SEOW MEETING MINUTES



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July 27 th , 2022	9:30-11:30am	Zoom		
	Theme: Overdoses in Delaware			
Attendance	Sharon Merriman-Nai (UD-CDHS), MJ Scales (UD-CDHS), Rochelle Brittingham (UD-CDHS), David Borton (UD-CDHS), Christy Visher (UD-CDHS), Dana Holz (UD-CDHS), Rachel Ryding (UD-CDHS), Rachael Schilling (UD-CDHS), Bill Gratton (UD-CDHS), Angela Brown (UD-CDHS), Victoria Becker (UD-CDHS), Carol Ann Sharo (UD-CDHS), Emalie Rell (UD-CDHS), Claire Wang (DSAMH), Nuno Martins (DSAMH), Shebra Hall (DPH), Alexa Meinhardt (DPH), Hadje Toure (DPH), Nicole Sapp (EMS), Teri Lawler (DOE), Aileen Fink (KIDS), Elizabeth Romero (Delaware.gov), Chris Sutton (Delaware State Police), Tim Hulings (Delaware Overdose System of Care) Daniel Panusky (DEA), Lauren Camphausen (UD Healthy Neighborhoods), Tatiana Galdamez (UD), Peggy Geisler (Sussex County Health Coalition), Mesha Anderson-Thompson (Network Connect), Kontal Copeland (Network Connect), Latisha Stephens (Network Connect), Brittany J (Network Connect), Aliyah Bass (Network Connect), U'Gundi Jacobs (Network Connect), Tim Gibbs (Delaware Public Health Association/Delaware Journal of Public Health/Academy of Medicine), Valeria Reyes (LACC), Laurie Lucinski (Beebe Health), Kimberly Blanch (Beebe Health), Yvonne Bunch (consultant), Harriet Starr (PMG Consulting), Erin Nescott (KIDS COUNT in Delaware), William Lynch (atTAck Addition), Annie Slease (NAMI Delaware), Emily Vera (Mental Health Association of Delaware), Shawn Stevens (Wilmington University), Bernice Alston (Royal Consulting).			
Welcome and	Please note: A <u>recording</u> of this meeting is available on our YouTube channel			
Introductions	at: https://www.youtube.com/channel/UCju6 hmcBAAd2LLn0Oxpw3Q			
	Scales, PI of the features the to introduced the participants, m	s were welcomed into the Zoom by Sharon Merriman-Nai and MJ f the SEOW. They reviewed the agenda for the day which e topic of overdoses and community solutions. They also the SEOW facilitator team. Due to the high volume of s, members were asked to sign into the chat box.		
	in Delaware data. Several new members introduced themselves: Laurie Lucinski (Beebe Health, working on a number of grants), Nicole Sapp			

(Epidemiologist with the Office of Emergency Services), Hadje Toure (not

new to the SEOW but participating from her new position as HDMI Data Analyst at DPH). The 4 Goals of Rachel Ryding, SEOW facilitator, reviewed the 4 goals of the SEOW: the SEOW Identify, analyze, and share data Create data-guided products Train communities in understanding and using data • Building state and local level data monitoring systems **New SEOW Data** Rachel Ryding, SEOW facilitator, highlighted new SEOW products and **Products** articles available since the Winter Meeting in January 2022: Since we last saw you in January... **NEW! Infographic-Bullying: Delaware Youth NEW! Overdose Short Report (Posting Soon)** 3D: Delaware Data Discourse. Behavioral Behavioral Health Data Highlights from the Health Data Highlights from the 2021 2021 Delaware **Delaware Epidemiological Profile** Epidemiological Profile FIAWARE. **Data Champion** MJ Scales recognized the latest Data Champion Award Recipient to Dr. Teri Lawler who champions the use of data to improve education and outreach. Although Dr. Lawler wasn't available at the start of the meeting, after the first presentation Dr. Lawler was invited to briefly share how the use of data is intended to improve access for students to greater educational opportunities. She highlighted universal screening efforts, multi-tiered systems of support, and how assessment data is valuable to connecting students with respective services and supports. **Featured Delaware Drug Monitoring Initiative Presentations:** The first presentation featured Tim Hulings, public health analyst of the CDC Foundation-Overdose Response System and Sgt. Christopher Sutton of the Delaware State Police and the Delaware Information Analysis Center (DIAC). Tim and Chris provided an overview of the Delaware Drug Monitoring Initiative (DMI). The DMI is the result of a collaborative of state agencies that contribute data relevant to overdoses throughout the state and key findings. Partnering agencies include the Division of Forensic Science, the

Delaware Information and Analysis Center, the Office of Emergency Medical

Services, the Division of Substance Abuse and Mental Health, and the

Communicable Disease Bureau. Participants posed a number of questions about trends such as Xylazine, overdoses of which do not respond to naloxone; the fact that the DMI collaborative promotes more timely community-based responses to emerging drug threats (such as when the presence of fentanyl is detected in certain areas); and the collaboration with DSAMH to respond quickly to deploy outreach to provide warm handoffs and offer treatment to connect people to needed resources.

Community Innovators:

Network Connect and the Community Well-being Ambassadors

Mesha Anderson-Thompson and Aliyah Bass discussed their work with community well-being ambassadors through Network Connect to positively influence behavioral health at the community level. They spoke of their efforts to distribute information on opioids as well as naloxone kits throughout the community and to seamlessly connect community members with behavioral health services. They coach community members using Skills for Psychological Recover (SPR), Motivational Interviewing and Trauma Informed Principles.

Ambassador's Coach Using Five SPR Skills





Sussex County Health Coalition: Delaware Goes Purple

Peggy Geissler of the Sussex County Health Coalition (SCHC) shared an overview of the coalition's efforts to prevent and address overdose, particularly opioid epidemic, in Sussex County. The initiative was informed by community members and intended particularly to raise awareness. They were finally able to host the Rockin' for Recovery concert in 2021 which had been postponed since the start of the pandemic. The initiative has involved centralizing messages and the current goal is to expand throughout the state with a greater presence in New Castle County.



Facilitate campaign in Northern Delaware with partnership of the Delaware Blue Coats

Develop an even more robust addiction awareness strategy, through the support of community partnerships and collective impact model

Distribute mini-grants to organizations serving youth, addiction prevention, awareness, and recovery

Breakout Sessions and **Report Out**

After a brief Q and A session, the group was divided into 6 breakout sessions to consider the following prompts:

Break Out Rooms

Q: How does the information shared today Q: Was there anything that align with what you're seeing in the community you serve?

surprised you?

Take-aways and key observations from the break-out discussions:

- The increase in other substance such as fentanyl, xylazine, and other things found in overdoses, and the devastating consequences of having unknown substances in what people think they are using (being "blindsided" by the emergence of these hidden substances);
- The need for a less criminal justice lens for substance use prevention and the trend towards multidisciplinary and collaborative approaches;
- The use of data and mapping to strategically plan outreach and services, and the nuances of mapping and for what audiences; are we using mapping not only to identify areas of heavy use but also asset mapping;
- There are parallels to substance use among other problematic behaviors such as gambling and other online behaviors and these should be included in prevention efforts.

Member Updates

- Tatiana Galdamez shared information on KIDS COUNT in Delaware and the upcoming Data to Action webinar, and the invitation for SEOW members to suggest topics and speakers for this series. Erin Nescott also talked about the desire to collaborate with the SEOW on mapping efforts and mentioned that for another project there would be some mapping of Medicaid data.
- Shawn Stevens shared a link on academic training and shared that this is the 5th year of Wilmington University's Doctorate in Prevention Science program which is a national program that continues to grow. He also noted that the core principles of prevention are common to many different issues.
- Tim Gibbs provided the link to the latest issue of the Delaware Journal of Public Health which featured the crosscutting topic of trauma.
- Sharon asked Tim Hulings how folks can access the data from the DMI report and he indicated that any folks interested should reach out to him or Chris Sutton to be added to the distribution list.
- Bill Lynch noted data that discussed substance use deaths increases during the pandemic as presented in recent literature. Particularly, youth (teens) experienced increases in these rates. He is wondering if we can determine if the national data is being reflected in Delaware data.

Future Steps

- The SEOW will host a Fall 3D Delaware Data Discourse, date and topic to be determined.
- New SEOW products will be posted including the previously mentioned overdose report and an infographic on older people and behavioral health.
- Notifications of new SEOW and other relevant resources will continue to be disseminated to network members as they become available.
- All SEOW Network Members are invited to submit questions, announcements, and recommendations for data products and presentations, etc. Please contact Sharon Merriman-Nai at: smnai@udel.edu.
- The next SEOW Semi-Annual Winter Meeting will be held in January 2023.
 More information will be forthcoming!

Many thanks for your continued support and participation in the Delaware SEOW!

NOTE: All links shared throughout the meeting will be posted in a document alongside other relevant meeting materials. For more information, please visit the SEOW Presentations page. A recording of the meeting is available on our YouTube channel.

Funding for the SEOW has been provided by the Delaware Department of Health and Social Services, Division of Substance Abuse and Mental Health through a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).