### **SEOW MEETING MINUTES** January 31, 2023 9:30-11:30am Zoom MJ Scales (UD-CDHS), Sharon Merriman-Nai (UD-CDHS), Rachel Ryding (UD-CDHS), Attendance Stephanie Ha (UD-CDHS), Rochelle Brittingham (UD-CDHS), David Borton (UD-CDHS), Dana Holz (UD-CDHS), Bill Gratton (UD-CDHS), Eileen Sparling (UD-CDHS), Shauna Leahy (UD-CDHS), Jada Davis (UD), Claire Wang (DSAMH), Nuno Martins (DSAMH), Teri Lawler (DOE), Sabra Collins (DOE), Pat Ayers (Milford School District), Lauren Camphausen (UD Healthy Neighborhoods), Sandy Syglowski (DSCYF/Project DelAWARE), Katie Capelli (DPH), Kate Brookins (DPH), Jessica Graham (Planet Youth Coalition/Bellevue Community Center), Janis Barlow, (KIDS COUNT in Delaware), William Lynch (atTAck Addition), Emily Vera (Mental Health Association of Delaware), Jennifer Seo (Mental Health Association of Delaware), Shawn Stevens (Wilmington University), Alexis Ibarra (Jefferson University), Shaffiullah Naveed (Jefferson University), Kevin Osterhoudt (CHOP, Poison Control Center), Lauren Longo (CHOP, Poison Control Center) Welcome and Please note: A recording of this meeting, with the exception of the CHOP presentation, is available on our YouTube channel at: Introductions https://www.youtube.com/channel/UCju6 hmcBAAd2LLn0Oxpw3Q Participants were welcomed into the Zoom by Sharon Merriman-Nai and MJ Scales, PI of the SEOW. They also introduced the SEOW facilitator team. Due to the high volume of participants, members were asked to sign into the chat box and new participants were invited to unmute and introduce themselves. New participants included: Sandy Syglowski of Project DelAWARE, a collaboration between the KIDS Department, the Delaware Department of Education, and several school districts designed to increase mental health resources for students and parents; Jessica Graham, working on the Planet Youth Coalition, an initiative in North Wilmington by the Bellevue Community Center; Orlando Foreman, a community health ambassador from Network Connect.

MJ Scales reviewed the agenda for the day:

- 4 goals of the SEOW
- SEOW Announcements and New Products
- Data Champion Award
- Highlights from the Field (presentation, Dr. Rachel Ryding of the SEOW, on recent research and data resources)
- Featured Presentation: The Poison Control Center at CHOP (Dr. Kevin Osterhoudt)
- Q/A and Discussion
- Network Share

# The 4 Goals of the SEOW

#### MJ reviewed the 4 goals of the SEOW:

- Identify, analyze, and share data
- Create data-guided products
- Train communities in understanding and using data
- Building state and local level data monitoring systems

#### New SEOW Data Products

MJ highlighted new SEOW Products and Resources that have been developed since our last meeting in July 2022 including the Epi Profile 2022 and all related materials; the latest infographics, and the December 2022 3D webinar:



# SEOW Announcements

#### **SEOW Stakeholder Feedback Survey:**

MJ discussed the upcoming SEOW Stakeholder Feedback Survey which will be launched via email soon and encouraged network members to take the time to complete this. The Survey findings have informed the development of SEOW initiatives and products and network input is vital to ensuring that the SEOW is responsive to data needs of stakeholders.

#### **Data Champion**

The January 2023 Data Champion Award recognized the invaluable and longstanding contributions of KIDS COUNT in Delaware to promote data driven policy for the health and wellbeing of children, youth, and their families throughout the state. Janis Barlow, KIDS COUNT in Delaware Director and Policy Scientist from the UD Center for Community Research and Service accepted the award on behalf of the initiative which has been part of the national KIDS COUNT network for over 25 years.

### SEOW Presentation: Highlights from the Field

Dr. Rachel Ryding, SEOW facilitator, provided an overview of newly available data resources of potential interest to SEOW Network Members. She noted that there have been data collection challenges and other impacts related to the COVID-19 pandemic and that this context must be considered when reviewing data during this time frame. The following resources were reviewed:

## Highlights from the Field



Recent reports and data releases of interest, including:

- · 2021 NSDUH Annual National Report
- CADCA Practical Theorist special issue on Fentanyl
- Mental Health America dashboard on mental health screenings by state and county, 2020-2022
- The Trevor Project 2022 National Survey on LGBTQ Youth Mental Health by State

entire meeting, are posted on the **SEOW Presentations page**.)



12

(NOTE: Slides from this presentation, along with relevant weblinks for the

#### Q/A Discussion

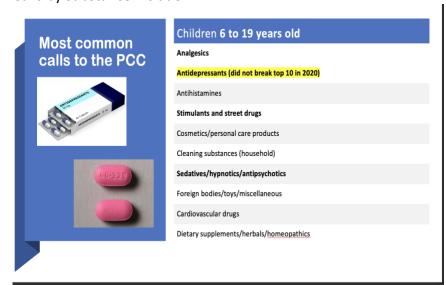
Participants provided a number of interesting comments and questions. Katie Capelli, DPH requested additional information on the data methodology regarding the LGBTQ data. Jessica Graham also requested resources in Delaware for these youth. The SEOW team provided resources in support of LGBTQ in the chat, such as Camp Rehobeth. Bill Lynch recommended collecting this in a resource guide and Katie Capelli shared information on a DPH initiative for ongoing collection of substance use treatment and prevention resources. Shawn Stevens also recommended the DE Helpline as a starting point. MJ recommended that stakeholder input is important in terms of collecting information on not only resource needs but on resource availability to avoid duplication of services as well as resource

gaps. Orlando Foreman initiated discussion about how to provide these supports in school settings. Sandy Siglowski noted that this is a goal of Project AWARE and that more work is needed in this area. Teri Lawler of the DE DOE also affirmed Orlando and Network Connect's efforts to provide inclusive programming as the most effective strategy. Sharon noted that the theme of this year's Trauma Awareness Month, held annually in May, is You Belong which resonates with this discussion although it is not restricted to youth or a specific population. Bill Lynch highlighted the "connect the dots" program in a school district in NJ which asks students to identify a person in the school environment who they had a trusted connection with, then asks the school personnel which students they had a connection with, in order to identify students who are isolated. In addition, the area police reach out to schools whenever there is an incident involving students. Teri and Sharon volunteered that the Connect the Dots is in effect in some districts in Delaware as well as Take Care, Delaware, similar to the outreach from police departments to school personnel. Katie Capelli also discussed My Reason Why Delaware campaign as a substance use prevention strategy but can also be used for broader, asset-based initiatives. She encouraged participants to use and promote the My Reasons Why Delaware hashtag.

Featured
Presentation:
The Poison
Control Center
at CHOP

Lauren Longo, Associate Director of Advocacy and Communication of the Center for Public Health Readiness and Response at the Children's Hospital of Philadelphia (CHOP) introduced Dr. Kevin Osterhoudt, the featured speaker. Dr. Osterhoudt presented an overview of recent data from the Poison Control Center (PCC) at CHOP, Philadelphia College of Pharmacy & Medicine. It is the HRSA designated center for 8.9 million people in Delaware and Pennsylvania. Among the highlights:

- In 2021, 5,617 calls were received from Delaware
- Most common calls were regarding children under 6 years old
- Calls by substance include:



- There has been a rise in child marijuana poisoning (both in hospital data as well as PCC data); cause include decreased stigma, increased availability (including edibles), increased THC content
- Delta-8-THC, a minor alkaloid in hem which is now being purified as "legal high," will be something to monitor
- Data can inform policy recommendations to reduce risk and harm, particularly as states move to legalize marijuana

The group followed up with questions to the presenters and comments regarding policy issues, questions regarding the "disconnect" between referrals for ER visits versus calls to the PCC, and the data shared.

(NOTE: The slide deck for this presentation is available on the <u>SEOW</u> Presentations page.)

#### **Member Updates**

20:

- Bill Lynch noted that ATTACK Addiction will be hosting their 5K on March 4th in New Castle. Information is available at; https://runsignup.com/Race/DE/NewCa stle/atTAcKAddiction5K. He also noted an article published in JAMA and the association between age of onset of alcohol and intense drinking in high
  - https://jamanetwork.com/journals/jam apediatrics/article-abstract/2800778

school and alcohol use disorder by age

- Katie Capelli shared that DPH is working with The Cause on a social media campaign, My Reason Why Delaware and provided the link to a YouTube video:
  - https://www.youtube.com/watch?v=n6 MzqUnJiis
- Orlando Foreman shared Network Connect updates: a free store (household goods, clothing) throughout February for the Hope Center Community for displaced community members; an event on 2/21 with United Way at Route 9 Library for parents on communication between parents and their children; Black in Wax, a

#### **Future Steps**

- SEOW Stakeholder Survey will be conducted in late winter/early spring and all Network Members are requested to participate. Findings will be shared at the SEOW Semi-Annual Summer Meeting.
- The next SEOW 3D: Delaware Data Discourse will be hosted in Spring 2023. Network Members are invited to offer topic and speaker suggestions. Time and topic will be announced
- Notifications of new SEOW and other relevant resources will continue to be disseminated to network members as they become available.
- All SEOW Network Members are invited to submit questions, announcements, and recommendations for data products and presentations, etc. Please contact MJ Scales at: mjscales@udel.edu
- The next SEOW Semi-Annual Meeting will be held Summer 2023. More information will be forthcoming!

reenactment of black history events by youth. Information is online at:

www.networkconnect.org or via
Facebook at:

https://www.facebook.com/NetworkConnectOrg

 Jessica Graham also shared information on the latest activities of the Planet Youth Coalition, with more information available from the Facebook page at: <a href="https://www.facebook.com/PlanetYouthCoalition/">https://www.facebook.com/PlanetYouthCoalition/</a>

# Many thanks for your continued support and participation in the Delaware SEOW!

NOTE: All links shared throughout the meeting will be posted in a document alongside other relevant meeting materials. For more information, please visit the <u>SEOW Presentations</u> page. A

recording of the meeting, excluding the CHOP presentation, is available on our <u>YouTube channel</u>.

Funding for the SEOW has been provided by the Delaware Department of Health and Social Services,
Division of Substance Abuse and Mental Health through a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).