been d	rinking	alcohol	(in a ca	r)					
								29.5	30.8	24.4	22.7	21.4	20.7	18.7	15.4	Decreased, 2007-2021	No quadratic change	No change
ON10	Perce	ntage of	f studen	ts who	were ev	er in a p	hysical	fight										
×110																		
21110								53.0	48.7	45.0	43.6	39.5	33.9	36.7	31.0	Decreased, 2007-2021	No quadratic change	No change
	: Perce	ntage of	f studen	ts who	were ev	er bullie	ed on sc			45.0	43.6	39.5	33.9	36.7	31.0		No quadratic change	No change

Delaware Middle School Survey

Trend Analysis Report

Female Injury	-	iolence																
					Heal	th Risk	Behavi	or and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
					were ev media)		ronically	y bullie	d (coun	ting bei	ng bulli	ed throu	ıgh text	ing,				
											26.2	26.4	23.8	22.7	29.9	No linear change	Not available [§]	Increased
QN14:	Perce	ntage of	studen	ts who	ever ser	iously t	hought a	about ki	illing th	emselve	es							
								25.6	26.5	28.2	15.7	24.1	23.8	25.2	27.3	No linear change	Decreased, 2007-2013 Increased, 2013-2021	No change
QN15:	Perce	ntage of	studen	ts who	ever ma	de a pla	n about	how th	ey wou	ld kill t	hemselv	es						
								15.2	13.4	14.3	24.8	16.0	13.7	14.3	19.4	No linear change	No quadratic change	No change
QN16:	Perce	ntage of	studen	ts who o	ever trie	d to kil	l themse	lves	-	-	10.3	8.9	9.0	11.0	8.1	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Femal Tobac	e co Use																	
					Heal	th Risk	Behavi	ior and	Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN17:	Perce	ntage of	f studen	ts who	ever trie	ed cigar	ette smo	oking (e	ven on	e or two	puffs)							
								29.6	24.4	21.7	18.9	12.4	9.5	6.3	4.4	Decreased, 2007-2021	Decreased, 2007-2013 Decreased, 2013-2021	No change
QN19: survey		ntage of	f studen	ts who	currentl	y smoke	ed cigar	ettes (o	n at lea	st 1 day	during	the 30 d	lays bef	ore the				
								9.3	8.3	5.5	4.5	2.3	1.2	1.2	0.2	Decreased, 2007-2021	Decreased, 2007-2013 Decreased, 2013-2021	Decreased
		Percenta le surve		udents	who cur	rently s	moked	cigarett	es frequ	ently (o	on 20 or	more d	ays dur	ing the 3	30			
								2.0	1.7	1.1	0.7	0.2	0.0	0.0	0.0	Not available	Not available [§]	Not available
QNDA the sur		Percei	ntage of	studen	ts who c	currently	y smoke	ed cigar	ettes da	ily (on a	all 30 da	ays duri	ng the 3	0 days I	before			
								1.4	1.3	0.6	0.6	0.1	0.0	0.0	0.0	Not available	Not available	Not available

Delaware Middle School Survey

Trend Analysis Report

Female Tobacco Use Quadratic Change^{*} Change from Health Risk Behavior and Percentages Linear Change^{*} 2019-2021 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN21: Percentage of students who ever used an electronic vapor product 15.6 14.7 11.1 10.9 No linear change Not available§ No change QN22: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey) 7.5 5.8 4.3 5.0 No linear change Not available No change QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey) 0.3 0.5 0.2 0.7 No linear change Not available No change

Delaware Middle School Survey

Trend Analysis Report

Female

			Healt	h Risk l	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991 1993 19	995 1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNDAYEVP: P days before the s		students	s who c	urrently	used e	lectroni	c vapor	produc	ts daily	(on all	30 days	during	the 30			
															*	
QNTB5: Percent	tage of stude	nts who	current	ly smok	ed ciga	irettes c	or used o	electron	nic vapor	0.1	0.2	0.0 at least	0.6 1 day	Not available	Not available [§]	Not available
QNTB5: Percent during the 30 day				ly smok	ed ciga	urettes o	or used o	electron	ic vapor					Not available Decreased, 2015-2021	Not available ^s	Not available
	ge of student	survey) s who cr [such as	irrently Copen	used sr	nokeles	s tobac	co (che	wing to	bacco, s	8.2	cts (on 6.2	at least 4.9	1 day 3.9	Decreased,		

Delaware Middle School Survey

Trend Analysis Report

1991 1993 1995 1 QNFRSKL: Percentage snus, or dissolvable toba electronic vapor product QNDAYSKL: Percenta or dissolvable tobacco p
nus, or dissolvable toba electronic vapor product
apor products, on all 30

Delaware Middle School Survey

Trend Analysis Report

Fobacco Us	•			Healt	th Risk	Behavi	or and	Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		2019-2021
QNTB4: Per vapor produc									rs or use	ed smok	eless to	bacco o	r electro	onic			
												6.8	5.1	4.0	No linear change	Not available [§]	No change
					tly smo	ked cig	arettes	or ciga	rs or use	ed smok	eless to	bacco (o	on at lea	st 1	·		
					tly smo	ked cig	arettes	or ciga	rs or use	ed smok	eless to	bacco (0	on at lea	st 1 0.2	Decreased, 2017-2021	Not available	Decreased
QNTB3: Per day during th QNFRCGR: or more days	e 30 day Percenta	/s before age of s	e the sur	who cu	rrently				1		1	2.3	1.9	0.2		Not available	Decreased
day during the	e 30 day Percenta	/s before age of s	e the sur	who cu	rrently				1		1	2.3	1.9	0.2		Not available Not available	Decreased Not available
day during the	e 30 day Percenta during t R: Perce	age of since a	tudents ays befc	who curves who curves the state of the state	rrently s urvey)	smoked	cigars 0.3	frequer 0.7	ntly (cig 0.2	ars, ciga 0.5	arillos, c 0.1	2.3 or little 0 0.1	1.9 cigars, c 0.0	0.2 on 20 0.0	2017-2021		

Delaware Middle School Survey

Trend Analysis Report

			Drug Us		Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN25:	Perce	ntage of	f studen	ts who e	ever dra	nk alcol	hol (oth	er than	a few si	ps)								
								42.5	37.4	34.6	27.4	21.0	26.4	17.5	16.6	Decreased, 2007-2021	No quadratic change	No change
QN26:	Perce	ntage of	f studen	ts who o	drank al	cohol fo	or the fi	rst time	before	age 11	years (c	other that	n a few	sips)	-			
QN26:	Perce	ntage of	f studen	ts who o	drank al	cohol fo	or the fi	rst time 13.7	before 12.2	age 11	years (o 7.9	other tha 6.0	n a few 7.9	sips) 6.8	6.0	Decreased, 2007-2021	No quadratic change	No change
			-	-	drank al	-									6.0		No quadratic change	No change
			-	-		-									6.0 4.8		No quadratic change No change, 2007-2017 Decreased, 2017-2021	No change No change
QN27:	Percer	ntage of	f studen	ts who c		d mariji	uana	13.7	12.2	11.3	7.9	6.0	7.9	6.8		2007-2021 Decreased,	No change, 2007-2017	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware Middle School Survey

Trend Analysis Report

					Healt	th Risk	Behavi	ior an	Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	ow a do										a docto Dxyconti				rently			
													5.6	7.4	5.7	No linear change	Not available [§]	No change
QN30:	Percer	ntage of	f student	ts who e	ever use	d cocai	ne (any	form o	f cocair	ne, inclu	iding po	wder, ci				No linear change	Not available [§]	No change
QN30:	Percer	ntage of	fstudent	ts who e	ever use	d cocai	ne (any	form of 2.1	f cocaiı 4.4	ne, inclu 1.6	uding po 1.2	wder, cr 0.8				No linear change Decreased, 2007-2021	Not available [§]	No change
QN31:	Percer	ntage of		ts who e				2.1	4.4	1.6	01	0.8	rack, or 1.2	freebase	e) 0.3	Decreased,		

Delaware Middle School Survey

Trend Analysis Report

					Healt	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN32	: Perce	ntage of	student	ts who a	ever had	l sexual	interco	ırse										
								18.8	17.1	13.6	9.5	6.3	5.9	4.1	3.2	Decreased, 2007-2021	No quadratic change	No change
QN33	: Perce	ntage of	student	ts who l	nad sexu	ual inter	course f	or the	ïrst tim	e before	e age 11	years	1					
								3.0	3.1	1.3	1.7	1.4	1.4	1.5	1.3	Decreased, 2007-2021	No quadratic change	No change
QN34	: Perce	ntage of	student	ts who o	ever had	l sexual	interco	irse wi	th three	or more	e person	s						

Delaware Middle School Survey

Trend Analysis Report

Female Weigh		igemen	t and E	Dietary	Behavio	ors												
					Heal	th Risk	Behavi	or and	Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN36:	Percer	ntage of	studen	ts who	describe	ed thems	selves a	s slight	ly or ve	ry over	weight							
								29.5	29.4	31.9	30.5	31.4	31.0	28.1	35.8	No linear change	No quadratic change	No change
QN37:	Percer	ntage of	studen	ts who	were try	ing to l	ose weig	ght					1					
								54.0	53.4	56.4	55.8	51.3	56.2	46.9	54.8	No linear change	No quadratic change	Increased
QN38:	Percer	ntage of	studen	ts who	did not e	eat brea	kfast (d	uring th	ne 7 day	s befor	e the su	rvey)						
										14.1	13.0	12.0	12.5	14.2	18.6	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	No change
QNBK	7DAY	Perce	ntage of	f studen	ts who a	ate brea	kfast on	all 7 d	ays (du	ring the	7 days	before t	he surve	ey)				
										40.5	39.0	40.7	39.3	33.0	27.1	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware Middle School Survey

Trend Analysis Report

					Healt	th Ris	sk Behavi	ior and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 *
1991	1993	1995	1997	1999	2001	2003	3 2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
of phy		tivity th					ly active a and made											
		, ,							43.8	40.4	40.6	39.7	40.6	33.8	37.8	No linear change	No quadratic change	No change
lay (ir	any ki	nd of pl		activity			t participa l their hea		and mac	le them	breathe	hard so	ome of t	he time		Increased	No change 2009 2017	No change
lay (ir	any ki	nd of pl	iysical a	activity												Increased, 2009-2021	No change, 2009-2017 Increased, 2017-2021	No change
day (ir during QNPA kind o	any ki the 7 d	nd of pl ays bef Percer al activ	nysical a ore the s	activity survey)	that inc	vere p		art rate a	and mac 16.3 at least (le them 12.1 60 minu	15.1 Ites per	hard so 14.1 day on	12.7 all 7 da	he time 19.8 ys (in au	20.5			No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\circ}$ Based on t-test analysis, p < 0.05.

Delaware Middle School Survey

Trend Analysis Report

Female	
Physical	Activity

						Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	19	997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
	Perce hey we				who a	ittended	l physic	al educa	ation (P	E) class	es on 1	or more	e days (i	in an av	erage w	eek			
									65.0	64.0	65.6	63.8	61.0	59.5	52.1	62.4	No linear change	No quadratic change	No change
		_					-										-		
	APE: hey we				idents '	who att	ended p	hysical	educati 30.2	on (PE) 31.2	35.9	28.1	5 days (19.3	in an av 19.5	erage w 15.1	23.0	Decreased, 2007-2021	No quadratic change	No change
when QN42	hey we	re in so ntage c	choo of stu	ıdents	who p	played c	on at lea	hysical st one sj e the su	30.2	31.2	35.9	28.1	19.3	19.5	15.1	23.0	,	No quadratic change	No change
vhen QN42	hey we	re in so ntage c	choo of stu	ıdents	who p	played c	on at lea	st one s	30.2	31.2	35.9	28.1	19.3	19.5	15.1	23.0	,	No quadratic change No change, 2007-2015 Decreased, 2015-2021	No change No change
QN42 Comm QN43	Percer Percer	ntage o oups, o	of stu durir	udents ng the	who p past 1	played o 2 montl	on at lea ns befor ncussio	st one s	30.2 ports ter rvey) 55.1	31.2 am (cou 53.8	35.9 inting a 56.5	28.1 ny team 57.3	19.3 is run by 56.7	19.5 y their s 53.3	15.1 chool or 51.3	23.0	2007-2021 	No change, 2007-2015	

Delaware Middle School Survey

Trend Analysis Report

Femal Other	e				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN45:	Percer	ntage of	fstuden	ts who g	got 8 or	more h	ours of	sleep (o	n an av	erage sc	hool ni	ght)						
										54.7	52.4	52.2	46.7	46.7	46.1	Decreased, 2011-2021	No quadratic change	No change
	Percer the sur		fstuden	ts who ι	isually	did not	sleep in	their pa	arent's o	r guard	ian's ho	me (dur	ing the	30 days				
	bui	, ,											1.9	1.5	1.7	No linear change	Not available [§]	No change

Delaware Middle School Survey

Trend Analysis Report

Female

Site-Ac	lded				Heal	th Risk	Behavi	ior and	Percer	ıtages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN47: the surv		itage o	f studer	nts who	describ	ed their	grades i	n schoo	l as mo	stly A's	or B's (during	the 12 n	nonths l	before			
												77.7	77.5	82.1	77.7	No linear change	Not available [§]	No change
QN48:	Percei	itage o	f studer	its who	ever ca	ried a w	/eapon (such as	a gun,	knife, o	r club)	ī						
		U.												17.0	11.5	No linear change	Not available	No change
control with, be	them o ing hu	or emot miliate	ionally d in fro	hurt the nt of ot	em (cou hers, or	nting su	ch thing reatene	s as bei d if they	ng told y did no	who the	ing out v ey could nat their	l or cou	ld not s	pend tin	ne			
													16.9	16.7	13.4	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Female Site-Added					
Health Risk Behavior and Percentages			Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017	2019	2021	-		
QN50: Percentage of students who reported that someone they were dating or going out with physically purpose (counting such things as being hit, slammed into something, or injured with an object or weapo students who dated or went out with someone during the 12 months before the survey)					
3.9	3.2	2.4	No linear change	Not available [§]	No change
QN51: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that doing some usual activities, ever during the 12 months before the survey)	at they st	topped			
	37.6	46.2	No linear change	Not available	No change
QN52: Percentage of students who have ever felt sad, empty, hopeless, or anxious	80.9	86.6	No linear change	Not available	No change
	80.9	80.0	No linear change		No change
QN53: Percentage of students who most of the time or always get the kind of help they need (among st report having felt sad, empty, hopeless, angry, or anxious)	udents w	vho			
	31.6	25.9	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Femal Site-A																		
					Heal	th Risk	Behavi	or and	Percent	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
									rt thems fore the			vanting	to die (such as				
													15.6	14.9	20.4	Increased, 2017-2021	Not available [§]	No change
									e vapor j store (t						ch as a			
													0.3	0.0	0.4	Not available	Not available	Not available
QN56: survey		ntage of	f studen	ts who c	currentl	y drank	alcohol	(other)	than a fe	w sips	, during	the 30	days be	fore the				
											9.9	7.2	8.7	6.0	5.1	Decreased, 2013-2021	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

	dded				Healt	th Risk	Behavio	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN57	Perce	ntage of	f studen	ts who o	currently	y used n	narijuana	a (durir	ng the 3	0 days	before t	he surve	ey)					
										4.7	4.8	5.4	5.5	2.3	1.4	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change
ON 58	D	ntage of	fstuden	ts who o	currently	v took p	rescripti	on pair	n medic	ine with	nout a d		· · ·		-			
differe	ntly tha	in how a	a doctor	told the	em to us		unting di	rugs su	ch as co	odeine,					done,			
differe	ntly tha	in how a	a doctor	told the	em to us	se it (cou		rugs su	ch as co	odeine,					done, 1.9	No linear change	Not available [§]	No change
differe and Pe	ntly tha	in how a during	a doctor the 30 d	told the	em to us ore the	se it (con survey)					Vicodin	ı, OxyC	ontin, F 3.2	Iydroco		No linear change	Not available [§]	No change

Delaware Middle School Survey

Trend Analysis Report

Female Site-Added Quadratic Change^{*} Change from Health Risk Behavior and Percentages Linear Change^{*} 2019-2021 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN60: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey) 23.1 27.2 No linear change Not available§ No change QN61: Percentage of students who did not eat green salad or other vegetables (not counting potatoes, one or more times the day before the survey) 35.9 38.9 37.5 No linear change Not available No change QN62: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey) 49.1 54.0 52.8 58.6 59.0 Not available Increased, No change 2013-2021

Delaware Middle School Survey

Trend Analysis Report

Female Site-Added Health Risk Behavior and Percentages Linear Change* Quadratic Change^{*} Change from 2019-2021 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN63: Percentage of students who did not drink caffeinated drinks (including coffee, teas, sodas, power drinks, energy drinks or other drinks with caffeine added, one or more times the day before the survey) 39.6 45.8 56.0 45.2 55.1 54.9 Increased, 2011-2015 Increased, No change 2011-2021 No change, 2015-2021 QN64: Percentage of students who did not drink sugar-sweetened beverages from a can, bottle, or glass (counting sports drinks (such as Gatorade or PowerAde), energy drinks (such as Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight and not counting soda or pop, one or more sugar-sweetened beverages the day before the survey) 37.9 37.3 42.6 No linear change Not available§ No change QN65: Percentage of students who ate dinner at home with at least one of their parents on four or more days (during the 7 days before the survey) 78.3 72.8 69.9 Decreased, Not available No change 2017-2021

Delaware Middle School Survey

Trend Analysis Report

Femal Site-A																		
					Heal	th Risk	Behavi	ior and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
					most of re the su		e or alw	ays wei	nt hung	ry becau	use there	e was no	ot enoug	gh food	in			
													3.0	3.0	4.1	No linear change	Not available [§]	No change
are rat		intege of	studen		ping vic	ione vio				, and per	week o	n avera	9.3	12.9	12.5	No linear change	Not available	No change
QN70	Perce	ntage of	f studen	ts who	ever bee	en told b	oy a doc	tor or a	nurse t	hat they	have a	sthma						
								20.9	22.2	25.2	25.2	21.8	23.0	15.5	17.2	Decreased, 2007-2021	Increased, 2007-2013 Decreased, 2013-2021	No change
QN71	Perce	ntage of	f studen	ts who	have be	en taugl	nt about	AIDS	or HIV	infectio	n in sch	iool				·		
								67.8	55.8	52.0	50.8	47.5	40.9	34.4	13.5	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	Decreased

Delaware Middle School Survey

Trend Analysis Report

Female Site-Added Quadratic Change^{*} Change from Health Risk Behavior and Percentages Linear Change^{*} 2019-2021 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN72: Percentage of students who are deaf or have serious difficulty hearing 1.7 2.5 3.1 4.7 Increased, 2015-2021 Not available§ No change QN73: Percentage of students who have serious difficulty seeing (even when wearing glasses) 12.7 12.3 10.8 11.7 No linear change Not available No change QN74: Percentage of students who have serious difficulty concentrating, remembering, or making decisions (because of a physical, mental, or emotional problem) 26.5 37.9 Not available Increased, Increased 2019-2021 QN75: Percentage of students who have serious difficulty walking or climbing stairs 3.4 3.7 2.6 No linear change Not available No change

Delaware Middle School Survey

Trend Analysis Report

					Heal	th Risk	Behav	ior and	Percei	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN8:	Percen	tage of	students	s who di	id not al	lways w	/ear a se	at belt	(when r	iding in	a car d	riven by	someo	ne else)				
								29.4	28.6	25.4	25.8	21.2	27.1	27.7	24.2	No linear change	No quadratic change	No change
ON9:	Percen	tage of	students	s who e	ver rode	with a	driver v	vho had	l been d	rinking	alcohol	(in a ca	r)					
QN9:	Percen	tage of	students	s who ev	ver rode	with a	driver v	vho had 30.5	l been d 29.1	rinking 21.6	alcohol 22.4	(in a ca 18.0	r) 21.8	18.6	15.9	Decreased, 2007-2021	No quadratic change	No change
						with a er in a p		30.5		e				18.6	15.9		No quadratic change	No change
-								30.5		e		18.0		18.6 36.9	15.9 31.6		No quadratic change	No change No change
- QN10	: Perce	ntage of	f studen	ts who	were ev		physical	30.5 fight 56.2	29.1 54.2	21.6	22.4	18.0	21.8			2007-2021 Decreased,		

Delaware Middle School Survey

Trend Analysis Report

injui y	anu v	iolence			Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change †	Change fron 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
			studen or othe				ronicall	y bullie	d (count	ing bei	ng bulli	ed throu	igh text	ing,				
											23.7	21.3	20.8	21.1	24.7	No linear change	Not available ⁹	No chang
											2011	2110	2010					6
												2110	2010					
QN14:	Perce	ntage of	studen	ts who e	ever ser	iously t	hought	about k	illing th	emselve				-				
QN14:	Perce	ntage of	studen	ts who e	ever ser	iously t	hought	about k 21.0	illing the 18.8	emselve 19.7		16.2	17.0	16.7	18.0	No linear change	No quadratic change	No chang
								21.0		19.7	es 10.5	16.2		16.7	18.0	No linear change	No quadratic change	No chang
								21.0	18.8	19.7	es 10.5	16.2		16.7 10.6	18.0	No linear change No linear change	No quadratic change No quadratic change	No chang No chang
QN15:	Perce	ntage of	studen	ts who e	ever ma	de a pla		21.0 how th 12.2	18.8 ey woul	19.7 Id kill th	es 10.5 hemselv	16.2 es	17.0					

Delaware Middle School Survey

Trend Analysis Report

White [:] Tobac																		
					Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN17:	Perce	itage of	studen	ts who	ever trie	ed cigar	ette smo	oking (e	ven one	e or two	puffs)							
								25.7	23.5	20.5	16.0	10.0	10.4	4.8	3.0	Decreased, 2007-2021	No change, 2007-2011 Decreased, 2011-2021	No change
QN19: survey		ntage of	studen	ts who	currentl	y smok	ed cigar	ettes (o	n at leas	st 1 day	during	the 30 d	lays bef	ore the				
								9.5	8.2	6.0	3.3	2.4	1.7	1.0	0.0	Not available	Not available ⁹	Not available
		ercenta e surve		udents	who cur	rently s	moked	cigarett	es frequ	ently (o	on 20 or	more d	ays dur	ing the 3	30	·		
								2.0	2.5	1.8	0.5	0.4	0.1	0.2	0.0	Not available	Not available	Not available
QNDA the sur		Percei	ntage of	studen	ts who c	currently	y smoke	d cigar	ettes da	ily (on a	all 30 da	ays duri	ng the 3	0 days I	before			
								1.4	1.9	1.1	0.5	0.3	0.1	0.2	0.0	Not available	Not available	Not available

Delaware Middle School Survey

Trend Analysis Report

White* Tobacco Use

					Healt	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
2N21:	Perce	ntage of	f studer	its who	ever use	d an ele	ctronic	vapor p	roduct									
												14.2	13.7	11.8	7.9	Decreased, 2015-2021	Not available ⁹	No change
20122	Daraa	nto go o	fatudar	ta who	aurrantl		n alaate			luat (in	aluding	aizar	attas us					
ens, e	-cigars	, e-hool	kahs, ho		ens, and						cluding e , Vuse, a							
ens, e	-cigars	, e-hool	kahs, ho	ookah po	ens, and											Decreased, 2015-2021	Not available	No change
QNFR	-cigars the 30 EVP: 1	, e-hool days be Percenta	kahs, ho fore the	ookah po e survey	ens, and	mods [such as	JUUL,	ŚMÓK,	Suorin		nd bluj 6.6], on at 5.1	4.3	lay 2.7	Decreased,	Not available	No change

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware Middle School Survey

Trend Analysis Report

					Healt	h Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	YEVP: efore th			student	s who c	urrently	y used e	lectroni	c vapor	. produc	ts daily	(on all	30 days	during	the 30			
-																		
NTB						tly smo	ked ciga	arettes o	or used o	electron	ic vapo	0.3 r produ	0.4 ets (on	0.2 at least	0.0 1 day	Not available	Not available ⁹	Not available
QNTB				ents who survey)		tly smo	ked ciga	arettes o	or used o	electron	ic vapo					Not available Decreased, 2015-2021	Not available ³ Not available	Not available
QNTB during QN23: dissolv	Percer	days be	fore the	survey)	urrently s Copen	/ used s	ked ciga mokele: Grizzly the sur	ss tobac	co (che	wing to	bacco,	r produ 6.6 snuff, d	5.8 p, snus	at least 4.5	1 day 2.7	Decreased,		

Delaware Middle School Survey

Trend Analysis Report

White* Tobacco Use	•																
				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QNFRSKL: snus, or disso electronic vaj	lvable t	obacco j	product	s [such	as Cope	nhagen,	Grizzl	y, Skoa	l, or Ĉa	mel Snu				dip,			
												0.4	0.0	0.0	Not available	Not available ⁹	Not available
QNDAYSKI or dissolvable vapor produc	e tobacc	o produ	cts [suc	h as Co	, penhage	en, Grizz	zly, Sk	oal, or C									
												0.2	0.0	0.0	Not available	Not available	Not available
QN24: Perce the 30 days b				currentl	y smoke	ed cigars	s (cigar	rs, cigari	llos, or	little ci	gars, on	at least	1 day o	luring			
							3.6	4.7	3.6	2.0	1.3	1.7	0.6	0.0	Not available	Not available	Not available

Delaware Middle School Survey

Trend Analysis Report

White* Tobacco Use Health Risk Behavior and Percentages Linear Change[†] Quadratic Change[†] Change from 2019-2021 \$ 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey) 6.1 4.6 3.1 Decreased, Not available⁹ No change 2017-2021 QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey) 2.7 2.0 0.3 Decreased. Not available Decreased 2017-2021 QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey) 0.4 0.7 0.6 0.4 0.1 0.1 0.0 0.0 Not available Not available Not available QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey) 0.4 0.7 0.3 0.3 0.1 0.1 0.0 0.0 Not available Not available Not available

Delaware Middle School Survey

Trend Analysis Report

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN25	Perce	ntage of	f studen	ts who a	ever dra	nk alco	hol (oth	er than	a few si	ps)		-	-					
								40.0	36.3	30.5	25.0	18.1	22.7	14.0	11.9	Decreased, 2007-2021	No quadratic change	No change
QN26	Perce	ntage of	f studen	ts who o	drank al	cohol fe	or the fi	rst time	before	age 11	years (c	ther tha	n a few	sips)	• • • •			
QN26	: Perce	ntage of	f studen	ts who o	drank al	cohol fe	or the fi	rst time 14.4		age 11	years (c 8.3	ther tha	n a few 7.7	sips) 5.8	4.1	Decreased, 2007-2021	No quadratic change	No change
			-	-	-	lcohol fo								•	4.1		No quadratic change	No change
			-	-	-				13.4					•	4.1		No quadratic change No change, 2007-2011 Decreased, 2011-2021	No chango No chango
QN27	Perce	ntage of	f studen	ts who o	ever use	d marij		14.4	13.4	10.7	8.3	5.1	7.7	5.8	·	2007-2021 Decreased,	No change, 2007-2011	

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Trend Analysis Report

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	ow a do												ription o		rently			
													5.1	3.8	3.7	No linear change	Not available ⁹	No change
			student	s who e	ver use	d cocaiı	ne (any	form of	cocain	e, inclu	ding pov	wder, ci	rack, or	freebas	e)			
QN30	Percer	itage of	studen															
QN30	Percer	itage of	studen					2.6	3.7	2.0	1.0	0.7	0.6	0.3	1.0	Decreased, 2007-2021	No quadratic change	No change
QN31		ntage of	student	s who e		d inhala	nts (sni						0.6 ray cans				No quadratic change	No chang

Delaware Middle School Survey

Trend Analysis Report

White Sexua	;* l Behav	iors			Heal	th Risk	Behav	ior and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN32	: Perce	ntage of	studen	ts who	ever had	d sexual	interco	urse										
								14.7	15.7	11.9	8.6	6.2	6.7	4.4	1.9	Decreased, 2007-2021	No change, 2007-2011 Decreased, 2011-2021	Decreased
QN33	: Perce	ntage of	studen	ts who l	had sex	ual inter	rcourse	for the f	ïrst tim	e before	e age 11	years		-	-			
								2.5	3.3	2.6	1.7	1.4	1.8	1.8	0.5	Decreased, 2007-2021	No quadratic change	No change
QN34	: Perce	ntage of	studen	ts who	ever had	d sexual	interco	urse wi	h three	or more	e persor	IS		0.4	0.3	No linear change	Not available [®]	No change

Delaware Middle School Survey

Trend Analysis Report

White [;] Weigh		agemen	t and I	Dietary	Behavi	ors												
					Heal	th Risk	Behavi	ior and	Percei	ntages						Linear Change †	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN36:	Perce	ntage of	f studen	ts who	describe	ed thems	selves a	s slight	ly or ve	ry over	weight		-					
								28.9	27.0	27.6	30.1	26.5	26.5	27.2	30.5	No linear change	No quadratic change	No change
QN37:	Perce	ntage of	f studen	ts who	were try	ving to l	ose wei	ght										_
								48.4	44.0	45.8	48.6	38.1	42.9	39.6	45.0	Decreased, 2007-2021	No quadratic change	No change
QN38:	Perce	ntage of	f studen	ts who	did not o	eat brea	kfast (d	uring th	ie 7 day	s before	e the su	rvey)						
										9.3	9.4	7.9	9.3	9.8	12.5	Increased, 2011-2021	No change, 2011-2015 Increased, 2015-2021	No change
QNBK	7DAY	: Perce	ntage o	f studen	its who a	ate brea	kfast on	all 7 d	ays (du	ring the	7 days	before t	he surve	ey)				
										52.2	49.4	50.0	49.9	42.1	36.0	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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Trend Analysis Report

-		-			He	ealth	Risk B	ehavi	or and	Percen	itages						Linear Change †	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	200	01 2	2003 2	2005	2007	2009	2011	2013	2015	2017	2019	2021			
of phy		tivity tł											5 or mo e time d						
		, ,								57.9	51.4	54.8	54.5	55.3	48.9	50.2	No linear change	No quadratic change	No change
	ODAN	D					1			1	0	6.1	1		1	. 1			_
lay (ii	n any ki	nd of p	hysical	activity	that i								ysical a						
lay (ii	n any ki	nd of p		activity	that i												No linear change	No change, 2009-2017 Increased, 2017-2021	No change
day (in during QNPA cind o	the 7 d	nd of pl ays bef : Perce	hysical a ore the s	activity survey)	that i	incre:	ased the	ically	active a	9.2 at least (te them 8.0 60 minu	8.8 stes per	e hard so	7.3 all 7 da	he time 10.2 ys (in an	13.6	No linear change		No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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Trend Analysis Report

White* Physical Activ	ity																
				Heal	th Risk	Behav	ior and	Percen	itages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 §
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN41: Percent when they were			s who a	attended	l physic	al educ	ation (P	E) class	ses on 1	or mor	e days (in an av	erage w	/eek			
							67.4	67.8	67.7	65.5	63.0	62.2	56.1	66.9	No linear change	No quadratic change	No change
QNDLYPE: Po when they were			tudents	who att	ended p	ohysical	l educati 33.4	on (PE) 31.6) classes 38.9	s on all 32.0	5 days (20.0	in an av 21.3	erage w 14.9	veek 20.0	Decreased, 2007-2021	No quadratic change	No change
QN42: Percent community gro								am (cou	inting a	ny tean	ns run b	y their s	chool o	r			
							64.0	64.0	65.7	65.1	66.2	63.6	57.6	59.3	Decreased, 2007-2021	No change, 2007-2015 Decreased, 2015-2021	No change
QN43: Percent times during th						n from	playing	a sport	or bein	g physi	cally ac	tive (on	e or mo	re			
												14.5	13.3	9.6	No linear change	Not available ⁹	No change

Delaware Middle School Survey

Trend Analysis Report

White Other					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN45:	Percer	ntage of	studen	ts who g	got 8 or	more h	ours of s	sleep (o	on an avo	erage sc	chool ni	ght)						
										58.6	56.9	57.1	50.9	47.9	47.6	Decreased, 2011-2021	No quadratic change	No change
	Percent the sur		studen	ts who u	isually (did not :	sleep in	their pa	arent's o	r guard	ian's ho	me (du	ring the	30 days				
		-												1.2	1.0	No linear change		

Delaware Middle School Survey

Trend Analysis Report

White*

					Healt	th Risk	Behavi	or and	Percent	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN47: the sur		ntage of	studen	ts who o	lescribe	d their	grades i	n school	l as mos	stly A's	or B's (during 1	he 12 n	nonths b	before			
												80.5	79.9	86.4	86.8	Increased, 2015-2021	Not available ⁹	No change
2N48:	Perce	ntage of	studen	ts who o	ever car	ried a w	veapon (such as	a gun, l	cnife, o	r club)							
														26.8	22.5	No linear change	Not available	No change
		or emot	onally l	hurt the	m (coun	nting suc	meone t ch thing	s as beir	ng told	who the	ey could	or cou	d not sp	pend tin	ne			
contro with, b	being hu						months						,	0				

Delaware Middle School Survey

Trend Analysis Report

White* Site-Added					
Health Risk Behavior and Percentages			Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017	2019	2021	-		
QN50: Percentage of students who reported that someone they were dating or going out with physically purpose (counting such things as being hit, slammed into something, or injured with an object or weapon students who dated or went out with someone during the 12 months before the survey)					
3.6	3.5	0.0	Not available	Not available ⁹	Not available
QN51: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that doing some usual activities, ever during the 12 months before the survey)	at they st 30.3	31.5	No linear change	Not available	No change
QN52: Percentage of students who have ever felt sad, empty, hopeless, or anxious					
	74.2	83.0	Increased, 2019-2021	Not available	Increased
QN53: Percentage of students who most of the time or always get the kind of help they need (among stu	udents w	vho	1 e		
report having felt sad, empty, hopeless, angry, or anxious)					

Delaware Middle School Survey

Trend Analysis Report

White Site-A																		
					Heal	h Risk I	Behavio	r and I	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
						ething to tring the						vanting	to die (such as				
													12.3	11.2	14.6	No linear change	Not available ⁹	No change
						got their ore, gas s									ch as a			
													0.4	0.0	0.0	Not available	Not available	Not available
QN56 survey		ntage of	studen	ts who c	currently	/ drank a	lcohol (other th	ian a fe	ew sips	, during	the 30	days be	fore the	-			
,	,										8.4	6.3	6.7	3.7	5.0	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Site-A	* dded								_									
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN57:	Percei	ntage of	student	ts who c	currentl	y used r	narijuar	na (durii	ng the 3	0 days	before t	ne surve	ey)	-	-			
										5.7	3.5	3.5	4.4	0.6	1.0	Decreased, 2011-2021	No quadratic change	No change
differe	ntly tha	n how a	a doctor	told the	em to us		unting c				hout a d Vicodir				done,			
differe	ntly tha	n how a	a doctor	told the	em to us	se it (co	unting c								done, 0.8	Decreased, 2017-2021	Not available ⁹	No change
differe and Pe	ntly tha rcocet,	n how a during t	a doctor the 30 d	told the ays bef	em to us ore the	se it (co survey)	unting c	lrugs su	ch as co	odeine,		, OxyC	ontin, F	Iydroco			Not available ⁹	No change

Delaware Middle School Survey

Trend Analysis Report

White Site-A																		
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN60: survey		ntage of	studen	ts who o	lid not e	eat fruit	(not cou	unting f	fruit juid	ce, one	or more	times t	he day l	before th	ne			
														21.8	20.5	No linear change	Not available ⁹	No change
			student		lid not e	eat gree	n salad o	or other	vegeta	bles (no	ot counti	ng pota	itoes, or 34.2	ae or mo 38.7	ore 35.9	No linear change	Not available	No change
						drink a c ore time					pop (su	ch as C	oke, Pej	psi, or S	prite,	i		
											49.8	55.9	57.1	60.4	64.7	Increased, 2013-2021	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

White Site-A																	
					Heal	th Risk	Behavio	r and Pe	rcentages						Linear Change †	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007 20	009 2011	2013	2015	2017	2019	2021	-		
									ncluding c he day bef			s, power	drinks	,			
									36.5	41.0	51.2	42.3	54.3	52.5	Increased, 2011-2021	No quadratic change	No change
sports coffee	drinks (drinks,	such as	Gatora d milk,	de or P	owerAd e, or Su	e), ener	gy drinks	(such as	erages fro Red Bull o ing soda o	or Jolt), l	emonad	e, swee	tened te	aor			
												43.4	43.9	39.0	No linear change	Not available ⁹	No change
			f studen survey)		ate dinn	er at hor	me with a	t least or	e of their	parents o	n four c	or more	days (di	uring			
												84.3	80.6	89.7	Increased, 2017-2021	Not available	Increased

Delaware Middle School Survey

Trend Analysis Report

White* Site-Added																	
				Heal	th Risk	Behavi	or and	Percei	ntages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN66: Perce their home (d						e or alwa	ays wei	nt hung	ry becau	ise there	e was no	ot enoug	gh food	in			
												2.1	1.9	2.4	No linear change	Not available ⁹	No change
QN67: Perce are rated M)	ntage of	f studen	ts who j	play vio	lent vid	eo game	es 2 or	more h	ours per	week o	n avera	ge (such	n as gam	es that			
											33.8	32.5	27.8	25.6	No linear change	Not available	No change
QN70: Perce	ntage of	f studen	ts who e	ever bee	en told b	by a doc	tor or a	nurse t	hat they	have a	sthma						
							18.1	20.7	22.9	23.1	18.7	18.7	14.1	11.4	Decreased, 2007-2021	Increased, 2007-2011 Decreased, 2011-2021	No change
QN71: Perce	ntage of	f studen	ts who l	have bee	en taugł	nt about	AIDS	or HIV	infectio	n in sch	nool				•		
							65.7	56.1	52.2	50.3	48.3	44.6	34.3	14.0	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	Decreased

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Trend Analysis Report

Site-A	dded				Heal	th Risk	Behav	ior a	nd Pe	rcent	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	200	7 2	009	2011	2013	2015	2017	2019	2021			
QN72:	Perce	ntage of	studen	ts who a	are deaf	or have	seriou	s diff	iculty	heari	ing		1.5	2.1	1.2	1.7	No linear change	Not available ⁹	No change
				-										_					
QN73:	Perce	ntage of	studen	ts who	nave ser	ious dif	ficulty	seein	g (eve	en wh	ien we	aring gl	asses) 5.5	6.6	4.2	3.0	Decreased, 2015-2021	Not available	No change
QN74:	Perce	ntage of	studen	ts who		ious dif		-										Not available Not available	No change

Delaware Middle School Survey

Trend Analysis Report

	* / and V	iolence			Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021 §
QN8:	Percent	tage of s	students	s who di	d not al	ways w	ear a se	at belt ((when r	iding in	a car d	riven by	someo	ne else)				
								48.4	46.3	40.9	43.8	44.7	50.0	52.1	54.9	Increased, 2007-2021	No quadratic change	No change
							2							2				
QN9:	Percent	tage of s	students	who ev	er rode	with a	driver w	vho had	been d	rinking	alcohol	(in a ca	r)					
QN9:	Percent	tage of s	students	who ev	ver rode	with a	driver w	vho had 27.9	29.0	rinking 18.2	alcohol 19.4	(in a ca 19.8	r) 12.7	16.7	9.6	Decreased, 2007-2021	No quadratic change	No change
							driver w	27.9						16.7	9.6		No quadratic change	No change
								27.9						16.7 67.6	9.6 57.0		No quadratic change	No change No change

Delaware Middle School Survey

Trend Analysis Report

Black [*] Injury		iolence																
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					were ev media)		ronically	/ bullied	d (coun	ting bei	ng bulli	ed throu	ıgh text	ing,				
											13.5	14.8	11.7	15.4	22.7	Increased, 2013-2021	Not available ^g	No change
QN14:	Percer	ntage of	studen	ts who	ever ser	iously t	hought a	about ki	lling th	emselve	es					·		
								21.9	21.3	22.3	10.7	19.4	17.9	22.8	20.0	No linear change	Decreased, 2007-2013 Increased, 2013-2021	No change
QN15:	Percer	ntage of	studen	ts who	ever ma	de a pla	n about	how the	ey wou	ld kill tł	nemselv	es				•		
								11.7	10.9	12.1	16.0	13.1	10.5	14.4	13.3	No linear change	No quadratic change	No change
QN16:	Percer	ntage of	studen	ts who o	ever trie	ed to kil	l themse	elves			6.2	6.2	7.4	10.5	4.8	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

					Healt	th Risk	Behavi	or and	Percer	ntages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
2N17:	Percer	itage of	student	s who e	ever trie	d cigare	ette smo	king (e	ven one	e or two	puffs)							
								33.4	29.4	22.6	17.2	11.3	7.3	6.9	2.9	Decreased, 2007-2021	No quadratic change	No change
	Percer	itage of	student	s who c	currently	y smoke	d cigar	ettes (or	n at leas	st 1 day	during	the 30 d	ays befo	ore the				
urvey)																		
								6.8	7.9	3.8	2.7	1.1	1.0	1.3	0.0	Not available	Not available ⁹	Not available
		ercenta e surve		udents v	who cur	rently s	moked o	cigarette	es frequ	ently (c	on 20 or	more d	ays duri	ng the 3	0			
								1.1	1.2	0.1	0.4	0.1	0.0	0.0	0.0	Not available	Not available	Not available
		Percer	tage of	student	s who c	urrently	smoke	d cigare	ettes da	ily (on a	all 30 da	ıys durii	ng the 3	0 days t	efore			
he surv	<i>c</i> ,,																	

Delaware Middle School Survey

Trend Analysis Report

Black*

	co Use				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change †	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
2N21:	Percer	ntage o	f stude	nts who	ever use	d an ele	ectronic	vapor p	roduct									
												20.3	15.0	11.3	7.3	Decreased,	Not available ⁹	No change
																2015-2021		
ens, e	-cigars	, e-hool	kahs, h		ens, and						cluding , Vuse,					2015-2021		
ens, e	-cigars	, e-hool	kahs, h	ookah p	ens, and											Decreased, 2015-2021	Not available	No change
ens, e luring QNFR	-cigars the 30 EVP: 1	, e-hool days be Percenta	kahs, h efore th age of	ookah p e survey	ens, and	mods [such as	JUUL,	ŚMÓK,	, Suorin		and blu], on at 4.8	least 1 c 3.4	lay 2.8	Decreased,	Not available	No change

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Trend Analysis Report

					Healt	h Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
		Percei e surve		fstudent	ts who c	urrentl	y used e	lectron	c vapoi	produc	ts daily	(on all	30 days	during	the 30			
aayoo																		
NTB	5: Perc	entage				tly smo	ked cig	arettes	or used	electron	ic vapo	0.1 or produc	0.3	0.6 It least	0.0 1 day	Not available	Not available ⁹	Not available
QNTB	5: Perc	entage		ents who survey)		tly smo	ked cig	arettes o	or used o	electron	ic vapo					Not available Decreased, 2015-2021	Not available ⁹	Not available
QNTB during QN23: dissolv	5: Perc the 30 of Percer able tol	entage days be	fore the	ts who c) currently s Copen	v used s	smokele Grizzly e the sur	ss tobac , Skoal,	co (che	wing to	bacco,	r produc 10.3 snuff, di	ets (on a 4.7	t least 4.0 or	1 day 2.1	Decreased,		

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991 1993 199														Linear Change [†]	Quadratic Change [†]	2019-2021 [§]
	5 1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
NFRSKL: Percer nus, or dissolvable lectronic vapor pro	e tobacco j	products	s [such a	as Cope	nhagen,	Grizzly	, Skoa	l, or Ĉai	mel Snu				lip,			
											0.0	0.5	0.0	Not available	Not available ⁹	Not available
NDAYSKL: Perc r dissolvable tobac apor products, on a	cco produ	cts [such	1 as Cop	penhage	n, Grizz	ly, Sko	al, or C				ng any	electron	iic			
											0.0	0.0	0.0	Not available	Not available	Not available

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Black* Tobacco Use																	
				Healt	h Risk	Behavi	or and	Perce	ntages						Linear Change †	Quadratic Change	[†] Change from 2019-2021 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNTB4: Perce vapor products									rs or use	ed smok	eless to	bacco o	r electro	onic			
												5.0	4.1	2.1	No linear change	Not available ⁹	No change
								-		_	-						
					tly smo	ked ciga	arettes	or ciga	rs or use	ed smok	eless tol	bacco (0	on at lea	st 1 0.0	Not available	Not available	Not available
day during the	30 days	s before	tudents	who cu	rrently						1	1.6	2.2	0.0	Not available	Not available	Not available
day during the	30 days	s before	tudents	who cu	rrently						1	1.6	2.2	0.0	Not available Not available	Not available Not available	Not available
QNTB3: Perco day during the QNFRCGR: F or more days d QNDAYCGR: days during the	30 day: Percenta luring th	s before rge of st ne 30 da	tudents ays befo	who curver the s	rrently s urvey)	smoked	cigars 0.6	frequer 1.2	ntly (cig 0.1	gars, ciga 0.6	arillos, c 0.8	1.6 or little 0 0.2	2.2 cigars, c 0.0	0.0 on 20 0.0			

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Trend Analysis Report

					Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN25:	Perce	ntage of	f studen	ts who	ever dra	ink alco	hol (oth	er than	a few si	ips)								
								45.8	44.1	33.6	26.6	24.4	21.8	17.1	17.1	Decreased, 2007-2021	No quadratic change	No change
QN26:	Perce	ntage of	f studen	ts who o	drank al	lcohol fo	or the fi	rst time	before	age 11	years (o	other that	n a few	sips)				
QN26:	Perce	ntage of	f studen	ts who	drank al	lcohol fo	or the fi	rst time 14.9	before 17.2			other tha 7.8	n a few 8.5	sips) 9.0	7.0	Decreased, 2007-2021	No quadratic change	No change
			-		-	lcohol fo	-								7.0		No quadratic change	No change
			-		-		-							9.0	7.0		No quadratic change	No change No change
QN27:	Percer	ntage of	f studen	ts who o	ever use		uana	14.9 17.6	17.2	13.3	8.4	7.8	8.5	9.0		2007-2021 Decreased,		

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Change from 2019-2021 [§]	Quadratic Change [†]	Linear Change [†]						ages	Percent	or and]	Behavi	th Risk	Heal	e	Drug Us)ther E	: ol and (Black* Alcoho
2019-2021			2021	2019	2017	2015	2013	2011	2009	2007	2005	2003	2001	1999	1997	1995	1993	1991
			rently	or differ			a doctor' xycontin										ow a do	
No change	Not available ⁹	No linear change	7.9	9.4	5.1													
			e)	freebase	ack, or	vder, cr	ding pov	, incluc	cocaine	form of	ne (any	d cocai	ever use	s who e	student	itage of	Percer	QN30:
Not available	Not available	Not available	0.0	2.2	1.1	0.6	1.8	1.6	3.0	1.8								
-				, or inha							unts (sni	d inhala	ever use		student	itage of	Percer	ON31:

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Trend Analysis Report

Black Sexua	* l Beha	viors			Heal	lth Risk	Behavi	ior and	Percen	tages						Linear Change †	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN32	: Perce	ntage of	f studen	ts who	ever had	d sexual	interco	urse 36.7	35.8	26.8	21.5	16.6	13.2	9.4	4.2	Decreased, 2007-2021	Decreased, 2007-2011 Decreased, 2011-2021	No change
QN33	: Perce	ntage of	f studen	ts who l	had sext	ual inter	course	for the 1	irst tim 11.2	e before 8.8	e age 11 6.5	years 4.8	4.3	3.3	0.0	Not available	Not available ⁹	Not available
QN34	: Perce	ntage of	f studen	ts who o	ever had	d sexual	interco	urse wi	h three	or more	e person	IS	-	2.4	0.7	No linear change	Not available	No change

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Black* Weigh		igemen	t and I	Dietary	Behavi	ors												
					Heal	th Risk	Behav	ior and	Percei	ntages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN36:	Perce	ntage of	f studen	ts who	describe	ed them	selves a	s slight	ly or ve	ry over	weight				-			
								25.5	20.0	22.2	20.7	23.7	26.1	22.2	29.4	No linear change	No quadratic change	No change
QN37:	Perce	ntage of	f studen	ts who	were try	ing to l	ose wei	ght 39.1	38.3	116	42.0	46.2		20.9	47.5	Na linear shares	Na ana dantia akarang	No change
								39.1	36.5	44.6	42.0	46.2	48.4	39.8	47.5	No linear change	No quadratic change	No change
QN38:	Perce	ntage of	f studen	ts who	did not o	eat brea	kfast (d	uring th	ne 7 day	s before	e the su	rvey)						
										11.0	10.4	8.2	8.5	9.1	15.8	No linear change	No change, 2011-2017 No change, 2017-2021	No change
QNBK	7DAY	Perce	ntage o	f studen	its who a	ate brea	kfast or	n all 7 d	ays (du	ring the	7 days	before t	he surve	ey)				
										44.8	44.2	46.6	43.8	40.9	34.2	Decreased, 2011-2021	No quadratic change	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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Black		•,																
Physic	al Acti				Heal		Behavi	ior and	Percer	itages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
of phy		tivity th					active d made											
									42.5	44.7	43.4	44.7	48.2	35.3	46.2	No linear change	No quadratic change	Increased
day (ir	ı any ki		iysical a	activity	that inc		participa heir hea								st 1			
									22.7	16.7	18.0	13.4	15.2	24.0	19.5	No linear change	Decreased, 2009-2015 Increased, 2015-2021	No change
kind o		al activ					ysically ate and 1											
									27.8	26.6	27.4	28.7	29.7	21.9	23.4	No linear change	No quadratic change	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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Physic	∗ al Acti	vity																
					Healt	th Risk	Behav	ior and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	Percer hey we			s who a	attended	l physica	al educ	ation (P	E) class	ses on 1	or mor	e days (i	in an av	erage w	eek			
								65.2	67.4	69.9	69.8	66.0	67.6	58.0	67.4	No linear change	No quadratic change	No change
	hey we			udents	who att	ended p	hysical	educati 29.6	on (PE)) classes 29.2	s on all . 24.6	5 days (19.2	11 an av 25.0	erage w	33.6	No linear change	Decreased, 2007-2015	
												1712	25.0	10.9	33.0		No change, 2015-2021	Increased
						on at leas		ports te	am (cou	inting a	ny tean						· · · · · · · · · · · · · · · · · · ·	Increased
								ports te	am (cou 60.0	inting a 55.6	ny team 63.8					Decreased, 2007-2021	· · · · · · · · · · · · · · · · · · ·	Increased No change
comm QN43	unity gr	oups, di	uring th	e past 1	2 month	ns befor	e the su	sports tea irvey)	60.0	55.6	63.8	s run b <u>y</u> 61.5	y their s 55.2	chool o 53.7	r 48.3	,	No change, 2015-2021	

Delaware Middle School Survey

Trend Analysis Report

Black [:] Other								-	Ð									
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN45:	Percer	ntage of	student	s who g	ot 8 or	more he	ours of s	sleep (o	n an ave	erage sc	hool ni	ght)						
										54.7	52.9	50.4	45.1	46.7	43.2	Decreased, 2011-2021	No quadratic change	No change
	Percent the sur		student	s who u	isually o	did not s	sleep in	their pa	irent's o	r guardi	ian's ho	me (dur	ing the	30 days				

Delaware Middle School Survey

Trend Analysis Report

Black*

					Healt	h Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN47: the sur		ntage of	f studer	ts who	lescribe	d their g	grades in	n schoo	l as mo	stly A's	or B's (o	luring t	he 12 n	nonths b	efore			
												69.9	67.0	67.8	62.8	No linear change	Not available ⁹	No change
																B-		e
									-									
QN48:	Percer	ntage of	f studer	ts who	ever car	ried a w	eapon (such as	a gun,	knife, o	r club)			22.3			Not available	No change
QN48:	Percer	ntage of	f studer	ts who	ever carr	ried a w	eapon (such as	a gun, i	knife, o	r club)			22.3	21.2	No linear change	Not available	No change
2N49: control with, b	Percer them opeing hu	ntage of or emoti uniliate	f studer ionally d in fro	ts who hurt the nt of otl	reported m (coun	that son ting suc	meone t ch thing: reateneo	hey we s as bei d if they	re datin ng told y did no	g or goi who the ot do wh	r club) ng out v could at their o	vith pur or coul	d not sp	tried to bend tin	21.2 ne		Not available	No chang

Delaware Middle School Survey

Trend Analysis Report

Black* jite-Added					
Health Risk Behavior and Percentages			Linear Change †	Quadratic Change [†]	Change from 2019-2021 §
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017	2019	2021	-		
QN50: Percentage of students who reported that someone they were dating or going out with physically urpose (counting such things as being hit, slammed into something, or injured with an object or weapor tudents who dated or went out with someone during the 12 months before the survey)					
4.0	5.1	1.8	No linear change	Not available ⁹	No change
[N51: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that loing some usual activities, ever during the 12 months before the survey)	t they st 22.9	34.2	Increased, 2019-2021	Not available	Increased
2N52: Percentage of students who have ever felt sad, empty, hopeless, or anxious	71.7	76.8	No linear change	Not available	No change
2N53: Percentage of students who most of the time or always get the kind of help they need (among stu eport having felt sad, empty, hopeless, angry, or anxious)	idents w	/ho	,		
	29.1	18.5	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Black [*] Site-A																		
					Heal	th Risk	Behavi	ior and	Percent	ages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
									t thems fore the			vanting	to die (such as				
													8.3	11.5	12.0	No linear change	Not available ⁹	No change
									e vapor j store (t						ch as a			
													0.8	0.2	0.4	No linear change	Not available	No change
QN56: survey		itage of	f studen	ts who o	currentl	y drank	alcohol	(other t	ihan a fe	w sips,	during	the 30 a	days be	fore the	-			
											7.8	6.5	7.4	5.1	2.1	Decreased, 2013-2021	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Black [:] Site-A																		
					Heal	th Risk	Behavio	or and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN57:	Perce	ntage of	studen	ts who o	currentl	y used n	narijuan	a (durir	ng the 3	30 days	before t	he surve	ey)					
										5.8	6.9	6.4	5.0	3.9	0.0	Not available	Not available ⁹	Not available
differe	ntly tha	in how a	a doctor	told the		y took p se it (cou survey)									done,			
													3.3	6.5	3.4	No linear change	Not available	No change
QN59:	Perce	ntage of	studen	ts who l	have ev	er taken	steroid	pills or	shots v	vithout	a doctor	's presc	ription					
														1.3	2.5	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Black* Site-Added Health Risk Behavior and Percentages Linear Change[†] Quadratic Change[†] Change from 2019-2021 \$ 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN60: Percentage of students who did not eat fruit (not counting fruit juice, one or more times the day before the survey) 30.1 32.0 No linear change Not available⁹ No change QN61: Percentage of students who did not eat green salad or other vegetables (not counting potatoes, one or more times the day before the survey) 45.5 45.5 50.6 No linear change Not available No change QN62: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not including diet soda or diet pop, one or more times the day before the survey) 44.2 44.6 46.8 49.9 48.2 No linear change Not available No change

Delaware Middle School Survey

Trend Analysis Report

Black [:] Site-A																		
					Healt	th Risk	Behav	ior and	Percer	ntages						Linear Change †	Quadratic Change †	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					did not c affeine a								, power	drinks,	,	-		
										43.0	54.1	59.2	54.3	58.0	60.9	Increased, 2011-2021	Increased, 2011-2015 No change, 2015-2021	No change
sports coffee	drinks (drinks,	such as	s Gatora	de or P Snappl	did not c owerAde e, or Sur	e), ener	gy drin	nks (such	1 as Red	Bull or	Jolt), l	emonad	e, sweet	tened te	a or			
													35.4	32.8	34.2	No linear change	Not available ⁹	No change
			f studen survey)		ate dinne	er at hoi	me wit	h at leas	t one of	their pa	arents o	n four o	r more	days (dı	uring	·		
													77.2	74.6	63.9	Decreased, 2017-2021	Not available	Decreased

Delaware Middle School Survey

Trend Analysis Report

Black* Site-Added																	
				Healt	th Risk	Behavio	or and	Percer	ntages						Linear Change †	Quadratic Change †	Change from 2019-2021 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN66: Perce their home (d						e or alwa	iys wer	nt hung	ry becau	ise there	e was no	ot enoug	gh food	in			
												3.4	5.7	7.0	No linear change	Not available ⁹	No change
QN67: Perce are rated M)	ntage of	fstuden	ts who p	olay vio	lent vid	eo game	s 2 or 1	nore ho	ours per	week o	n avera	ge (such	ı as gam	es that			
											36.3	30.3	35.0	34.4	No linear change	Not available	No change
QN70: Perce	ntage of	f studen	ts who e	ever bee	n told b	y a doct	or or a	nurse t	hat they	have as	sthma	•					
							25.5	32.9	28.5	32.7	27.2	25.0	23.3	19.8	Decreased, 2007-2021	Increased, 2007-2013 Decreased, 2013-2021	No change
QN71: Perce	ntage of	f studen	ts who ł	nave bee	en taugh	t about A	AIDS o	or HIV	infectio	n in sch	iool				•		
							78.3	70.9	61.8	61.8	55.8	48.7	42.1	21.1	Decreased, 2007-2021	Decreased, 2007-2015 Decreased, 2015-2021	Decreased

Delaware Middle School Survey

Trend Analysis Report

Black [*] Site-A					Healt	th Risk	Behavi	or and	Percent	tages						Linear Change [†]	Quadratic Change [†]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021 [§]
QN72:	Perce	ntage of	studen	ts who a	are deaf	or have	serious	difficu	lty heari	ing		2.3	2.3	2.9	2.9	No linear change	Not available ⁹	No change
QN73:	Perce	ntage of	studen	ts who l	have ser	ious dif	ficulty s	seeing (even wh	ien we	aring gl	asses) 12.3	12.0	11.2	12.4	No linear change	Not available	No change
					have ser problem)		ficulty of	concent	rating, re	emem	bering, o	or makir	ng decis	ions (be 22.9	cause 26.4	No linear change	Not available	No change
QN75:	Perce	ntage of	studen	ts who l	have ser	ious dif	ficulty	walking	or clim	bing s	tairs		2.4	3.5	3.6	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Hispa Injury		iolence																
					Heal	th Risk	Behavi	ior and	Percer	itages						Linear Change [®]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN8:	Percent	tage of	students	s who di	id not al	lways w	/ear a se	at belt ((when r	iding in	a car d	riven by	someo	ne else)				
								47.5	43.3	39.8	42.9	38.8	42.8	45.1	47.6	No linear change	No quadratic change	No change
		-		-			-				-	-		-				
QN9:	Percent	tage of	students	s who ev	ver rode	with a	driver w	vho had	been d	rinking	alcohol	(in a ca	r)					
								30.4	32.5	26.1	23.3	20.6	20.0	19.9	22.6	Decreased, 2007-2021	No quadratic change	No change
QN10	Percei	ntage of	fstuden	ts who	were ev	er in a p	physical	fight										
								65.2	63.8	60.3	53.8	48.7	44.6	43.6	46.4	Decreased, 2007-2021	No quadratic change	No change
QN12	Percei	ntage of	fstuden	ts who	were ev	er bullie	ed on sc	hool pr	operty									
											36.9	32.9	33.6	32.9	36.0	No linear change	Not available [§]	No change

Delaware Middle School Survey

Trend Analysis Report

Hispaı Injury		iolence																
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
					were ev media)		onically	y bullied	d (coun	ting bei	ng bulli	ed throu	ıgh text	ng,				
											15.6	15.4	13.4	13.9	23.5	No linear change	Not available [§]	No change
QN14:	Percer	ntage of	studen	ts who e	ever seri	iously tl	nought a	about ki	lling th	emselv	es							
								24.4	22.9	28.1	12.9	20.3	18.9	20.9	22.3	No linear change	No quadratic change	No change
QN15:	Percer	ntage of	studen	ts who e	ever ma	de a pla	n about	how th	ey wou	ld kill t	hemselv	es						
										12.0								
								14.9	12.2	13.0	21.2	12.5	11.5	11.7	17.9	No linear change	No quadratic change	No change

Delaware Middle School Survey

Trend Analysis Report

Hispa Tobac	nic co Use																	
					Healt	th Risk	Behavi	or and	Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN17:	Percer	ntage of	studen	ts who e	ever trie	d cigare	ette smo	king (e	ven one	e or two	puffs)							
								29.6	29.0	26.5	21.3	15.6	10.8	7.3	4.7	Decreased, 2007-2021	No quadratic change	No change
QN19:	Percer	ntage of	studen	ts who c	urrentl	y smoke	d cigar	ettes (o	n at lea	st 1 day	during	the 30 c	ays bef	ore the		·		
survey)																	
								7.5	9.9	6.5	8.1	3.1	2.7	2.2	0.0	Not available	Not available [§]	Not available
	CIG: P efore th			udents v	who cur	rently s	moked	cigarett	es frequ	ently (on 20 or	more d	ays duri	ng the 3	30			
								2.4	3.5	1.4	1.8	0.4	0.5	0.3	0.0	Not available	Not available	Not available
ONDA	YCIG:	Percer	itage of	student	s who c	urrently	/ smoke	d cigar	ettes da	ily (on a	all 30 da	ays duri	ng the 3	0 days l	before			
the sur	vey)					unoning		e										

Delaware Middle School Survey

Trend Analysis Report

Hispanic

10080	co Use				Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN21:	Percer	itage of	studen	ts who e	ever use	d an ele	ctronic	vapor p	roduct									
												21.3	17.9	15.3	15.9	Decreased, 2015-2021	Not available [§]	No change
bens, e	-cigars,	, e-hook		okah pe	ns, and		n electro such as J											
												10.7	8.7	9.1	7.8	No linear change	Not available	No change
														-				
			ige of st fore the			rently u	ised elec	etronic v	apor pi	roducts	frequen	tly (on	20 or m	iore day	s			

Delaware Middle School Survey

Trend Analysis Report

Hispanic

Tobac	co Use				Heal	lth Risk	Behavi	ior and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNDA days be				f studen	ts who	currently	y used e	electron	ic vapo	r produc	ets daily	(on all	30 days	s during	the 30			
												0.3	0.9	0.3	1.6	No linear change	Not available [§]	No change
				ents who survey		ntly smo	ked cig	arettes o	or used	electror	nc vapo	r produ	cts (on	at least	I day			
												11.1	9.4	9.0	6.2	Decreased, 2015-2021	Not available	No change
dissolv	able to	bacco p	roducts	[such a	is Coper	ly used s nhagen, ys before	Grizzly	, Skoal							vapor			
													2.2	1.0	0.6	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Hispa Tobac	nic co Use																	
					Heal	th Risk	Behavio	or and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
snus, c	or disso	vable to	obacco	product	s [such	as Cope	nhagen, g the 30	Grizzl	y, Skoa	l, or Ĉa	mel Snu				dip,			
													0.6	0.5	0.0	Not available	Not available [§]	Not available
or diss	olvable	tobacc	o produ	cts [suc	h as Co	penhage	y used si en, Grizz efore the	ly, Sko	oal, or C									
													0.4	0.5	0.0	Not available	Not available	Not available
			f studen e survey		currently	y smoke	ed cigars	(cigars	s, cigari	illos, or	little ci	gars, on	at least	t 1 day o	luring			_
								6.8	7.3	6.0	6.5	3.6	2.6	1.5	0.6	Decreased, 2007-2021	No change, 2007-2013 Decreased, 2013-2021	No change

Delaware Middle School Survey

Trend Analysis Report

-	nic co Use																			
						Healt	th Risk	Beha	vior ar	d Per	centa	ages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	199	7 1	999	2001	2003	2005	200	7 20	09	2011	2013	2015	2017	2019	2021	-		
	4: Pero product										gars	or use	d smok	eless tol	bacco o	r electro	nic			
															10.2	9.5	6.3	No linear change	Not available [§]	No change
							tly smo	ked ci	garette	s or cig	gars	or use	d smok	eless tol	bacco (c	on at lea	st 1	,		
	3: Pero uring the						tly smo	ked ci	garette	s or ci	gars	or use	d smok	eless tol	bacco (c	on at lea 3.1	st 1 0.7	Decreased, 2017-2021	Not available	Decreased
lay du QNFR	uring the	e 30 day	ys befo	f stud	he surv	vey) who cu	rrently							1		3.1	0.7		Not available	Decreased
lay du QNFR	CGR:	e 30 day	ys befo	f stud	he surv	vey) who cu	rrently			s frequ	ently			1	4.6	3.1	0.7		Not available Not available	Decreased Not available
QNFR or mor	CGR: cdays	Percent during	tage of the 30 entage	f stud days of st	lents v s befor	who curre the s	rrently urvey)	smoke	d cigar 1.2	s frequ 2.	uently	y (ciga 0.8	ars, ciga 0.7	urillos, c 0.1	4.6	3.1 cigars, c 0.0	0.7 n 20 0.0	2017-2021		

Delaware Middle School Survey

Trend Analysis Report

-	nic ol and (Other I	Orug Us	se														
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [®]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN25:	Perce	ntage of	f studen	ts who e	ever dra	nk alco	hol (oth	er than	a few si	ps)								
								46.6	49.0	44.5	31.9	27.8	28.0	27.7	25.3	Decreased, 2007-2021	No quadratic change	No change
ON26	Perce	ntage of	f studen	ts who a	drank al	cohol fe	or the fi	rst time	before	age 11	vears (c	ther tha	n a few	sins)				
QN26:	Perce	ntage of	f studen	ts who o	drank al	cohol fo	or the fi								12.6			
QN26:	Perce	ntage of	f studen	ts who o	drank al	cohol fo	or the fi	rst time 16.1	before 23.0	age 11 14.7	years (o 13.0	ther tha 9.8	n a few 10.5	sips) 10.6	12.6	Decreased, 2007-2021	No quadratic change	No change
			f studen f studen												12.6		No quadratic change	No change
															12.6 8.4		No quadratic change	No change No change
QN27:	Perce	ntage of		ts who c	ever use	d mariji	uana	16.1 14.6	23.0	14.7	13.0 16.2	9.8	10.5	10.6		2007-2021 Decreased,		

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware Middle School Survey

Trend Analysis Report

Alcoh			8 -		Healt	th Risk	Behavi	or and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	ow a do					k prescr ng drug									rently			
													2.1	10.3	6.3	No linear change	Not available [§]	No change
QN30:	Percei	ntage of	student	s who e	ever use	d cocair	ne (any i	form of	cocain	e, inclu	iding po	wder, ci	rack, or	freebas	e)			
								4.7	6.7	4.1	3.5	1.8	1.1	3.0	0.0	Not available	Not available	Not available
			student get hig		ever use	d inhala	nts (sni	ffed glu	ie, brea	thed the	e conten	ts of spi	ray cans	, or inh	aled			
														7.1	6.0	No linear change	Not available	No change

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Trend Analysis Report

Hispa Sexua	nic l Behav	viors			Heal	th Risk	Behav	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN32	Perce	ntage of	f studen	ts who	ever had	d sexual	interco	ourse										
								26.9	26.2	22.4	13.8	8.8	8.9	6.5	9.0	Decreased, 2007-2021	No quadratic change	No change
QN33	Perce	ntage of	f studen	ts who l	had sex	ual inter	rcourse	for the	first tim	e before	e age 11	years			-			
								7.8	6.9	3.9	3.7	0.7	1.9	1.6	2.2	Decreased, 2007-2021	Decreased, 2007-2015 Increased, 2015-2021	No change
QN34	Perce	ntage of	f studen	ts who o	ever had	d sexual	interco	ourse wi	th three	or more	e persor	15		2.5	2.3	No linear change	Not available [§]	No change

Delaware Middle School Survey

Trend Analysis Report

Hispan Weight		agemen	t and I	Dietary	Behavi	ors												
					Heal	th Risk	Behav	ior and	Percei	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN36:	Perce	ntage of	f studen	ts who	describe	ed them	selves a	s slight	ly or ve	ry over	weight							
								25.7	25.1	31.5	32.3	30.3	35.4	39.6	38.4	Increased, 2007-2021	No quadratic change	No change
QN37:	Perce	ntage of	f studen	ts who	were try	ing to l	ose wei	ght								•		_
								50.6	46.1	53.4	56.6	56.6	58.5	55.7	61.1	Increased, 2007-2021	No quadratic change	No change
QN38:	Perce	ntage of	f studen	ts who	did not o	eat brea	kfast (d	uring th	ne 7 day	s before	e the su	rvey)		-				
										15.5	15.8	14.5	12.8	15.3	19.6	No linear change	No quadratic change	No change
QNBK	7DAY	: Perce	ntage of	f studen	its who a	ate brea	kfast or	ı all 7 d	ays (du	ring the	7 days	before t	he surve	ey)				
										42.7	40.8	44.8	44.5	35.0	31.0	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware Middle School Survey

Trend Analysis Report

Hispa Physic	nic al Acti	vity																
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
of phy		tivity th					active a d made											
									40.5	45.3	38.8	40.8	41.2	25.3	41.8	No linear change	No quadratic change	Increased
day (ir	any ki	nd of pl		activity			articipa heir hea											
									23.9	10.3	15.5	17.4	12.4	20.5	16.3	No linear change	No quadratic change	No change
kind o		al activ					sically te and n											
									26.2	31.0	21.6	25.0	21.5	9.0	17.9	Decreased, 2009-2021	No quadratic change	Increased

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\circ}$ Based on t-test analysis, p < 0.05.

Delaware Middle School Survey

Trend Analysis Report

	al Acti	vity			Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	Percer hey we			ts who a	attended	l physic	al educa	ation (P	E) class	es on 1	or mor	e days (in an av	erage w	eek			
								73.8	57.6	69.9	65.0	61.4	61.3	48.6	64.9	No linear change	No quadratic change	No change
							ohysical		(1 12)									
vhen	hey we	ie ili sei	1001)					37.4	28.4	34.5	23.8	22.2	22.8	12.5	20.2	Decreased, 2007-2021	No quadratic change	No change
QN42	Percer	ntage of	studen				ist one stree the su	ports te									No quadratic change	No change
2N42	Percer	ntage of	studen					ports te									No quadratic change No change, 2007-2015 Decreased, 2015-2021	No change No change
2N43	Percer unity gr	ntage of oups, d	studen uring th	e past 1	2 mont	hs befor		ports tea irvey) 54.0	am (cou 53.3	inting a 58.8	ny team 55.9	is run by	y their s	chool o 38.5	r 38.4	2007-2021 Decreased,	No change, 2007-2015	

Delaware Middle School Survey

Trend Analysis Report

					Healt	th Risk	Behavi	ior and	Percent	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
N45:	Percer	ntage of	studen	ts who g	got 8 or	more h	ours of	sleep (o	n an ave	rage scl	hool nig	ght)						
N45:	Percer	ntage of	studen	ts who g	got 8 or	more h	ours of :	sleep (o	n an ave	erage scl 55.5	hool niş 56.0	ght) 53.1	47.8	44.5	37.7	Decreased, 2011-2021	No quadratic change	No change
N46:		ntage of							n an ave	55.5	56.0	53.1				,	No quadratic change	No chang

Delaware Middle School Survey

Trend Analysis Report

Hispanic

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN47: the sur		ntage of	studen	ts who	lescribe	ed their	grades i	n schoo	l as mo	stly A's	or B's (during	the 12 n	nonths t	efore			
												66.0	65.1	75.0	77.1	Increased, 2015-2021	Not available [§]	No change
QN48:	Percei	ntage of	studen	ts who	ever car	ried a w	eapon (such as	a gun,	knife, o	r club)					·		
														17.6	22.2	No linear change	Not available	No change
contro with, b	l them o being hu	or emoti miliate	onally l d in fro	hurt the nt of otl	m (cour ners, or	that so nting suc being th the 12	ch thing: reatene	s as bein d if they	ng told y did no	who the t do wh	y could	l or coul	ld not sp	pend tin				

Delaware Middle School Survey

Trend Analysis Report

Hispanic Site-Added						
Health Risk Behavior and Percentages				Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 20	017 2	2019 2	2021			
QN50: Percentage of students who reported that someone they were dating or going out with physicc purpose (counting such things as being hit, slammed into something, or injured with an object or weat students who dated or went out with someone during the 12 months before the survey)			1 on			
5	5.5 2	2.4	2.2	No linear change	Not available [§]	No change
QN51: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so doing some usual activities, ever during the 12 months before the survey)	o that the	ney stop	oped			
	3	32.7	40.6	No linear change	Not available	No change
QN52: Percentage of students who have ever felt sad, empty, hopeless, or anxious				-		
	7	72.2	83.9	Increased, 2019-2021	Not available	Increased
QN53: Percentage of students who most of the time or always get the kind of help they need (among report having felt sad, empty, hopeless, angry, or anxious)	g studei	nts who	D	· · · · · · · ·		
	3	31.0	24.6	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Hispaı Site-A																	
					Heal	th Risk	Behavi	or and I	Percenta	ges					Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009 2	011 20	13 201	5 2017	2019	2021	-		
									themselv ore the su		ut wantii	ig to die	(such as				
												13.5	12.7	17.2	No linear change	Not available [§]	No change
									vapor pr store (the					ich as a			
												0.5	0.0	1.1	Not available	Not available	Not available
QN56: survey		ntage of	f studen	ts who o	currentl	y drank	alcohol	(other th	nan a few	sips, du	ing the 3	0 days bo	efore the	;			
										14	4.4 9.2	9.1	8.9	6.0	Decreased, 2013-2021	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Hispa Site-A					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change [*]	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021 [†]
QN57:	Percer	ntage of	studen	ts who c	currentl	y used r	narijuar	na (durir	ng the 3	0 days I	before t	ne surve	ey)					
										7.9	9.0	5.6	6.4	4.0	2.4	Decreased, 2011-2021	No quadratic change	No change
differe	ntly tha	n how a	a doctor	told the	em to u	y took p se it (co survey)	unting c								done,			
													1.6	5.1	2.7	No linear change	Not available [§]	No change
QN59:	Percer	ntage of	studen	ts who l	nave ev	er taken	steroid	pills or	shots w	rithout a	a doctor	's presc	ription					
														1.8	0.6	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Hispaı Site-A					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN60: survey		ntage of	fstuden	ts who	did not o	eat fruit	(not cou	unting f	fruit juio	ce, one	or more	times t	he day l	before tl	he			
														16.9	27.5	No linear change	Not available [§]	No change
ON61	Darca	ntage of	fstuden	ts who	did not a		n salad o	or other	vegeto	bles (no	t counti	ng pota	toes or	a or mo				
			he surv		ind not a	cat gree	li salau (JI OUICI	vegeta	oles (lic	ot counti	ng pota	libes, of	le of file	ле			
													42.2	36.5	47.4	No linear change	Not available	Increased
							can, bott es the da				pop (su	ch as C	oke, Pe	psi, or S	prite,			
											40.4	46.6	50.9	51.0	57.5	Increased, 2013-2021	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Hispa Site-A																		
					Heal	th Risk	Behavio	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							ffeinated ne or mo						s, power	drinks				
										36.0	44.3	56.1	52.1	54.8	61.7	Increased, 2011-2021	No quadratic change	No change
sports coffee	drinks (drinks,	(such as flavore	Gatora	de or P Snappl	owerAd e, or Su	e), ener	gar-swee gy drink ight and	s (such	as Red	Bull or	Jolt), le	emonad	e, swee	tened te	a or			
													41.4	40.0	48.6	No linear change	Not available [§]	No change
			f studen survey)		ate dinn	er at ho	me with	at leas	t one of	their pa	arents of	n four o	r more	days (dı	iring			
													78.9	78.0	75.0	No linear change	Not available	No change

Delaware Middle School Survey

Trend Analysis Report

Hispa Site-A																		
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
				ts who i ys befor		the time (rvey)	e or alwa	ays wei	nt hungi	ry becau	ise there	e was no	ot enoug	gh food	in			
													4.4	3.5	5.0	No linear change	Not available [§]	No change
QN67 are rat		ntage of	f studen	ts who j	play vio	lent vid	eo game	es 2 or :	more ho	ours per	week o	n avera	ge (such	as gan	es that			
	,											32.1	30.4	28.6	30.3	No linear change	Not available	No change
QN70	: Perce	ntage of	f studen	ts who d	ever bee	en told b	y a doc	tor or a	nurse ti	hat they	have as	sthma	-					
								19.1	18.8	27.8	25.5	19.6	20.3	20.6	23.6	No linear change	No quadratic change	No change
QN71	: Perce	ntage of	fstuden	ts who l	have be	en taugł	it about	AIDS	or HIV	infectio	n in sch	ool						
								65.5	57.7	51.3	48.3	38.4	34.5	30.5	15.8	Decreased, 2007-2021	Decreased, 2007-2017 Decreased, 2017-2021	Decreased

Delaware Middle School Survey

Trend Analysis Report

Hispar Site-A																	
					Heal	th Risk	Risk Behavior and Percentages								Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009 2	011 2013	2015	2017	2019	2021	_		
QN72:	Percer	ntage of	studen	ts who a	are deaf	or have	serious	difficul	ty hearing	ļ							
											2.3	4.4	4.2	6.9	Increased, 2015-2021	Not available [§]	No change
QN73:	Percer	ntage of	studen	ts who l	nave sei	ious dif	ficulty s	seeing (e	ven when	wearing g	lasses)		-	-			
											12.0	13.1	11.7	10.3	No linear change	Not available	No change
				ts who ł tional p			ficulty c	concentra	ating, rem	embering,	or makir	ng decis	ions (be	cause			
													19.9	36.8	Increased, 2019-2021	Not available	Increased
QN75:	Percer	ntage of	studen	ts who l	nave sei	ious dif	ficulty v	walking	or climbir	ng stairs							
												3.6	5.4	1.0	No linear change	Not available	No change